

Day 16: Think Big ~ Dream Big**Pushing the limits in real time ~ for tangible generating**

'What your mind can conceive and believe you will achieve!'

Today is the day to focus your attention on creating a break-through. Center your focus on a breakthrough that will add value and ease to your life.

List three areas where a breakthrough would generate tangible results in your life.

- 1.)
- 2.)
- 3.)

Select the one that would make your life phenomenally better

"We first make our habits, then our habits make us." John Dryden

Now the fun begins.

Once you have selected your upgrade, write it down

Evaluate your selection. Create a mock-up that will generate a believable breakthrough - one that you know you can accomplish

Is Your Mock-up Believable _____ YES

In today's meditation you will mock-up your breakthrough in clear specific concepts.

Example:

An area for breakthrough is daily income.

"I consistently earn \$2,000 per day, 5 days per week."

Making it believable

On several occasions, I have taken in \$2,000 in a single day. On a typical day, I usually generate about half of that. I know, in my realm of possibility, that if I wanted to create a real tangible miracle for myself, I could mock-up earning \$2,000 daily.

The way I have broken this mock-up down makes it credible for me. \$2,000 daily is conceptually more plausible than the thought of earning a half million or a million dollars in a year. In reality, when I achieve this mock-up, I will be in that upper income range.

Perfecting the mock-up includes creating the circumstances and lifestyle to match your dream life. I recognize that on the days I generate \$2,000 I work twice as many hours as I normally do. I was creating a challenging and exhausting lifestyle; working so many hours left me non-functional for days afterwards. To create my mock-up completely would involve the element of balance and normal, reasonable work hours. "I earn \$2,000 in an 8 hour day with grace and ease."

To accomplish this, I need to either create a larger income revenue stream for my hourly fee, or have additional funnels of income that can flow in unrelated to my hourly rate. For example, as I work with individuals on their health and vitality goals, I could assist them with obtaining homeopathic products and super foods that I now carry. Two additional funnels of income are my educational special events and CD series.

The next step is to mock-up the time line in which this manifestation is believable to achieve - in this case, eight weeks.

When I formulate a mock-up, it is beneficial to make it in terms of how many people I am assisting with their dynamic wellness. My mock-ups emanate more power when they include contribution.

For me, increasing power includes somewhat moral intentions. I avoid mock-ups based on the prototype of the all consuming locust... 'Devouring the masses of their funds and moving on'. My mock-ups include my objective of really assisting people in ways that break through all of their barriers and blocks. My clients experience healings and upgrades in their spiritual, emotional, physical and mental being. When I create my mock-up with this focus, I leave out competition. The mock-up is a unique offering that aligns with fulfilling my soul purpose.

Do you see how this works? To be effective, each mock-up needs to be effective, clear, direct and believable. Go into meditation with this very clear

result in mind. I may add special events of 100 or more full pay participants, 1,000 CDs distributed monthly, etc to achieve that vision. March on. Do not tarry. To go forward is to move toward perfection. March on and fear not the thorns or sharp stones on the path.

Homework

Increase your energy with a fresh gratitude list

- a.)
- b.)
- c.)
- d.)
- e.)

Practice the Meditation on your CD, The Definitive Guide to Powerfully Generating Your Abundant Life

Write one inclusive mock-up

Write the mock-up that you are now in the process of fulfilling

Post your mock-up, in writing, on your bathroom mirror or other location where you will see multiple times a day. Have some fun with this mock-up. Play this intention like a twister game. Laugh and enjoy yourself.

This is an experiment:

My Mock-up is...

Notes to self to chart progress

What I saw during my abundance meditation practice

What I felt

What I realized

What I generated (note any changes or results from your mock-up meditation)

1.

2.

3.

Notice any changes in yourself. Have you become more calm, resolved, deserving, or capable in these past few days?

"You are a living magnet. You invariably attract into your life the people, ideas and circumstances that harmonize with your dominant thoughts."

Brian Tracy

May it be with the blessings of the Supreme Being

that whatever happens in this grand 21 day Law of Attraction program be a benefit and a joy for you, your lifestyle and for the ones you love.

May the entire world be filled with health, vitality, abundance, joy and peace. Amen.

Blessings and light for a day of transformation! Yahoo!

