

Accelerate Wealth from the Inside Out

Day 6 : Abundance Just Is

'Sudhi Bisa Ragaie Ajah'...
My God when I look around, I realize
I have forgotten all you give me, my
heart is over flowing and my eyes are
filled with tears. Bengali Poetry



I learned this at the feet of beloved teacher Ali Akbar Khan, Master Musician

As I sit in the wondrous open air restaurant on the beach of Nuevo Vallarta I breathe in the fresh ocean air. The twinkling stars and the ease my body naturally returns to in this place of gentle peace.

Palm trees are magically lit with the ambient glow of the restaurant. The sky glitters with sparkling diamonds God has placed so beautifully in the deep cobalt blue expanse. The ocean waves sing their gentle song, keeping rhythm to the heartbeat of Mother Earth.

In the natural world and in the expansive star filled evening sky, abundance just is. The palm trees don't compete with each other on which one of them will touch the sky first. The waves don't wonder if they could increase their rhythm or force. Abundance just is.

Many of us have spent a lifetime being socialized into believing that abundance is hard to come by, challenging, or only for the lucky few whose stars have aligned perfectly at birth. Good astrology may be helpful, but there is so much more to creating and being the master of your powerfully abundant life! Today, here and now in this present moment, we have an opportunity to replace the limiting cultural programs and actually alter, step to the side of, the astrology we were born with. Yahoo!!!!

We can become like the waves and the palm trees experiencing full access to the limitless Universe.

I love this song that encourages us to relax and let go of striving:

"You can relax now, Come on and open your heart. Breathe deeply now, I am with you, you are the love of my life, you are my one creation, you are eternity and that will never change.

*You had a dream, you misunderstood, you thought you were separate, but now you hear my voice and
You can relax now, Come on and open your heart. Breathe deeply now, I am with you, you are the love of my life; you are my one creation you are eternity and that will never change. "*

The process of abundant creation is like the cargo-bearing ocean liner. The ship is loaded with valuable goods ready for its journey. Just like humans with all our wonderful skill sets and special gifts. If you didn't put your ship in the ocean, you would not go far. Once in the water, you still need the charts, a good navigation system and a rudder to steer you to your destination.

My dear friend, Mary, is married to Robert, a strong and capable sea captain. Robert is a master at his craft with nearly 100 licenses and certifications for various large ships and vessels. Without any doubt, he is qualified and completely able to steer the ship successfully to its destination. He truly loves his work. It is with grace and effortless ease that he guides his ship and contents to its destination. There may occasionally be rough waters, but he approaches his role with the confidence of a master. His lifetime of training and focus has amply prepared him to be captain of his ship. He knows where he is going, he is focused and relaxed. The job gets done.

When you are willing to leave the thoughts of effort and striving behind, you live life in the flow. My Abraham friends (followers of Esther and Jerry Hicks) refer to this state as that of being in the Vortex.

This state of mind requires only a willingness on your part to have life show up differently. Your life is divinely blessed.

Make a list of notions you have that abundance is effortful

- a.
- b.
- c.
- d.
- e.
- f.

g.

I _____ (your name)

am willing to release these

limiting concepts.

Date _____

Create a fresh list of Effortless Abundance Concepts to replace above list

a.

b.

c.

d.

e.

f.

g.

h.

Homework

Increase your energy with a fresh gratitude list

a.

b.

c.

d.

e.

Practice the Meditation on your CD, The Definitive Guide to Powerfully Generating Your Abundant Life

Notes to self to chart progress

What I saw during my abundance meditation practice

What I felt

What I realized

What I generated (note any changes or results from your mock-up meditation)

1.

2.

3.

Notice any changes in yourself. Have you become more calm, resolved, deserving, or capable in these past few days?

May it be with the blessings of the Supreme Being
that whatever happens in this grand 21 day Law of Attraction program be a
benefit and a joy for you, your lifestyle and for the ones you love.
May the entire world be filled with health, vitality, abundance, joy and peace.
Amen.

Blessings and light for a day of transformation!
Yahoo!

