

# Your Brain

## Introduction

Below is the story of Marty, a forty-eight year-old, highly-skilled mechanic, who loved motorcycles. To say he loved motorcycles is probably an understatement, as he owned sixteen of them and knew everything about the unique qualities of each manufacturer.

Marty had been working for Tenant Company his entire adult life, a company that manufactures street sweepers and Zamboni ice surfacing machines (for hockey and skating rinks). But Marty didn't start loving machines as an adult. I remember him as a child disassembling anything mechanical and building new contraptions. I think his favorites were his go-carts, using motors provided by old lawnmowers.

## Marty's Story

One sunny day, Marty was riding his Indian (a motorcycle). A reckless teenage driver didn't see him coming and pulled out in front of him. Marty, in all his protective gear and helmet, T-boned the teenager's vehicle. It was a terrible crash with screeching wheels and the strong thud of death.

Marty was dead, floating over his crumpled, mangled body with every bone broken.

The ambulance raced to the scene, sirens screaming. An EMT emerged with a board and head/neck brace in hand. The EMT ran to the mangled biker. Had he been dead long? Marty showed no pulse, no breathing, and no heartbeat.

Pounding on his chest, mouth-to-mouth, and another pound, the EMT screamed, "Come on man, come back!" He used his mind to command Marty's spirit into the vacant body. And then something happened. Marty's heart started beating. "Breathe!" ordered the EMT. Marty needed help breathing

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and got the help he needed. Finally, he was getting the much needed oxygen to his brain and body.

In spirit form, Marty stayed with his unidentified body because his identification cards had been lost at the scene of the accident.

As a team of medical professionals hovered over his comatose body, they began to assess the damage. They wondered, if he lived, what kind of life he would have.

X-rays revealed that almost every bone in his body had been broken; some were just fragments. Marty's legs and wrists needed to be rebuilt first. He was given two metal external shells, one for the body and one for the head and neck (called halos), which would hold bones in place as they were mending.

Eight years have passed by now, and somehow Marty survives. He lives independently, though he is unable to hold a job; nevertheless, his life is richly filled with his volunteer work at Methodist Hospital, where he was recently given the "Volunteer of the Year" award for helping other traumatic brain injury victims. He is also able to spend loads of time with his children and grandchildren. He is a happy man.

After eight years of pain, he had almost given up hope that Western medicine could help him control his pain. He had also not been able to walk unaided, since his accident, and relied on a cane to help him hobble around. His left foot had been left without feeling or sensation. That's when Marty, my big brother, decided to explore the Miraculous Healing Program for himself.

This was the first time in eight years he had asked for my assistance, and I provided him with a healing he could not have imagined. In a three-day weekend, we did profound healings on his emotional body and brain. Over the next eighteen days, Marty dramatically improved his brain

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function and literally grew back new brain cells. By now, Marty has truly experienced a *Miraculous Healing*.

One of the markers for Marty's healing was the dramatic improvement of his nerve function. He experienced a significant reduction in pain, and feeling returned to his left foot. Shortly afterwards he walked without pain or limping with no need for a cane. Within two months he was able to hike six miles up a steep mountain trail, with great joy and no assistance from a cane.

### **The Role of Your Healthy Brain**

The role of your healthy brain plays an important part in optimizing your entire existence. Through your brain you view and understand your world. Your brain provides much of the content of your personality, character, judgment and ability to make good choices. When your brain is working well, so are you. However, when your brain vitality is in trouble, you will notice a diminished ability in all areas of life.

Recent studies have revealed a startling fact about brain and obesity. It turns out that as your waistline gets larger your brain is actually shrinking. This is not good news for a country where at least thirty-percent of the population is struggling with weight issues.

A gestating woman's brain will shrink in the third trimester and return to full capacity six months after birth. This is a natural program wired into the human animal to ensure the mother's attention will be on her baby and she will be less observant of her surroundings, when the baby really needs all her attention, although the new mother's brain is naturally wired to return to full function later on. Similarly, function will improve as fat comes off of a person moving out of obesity back into the range of a healthy weight.

Miraculous Healing brain protocols, working through the

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Divine Human Blueprint, are quite possibly the most powerful of all the healings that my Quantum Immersion students and I are able to provide. The brain, with all its amazing complexities, when restored to high functionality, can improve virtually all bodily conditions of malfunction.

The brain controls all the systems of the physical body and even some parts of the energetic body. For people in pain, healing the brain can restore the nerves to ease and equilibrium, resulting in reduced pain sensations or even a total clearing of pain. Digestion is also affected positively by restoring the brain to a healthy state.

My research on the brain began many years ago, as I have experienced two traumatic brain injuries, both related to moving vehicles. What I've discovered in this research is that if you heal the brain, even post-traumatic stress disappears, as new brain cells and brain patterns literally erase the PTSD from memory.

We do not heal the brain first unless an unhealed brain is a block to a healing elsewhere. We would normally prepare the body for a brain healing by clearing relationship/love dysfunction and restoring the energetic body, including the chakras and aura, prior to beginning work on the brain.

I suggest you follow the Miraculous Healing protocols prior to any work on the brain, asking whether the brain is ready to receive a healing and discover what is needed to prepare the brain for a permanent healing. As we progress through the brain chapter, we will cover the basic brain healing and unique protocols for healing attention deficit disorder, autism, traumatic brain injury, and dementia.

### **The First Brain** (also referred to as the survival/reptilian brain)

This is the part of the brain accountable for instinctual responses and survival reactions. When thinking about the First Brain, imagine a little lizard dodging from here to there,

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finding a rock to hide under, or a clear path to skedaddle down in order to escape a predator. It is constantly responding to any stimulus as if its life depended on its getting away.

Part of the brain is actually wired that way. Now imagine you have a teenage son. Let's say his name is Jason. Jason is currently responding to the dings, beeps, and alarms from a humongous pile of technology, such as phones, computers, clocks, and electronic games.

Much like the instinctual little lizard, the first brain is trained to respond dynamically, as the signal to go on high alert travels from the eardrums to the autonomic response of the first brain.

Okay, back to the image of your teenage son, Jason, sitting on the sofa playing Nintendo. Intense, heavy metal music screams into the space as his phone alerts him of the arrival of a new text. He's hungry so naturally he grabs the nearest junk food and throws it in the microwave. Five minutes later, "beep, beep, beep," alerts him that those nasty pizza roll-ups are fully "nuked." The landline rings. You call, "It's for you, Jason." Simultaneously, Jason's friend Marcus rings the doorbell, "ding dong." Before you know it, "Game on!" The Nintendo game belts out another litany of noises.

What happens when the instinctual brain receives an alarm? Just like the little lizard, your brain darts around in response. No matter that this is not a life and death situation, just a game, a microwave, and a doorbell. The instinctual brain reacts anyway, adrenal chemistry is injected into your veins and the nervous system is launched into the sympathetic or high-alert state.

Your sympathetic system is now on and it will remain on for thirty minutes even with no additional stimulation. However, if you decide to get cozy on the sofa and watch an action/suspense movie such as "The Bourne Identity," your high-alert system will remain activated for hours.

Well, what's so bad about that? In the sympathetic mode, you are ready to run away from a dangerous saber-tooth tiger or a grizzly bear. Your body is pumping out the high energy chemicals needed to keep you on high-alert and wired to respond quickly to keep safe, just like the lizard. However, unlike lizards that have no higher brain function and can sometimes grow a new tail, we must be in the parasympathetic mode to regenerate and heal.

For the average yogi who is calm and peaceful, much of his life will appear ten and sometimes twenty years younger than other folks his age. The high-alert state is an ancient one and no longer really suited for the way we use our bodies now. However, it is the system we have. Less adrenaline-rising activities and more calm will yield an excellent result with the human physique and lead to a healthier, more vibrant life for a modern human being.

***Best and Worst Colors for the First Brain***

100%	Green	Health, vitality, full function
92%	Blue	Stillness, health, ease (seen after a stress pattern is healed)
90%	Pink	Mother energy, strength, purpose, <del>stability, stimulation</del>
60%	Orange	Beginning of lower function or <del>malfunction overactive stimulated</del>
50%	Purple	Spiritual, showing age forty plus,
30%	Yellow	Exhaustion, difficulty dealing with <del>stability of life</del>
3%	Red	Agitation, intense, overage
	White	Control energy
	Black,	Serious malfunction, death energy

The First Brain is fueled by the fifth chakra as well as eight nadis. Nourishment is provided by blood, oxygen and synovial fluid.

***First Brain Healing Protocols***

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1. Using kinesiology, begin by reading the color and percentage of functions of the first brain, the instinctual or reptilian brain. See the previous chart for best color and function percentages.
2. Pump Gold Energy into the First Brain if it shows a reduced function or color.

***Specific Brain Issues*** (how to handle them while a healing takes place):

There are many possible circumstances that arise during a brain healing. Here are a couple of examples:

- a. You can assist a blue brain at ninety-two percent of full function to ascend to green at one hundred percent. After clearing the stress syndrome, a person's First Brain will not be able to get higher than blue unless you assist. It is wise to clear the Spiritual Timeline and DNA programs that caused the stress condition in the first place.
  - b. If a woman is in agreement to move her First Brain's color from pink to green you can assist her in that process. Remember that both blue and pink are not considered to be colors that indicate a malfunction; however, these colors will influence how the First Brain responds to your assistance.
3. In the First Brain, if you have completed a color and function percentage healing, your next step will be a DNA obliteration process. In the DNA process, look (for removal) for causes of the malfunction. If the brain malfunction is congenital, activate the universal Human Blueprint. Draw on the code from the Blueprint to create a new path for the First Brain.
  4. Later in the chapter there are a good number of brain maladies for you to reference for clarification on specific disorders and the steps to healing them. The next step is to ask if Cellular Neo-Genesis is required. If so, proceed

with the rebuilding of the master cell and the mirroring/building of new cells. (See Chapter 3.)

5. Ask if the healing is complete, check to see if the First Brain will need follow-up healings, and document the next possible day that is suitable for healing.

***Brain 1 Illnesses and Related Colors***

Black or Grey	Dementia, attention deficit disorder (ADD), bio-toxin contamination (e.g. agent orange, nuclear
Black	Schizophrenic or sociopathic patient, chemotherapy patient, patient in pain, patient in the states of: grief over recent death of a spouse
Grey	Depression
Red	Mania, agitation condition, violence
Yellow	Autism, Asperger's or Down's syndromes



### **The Second Brain (also referred to as the “emotional” or “mammalian” brain)**

The Second Brain, which I refer to as the emotional or mammalian brain, gives us all our human animal emotional programs from which we respond, feel, and relate to others. The Sixth Brain (the heart) gives us access to love. You cannot love from the mind, but it provides the mental programs that allow you to feel a sense of safety and relatedness. Actual love presents the ability to access your God-self. The human heart provides the access to the state of love.

The Second Brain has several unique features, including the amygdala, providing important programs accrued through your early emotional research prior to age three.

### **Differences between Men and Women**

For females, the emotional brain is marinating in estrogen throughout her life, giving her a steady stream of content for understanding, socialization, and relatedness.

Please let it be known that men are not deficient when compared to women. The testosterone that marinates their brains over a lifetime provides logic, clarity, and focus. The estrogen that allows a woman to process her feelings and emotions for hours is in a significantly shorter supply in the male brain, which is largely testosterone-driven.

The condition of unique and different brains for men and for women exemplifies the edict of function following form. Men, as human animals, are responsible for the functions of providing and protecting. The testosterone in their brains allows for strength and focus. They have the power and strength to naturally provide safety for their partner and offspring. Men function out in the world very well. Their human animal nature makes them good hunters. Their single-

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mindedness will support them in completing a project, regardless of the number of obstacles.

Their best advice, which they deliver routinely to the females around them, is to focus. This is their solution, one that helps them in many ways to accomplish the great and wonderful feats of providing and protecting.

Unlike the testosterone-driven brain, the estrogen brain provides women with a diffuse awareness. We are easily able to multitask and keep track of lost keys and socks. Women's brains are wired to gather and nurture. We can use the aspects of our brain that resemble a male's to focus on the task at hand, such as successfully holding executive careers in large corporations. But to really enjoy the balance of being a woman, when leaving work, we must allow our female brains to re-emerge.

A perfect example of this is the large group entrepreneurial trainings I participate in with my business coach, James Malinchak. He provides an incredible training for speakers and information product marketers. James, who was featured on NBC's Secret Millionaire, definitely has a mind for business and really knows his stuff. His trainings provide the way to make it BIG in the speaking world.

My friends were surprised when I signed up with James a couple years ago. They felt he did not match my spiritual nature. Yet my logic told me he could convey the secrets of the material world that I would never hear in a spiritual training program.

My challenge became, "How do I not crash and burn while sitting in James' boot camps?" My social brain, which I've used for painting, playing the harp, meditation, and sharing ideas, would become completely overloaded. With the out-of-balance focus of long twelve-hour training days I would feel overwhelmed. By the second or third day it felt as if someone was hitting my head with a sledgehammer. The men in the

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trainings had quite the opposite response as their focused testosterone-driven brains were equipped to conquer their domain.

I, like many of the women training with James, have found my balance. Occasionally taking an hour to rest or visiting with a girlfriend in the hallway during the conference helps create more space in my wonderfully diffuse brain for some more information!

### **Healthy Emotional Brain Development**

At two years old, Britta Carrie already had an estrogen flood in her early female development. Her behavior illustrated the development of the emotional, mammalian brain so perfectly.

### **Britta's Story**

Britta was named for her fifth generation great-grandmother, a truly great woman from 150 years ago. Great-grandmother Britta made the arduous pilgrimage from her birthplace in Sweden. She, her husband, and her sons settled in the beautiful prairies of southwest Minnesota, where they homesteaded their land. Grandma Britta, with some medical training and a strong constitution, delivered all the babies born to the immigrant settlers of this wild land.

Her strong constitution and healthy emotional brain made her a perfect midwife. My grown daughter, named Britta also, has many of these amazing pioneer qualities. and she is a true joy to behold.

When Britta, was very young, she was a brilliant light. She was smart, engaging, and so funny. She loved connection and couldn't get enough of it. She jumped up in my lap to snuggle and cuddle at every opportunity.

Her social, emotional brain was on overdrive with nurturing and caretaking. She would mimic my behaviors and when little sister came home for the first time, Britta saw her

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mommy nursing her new little sister. From her birth, Britta had, herself, been breast fed, but to comprehend it visually was astonishing for her.

From that moment on, Britta nursed everything she could hold. Her nursing the dolls and stuffed animals kind of made sense, but her nursing the train, cars, trucks, and mini farm equipment was delightfully excessive. She was making sure everything in her domain was well cared for and nourished.

She traveled with me wherever I went, never staying with a babysitter. My visit to the doctor's office made a profound impression on her, and she began treating her "loyal subjects" with a play doctor's kit.

Her unusual insights made me laugh. One day we set off on the long drive to see Great Aunt Bessie who was in a nursing home just over the state border in Iowa. As we drove, we sang happy songs, such as, "This little light of mine, I'm gonna let it shine!" Life was good.

Britta, bounced up excitedly shouting "Mommy, Mommy, guess what?"

Do you remember the "guess what" game with your two or three year old?

"Mommy, Bessie lives in a home just like us!" Hmmm, okay. I'm not sure how a state-run nursing home is similar to our ancient salt-box farmstead, but let's see where this goes.

"How do you figure that, honey?"

"Well, she lives in a nursing home, and so do we!"

Laughter and gleeful silliness ensued as my little mammalian-brained daughter was peaking in her socialization and instinctual nurturing.

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Britta became a nurse's aide at sixteen and went on to become a registered nurse (RN). She has truly followed in her great granny's footsteps, as she has cared for the worst of the injured and sick as a trauma nurse for many years now. Nurses decide to become nurses from their Second Brains!

### **Unhealthy Emotional Brain Consequences**

If the emotional brain is out of whack it can wreak havoc in your relationships and love life.

#### **Melinda and Joe's Story**

Melinda and Joe really struggled in their marriage with constant misunderstandings. I could see the marriage was based on chemistry with Joe being a bad boy in need of rehabilitation. Melinda, like many women, seemed to have married a "project" rather than a beloved person.

She would call me for spiritual/emotional advice and consulting, a role even I found challenging. They had accrued a fortune through their sixteen years together. Only their assets and children kept them together for the last few years of their marriage.

At one point, Joe was even under house arrest, as decreed by Melinda. Every step he made was scrutinized under a microscope. At some point he snapped. I believe men genuinely want to please and satisfy the woman they are with. However, for Joe, the constant fights, his wife's accusations of disloyalty, and her accusations, such as, "You are failing miserably to protect us" sent him into internal turmoil of the worst kind. As a consequence, he became what his wife accused him of being.

Infidelity came first. Next, Joe installed surveillance equipment on Melinda's car phone and computer so he could track her. Then, unbelievably, he even attempted to poison and kill her. Fortunately, he failed.

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When askew, the emotional brain can prevent people from experiencing love as warnings of unsafe feelings. These are related to early emotional traumas programmed into the amygdala.

***Best and Worst Colors for the Second Brain***

100%	Green	Male: ease, contentment, confidence
100%	Pink	Female: satisfaction, serenity, and safety
97%	Green	Female: safety, contentment
94%	Pink	Male: contentment, gentleness ( <del>compensation for sins of the father, self, or</del> )
86%	Orange	Happiness, hope (a Pollyanna reaction to
84%	Purple	Male leaders: intelligence (providing additional emotional intelligence beyond <del>normal male programming I have never seen</del> )
20%	Red	Begins lower or malfunction fire, hostility
4%	Blue	Frozen, lifeless, vacant
2%	Yellow	Confused, chaotic
	White	Control energy
	Black	Serious malfunction, death energy

I don't literally mean the brain changes colors on a physical level. By naming colors, I am referring to colors, an energetic healer can read, that represent the health of the brain.

***Malfunction in the Second Brain***

The second brain is fueled by the sixth chakra as well as eight nadis. Nourishment is provided by the blood oxygen and synovial fluid. The brain's health is supported by the senses including music, fragrance (auditory senses and olfactory).

***Second Brain Protocols***

1. Begin by reading the color and percentage of functions of the second brain, which is your emotional or mammalian brain. Check the chart color and function percentage.

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2. Pump Gold Energy into the brain if it has a reduced function and color.

Note: There are numerous colors over eighty-six percent that are not considered a malfunction of the second brain.

In the second brain, if you have completed a color and function percentage healing, your next step will be a Spiritual Timeline clearing. This process supports clearing harmful events that are responsible for fear responses in the emotional brain.

3. After the Spiritual Timeline clearing, the next step is to heal the early emotional memory/response programs found in the amygdala. Our wellness recovery process is not related to psychotherapeutic style, meaning no processing or conversations about the memory/response program, how it got there, or how it has played out.
4. Using kinesiology, muscle test the number of programs available for use. For example, say you discover 42 of these programs.
5. Imagine a red rose that is magnetic. Now, use the magnetic power of the rose to draw out all the energy and emotion related to this specific challenging memory.

Very important: These memory/response programs are much like post-traumatic stress items. In order to heal the reactive nature of the memory/response program(s), the original memory must become one that has little to no emotional content.

6. Using kinesiology again, test for the number of memory/response programs available. When you have been successful in removing all the energy through the magnet rose technique, you will read zero.
7. Using kinesiology, check to see if cellular neo-

genesis is required. If Yes, proceed with the steps for regeneration found in Chapter 3.

8. If No, test to learn if the DNA obliteration process is required for vibrant health in the emotional brain. In the DNA process look for causes of the malfunction that you plan to remove. If the brain malfunction is congenital, activate the universal Human Blueprint encoding to create a new path for the second brain.
9. DNA programs to look for include emotional malfunction, depression, mental illnesses, neurosis, self-esteem issues, self-affinity, and social proficiency
10. When the DNA procedure is finished, ask if the healing is complete. Check to see if the second brain will need follow-up healings and document the next possible day suitable for such a healing.

***Second Brain Illnesses and Related Colors***

Black or Grey	Depression, psychotic, sociopath, dementia
Black	Chemotherapy patient, agitated condition, psychopath, schizophrenic, violence, or state of recent death of a spouse, miscarriage, the
Grey	Attention deficit disorder (ADD), biotoxin contamination (over 40% affected by agents, such as Agent Orange or exposure to nuclear
	Asperger's syndrome
Red	Mania
Orange	Down syndrome

**The Third Brain** (located in the right neocortex; is also known as the “Creative Brain”)

The Third Brain is the right neocortex and is known as the “creative brain.” Creative and imaginative actions, such as art, stem from this brain. You might remember a wonderful guide to accessing this brain came out in 1979 by Author/Artist Betty Edwards, entitled “*Drawing on the Right Side of the*

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*Brain.*” Creativity stems from five areas; our energetic systems, the second and fifth chakras, our emotional body and senses, and our Third Brain.

In our Miraculous Living “Balance Your Life Now,” program, creativity plays an important role on the balance wheel. This is about being able to completely embody a fully self-expressed human life. Fulfillment on the balance wheel and in a human life, filled with both mastery in the spiritual realm and mastery in the physical realm, requires the fulfillment of creative expression with regularity.

The new enlightenment in the Age of Aquarius is mastery in both spiritual and physical realms. I highlight this here because a large number of individuals coming to the coaching and training program have allotted little energy or time for developing and expressing creativity. Absence of creativity, that is, without authentic expression coming from the individual, leaves a person lacking. For example being a bystander occasionally tuning into some music or dance performance, does not fill the creative requirement. For full self-expression and fulfillment on the balance wheel, a person would need to spend some percentage of time in creative expression. Ideal creative expression ranges from seven to forty-two percent. The high end would represent the mastery level fine artist or professional musician/dancer.

***Best and Worst Colors for Third Brain***

100%	Green	Conceptual development,
92%	Pink	Ability, craftsmanship, beauty
83%	Red	Leaping (from a state of malfunction to a vibrant creative brain)
51%	Yellow	Begins lower or malfunction, calculating
40%	Orange	Affected, creates out of struggle, could show depression, mania, or
21%	Purple	Lacking ability to embrace this realm, attention deficient
11%	Blue	Still, expressionless, much of the time there has been an early choice
7%	Brown	Contamination
	White	Control energy
	Black, Grey	Serious malfunction, death energy

The Third Brain is fueled by the sixth and seventh chakras as well as thirteen nadis. Nourishment is provided by the blood oxygen and synovial fluid and is supported by expression.

***Third Brain Healing Protocols***

1. Begin by reading the color and percentage of functions of the Third Brain, which is your creative brain and right hemisphere. Chart color and function percentage.
2. Pump Gold Energy into the brain, if it has a reduced function and color.

Note: Red is evidence that, by outer action and commitment, a brain is improving on its own. The brain can readily be assisted up to green or pink by pumping Gold.

3. In the Third Brain, if you have completed a color and function percentage healing, your next step will be to check to see if Cellular Neo-Genesis is required.

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4. If Yes, proceed with the Cellular Neo-Genesis process described in Chapter 3.

If No, use kinesiology to test in order to learn if the DNA obliteration process is required for vibrant health in the creative brain. In the DNA process look for causes of the malfunction for removal. If the brain malfunction is congenital, activate the universal Human Blueprint encoding to create a new path for the Third Brain.

5. DNA programs to look for include: creative malfunction; conception, ability, over calculating, creativity driven by struggle, or contamination

When the DNA procedure is complete, check to see if a timeline clearing is next. You will remove the impact of events preventing the free flow of expression.

6. Ask if the healing is complete.
7. Check to see if the Third Brain will need follow up healings and document the next possible day suited for healing.

#### ***Third Brain Illnesses and Related Colors***

Black or Grey	Depression, agitation, schizophrenia, psychosis
Black	Chemotherapy patient, psychopathic
Grey	ADD, recent abortion, dementia,
Yellow	Obsessive-compulsive disorder
Orange	Autism
Purple	Down syndrome
Blue	Biotoxin contamination ( i.e. Agent Orange, nuclear radiation exposure), <del>recent death of a spouse, miscarriage or</del>
Brown	Pain, Asperger's, Mania

#### **The Fourth Brain** (also referred to as the logical brain)

The Fourth Brain is the left neocortex, also called the logical

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brain. This part of the brain provides the efficient analytical interpreter to perform functions related to mathematics and science. Sound common sense, focus, and clarity come from its healthy function. Where estrogen provides fertilizer for the emotional Second Brain, testosterone can serve as enrichment to the soil of the Fourth Brain. We are approaching the domain of male accomplishment and outer achievement. The ability to focus for prolonged periods and produce commonsense results is instrumental in our survival as humans.

In the section on the Second Brain above, we discussed the development of little girls, specifically Britta, and how her mammalian brain dictated many of her actions during a time when high levels of estrogen were being released into her system. The way our female bodies are wired helps us develop a strong nurturing capacity early in life. This program embedded into a female psyche prior to age three greatly influenced her actions and responses during the rest of her days.

For a human male, the Fourth Brain, logical, problem solving, and his protective nature begins as his toddler brain is bathed in testosterone and continues to play a strong part in providing clarity for his role throughout life.

Having a son after two daughters was an amazing shock. My toddler daughters were interested in singing, playing, learning, and exploring together socially. When my little man came into the world, everything changed. When little boys' brains and bodies get their infusion of testosterone, they begin the journey of hunter and protector. As a child, having no reference or clear understanding of how to channel that energy into activities that are enjoyable or even understandable to the girls around them, they begin performing "destroy and conquer" activities. Later logic and reason become apparent. You will see the shift as a boy moves into adventure and understanding, where strategy and planning become a part of his games.

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To my friends, I would refer to my toddler son as little “destructo-man.” He had his angelic moments, as when he was fast asleep in his bed and a glow of angel dust shone around him, magically washing away all offenses of the day. Just like that, my little man was restored to his princely position.

Two excellent books on the development of men that help to unlock the mysteries of their motivation and behavior are: *The Amazing Development of Men*, and *Keys to the Kingdom*, both by author Alison Armstrong. I love her exploration and roadmap to helping us understand and appreciate the extraordinary and different qualities in each of the genders.

This discussion around the Fourth, logical brain is a great place to interject details of the brain in competition. As I write this chapter, the 2012 Olympics are underway. As an athlete and sports enthusiast myself, I have been posting articles online in response to the wins and challenges of the Olympians.

### **Michael's Story**

I was intrigued to learn about the challenges of our national swimming hero, Michael Phelps, who has used several obstacles related to brain function to fuel his world record career as the most decorated Gold medal winner in Olympic history.

As a child, Michael received the diagnosis of attention-deficit/hyperactivity disorder (ADHD). His mother used athletics to help channel Michael's energy towards a positive activity. His coach of sixteen years intentionally created additional challenges for Michael, causing Michael to use his brain for accomplishment and preparing him to meet any difficulties that might arise in live competitions.

It has truly been a winning strategy, transforming Michael into a consummate winner with resilience and kindheartedness in his nature. This was possible because of his wise elder guides who helped him make those good choices until he could for himself become the extraordinary man he is now.

For him, there was a shift from the last Olympics, including Gold medal wins, to the current games. Michael has seemed to step into a new mature man. Leaving behind the knight slaying dragons, perhaps with a bit less vigor on the win, he has moved into the next phase of level of wise elder love.

As it turns out, after the last wins, Michael hit a wall and began to question the value of his life and the meaning of the wins. And so ensued a depression and weight gain followed by a good amount of self-reflection and soul searching. This relates both to the period of his Saturn return, which is a phase of moving into adulthood and positioning for adult life, starting at age twenty-eight.

It is typical for an individual to examine their way of being, and reframe their life in a more mature way, which then leads

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to their next steps in life. It is possible to put aside previous life experiences and instead, start an entirely new career with more meaning along with a deeper sense of contribution, or reframe their present career by building on the accomplishments of the past.

I see that Michael is actually doing both. He also arrived early into the "tunnel", a phase of manhood described in Alison Armstrong's wonderful book, *"Keys to the Kingdom."* This phase is often thought of as a mid-life crisis and can last anywhere from a few months to, typically, a year and a half. It resembles depression. In this phase, a man may become self-questioning and uncertain of the meaning of his life; he may look at his contributions and how he wants the rest of his life to play out.

Michael has moved from the stage of prince to that of king, where he now is looking at how he can make a difference in his world. Michael arrived at this point in life early because of the intense celebrity spotlight he has been standing under for the past sixteen years. We now see him looking to his future life and retiring from the Olympic Games.

### ***Healing the Fourth Brain***

Depression is a brain malady as is ADHD. An "energetic" healer would see a brain in depression with all five brains under a black influence. We refer to this blackness as a death energy, which means a dormancy in activity. As anyone who has undergone a period of depression will tell you, they lived under a dark cloud or in a haze. The language descriptions are actually very accurate for what is happening on an energetic level. As the haze lifts, all portions of the magnificent brain - from the instinctual and logical brains to the emotional, creative, and angelic brains—begin to lighten up again.

*This is the period where hope or life returns.* Looking back into Michael's challenge with his first brain: ADHD.

Individuals who experience this condition are often creative individuals, who have—for the journey of spirit—created situations that will rapidly accelerate the concepts of compassion, empathy, and understanding.

If you are individual of faith and believe the “hand of God” is influencing your incarnation and how your life unfolds, or if you are a person of self-actualization, and believe you play a role in the circumstances and programs that you have set to play out in your life, these concepts will make sense to you.

Whether the “hand of God” or personal spirit choice, challenging life patterns do develop from the individual’s desire to grow rapidly on their spirit journey. They will have a life filled with material and circumstances to assist in this rapid acceleration.

On a physical level, Michael and others like him with ADHD typically have more than the standard three pathways of communication between the right and left hemispheres of the brain. For children, learning to harness the rapid fire cross-communication between logic and creativity can be an overwhelming challenge. For loving wise elder guides, such as parents, coaches, and teachers or even therapists, they can help people with ADHD understand the benefits of their obstacles in life. These specific challenges can strengthen character, deepen compassion, and produce a lifetime of incredible accomplishment.

Looking at the brains of Olympic Gold medal winners, we see some common themes in the colors of the champions.

Starting with Michael Phelps at the time of receiving his fifteenth and nineteenth Olympic medals our hero had a range of hues in his different brains: an orange hue in the first or instinctual brain and the second (or emotional) brain; green in the third (or creative) right brain, purple in the fourth (or logical) brain; and Gold in the fifth frontal lobe (or angelic brain).

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I don't literally mean the brain has changed colors on a physical level. I am referring to the colors an energetic healer can read which represent the health of the brain.

Orange in the first two brains represents bliss or extreme happiness. Green in the creative brain represent vibrant health, purple in the fourth represents a kind of regality and personal acceptance of royal status, and Gold in the angelic brain shows divine expression.

McKayla Maroney, a gymnastics elite world champion and Gold medal winner at the 2012 Olympics, gives the female version of the champion's brain colors: First brain orange; second brain green; third brain orange; fourth brain orange, and fifth brain Gold. For McKayla who is under the youthful influence of both hormones and sheer excitement her youthful female brain reflects a celebratory champion.

Orange again in the instinctual or survival brain is happiness. The green emotional brain represents a healing she went through in her emotional body after her disappointment two days prior, where she lost the opportunity to compete for individual world champion. The second brain was actively restoring its equilibrium. The third brain, the creative brain, as orange shows sheer joy and really reflects her artistry and full creative engagement in her sport, as she gave quite possibly the best performance of her life.

Remember we have identified the fourth brain as the brain of logic and competition, with orange representing so much joy and enthusiasm. The angelic brain Gold represents divine expression.

Colors that influence and nurture the activities of the brain change occasionally. What we do in the Miraculous Living healing program is help individuals get to the brain colors that support their vibrant joy and health.

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The application and importance of using color to heal can make a huge difference with a veteran who suffers from PTSD, restoring him to his condition prior to traumatic event that shut him down. We can lift an accident survivor out of pain and literally get his brain communicating with his legs again. We can open up a world of peace and ease for a depressed world leader.

Although the conversations about Olympic competition and brain function could have easily fit into any of the brain conversations, I choose to add them here in the fourth or logical brain, as this is the brain from which strategy logic and competition are born.

***Best and Worst Colors for the Fourth Brain***

100%	Primary	Conceptual Focus, Logic
99%	Olive	Routine
76%	Blue	Composed
56%	Primary Yellow	Begins lower or malfunction
12%	Red	Aggression, vicious
4%	Yellowish-	Excitable (Mania)
2%	Purple	Dissociated
	White	Control energy
	Black, Grey	Serious malfunction, death energy

***Colors of a Malfunctioning Fourth Brain***

The Fourth Brain is fueled by the first and sixth chakras as well as five nadis. Nourishment is provided by the blood oxygen and synovial fluid and is supported by DNA programs.

***Healing Protocols for the Fourth Brain***

1. Using kinesiology, begin by reading the color and percentage of functioning of the Fourth Brain, which is your creative brain or right hemisphere. See the chart above for the meaning of color and function percentages.

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2. Pump Gold energy into the Fourth Brain if it has a reduced function and color.

Note: Red is a danger sign. It is evidence this individual is participating in a violent activity

In the Fourth Brain, if you have completed a color and function percentage healing, your next step will be to check to see if the spirit is well connected with this brain. Both congenital issues and brain trauma can be at fault for any disconnect you may find. Regardless of the reason, for lasting improvement, the spirit connection must be fortified to (hopefully) one hundred percent or as high as you can possibly get it. In summary, there are two effects of this healing; one is to establish or fortify the spiritual connection, and the other dramatically improves the physical chemistry of the brain.

3. Focus Gold Energy on the area not occupied by spirit. Your job as healer is to guide the spirit into this part of the brain.
4. Focus Gold Energy towards the overall brain with the intention of improving brain chemistry.
5. Once you have a clear reading that spirit connection with the brain has been restored and the chemistry is now supporting the spirit occupation of the brain, test if Cellular Neo-Genesis is required.

If Yes, proceed with the Cellular Neo Genesis process on page 51.

If No, Use a kinesiology test to learn if the DNA obliteration process is required for vibrant health in the logical brain. In the DNA process look for causes of the malfunction for removal. If the brain malfunction was congenital, activate the universal Human Blueprint encoding to create a new path for the fourth brain. DNA programs to look for include

violence/victim, mania, lack of composure, dissociative issues, lack of permission to use logic (found in females), and servitude. Even reading, math, and science skills can be improved by DNA shifts.

6. When the DNA procedure is complete, check to see if a timeline clearing should be next. You will remove the impact of events preventing the use of logic, strategy, clarity, and focus.
7. Ask if the healing is complete. Check to see if the Fourth Brain will need follow up healings, and document the next possible day suitable for healing.

#### ***Fourth Brain Illnesses and Related Colors***

Black or	Depression, agitated condition, schizophrenia, psychosis
Black	Chemotherapy patient Psychopath Violence state of Recent abortion Pain, the state of agitation or aggression
Grey	Sociopath, mania, Down's syndrome, nuclear radiation exposure, recent death of a spouse, miscarriage and stillbirth as well as the anguish
Yellow	Biotoxin contamination, i.e. Agent Orange
Orange	Attention deficit disorder, Aperger's syndrome
Green	Autism
Brown	Dementia

#### **The Fifth Brain** (also called the “Angelic Brain”)

The Fifth Brain is the frontal lobe, found behind the forehead. It provides access to your “genius” knowledge. Its function is to provide the basis/”launch pad” for magic, genius, innovation, and invention. It provides a gateway for admittance to the entirety of earthly existence. My ability to write this manuscript is largely dependent on my traversing the natural corridor into the realm of “All.”

#### **My Story of Enlightenment**

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There was a time in my life when I lived between two realms. By the time I reached my early thirties, I had survived much illness and surgery and, because of this, was unable to get ahold of my body and enjoy the journey of life. Up to that point, my waking time had been spent as a realtor. Then I had had two significant bouts of allergic reactions that forced my doctors to insist that I discontinue working. Obviously, these were very serious life-threatening episodes. At that point, I retreated from the world.

### ***Life in a Bubble***

Though I wasn't literally living in a bubble, I lived my days in my Minnetonka home, spending most of my life in the 2200 square foot spilt level house. I had the environment sparsely furnished so it was easy to keep it orderly and free of allergens.

Having the need to retreat and a home to nest in, I spent much of the day in prayer, contemplation, meditation, and study. My health issues were extremely unpleasant. The upside of this situation was that I had the time and safety to spend hours on end, in and out of body, exploring the heavenly realms.

Days and nights often became indistinguishable, as both realms were very real to me. You will understand how this feels if you have experienced lucid dreaming: My experience of lucid dreaming is having a dream where you are yourself and are not drifting in a fantastical dream. Instead, you are interacting, speaking, and connecting with others

I was becoming a visionary. My inner eyes were awakening; access to the miracles of earthly existence and maturity as a human-spirit-in-body had become accelerated. Truly, my enlightenment was an initiation; and, as if in my own private ashram in reverie, I joined the saints and sages of several spiritual traditions to receive my preparation and direction.

It also felt like a time when I was being guided to awaken from the dream of my human life and see myself for who I have always been. I made some extremely difficult decisions to remove myself completely from the familiar patterns with family that would have prevented me from awakening further.

Jesus said you must die to the self to be born again, born into heavenly understanding. He pointed out the difficulty of knowing yourself while living in the shared dream of

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sleepwalking loved ones.

I engaged my time in learning and studies, not sure if I would survive or if I even wanted to survive another year. At thirty-two, it became imperative to me that my life should have some meaning, that my existence on earth would make a positive and loving impact, and that I would not have lived in vain. What I mean by that is that I didn't want to just go through a difficult life and then die, having neither experienced the "Garden of Eden" nor the personal satisfaction of leaving a personal legacy.

About midway through my year in the bubble, my trance state became elevated and I begin writing content flowing through Fifth Brain access. The manuscript of this book felt like scripture, precious and enlightening.

***The One*** (a continuation of the longer poem, "The We")

*I remember a time when time was not,  
When all that was, was what could not be,  
When who was, was what and I was We.*

*When I existed as We, we were ablaze.*

*The fire was power, the light was life,  
And I was not; alone did not exist.*

*But some part of the We broke off,  
Throwing us out of balance,  
No longer a single living cell,  
We scattered in many directions,  
The brightest parts became the stars and  
planets.*

*Those parts of the We that were small became  
less brilliant, Because we could not access all of  
the light of the We,  
We became confused in the spinning off.*

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*We became the many.  
We forgot the We.*

*The Self, The Sparkle, The Glimmer.  
Became encompassed by a mass,  
It had weight; it moved, thought, and felt.  
It responded to the temporary,  
The unreal became the unquestioned truth,  
Though we all knew it was a lie.  
What could we do?*

*I lacked in spark, my flame grew dangerously  
small.  
I longed for the fire of the We, the time of no  
time,  
When all was what was not and nothing was  
real.*

*I longed for the We, the blaze, the brilliance,  
and the completion.*



*There is a new, a being-ness, a brightness  
Found from the We,  
I in myself, encompassed by the mass,  
Lacking in spark have glimpsed at the new.*

*It is purest light, Brightest love.  
The new is the ancient revealed,  
it is a glimmer of the Omni,  
The remembrance of the We,  
It is the We.*

*I am not, it is not; truth is that which is unreal.  
I am and exist truly in the We.  
Only in my lack of existence  
I am free to be what is not.*

While in this state of focus and access, I wrote much philosophical and profoundly spiritual poetry.

### **The Fifth Brain**

The Fifth Brain, the angelic brain, is the brain of geniuses. There is IQ and there is “I Am.” Knowing requires use of the physical brain and access to the storage lockers where accumulated information is stored, compared, integrated, implemented, and placed for future use.

“I Am” is the experience of the awareness of one’s own existence. It is authentically complete on its own and is often the revelations shared with the world, as the experience of full access to the “I am” is brought to the realm of translation, comprehension, and understanding.

I have described the genius access through this Fifth Brain, but what about the normal people who are not geniuses and don’t have revelations? How do “normal” folks use this magical, angelic brain?

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Mathematics, calculation, scientific exploration, music, fine art, and many additional expressive actions and engagements are a beautiful way to use a healthy Fifth Brain.

***Best and Worst Colors for the Fifth Brain***

100%	Pink	Brilliance, calculation
96%	Yellow	Association, connection
73%	Blue	Inspiration
40%	Purple	Begins lower or malfunction,
37%	Green	Dissociation
32%	Orange	Bombastic, verbose
9%	Red	Obsession, hysteria
	White	Control energy
	Black,	Serious malfunction, death

The fifth brain is fueled by the seventh chakra as well as five nadis. Nourishment is provided by the blood, oxygen and synovial fluid and is supported by spiritual development.

***Healing Protocols for The Fifth Brain***

1. Using kinesiology, begin by reading the color and percentage of functions of the fifth brain, which is your angelic out of the box and frontal lobe. Chart color and function percentage.
2. Pump Gold Energy into the fifth brain with a reduced function and color.

Note: Extra sensory perception and vision are on the lower end at 40% and purple. This reflects an individual not relating well to their body. (Clairaudience, clairvoyance, clairsentience do not come from the fifth brain.)

3. In the fifth brain, if you have completed a color and function percentage healing, check to see if the Cellular Neo-Genesis is needed.

If Yes, proceed using the information in Chapter 3.

If No, test to learn if the DNA obliteration process is required for vibrant health in the fifth brain. In the DNA process look for causes of the malfunction for removal. If the brain malfunction was congenital, activate the universal human blueprint encoding to create a new path for the fifth brain.

4. Ask if the healing is complete.
5. Check if the fifth brain will need follow up healings and document the next possible day suited for healing.

***Fifth Brain Illnesses and Related Colors***

Black or Grey	Psychotic, psychopath, pain
Black	Chemotherapy patient, depression, schizophrenic, recent death of a spouse, miscarriage and stillbirth, and
Grey	Nuclear radiation exposure, sociopath, agitation condition, bio-toxin
Yellow	Down syndrome
Orange	Violence, chaotic state
Green	Autism, mania
Blue	Asperger's syndrome
Purple	Obsessive-compulsive disorder, ADD
Brown	Dementia, recent abortion

While we are merely a blastocyst, one hundred eighty dividing cells, the same embryonic material that forms the brain also forms the skin and nervous system.

**Depression**

I am often asked to assist an individual in healing the mental challenge of depression. Depression is a mental illness, that is an illness of the mind, and when prolonged, it can shorten life by up to ten years. It is an intense condition of hopelessness and despondency. A person who is depressed knows life can feel better because depression is not a constant state; mood is in constant flux. However, once in the depressed state, they do not see the possibility of getting better but rather seek only to survive.

Depression is a spiritual malady. It means survival (first). The color of the emotional (second) brain is black, while the other three brains (third, fourth, and fifth) can be black or grey. The energy is that of death. When you are depressed, you feel somehow that the lights have been turned off and all the joy in

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life has vanished. You feel you'll never experience light and joy again. You also feel you have lost your connection with God and life becomes empty, with little value or meaning.

Curing depression, for the Miraculous Living healer, can mean pacing someone back into a happy life, but it is necessary to discover where the source of the depression began and what is needed to restore vibrancy.

### **Maya's Story** (how she overcame depression)

About four years ago, I assisted a woman, Maya, in restoring joy to her life after a severe bout of grief and depression. Her trigger was her husband's suicide after their daughter was born. Both her brain and her aura went black.

It was as if she had died herself. The death of her husband, who had been struggling with sleeplessness and depression, had triggered for her the end of her life as she knew it. The ending of Maya's experience of joy actually represented a death experience of everything she knew and loved.

She didn't find me for several months. When we met, Maya's husband had been dead for about nine months, and her daughter was now a toddler of eighteen months. Since Maya was not able to function or care for herself or her child, her mother had moved in with her to care for both of them.

We began by clearing her husband's residual energy from her and returning her positive energy from the past. Her awakening was dramatic and swift. Over just a few weeks we brightened the aura and the brain and restored the organs, systems, and glands from the death pattern they had been in; she literally came back to life.

Within four weeks Maya had become awakened, and she realized she had missed nine months of her daughter's life. She had been out of her body in a sort of waking coma, but she came back to life strong and fast. After just a couple months she had developed a social life, was working on an art

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show, and thoroughly enjoyed her active little girl.

If depression is grief related, in some ways, it is easier to assign blame and work towards restoration. In a person's mind, they can anchor the depression to a specific event and know that they, like many others who have grieved, can return to a normal life.

When depression occurs without a triggering event, either chemical or in response to ongoing abuse or intolerable conditions, it is more difficult to use logic to pull oneself out of it.

### **My Own Victory over Depression**

For many years, I used to struggle with deep, all-consuming depression. At times, the doctors labeled it “severe depression,” and at other times, it was diagnosed as “major depression with an added anxiety disorder.” Much of the cause of my depression, ascribed by the medical practitioners (those who were treating me), was the chemical disparity from the cancer, hormone imbalances, and the abuse I suffered from early life.

Since depression is a mental illness, an illness of the brain, you must use your thoughts to assist yourself at every turn. I learned to be a loving mother to myself in crisis. I would praise my image when I looked in the mirror and spoke to myself lovingly, reassuring myself that I was all right. Honestly, sometimes I thought my depression had “gone off the deep end,” and I wondered if I would ever rise to the surface to enjoy the light of day. But I persevered. What I did not have access to back then, and can now share with you, is how to restore the brain, aura, and other affected areas of your being in order to move back into a joyous, fulfilled life.

When I was leaving my abusive husband long ago, I read some Bible quotes that said it was a sin to live without joy and that God had intended us to experience the wonder and majesty of this realm every day. This thought helped me take my first steps to a life free from daily abuse, and many years later, I became completely restored so that I could once again experience the joy of my human existence.

When you are experiencing depression, your energy vibration is low. You are in a tunnel and self-focused. Everything is weighed and measured by what you are feeling and whether you have enough emotional or mental energy to deal with a situation.

Although you may be a wonderful individual with a high energy vibration most of the time, the frequency of depression comes

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in around one hundred twenty to one hundred eighty. This vibrational frequency does not support the Miraculous; nor does it support a sense of love or connection with the Divine.

### **Protocols for Restoring the Mind to Balance after Depression**

#### ***Healing Low Mental Vibration***

Step 1 involves the process of clearing the seven layers of the aura one-by-one. When you are depressed, it is likely they are all black, grey, brown, or white.

#### ***Steps in Clearing the Aura***

1. Using kinesiology, identify the seven layers of the aura starting with the color of Layer 1, the layer closest to the body.
2. Clear the colors of the aura starting with Layer 1, pumping Gold Energy from the right hand into each layer.
3. Then proceed to Layer 2; identify its color, and so forth, until you reach Layer 7 of the aura, which is the outer edge, thus, identifying all layers of the aura and the current color of each.

Once you have cleared each aura layer and are now able to identify a primary color as the signature color for each one, you are ready to move to the next step.

4. Access the emotional timeline. Using kinesiology with the timeline extending back about nine lives, have all episodes and causes of depression appear on the time line as black dots.
5. Use a Golden shop vacuum to clean all dark areas related to depression issues. Using kinesiology, test to establish that the timeline is clear of black dots. Last, pulse a Golden wave, like a radio wave, back through the timeline, sealing up the healing.

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### ***Executing the DNA Obliteration Procedure***

Depression and mental illness run in families. It is very likely the deck is stacked against you and your brain is wired for depression because the tendency towards this disease is found in your DNA. So now is your opportunity to clear yourself of all related circumstances of depression and mental illness by using the DNA Obliteration process described in Chapter 2 and summarized below:

#### **1. *Clear the Five Brains***

Clear the five brains using the brain healing protocols for each brain, found in this chapter.

#### **2. *Clear the Respiratory System***

Remember that the process of breathing is linked to having the right to take up space on this planet. So, affirm, "I have a right to take up space."

#### **3. *Clear the Stomach:*** Do this using the pumping technique.

#### **4. *Last Steps:*** Execute **the DNA Family Bubble** procedure. Complete DNA resets, **and** seal with Gold Energy

Once you have successfully cleared the energy and frequency of depression, practice once or twice daily a Miraculous Living meditation. These meditations are designed to keep you clear, focused, and upbeat. *The Brilliant Brain* is a lovely healing mediation you might add to your practice once weekly until you are firmly established in your joyous mental health. If you have been depressed for a while, you may want to also improve your relationship with wealth and abundance, as that frequently suffers. There is a free seven-day introduction to the twenty-one-day course at the website, [www.miraculouslivingwealth.com](http://www.miraculouslivingwealth.com). *This website is* designed to lift the spirits and restore visitors to a positive energy field and mindset of joyful abundance.

So many of my students have raved about experiencing a sense of wellbeing and connectedness while they are in their

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twenty-one-day cycles that many choose to continue for two or three twenty-one-day cycles more, enjoying a return to joyful anticipation and active manifestation. This is a perfect course for you to take, after you have undergone these healings, as you are working on significantly shifting your frequency and energy field.

I believe in you. You can and will heal. Believe in yourself. Putting life into balance and removing the roadblocks to joy among the “downers” in life will make a great difference in how quickly you return to life.

As a side note, if you have been depressed a while, you may have gathered some unwanted spiritual parasites. Go to Chapter 29, “All Things Spiritual,” and test for unwanted energies; if you find them, clear them. Do this after you have done all of the above clearings. Restoring yourself to right-mindedness is much more important than clearing a few spiritual cockroaches. When you are restored, you will want to move forward by moving them out.

## **Successful Healing Results**

In a recent Miraculous Healing weekend, we saw how three men with traumatic brain injury experienced a profound and Miraculous Healing as a result of restoring the first and second brains. I have occasionally opened the Miraculous Living training up for interested participants to attend. Among those participants are noted authors, physicists, psychiatrists, and biblical scholars along with medical doctors and other professionals. A second type of guest also attends these open weekends, those with profound injury and illness.

## **Bill's Story**

Bill flew in from Phoenix, not really sure what he was getting into, but willing and ready to have his life get better. He was curious about the process I had described to him of healing with no pills, surgery, or other therapeutic methodology. He is the CEO of a company that promotes a wonderful stem-cell-inspired skin product.

Donald was the survivor of a brutal accident. He had 38 years of reduced brain function and unhappiness prior to attending the healing weekend.

You have already been introduced to the third man, my brother Marty, who flew into the Bay Area for the first time, not knowing what to expect but ready to receive any healing his body would accept.

Bill, a Vietnam veteran, was kind, interesting, and somewhat expressionless. The miracle happened in his first brain restoration. Post-traumatic stress had robbed Bill of his joy and appreciation for life. The trauma found in his First Brain was removed in the healings. Bill received the antidote for his post-traumatic stress, which, until the Miraculous Healing weekend, had caused him to live a life without joy.

A week after the healing sessions had ended, I received an

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excited and joyous call from Bill, as he had just experienced Disneyland with his grandchildren and could feel happiness and excitement for the first time in many years. He was not just providing an experience for the kids to enjoy; he was reliving his own elated feelings from a much younger time in his life. Now in his late sixties, having lived nearly fifty years in an emotional flat line, he declared, “I’m back!”

### **Donald and Marty’s Stories**

Donald’s story is an incredible story of pain and survival. A terrible accident thirty-six years ago left him with an extensive brain injury. He was also often in pain, unable to move his head from side-to-side. His days were filled with constant reminders of the accident and injuries he suffered long ago.

For Donald, his Fourth Brain restoration (right neocortex/creative brain) did the trick. It lifted him out of a life full of pain and into a life of ease of movement.

Marty had experienced an equally severe brain trauma. His release, however, came from the healing of the third left neo cortex/logical brain.

All three men—Bill, Donald, and Marty—have an incredible story to tell of post-traumatic-event brain cell growth. I tested their days of cellular growth throughout their brains and got readings of eighteen and nineteen days!

The men slept the first couple days, as their cells were growing rapidly. Lights started coming on and pathways, long shut down, were now opened, giving them access to movement, peace, ease, and joy; that is, a life renewed.

It has been a thrill to experience conversations with my brother; he sounds younger by the day and keeps telling me life is very, very good.

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