

## **Accelerate Your Wealth - Part 1**

Good morning, good afternoon and good evening and welcome to 2016 Accelerate wealth from the inside out. Yahoo. This is a class that I get all supercharged with and do the 'yahoos' every day. So please sign in. Let me know who's here and we're gonna have a very, very powerful class. Now, I'm gonna go through today explaining how the class works. We're gonna get to a few clearings. We're gonna set you up for a week of meditation and action and then you'll be, as you go through your day, your hand will be moving because you'll be clearing things as you go through your day and not to worry; if you don't wanna do the extra credit, it's perfectly fine to just do the meditations and the outer actions of the worksheet pages but I have set up for you daily clearings that you can do and I've got some charts prepared for you that I know you're gonna just be wildly crazy about. You'll be like, "Oh my god. Julie Renee, you did it." So welcome. So I see Janet and John already on the call and Nadia. Hi, Nadia. Yay. So-- and we're looking at this global mission here. I got the globe in the back and we're reaching up to the whole world.

Okay and here come all the names. Here's Don. "I'm back. Namaste." Janet. "Have a wonderful 2016.", Sherin. Yay. Erin, Tammy, Suzanne, Flora. Hi, Flora. Analee, Janet. Great. Great, great, great. I am so super excited. So let us start and we'll say hello to more people as they sign in but we're gonna go over to the PowerPoint right now. Let me just get it to the first slide and we'll get started. I see-- Let's see. I think Verty and Nany. Naney? No, No, Nae, Nae. I like that song. No, No Nanet. No, no Nanet. That's on here. I get the whole day. Hey you know what? I've started 2016 on a very happy, happy enthusiastic space. So very excited to have you guys joining me in on this-- in this kind of joy bliss day.

So we're going into the 21 days of accelerate your wealth and I want you to be thinking about these as if it's your first time through, know that you're gonna be working out the muddle, the kinks, the funky stuff in the first 9 or 10 days and I don't want you to get discouraged. I want you to know that it can be a little tough getting into the routine because you're kicking out programs and thought forms and even beings and you know ways that you've been for so long; you're kicking that out and you're standing-- taking a step into more powerful role as a wealth producer. So-- Oh and good morning there's Desiree. "Just signing in. Happy new year." So I want you to really kind of know that if this is your first time through, it's very, very normal to feel kind of mottled day 4 to-- even up to day 11 and this too passes and it's, you know, so many students tell me that they go through this and I wanted to just let you know that as you're clearing and you're meditating and you're clearing, you're meditating just keep your word to yourself. That's why we have so many little notes in the action sheets that say, "I promise to do this. I promise to do this." So that you can really just stand with your word even when it's hard and by the time you get passed day 12, you're gonna be rocking and rolling. Day 21

comes around so fast you're not gonna believe it and we're looking to create some miracles and we're also looking to create some permanent changes for each and every one of you. Changes that will stay with you the rest of your life. Your ability to create money, to manifest it, to bring it in, to hold onto it, to grow it is going to dramatically increase and we wanna be thinking right from the get go, "What are you up to?" I mean, what-- where are your streams have become; where can you bring money and see what I think about what the transformation is gonna be for you.

We're gonna start the class today with a mantra; actually 2 separate mantras and the first one, [Speaks in Sanskrit from 00:04:52 to 00:04:54] is the immediate manifestation of money which we're going for in this class and [Speaks in Sanskrit from 00:04:58 to 00:05:01], the removal of debts. So we'll chant each of these 3 times and we'll just chant them together. I'm thinking that most of you have taken a class from me before and probably have heard me chant this. So just chant along with me. [Sings in Sanskrit from 00:05:16 to 00:05:51]. Okay. And just feel any shifts. We're actually calling on the energy of the son of Shiva which is the creator/destroyer/remover of all obstacles. Ganesha is actually the remover of all obstacles. So it's great to do this chants is where you start your meditations in the morning; before you start your intentions when you're sitting at your computing. You might wanna print this out and tape it to your wall in your office. Okay and the second one, removal of all debts, and some of you won't have debts and some of you will and let's just go ahead and chant this because it could be karmic debts that you're removing. So let's go ahead and chant that. And by the way, I've had this-- these 2 chants taped on my computer for 4 years and believe me, it works. [Sings in Sanskrit from 00:06:40 to 00:07:15]. Again, just feel any changes in the body. Any changes in your field. Take a deep breath in and out, and welcome back.

Alright and I see Ashley has signed in. "Love and blessings." And we love and bless you, Ashley. Okay. So we're going on to the guide to your ultimate abundance and guidelines to inner and outer actions; these are-- this is why the program works. The program is based on both inner and outer actions and first thing we're gonna be looking at is the inner actions. So we're gonna be asking you to meditate one-- once or twice a day and that is entirely up to you. The daily meditation doing it once is fine and if you're really, like you've been stuck and you really wanna make a shift, maybe you're gonna use the five minute bonus meditation or we have a very short-- I think it's a 24-minute DNA meditation. So you might wanna be doing a second meditation during the day on wealth acceleration but at least once a day you need to be dipping into that quantum pleasure field and working on your mock ups.

Now, you're gonna hear mock ups that I was doing for myself 6 years ago and these mock ups I've felt like were pretty similar to what people would want to do. So for the first 9 days, you're gonna be going right along with my mock ups and of course, you're gonna be adding your mock ups. So you can pause you know-- it's gonna give you a

really good understanding on how to create a mock up. What I've found is that when we start with mock ups, they tend to be quite long and embellished and I really went for, in the meditation back then, the feeling that I was looking for and that's really important in the mock up that you have the feeling. And then you'll be getting some guidance as the class progresses on shortening up the mock ups to make them shorter in length and that's entirely correct but as long as you get that feeling. Sometimes what we notice is all the extra words tend to dissipate or diminish the mock up and you're gonna learn about mock ups to day. So not to worry if you have no clue about what I'm talking about. By the way, for everybody who's already started the wealth program and I'm sure most of you have, we're gonna reset everybody to day one today. If you don't wanna be reset at day one today, send an email to [support@juliereenee.com](mailto:support@juliereenee.com) and let them know that you wanna stay on your path but really what's gonna be we're all gonna go through at the same time. I'm gonna be meditating right along with you and doing clearings. So we're gonna create a powerful group mind and it's best-- it works best when we're all doing the same thing on the same day. And so that's what I would prefer you do is just start from day one with all of us even though you might already be on day eleven; so let's just all start together.

Okay. I see a few questions coming in. Oh good. Janet likes the chants. Aleya, "The slides are very blurry. Is there a way to get them clear?" Yes. Ashley, your computer might not be fast enough but you'll be getting the slides from us directly and my support person will be in touch with you. Okay and Shawn, "Do we have to sing the mantras or can we just chant-say them?" You could do whatever you want, Shawn. Saying the words over and over again is gonna be great, too. So either one. I mean, you know when you use the music-- the form of music, do you hear how it like-- let me just-- let me come back on here so you can see. There we go. With the 8 Lakshemi surrounding us and there where many priests, none of them spoke English, but we found a way. We somehow we're able to communicate and I studied with them for 4 months and every day I would go down and have a lesson with the priest, who spoke no English, and I did not speak very little of their language. I had probably a hundred words of Carnatica and I a little bit of Hindi. And what we really worked on was the sound and melody which really takes you, what I feel like it takes into a field, but you let know. Does that melody take you into a transformative field? So just let me know if that's the case. Okay.

Cayla. Kaylee. Sorry, Kaylee. "Will there be any a way to access a replay for those of us who are schedule in conflict with this live class?" You will get a replay within an hour after the class. So definitely, Kaylee. And John, "Message the video stopped streaming." Okay. Okay. So one of the things you're gonna wanna do is make sure that your computer is fast enough. I know we send out directions before you get on but if you have blurry or the video drops, that means that you're kind of on the border of enough speed. One of the choices you have is to click into YouTube. You could email

trainings@juliereenee.com and the YouTube video is streaming and it's uploading into YouTube and there is a way that you can watch the YouTube video directly and if watching YouTube works better for you, that might be the thing to do. Yeah. I don't know what happened 'cause I haven't seen an interruption.

Very good. And that's a great idea. So you can also listen and we've got the phone lines going. So if your video stream has interrupted-- you know I suggest that you have your phone also going. So if anything drops, you're not missing anything. So anyway, we've just kind of answered a little bit about the mantra and the power of mantra and it'll just be up to you on what you'd like to do. Okay. Let me know if that made a difference. Sometimes if I click to shut the video off and shut it back-- turn it back on, sometimes that helps. So I just did that. Hoping that does help. If not-- now it's working. Oh good. Okay. Alright. Wonderful. Well, sometimes that happens in the machinery that something looks off and it looks to me like it's on. Yay. Okay. Alright.

So the next thing that-- so we're in the-- we talked about the meditations and how to use them and do the gratitude's list and that's in everyday. So you're gonna get the action sheets and those were part of a big workbook that used to sell in a box. So you wanna print those out, those action sheets, or use them on your computer or however you wanna use them but I think that writing by hand in this case is really helpful. So I write down my gratitudes and I write down my mock ups and I answer all the questions each time I've gone through, and I've gone through this program probably 12 or 13 times and I just print it out and do the-- they just because the thing is every time you go through, things have changed and you're different and you have different goals and it's really interesting to save the old worksheets and look at, "Wow. Look at all I've accomplished." So that's my suggestion on the gratitudes and reflect on the questions and really answer them. Think about them. Take a little bit of time not to just scribble in the answer but what does this really mean to me and then do the quantum pump clearings and we're gonna be doing clearings each class for the four live stream classes and then we have a special bonus class, it's a phone call where we're gonna go through your mock ups and one by one each of you will have a chance to say your mock up and I'll do some coaching with everyone.

The outer action is to do your homework and second thing which maybe we'll surprise you is I really recommend that you exercise daily. This seems to get, when you get the body moving, you get the energy moving. So you wanna actually have some kind of fun exercise. I've started doing Yoga booty ballet today. So that's gonna be my 3-week yoga booty ballet and hiking on the mountains is what I'm gonna be doing for exercise. So you find what's gonna work for you with the exercise. It doesn't matter what you do. Just do something. Just be in some kind of action with your body because that outer action seems to really help. Take your daily action in your work. So when you're working, identify areas where money, love, health can come in or improve and focus on

those areas. So we really want you not to be kind of dreaming about some future life. We really take it in to what where you live now; what you're doing right now and we want you to manifest powerfully in present time, so. And yes it's perfectly fine to start mocking up for the future. I know I've got mock ups to be bring my company into the top female owned companies in the US and that's you know ten million and I've got a goal of doing that in 24 months and I got a goal of winning a Nobel Prize in the next 10 years.

So you could have those kinds of mock ups too. It's a perfectly good because you're gonna reflect on who would I have to be to be in one of those spots of the top female run companies in the world or female owned companies in the world or who would I have to be and what would I be doing if I received a Nobel Prize. So those kind of mock ups, they're great but I want you to really have some that are really in the moment today. Really look at creating maybe the most powerful and most abundant January/February/March or the first border ever or you know the first 3 weeks of January. The most effective, powerful, newest-- you know bringing in the most clients. I've seen all of those miracles happen. I want it to just put it in your mind that really when you're focusing, none on kind of the dream life but on the life expanded that you're living in now, you're gonna get to the dream life.

"Top 10 list of abundant breakthroughs that was in the beginning. Thanks." Well, I think that that'll be listed as we go throughout the class but people-- 3 people have brought in a hundred thousand. One of them was literally a gal who was meditating and imagining hundred thousand coming in and she got a notification that of a great aunt who'd she only met once had passed away she was the only living heir and she inherited 250 thousand during the time that she was doing her mock ups. Another woman who had worked in ten years meditated for 7 days and got-- she was in London and got an ideal job offer in New York. People who have gotten gigs. I've had an actor who hadn't really done any acting for awhile get a commercial spot that lead to something else and he had 5 thousand dollars right on the spot for the commercial. A man-- let's see. A woman who owned an architectural firm. She had been going through a tough time and they had multiple losses going. She was just really struggling and she brought in a 50 thousand dollar contract but during the 21 day, she also was struggling with her relationship with her husband and they took a little second honeymoon, a weekend-- 4-day weekend in Paris and renewed their love relationship with each other. A fellow meditated his way to a mock up of bringing in a scholarship for his adopted daughter, a 10 thousand dollar scholarship. Just you know, so many breakthroughs and the ones that we're looking for you are your specific; what you really need.

So a mock up is not a goal. We're gonna get to that. So I know you're excited about learning about mock ups, so. If we can just follow the slides, that would be so perfect and I love you and I get that you'll be like, "Yay. I'm ready. I'm ready. I'm ready." I get it.

And so now we're on the mock up process and actually that's so great. So you're all like, "Tell me. Tell me. Tell me. Please, Julie Renee." Alright. So let's come back to me. So alright.

So the mock up process you're gonna be doing-- how many of you have started the meditation? So I bet a few of you have. And you're gonna be sitting in meditation and you're going to be-- first of all you're gonna be mapping it out. So let me see. Do I have that? Yup. I do. We used to, like I said, we used to deliver the program in a box and this is what the program used to look like. And when we write out a mock up, we'd say you know what we're really looking for. So let's see. Create a list of 4 mock ups. These are intentions for your future. So your guidebook which is now sheets that you download is gonna have this. It's gonna really go through step by step like make them believable and let's see here. Same time every day, develop the day-- Okay. So the mock ups need to be believable. So in this one I wrote, "Increase my list. Reach 10 million in 12 months. Transform my health. 10 million within 24 months. Books. Social. Home grounded and new look." So-- Home grounded, looks, social hope. Oh yeah. So I have 11 books. I'd like to get all of those books out on Amazon. They need to go through edits and things like that. So that's what that's about. My social life I've been working on. If you work every moment of every day, you're too tired to go out. So now I have the social life. So this was from November. These was things that I was starting to mock up in November that I was working on.

So a mock up is basically something that you're saying already exist but it doesn't exist in your reality at the moment but it's real and if you believe that there was no time, no space and that you were living into your future already; stand in the future look at what it is that you're intention is already exist. So I would say with the top female owned company which I did some research on it and I was like, "Oh. So that is what would qualify in 2015." So many in 2017 it'll be even more. I don't know. Probably will. But I'm just gonna-- So I've seen myself in 006F wning the-- I see-- Let's see. I see myself owning one of the top female run companies in the US. And then you could give an end date and you could make it-- you can put emotion into it and you'll see that when you're doing the mock ups in the meditation, you'll see that I've really put a lot of feeling into it. So it could be, "I feel amazing in my beautiful Gucci outfit and I am receiving an award being acknowledged by the Pentagon for being a leader in the-- and a leader and owning one of the top female run companies in the US. I feel so grateful, acknowledged, beautiful and fulfilled."

So that could be-- that could be the beginning. That could be the start of a mock up and then I'll work on it a little bit. I fine tune it but you could see that if you can put some action into it like I'm being acknowledged by the Pentagon for my work and contributions in the human growth area and also for being recognized for being one of the top female owned companies in the United States. So-- but I'm starting to get some feeling into it.

I'm making kind of an imaginary-- I'm at an awards ceremony or something and I'm receiving that acknowledgement and you know it's funny how many times you start imagining that and it actually comes true.

I had been imagining-- and imagining meaning you hold it as true. You're living into it. It's your mock up. So I had been seeing one of my mocks I told my girl friend Cecily Kate I said, "I'm gonna working with Jack Canfield and he's gonna give me an amazing testimonial." And I told her 4 years before I actually met Jack Canfield but I was aware of him and I just energized the space with a lot of love and happiness and I just saw us working together, with Jack. Out of the clear blue had brought in. I came into a 15 authors get coached in his home and I came into his event and out of the clear blue he brought in a video team and I wanted to bonus you each a video where I'm interviewing you and the interview that I got was you know like-- I don't wanna be bragging or anything but it was 100 times better than anything anybody else was doing because I energized it so much and Jack was so happy. Some of you have actually seen the video with Jack Canfield where he's kinda, "Oh my god. I fell in love with her and her work is amazing." So I mocked that up and he created it for us to do. So he brought in the film crew and I didn't need to do a little kind of selfie of him talking about him loving my work. You know the professional people and so you can stand in the future and see that that's happening and I really energized it and then let it play it but you would have to be being and what steps would you have to be taking. Also with my business success, I think one of the things that I have done is I've made God my business partner and I said, "Yes." to everything that I've prayed about and gotten go for it.

And so for about a year and a half I was-- I have perfect credit. I was spending a lot of money. Using my credit, I figured that was the credit is for. You know I've built up a good amount of credit. So I went down about 200 thousand on investing in my business but every time I pray about it I get a yes. Yes do it. You, you need this. Yes, do it. And so I kept going with that strategy and then last summer in July, I determined that I really needed to buy a house and I wasn't willing to live in a little condo by the freeway anymore. And so I started just seeing myself really living in this beautiful home and that I would have all the wealth and abundance that I needed to do it. Well, from the moment I started that intention, mock up, clarity. I was very clear that I was gonna be living in this house. I saw it on November but even in July, I was absolutely certain I would be living in my dream house. And I'd clear all that debt, 200 thousand of debt in 6 weeks literally it was gone. And in November, I was told that I qualified for a 56 thousand dollar mortgage and I said, "Oh no, no, no." I know it. You know 'cause they don't really give mortgages to people who have taken a business loss and I taken a loss the year before and she said, "Oh. We'll come back in two years." I said, "Well you don't really see my reality." And I kept mocking up. I kept seeing. I kept seeing the vision. I'm living in my big home. I would see the perfect mortgage. See everything coming together and

literally in a 4-month period, I brought in 800 thousand and I was able to move into my dream home and get a really reasonable mortgage. It happened amazingly fast. When you're really clear. When you stand in the future and you absolutely know this is my possibility and anything and everything it takes, I will do the inner and outer action.

You don't just meditate; you take the outer action too but you clear away all the atheist energy. So what I say about that-- what I mean about that is that you've been going along in a particular way and maybe it's been stuck and what you're gonna do now is you're gonna clear away any thought forms that this is the way it always is and so whatever group mind, whatever life is hard, money is hard. You know you have to work hard for a living, you have to be on a budget and many budgets are good. I'm not saying that but there's some compression or suppression that I want you to kind of get out off. So that would be something that you might have to pump a little bit for, too. If you're in that kind of strong belief that this is the way it is. You might need to pump and clear that and then being really active in your business and certainly I worked really, really long hours and created this miracle for myself but it was an incredible miracle and I stayed at that elevated plain. So I was able to maintain that momentum and keep that level of what I had reached. I've been able to keep that level and some going to the next level.

So I hope that gives you a good sense of what a mock up is. You're gonna be practicing mock ups and getting a lot of direction in your guide. In your guidebook and also doing the meditations them self. So just-- I don't want you to worry too much about it. You're gonna be kind of mapping out. It shouldn't be more than 20-25 words. The longest ones. And what I ultimately want you to think about is like a 16-word mock up and even shorter is better as long as you have the feeling in there that I feel great, I feel wonderful, I'm living in my beautiful home.

I mean one of my big mock ups for this year is I'm adopting children and hoping to adopt one and then quickly, maybe within a year, adopt a second one. I'm on the twins list though. I make it twins. That may happen but you know, ideally, that would be one at a time and so that's-- you know I'm living into that. I'm seeing it happen and it's really, really wonderful to me. So I just want you to be really thinking about what it is that is going to be really fulfilling for you.

In the beginning, we start with some things that are believable and simple. I'm really good at manifesting flowers. So you know it's out of the clear blue, someone would bring me flowers and I do that quite often. So that might be something that you might wanna try is just mocking up someone bringing you flowers. Mocking up someone buying you a cup of coffee or tea. Someone inviting you over for supper or taking you to dinner. But mock it up so that you can see that, "Oh. I created that." I created that with a thought form. I felt it. I held it in my heart and I created it and it became real. Because



the more you can see how powerful you are, the faster the bigger ones will come too. Okay. Lots of questions coming in.

Alright. I see some excitement about the adoption. Yes. Yes. I'm very excited. Okay. So did the top 10. Analee started the meditation. That's great. And let me answer John's question and Patricia, "Do the mock ups need to be felt as possible truth? Can we use muscle testing to find out if a mock up is believable to us and if you mock up is not believable to us, does it move into believable from doing meditations of 21 days. Well, what we usually suggest-- what I usually suggest is you take it down where it is believable and usually 10 or 20 percent more than what you are doing becomes really believable to the body. You wanna put the body in trauma and the other thing though that you'll be thrilled with is that I'm giving you some charts of how to clear the daily things. Let me show you one of the charts that you're gonna be getting down here. So today you're gonna be getting 4 charts and there's a little bit of room for your notes on how it went and how much time you spent. I'm gonna give you a couple of charts on the clearings and if you'd like you can go through these. This is extra credit. So say for day one, relax and succeed is the topic for the day.

So the ability to set and realize goals follow through with class homework and clear using both amplification and perception charts, which you'll be getting, and then notes of time that you cleared. So that's gonna be part of those of you who wanna go full force and you want the extra assignments. These are things that you'll be given today to work on for the next week and just go about your day pumping. So the meditations you have to do. So that's not a choice. The clearings are an option, so. It just-- it gives you an opportunity to do some pumping in the day to clear an area for yourself.

So let me just show you-- since I showed you the chart, two things: one is how do you pump and I'm sure all of you know but it's good to have a refresher. This is the quantum pump. And the quantum pump works because the quantum field is defined by everything that exist in the universe is particles vibrating and based on how the particles are vibrating, we get flowers, a glow, Juliee Renee, a necklace. And so if we do this pump, this pump re-arranges with your thoughts. So we think about what we're gonna clear.

An issue I know right now I'm working on clearing my hands and we're gonna pump and it's going to clear the blocks that we're working on and you're gonna be entirely supported. So I want you to see what it's gonna look like for you. Let me see. Where did the charts go. One second here. The would've snuck away. There. I see they're hiding down at the bottom. There we go. There it is. Okay. So not to worry. I know that you are thinking, "Well, I won't know what the-- what to clear." And here's-- what the chart looks like. So if you wanted to muscle test and see then this is the what the thing is that you're clearing, so the name of it, and then what it is; where it comes from and does it attract

spiritual pests issues and then how to clear it. So you're gonna get this amplification and perception char also. You're gonna get 4 charts today and today is the one day where you're gonna a whole bunch of stuff and then from now you'll get one chart a week. So just wanted you to see that you're gonna get a lot of detail here so that you can continue, even after the 21 days, you continue to really work on your wealth acceleration. Okay.

And the other thing you can do Patricia is if you want to clear and it registers as not truth, your meditations won't be really effective but you could clear-- you could look at like the amplification, perception, emotions chart and you could clear the blocks like these thought forms or group mind or bloodline or DNA whatever it is, you could clear that to zero and you'd probably get a much higher set point. And by the way, set point I think-- set point on mock ups is coming up and-- let's see. Set point. Set point looks like day 3 is set point. So that would be a day where you'd actually have the homework to up level your ability for the mock ups. To make bigger mock ups.

It's very interesting to up level on set points. I can tell you that I've done some things that have really, really changed my world. The thing about removing violence from the field really ,really changed my world. But with set points-- let's see. My set point to live is I'm set to live 400 years right now. Really strongly. That's a strong yes. 400 years. And I'm set to be able to bring in 50 billion dollars. Very strongly. I bring you 50 billion dollars. So I've changed my set points so then it's who would I have to be being to have that experience happen so I continue. I work on myself right along with you guys. So everyday I'm working on myself. I'm gonna give you the clearing that I did and you might save this for a week or two in, but let me show you the clearing I've just done which was on suppression and I think that that would be really exciting for some of you too because some of you probably have the same issue I had, the suppression. So let's see.

Yup. This is the one. So this one-- I was also, "Why can't I get to a hundred on my own hundred on my clearings." I clear a hundred percent but then it registers in my body at 98 percent and what I discovered was there were problems with suppression, domination and control. And so by clearing, these were the things that I cleared, you might find additional things that you need to clear but/or you might not find all of these things. I had a massive amount of suppression, domination control in my space. So this I got to a hundred percent clear which I know is gonna help me tremendously. So those are the 4 charts you're gonna be getting. You've seen 3 of them. The other one is the perception chart looks just like amplification except it has other ones on it.

Oh wonderful, Dana. I'm so happy you understood it. Wonderful. Angelina's here. Good morning. Patricia, "I wonder if the obstacle is our focusing on what we perceive is wrong for your life where by doing the process places us into potential possibility and creating

all of which rests in unity. How do you feel, Julie Renee? Gratefully, Patricia." And I think that that question is if we focus on what's wrong, will we ever get into what's right and I think that really not. I mean I really didn't focus on the debt when I cleared that debt in six weeks. I focused on what I would need to have; to have my dreams-- my beautiful home and of course, immediately, the debt cleared because I was looking at myself moving in a beautiful home comfortable without debt. So you know, I think that you have to be-- yes you have to say, " Well I recognize that there's debt but with the focuses is what you wanna create." So if you focus on debt, you're gonna just get more debt. I know they said that in secret. It's funny I'm feeling I'm repeating somebody in the secret. If you focus on what you wanna manifest and then know that you have to set up some kind of a payment plan or something you have to deal with the debt but not have it be front and center because what's front and center is what you're creating; your wonderful life you're creating. And the grace, the ease, the joy and the happiness, the fulfillment, you get out of that creation.

"Congratulations from Janet on the adoptions." I know. I'm so excited. I had some students in and they were joking with me that I had like the new mother glow. I don't know if that's true but I know there's just a whole lot of happiness in me and my body and my emotional field. Okay. And Aleya, "I'm adopted and it is wonderful." Thank you. I'm sorry. Ashley. Wonderful, Ashley. That's so good to know. You know it's so funny once I brought up adoption, I find that everybody is adopted. My messages therapist is adopted and the who services my car is adopted and--. Lot and lot and lot of people are adopted. It's so funny. Even went to church with parents and the first thing the minister talked about was adoption. Okay.

Tammy, "Is it okay to meditate in bed after we wake up and before we get up? Also, is it okay to meditate while we walk on a treadmill?" I don't think it's good to meditate while walking on a treadmill but I would listen to the assignments on the treadmill. So all of the lessons are recorded and you'll get the audio or the paper version. So that I would do. I want you to really focus on those meditations. I want you really like all in there. Lot of times when we're on a treadmill, we're kind of spacing out of our body and I want you really in the center of your head. Focused on the outcomes. So it's perfectly fine to do it in bed. As a matter of fact, that's when I do it. I do it when I wake up. This morning, I woke up at 4. I did my meditation then I went and worked out. You know, so I think that that's really like a wonderful way to roll into the day is to do it immediately when you wake up. I have a little computer and I just click on. You can upload the meditations or you can just click on the day for the meditation. We can lessen that way. So whatever works for you.

Okay. "Can you give examples of clearing the issues?" Well, you're just pumping to clear the issue for the day. So you could muscle test how many minutes would I need to clear or how many hours and then you could just pump. And if you're really good at

muscle testing then you could go through Lucifer stops, bloodline, soul contracts. You could learn about where the blocks were if you wanted to. So you'll have that material if you want to but you could just get a sense of 'I'm gonna clear for an hour today on this'. If you don't know how to muscle test and you can just pump and just you know see the project for the day clearing. Okay.

"My muscles testing still not 100 percent. I get very contradictory results. Is there anything in perception/amplification that I should clear? Thank you. " Anelee, there's-- you know I might, at some point, do a chart on when muscle testing is a little blocked. Let's see. Just for you but I-- it's common. About 10 percent of people have some challenge with muscle testing. They can get through. My student Nina got to where she's muscle testing a hundred percent which she started it was just wobbly-wobbly. She couldn't get a clear answer. She did a lot of clearing. It's oftentimes in like holographic inserts, spiritual parasites that kind of thing. So let me if-- I don't know. The next week's gonna be really, really pushed but I think that that's a worthwhile thing to chart on is all about possible obstacles for muscle testing but if you were to look at holographic inserts, implants, seeds; I think those three and then bloodline, I think those-- those 4 actually. So those 3 kind of mechanism kind of things and then bloodline, I think that you'd have a 70 percent improvement on your accuracy and then I would-- I just need to kind of map out for everybody. I think that's really, really good chart to make. So I'm gonna do it. Thank you.

" Can you show how to clear the issue with the quantum pump." That's how you do it. Okay. "Can I have 50-45 to work. So is it effective to do meditation?" Definitely. It would've whenever same time every day. Doesn't matter what time you do it, John. "Would love to help with clearing blocks to muscle testing." Tammy, "When we go through the list of blocks, can you please give a recommendation for what wording is used in the issue." I have done that. On this chart, you'll have some of what you're clearing on it, so. "And is there a better recommendation for wording-- to accelerate wealth, to attract money or attract abundance." Well, you'll see. I mean, Tammy there's a lot of examples everywhere. So I wouldn't worry. You're gonna get a lot of examples and if you're still not feeling like you're getting the answers after 4 or 5 days, let me know but I think that you're really-- they're very-- there's examples everywhere and I've also kind of mapped out what you would say from the clearings if you do the daily clearings.

And then Patricia, "What are seeds that you mentioned Anelly for improving?" It's just something like an implant. So just one of those other things that you know, spiritual critters can pop into the body and I see seeds in the hands quite a bit but also they can be in the belly. We're not really gonna go into that in this class. This is not that class. But just to know that it exist and it's like an implant.

Okay. "If we dozed off during meditation, I doze of sometimes with Dynamism, are there recordings of meditations still effective?" They are but you'll want to do the mock ups that you wanna be involved and dynamism is an hour long and you're mock up meditations, the longest one is 37 minutes, and they run somewhere between 20 and 37 minutes. So they're shorter and you really do wanna kinda be proactive and be right in there working on the transformation. If you've done dynamism a lot, you might-- your body might be used to it so you might need to switch it up a little bit.

Okay. Very good. Let's get back to the PowerPoint. Let's see if we can find-- Yup. There we are. Okay. So we've gone through the mock up process and answered a bunch of questions. Day one clearings. So what we're gonna start on right now and we're just about out of time. That was amazing how much we answered today. So I feel like we're getting off to a really good start. So day one clearings that we usually do in this class are: the rite to take up space and exist; the ability to follow through and give this yourself 21 days of breakthrough; the rite to have wealth, great health and love; and the ability to bring in sustain and growth wealth. And then these clearings would also be related to-- so if you did more clearings you know, whatever your goals are. For example to have a jumbo mortgage, to have a million dollar bank account, to bring in 10 thousand monthly, for your new love, to have great love life, social life, great health, great diet. If you haven't listened to the meditations yet, you'll discover that I give you some really nice examples of mock ups in the meditations. So they are coming. You'll get them.

So what we'll be clearing today, in the last few minutes, is Lucifer stops, soul contracts, demonic curses-- see, let's put bloodline up here too. We've changed that since the last class. Bloodline now goes up in amplification. There we go. So we'll be clearing this in amplification: satanic or dark energies, ghosts, cycles, timelines, and karma. And then we'll be clearing: group mind, group mind virus, curses, black magic, atheist thought forms, trauma from past life and also this life, etheric body, cycles and timelines. And emotional thought forms, ghosts, emotional body, etheric body, shared energy, cords, contracts, agreements, karma, cycles and timelines. And then we'll take the bloodline off of here now, so. DNA-- oops. Sorry about that. It's my hot hand there. DNA resets and then if you have DNA from another person for example you've had a transplant or transfusion. I have. Then you wanna clear the DNA from the other person too that exist in your body. So those are the things that we'll be clearing today and let's see we have about 6 minutes left. So everybody is pumping and I'll come back. I'm coming back. I want the world to see that I'm in ecstasy. I'm coming. Okay.

So let's just go over the guidelines as we're pumping. You're gonna do this. Pump, pump, pump. Pump, pump, pump. Pump, pump, pump. I do a little bit of different pump 'cause I'm pumping on all of you. I'll just show you what I'm doing but don't do it. I'm doing this for all of you. So mine looks like a whirly gig. This is you, you're doing

this. And I'm doing a whirly gig. Alright. So let's go over the guidelines again. We're gonna start you all with day one today. So even if you've been meditating for awhile and it have been started to create some changes, we're gonna get everybody going on day one today. And then you're gonna roll through the 21 days together. You're gonna be doing your mock ups at the same time every day. So if it's early morning or if it's after work or it's before bed time. If it's at noon. Whatever time is good for you is the right time for you. So there isn't a prescribed 'this is the best time of the day'. For me the best time of the day to get a meditation and workout in is early in the morning before I start hitting you know, the demands of the business and life. So I wanna get it in before everybody else is talking. So that's when I do it. But if you have a better time-- I just recommend that you create a space for yourself if you're doing it in the afternoon or evening or sometime during the day is that if you have kids, just say this is my time I'm out. I'm gonna take 37 minutes for myself. Do you wanna watch you know Sesame street or whatever. Just sure that you actually maybe have place be quiet for 35 minutes on your door and no interruptions or something 'cause you-- if you-- you need kind of sanctuary space to accomplish this.

It's about an hour and a half a day between the mock ups and writing down what you need to write down and doing the meditation. So plan for that. For 21 days, you're gonna work for about an hour and half a day. If you're doing the extra pumping during the day for the extra clearings and I realized some of you this'll be brand new for, you might add another hour or two to your day of pumping. Now you can do that while you're in the kitchen or you know, watching the movie. As long as you kind of set your mind to it. If you're watching a movie and you're pumping and you've totally pumping the movie, that's not gonna do much but if you've got kind of an idea in mind and you pump, you don't have to think it over and over again but every once in awhile just come back to it and make sure that you're pumping to clear, that works. You know when I really am effective, I love to pump when I'm out hiking or walking or walking around the house, my hand is moving in public. So you can get in extra pumping without having just to sit still and focus. You can pump wherever you are.

The meditations though I recommend that you really do. That's when you just reel it in and focus and you sit or lay and I just really encourage you not to fall asleep during these meditations. These are not the ones your wanna fall asleep in. So be rested when you start. Drink lots of water, keep yourself positive and excited, eat-- you know there's gonna be stuff coming up. Like I said, what's really normal is from somewhere between day 4 or 5 and 9 and 11. That kinda blocking there is kinda of where 'uggh' and then this happened and 'uggh'. So that's normal. Doesn't happen every time, it happens the first time. So don't let yourself down just keep doing meditations and doing work with pages and really plan out your day a day or two beforehand so that you make sure, "Oh well that day I have Red Cross training and I'm gonna be gone for 8 hours starting at 6 in the

morning." Then you better plan a different time. Don't skip that day. Plan a different time to get it in or do you know what you need to.

You can listen to the training in your car maybe. It's on audio and not the meditation. You're gonna have to figure out maybe the meditation is when you covers at night. I don't know. But really think it through so there's a day when you're really occupied by other things you need to get this in and let's see. Let's try on the whole class. Get through all 21 days of doing meditations and doing the outer actions. So I really want you to commit to it. Commit to yourself and just understand that how much you are willing to put into this is how big the transformation is gonna be. So the more you do, the more effort you make really what I've seen from my students is when they really take it and say, "I'm gonna make my world better." Different. You know, they actually accomplish it and that's where I see that no matter what attitude that 'I'm gonna do this no matter what' that's when my miracles always happen. It's that kind of like, "It has to happen." I refuse to do anything other than have this miracle standing in my future and seeing that is exactly what I've intended. Okay. Lots of things.

Janet is asking if I'm pumping away or towards and I think she's asking for other people. So your elbow is at your side, so it's at your waist and your hand is going out and in. Out and in. So it's not really going away or coming towards you, it's both. Kinda like that except that's exaggerated. It's not that hard. 'Cause if you did that, your hands would wear in a minute. It's really just kind of throwing your hand forward and back. Understand that's kind of our almost like a reflex. That's the pump.

Oh good ,Janet. I'm so happy. Okay. Let's see. Tammy, "Is it important to do the mock ups right after the meditation or can we do meditation?" No. You don't have to do them at the same time. Do them when it's convenient. I want you to block off those 37 minutes for the meditation and then block off some time for your mock ups, the workbook stuff, but it-- those don't have to be done one after the other. Just make sure that it's best is same time every day. Okay. Well, John that's another issue but you know this too shall pass I'm sure. Anelly, "Is it okay that on working days I do daily chapters at one time and 3 days I do at another time?" Yes. It is okay. Definitely. And then Anelly, "It takes me time to work on this material." It takes everybody time and I'm really happy that you're saying the because it does. Because this stuff is kind of digging into the inner recesses of you and what we start with is we start with what we think and what we end up with midstream or towards the end is what our real sole purpose is or our mission. And so we're starting with ideas in our head and we're gonna integrate them into our heart and we've gotta actually do the work pages, the actual pages, to get to that point when we go from head and what you think or what other people told you to really knowing you. So it does take time and I appreciate that you know that.

So you guys, you've got a couple minutes over. I love you. I appreciate you. God bless you. I asked my producer to put a few videos in for you of upcoming classes. We have some really exciting stuff coming up this week. By the way, on Saturday morning, we'll be sending out an announcement probably today from 9 to 10, we'll be doing kind of a state of union address and I'll be telling you what's coming up for 2016. I'm what I'm excited about. Kind of some of spiritual forecast that I see energetically. What's coming up in our trainings and it's gonna be a fun Saturday morning. Saturday from 9 to 10 Pacific time. How to grow younger and the weight loss class are coming up too, so. God bless you. I love you. Have a magnificent week. I know you will and I will see you next week if not before. Buh-bye everyone.

**[End of Transcription at 01:14:35]**