

Relationship Balance Wheel



Questions for the *Best Ever* Relationship

1. Do I feel loved, honored and respected?
2. Do I feel supported in my journey?
3. What inspires me about our dynamics?
4. Are there Emotional leaks? (things that deplete me?) Shore up leaks
5. How was this week?
6. Did we do something together that we will remember for the rest of our life?
7. Did we celebrate our union?
8. What could we plan together that would be life transforming for us both?
9. What am I afraid of?
10. How can I serve/honor/respect my partner better?
11. Was this our best ever week?