

Accelerate Wealth from the Inside Out

Day 13: You Are the Creator of Your Destiny, Take the Path of Mastery (photo Joe Theisman)

I was thinking this morning of a young man I knew a few years ago. He really wanted to be a football player. His name was Eric, and he worked at the local GNC store in the North Gate Mall. At this vitamin shop, he could source all the latest nutritional supplements to build strong muscles. Eric also belonged to Gold's Gym and was actively involved in heavy weightlifting.



Eric had a big dream. Every morning in the shower he imagined himself as National Football League player. He longed for it, idealized it and fantasized about it. He spent hours dreaming of the outrageous wealth and beautiful girls he would experience in his career as a football player.



Over time, Eric modeled his body into what he thought a football player's body should look like. He put on the weight and upper body musculature needed to look like a football pro. He kept dreaming in the shower about his fame and fortune.

Four years passed and I bumped into Eric at the local theater. He was now selling movie tickets for a living. He had used the appetite reducing supplements from GNC to shrink his body back to normal.

So what happened?

When we long for a thing like Eric longed to be a football player, rather than being a football player, it always remains outside our grasp. Let me explain: Eric longed for, rather than owned the space of a football player (the difference between 'I want to be this' versus 'I am this')

- He did not take action;
- He didn't play on a local team or try out for the minors.
- He missed an important action step.
- He had very little power
- His daydream is not the same as a powerful spiritual mock-up.

Daydreaming is just that, a dream. A spiritual mock-up is the actual creation of your new energy vibration.

Every day we are refining the vision. I urge you not to cut corners in this process. The level of commitment that you play at is a direct reflection of how seriously you take yourself.

What level of commitment are you willing to gift yourself?

Do you love yourself enough to play big and give yourself the time and clarity to do this project full on?

It is no secret that when I was in high school I was an honor student, but I had no brain for Algebra. I was absolutely shocked when I got a low D for a

grade. 'Ey- yi-yi' is the expression we used around our house for a mess like this. Well, the class was over, the milk was spilt. It didn't harm my standings as I had been a straight A student but, wow, what an eye opener it was that I could get a bad grade. News to me!



When I entered college, I needed to revisit two semesters of Algebra for the necessary requirements to graduate. I was determined to succeed. I immediately hired a tutor, and took a high school algebra review course. I dedicated 3 hours a day for a full school year to nailing Algebra. As you might expect, I got an A and a high B for my Algebra requirements.

To get the bad grade was a good wake up call for me. It set me on a new path. Having been born extremely bright, I thought I had to know it all, to be excellent at everything. Having learned that I may not have the natural ability to do everything with extremely high standards, I thought outside the box and called on outside expertise to raise the level of my competence.

This lesson stuck with me throughout my life. A couple of years ago I committed to a global expansion with my teachings and my abilities as a Master Healer. I enrolled in Michael Port's 'Book Yourself Solid' course. This

is an excellent program and, at the time, seemed like a big investment in myself. I learned a lot about learning in an online environment with phone conferencing and webinars.

I started out in the course having almost no online experience; as a matter of fact, I had been a bit afraid I might get a computer virus, so I had not gone into more than a handful of websites - ever. This is almost as silly as thinking I might get pregnant if I kissed a boy...at age 15, oh la la, silly girl. I admit it; I have, in my past, been a bit innocent and naive.



I followed the same procedure that I did back in college. I contacted the program manager, Becky, who was an angel. She patiently walked me through the basics of getting the assignments and successfully doing the dial-ins for the bi-weekly classes. The first fifteen weeks were amazing and a bit of a struggle, though I remained positive. I did as much of the homework as I possibly could.



Michael is an awesome instructor. He has a clearly defined, easy to follow course on how to build and fill your business. His focus is on those folks in the helping professions like healers, yoga teachers, personal trainers and life coaches.

I was thrilled to get through the course and to take a second pass through a couple months later. From that course, I had a website built and started to develop helpful products to support my growing clientele and create passive income for myself.

I intend to be a powerful presenter so that I can get my teaching out on a large scale. Since I don't know everything about the speaking industry, I hired what I feel is the best possible support for me in the present phase of my speaking career. I really believe in getting assistance and am now in James Malinchak's speaking program.

I give you these three examples of how I have taken the outer action to support my inner vision.

While I have been implementing all the new information, my mock-ups have been unbelievably potent and rapidly fulfilled. I joke around that I have to be careful about how much I mock-up, because the fulfillment center is on overtime with me and things come to me fast and furious.

I am telling the Universe that I am serious about my mock-ups. If you have been to my home, you have seen that I glean information from books on all subjects that I am interested in. Books and home study courses are an excellent way to gather information in your own time.

Homework

Increase your energy with a fresh gratitude list

- a.)
- b.)
- c.)
- d.)
- e.)

Practice the Meditation on your CD, The Definitive Guide to Powerfully Generating Your Abundant Life

write down 3 of your mock-ups distinctly and clearly. Evaluate on the level of real, believable and actionable.

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Can you find two elements missing in each of these three mock-ups?
Have you included the action steps needed to make these viable mock-up s?

From that list, schedule time to generate those actions.

Do you have action steps that need to be put in play? Create a list.

Notes to self to chart progress

What I saw during my abundance meditation practice

What I felt

What I realized

What I generated (note any changes or results from your mock-up meditation)

- 1.
- 2.
- 3.

Notice any changes in yourself. Have you become more calm, resolved, deserving, or capable in these past few days?

May it be with the blessings of the Supreme Being
that whatever happens in this grand 21 day Law of Attraction program be a
benefit and a joy for you, your lifestyle and for the ones you love.
May the entire world be filled with health, vitality, abundance, joy and peace.
Amen.

Blessings and light for a day of transformation!
Yahoo!

