Chapter 3: The Process of Cellular Neo-Genesis

All Is Found

Just when I think that all is lost And there's nothing more that I can do When the pain in my heart gets too great And I feel that I will explode,

When all is lost and hope is nowhere And I find myself screaming in terror I find my depth, my center, my light While surrendering to my soul.

Grace finds a way to melt away the tears And a soothing gentle trust reappears.

When all is calm and I find myself at one, When chaos is transformed into clarity, I find my depth, my center, my light, While surrendering to my soul

The foundation of regeneration in the Miraculous Healing program is, specifically, the regeneration of the master cell. Without the ability to either entirely re-establishes a cell that is missing, in all its glory, or to massively improve the health of the existing but sick master cell, we could not then regenerate the glands and organs. Our healing requires that the basic structure and health of the cell be sound and true. We create new life in the larger organ or gland by making one cell perfect, whole, complete, and healthy. When one cell is well, the surrounding cells can now match its perfect health and rise up to wholeness once again. If the master cell has been surgically removed, then our job is to activate the Human Blueprint and cause the cell to reappear in its perfected health. and literally, we will literally progress over time to grow back the surrounding cells through the activation of the Human Blueprint.

The blueprint for a lizard's tail exists whether the tail is there or has been bitten off (in which case, the lizard will regrow its tail).

Why would we not have the same capacity? We come equipped with a reptilian brain, why would regeneration be reserved just for lizards?

Growing back cells is an exciting process. After Cellular Neo-Genesis, you must just rest enough and drink plenty of clean water and have proper nourishment to have cell growth for many days to come.

When Martin attended the One Hundred Percent Healthy Immersion weekend, he needed a lot of healing. As we did hours and hours of concentrated Cellular Neo-Genesis on the brain, nervous system, and endocrine system, a remarkable thing happened. His body got into a Miraculous state and began to radically transform in other areas. As we got to the third day of healing, his dark purple, angry scars had faded away. We did not specifically work on his feet, but lo and behold, after a healing of the nervous system and brain, he could feel his feet, and the overwhelming pain in his body disappeared.

When you are fortunate to get into a deep supportive space of healing (such as that in our Miraculous weekends) or some intensive one-to-one time with a master healer, your body is literally able to regenerate at a rapid pace. Once you have turned the corner from illness to health, these same regeneration tools can restore your youthful vibrancy and appearance.

Annabelle, now a radiant Quantum Immersion program graduates at age sixty-five, claims that a rejuvenating effect overcame her in her first weekend. Months later, she was looking twenty years younger, and after some effort, her eyes were restored to having clear, focused vision. This is a direct result of Cellular Neo-Genesis.

I believe this is one of the most important healing concepts for restoring health and reversing aging. In the years to come, products and potions, as well as cosmetic surgery, will play second fiddle to our deep inner work that restores and regenerates you.

Then the question will be, "What age of body do I want to live in? If I live four hundred years, do I want to live in a thirty-two or a forty-two year-old body?" And eventually even that conversation falls away, as we choose to live in our most healthy, radiantly beautiful, strong or fit body.

In the following pages, I reveal the secret formula for youth, health, and vitality. You will want to read the instructional chapters over many times to allow them to become part of your new longevity information.

If this touches your heart and you want to go deeper, come study and work with me. The technology revolution has already had its heyday. We are revealing the new way. Longevity and vitality are the wave of the future, and we provide the most complete guidance to restoring your wellness and vitality.

What Is Cellular Neo-Genesis?

Cellular Neo-Genesis is the process that is initiated by rebuilding/restoring a

"stem" or master cell in order to generate new, healthy cells. Cellular Neo-Genesis can be, and is, performed on nearly all body systems, glands, and organs, with the exception of bones or carrier fluid.

Preparation

- 1. *Connect with the Divine* to raise your energy vibration above the state of unconditional love, which is 500 on the kinesiology scale of human expression.
- 2. *Identify the area of illness:* For example, ask the body for the first place to address. You may be presented with any number of steps (from five to more than one hundred) to prepare the body for a successful cellular neo-genesis. If you skip the preparation work, you will have a less effective result.

Examples of preparation for cellular neo-genesis (a partial list):

- · Chakra activation
- · Aura healing
- Deprogramming of death energy
- Restoring life-force
- Restoring spirit body access portal
- Activating the "Miraculous System" (for women it is located in front of their womb)
- Improving function of affected area, e.g., from twenty percent function to ninety percent function
- Removing memes (group-mind thoughts) that lock illness into the mental body
- Removing from the mental body any wins or benefits of staying in the illness
- Correcting other areas of the physical body that support the area you are healing

If a person is very ill, you still have to clear away old DNA programming and prepare for new growth. Trying to grow new cells without this step is useless. Without proper preparation and clearing, you would be growing new cells into a death pattern.

For example, had I not cleared the DNA of fear and anxiety patterns from Julie, she never would have been able to hold the healing in her restored nervous system. She would also not have been able to permanently hold a healing of the anxiety and panic that she had struggled with her entire life.

Once you have thoroughly prepared the body for new cellular growth, proceed to the next steps, as follows:

- 3. **Secured "Master Cell":** Connect the master cell in the affected area to its divine state. You can do this either by connecting it to God or the scientific expression of truth. They are the same.
- 4. *Cellular Membrane Neo-Genesis:* Observe the membrane. Notice the color and strength. When a cell is sick, it will appear grey, black, white, or brown.
- 5. *Golden Halo Activation:* Activate the Golden Rings over your head and run Gold Energy down into the back of the head through the spirit body portal, one inch above where the spine meets the skull. Bring this Gold Energy through the right shoulder and down through the right hand, sending Gold Energy out your fingertips.

Direct the Gold Energy to the membrane (outer skin of the cell). Continue applying Gold Energy to the membrane until the color shifts to a color from the light spectrum—colors of brilliance versus colors containing gray and black. The membrane serves to gather environmental information, and to encompass and contain the cell.

6. *Nucleus of a specific cell or grouping of cells Neo-Genesis:*Observe whether the nucleus still exists in the compromised cell. If it does, identify the color and percentage of function.

(About eight percent of the time, the cellular nucleus is entirely gone. About ninety-two percent of the time, there is at least some small amount of the nucleus remaining. Disease and toxicity are the cause of missing nucleaus.)

Procedure for Restoring an Existing, but Low-Functioning, Nucleus:

- a. Observe the nucleus; is it grey, black, brown, or white? What is its percentage of functionality?
- b. Run Gold Energy, as explained above, into the nucleus until you are reading one hundred percent functionality and can see that the cell has a light-spectrum color.
- 7. Absorption Organelle in a specific cell or group of cells Neo-Genesis: The absorption organelle serves as the "stomach" of the cell and allows nutrients to enter and nourish the cell.

Observe whether the absorption organelle still exists in the

compromised cell. If it does, identify the color and percentage of function. About three percent of the time, the absorption organelle is entirely gone. About ninety-seven percent of the time, there is at least some small remnant of the absorption organelle remaining.

Procedure for restoring a missing absorption organelle:

Pump Gold Energy to the place where the absorption organelle used to exist. The blueprint of the absorption organelle continues to exist in the physical body; directing Gold Energy allows it to reappear as a functional organelle.

8. *Elimination Organelle/Neo-Genesis:* Observe whether the elimination organelle still exists in this compromised cell. If it does, identify the color and percentage of function. About five percent of the time, the elimination organelle is entirely gone. About ninety five percent of the time, there is at least some small remnant of the elimination organelle remaining.

Procedure for restoring an existing low-functioning elimination organelle:

- a. Observe the color of the elimination organelle; is it grey, black, brown, or white? What is its percentage of functionality?
- b. Direct Gold Energy into the elimination organelle until you can read full functionality and see a light-spectrum color.

Procedure for Restoring a Missing Elimination Organelle

Pump Gold Energy to the place where the elimination organelle used to exist. The blueprint of the nucleus continues to exist in the physical body. Directing Gold Energy allows it to reappear as a functional organelle.

9. *DNA Strand Neo-Genesis:* Seventy-eight percent of the time, the DNA strand is in one piece in the cell. A missing DNA strand in the cell happens about three percent of the time. The severity of the illness can be comprehended by the amount of breaks in the DNA cell; nineteen percent of the time, the DNA is damaged.

If the DNA strand is intact, do nothing to it; leave it alone.

Note that healing recessive DNA programs is a separate and unique procedure covered in the *Quantum Activation Immersion* program. The process we cover here applies to the cell DNA organelle itself. We are restoring the physical health and structure of the organelle.

10. *DNA Neo-Genesis Repair:* Observe the number of breaks in the DNA strand. Place yourself in the cell and pull each broken piece of the strand to connect with its matching piece. Plug each broken piece into the appropriate matching end until all pieces are reattached. Once you have connected all broken pieces, seal the strand up and restore it to its God state by pouring a golden liquid or golden energy what ever is easy for you to imagine in your minds eye, from the top of the strand to the bottom of the strand. (Pumping Gold healing energy also works, but it takes longer. Pump Gold Energy only if you are not able to do the pouring of Golden liquid process.)

For me, the phenomenon of DNA repair is both challenging and fun. In the last step, I ride the Golden liquid down the spiral DNA strand like a water slide. When I slide off the end of the DNA, I know the process is complete. The water slide process isn't necessary in this step. However, it is a joyful and fun movement in this otherwise surgical procedure.

If your frequency vibration is under 700, do not do this; it will leave a heavy and unpleasant feeling in the DNA.

DNA Neo-Genesis Restoration: Direct Gold Energy through the right hand to the location of the former DNA strand. The blueprint for the original DNA strand will begin to resurface until the strand is fully restored. Restoring a DNA strand takes time and a lot of Gold Energy. Be patient and continue until the restoration is fully complete.

- 11. Light of Cell Illumination: Each cell, when healthy, has light resembling the Light of the Spirit in the human body. This light animates and feeds the cell. The light in our cells is like Human Spirit when it animates a human body. The cell can be alive without the light and continue unanimated for a short period of time, just as the body without spirit can continue unanimated. Without spirit, we call the body dead and bury or cremate it. Our interpretation, and rightly so, is that the body does not continue to live without spirit. A person in a coma that is unanimated by spirit is casually referred to as a vegetable. Over time, if the spirit is unable to get back into its body and if life support is removed, the physical body will cease to exist.
 - Amplify Gold light in the cell
 - Mirror the healthy cell to all cells in the area with Gold Energy

12. Mirroring:

- Once you have mirrored the healthy master cell to all other cells in the body, flood Gold Energy into the master cell to enhance the process
- Measure the percentage of cells improved by the process, and you will discover that seventy to one hundred percent of the cells have just been upgraded. Anything above seventy percent is considered a good percentage for healing

Cellular Neo-Genesis is considered to be a powerful spiritual upgrade. The process of new cell growth will continue for several days.

What to know and disclose: It is important to mention what to expect during the growth period following your Cellular Neo-Genesis treatment (to those receiving the healing) so that people will not be surprised.

Remember being a child and having a growth spurt? Your legs ached as you grew an inch in two days. Similarly, the Cellular Neo-Genesis treatment begins a growth spurt of healthy cells replacing sick and dead cells.

- The area may ache
- You may be tired and sleepy. The cells grow when you are asleep.
 The body will naturally want the new cell growth, so you will feel good but need a lot of rest for up to seventy-twi hours after treatment
- Occasionally, the body will warm slightly while the cells are growing
- Hydration and good nutrition help the process. If you choose to go out and party, drink alcohol, or somehow contaminate your body while you are in the Neo-Genesis process, you will revert to where you were prior to the healing. You are telling the body you are unable to care for the new state of wellness, and it will return to its aging and "death" cycle. NO alcohol, pain medications, or recreational drugs after regeneration. The limitation is at least for the duration of regeneration as alcohol and pain medications kill cells, telling the body to shut down or completely turn off the regeneration of new cells.

Jody and William's Story

For example, Jody and William (names changed because they definitely learned a lesson from their mistake) had scheduled three hours of healing together. They were excited to get started and squeezed their sessions into their busy schedules.

After some very, very deep work including several cell regenerations, I

completed my healing activities with them. I recommended that they have a light meal, drink lots of clean water, and go to bed early, as the Cellular Neo-Genesis process was in full force. They told me they would do what they could, but they already had evening plans. They were out past one in the morning, and though visiting with friends was wonderful, they both experienced a tremendous drop off in their new cell growth. Later they confided to me they had really regretted going out and since then have always created time to incorporate the sessions fully into their schedules.

To really amplify the time your cells regenerate, you also want to add in the meditations found in the rejuvenation section of meditations on JulieRenee.com. These are specifically designed to lower the cellular stress you accumulate during the day as well as clear your energy channels. Through a very specific sequence of spiritual clearings, your body is perfectly retuned morning and night, providing you with the best possible environment for regeneration.

I occasionally hear people in the one-to-one healing sessions tell me they meditated this week. My response is "Great, which one (which meditation)?" They often say they used some other technique. Meditations are not all the same, however. The specific sequences you progress through (or not) during a meditation make a huge difference in your body's ability to regenerate and for you to move forward.

Think of it like this: it would be like taking the directions you received on how to operate your Blackberry smart phone and, instead, using those same directions to help you learn use your new MacBook Pro. You would never think that was going to work, right? They are great directions for the Blackberry but are useless for the Apple computer.

Another step I highly recommend in the days following a Neo-Genesis healing is for people (healing recipients) to be amid nature as much as possible, relaxed and unplugged from the stressors of life. I often find that people who are in need of this healing are out of touch with their natural rhythms, so suggesting that they listen to what their body is telling them may, to them, be a puzzling instruction. Being in nature, without the stressful influence of technology and being away from work/family will allow healing recipients to sink into the rhythms of the natural world. In time, they may place a greater priority on self-understanding, so being amid nature consciously is an excellent beginning.

Heidi's Story

Using the mind to assist in progression of a healing is fundamental. Heidi is such a great example of positive self- talk. A few months back, Heidi received

word from her medical practitioner that she had stage 4, untreatable lung cancer.

When Heidi and I met, she felt she would die soon and was winding down her life. At her first healing weekend, Heidi was able to experience a complete healing of the death energy and group mind that was causing her to experience the hopelessness of her situation. Since then, Heidi's vibrational se point and attitude have improved dramatically. She is alive and well, and it is blowing her doctors' minds that she appears to be living rather than dying. Heidi is getting better!

Miraculous Healing, which I refer to as Cellular Quantum Mechanics, can be sudden and instant, but more often, it is gradual and happens over a period of days, weeks, or even months. This is not a magic show, or even a science fiction thriller—the process of regeneration is beautiful, amazing, and extraordinary.

Think of your healing in comparison to a fast-food restaurant. You get what you pay for. If what you order is a hamburger, fries, and a coke, you'll get that pretty fast. However, if you go to a five-star restaurant and order a seven-course meal, you will have the experience of a lifetime and enjoy every wonderful treat as it appears before you. Your meal will just keep getting better until you are satiated.

Cellular Quantum Mechanics, or Cellular Neo-Genesis, is the crème de la crème of healings as it is more than a 'healing' it is an activation of your good health.

The journey of healing will also support you in discovering which of your actions, thoughts, and behaviors have allowed illness and aging to take root and will provide the time for you to shift and grow. Your miracle will start today and continue for the rest of your life!

The beauty of the Cellular Neo-Genesis process is that it is efficient and provides all kinds of positive, lasting effects for the recipient.

Western medicine sometimes when known discloses the side effects and possible complications of drugs and procedures. Here is the Quantum Activations disclosure for the procedure of Cellular Neo-Genesis.

What clients report after undergoing Cellular Neo-Genesis:

- More energy and often more physical strength
- Improved health and vitality, often needing rest for the first 36 hours;

however, there is no "tired feeling," just a strong awareness the body wants to rest

- Noticeable improvement in mood and, occasionally, a few days of euphoric bliss
- Calm and peace in the nervous system
- Compromised glands and organs return to full function
- Heart normalizes, blood pressure issues often dissolve
- Breath becomes deeper
- Scar tissue is reduced or entirely disappears
- Neurotransmitters return to high function
- Dramatically improved brain chemistry
- Improved memory and mental clarity
- Improved muscle tone
- Improved skin, both the disappearance of rashes and the plumping, rosy, healthy appearance of the tissue
- Improved vision and a host of many additional bonuses based on the location of the Cellular Neo-Genesis

Every day, I use the extraordinary process of Cellular Neo- Genesis to assist my clients and students in securing a level of health and vitality they had only dreamed of, which has now become a reality for them.

Six years ago, I went to my garden in prayer and meditation. I was a woman on a mission. My declaration to the Divine, "God take me home or make me well! You promised me the Garden of Eden, but I have been living in some version of hell, with all this pain and suffering I am experiencing. I am ready; show me what to do, or take me!"

At that moment, life changed forever for me. I have never been the same. To stand up and say "No more" is an important part of healing. "I don't agree to be sick any more, God—I don't agree to be in a nine on the pain scale one more day—I don't agree to another cancer or another horrendous surgery."

We can stand up and claim our divinity. We can all call on the power of the Divine to show us the way. I can honestly say that I didn't realize I didn't have to suffer until I had reached my absolute limit. It's not really pushing back; instead, it's saying, "I've learned everything I want to learn from that old pattern and am not in agreement with staying in pain for even one more

day."

Maybe some of you, too, are at the end of your rope. Earlier in my life, during my cancer treatments, I attempted suicide twice. I overdosed, and both times was found and had my stomach pumped, so I got to live another day.

I don't think I really wanted to die. I took pills that would not end my physical life but that would just make me miserable. I was simply looking for a way out of the unbearable pain and suffering. I have grown so much in this journey of discovery. I now understand what it is to feel hopeless, faced with no way out, and to believe my only prospect was to experience more suffering for as long as I could imagine being alive.

It doesn't have to be this way anymore. There are answers for those of you who truly want to heal, and for those of you who have a contribution to make and who can accept living a few hundred years. Life is meant to be filled with love, joy, and many moments of blissful connection and celebration.

The potency of the Cellular Neo-Genesis is that it was the first of many revelations in the garden. As I prayed, God sent me a vision of a cell. I saw my cell. I saw it in its perfection. What I was seeing was the stem cell for my thyroid. In the Divine Human Blueprint, it appeared in its perfected state. At that moment, I began to grow a new thyroid. New cells appeared, replacing the death energy surrounding the area that had been surgically altered.

At that time, I was also working with a congenital heart defect. My heart had never quite worked right, and in addition, my lungs had been troubled by reduced function and asthma.

As I started my healing work, my legs and knees began to regain strength, and I could feel a new resilience in my step. Was it all as easy as it appeared to be? Did I just need to slow down and listen?

Be Still and Know That I am God

In the stillness
In the quiet
In the open heart
There I am
I am essence
I am breath
I am light of God
I am
I am

I felt the presence of Jesus in the Garden, like a big brother sharing in my

revelry. And his words were echoing in my ears, as if he were whispering to me and to all of us in this new era, "These and greater works than these you shall also do."

I experienced an East-meets-West Garden of Eden. My time in India, chanting and praying, served to amplify my energy of devotion and love. I sang my favorite chants and called in the yogic deities as helpful spirit guides to join in my celebration and resolve. I felt the legions of divine beings supporting the movement of a new era and a new awareness.

Are you waiting to call health into you? Are you waiting for a health crisis, and then maybe you will make a change in your lifestyle, thoughts, and habits? I ask you to do so now; if not now, when? When are you going to turn your health and vitality around and become the living, breathing spark of God you were always meant to be? I invite you to join me on the Miraculous path of life!