

Chapter 28: All Things of Spirit (The realm of spiritual activity and unwanted or negative spirits)

Although this does not relate to the Blueprint of restoration, this knowledge is vital for the complete healing of some people, as not all breakdowns or malfunctions in the body are related to an injury, illness, and/or malfunction. More times than you would expect, an aggravating factor for a disorder in the human body is some sort of spiritual activity that is not related to the human-spirit-to-body connection.

Kathy's Story

Kathy W. is an amazing woman with a wealth of talents; one of her greatest talents is that of connection. She is fun loving and truly a joy to be around; however, when we first met, little of that fun-loving nature showed through.

I was in the Mastermind Group of Michael Port's "Book Yourself Solid" Group, sharing ideas and cheering my team members on. After the conference call ended, I received an urgent email message from Darlene, one of my peers in the group, asking for help. She had been with her friend Kathy the night before, and she believed Kathy might die soon.

I responded to Darlene and urged her to have her friend contact me as soon as she could. Within three hours, the call came in. Kathy said, "Hi, this is Kathy; I am a friend of Darlene's, and I really need your help." That was the gist of a relatively short intake call.

What I discovered rapidly was that Kathy's life-force was at two percent and that she was not going to be able to hold on to her body much longer. She had made a valiant effort, but the odds were stacked against her from a dark mysterious *attack*, apparently from inside her body. Her symptoms included crazy and severe high blood pressure; feet feeling like stones, and legs feeling numb. Her feet were swollen and bloated, her lymphatic system was malfunctioning, she suffered from digestive issues, and she suffered from an overall feeling of helplessness.

I urged that she could not wait; if she wanted to stay alive, we would need to begin our healings that day. And like that, healing Kathy became my vocation for four months, multiple times a week, removing from Kathy's body the many impediments to her health, vitality, and longevity.

What surprised me was the sheer number of entities, spirits, demons, evil spirits, trans-mortals, and spiders/snakes that occupied her body, to which she no longer had much access. Although she responded well to the healings and Cellular Neo-Genesis, I also noticed that every single time we worked

together, I had to remove foreign spirits and entities from her systems, glands, and organs. However, we were definitely seeing real improvement as her body was beginning to rebuild itself from the inside out and as the attacks against her body by foreign entities began to subside.

Having an infestation of entities can be considered a spiritual illness of the physical body. The entities are actually attacking the physical body, not the human spirit. Typically, some types of non-human spirits can cause problems.

We cleared an average of seven items (sometimes more) weekly, for a grand total of seventy-nine entities: evil spirits, demons, trans-mortals and spiders/snakes.

The day came when we addressed the ongoing misery in her belly. Kathy said; “I’m not crazy; I literally can see my stomach move and hear voices coming from my belly.” This idea is generally not accepted: I had recently seen Sylvia Brown speak to a TV audience. A woman stood up and said that she felt that her dead husband was occasionally moaning from her stomach, and Sylvia, dismissed her saying something like, “Don’t be ridiculous! Spirits don’t inhabit the body like that, so put it out of your mind.” This is a paraphrase, but that was the essence of her communication to this unfortunate woman.

In my research I have found quite the opposite. As much as twenty percent of the time that illness and physical malfunction are present, there is some negative spirit activity making the situation worse.

I said to Kathy, “Let me take a look to see what is going on.” We first did a physical healing on the lower abdomen and intestines. We found there were, indeed, negative spirits in her belly, as she had suspected.

What we discovered was a nest of three demonic spirits in her belly. I had seen demonic spirits on several occasions, but this would be the first time I was going to remove them from a person’s body.

Fearlessly, I grounded each of the demons, (imagined throwing lasso around each, anchoring them to the center of the earth) which appeared black and attempted to frighten me with a variety of scary apparitions. However, I shut down my view screen internally to a great degree, so I could focus on the black blob I had grounded to the center of the earth.

Since I could not be easily frightened by means of my inner vision, the demonic beings pulled another magic trick “out of the hat.” One of the ways I create the sanctuary space of healing in my home is to surround myself with bouquets of fresh flowers, which I love. Fresh cut roses have been known to last up to seven weeks in my living room due to a kind of flower magic I

learned during my time in India.

The day I cleared the three demons from Kathy's belly, I also had three large vases filled with fresh-cut flowers. As I was removing the last of the demon essence from Kathy, having locked down the other two in a similar way, I noticed a putrid smell.

The flower water in the vases was being transformed into a kind of swamp water, and, for special effect, the demons had actually managed to get the swampy water to bubble. The air was becoming more and more permeated with putrefied, rotten odors. For the next thirty minutes, I continued with my unwavering mission of assisting Kathy in returning to vibrant health, which, in this case, meant removing those three demonic spirits. My removal was completely successful so that, at the end of the healing that day, Kathy was freed from her demonic possession.

Afterward, hanging up the phone with Kathy, I handled my flowers with care. I brought the vases into the kitchen, poured the putrefied water down the drain, carefully rinsed the stems of all the flowers, made a fresh cut an inch up on the stem, and returned the flowers to drink in the new, fresh, crystal clear water.

No flowers were casualties to the demons' magic show. However, if I had believed in the fear and horror that the demons were projecting towards me, my belief would have imagined that the attacked flowers were going to die. In fact, the flowers could have picked up on my thoughts and been compelled to die. Understand that the demonic reach is largely predicated on how much fear they can get rolling in the environment. Since most humans do not comprehend the power of their thoughts, especially negative ones, they are less than diligent about maintaining a clean, healthy environment in their mental patterns and images.

Love Is a Good Place to Start

One premise I have operated with all my life is that I am the stronger one. If it is I versus a thing that has no body, I will prevail. This is my realm, not theirs. To incarnate (receive a body), I must have surpassed at least one hundred other human spirits who do not have a body. Further, I am managing to hold onto this body regardless of the illness and toxic exposure I experienced at an earlier age. I am "wonder woman" to their "insignificant bug" status.

Allow me to introduce you to my "cockroach" philosophy. Entities, evil spirits, spiders, snakes, and obnoxious aliens all fall into the "cockroach" category. Essentially they are, for me, no more than a troublesome bug that has little power because I give them none. I don't fight with them, argue with

them, or engage with them. I create no battle or anything to push against or tap into so as to access my energy.

The secret to experiencing power beyond anything out of your body is your knowledge that you've got the power!

Later in this chapter, I will spell out for you exactly and step-by-step what you can do to clear away beings that interfere with your health or the health of your clients and loved ones.

Kathy's second big clearing happened two months later. We had done phenomenal work together over the previous three months and there was now a real future for Kathy and her beloved husband, Arthur. Without a doubt, she was getting much better by leaps and bounds; her life and life-force were coming back rapidly.

It was a Tuesday, as I remember, and we had been working on reversing the nerve diminishment in her leg. And there it was, the first of five huge beings (trans-mortals) using part of Kathy's body as a portal to the human realm. I have only ever encountered these beings twice among the thousands of healings I have done for people throughout the years. So, please understand, this is a rare occurrence.

I was working on the nerves in Kathy's leg, when her body gave the direction the next healing would take: the lower right area of Kathy's intestines just above her pelvic cradle.

There, I identified a being, quite large, being rooted into Kathy, a kind of spirit I had never seen before. I was able to identify it as a trans-mortal being, who was using Kathy's body to leap between its own realm and the human realm. These spirits did give rise to a moment of anxiety for me, as they were like an eight-foot brick wall able to resist my clearing techniques and jump instantaneously between realms. But I was there in service to assist a fellow human out of trouble. Then I understood that this was a new type of cockroach, a hybrid, and that I would have to move a little faster than previously or come up with a new approach. And I would come up with one, in the end, because I am wonder woman (in my own mind, of course). I would surpass the obstacles related to Kathy's full restoration and healing.

The cockroaches did want to talk and get me involved with their shenanigans. In response, I shut off my auditory reception while I continued to work on eradicating one cockroach after another, until none remained.

Be clear, no being, entity, or spirit has a right to invade, inhabit, become a squatter, haunt, or possess a human being, period. Any conversation that

might ensue about why they need to be there is moot because the human who owns the body does not want them there. You can invite them to leave permanently, but they will only turn you down because no human has ever challenged them about their bad behavior, and, besides, they have gotten cozy in their new digs (the person's body they inhabit). But if they don't leave, the next step is to, in neutrality, begin the Spirit Obliteration process.

The trans-mortals, five in all, gave me some valuable information about spirits jumping between realms and using a human body as a portal. They had developed a way to leave an anchor to enable a future leap into that body. It was a marker of a kind, and I realized they were not governed by our phenomenon of time passing. To fully remove any impact of these creatures that troubled Kathy, I needed to successfully locate and remove all the anchors that they had established in her body.

It took a number of healings for me to find all the anchors, as the aimlessness of this search (lack of a clear objective) made the task seem as if I were trying to find a needle in a haystack, and, until I clearly comprehended what I was searching for, the search assumed the status of a possibly valuable research project.

Their ability to break free from my “grounding” technique, which would hold a being in stasis (unable to move) while I removed it, was also an important lesson.

What I was able to accomplish with these beings was to remove a lot of their information and permanently prevent them from returning to Kathy's body. I am certain these five trans-mortals have never ventured back into this human realm, though perhaps a few others have. Where did they come from? How does a different dimension sound? Well if you enjoy science fiction, then their having come from a different dimension may sound plausible. If not, receive what your mind will let you take in and let go of the rest.

A Real Haunting

The occupation of Kathy's body by trans-mortals reminds me of an entirely different spirit occupation, one of a house in San Anselmo, California, which had been owned by a family whose members had worked in real estate for generations. The problem was that the house had a couple rooms that were basically unusable due to haunting.

I will never forget the day I was called to this home. I was running a fever and not feeling too well. However, I had said I would help these folks, and I am a woman of my word. The house was only eighteen blocks from the home where I resided, so it was easy enough to visit the people who lived there. I

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thought, “No problem; I’ll do a quick ‘ghost busting,’ spend twenty or thirty minutes in the house, and be on my way back home to rest.”

I was welcomed at the door by Alice, who in a very proper fashion showed me into a wonderfully historic, Victorian home, giving me a room-by-room tour of the house. I was becoming tired very quickly, as the spiritual activity in the house was “off the charts.” The high amount of spirit activity, in fact, created such a strain on my physical body that just being in the house exhausted me.

Alice pointed out two specific rooms where there had been a lot of spirit activity and haunting events. The home had been in the family for three generations. Those two rooms had become virtually unused, being unpleasant to enter.

In my initial research, I discovered a portal from the underworld in two locations in the home that matched up with the locations of the families haunting experiences. While I was there, I estimated the number of spirits traveling in and out of the house on a daily basis reached up to three hundred per day.

When I started sharing my findings with Alice, she was neither shocked nor surprised, even if the underworld portals were news to her. The current owners had a strong desire to take back the house; they wanted to use those rooms that sat decorated with furniture but never occupied by people. Two generations of family members had allowed the squatters (cockroaches) to inhabit those two rooms, but now, as Alice and her fiancé planned to establish this house as their home and looked forward to raising a family there, the spirits and other entities had to go.

I dealt with this in a different way than you might expect. Taking on a clearing of hundreds of spirits was not going to work for my ailing physical body, so I devised a way to move the two portals well away from the home and local community, which is well away from all human activity.

After successfully moving the portals and filling in and sealing off any identifying features of the old, well-used portals, I then went room to room and cleared out all remaining spirits and entities. As I entered the last room, which was vacant, I sat on the berber-carpeted floor, exhausted beyond belief. Two hours and fifteen minutes after arriving, I finished my clearings.

This house was under siege, and the humans who lived in it were unable to use rooms in their own home because of this circumstance. Think of it, possibly one hundred and ten years ago, some unfortunate builder built a home right on a portal to the underworld. Because of this circumstance, it is likely that the house would never be sold to someone outside of the family.

The fact that the house contained unwanted, other-worldly entities would remain a family secret forever.

A Second Haunting

A similar, but lesser circumstance was found in a San Rafael, California, family home, the house that Robbie inherited. Robbie and Christy were newlyweds fixing up their home, excited about the future; however, Christy soon started noticing some very real movement in the home. Literally, items seemed to move themselves, doors and windows opened, and her cat “spooked” routinely.

I was invited to visit Christy in her home. She was an enthusiastic client, who loved the healings and the Life in Joy and Balance coaching program I had for women of ages twenty-six to forty-two years. Having grown up amid a difficult family with a confusing Mormon background (both her mother and father had been married multiple times), she wanted to make sense of who she was as a young newlywed and searched for answers to her questions on where true happiness comes from.

At more than one of our sessions, she mentioned the spirit activities in her home. So it was a natural request, when she had recovered enough to feel strong in herself again, to have her home environment support the shifts she was experiencing in her inner world.

As I walked into her home, I noticed the decorating projects going on in every room. She was definitely “nesting.” I immediately felt the presence of two spirits, both female, and saw the very strong attraction they had to a particular window.

These spirits were ghosts. Unlike entities, demons, or trans-mortals, these spirits had at one time lived in a human body. At the end of their lives, when their bodies had died, these spirits had decided not to move on. Becoming trapped in the physical realm, they didn’t realize that they no longer had bodies and continued to live in a house within the neighborhood they had lived in when they were alive.

These were not malefic ghosts; they were just trying to live their lives the best they could within their limited understandings. As I communicated to them, I explained that they were dead and no longer had bodies. This was somewhat unbelievable to them, but with patience and understanding, I revealed to them the evidence that their bodies were indeed gone and that they were living in a house they no longer had a right to live in. This is another example of squatters inhabiting a house, but here, these two ghosts form an understandable example.

As they began to comprehend their demise and current circumstances, I explained to them that I could now help them move on.

This is the one exception I make when I interact with spirits or entities performing possessions or hauntings. Human spirits can be confused and not malevolent, although you need to help them understand their circumstances (that they are dead) before you take your next step in either assisting them in moving on or moving them out of their current abode in somebody else's home.

I was translating to Christy as I was communicating, mind-to-mind, with these two stranded spirits. Christy was very curious about them and also committed to not harming them.

I offered to assist them in moving to a higher realm, a realm shift that is typically done around the time of bodily death to a few months after death. In this case, the two ghosts were surprised and delighted to know that this option was available to them. They were very willing to move to a higher plane. So, taking only about ten minutes, this procedure changed the lives of both Christy and Robbie and the fate of two human ghosts.

Ghosts

A human spirit that does not transition out of the physical realm will hang on to about forty percent of the soul that protected the spirit while it was in a physical body. A human spirit living on the earthly plane past death of the body is a *ghost*. Because they have some material matter, they will have weight and a very thin physical façade. The ghostly movies showing a shadowy presence are fairly accurate at least in the representation of a ghost. The forty percent of soul they retain gives them a translucent visibility.

Normally, a human spirit leaving his/her body will naturally let go of the soul, allowing them to enter higher realms. A person of faith will have no difficulty with this as they have a firmly preprogrammed concept of the heavenly realms. Any faith, meaning any religious or spiritual path, will give an individual this ability.

The “Kingdom of Heaven” Jesus Christ spoke of is an attitude; heaven can be experienced here on Earth as well as in another realm. When helping Christians move to a heavenly realm, I naturally call on the assistance of Jesus, Mary, and the angels to help them relocate to the paradise promised in the Bible.

Having helped Buddhists and Hindus in their passage from Earth to a higher

realm, I have seen that an equally beautiful healing temple/paradise awaits them.

Individuals leaving their human bodies will carry with them all that they have learned in the current lifetime. Once they have rested and worked out their next lifetime, they will need to leave behind much of their information to become a baby spirit and begin anew. Some children hold onto many of their memories from other lives, accessing them most clearly in early childhood. This is because they have developed a Super Brain that they are able to draw on, one situated outside spirit. However, access to that brain fades, to a large extent, by the age of five.

What follows is the gradual development of an understanding of the individual's journey and work in this new life. Once that understanding sets in, people are able to grow and develop without the confusing ebb and flow of past life and body memories. However, after they have reached a certain stage of development, they will again have full access to the Super Brain they may have accessed as very young children and their past life memories.

Reasons for Spirits to Remain as Ghosts

1. Confusion is a main reason that spirits remain on Earth as ghosts. An abrupt death, such as one resulting from an auto accident, can toss a spirit out of its body. Ghosts, however, do not realize they are not in their bodies anymore and attempt to continue living the lives, or pieces of life, they have access to, getting stuck in this lower realm for up to six hundred years.
2. Another reason would be that the spirit is extremely attached to human life, specifically their own. Sometimes people with mental disorders, like narcissism, will be so involved with themselves and what they have, that they anticipate no possibility for the next step or even something new.
3. Ghosts can also be victims of violent rape, murder, or drug overdose. The spirit, having endured what it should not have had to go through, can actually become ill and deformed. I have seen a human choose to drop into the existence of a dog's body for a couple lifetimes to heal from atrocities, then return to a human body form for a future life. I am not saying human spirits animate dog bodies. Dogs are another creature, unique and different from humans. What I am saying is that sometimes, when a human spirit is terribly injured, this is one choice they may make. A much better choice for human spirits to make is to ask their loved ones to pray for them daily or get a Miraculous Healer to help them move to a healing temple.

At a healing temple, a traumatized human spirit will be placed in a sarcophagus-like resting place; safe, quiet, and protected. There, the spirit can heal and be restored with the light and truth (purity) of life.

Occupation of the Brain by Spirits

Many years ago, shortly after I moved to San Francisco, a friend recommended I see a psychic consultant friend to give me some insights into my present situation. Although I rarely take advice from other psychics, for some reason I decided it would be okay to speak with Bob, the recommended psychic consultant. What a bad decision that was!

Bob had, somehow, been the victim of an alien spirit attack. All of the folks who consulted with Bob experienced, in the head and for at least a nine-week period following the initial consultation, many alien-generated, obnoxious, and difficult-to-clear messages. I would have performed clearing techniques immediately, but back then I had for three years been tortured with aliens screaming in my brain.

During that “occupation”, I sought out the assistance of four of spiritual paths:

1. I first went to the Catholics, thinking an exorcism would be the ticket to clearing the beings shouting in my head. They suggested prayer as a way to the restoration of my mental health. This may have, over time, been the solution. But at that moment, prayers, while connecting me with God, were not producing the fast results I was seeking.
2. The second spiritual organization I contacted was a Buddhist teacher. I remember him very clearly; he taught out of an office in Noe Valley, a section of San Francisco, California.

“How can I help you?” the American-born monk asked. I had already told him my story on the phone, so I said, “I have been struggling with three loud voices in my head, talking and shouting at each other, as if there was a megaphone in my head. I’d like you to help me get them out.”

His answer was, “Let’s meditate on this problem together” so I sat by his side and chanted with him, “Nam-myoho-renge-kyo,” as the aliens in my head laughed and screamed even louder than before.

When we had completed the full round of chanting he asked me,

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“How are you now?”

“It was a lovely chant except for the loud ruckus in my head,” I answered.

“That’s all I have to offer you, but come pray and chant with us any time; you are always welcome,” he assured me.

3. I left discouraged, but determined not to give up on the situation. My third venture was a trip to the Vedanta Center, a center of yogic practice. I luckily got the opportunity for a private appointment with the swami there. He asked me about my time in India and my understandings. Then he told me to use my own mantras to heal myself.

There were no techniques in these three organizations to extract unwanted spirits.

4. My last resort was The Berkeley Psychic Institute. They had an answer for me, but it wasn’t what I wanted to hear. However, despite this, I listened and did what they advised. What ensued was a six-week training program, followed by another and another, and finally an eighteen-month clairvoyant program, in which subject of removing unwanted spirits was addressed during weekend retreats. People mainly came to expand their clairvoyance. Then there are folks like me who have exhausted all benefits of traditional methods but are still desperate for relief. Through the Berkeley Psychic Institute, I learned to heal myself, and in that process, I restored my own sanity.

At the time, I just wanted someone to free me from these horrendous alien entities, but the struggle and knowledge I have gained from years of working to remove them have made me one of the most effective “ghost busters” on this planet.

Who Ya Gonna Call?!!!!

Schizophrenia

When people experience schizophrenia, they are under siege from entities and occupying forces outside of their control. However, more usually, it is a willing agreement between the person with the body and the foreign entities that share the lifetime with them.

Sean’s Story

One example of the disease is Sean, son of one of my longtime friends. Sean

is now in his late twenties but experienced the voices for the first time at the age of seventeen. Through the years, I had heard stores of the crazy behaviors of this Irish immigrant family and the struggles they endured.

You might be curious to know why I wouldn't clear his entities or beings even though I knew how. The answer is one of choice, his choice. Most individuals with this challenge will report to you that they like the entities, they have become like their friends. To clear them of these entities, without permission, causes a change in their spiritual growth and development. It takes away an opportunity to experience a life of research around mental illness and shared physical body with others. This is a valid life and can give the human spirit a great deal of information.

Such a situation may, for a healer, be distressing to leave unaddressed, especially if you've developed the skill to move entities and beings out. You may be tempted to resolve the occupation. I advise you not to. This may bring his problems and even his spiritual growth agreements onto your head to fulfill. Some people say this is taking on someone else's Karma. You have no right to do this and should not proceed.

Spiders and Snakes

During the 1980's in the Arizona desert, a strange phenomenon occurred. I was there for an eleven-week period. One night, the sky lit up similarly to the aurora borealis. This actually was caused by the descent of some visitors; they did not look like an entity but rather took the shapes of spiders and snakes. They had ghostly appearances and hid out often. I still find them in some peoples' spines and necks. These are pretty simple to remove; they are similar to insects, without much intelligence and somewhat parasitical in nature.

I have previously mentioned my cockroach philosophy: these are definitely in the category of a cockroach and can be removed without worry. These creatures are not from our realm and like locusts dropped in on us to feed off our energy. If you need to use a lot of energy drinks to keep you going, these spiders and snakes may be the cause of your fatigue.

I have mentioned many unwanted creatures of other realms and have given some stories to help you understand how they affect folks. Keep in mind there are many beings, such as angelic beings, spirit helpers, and legions of holy beings, that only want good for humanity.

Since we are in a discussion about health, the negative spirits I've been talking about can have a tremendously adverse effect on humans to the point of spiritual, parasitical death. Western medicine has no answers or

comprehension of these beings and so there are no treatments to remove this cause of illness. In the next section, you will get the step-by-step protocols for removing spiritual parasites from the body and from your home.

Processes for Removal of Unwanted Spirits

Demons

It is my sincere wish that you never encounter a demon, either in yourself or in someone you love or care for. There are numerous stories of Jesus clearing demons from people. As he was clearing them, they may have even forced the person they were occupying to speak blasphemy to Jesus. I, like Jesus, can identify who is doing the speaking.

In Biblical stories, we hear of demons being transferred into the bodies of a herd of pigs who run over the cliff and die. This is not a solution in our day and age, as the demons would be free again to harm other people once they were released from the pigs after death.

The technique I am going to teach you will remove the demonic intelligence permanently. This is a complete brain wipe; the demon then becomes just an object. Once you have completed the process of demon removal, the demonic spirit becomes just a kind of floating energy with no information that would be able to harm any other being.

I do not recommend you take this on as a vocation, do just what you need to clear and keep yourself, loved ones, and clients clear. Taking on spiritual warrior-hood and battling evil and entities will invite “bus loads” of these creatures to swarm around you. So, do not do battle with them. Just follow the procedures below, in neutrality, with the intention and focus of a brain surgeon.

If you have the opportunity to receive additional help in removing a demonic spirit, I recommend you welcome it.

Demonic Obliteration Process

- Ground the person who is being harmed by the demon to the center of the earth and from the crown chakra hook them up to the Supreme Being.
- Identify the demon. It will be black in color, and will have a significant amount of power. It is important that once you identify the demon, that you move into action quickly as they will not expect it and this gives you a great advantage, the element of surprise.

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- Tie the demon down to the center of the earth and with the same cable attach the cord to the Supreme Being.

The demon will now be locked in place and unable to move.

- I use the rose as the symbol of purity and I use this symbol for Step 1 of the process; however, the success of the process does not depend on the rose. You could use the image of an athletic shoe or a large boulder; it doesn't matter what you use, but once you start be consistent and use the same thing. Throw the rose on top the image of the locked down demon. I use my right hand, and I may even, as I project my hand forward thrusting the rose onto the demon, say out loud, "Rose."
- With my left hand I project a cartoonish bomb onto the rose and blow up the rose, saying out loud, "Bomb."
- You will do this process for possibly thirty minutes or more. I suggest you stop to check on your progress.

How to Check Your Progress

- Momentarily stop the Rose-Bomb momentum and, using your muscle, determine what percentage of the demon has been removed.
- Start the muscle testing at ten percent going up to twenty percent. If it is more than ten and less than twenty percent, then start from that point and count upwards: 11, 12, 13, and so forth, until you discover where you are in the removal process. It helps to see that you are making progress in order to gain the courage and fortitude you will need to continue.

Very Important

You can't stop in the middle of removing a demon, so forge ahead until the demon tests as completely gone. Your taking a few minutes to run to the bathroom or get a drink of water is okay, but you can't take a longer break. Demon removal is serious stuff and you are doing a delicate procedure, one that will dramatically improve the life of the person being helped. Take this seriously, just as brain surgeons take their work seriously. They would not take a supper break while in the middle of an important surgery; they will stay with it until the procedure is done.

- Check to see if the DNA has a program for spiritual

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parasites or mental illness. If Yes, go to the DNA obliteration process to remove these harmful programs. Find the DNA Obliteration process in Chapter 2.

- All demonic clearings must include a Spiritual Timeline clearing. This will clear off the past timeline, but more importantly will clear off all the time bombs set to go off in the person's future that would allow for a return of different demonic beings. Find the spiritual time line process

Follow-up After Demonic Obliteration

Following removal of demons, I recommend the person do the clearing meditation for forty days to ensure new habits are firmly established.

Our free meditation “From Fatigued to Fabulous” is an excellent clearout. It will, over the next forty days, set a new energetic pattern for health without parasitical demons.

In the case of multiple demons: Sometimes when there is one demon, there are two or three. I suggest you lock them all down with the same cable to the center of the earth. You can imagine you have thrown a fishing net over them and then send a cable up to the Supreme Being, tying them into position.

What I have found with multiple demons is each takes the same amount of time to obliterate, and obliterations must be done sequentially, rather than simultaneously. For example, for three removals, it will take three times longer than for one removal. However, since you have safely locked them (the demons) in a static position, they cannot attack you or cause any further pain to the person they are being removed from.

When you are checking your progress at obliterating demons, you should also ask how many are left, and what percentage has cleared away. What I have observed with demons is that you must clear one completely before the next one starts clearing. They don't clear away simultaneously, only one by one. Your quiet mantra might be, “Slow and steady wins the race.”

Obliteration Process (for evil spirits)

- Ground the person who is being harmed by the evil spirit to the center of the earth and, from their crown chakra, hook them up to the Supreme Being

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- Identify the evil spirits. They come in bunches, will appear black in color, and will have a significantly less power than a demon, yet the force of evil has drive. It is important that, once you identify the evil spirits and number them, you move into action quickly as they will not expect it. This gives you a great advantage: the element of surprise
- Fasten the group of evil spirits down to the center of the earth and, with the same shackle, attach the lead to the Supreme Being. The evil spirits will now be locked in place and unable to move.
- Throw a rose on top of the locked down evil spirits' image. I use my right hand, and I may even, as I project my hand forward in thrusting the rose onto the evil spirits, say out loud, "Rose."
- With my left hand I project a cartoonish bomb onto the rose and blow up the rose, say out loud "bomb"
- Do this process for possibly five minutes or more. I suggest you stop occasionally to check on your progress

How to Check Your Progress

- Momentarily stop the Rose Bomb momentum; use muscle testing to find what percentage of the evil spirits have already been removed.
- Start the muscle testing at ten percent going up to twenty percent, and so forth. If it is more than ten and less than twenty percent, start from ten and count up (11, 12, 13, and so on) until you discover where you are in the removal process. It helps to see that you are making some progress; that way, you will gain enough courage and fortitude to continue.

Very important: Complete the process!

- Check to see if the DNA has a program for spiritual parasites or mental illness. If Yes, go to the DNA Obliteration Process and remove these harmful programs. You can find the DNA Obliteration Process in Chapter 2.
- All evil spirit clearings must include a Spiritual Timeline clearing. This will clear off the past timeline, but more importantly, it will also clear off all the time bombs set to go off in the person's future that would allow for a return of different evil beings. You can find the Spiritual Timeline

process on page 82.

Following Up After the Evil Spirit Obliteration Process

Spiritual therapy, below, insures a new pattern is established.

- Following the removal of evil spirits, I recommend that the newly cleared person do a clearing meditation for forty days
- Our free meditation, “From Fatigued to Fabulous” is an excellent clear out. It will, over the next 21 days, set a new energetic pattern for health without parasitical demons. See the clearing methodology for clearing evil spirits on page 81.

Trans-mortals Obliteration Process

- Ground the person who is being harmed by the trans-mortal spirits to the center of the earth and from the crown chakra, hook them up to the Supreme Being.
- Identify the trans-mortals. The few times I encountered them, there were three or four together. Assume they have come with others, and look carefully for them. They will feel gigantic, appear grey in color, and will have a significantly more power than anything else on the astral plane. This is not a job for the easily frightened. It is important that, once you identify the trans-mortals and number them, you move into action quickly, as they will not expect it. This gives you a great advantage: the element of surprise.
- Fasten each trans-mortal down individually immediately upon identification until they are all locked down to the center of the earth, and with binding, attach the lead to the Supreme Being. The trans-mortals will now be locked into place and unable to move.
- Throw a rose on top the image of the locked down trans-mortal. I use my right hand, and I may even, as I project my hand forward and thrust the rose onto the evil spirits, say out loud, “Rose.”
- With my left hand I project a cartoonish bomb onto the rose and blow up the rose, and I may say out loud, “Bomb.”
- Repeat the last two steps until each of the trans-mortals is removed entirely; again, one by one
- Do this process for possibly two hours or more. I suggest

you stop periodically to check on your progress.

How to Check Your Progress

- Momentarily stop the Rose-Bomb momentum and, using your muscle testing, find what percentage of the trans mortal has been removed.
- Start the muscle testing at ten percent going up to twenty percent, and so forth. If it is more than ten and less than twenty percent, start from ten and count up (11, 12, 13, and so on) until you discover where you are in the removal process. It helps to see that you are making some progress; that way, you will gain enough courage and fortitude to continue.

Very important: Complete the process!

- With trans-mortals you are thrusting them back into their realm permanently. They are a type of alien. I look at their behavior as resembling that of a drunken teenage miscreant. They have jumped realms and are hanging out causing problems for another type of being (a human) and they think it's funny. They are neither collecting data/research nor being parasitic; they are only jokesters. Move them out to restore peace to the poor unfortunate person who got in the way of their landing strip.
- All trans-mortal clearings must include a Spiritual Timeline clearing. This will clear off the past timeline but more importantly will clear off all the time bombs set to go off in the person's future that would allow for a return of different evil beings. Find the Spiritual Timeline process on page XX
- All trans-mortal clearings must also include a search of the physical body for any anchors: you might read them as eggs that the trans-mortals can jump into in the future. They can leave behind identification, a sort of GPS navigation inside the human. After these are entirely cleared, clear in the same way you did in the above obliteration process. Repeat the steps for each egg/anchor you find till it is entirely gone.

Follow-Up: after a Trans-Mortal Obliteration Process

Spiritual therapy, below, insures a new pattern is established.

- Following the removal of evil spirits, I recommend that the newly cleared person do a clearing meditation for

six months

- The best choice for this circumstance is to enroll in the twelve-month Miraculous Elite Healing program. Details of this program are on our website, *julierennee.com*.

Entity Obliteration Process

- Ground the person who is being infested by the entities to the center of the earth, and from the crown chakra, connect them to the Supreme Being.
- Identify the circumstances of the infestation, how many entities and what colors. They come in bunches and will appear in all primary colors and do not appear black. The power they process is much like an ant crawling up the inside of your pant leg. Significantly annoying at times but, on their own, they aren't going to do much. They are definitely parasitical in nature. They have virtually no power and are easily removed if you follow the steps exactly. Just like an ant if you don't lock them down right away, they can move all over and be extremely annoying. Move into action quickly as they will not expect it. This gives you a great advantage, the element of surprise.
- Fasten the group of entities down to the center of the earth and with the same shackle attach the lead to the Supreme Being. The entities will now be locked in place and unable to move.
- Throw a rose on top the image of the locked down entities. I use my right hand, and I may even as I project my hand forward thrusting the rose onto the evil spirits say out loud, "Rose."
- With my left hand I project a cartoonish bomb onto the rose and blow up the rose, say out loud, "Bomb."
- Do this process for possibly three minutes or more. I suggest you stop to check on your progress after three minutes.

How to check your progress

- Momentarily stop the rose-bomb momentum and, using your muscle testing, determine what percentage of the evil spirits have been removed.
- Start the muscle testing at ten percent going up to twenty percent, and so forth. If it is more than ten and less than twenty percent then start from ten and count up (11, 12, 13, etc.), until you discover where you are in the removal process. It helps to see that you are making progress which

will give you courage and fortitude to continue.

Very Important: complete the process!

- Check to see if the DNA has a program for spiritual parasites or mental illness. If Yes, go to the DNA Obliteration process (see Chapter 2) and remove these harmful programs.

Follow-up After Entity Obliteration Process

Follow-up consists of spiritual therapy to insure a new pattern is established. Following the removal, I recommend the person do this activity:

Clearing Meditation for Twenty-one Days

Our free meditation “From Fatigued to Fabulous” is an excellent clearout. It will set a new energetic pattern for health without parasitical demons over the next twenty-one days.

Spiders and Snakes Obliteration Process

- Ground the individuals infested by the spider or snake to the center of the earth, and from the crown chakra, hook them up to the Supreme Being
- Identify the circumstances of the infestation and count how many there are of either spiders or snakes. They are typically grey. They are often alone but there can be a couple together. They are definitely parasitical in nature. They have virtually no power and are easily removed if you follow the steps exactly. I have found them to be evasive and sneaky so get them locked in right away. Move into action quickly as they will not expect it. Fast action gives you a great advantage: the element of surprise.
- Fasten the spider or snake down to the center of the earth and with the same shackle attach the lead to the Supreme Being. The spider or snake will now be locked in place and unable to move.
- Throw a rose on top the image of the locked down spider or snake. I use my right hand, and I may even, as I project my hand forward in thrusting the rose onto the evil spirits, say out loud, “Rose.”
- With my left hand I project a cartoonish bomb onto the rose, blow up the rose, and say out loud, “Bomb.”

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- Do this process for five or more repetitions. I suggest you stop to check on your progress after five repetitions of the rose-bomb procedure.

Follow up After Spider or Snake Obliteration Process

I recommend spiritual therapy to insure the new pattern is firmly established. Following the removal, I recommend the person do the following clearing meditation for two days.

Our free meditation “From Fatigued to Fabulous” is an excellent means of clearing out. It will set a new energetic pattern for health without parasitical spiders and snakes over the next two days. Steps in the clearing procedure can be found on page 81.

Ghost Removal

When we look at removing ghosts, we are not looking at an inhabitation of the ghost in a person, but rather, a ghost squatting in a home or other physical location.

Special Ghost Transition

Sometimes human spirits are stuck on the earthly plane without a body, although they are often unaware of this circumstance. Have a gentle conversation with them, letting them know they are no longer alive and that their move to a healing temple would be enough to move them on their way. These are not malevolent beings, so speak to them as if you were addressing a confused or troubled spirit; they do not posture in aggressive or even assertive ways. Your idea should be to make them feel safe enough to make a good choice to leave.

I recommend you speak to ghosts, as an authority, for a short time (say a couple minutes), to convince them they are no longer alive. If you can help them move on to a healing temple, ask them, “Would you like that?”

Do not, however, get into a long conversation with them. Do not think their stories are interesting and/or get tricked into buying into their world and reasons for being stuck. Just tell them who you are, that they are dead, don’t have a physical body any longer, and you can help them move into a physical healing temple.

If the answer is, “Yes,” find out what their faith at birth was, if possible. If you aren’t real adept at clairaudience, use muscle

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testing. And finally make your best guess. They will ultimately get to the right place, even if you start them at a starter healing temple.

If they are Christian, identify who you will call in to assist you, Christ or Mary. Ask for Mary, for example, to come and help you with the process

“Mary, this is so-and-so. These ghosts would like to join you in a healing temple and need assistance.”

Typically Mary will have her initiates (they look like nuns in black robes) help her. She may or may not hug the person/ghost. Typically, she will not. She hugs the faithful who have just passed over and are moving into her tutelage.

The two initiates will take the person/ghost by the upper arms and lift it up. In this process, the “soul matter” is left behind and the spirit is now more ready to take its place in the lower heavenly realms. Mary will tell you if they are in bad shape, but the prognosis is to go to a resting state for a prolonged period, to restore the spirit to a cleaner, purer state. (I think this might have been the idea of Purgatory.) However, I know this is not a place of suffering and penance; instead, it is a place of restoration.

You may actually feel them being lifted up and out, and in moments, they will be gone from the physical plane.

After I had done many of these healings, Mary, Mother of Jesus, began to thank me at the end of the healings. I was so touched when this started. I have always been willing to help lost spirits find their way back to the Kingdom of Heaven, whatever that is for them.

For Buddhists, I call in Kuan Yin or Buddha; for Jews, I call in Abraham and Sara. You can look to a guide or Avatar of the spiritual system they belonged to and get them moved up—away from the physical plane—and on.

If, on the other hand, the ghost is malevolent you must now prepare to do an Obliteration Process without hesitation.

The Malevolent Ghost Obliteration Process

- Ground yourself to the center of the earth
- Ground the ghost to the center of the earth, and hook the top of their head with a cord to the Supreme Being. The ghost will now be locked into place and unable to move
- Throw the rose on top of the locked down ghost. I use my right hand, and I may even, as I project my hand forward thrusting the rose onto the ghost, say out loud, “Rose”
- With my left hand I project a cartoonish bomb onto the rose and blow up the rose, saying out loud, “Bomb”

You will do this process for possibly seven minutes or more. I suggest you stop occasionally to check on your progress

How to Check Your Progress

- Momentarily stop the Rose-Bomb momentum, then using muscle testing, determine what percentage of the ghost has been removed. Keep in mind you can not “kill” this human spirit, what you are doing is making all of their intelligence vanish so they will no longer be harmful or a nuisance to people who are living in a body on earth. They will be starting at ground zero, without any information. They are beginning the long journey of spiritual development again: hopefully this time they will do better. You are essentially wiping their slate clean.
- Start the muscle testing at ten percent going up to twenty percent, and so forth. If your muscle testing shows more than ten and less than twenty percent, start from ten and count up (11, 12, 13, etc.) until you discover where you are in the removal process. It helps to see that you are making progress to give you enough courage and fortitude to continue.

Very Important: Do not stop in the middle of this procedure. Forge ahead until the ghost tests as completely gone. When I was new at this and clearing myself, I once ended up with an evil spirit hanging out of my right neo-cortex. It had

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positioned itself, literally, in my brain, and try as I may, it had gotten the jump on me and locked itself in there. I did not like the idea of a spirit hanging out of the top of my head, so I did rose-bombs on my head for a good five minutes, and I totally cleared it, along with some of my own intelligence. It was a good experiment, but it took about a week for my intelligence to completely return, so I recommend locking these spirits and demons down if at all possible, away from your brain and body.

As I mentioned earlier in this chapter, this is not part of the Human Blueprint, yet without addressing how to remove and clear these unwanted visitors, it is possible that an individual will never fully heal.

The experience of having demons, evil spirits, entities, spiders, and snakes in your body constitutes a spiritual illness. When you are going through the protocols, ask if your healing recipient has a spiritual illness, and when you find unwanted visitors, you now have a way to address this unfortunate and all-too-common situation.

I am aware that entities will get into technology such as your computer, printer, cell phone, or even your Wi-Fi connection and mess things up. You can follow the exact same procedures laid out above to remove troublesome spirits from your computer.

The journey of a human spirit in body is an amazing and challenging journey with many ups and downs. If you have had the unfortunate experience of having a demon or evil spirit occupy your body, you have definitely experienced a tough time. I ask you to look at what you were able to learn from the experience by answering the following questions:

- How did you become wiser?
- How did you become more compassionate and kind to others who are suffering?
- What did you learn about the serenity of a quiet body versus the noise of entities or aliens in your head?
- How will you now care for yourself differently?
- What brought the experience to you?

You could ask yourself many more questions to help you synthesize your learning. You can then decide to store your learning up in the Akashic records or keep it in your present time mental body. By approaching these

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challenges as learning experiences, you can wrap them up in a box of learning when you are completely on the other side. It will neither define you nor do you need to feel ashamed or embarrassed that you had that journey. You will not have to “wear” that challenge on yourself. It will just be your history. You will continue to be very sane, competent, and capable and go on to live a life of learning, joy, and exploration.