

Regeneration ~ 3 Secrets of Miraculous Healings and Building New Cells

Well welcome to the show everyone this is reverend Julie Renee, and I am so excited about our topics for the day. We're going to be talking about regeneration and the difference between regeneration and rejuvenation. Talking about how to create miracles and the systems involved in accessing our miraculous space.

So today's topic is going to bring us on a journey through our DNA our stem cells but beyond that it's going into the spiritual body. And we all know that the systems and the spiritual body excuse me the physical body and actually even the spiritual body, so we have like in our physical body we have our immune system, we have our respiratory system our cardiovascular system, our muscular skeletal system our endocrine system so those are very, very well documented thanks to medical science. So we have a good understanding about how things work together in the physical world and in our physical body.

In the spiritual realm we understand the system of chakras, we understand the aura body that there are seven layers to the aura there are seven main body chakras and then many other lesser chakras smaller energy chakra that are called not is through the body, that are just smaller versions of the chakra and we know about the meridians of the body. The meridians are where energy flows and communicates from one part of the body to another, which is really access through acupuncture and acupressure.

We understand the communication and connection and systems. And as I was looking at a dear client friend of mine the other day I've been working with a wonderful gentleman who has brought to me some pretty profound areas to assist him in healing his pancreatic cancer. And he was making such a big improvement and as I was looking at him and we looked at really something more like a regeneration, when somebody is that sick, we're actually working on clearing out the cells that no longer serve the body and in some cases there might not be very much left or nothing left of that gland or organ that's been under siege for a while. And so we're actually talking about creating something out of nothing and for those of you who have worked with me especially in this area you'll know about my techniques of rebuilding one master cell and then getting that improvement throughout the body and that's pretty exciting. We'll be talking about that in a little bit. But we were looking at him, I was looking at him as he was resting on my sofa and I was getting a download from the Supreme being, to work on his systems.

And the systems that I was asked on were his circulatory system his lymphatic system and his immune system and there was another system that I was told to work on and I didn't have a name for that system immediately because I hadn't worked on that system before and what I discovered was there is a system in the spiritual body called the regenerative system. And this system is set up in our spiritual body to create something out of nothing. And so what we're looking at in that spiritual body, in the regenerative system are the golden rings, which are your halo, so especially in the paintings from the Middle Ages you see lots and lots of saints who has activated golden rings. So they have a miraculous ability about them they are very saintly. Those golden rings actually every single person comes equipped with golden rings and generally they don't actually activate until you're to a certain inner energy vibration or signature.

And we're looking at if you have I often refer to David Hawkins system as energy numbers. And so the golden rings sort of automatically come on, those creative rings automatically come on, at about 600, which is well over the unconditional love state. However when you would like to access those rings they are available in no matter what energy number whatever frequency you're in. And so a lot of times most of the people who work with me are between 320 and 490 and so we can actually go in and turn the rings on, actually before they reach that 600 state so that we can use those creative

rings and that's that really that creator God force to cause a miracle in that body and you know in the paintings, you're going to kind of see this halo that it has some beautiful design and it's but typically it's more like rings that are over the crown chakra, the crown chakra can be quite expanded or extended especially so that might be part of the way the artists were interpreting it kind, they were kind of combining that beautiful seven chakra with the rings.

And humans have anywhere between 2 to maybe 8 rings, and the more rings you have maybe the higher spiritual energy vibe you've been experiencing over a lifetime so I'm thinking that the longer that you've been in a more mastery level the more rings you have so that you've really worked your spiritual body lifetime after lifetime. But regardless of whether you have 2 rings or 5 rings you're really going to be able to use that creator God force for yourself as you activate and bring them into kind of that sparkly state, that sparkly activated kind of what I see is that it pulses when they're off it's almost like a neon ring that's turned off you know how that light looks kind of maybe a little grayish and there's nothing happening and you turn that neon, just imagine that being gold you turn that neon ring on and it actually kind of pulses and buzz, not the obnoxious sound of neon with a beautiful kind of pulsing spiritual, kind of an angelic sound to it.

And I also liken the rings to the force as described in Hinduism in the Shevite tradition. So that force of creator destroyer so when we activated those rings we can use that energy to create out of nothing new glands and organs yourself so that we can actually activate that we can also use those creative rings or golden rings to destroy to clear out cells that are no longer necessary to erase them to disappear them using that creator destroyer or God force. We can bring in the new, the fresh, the renewed or actually brand-new and we can eliminate clear erase things that are toxic to us, or don't support our organic mechanism so that is number one of the regenerative system. And then number two of the regenerative system having to do with life force and kundalini.

Again in the Indian tradition we have a kundalini life force wrapping up the spine like a double helix and the imagery that they use in that tradition is 2 snakes wrapping around the spine, which you see on the medical sector in the medical symbol that life force energy, that same exact thing that they are showing in that medical sector. And that kundalini especially with people who are ill is often quiet.

It's often just sitting at the base of the spine doing nothing not moving through the body. And so we're using that kundalini, that miraculous energy that to me when I look at it glows sparkly green. We want to get that to go all the way up that double helix all the way up through to the top of the head and out of top of the head, and encircling the body. We know that we're in a really healthy spiritual state and we get that kundalini Shakti life force energy you know really swirling through the aura, all the way up through. And so that's one of the things that we definitely work on when we're doing regeneration is to clear the blocks that are inches up you know and clearing and clearing and clearing. So just keep asking it to move up until it's entirely free to flow with great ease and that's number two of the regenerative system.

And the life force, the life force being related to kundalini but an overall for some overall energy and overall experience of having a full just like an electric circuit, where you have you know you have a dimmer switch and so you might only have a very dim light if you turn that dimmer switch up to full force, and you have full life force. Sort of if I can get an image like that, that's what we're looking for in life force we want that on full blast, and a lot of time people's life force will be down at 10% and you actually see that the person that they look like the light is very, very dim, and we speak about that life force and light, we moved to that final number 3, that final component in the spiritual body of the regenerative system, and that is the light of the cells.

The cells, each and every cell in the body carries a tremendous amount of information, and in each cell there is a spirit, a light in each individual cell. And as the body becomes ill the lights go out in the

cell. Many of the cells that I regenerate have no light at all. And so what we're looking to do is to restore the light of the cell.

So which brings us then to the cell and I'd like to talk a little bit about the cellular regeneration I do. And that I'd like you to learn how to do, and I want you to understand that this is not just something that a spiritual master can do, but you too can do this. It is possible for you to learn how to do. It takes a lot of practice, intention, some discipline in practicing and really working these skills, but it's entirely accessible to you also.

So let's go on to the cellular structure and what we're looking at when we're regenerating. And let's define regeneration versus rejuvenation. So regeneration what I'm talking about here is out of nothing or out of dire depression in the cell or the body, we invent something brand-new, fresh, and so when I look at some of the things that I've actually regenerated, not rejuvenated but regenerated, at age 3 they removed my tonsils and adenoids. At age 46, I with my regeneration system created new tonsils and adenoids. full-grown tonsils and adenoids.

The doctors were shocked that they were there and said it must've been a mistake I must never have had the surgery, because there is no evidence that I never had them, they look like I've always had them. And in that era, in that time I was looking at it would be useful since I had a depressed immune system to have all of my parts back, and so I grew them back thinking oh I need my tonsils and adenoids back so it can help me with my immune system. So that's one thing that I regenerated as opposed to a rejuvenated which is bringing a useful quality back into something. I actually brought something out of nothing into existence.

And I have been working on a project for a couple years which is to regrow my thyroid, and my thyroid I had a follicular thyroid cancer with papillary tendencies at age 24, I was exposed, oh this is so beautiful there's a Hummingbird 10 feet from me, I was exposed to the atomic bomb as a young girl and had the radiation poisoning causes these strange things in the body, and at 24 pregnant with my third child told I had a 50-50 chance of surviving the year, they removed some of my thyroid while I was pregnant and the rest of it right after my son was born. And I went through a long prolonged period of treatments back then, it was a long time ago and I was just a babe didn't have the guidance I have now. So I went through the medical system and I had many surgeries and I had a lot of radiation. Radiation for 10 years every time they saw thyroid cells, they give me radiation yet again.

So you can imagine that there's probably nothing resembling thyroid in my body after multiple surgeries to remove everything they could find and then radiation for 10 years. So pretty hard on the body so for the last few years I have been re-growing out of nothing, a thyroid, and I have about 30% function of a thyroid already percolating. So that's regenerating, really creating something out of nothing for myself. And as I looked at myself although I do believe in the no time, no space, what my special information was, it would take 5 years to completely restore a full activated thyroid for myself and so that's one of my little projects I'm always working on projects on myself.

So we're talking about regenerating cells out of nothing, and that's actually a wonderful place to start is with cells rather than the whole gland or a whole organ. So when we go back to my dear friend and client, Barry we've been working on his pancreas his liver, spleen and stomach, because those are places where he's had cells out of control. And what we do in the bad cells is we do a kind of erasure technique where we're shooting a blue energy that's kind of a cobalt blue coming out of my fingertips into these areas, these cells that do not serve the body. So we're really deep programming and taking the power of the cells erasing the information of the bad cells, and removing, really working on clearing the cells. So we do both the deep program energy, which is the cobalt blue energy out of the fingertips into the body, and then erasures which is an easy way to do an erasure is to imagine a rose landing on the bad cell.

They use these this image when they first realized realizing that you could help cancer by doing this the Pac-Man, Pac-Man would be just fine too gobbling up the cells that's a perfect way to do it too. How I do it is I put a rose on the cell and then I put a little bomb underneath the rose and exploded and basically erasing the bad cells. And then we want to be, once we've cleared that you want to be actually finding the master cell for the liver, so that cell that came in maybe it's the stem cell. So when you are 130 cells dividing, when you are not even an infant you're just a week in your mother's womb, one week conceived, you're called a blastocyst and you're a 130 cells and that 130 cell state you have all the information you need to make a little body. And so we're looking for that master cell that's continued to live say in the liver or in the pancreas that cell, that stem cell that started from your beginning. And we want to activate that cell we want to take a look at it and see what's going on with that cell.

And a lot of times that cell will be pretty broken down, pretty beaten-down. Most of these cells as a matter of fact, I would say a 100% of the cells I look at related to cancer and profound illness, the cells no longer have a nucleus so they no longer have the brain of the cell functioning.

And so we're actually then miraculously we're putting in a new brain to the cell. And then we're looking at the organelle like the stomach absorption organelle with the ability to take in nutrients in the cell, and we're looking at the organelle that eliminates toxins and the ability to remove toxins from the cell. So we're regenerating and clearing these and that we going into much, much deeper in the course work I'm teaching. So this is kind of an intro. I understand that some of this will be a lot to take in but I just want to give you the components of it.

We look at the membrane of the cell. Sometimes the membrane is pretty collapsed, that actually is the first thing that we clear, the outer skin of the cell that holds the insides in and we repair that. We repair the DNA in a cell that's has been affected by serious illness or cancer, the DNA will be broken in anywhere from 1 to 4 places and the DNA gets repaired.

And finally we activate the light of the cell, inevitably in illness the light of the cell is entirely turned off and we're bringing that light, that light of God back into the cell. So once you have one really healthy cell, and that might take 20 or 30 minutes to get one cell really healthy, again we're starting from you know a really sick cell to a really healthy cell, then we're going to use a mirroring technique and we're going to mirror that cell to all the other cells in that gland or organ system, and then we're going to amplify that by bringing in the light of God gold energy.

And so that's the basic regeneration technique that I use to regenerate body. And I'd like to bring Ray on the line at this point and just check in to see if there are any hands up for questions or any questions from Ray herself.

Ray: Actually I just love how you speak about this because it is so miraculous and yet you have such confidence in knowing around you're kind of talking about it like it's just ordinary in your consciousness about how this works and I want to say how extraordinary that is. Because I think all of this information is so much part of our human evolution to become more aware of the power we have to create our bodies within our conscious mind, and the question I had and they're so many because you really opened up quite a Pandora's box of opportunity here, this concept of regenerating. Can we do this for others? I mean can I learn this process and then work on someone, perhaps a loved one who is ill or is that sort of a whole other level of understanding?

Host: Absolutely everybody can learn these techniques and what I recommend is that you experiment on yourself until you've got some mastery over it and absolutely you can work on others, definitely.

Ray: That's amazing that is incredible because I know so often we feel rather helpless when someone has a diagnosis in the system and they have all these percentages and here we are talking about the fact that anything can heal. I mean from what you're telling me you really can go back to the source and re-create from that sort of world of pure potentiality.

Host: Completely totally yes it's you know it really is the power of our mind, I think though, one thing you know we talked about this that kind of being able to harness cells vibrating and you know transform the physical reality into from what you know from spirit from the mind direct physical reality. And you know I know this from my time in India that we have an unlimited power in our spoken word in our thoughts. There are the 4 vetas and we talked about this before a lot of times. My students will remember this was my favorite lesson was to talk about the power of our voice, our minds, our thoughts, our words. And Sanskrit is such a language of truth and purity and the Vedas there's a Veda that actually you can, it's a hidden Veda this particular book, it's like a Bible. Tells the incantation to transform the physical reality, you can bring in a hurricane or a tsunami, or you can create something out of words. You can just speak into the universe and then that just becomes fact.

But I think for most of us in the Western world if we have a kind of a system that we practice, it's like a muscle we know it to be true, it becomes less in the realm of something unknowable and unattainable to something that oh we practice, we see over time that we've gain some power over it, we've gained some skill we've actually grown into it. And so it makes sense to us our brain understands it Oh Yes, this is what always happens when I do this, when I do this deep program energy always we take the energy out and it reduces the hold of the illness so then it makes it more available for me to do the erasure, and then with the erasure that always clear some of that energy we look at 2 weeks later and I discover oh look it, we've got a good percentage of cells that have altered and we're really on the right track, there's weight being gained or whatever we're looking for. We're getting lots of evidence that this technique continues to produce really good results.

And I think when we have our minds kind of enrolled in that we understand that we are miraculous creatures.

Ray: Well also there is this idea of understanding the systems that work, I think understanding is really a big part of this because until you know that something exists, it's very difficult to understand how to interact with it. So you said something really powerful a bit before about understanding cellular regeneration and I love this idea of going back to the very source, the very element that makes up our entire system and that is the cell. But you said it takes practice, intention, and discipline. Can you talk a little bit about what you mean by that, and is that part of the home study course is that where we learn that practice that intention that discipline?

Host: Yes, yes definitely. Practice means that you just dedicate time during the week maybe it's not everyday for this because this is a big, big project, unless you're ill, if you're ill you probably do want to practice every single day on yourself. So that's one thing, and I can talk about that practice is bit more. I went through a program called spiritual wellness which with is a wonderful school, and they teach you all about your systems in your body and what you look at them spiritually. And so I got to kind of look at my systems and all the different things in the body and it was this wonderful introduction to looking at the medical model of the spiritual body or the physical and spiritual body, how they interact.

And then I knowing now that I studied, really having that good introduction to those parts of the body and what they look like spiritually, then I came into my own garden, into my own space and started developing technique to heal parts of my body that weren't functioning and this is not that long ago, this is just a few years back, I was sitting in my garden and I know, and this is where intention comes in, is I know that if I raise the energy vibration of my body to a very high level like chanting will do for

me or communion will do for me where I go really high so my energy vibe is really high because I've matched the energy of love, devotion, you know that spiritual connection with Jesus whatever that is. So I'd match that energy so I've got my body really high vibing, and then I go and do the regeneration work that will be incredibly much more effective.

And so for a few weeks I just went everyday in my garden for 2 or 3 hours I sat in my garden and I did my chanting and then I went to work on myself and I was activating the stem cells and just trusting without a kind of a knowing how far I could take it, but knowing that I would have miraculous results. And so there's that intention, the discipline, the ongoing practice of it. And after a few weeks I emerged from the garden pain-free. I'd had a pain condition that was pretty unbearable, I had fibromyalgia for, I don't know 19 years.

I had asthma, I don't know how long I have had asthma but I was diagnosed for about 20 years and I no longer had asthma, I no longer had the pain condition which allowed me to really start doing things that were predicted I would never do from the medical community which allowed me to go running, prolonged runs in you know in mountain trails, and you know my breathing just got easier, my life got a 100% better without that unrelenting pain and so I was able to actually activate cells in my body and transform myself.

So practice and intention, a real intention to create a miracle for yourself, also there is a kind of surrender of "okay I don't know how far I can take it, I'm just going to take it as far as I can take it I'm just going to be available to taking it all the way to the place of a total miracle."

Ray: I love that and then I would imagine once you've healed yourself there is a certain confidence in knowing you shift into which allows you then to sort of an energy to keep a discipline about your energy and taking time to focus on that regenerative practice. Which I can really appreciate, once you've proven to yourself that this is real tangible, practical if you will, now I understand even more so why you have a certain confidence and ease about this information because you know it to be true. You're not thinking, you're not hoping, you're not wondering, you really know it to be true and I think that's so powerful for people who engage in the work because we get to ride on the confidence of your knowing. Because a lot of this seems for most of us kind of way out there. What was that again about cell and regenerating our bodies? You know it is can be kind of overwhelming but your confidence allows us a door in and I think that's really what we're talking about here is that you can learn this.

The trusting and I think is really important can you talk a little bit about is what you mean when you say to see before it is clear to trust to have faith, what is that practice like for you?

Host: We are all radiant beams of light, we are all god beams. You know we originated from source, from light. So we all have the ability to harness for ourselves the miraculous. That kind of knowing, that trust I think that we create circumstances for ourselves to practice in. I particularly had a very difficult life, it was predicted by the medical community 5 times that I wouldn't survive the illness I was going through, I had many surgeries, was profoundly ill, was hit by a car, had no pulse or blood pressure when I was put in the ambulance and yet I was still, my eyes were still open and I was conscious and speaking with no pulse or blood pressure.

Ray: That will give those EMTs a story to tell

Host: Oh my God it was so funny with them because for one I must have had less experience than the other he said she has no pulse or blood pressure and other one said to him you shut the fuck up. So I was still answering questions and don't tell her he said we don't want her to know she's dead. Oh my lord. You know in the thing I love to tell everybody is get your exercise in and get out in nature

because God has wired in for us in nature a way to keep ourselves pretty healthy and balance, and so once you get clear in a happy and healthy lifestyle. I think the other thing I want to encourage people to do is turn the TV off. The TV turns off a brainwave and then what you get is steady feeding of 120 and 170 or even lower energy field, and miraculous healing is you know 500 to 1000. You're not getting anything that's helping your body you're getting a constant match of something of which is a much lower energy vibration.

So unless you're watching a love story, which I totally approve of, or a comedy which I totally approve of, the energy vibration that's coming through on this regular TV is really lowering your vibe. So if you could create that practice of just happy things coming in, it really helps you hold your healing. Working in your garden eating food that really serves and nourishes the body, these are all really really good practices. Getting enough water in the system, getting enough oxygen in the system.

Ray: And I think that's really what we're talking about, is that ability to sustain energy shift whether we work on ourselves or have a teacher like you who's able to interact with a system. It makes just sense that we continue to play in those higher vibrations to continue that openness that just makes sense. If we can I'd love to end our hour here with a wonderful meditation, how does that feel?

Host: Great

Ray: Okay, we'll be right back...