

Discovery Course with Julie Renee #3 Transcript

Okay, welcome back everyone. So, were you paying attention? I see someone said, "Hey, your video came up..." I said we're taking a break and there's going to be a video coming on. Okay, so we're going on to digestion and Cynthia had a nice question asking about working on enlightenment and that would be the Diamond Level Immersion Program because we do spiritual activities every single day. One of the things I'm so excited about the Immersion Program is that we're repairing and restoring the blueprint, and so in a group where the container of energy is really highly elevated, in the last days we actually -- I go into the field itself and you as a participant support that and we correct problems, like we bring light into the whole field of the body or we're in the actual blueprint itself and we're correcting, we're making the corrections of things that have been problematic; like we go into the detail of it. I realized that if I say these archons, they came in and they took away our inner vision, and so we went in and repaired the inner vision. So there was kind of a different race of beings that were not wanting us to have our clarity and our certainty. So we actually work on some of that. We also do Mantra and prayer and it's very growth producing. And I think the other thing is it gives you kind of a spiritual freedom and kind of an awakening experience. So that's the Diamond Immersion Program.

Okay, let's get started on digestion. I put digestion in to the Quantum Discovery Course because so many people have issues with their digestion. We think about digestion starting in the mouth, so the saliva glands are working well, we can actually masticate properly with our teeth and then we can swallow and then it can stay down the -- the valves are closing properly so you don't have indigestion, or burping, or regurge, or whatever. It goes into the stomach and processes properly and goes down into the colon and the large and small intestines and out the rectum. Also we want the liver, and the kidneys, the bladder, spleen and all that stuff being able to process -- the gall bladder being able to process whatever part of the process it's doing. So inevitably, most people if they've been on the planet for awhile would have had a problem with digestion somewhere and so we're going to start first of all by just clearing digestion itself and being able to digest the entire system and so let's start with that. And then we would do some regeneration this morning.

I think about digestion and I think -- you know there are things that we think about all the time when people say, "Oh, it's hard to digest..." "...that emotion is hard to digest." Or it's hard to swallow, it's hard to chew. They talk about things that aren't actual digestion. They're saying that something in life is hard to digest or hard to swallow, or something else. Sorry we just talked about relationships, so that's on my mind. Like someone dying or losing something important to you, or maybe not being able to graduate. So we associate that with difficult digestion.

Digestion is really soul contracts. Every pumping, we're just clearing the ability to have great digestion. That's the first thing we're doing – clearing the ability to have great digestion. We'll clear those hard to digest, difficult to swallow, difficult to chew – all that stuff, we'll clear that. Oh yeah and I was talking about the brain and the digestion, that there's a new train of thought, maybe it's an old train of thought that the digestion is really part of the brain on some level and so whatever is happening in the brain good or bad is happening in the digestion. I know people often come, especially women and this is really interesting and not necessarily digestion but they say that after their brain regeneration, their bladder works better. I think that's so funny. It's like something happens in the brain and also the bladder reboots and it works better. So, I love that. But understand that our thoughts influence how we digest and so we really much should be thinking about healthy digestion is healthy relationships, love being connected.

I was just down in the jungle and there were 9 women on kind of a retreat for a few days and I met a beautiful lady who runs marathons and clearly her digestion is not working for her. She looks a little bit like a -- she was in a bathing suit and looked a little bit like a starving person from a third world country. Her bones were sticking out and she was extremely thin and she did say that she had really difficult challenges with her digestion. Life is very difficult for her in many ways. And I can see that there were certain things in the way that her life was set up where she had so much stress in her life and she also was the kind of person who was kind of tough on herself. She's a beautiful lady. I really like her so I'm not criticizing at all, but I could see where she would be the kind of person that wouldn't ... and would kind of live stressed out. She was kind of wiry and stressed; just stressed

I just shared some ideas with her and she was saying, "Oh, it's going to be a bad year in real estate. I got to brace up for it..." And I was thinking that her choices in life and how she was talking about herself and her body and her life were really -- I don't know if it was causing the problems in digestion but it was certainly increasing or amplifying the problems. So that can be black magic when we say to ourselves life is going to be difficult, it's going to get harder, and she was talking about her digestion and she was saying, "Oh I'm not going to... this year and all that stuff. How many of you associate digestion and upset, like if you have an upset, your tummy bloats or you're constipated or whatever. And then there's a point where motility just doesn't work and things just slow down and stuff. So we can put so many thoughts into our digestion and actually cost our digestion to really slow down, become sluggish, and eventually not really work without laxatives or whatever which isn't really working.

How many of you digestion is an issue? You could just put a comment there like, "Yes. This is an issue for me." So I just know we're on the right track; that we should be really going for this and doing regeneration on the digestion. I know there's a time delay. You type and I will respond when you type. And again what we're pumping for is that we have the ability to have clear digestion, that we can digest easily and naturally with great ease and effortlessly. So we're clearing soul contracts, soul contracts of others affecting you negatively, demonic curses, black magic, group mind, group mind virus, traumatic episodes from past lives, emotions and DNA. Oh good, oh good. Thank you girls. "Yes. Yes. Yes. Yes." Okay, I'm happy. Yup, very good.

Okay, we're about 60% clear so just keep pumping here. I'm excited because in this part of the class which is very unusual, we're going to clear you and then we're going to start regeneration in this class. So we'll be -- oh good. Okay, so six people so far have said yes. So we'll actually be doing some regeneration in the digestion for you, in this class. It's just really magical.

By the way, if you're really interested in regeneration, you can go into the VIP Program, which is a one to one program. There's also the Golden Age Year of Miracles which is for people over 50 to come into. It's a yearlong program. It's three hours a month of regeneration, so you might like to look at that. And then the VIP Program is three months but it's one to one, so it's working directly with me. And today, we'll get you started on the regeneration in the digestion.

Yeah, Colleen. I see that this hard to digest, losing all of your inheritance and savings - that would be a natural response. It's like, "It's hard to digest so it's really upsetting to me..." Upset goes into digestion oftentimes which would be kind of a brain, it's a difficult process, so I totally get it.

Okay, so we're clear on the first clearing that we did. What we'll do is we'll start with regeneration on the small intestines because that's what I read to do first. So I'm going to explain to you what we're doing and you can just pump and I will direct the flow of what's happening. So pump everybody, everybody pump. If you come into the Apprentice Training, you'll learn it a little differently but it's fine the way we're going to do it.

So first of all we're going to work with the master cell. The cell in the small intestine that was with you seven days after your parents conceived you. We're going to get that cell up to 100% and then we're going to mirror that cell to all the surrounding cells. So I'm mirroring it. And then from there, we're going to start a cascade of new cell growth and we do that by using a program in the mitochondria. So first thing we're doing is you're pumping and I'm doing another hand movement just to amplify the field because we're doing a whole group, and I'm reading with this palm. This palm is up and I'm reading you, so I can feel what things are shifting, and I'm now working with the master cell. So it has the membrane, the nucleus, the absorption organelle, the elimination organelle, the DNA, the mitochondria, the light of the cell - all those things and all the little organelles are being brought up to 100%.

They exist in the human blueprint so they have already been there at 100% in the blueprint itself. It's kind of like the map or the blueprint of how it should be. And then we have the physical body of how it is and we're bringing the how it should be into physical form now. So we're bringing the blueprint up underneath and we're transforming that cell into 100%, that master cell. The reason that stem cells are so important is because they are the cells that program the body and the stem cells are the cells that teach the cells how to repopulate and regenerate. So we're working with the master cells which are the teachers of the stem cells even. And then the stem cells are the ones that grow new cells, so they're all the teacher cells. So you think about the Harvard Law professor of all the stem cells which are all professors - lower level professors in the body. And so we're working on that and we're bringing that master cell up -- overall as a group, we're about at 70% of the master cell in the small intestines. Very exciting!

Okay my dears. I'd be right back, A call came in. Interesting. Okay, thank you Sarah.

Okay, it's come up another 10 points already. We're at 80%. We're doing good. Some of you were really low, so you're probably feeling some movement or re-gurgling in your small intestines. I wouldn't be surprised if there is some movement in there. If there's not, that's okay too but I bet some of you are going *[makes grumbling sounds]*.

Okay, very good. We're at 98%. Fantastic! 100%. Yay! Fantastic. Alright, so the next thing we're going to do is mirror the master cell to the surrounding cells. Why don't we do that in a guided meditation?

If you'd just like to find yourself in a comfortable seated position with your spine erect and your feet on the floor, breathing in and out. Just allow your eyes to close. Drop a grounding cord from the base of the spine to the center of the earth. Make the grounding cord nice and wide. Set the grounding cord on release and begin to release any aggression from the body. Opening your feet to earth energy; bringing earth energy up through your feet, ankles, shins, calves, knees, thighs, out the hips and down the grounding cord. Bringing cosmic energy into the back of your head, one inch above where the spine meets the skull. Bringing cosmic energy into the back of your head, down your neck, and shoulders, arms, elbow, forearms, wrists, out the hands and fingertips. Bringing more of that cosmic energy down through your back channels, down through your hips, looping up through the belly, through the chest, through the neck, through the head, fountaining out the top of the head like a beautiful Italian fountain bathing and cleansing your aura. Pull your Aura into 18 inches around your body.

Sitting in the center of the head, looking out at your view screen and looking at this one master cell; the cell is now in a perfected state. It's at 100%. And it's so okay if you don't have a vision of it or if you do have a vision of it, either way is fine. It's going to work. So you're looking at the master cell. The nice, cleaned up membrane, nucleus, absorption organelle, elimination organelle, mitochondria, DNA - looking at all of that. And in the mitochondria is the program for regeneration. Just pushing on -- like the mitochondria is like a little caterpillar crawling on the inside of the membrane, maybe at the bottom of the membrane, you can see it. That's like a caterpillar and you want to just maybe imagine giving it a little tickle in its belly. Push at it with your finger and see the caterpillar giggling, releasing a whole bunch of new cells. So essentially we're pushing on a program in the mitochondria and its beginning the release, the cascade of new cell growth.

And at the same time that these new cells are growing, the master cell itself is now becoming a mirror and all the little stem cells surrounding it are having a chance to go up to the mirror and adjust to look just like the master cell. So all the stem cells are now getting that mirroring technique and so they're all coming up and functioning at a higher rate.

And then finally, we're also flooding the light of the cell and that's like the spirit of the cell. Light just flooding into the small intestines and into all the master cell, the stem cells, and all the cells of the small intestines are now being flooded with light, the light of the cell. The light is being turned back on and the light is for regeneration. It actually doesn't even come on when you're generating. In Genesis, there's a different process for regeneration. We use the light of the cell. It's kind of like the spirit of the cell. You're doing a great job. Continue to just see the cell amplified. Just allow that to happen for a minute or two, mirroring the light of the cell, the cascade of new cell growth. You're feeling very wonderful.

I'd like you now to imagine the quantum pleasure field is surrounding you and you can feel that pulsing on the outer edge of the Aura from this beautiful quantum pleasure field. Beautiful! And now it's permeating your Aura. So that quantum pleasure field is now pulsing into your aura and it's just really going right through your Aura and it's part of your Aura now. So

it's surrounding you, it's pulsing the edge of the Aura and that it's now moving into the Aura. And now it's at your skin; it's at the surface of your skin, this quantum pleasure field. And now we're feeling it actually even permeating the skin and then going all the way in, maybe like honey on white bread and how that soaks in all the way deep, all the way through. And so now the quantum pleasure field is now part of your internal makeup. All the molecules of you are vibrating at this very high vibration. Very wonderful! And you're just part of that pleasure field. You might be feeling tingly, excited. You might be feeling very happy, very warm. Beautiful, beautiful!

Alright and then feeling your feet, feeling your hands, feeling your spirit filling out your feet and hands and filling out your legs, and arms, torso, neck, and the head, and feeling very wonderful, coming back into the room. May it be with the blessings of the Supreme Being that this regeneration process be complete. May be the entire world be filled with radiant health, vitality, abundance, joy and peace. Tathaastu. So be it.

And welcome back! And I'd love to hear from some of you on how that was, how that felt. What's happening? Are you gurgling? Do you feel light in your small intestines? Let's find out what's going on. Very exciting! When we started, my intestines started gurgling, so that's wonderful. And I know there was some pressure; I felt some pressure, and then some gurgling, and then a lot of light especially when the pleasure field was surrounding us. I felt so much light and really supported by the universe. So go ahead and put your comments in the chat box and let's find out how you felt.

Oh, good question Lou. "How long does it stay?" Oh I see we do have some questions. Linda, "Could you explain more about curses?" Sure and then we'll go to Lou's question. So first of all, there are two kinds of curses - one is demonic curses which doesn't really have much to do with you and then the second is curses from others. You know I worked with a woman from the Kaka Islands; a beautiful lady. She's very unhappy with her husband. He cheated on her a couple of years before and everyday they would have a fight and she would yell at him and wish him poor. She would like wish him badly. And when we were clearing curses on her, she said "Where are these curses all coming from?" And it turns out, they were yelling at each other and whenever you have a conflict, if you're saying something like I wish something unkind to you, that's a curse. So you always want to say, "Oh, poor person. They're going through a difficult moment. I hope they get better real soon..." or "God bless you..." which is what I do when crazy people drive in front of me with their poor car driving habits. I just go, "Oh, God bless you. May you get home safely." I do that, instead of "You're a terrible person and a terrible driver." So understand that thought forms are part of the field of amplification and when you put out thought forms, they become things. So that's where curses come from primarily. Not the ... like witchcraft kind of stuff. It's more of just things that we say.

The things that we clear are cleared permanently; however, you can bring in new things as you go about your day and you agree with people, so you might want to do the clearings more than once. But the things that we are clearing are cleared permanently. And then with the regeneration, it's going to take -- let's see, you're going to be growing back new cells for 62 days, I read from most of you with your small intestines. So then you'll check on where the intestines are in 62 days and you might do the regeneration again. So you might want to revisit this lesson and work on the regeneration again. It will go up to a certain point and then you can

push it up to the next level. So with intestines, I find that there's a lot going on in your emotions, in your mental body and sometimes it's going to take three or four regeneration to get it really to hold at a higher level. There are many things involved with the intestines also. The nervous system would be another thing to regenerate and then the little phalangeal and the little things that move the stool through. There's a lot of stuff, so motility sometimes is damaged.

Oh good, "Feeling lighter." That's great. Okay, so that was the curse question. "How long does it stay?" We answered that. "Feeling light, loose. Feeling right around the heart and intestines feeling lighter." Beautiful! Cynthia, "During the meditation, I was keenly aware of wonderful vibrations around me and since the first session, my sense of gratitude has increased daily." Beautiful! Dolores, "I don't have enough digested enzymes linked to I don't have enough money to participate in life experiences I would like to experience. There's also a strong emotion of why bother which was dampening my zest for life and my digestive enzymes and also related to past lives." Interesting. So you've really thought about this Dolores. I could see that you put two and two together. So that's one of the things about group mind is 'why bother' or 'why work on myself?' or 'things are never really going to change.' You got to clear all that stuff out because you can live many, many more years, enjoy happiness and full self-expression, and full function. So, it's worth it. It's worth it to grow younger. You see pictures of me from 10 years ago and you see me now. I've got a little summer cold but I look 10 years younger than I did 10 years ago. Understand that we can grow younger. We can grow younger, so it's definitely worth it. But you want to clear the group mind, group mind virus and the hopelessness and say I can have a better life. I could experience full self-expression. I could experience my body functioning much better.

Okay, so Dina says, "Wow, I woke up with stomach issues and now I feel great. During meditation, body felt warm and peaceful vibrations surrounding me. Thank you so much. I'm so grateful for this class." Fantastic! Linda, "I have been concerned about being cursed by an ex. How can I clear this?" And Sara is saying, "Light." Fantastic!

Curses from the ex, you can do the pump to clear the curses but i would also recommend you do the Karma Clearing which is clearing the cords, contracts, agreements, and energy because that will disconnect you and then you can do the pump. You can do that every day for a month or two; just clearing any curses that have come in from the ex. And if you have a feeling that you have curses coming in from the ex, very likely that is the case.

The fellow that I told you about in the love section definitely was sending me negative stuff for about six months because we broke up and he thought we were just going to continue. We just weren't going to get married. And I was like, "No. I'm not in agreement to that." So I had him move out and he was telling people, "Oh no, we're just taking a break. We're getting back together..." and I was like, "Oh no, we're not." So once it finally dawned on him that we weren't going to get back together, he was upset and he was sending negative stuff at me for quite awhile and I continued to clear it. It ends at some point but I think the Karma Clearing you could do. You lessen their field. And one of the other things if it's really bad is you could move locations. If they were really grounded in your location, you could change where you live. So that might also be a choice. Hang on one second. I'd be right back.

Now I don't think it's a great idea to have to move, but if they really can psychically tune in to where your bed is, or where your sofa is, or wherever you spend your time, your office, it sometimes helps to move the furniture or actually literally move environments because they as a spirit are finding you in the location that they had gotten used to you being in. So sometimes it's good to move too.

Okay, next, "Light." Okay, good. We're all caught up then. Just keep pumping. We're working on digestion and let's clear emotions around digestion. Let's really go to work on emotional programs and DNA. So let's see if we can do some good work now in things that are upsetting, relationship stuff, money stuff on digestion. Also I think we could maybe look at enzymes. Enzymes are often programmed typically from the brain, so how much you have, how many enzymes you have is coming from that. Is the brain working well? Is it telling the body what to do in a timely fashion? So we can work on that also. So let's just pump.

Adrian wants to know, "What foods or exercise my body desires more clearly?" Let's see here. Adrian, it looks like your body really likes exercise. I wonder if you're getting the exercise, because it wants to move, the muscles wants to be used, and the body wants to be expressed that way. It looks like food is like a science for you and you can only eat like 50% of the food that you actually are eating, so it looks like you have food allergies or sensitivities and that looks like kind of a puzzle. That would be something to bring into like the VIP Mentoring Program. That's definitely something that we work out in your sessions, after we've done the brain regeneration is we do for the people who have those issues, we work on really getting the digestion working better and then also aligning with the foods that are going to support the digestion. So that would be a good idea but it looks like your body really loves exercise and it looks like you are eating foods that probably isn't really supporting you. I think as a general rule, most people are sensitive to dairy and gluten. I think that that's kind of pretty much across the board, especially if you have digestive issues. Stimulants and chemicals aren't good, so processed food isn't good either. Oh you're welcome. Yeah.

So again what we're doing is we're working on removing negative emotions affecting digestion and really working on bringing more ease and happiness into the digestion - so emotions and DNA, things that are programmed in bringing emotions around money problems, or relationship problems, or success issues and that kind of stuff. And then also at the same time, we're working on improving the enzymes activity from the brain through the digestive tract; so the stomach and even the mouth. Understand that -- and some of you might not know this, but actually masticating and chewing your food stimulates the saliva and the saliva is like 30% of the breakdown of the food happens in the mouth. A lot of people don't really chew the food so the saliva doesn't get into the food itself and so then you've missed one step and you've thrown kind of undigested, unprocessed food down into the stomach. So now the stomach is having to do like double duty because you're not getting enough saliva into the food. So the saliva is there to help breakdown the food, so you want to make sure that you really chew the food and that your saliva glands are working good.

Okay, Linda asked a question about sleep and we're on the digestive process right now, so sleep wouldn't be the thing that we're working on, but I will look at it. I wonder is sleep might be included in next week's class. I'd have to check. I'm not sure. The first things that I check for with sleep are the adrenals and the pineal gland. Your pineal gland is at 20% so it's not working,

which means your body isn't really releasing natural melatonin. And then the second thing is the adrenals; are they on overdrive and do you have a lot of stress in the body? Your right adrenal, 50% and your left adrenal, 20%. So those two factors already indicate that you wouldn't sleep - the adrenals and the pineal gland. And then there's another thing I see in a lot of people that have sleep issues are in the field of amplification, we talked about demonic curses and soul contracts, soul contracts of others affecting you negatively, and you have issues in that area also. Let's see, and then spiritual parasites. It does look like there are some beings, they're called transmortals and they're from the demonic world that also kind of take over and don't allow the healing to take place or you to get sleep. So those look like the factors that would need to be cleared in the sleep process for you.

Okay, "A few male friends who are unavailable tell me that I'm their soul mate, but I'm not interested in a relationship with them. Can projections be blocking my soul mate from coming in? Sometimes, this causes me stomach issues like a nervous stomach. Can these clear these projections they are trying to place on me?" Understand that you can actually validate that by saying, "Oh yeah, we probably are from the same soul family and we probably have had lifetimes together that worked but in this lifetime, I'm looking for a deeper level of connection that I have with you. And you are not available and so yes, we possibly were in the same soul family and yes, we probably had that connection in another life, but I have no interest in pursuing it with you because you're not available and I am looking for an even yet a deeper level." So I think that just by understanding, yeah you're probably right, but in this lifetime I'm looking for something different than you. It already changes the environment.

You know the nervous stomach might be that they put cords into you. I would double check on that - cords, contracts, agreements, and energy. But I think you being clear not going there might be true. The one thing that they're looking for is a validation that the feeling they feel about you is real and when you say, "Yeah. I think you're right. I think that in the past life, we came from the same soul family and we experienced love together. Yeah, I think you're right and you're not available in this lifetime so that means for me, I'll have a soul mate who's in a body who's available for me. Not a soul mate who's in a body and not available for me. That's not my soul mate." So I think being really clear and identifying that to them or just for yourself, it kind of cuts off that projection. You can also pump it away. You can pump the projection away.

On some level it's black magic in a way, so it's what you're saying about yourself and what they're saying about themselves. So you could clear the black magic by pumping and that also works. I think the one thing is if you're fighting it or you're pushing it like, "No, no..." You're pushing at it, then it seems to get in your space and embeds and causes a problem. If you're like, "Oh yeah, that's probably true but not in this lifetime..." in the way that you've come in. So then you're validating it rather than fighting against it and you're saying, "No, I'm actually going for this different thing in this lifetime but I appreciate the love that you gave me in the last life..." or whatever. I think that that would be really helpful and like I said, you can pump away the black magic, things that are said. Typically the black magic is from you but sometimes it's from others, so it could be from them too, but you could pump it away.

Okay, at Amy, "What is transmortals?" They are a being that comes from the demonic realm and I have always described them as like big, mean teenage boys. They're mischievous. They put wormholes between their dimension and ours and into our bodies and things like that, and

we could just clear them with some techniques. The transmortals are a little bit harder; they're big, so this technique is really good. By the way, this training about transmortals is in the No Ghosts Training that you could get on the Website. It has all the different descriptions of everything; all the different spiritual parasites. So this twisting doorknob thing could get rid of the wormholes and you could pump, or you could chop, or you could twist on getting rid of them. They're spiritual parasites essentially, yeah.

"Is there something we can affirm to not parasitic attachments to..." I don't know what that is. I can't understand the typing. Dina, "Thank you. Thank you. Thank you. That was very helpful." Yay! "Extremely helpful. Thank you."

Okay my dears, we're going to sign off in just a minute. I'm doing an interview. We squeezed in a 2-hour session this morning and I just sign off a couple minutes early tonight to do the interview. Yeah, so you'll get an announcement this morning on the interview that I'm doing. I just want to tell you how much I love and appreciate you. We'll be back next week for or next class, our final class I just want you to know how much I love and appreciate you. Pump. Keep pumping all week, you can pump. And I am hoping that you're seeing some really great transformations as a result of doing this discovery class. I love you so much I appreciate you. Thank you. God Bless you. Have a beautiful, beautiful week. I'll be reading all the comments; my team sends me comments. I'm going to sign off for now and I will see you next week. God bless you. Love you. Bye-bye!