

Accelerate Wealth from the Inside Out

Day 18: Bringing It Home

Nailin' your mock-ups to the wall

"The first requisite of success is the ability to apply your physical and mental energies to one problem without growing weary." -- Thomas Edison

You have fashioned some truly awesome mock-ups from many days of practice. You are also consciously choosing to be in a peaceful, happy vibration prior to each meditation. You are really rockin' your world.



Next step

Are your mock-ups absolute?

When evaluating your 'absolute' factor, consider these key markers for scoring your powerful, successful mock-ups.

Remove the energy of wanting utterly and completely

(Remember: wanting is the energy of longing for something outside you. Wanting and longing are a sure fire way to sabotage the success of your program.)

Deposit the 'owning it' dynamic entirely into your intentional mindset.

Say 'no matter what' this mock-up is manifesting here and now. With your uncompromising attitude, the outcome plays out exactly as you promised yourself.

Shoring up your 'no matter what' with oomph!

Think about a trip to the grocery store. The only reason you go is to purchase food and home products. Imagine what your grocery shopping attitude is: you know that when you arrive at the store to purchase groceries you will find thousands of excellent choices. You know that you will succeed. This is a no-brainer. You may find your favorite brand sold out but you are still going to get groceries. Grab a cart, select the items you want and then pay at the check-out stand.
EASY!

You know you are going to get what's on your list.

Be bold! Imagine that you exude that same certainty with your mock-ups. Definitely create them with your believability dynamic. With your mock-up in the realm of believability, imagine you are going into the Heavenly Universal Grocery Store. This warehouse stocks all matter of abundant manifestations.

Grab your shopping cart (in this case, your mock-up bubble becomes the container to gather your mock-ups in). Fill it with your best ever life and lifestyle. Use your 'no matter what' oomph to propel the cart forward. Remember to check out and accept the abundance.

If your oomph is waning or your results are less than expected take a quiet step back.

Re-evaluate

What are you mocking-up? Remember our friend Eric who wanted to be a football player? He made his body look like a football player, but there were many action steps he needed to take to accomplish his goal.

Are you missing the in-between steps in your mock-up? Eric was hoping that a football scout would come into the local GNC and recruit him. Are you waiting for someone or something? If your mock-ups aren't as powerful as you had hoped, think about any action steps you may be missing.

Are there action steps I need to put in place for abundance to flow to me easily?

_____ Yes

_____ No, abundance is flying in faster than I can handle

If Yes, list five action steps and set a date to accomplish these steps

1.)

2.)

3.)

4.)

5.)

Recommit

- Have you dropped the ball and allowed your meditation to slide?
- Are you easily distracted?
- Have you wandered over to another shiny mock-up and disempowered your original one?

Commit to your mock-up process with all your might. Get passionate about it. Is it your habit to quit just before you reach the finish line? Your mock-ups need not consume you but you do need to be in present time with them.

I was born a natural athlete. As I matured into the age of socialization, around age ten, I became popular in my brand new suburban neighborhood. I had good muscle coordination, was agile and a fast runner which got me included in all the boy's local sports activities. I was a very capable figure skater, played hockey and kickball. My favorite game was softball.

When I first started playing softball I would close my eyes while I was batting. My natural instinct was to be afraid of the softball being hurled my way. It is no surprise that I never hit the ball. Thank goodness the first day my teammate Billy (the boy I had a little crush on) saw what I was doing. He yelled over to me as the ball approached - 'keep your eyes open!'

I did! With my eyes on the ball, I successfully made contact with the bat every single time. With this little secret weapon I became unstoppable. I didn't have tremendous upper body strength but I consistently kept my eyes on the ball and made singles and doubles time after time! For a scrawny girl playing in a field of boys, I could be counted on to regularly hit the ball and contribute to my team's ultimate score. I triumphantly brought many of my teammates home.

I earned the nick name "strike out queen" from my teammates. They actually teased me because they couldn't strike me out. Once I learned to keep my eyes on the ball, I made contact and accomplished my objective on a mind blowing consistent basis.

Are your eyes on the ball or did you mistakenly close them?

Open your eyes!

I now hereby recommit to manifesting my best life ever

Name_____

Date_____

Do you have too many competing mock-ups?

Have you made countless mock-ups that require copious amounts of time and energy to fulfill? Are the mock-ups you made actually in opposition to each other so they short each other out? Guess what? You can pace yourself. Over a reasonable amount of time, you can create room in your mock-up bubble for all of your wonderful expansion!

*"If you want your dreams to be,
take your time, go slowly, do a few things but do them well.
Heartfelt work grows surely.
Day by day, stone by stone,
build your secrets slowly.
Day by day you'll know too,
you'll know heaven's doorway."*

These are lyrics from a Donavon song from the movie 'Brother Sun, Sister Moon'; the sentiments for the lyrics are attributed to Saint Francis of Assisi.

If overextending yourself is your challenge, I suggest you temporarily remove several mock-ups from your meditation. Place these wonderful mock-ups respectfully on the back burner until the ones that have greatest priority are in full manifestation. You have a good, long life ahead of you; trust the Universe to provide you with enough time to generate all your beautiful intentions.

And so it is.

This is a place to write the mock-ups you are going to temporarily put on the back burner

1.)

2.)

3.)

Homework

Increase your energy with a fresh gratitude list

a.)

b.)

c.)

d.)

e.)

Practice the Meditation on your CD, The Definitive Guide to Powerfully Generating Your Abundant Life

Notes to self to chart progress

What I saw during my abundance meditation practice

What I felt

What I realized

What I generated (note any changes or results from your mock-up meditation)

1.

2.

3.

Notice any changes in yourself. Have you become more calm, resolved, deserving, or capable in these past few days?

May it be with the blessings of the Supreme Being
that whatever happens in this grand 21 day Law of Attraction program be a
benefit and a joy for you, your lifestyle and for the ones you love.
May the entire world be filled with health, vitality, abundance, joy and peace.

Amen.

Blessings and light for a day of transformation!

Yahoo!

