

Accelerate Wealth from the Inside Out

Day 7 : Manifesting Increases 100 Fold When YOU Only Speak the Truth

'In the beginning was the word and the word was with God and the word was God.' The Bible

Congratulations on thinking big and opening to your biggest best self! You are one week into your abundance breakthrough. Are you in a BIG growth period? Congratulations! You are transforming your astral space to one that is aligned with abundance. Stick to the program. You are awesome!

Having a growth period at this stage in the program means you are starting the process of breaking through. Just like the baby chick when ready to emerge from its protective shell to the great big world, you, too, are ready to break through.



We have set twenty-one days aside to move you into the space similar to that of a ripe mango. If you are in a growth period (some level of break down) consider the mango seed when it is breaking through to send its first sprout up to the light of day. Breaking through a hard shell is not always comfortable, but it is definitely rewarding.

If you are in a growth period, I applaud you for your courage and fortitude!

How is your truth telling barometer these days?

Are you always impeccable with your word?

This is a powerful lesson in increasing the strength and impact of your words. The incorporation of this prosperously **pivotal information** will assist you in manifesting in a powerfully potent way. Pay close attention! How well you do in getting to the deeper layers of truth predicts your progress and expansion into **Unlimited Abundance**. Just do your best and don't stress. Over time as you practice these concepts, you will get better and better at them.

Do you want to increase your manifesting power by 100%?

Please answers to the following questions honestly;

1. When I relay information do I embellish the truth to suit my needs?
2. If you answered yes; In the embellishment does some part of the communication become untrue?
3. When late or put on the spot, do I make excuses that are unrelated to the circumstances?
4. Do I have the belief that sometimes telling the truth is cruel?
5. If you answered yes, consider: 'Is there a shift I can make in my perception of truth-telling so that communication can be beneficial to all parties involved? '
6. When I speak about the truth, is it truly the only truth- for example, is it a truth based entirely on my perception that I think others should believe also rather than enjoying the diversity of viewpoint?
7. Have I lied to myself while answering any of these questions?
Remember, do your best and don't stress. The goal is to bring a consciousness into your relationship with truth so as to increase your manifesting power.

An experiment in your intuitive reception

Think about a time when someone told you something that you knew or suspected was untrue.

Are you in the feeling of being lied to?

Notice what are you feeling and where in the body you are feeling it.

Please make a note of your feelings and body sensations here:

Perhaps you feel odd, dull, angry, offended or disrespected. All of these feelings, and any others you are noticing, are in the lower frequency of vibrations.

Think about this- Something someone shared with you just lowered your spiritual wattage, possibly dramatically.

Imagine walking around all day lowering your wattage, a bit here and a bit there, by stepping a bit off track with telling the truth in your conversations. Each time you tell an untruth you lower your wattage.

Will the Universe want to believe you when you claim your outrageous abundance?

Will you be bright enough to match the energy of your abundance picture?

Have you exercised a powerful truth telling muscle or a weak one?

Going a little deeper into this concept, let us think about each of us humans as Radiant Beings of Light.

'And the Lord said, Brother, let there be light. And the Lord said let there be Light and the Lord he called the light the day and the darkness he called night'. The Bible



The Word just was, and light was created. When light was created, the dichotomy of darkness began.

As a masterful healer, I repair cells that have lost their light and have fallen into a 'death' pattern. After clearing and repairing the main components of the cell, I re-infuse the light of God back to the renewed cell. My experience, through this process of reinfusion of light into the cell, moves me to tears. The true state of our cells in perfect wellness is light.

Another element of our essence and truth comes from the water molecules that comprise more than 90% of our cells. Our body is an amazing vessel of electromagnetic biological communications. We humans are highly complex networks of communication technologies. Our skin, nerves and brains have multiple avenues for receiving and relaying information.

The Japanese researcher, Masaru Emoto, experimented with water molecules in the DVD 'Messages from Water'. He prepared the water for testing by applying words and music to the environment that surrounded the

water molecules. He froze the water molecules and examined them under a microscope. He was able to study and document the effect the words and music had on the water molecules and found that positive words like 'love' and 'happiness' made beautiful, lacy ice crystals. Contrary to the effect beautiful words and music had on the ice crystals, negative words made ugly spider webs and dismal manifestations. (The 'Messages from Water' DVD is found in my website www.Julierenee.com Amazon link)

When you contemplate the fact that our human body is over 90% water, you can get a good idea why we respond so strongly to those loving communications or those negative ones. Our cells literally change in response to what they are being 'fed'.

Your natural state is that of light and love. When speaking truth, you move easily into the state of light. This is the condition known as creation or perfection.

Neuroscience has discovered that our brains and the energetic receptors in our auric field are wired to be social or to respond to other brains. Nourishing relationships have a beneficial impact on your health. This information comes from the book 'Social Intelligence' by Daniel Coleman. Mr. Coleman states that we can catch an emotion just like a virus. If someone were to emote negativity on you, your brain and then the cells of your body would come down to that negative state. This effect is called mirroring.

On the other hand, if someone smiled at you, your brain and body would lighten and respond to that higher emotion. I mention this to bring home the point that we are deeply responsive beings and all have the ability to go to the lightest vibration with a smile from another. If someone shared their negativity with you, you could refresh your response by focusing on a positive feeling or something beautiful in nature to reset yourself.

In David Hawkins book 'Power Verses Force', Dr Hawkins compares the energy signatures of various organizations. He uses kinesiology, which is basic muscle testing, to test the vibration of a variety of objects and organizations for their relationship with pure truth. One of his findings was that Hinduism had one of the highest vibrations of any of the larger religious practices on planet Earth.

I have a few theories as to why this is so:

The religion, in some form, has been practiced for thousands of years. The original sect worshipped Devi and was a fertility 'cult'. Many separate and

beautiful sects have risen from that very first practice thousands of years ago.

In present day there are three major divisions of Hinduism.

- ★ Vishnavites - worship the aspect of God/Goddess that is Love
- ★ Shavites - worship the aspect of God/Goddess that holds the power of Creation and Destruction
- ★ Kala Worshippers - known as Protector Goddess, destroyer of the ego

The actual organization that groups all Hindus together is quite loose. The name 'Hindu' was created by the English in the last couple hundred years. They wanted a convenient way to title all those who had similar worship practices west of the Indus River.

There are literally hundreds of sects and thousands of individual practices that bring the devotee to know God/Goddess and find the path to enlightenment.

The prayers are spoken in Sanskrit, which is the language of truth, meaning that the sounds/words are actually the vibration of the thing or concept spoken. Very cool!

As the Devotee chants their mantra, they are chanting the sounds of pure truth. As one prays for enlightenment, for the removal of obstacles, for perfect healing and health, they are powerfully invoking the essence of truth!

The sweetness about this tradition called Hinduism is that there is no right way for everyone. Each individual and each family makes a choice of how to worship and what their perfect way to know and understand God is. From that choice, the Devotee has a system of prayers, meditation, Mudra's, Kriyas and yogic practices to help them in their aspirations toward enlightenment.



While in India, I had the privilege of studying with Brahmin priests in the Vishwa Shanti Ashram. The scriptural texts are the Vedas and the Yogic Sutras, along with other divine texts.

The Vedas are four scriptural texts written by Vedic scholars. These four books are considered the highest truth. Each of these treatises is complete in and of itself and represents a unique branch of study of the truth. Three of the Vedas are visible and available for study. The fourth Veda is a sacred book of incantations that remains hidden to the world. This book contains the words and sounds that control the physical world. This Veda is left in the hands of only the most holy individuals.

It is said that this fourth Veda contains the words of earthly siddhas. There are 16 siddhas and each one represents a mastery over some element of the physical world through spiritual gifts. As a truth speaker (Sadhu) recites the words, the power and force of the atoms and molecules that line up and hold the world in balance are manipulated to create change. Those changes can include earthquakes, tidal waves, hurricanes and Tsunamis. It is maybe a wonderful thing to start rain in a drought, but there is a natural order reflecting a Universal Law. It is best that this fourth Veda stays hidden.

If you are interested in a Hindu text of pure truth that is accessible and of truly the highest vibration, I suggest you read the Yogic Sutras of Patenjali. These beatific thoughts are truly poetic and have stimulated many euphoric and blissful moments for me.

The Weakness of the English Language

Think back again to the concept of language as truth:

- Sanskrit is the perfect example that is 98% true.
- The English language, in its basic spoken form, is surprisingly in the 10% range of truth.

The fact is that the English language is more of a descriptive device then a language of truth. When speaking English as a native language, your words don't line up with the true vibration of the concept or thing you are talking about. This is a very important reason to carefully choose your words when relaying information of any kind.

The fallout from the inaccuracy of the English language may encourage an overall cultural theme of speaking untruths within our social structure.

I resolve to speak with clear focus and attention

date _____

You can, with clear intention, use the English language to speak truthfully. This process takes clear intention and attention to detail.

Remember what I said earlier:

Do your best, don't stress.

Drop your perfect pictures.

You are raising awareness and consciousness.

This is not a process meant to be done overnight

But rather as a profound lifelong learning.

Your best effort at any given time is enough.

Our ultimate goal out of this chapter is to increase the power of your word in the Universe. When you increase your truth ratio, you increase your power. This increase results in your ability to use your word as a powerful instrument for creating your wondrous reality.

Increase your energy with a fresh gratitude list

- a.
- b.
- c.
- d.
- e.

Practice the Meditation on your CD, The Definitive Guide to Powerfully Generating Your Abundant Life

Notes to self to chart progress

What I saw during my abundance meditation practice

What I felt

What I realized

What I generated (note any changes or results from your mock-up meditation)

- 1.
- 2.
- 3.

Notice any changes in yourself. Have you become more calm, resolved, deserving or capable in these past few days?

May it be with the blessings of the Supreme Being

that whatever happens in this grand 21 day Law of Attraction program be a
benefit and a joy for you, your lifestyle and for the ones you love.

May the entire world be filled with health, vitality, abundance, joy and peace.

Amen.

Blessings and light for a day of transformation!
Yahoo!

