

## Q5 Better Sex

Hello darlings, this meditation is for those who want to experience more into their intimate sexual communications and perhaps have been blocked from feeling fully connected or fully engaged with their own body.

Breathing in and out send a grounding cord down from the base spine to the Center of the Earth and let's release the any blocks in the male or female body to full enjoyment a the sexual connection. Its release thought forms and what you can imagine is that there is a purification field a quantum pleasure field that is removing blocks, ladies to the clitoris and to the g-spot and gentlemen to your wand of light so to speak, and your testicles, so let's go ahead and really see this quantum pleasure field removing blocks, removing stops, removing energies that would allow you to miss the joy others experience, let's let that go down the grounding cord and also being cleared, being really evaporated from the quantum pleasure field, just evaporating thought forms and letting it go and penlight to also take you into a field where we look at your DNA, we look at your field of perception and your emotions, we're gonna do this rapidly so in the DNA, opening up the DNA strand, let's see if there are any blocks to fall sexual connection, sexual pleasure and sexual union and let's go ahead and vacuum out those blocks from the DNA, so just the golden vacuum cleaner on a DNA strand vacuuming out any blocks that will light up it's block, block, blocks to you having the fun, the connection, the joy, the expression that you deserve in your sex life. Very good, and when they had DNA is all cleared of, want you to pose a Golden Sun or golden radio wave, either one Golden Sun could go through pulsing on the DNA or radio wave could to go through and let's go ahead and allowed that DNA to now be returned to its cell and it is now informing all the surrounding cells, communicating with all the surrounding cells that we've removed the blocks for full sexual pleasure and sexual expression, then were going into the field the perception, in this field will affect past lives, it's thought forms, its curses scoop mind and group mind viruses.

So all kinds of thought forms and if you have a challenge with sexual expression you know there's probably plenty on there, would I want you to a imagine is that all of these thought forms maybe millions or billions are now being bundled up in one big balloon, they're just being encapsulated in one big balloon and on these thought forms millions or billions, and now you've tied up the balloon and you're gonna pop it and as you pop it, all up the blocks in perception disappear, literally they "poof" and there's nothing there, and finally in the emotional body there will also be thought forms in blocks in the emotional body and let's just go through an imagined collecting all of those, maybe there are thousands of blocks in the emotional body and let's just allow those things that are in the emotional body to be vacuumed up with the

golden vacuum cleaner and it's just a really powerful vacuum cleaner suckered up these blocks in the emotional body.

Wonderful... now, I'd like you too imagined your genitals being filled with golden light and healing energy and for women it'll be pink and gold, and for men it will be green and gold and just sitting in your body feeling permission to express, permission to be happy, permission to really enjoy your sex life, breathing in and out.

I love myself, I trust myself, I allow myself to have full self-expression. To toast to, so be it.