



Beautiful From the Inside Out Lighten Up 8 week Program

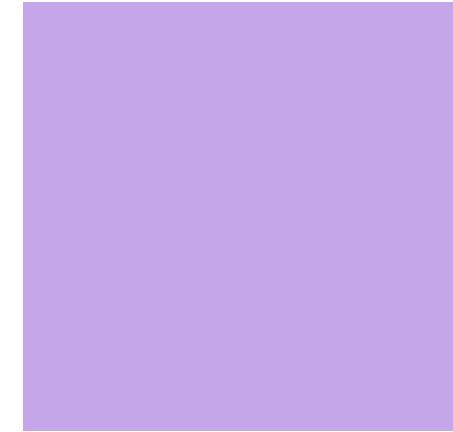
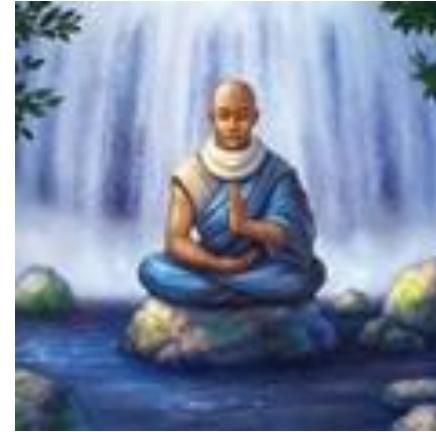
JulieRenee.com

+

Opening blessing

Om Tryumbicum Yajamahay Sugundim
Pushdivardinam Urvar Rucumivatbandinaot
Myrtyor Muckshea Mamretato

+ Remove all
obstacles
from our path



Clear all that interrupts the flow of
easeful release of excess

- 1. Living in and owning
your beautiful dream body**
- 2. Out of High Alert into Calm**



Clearing

Bloodline
Lucifer stop
Soul contracts
Demonic curse
Satanic curse
Evil spirit curse

Group mind
Group mind virus
Black magic
Curse
Atheist thought forms
Trauma
Cycles

Emotions
DNA



Holographic inserts
Mechanism
Seeds
Implants
Permeations
Portals

+

How to succeed
Daily practice



Meditation
Healthy Weight Reducing Meal Plan
Daily Exercise
Staying peaceful and calm
Extra credit clearings