

Chapter 21: Vision

It's very exciting to realize that you can improve your vision without surgical procedures or vision enhancements, such as glasses, contacts, or laser surgery. At Miraculous Living, we have discovered how to restore lost vision using several innovative and efficient procedures.

My Own Experience with Vision Healing

Vision and how you see can make a huge difference in your comprehension and understanding of the world. Improving vision was my first experiment nine years ago having worn glasses for reading since I was eighteen. With the evolution of my healing skills, I decided to access my regeneration abilities and strengthen my vision. This was prior to my understanding of the Divine Human Blueprint, and yet, despite my lack of full understanding of the visual system, I was successful in reversing a visual condition that had been declining for twenty-six years.

I created a strong intention, amplified by meditation and prayer and over a period of six months, my vision improved.

I was also struggling with a weakened immune system. I started thinking that growing back my adenoids and tonsils might make a significant difference to my health and vitality, so I intended to grow them back through meditation.

When I went in for my annual vision test, my ophthalmologist declared, "Your vision has improved! That never happens in your age group. The results from the last exam must have been wrong." I assured him that his results had been correct and that I had intended to improve my vision. He responded, "It's not possible." He checked to see who had done the last eye exam. "Puzzling," he said, scratching his head, "I did the exam."

Western Medical Professionals' Acknowledgement

Maybe one restoration is a fluke, but at my next medical visit, my endocrinologist noticed that I not only had tonsils but that they were fully grown. He remarked about my tonsils, "They must have been there all along." I assured him that he had examined me six months earlier and there were none. They had been surgically removed when I was age three.

I shifted my health pictures around that time. I realized, on some level, I wanted the Western medical professionals to acknowledge that miracles are possible and that we have more power than we know. But, clearly, in the way I was going about it, that was not going to happen. The Western medical professionals were not going to change the views they had

always held.

I love that I currently have representatives from the scientific and medical professions training with me. I realized I had to step into my own authority and let go of attempting to prove anything to non-believers.

If you begin with the understanding that vision challenges are correctable and that clearing *miasms* (group thought virus) and poor DNA programs, you will come to understand that many of our vision issues can be permanently corrected.

If your career requires looking at a computer screen for many hours a day, imagining an orange disc between you and the screen can serve to protect your vision. With technology the eyes begin to match machine energy, which is grey. When your vision centers (eyeballs, optic nerve and visual cortex) go grey, vision dramatically reduces.

Healing the Eyes

The following steps give directions for a basic tune-up of the eyes:

Basic Visual Tune-Up

- Test for color of the right and left eyeballs. I estimate ninety percent of adults are living with a diminished eye color such as grey or black. Clearing the color by pumping Gold from the right hand to the eyes will improve many peoples vision right away. The eyes should come up to pink or green
- Test if Cellular Neo-Genesis is the next step and, if yes, proceed to Chapter 3
- Test for color of the optic nerve and connection from eyeball to the visual cortex. If a person has the need for glasses or has had laser surgery on the eyes, this area will be grey or black. Clear the grey and black colors by pumping Gold from the right hand towards the optic nerve. We are looking for the optic nerve to become green
- Test if Cellular Neo-Genesis is the next step and, if Yes, proceed to Chapter 3
- Test for color of the visual cortex. If grey or black, clear the color by pumping Gold from the right hand to the visual cortex, bringing this part of the brain to green or pink
- Test if Cellular Neo-Genesis is the next step and, if Yes, proceed to Chapter 3

Deeper Visual Healings

Now that we have done a basic tune-up, it is time to discover why the eyes lost their full function and correct these issues. The first natural area we will look to is the DNA programming. Everyone knows we get our eye patterns from our family. That's a no-brainer. Thus if family history gives you poor vision or near-sightedness (myopia) let's clear that program once and for all and set you on a path of clearing and restoring your sight.

1. DNA Programming

Use the DNA Obliteration process found in Chapter 2 to clear (1) all low-function eye programs, (2) all illnesses-in-eyes programs, and (3) all old-age eye-degeneration programs.

- Once these negative programs have been cleared, pump Gold into the DNA to activate the healthy eye program in the human blueprint. Make sure that you clear all future issues through till the end of the body
- Pump Gold Energy into the DNA resets for the new healthy setting
- Using kinesiology ask the body if clearing a miasm is next
- If yes, pump Gold Energy into the group mind belief that is affecting poor vision until you have entirely cleared the miasm

2. Spiritual Timeline

Next, using kinesiology, test to see if a Spiritual Timeline issue may be affecting vision. Look for things that happened prior to the beginning of the body's incarnation that may affect vision. Spiritual Timeline clearings are extremely easy. Sometimes, prior-to-birth, a decision is made and the person at birth is unable to connect with their eyes as a spirit. If this happens, vision will be dependent on the physical body (human animal) for visual health and information. To correct this condition, do the following:

- Pulse lavender energy from the left hand into the eyes for about six minutes. The lavender energy comes from your Golden Rings. If you have not yet mastered the art of using your Golden Rings, use universal lavender will work beautifully and is basically the lavender used on the energetic level to transform and heal similar to gold,

and used throughout time by saints and sages like Saint Germaine.

- Test to see if the healing is complete for the human spirit's connection to the eyes. If you test No:
- A spiritual timeline clearing removes painful episodes from previous lives that provide reasons to not want to see or to see clearly
- An aging pattern in the eye that diminishes vision is a hardening lens, so soften eye lenses with pink energy. You can access pink energy from the Golden Rings

3. *Pink Energy*

A physicist presented this question. "How do I soften my lenses?" As the human body matures the lenses become hard and as a result, close-up vision is lost. I love having folks from the scientific community in the program, because as a scientist she will know a question that I will not have considered based on my vantage point.

When she presented this question in class at a recent One Hundred Percent Healthy weekend, I tested that a pink healing would soften the lenses. The entire class proceeded to work on their lenses in order to restore the soft flexibility of youth and the clarity of vision that comes with it.

For myself, I did all the eye clearings but those clearings had not yet resulted for my eyes in twenty-twenty vision. As a result of my having done a pink lens healing, however, my vision became excellent and has been so ever since. For example, I can work on the computer for hours without eyestrain. Another example is that I started writing this book twelve weeks ago using size fourteen font with reading glasses (strength 1.0) but am now using size twelve font and can very comfortably read and type for hours without glasses.

4. *Immune System*

A faulty immune system can be another cause of some eye and vision issues. Seventy-eight year old Pierre, a longtime client, and now a student in the One Hundred Percent You Immersion program, used to suffer from the insidious illness referred to as macular degeneration. Once a brilliant French baker, Pierre used to make treats for the high-end clientele of the San Francisco's elite hotels. He speaks with a lovely, thick French intonation and

is a joy to be around. We have been able to make some headway in his challenges with eyes, and during our events he experiences greater vision and clarity as well as new-found relief from a previously uncomfortably sandy feeling in his eyes.

5. *Additional Recommendations*

You can start your Miraculous Healing process, at any age. The healings and gifts are for everyone; no one is too old or too sick to receive them. However, there can be some additional challenges that come with starting the process after age seventy, so the earlier people address their health challenges, the better.

Something I highly recommend is using the daily meditations to hold the new health you are experiencing with the healings. A second recommendation is that you take on personal responsibility for your health, even if you are in collaboration with a more skilled healer. If you say, “These are my eyes, I need them to work well the rest of my days,” this is a very different affirmation than, “They [my eyes] are always this way.”

It is one thing to experience the miracles provided for you by a healer, and an entirely different one to say, “I claim health for myself and will not stop until every stone is overturned,” and, “I am experiencing the vision I know is mine as my Divine birthright.”

With cases such as Pierre’s experience of macular degeneration, there are family matters in this lifetime that need clearing each time we do an eye healing. Think about what you may not want to see or what you may not want to hear, if hearing is your challenge. I recommend the love and Karma clearings for vision issues and also for illnesses related to family and relationship pains. You can find the Karma Clearing and love meditations at www.julierenee.com.

6. *Adrenal Fatigue*

Adrenal fatigue can also affect focus and vision. The chemistry of adrenal fatigue can cause a problem with dilation. The obvious fix, if you test positive on this issue, is do a full healing on adrenals and stress. Healing the adrenals can be hugely supported by the free From Fatigued to Fabulous meditation program, which includes daily meditations to help reverse the condition. You can find this program at

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www.miraculouslivingtoday.com

7. *Aural Cleanse*

I occasionally meet people who have auras as thick as pea soup. Fatima, a Generation Y coaching client and medical professional of Middle-Eastern descent, came to me with a number of challenges. The first thing we needed to do was a big clearing from the inside out. She had many control issues, and was often distrustful of people, thinking they were plotting against her or betraying her, and as a result she was not at peace. Her emotions were constantly on high-alert; I found her extremely challenging to assist, as we routinely had to lay a whole new safety groundwork for her. The first big leap she made was when, in a deep inner clearing, I removed all the debris that had gathered in her aura, and suddenly she could see much more clearly.

Magda, a Tasmanian immigrant, had a similar issue. Her vision also improved greatly with the clearing.

Is a cloudy aura more common in first generation immigrants? Probably not. It's more likely to be a cellular issue, with fear pictures steeped in the DNA and cellular body. Fear, like a magnet, holds everything you are afraid of close to you.

In both cases it was not difficult to clear the aura. However, each of these gen-Y gals would return the following week, with their auras muddled up again, because their DNA and cellular bodies had not been cleared.

In addition to the DNA, Spiritual Timeline programs may provide more cause for circumstances of reduced vision. However, the main vision problems will most assuredly start in the DNA and cellular body.

For the two Gen-Y gals and people like them, pacing the healing process is essential with this condition. Do nothing too fast and take no big leaps. A slow and steady pace heals the fear pictures and the neuroses they produce.

Avoiding Reversion (going away from the healing effects)

If your vision has improved in a healing process but reverts back to its previous condition, there are three culprits you can clear to restore the improvement:

1. Miasms
2. Empathetic response
3. DNA programming

Miasms

Even with careful reprogramming, people still want to believe their own group ideas are right. The body will mirror degeneration and eye failure just by being around people who believe that eyes are programmed to get worse. This process is a *miasm*. Basically it is a group virus (a false belief) that, when adapted into a person's perception, becomes the foundational belief from which a person now forms opinions, using the foundational belief as a reference point. What the mind can believe, it will achieve. This holds true for the cellular body, so when the cellular body receives information and believes it, it will match that information to what the organism perceives about objective reality.

To clear a miasm for the failing eye group virus, again pump Gold into the miasm until it is clear.

The Empathic Response (and how to avoid it)

Suppose someone tells you, after your eyes have healed, “Well ya know I’m just getting old and my eyes aren’t as good as they used to be. It’s a fact of life.”

Now your body has just heard what most people believe. If your personality is that of a peacemaker or an empath, you will naturally want to validate and make the other's ideas right. When your cells cooperate with the other person's ideas, the healing crashes. Good news: As quickly as they go away, the effects of the healing can be restored.

Some people are more susceptible to holding an empathetic response than others are. If you are one of them, *don't make yourself wrong*. Empathetic and peacemaking people become amazing healers because they seek to understand others in a profound way. An excellent approach to take is to become like a scientific researcher who is gathering data. Your entire life has been set to be lived within certain parameters and now you are gathering information so you can bring about change.

Do not throw the baby out with the bath water. In other words, you can still empathize with others, but that does not mean you need to absorb other people's mistaken ideas. Just observe where, in your being, a match with others' erroneous beliefs about eyes happens. Very likely it will be in your First Brain, the instinctual/survival brain. Directing cobalt blue at the program for "matching" will help, especially if you imagine that the miasmatic information is coming in there. Either way, later or at present, cobalt blue will deprogram this occurrence.

As you progress, you may discover that you are matching the incorrect opinions of others and empathizing less, as you are able to protect yourself and practice love wisdom. With love wisdom, it is more important to know who you are and what you are committed to than what others are thinking or feeling. Empathy and peacemaking are the precursors of love wisdom.

DNA Programming

The second reason for degeneration in the eyes after healing is found in the DNA.

Were you successful in clearing aging and future eye degeneration and illness from the DNA encoding? If not, do that now. Have you been around your family and has the family DNA "bubble reset" your DNA to the family degeneration programs? If so, clear the family DNA bubble's influence towards eye illness and reduction of function.

The Effect of Illness on Vision (both eye and body illnesses)

I am speaking here of things like pink eye, allergies in the eye even a virus like the herpes virus. Once you have cleared the illness, you may need to redo the eye protocols entirely.

Follow the basic Miraculous Living protocols to clear illness in the eyes, as each illness will present unique circumstances. You will want to address the need of each person's illness exactly as it is being presented to you for the most complete healing.

Once the protocols are completed, a common occurrence is that people won't need their glasses. Expect a good result the first time. If you are healing yourself, you may suffer inconvenience if you have to wean yourself off glasses as your eyes get stronger.

Seventy-six year old Sarah, a pediatric nurse in the Miraculous Living Apprentice program, had just purchased a new pair of glasses prior to attending an apprenticeship weekend. During the program we

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covered the eye protocols, and she was left with much improved vision but a useless pair of glasses. I am sure, if you are wearing glasses, you would not mind having this problem; it's a good problem to have.

There is a Bengali song I learned from Ali Akbar Khan that sums up the privilege of living on earth with eyes that see clearly: *Suddhi Bisa Ragahi Bisa Ragahi ajah*. The beginning lyrics are, “My God when I look around and see all that you have given me, I am overwhelmed. My heart is overflowing and my eyes are filled with tears.”

You will find this recording and five other amazing compositions recorded on my Gratitude CD.