

Essence

Restoring Spirit, Soul. Life Force and Divine Connection

Essence Curriculum

- * Session One Retrieval of missing parts of spirit~ bring parts of spirit back, restore light to body improve to 100% spirit in body connection.
- * Session Two Increasing life force to 100% ~ return to dynamic energy ~ kundalini boost and balance
- * Session Three Soul the chalice of the spirit repair ~ The protective chalice of spirit, repaired and restored soul
- * **Session Four Your Higher Self Restoring your connection**





*Restoring your divine connection
and integration of high self*

‘Spirit is mutable with an expansive nature. The part of spirit that has all the wisdom of every lifetime is ‘high self’ while the part of spirit that has come into body as an infant has only bits and pieces of the entirety of wisdom gleaned from many incarnations .’



Discovering Your Essential Nature and Divine Connection

- **Your Essential Nature:**
 - a. The entirety of your spiritual knowledge and awareness
 - b. Consists of our High Self and what we call our Spirit which is actually about 8% of collective knowledge from previous life times in incarnate and associated with our human body. Our present experience is a condensed version of our full being.
- **Divine Connection:**
 - Connection with source energy including the quantum pleasure field
 - Connection with Supreme Being and Other Avatars, Buddha, Quan Yin, Jesus, Mary, Krishna and all the Divine Beings who bless and guide Humanity

High self and Divine Connection

Divine Connection is experienced through the crown chakra, at the top of the head as well as through the etheric body and spirit ~ this connection may cause tingles or goose bumps in the physical body.

We experience downloads of our own High Self direction and guidance from center of head, meditation is a wonderful access point for gleaning your own wisdom and integrating higher levels of knowledge and awareness from your spirit journey

Etheric body is essentially what we refer to as perception. It is the thought forms emotions and energy that is you even before spirit

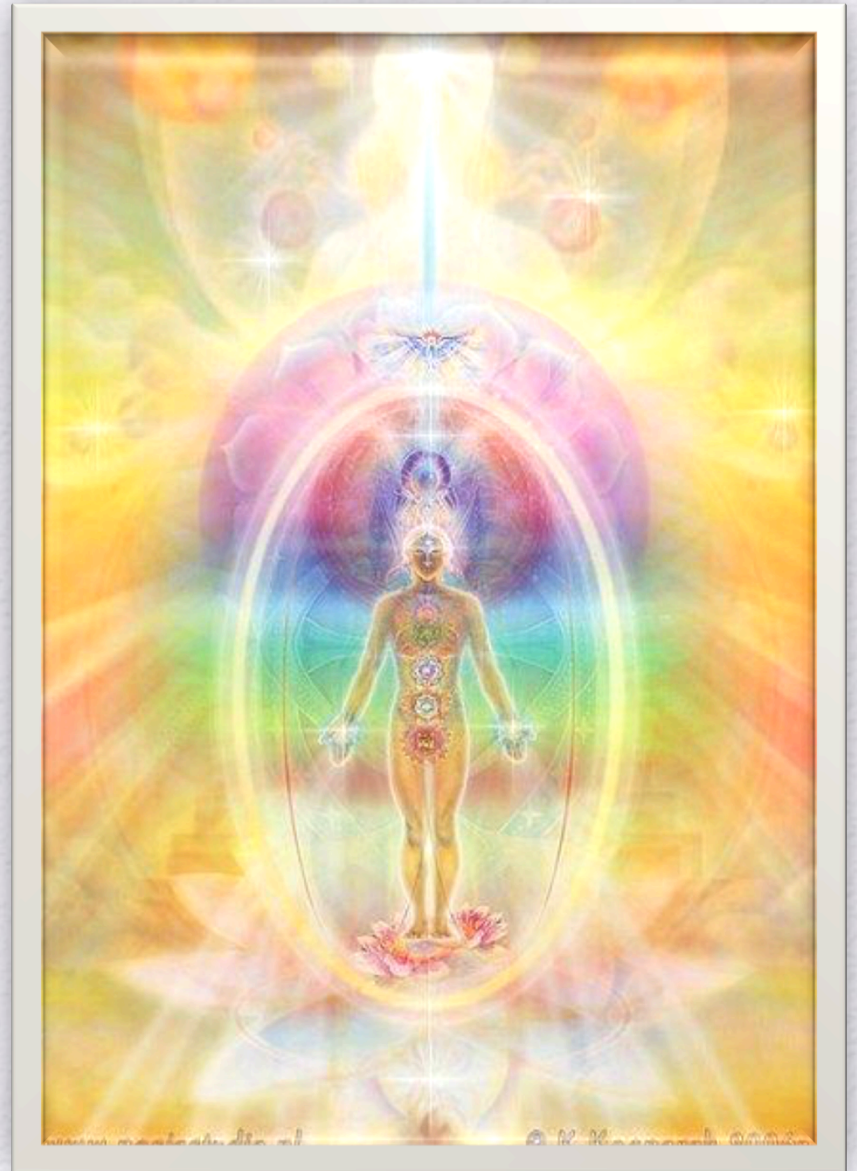
**The Clearings for
improving connection
of High Self, Divine
Connection and
guidance from
Supreme Being and
Avatars/Divine Beings**

Amplification

Perception

Emotions

DNA/Bloodline



The Clearings

High Self

- **Amplification**
- Lucifer Stops
- Cycles
- Repeating 'failure behaviors' life time after lifetime
- Timeline ~ time bomb
- **Perception**
- Black Magic
- Atheist thought forms

Divine Connection

- **Amplification**
- Lucifer Stop
- Evil spirit curses
- Cycles
- Timeline
- **Perception**
- Black magic
- Trauma
- Atheist thought forms
- **Bloodline**

High Self Reunion

Opening to Divine Wisdom



Integrating Your Essential Nature

You have now experienced the retrieval and reestablished spirit

Had dramatic improvements in Life force and Pranna

Experienced the Soul improved to 100% both in the Human Blueprint and your own

unique design

And now we have awakened your awareness of High Self, and Divine Connection

What's next?

Integration Meditation

***Essence:
Your Essential
Nature
Restored***



Sustaining Your Essence

Outer Actions

- Live
- Pursue growth
- Vibrate as often as possible at Joy
- Pursue Enlightenment and Illumination

Inner Actions

- Daily Meditation
- Harmonize your body with the natural world
- Discipline your imagination
- Remove energies and entities that are not you

Next Steps

You have just begun to work deeply in the quantum field and human blueprint, you are building momentum for transformation and growth....



Essence

Recommended:

Diamond Level Immersion and VIP Mentoring Program

Your Divine Human Blue Print Book

100% You Course & Book ~ Perception & Overall Blueprint

Quantum Healing Secrets ~ Body