Healing the Sex Glands and Organs_Women_Transcript

Good morning, good afternoon and good evening. Welcome to Healing the Sex Glands and Organs for Women. This is going to be an amazing, amazing clearing. It's going to make a huge difference in your life. Please do sign in. Let me know that you're here. We are going to be starting off our class with clearings. We'll talk about what happens when we lose function, when we lose health and vitality. Some of that is from programs; some of it is from stuff that's happened to us like maybe a bad sexual experience, maybe a miscarriage, some illness, some exposure to a disease. We're going to go through that and kind of clean house.

I see Marian, and Carina, and Gilda, thank you so much for joining me. We have a really nice, beautiful group of women joining us this morning. We'll start out with healing the sex glands and organs for women. It's a 4-hour focused rejuvenation of the female body. We're going to be clearing. We'll be doing healthy clearing and the regeneration. We'll be doing regeneration of the uterus, ovaries, cervix, fallopian tubes, vagina, labia, clitoris and G-spot. Yahoo!

Alright and I see Anellie, Connie, Sharon, Roxanne, Erin, Katherine, and Audrey, and Kate. Hello, hello! So we're going to start with muscle testing, just so you have an idea of what we're doing and how we're getting the information. And I recognize most of your names, so you're probably familiar with how everything works, but in case you're new, we test what the situation is by muscle testing and that's Kinesiology. It was actually defined in 1976 by a chiropractor who noticed that the muscles of your body could relay to you truth, could relay to you the information of the body. And then as we've developed it, in my program, actually we're able to read through muscle testing read other bodies too. You're just holding the fourth finger on the right hand very, very stiff and then pushing down with the first finger of the left hand and you're saying, "I'm Julie Renee..." "I'm Bozo the Clown..." You can see that it drops when I say Bozo the Clown. So essentially, that's muscle testing. There's all different kinds of ways to do it. That's the way I teach it in my course. We won't really be doing muscle testing today, but we will be giving you some charts and if you like to after class test and see where am I at with things and you have a little bit of skill with muscle testing, you'll have that ability to test where am I at with things.

Okay Katherine and Audrey, I've said hi. And then Kate, yes. Maria, "Billions of thanks for this year." You're very welcome. Em, hi! Marie, good morning and Marquia, good morning. Reconnecting again, wonderful. Very good. And so we're done with muscle testing and you know I know the nest slide, so let's just go ahead and show you. What we're going to be doing all day is pumping, pumping, pumping, and pumping. The quantum pump is a hand movement and your elbow is down at your waist and your

hand is moving forward. That is it. My hand is moving. That's what we're going to be doing all day. You're going to see my hand doing all kinds of different things because I'm going to be working with the whole group and so my hand might go like that. And there might be some funny stuff going on; don't do it. That's me as your mentor working with the whole group. Your hand movement is this hand movement. Use that hand movement. So if you see something funny going on with my hand, just know that it's the teacher's hand movement. My hand is very responsive to what's going on in your bodies and so it will do this and it will do all kinds of funny things. So just know that this is yours.

And why does that work? Let me just explain a tiny bit. The blueprint is perception, essence, matter, energy, and realms. Perception is thought forms, essence is spirit, soul, life force. Matter, everything physical – cells, glands, organs, fluid, bones and all of that. Energy is the energy body which by the way, we're doing a fantastic tune up on the Chakras. We'll get them to 100%. The Aura, the golden rings which is your halo, the meridians, the Nadis – we're working on that in Golden Age this week. So if you are wanting to.... Excuse me, Your Year of Miracles and it's not Golden Age anymore. Your Year of Miracles, we have 36 hours of regeneration this week on Friday morning. We have a 3-hour regeneration on the entire energy system in the body. Wow, that is incredible.

Okay, so there's perception, thought forms, essence, spirit, soul, life force, matter – the physical body, energy – chakras, meridians, aura and all of that stuff. And then it's supported by realms and the realms are Genesis, which is out of nothing, new life. Embodiment, the ability for the spirit to live in the body. And then we have quantum, which is the field. The quantum field is defined as we all exist in this field. It's particles vibrating. When we do the quantum pump, we're actually able to rearrange the particles to a better circumstance for us. That's what the quantum pump does for us and that's we want to get into the quantum pleasure field, which is where miracles happen.

And then finally we have the field of amplification. That's the law of attraction field. Basically, you can think about that as, whatever I consistently am thinking about, it's expanding and growing and morphing into something; so you want to think about positive things.

Okay, let's see. Wow, that's a lot of sessions Maria. Let's see what we can do for you on the pregnancy thing. And Heather, "I'm glad you are having this program." Fantastic, Heather. It's nice to see you on the call. Paula, "Hi to everyone!" And by the way, Heather is one of our new immersion students and some of you might also want to join Heather. We still have some spots open for the yearlong immersion training. So if you're

thinking that you might want to train as a practitioner and get your master health activator certification, there are still a few openings. And let's see, Paula, "Since menopausal I've had vaginal dryness and low libido. I want to change that." Perfect Heather. That's awesome.

Okay, so we have gone over muscle testing and the quantum pump and I think we're ready to jump into our clearings for the day. Oops, I'm sorry. My hand has so much energy. Sometimes it gets hit by the mouse and it freaks things out. I'm sorry about that. Okay, so we're going to start with clearing programs and the programs we're going to be clearing are bloodline, Lucifer stops, demonic curses, evil spirit curses, Satanic curses, meme, miasm curse, black magic, trauma, Atheist thought forms, emotions and DNA. And I thought it might be fun to actually see what you're clearing, so let me show you. I've got a couple charts up here where you can actually see what in the world we're working on. Let's see here. One second, I'm just going to switch out so we'll off the slide and we'll be on to the chart. Just be pumping. We're pumping for this clearing right now.

So you're clearing Lucifer stops. What it is... Just go ahead and pump. A Lucifer stop is a block in the blueprint that prevents the issue from incorporating a shift. So even if you worked on it, it would be difficult to make the shift. And again, we're clearing everything for the whole healthy female baby-making equipment. So everything that was listed above from the uterus and the ovaries and vagina and everything that was listed there, we're clearing Lucifer stops. Bloodline, a bloodline is both related to your blood in your veins and also your family heritage. Think of it as information your clan passed down to you that they hold valuable. Where it came from... This is really interesting information in that we go a little bit deeper than just knowing what it is and we start to look at where it came from, what it is, does it attract spiritual parasites or issues, and then the clearing. And you know, the quantum pump can clear any of these issues.

And then the next one is soul contracts. These read as having been made with Satan. Satan not being a being, but an energy like astrology Saturn, which is disruptive and challenging. And then demonic curses, they're mostly in amplification which these others are, but sometimes you'll find it in the physical body. Demonic curse is a curse that has a demonic mean or evil quality to it. To be a curse implies it comes from another one outside yourself. Anything that says curse after it comes from another. Satanic curse is similar to soul contracts. This read as having been made with Satan, not a being but an energy.

And then here we go, evil spirit curses. Curse implies it comes from another one outside yourself and an evil spirit curse would be coming from a person. Cycle, something that is repeated or a loop or behaviour, a pattern our of the norm when confronted with a

specific circumstance. And timelines, that's an event that's triggered from a previous trauma, usually from a past life needing completion or resolution. Karma is an unresolved relationship issue from past lives coming around to resolve, usually creating a challenge or disharmony.

And so we're just pumping and clearing. Let's see, are there more... Hi to Paula and Dijoe, hi, or Dijie. Hi, hi, hi! So just to know just a little bit more about what you're clearing, I think it's always helpful. More information is good. But then not to get hooked up on it, not to worry like did I get it right or did I understand it, but just to know that always in divine order and we are clearing today. That's what we're doing. We're getting things shifted.

I love this quote. It's from Rusty Berkus book, 'Appearances.' It's kind of a children's book for adults and she says some very lovely things and there are beautiful paintings on every page. Wherever you are in this moment is exactly where you are supposed to be, no matter how things may seem to appear.' Doesn't that... you know, when you take it in and you would say, I love this. I love myself. Regardless of where I am in this moment, I am exactly where I need to be. I'm doing what I need to be doing today. Things aren't exactly in alignment but know that things will change and you can grow and shift, but where you are right now is perfect. She says, 'When you know you're doing your very best within the circumstances of your existence, applaud yourself and above all else, forgive yourself and forgive everyone else too." You know I was talking to a girlfriend last night who's a summit leader, a tele-summit leader and she's had some struggles with her weight. She said, "You know, I think it all comes down to forgiveness." When you forgive, you let go. You let go of holding on. And for sure, that's going to be part of today for us is to forgive and let go of anything that's gone wrong in our life, related to our body and our female body, and to just know that it's in our right order and right alignment to let go.

Thank you, Katherine. I understand vaginal dryness, trauma, low libido – very good. Low libido is both in the mind and in the hormonal body, isn't it? We need the chemistry, but we also need the mindset that we're sexy and desirable and we feel that; we feel juicy inside. So a lot of that is hormones, but a lot of that is how we feel about ourselves and what we're doing, saying, being, acting. One of the things I noticed I cleared for myself and my libido jumped quite a bit was I cleared suppression, domination and control and that had been such a difficult issue for me my whole life. I spent a lot of hours really just clearing everything related to suppression, domination and control. Yes, I definitely have a lot more energy down there. That's fantastic. It's just what I wanted.

We're about 30% through with the clearing. You know when you look at this whole big picture, there's a lot to clear, isn't there? Thank goodness we're all pumping and I'm pumping double time for all of you. Dijie, "I have chronic pain around my pelvis most of my life. What can I do? I'm 52 years young." Well, hopefully this will be one of those big time clearings. A lot of time, chronic pain in the pelvic area is demons unfortunately. So, we'll see if we can get them out. Let's see, "Are we clearing suppression, domination and control also?" We can. We can add that to the list. When I cleared suppression, domination and control from my body, I did about 30 hours of clearing on myself. I think what we can do is we can add it to the list and say that we're doing it and I think I can give you homework if you want to keep working on it. Let's see, I think I have an example for you that I can show you. Let's see if I can pull up that chart that I made for myself. There it is.

This one is going to be set up. It's set up for the wealth students. I've got a bunch of charts up. So you can see suppression for the students, the wealth students, it was eight hours to clear suppression and then two hours to clear domination. And then once they've cleared those, 20 minutes for clearing control. And then held down, held back, oh yes, so there are the rest of them. This is what you'll see down here where I didn't give the rest of it to the students. These were other things that I cleared for myself. Held down, held back, forced to be less, restricted, in a cage, trapped in a box, cant honor self, can't fully express, can't fully love or be loved, can't live to the fullest potential, punishment, controlled belief, suppression cannot be removed, unlovable, difficult, trusting, lack of social graces, cant experience heart center love related to suppression and intentions of others. So these were things that I've cleared for myself and I think I had given these first three as homework to the wealth students. So just know that there are different levels that we can go into. I'm happy to give you that list, if you want to be working on that list, You know really what you're doing as you're pumping, I looked at that as for me, suppression, domination and control have been major in my life; just really, really major. So going through and clearing them one by one, like I said I think it took about 30 hours when I did it for myself. Where overall the wealth students, it was going to take around 10 hours. So for me, it was really, really, really big time and really important that I clear it so that I could take this work out into the world in a much more powerful way, and also just enjoying my life a lot.

Okay, lots of comments here. And that was Diana asking about that, so I will provide that list. If you'd like that list, I can provide that for you and we can work some on that today but we'll want to do the regeneration and so that's going to be more of the focus is the regeneration of everything. And then the next one is Gem, "I've had three miscarriages, got fibroids and now I'm in my 40's. I still hope to getting pregnant with a healthy and safe pregnancy and giving birth to healthy babies. I'm lately experiencing

painful intercourse and I want to restore my organs and accomplish healing." Very good, Gem. I'm aligned with you on that. Amy, "I've had painful ovulation and really bad emotions during PMS, especially since my son's birth." And Mariel, "I was sexually abused in my childhood and then was also in an abusive relationship with boyfriends before being married." Okay and Jo says, "Hello from Oregon. Could you address hysterectomy and child abuse issues with this presentation?"

Hysterectomies are you still have your uterus and ovaries in your blueprint, so on the etheric, they still exist in your body. I'm working on growing mine back. I had hysterectomy nine years ago and I'm growing stuff back, healthy stuff back, and you want to clear all the programs that would have allowed for your body to become ill. And when we're clearing, you saw traumatic episodes and that's the trauma that we're clearing. That is what we're clearing and we're clearing the dark energies. When there's abuse, there are usually spiritual parasites that are part of that problem. R

Roxanne, "Yes please. The list helps focus." Okay, good. "Yes, would love the chart and also should we muscle test to see how long to pump?" Yes, when you're doing it on your own, definitely. You can muscle test and see what amount of time you'd need to clear the situation. And, "I would like that list." Yes, we'll give the list to everybody. The top part, the first four, first three for sure have everything spelled out and then underneath it are just a list of other things that tested for me, that I had that I really wanted to clear and so I'm happy to share that list of just what for me I saw and cleared for myself. I actually just did it getting ready for this class and also I had seen over the holidays, you know I'm always thinking that everything is in divine order and that if there's something that feels really off, then it probably needs clearing or resolving, right? And so when I went to see my parents, my mother's thing is suppression. So we had for me this very challenging visit, in which she wouldn't listen to anything I wanted to talk about. She just stopped it. Over and over, she would stop me from talking. I got home and I Was like, holy schmokes, what did I just go through? I felt a little distressed for a few days. And then I was looking at, is it suppression, domination and control and when I tested with my mother, that was like the big thing. How it is that she shows up being a mother isn't with love. She shows up with suppression, domination and control which is what she learned, obviously. So she is just doing what she knows to do. However, that isn't something that I'm really interested in keeping going as a family line of this is how we behave. So I just got to work and looked at, well what was that? And all of that stuff that came out of that, it was that big one. She didn't originate it. Where it originated was in some past lives. And then we find people that keep it going in this life until we go, oh I am done with that picture. I don't want that picture anymore!

And Julie says, yes she wants the list and Katherine also wants the list. Everybody will get the list. What we'll do is we'll put the replay up on a page. You'll have the audio and the video. You'll have the PowerPoint presentation and I'll put the up the charts that we'll be going through today. I'll put the PowerPoint up. And a week from now, you'll also have if you want, you'll have the transcripts. We send the program to our transcription fellow. We keep him really busy because I'm teaching classes every day. But the transcription will be there on that delivery page for you in about a week. So if you want to get the transcripts, you can get that too.

This is a great class. So we're pumping away. Let's see where we're at. We're about 80% clear on the first group of clearings. We're doing a number of different clearings. This is the first one. "During muscle testing, what if your finger does not go down when you say I am another name. How to correct this so I can get valid answers?" You know I think I would clear ownership of my muscles because sometimes muscle testing is a little bit off because you don't actually own your muscles. I think I would also work on clearing muscle ownership. That's a good question Audrey. I have an Aunt Audrey and an Aunt. Yes, an aunt on the one side, Aunt Audrey on one side and then Aunt Kathy on the other side. My name is Julie. I have a girlfriend names Diana. Roxanne, you're always on the call. You've been on a lot of calls. And Maria, we know Maria. (Singing) "I just met a girl named Maria..." You guys feel like family to me, so this is good. I guess that's a good thing to do with family, clear the female sex glands and organs.

And actually Audrey, I've had a special request from students so we'll probably make an announcement like in the newsletter in a couple of weeks. I want to make a clearing chart for people who have challenges with muscle testing. We're just in the middle of... I've got classes everyday and sometimes multiple classes, so we're setting up a ton of backend stuff right at this moment. But within the next couple of weeks, I should be able to make a specific chart for everybody to clean house with muscle testing so that you can depend on your muscle testing 100%. When that comes out, you just watch the newsletters that come out because it will be put in the newsletter and it will be for everybody. There won't be a tuition for getting that. I want everybody to be successful with their muscle testing. Oh, you're welcome Connie.

Let's go back to our PowerPoint and see how well we're doing here. So we've cleared bloodline, Lucifer stops, demonic curses, evil spirit curses. Satanic curses, nope. Memes, miasms, nope. Curses, nope. Black magic, no. Trauma we've cleared and DNA we've cleared. So we've got about I think five things left on this list that need clearing yet, so we're getting there. "I also want to clear abortion and miscarriage..." Katherine. Yes, that's when we're clearing trauma and then we'll be clearing dark energy and then we'll be restoring ownership of your womb, so that should really help. And Anellie, "I

hope to wake up my sex drive and say goodbye to signs of climax creeping in. I see myself living long and being fertile. I hope that is possible." Sounds good.

Oh and just a little... As we're clearing here, we have about seven more minutes on this clearing, how the class will go since it's a long class, we have four hours, is at each hour, so in a half an hour, we'll have a five minute potty break. Go get a glass of water, use the bathroom, and then come back. And if you don't need to, I want you to get up and stretch in any case. I've got my water and my juice here. I'm pretty prepared for the class. And tea too. There will be five minute breaks, so that's how that will go. I'm hoping to get all of the clearing done in the first section and then be working on gland and organ regeneration, parts regeneration for the three hours following that, so we'll see how far we'll get through it. We may need to use part of the second hour for clearings. We are clearing spiritual parasites too and as I tested, there were quite a few different issues for people.

That's great Audrey, yes. And Dijie, "Did I miss my answer? I'm at work." Well, I guess probably so. I don't know what the question was anymore. Let's see. I'm sorry, I don't even see a question. I just see a hello from you, so if there was a question, put it up there. I love this peacock glass. Isn't that a cool mug?

Let me read some more from this beautiful book. It goes along with some of the soothing.... as we clear trauma and we remove the darkness from the female body. 'There is no prescribed way for everyone. There is just your way for now, until you find another. There is no one to compare yourself too and no one to compete with. There never was. The rose and the lotus are side by side. Is one more beautiful than the other? When you awaken to who and what you are, everyone automatically awakens to who and what you are without a spoken word. Sometimes, it takes great effort to discover that life was meant to be effortless. What we wouldn't give to know that it's okay not to feel okay and it's okay to know that you can feel powerful, magnificent, deserving, and even extraordinary. How would it be to know that when life doesn't seem to be working, it's still working perfectly? Did you know that you could experience love, pain, joy, anger, death, and rebirth all at the same time and still be perfectly sane? All earthly pain is due to our inability to release what needs to be free. When you release what needs to be free, you are freed in the process. Would you be willing to get out of your own way and let the miracles that are yours by divine right come into your life? Question, since you are here to remember who you are, why have you forgotten? Answers, perhaps you have lived another's dream and not your own.'

It's a very favorite book of mine. I probably got it 25 years ago. I just love the soothing, loving thoughts that are in this book. It really feels good. Let me show you the book. I

don't know if it's still in print. It's called 'Appearances' by Rusty Berkus. These are what the pages look like. They're just beautiful. It's like somebody just took these words of wisdom and then made these lovely images of children and birds. It's lovely. It's so lovely. Let's see, 1984 Red Rose Press in Encino, California. You might be able to find it. I don't know. I'm suspecting that it's been long time out of print.

Yes, Julie is saying another's dreams. Since you guys are into it, I'm so into this, let me finish this book. I brought another books out too, so maybe later in the class, we'll look at this one too, 'Life is a Gift.' But this one is my favorite, 'Appearances.' 'You stand outside the circle and wonder why you feel left out, unaware that you need your own permission to join others, not theirs. And sometimes there are those who love themselves enough to pull you into the circle. Your loneliness is yourself wanting to make friends with itself. Your loneliness is your heart wanting to sing to itself, Your loneliness is your being, wanting to dance with itself. Behind all your anger and fear, beneath all your sadness and loss is the need for love. How much love are you willing to accept from others? How much are you willing to give? Do you love yourself enough to ask for what you need? The dignity the world awards you is in exact proportion to the dignity you reward yourself. Disease is the soul screaming through the body, attempting to get the truth out once and for all. Our immune system is only as strong as the dosage of self-love, self-acceptance and self-care. We administer it to ourselves daily. The only infallible, immutable, unlimited power that heals without question is love. There is a peaceful place inside that welcomes you. A space so safe, so still that is no forward or backward, only the eternal flow of now. Enter this radiance where the truth of your being resides and remember who you are. Wherever you are in this moment is exactly where you are supposed to be, no matter how things may seem to appear.' Yay! I like it.

Oh, it's up on Amazon. Oh that's fantastic. Appearances, clearing through the mask of existence. Oh that's amazing. Yay! Well, that's it. So it's still in print. I might get a new one. This one is falling apart. I just loved it so much. Yay, let's see how we're doing on our clearing. 100%, okay good. So we've gotten through this clearing. You know sometimes, being in that heart space, the clearings go faster because of course, we're clearing and the truth is, love clears everything, right? Love heals all. Love clears all.

Let's just double check. So we've gotten bloodline, Lucifer stops, demonic, evil spirits, satanic, meme, miasm, curse, black magic, trauma, Atheist thought forms, emotions and DNA. Okay, good. We look clear on that. We'll go to the next one. We're clearing anchors next. Anchors are ways that they're kind of typically embedded in your body, but sometimes in your spirit, and sometimes in your energy body. So cycles, timelines, implants, holographic inserts, permeations, portals, wormholes, nano technology,

seeds, mechanisms, medical control energy, karma, chords and agreements. That's our next clearing.

Another way that we do clearings, we get the clearings to go faster is we sing together. I've pulled out one of my song books here and we can sing a little bit, maybe. 'The Song in my Heart.' Let's see what we can find here. We can do a call and response and I know most of you... Not most of you but some of you know 'The Stones' song which is really fun. And since some of you are wanting to bring in babies, this would be a good one. We'll do a call and response. 'Gather Your Children.'

[Singing]

Gather your children oh mommies today
Gather your children oh mommies today
And bind them close to you and love them I pray
And bind them close to you and love them I pray
And give them your heart, your time, and your ways
And give them your heart, your time, and your ways
Singing oh bonnie mommies, I love you this way

Give them the confidence, the care, and the play Give them the confidence, the care, and the play Talk to them daily about their new world Talk to them daily about their new world And share with them light from the mystical plains And share with them light from the mystical plains Singing oh bonnie mommy, I love you this way Singing oh bonnie mommy, I love you this way

We have to take a look at what are holographic inserts and permeations and that kind of stuff. That will be what we can look at next. Let's see here. Let's start with nano technology. We do have it laid around them. I think it comes from an alien machine energy set to take over body functions. Symbiotic, looks like it's set to eventually have alien group takeover the human experience. Embedding is another one. Implants, cylindrical devices that transmit information to alien technology. Seeds, typically oval in shape. Mechanisms, wormholes. Permeations, a web of lower control energies. I'm happy to provide this for you if this looks like something that you'd like to look at. It's pretty complex and it goes through a tremendous amount of detail. Holographic inserts look like something other than what they really are. It can be a type of mirroring that prevents seeing what's really there, lives as a highly advanced mechanism. These clearings are permanent but it doesn't mean that you're living your life and that you

might take something else on. Yes, but the clearings that we're doing now are permanent. You know when I go back and look at something that I cleared like a year ago, I might have where I cleared billions, there might be 20 or 30 things that have accumulated over a year that I can clean house on, but there are no big billions anymore.

Katherine would love to have the chart. Yes, okay. We'll put up the chart for you guys. This is a chart that has all the spiritual interferences and so it has the spiritual parasite stuff on it, so the aliens and all of that stuff. And then it has all the mechanisms and all of that stuff. I've been really working on... I think this will ultimately be a part of the advanced 'Your Divine Human Blueprint.' We just came out with the second edition that's indexed and the charts are much nicer in the 'Your Divine Human Blueprint' but I'm working on the materials for the advanced 'Your Divine Human Blueprint' with detailed information and I've been working on charts just about every day for over a month. So I think we're going to have like another really monster book with a ton of information. It's going to be really, really helpful for everybody. It just spells out everything exactly what it is, where it came from, how to get rid of it, why it was there in the first place.

"Will this help my body accept medical implants? I had fibroid embolism that cannot be undone." I don't really understand what that is Diana. Did you have something medically put into you to help you? Is that what you're saying? Because we're trying to clean you out and get you to 100% function on your own, but it won't disturb what's in there trying to help you. We wouldn't specifically be working on a medical implant, if there was something implanted in you from like medical technology. Okay Marie, that's great. You guys are going to get all the charts. Not all the charts but you'll get the perception, emotions, DNA chart. You'll get the amplification chart and you'll get the spiritual parasites, pests and the whole.... You're going to have a good working knowledge of how things work and then I'll give you the domination, suppression and control ones. I think that's four or five charts. Yes and if you guys stick to this and become an apprentice of mine, whether you go through the live immersion program or you come into the apprentice program... The apprentice program actually officially starts in March. We don't have all of the pages up yet. Our tech people are working fast and furious to get all the new programs up. We've got 50 programs this year that I'm teaching. 50 and a lot of these special courses which are heaven really. I'm really looking forward to all the new materials that I get to teach and really forming a collaboration with the ones of you that are really committed to getting this work out in the world with me and living to a higher standard and a higher quality of life.

"Found an implant coming in the tubes through my husband. Can I clear this with pumping?" That's a yes. Yes, that's a yes Maria. Dijie, "Why am I in pain around the pelvic area most of my life? I sincerely apologize for not being able to get fully engaged. Work sucks." Oh I did answer that which is that it looks like usually pain there is demonic. That's what usually is there. The next clearing we do will be...Once we get through this one, we go on to the spiritual parasites and remove all the spiritual parasites from the female body. So everything that we're working on with the uterus, ovaries, vagina, clitoris, G-spot – all of that stuff, we're going to remove spiritual parasites from all of that. That will be the next step. You're welcome.

"Please read my previous post on genetic harvest." Oh, it's down here. I didn't see it. "Sorry, I sent before typing. Yana Lam, a healer, found months ago that I have intergalactic genetic harvesting done that it is going on for years and my mom had too. Around ovulation, I would dream of having forced sex with some dark being and often been shown alien babies of mine." Wow, that's crazy. Yes, those are holographic inserts and implants. So, this is removing that. You know, when you have it that nasty, you're going to do a doorknob technique. 100% Clearer and Freedom from Spiritual Parasites and Pests are also excellent classes that give you a tremendous amount of information. So this is kind of like you're making a doorknob. You're actually not moving your arm; you're moving your wrist and that's focused on the implants. Gnarly.

You know the other thing I think about just as I'm streaming through that is you don't have 100% ownership of your body. You have very little ownership of your body, Maria. 7% ownership of your body. For those of you who think that that might be a problem for you, I would recommend coming into the immersion or the apprentice program. But we have a class called 100% Full Body Ownership. But honestly, to get full ownership of your body if you've gone lifetimes not owning your body and having these aliens harvesting your eggs and all kinds of crazy things, I would definitely get into more classes, so that you can go from 6% ownership to 100% ownership. That's really something to think about. I'm so sorry that you're having that experience. And I've tested that what you've said and what you've come to learn is true. I have tested that that is what you're experiencing. Yes, this information is so helpful for putting an end to it. I think that's one of the things I've just been given is the gift to see clearly. It's good that it can be over once and for all. You're welcome.

Oh that's okay Maria. That's alright. I'm getting it. Yes, we have students from all over the world and I love that. We do classes at different times during the day. It's never going to be perfect for everyone and we just hope that people can figure out a way with the replay or with the live class, that they can get themselves on. I think somebody was on at 1 o'clock in the morning. They were on a class where it was afternoon for us.

Yesterday, there was somebody calling in at 1 in the morning for their class. I'm just grateful for the technology that allows us to do this live stream and I also have the audio streaming, and how we can be with each other and sit in each other's living rooms together and do this intimate thing. You don't have to fly off to do a month somewhere in a training center. You can actually just plug-in in your living room or in your office and here we are.

We aren't Audrey. We aren't automatically clearing anybody but ourselves without permission. You need to get permission. If it's small children and they're yours, you can clear them, but we are just clearing the people on the call, unless you've got permission or they're small children. Kate, "I had breast implants as it ended up being a too difficult surgery that I regret and I am worried that they won't function for nursing children." Oh, let's see. Yes, you've got about 60% right now on being able to nurse children, Kate. You know what, if you just really focus on pumping to clear that problem energy, I think you're going to get it up to 90%. Don't put it in your head that you can't. Just keep pumping and see the milk ducts making their way to the nipples and that it works. Or that the milk ducts that have made their way to the nipples are going to work really well.

Alright, well we're coming right to the hour and I definitely need to get up and stretch. I'd like you to get up and stretch too. We're just going to take a five minute break. Use the bathroom. Just move around a little bit. It's hard to sit still for four hours. For me, especially. I do work but I like to get up and move around. So I'm just going to put here five minute break and let's say five after. So 10:05 my time, but five after, so whatever time is on your end. We'll be back in five minutes then.

(Pause from 00:59:20 to 01:04:50)

Welcome back. Yay! Let's see where we're at with clearing the anchors. We're about 60% through on clearing anchors and we're just going to keep pumping. Yay! You're just pumping to clear the anchors for problems in our female baby-making equipment, essentially. So everything that makes us a girl different than a boy, other than our breasts. Men kind of have breasts, but they don't have our girl parts.

Let's see, I can bring out the song book maybe for a couple minutes. We can raise the energy and things clear faster when we're singing. Let's sing 'The Stones' next. I know Heather will like that, right Heather? Heather likes this song. She attends classes regularly and she likes 'The Stones.'

[Singing]

The stones they are calling me.

Echoing through an eternity Calling out to set us free, The power of the stones.

It just basically has the same melody through the whole song.

[Singing]

At dawn I walked in the circle of stones, A solar temple to me yet unknown 'Till by the strength of first morning light, Shone the power of the Stonehenge stones.

They grounded the energy of this place And held it together in loving embrace While beings of light danced above the space Bestowing on us their wisdom and grace

The stones they are calling me. Echoing through an eternity Calling out to set us free, The power of the stones.

The Avebury stones were laughing at me Taunting me, tempting me, dancing with glee Playful stones make love to me In the circle of the stones

The stones they are calling me. Echoing through an eternity Calling out to set us free, The power of the stones.

The heavenly chambers from days of old Newgrange stones were a circle to behold I knelt in prayerful reverence By the power of the basin stone

The stones they are calling me. Echoing through an eternity Calling out to set us free, The power of the stones.

I touched my forehead to the rock
It filled me with bright light and talk
Of the ancient people and their ways
And the spirals of the stones

The stones they are calling me. Echoing through an eternity
Calling out to set us free,
The power of the stones.

The stones are everywhere we look
Medicine wheels and monolithic books
The wisdom of the circle flows
In the temple of the stones

The stones they are calling me Echoing through an eternity Calling out to set us free In the power of the stones

Gilda, thank you. "Such a great voice." I hope you're seeing with me. And Heather, "Reminds me of an orgy dream I had in the guru's house after we moved in. It was very disturbing to me. Is there anything more I need to clear on this? I love the stones." An orgy dream, I think just keep clearing because it's probably trauma from this life Heather. And then, "Your song did remind me of this dream I had long forgotten." Interesting. Well, it's probably coming up to clear. "Truth bumps from The Stones song." Nice Diana. Nice, really nice. Yes I think if there are stuff that comes up or you remember stuff, it's ready to clear.

This is kind of sweet. It's a little bit more complex. It's not so much a ballad, but it is a ballad. It has a little more complex note arrangement.

[Singing]

It happened one day, in the Abbey of Joseph It happened one day, in the magic of love It happened one day, I was filled with the Spirit of the mother who comes from above I saw her standing behind me
The black Madonna was she
And before me, I saw the Christ of my childhood
My friend for eternity

I looked round the naive
It was brilliant with spirit
Four bridesmaids attended me
My body, the altar
Full of light, flowing freely
The goddess enchanted be

I saw her standing behind me The black Madonna was she And before me, I saw the Christ of my childhood My friend for eternity

The flame burns so brightly
The canopy covered
The altar so sacred divine
And I was the bride and the priestess of this day
My bridegroom, the logos of time

I saw her standing behind me
The black Madonna was she
And before me, I saw the Christ of my childhood
My friend for eternity

My gown was effulgent
My spirit was soaring
And I was a spirit set free
The wonder of mystical union, communion
Was a dancing of a peaceful sea

I spoke with my voice
It was clear, bright and vibrant
The song of my heart echoing
I let go of fear to the love of the goddess
And the joy of infinity

I saw her standing behind me
The black Madonna was she
And before me, I saw the Christ of my childhood
My friend for eternity

Audrey, yes I've been to all these beautiful places. Avebury, and the Stonehenge, and Newgrange, and Noeth and Doeth stone circles. I've done ceremonies with the native Americans. These songs come from the heart, from different experiences. The Abbey of Joseph is actually in Glastonbury, which was considered the Avalon, a mystical Avalon. So this experience was actually in the cathedral that is the ruins that was said to have been the Abbey of Saint Joseph. It's thought that Jesus as a child had come to England. So this was kind of that experience of being there with a monk who actually lifted me up, sat me on the altar, kind of the reconstructed altar in the ruins and I had all this energy flowing through me. I felt all of my seven incarnations. I had this experience of being the different aspects of me while I was in that transcendental state I guess is what you'd say. My friend, the monk, reported that he was seeing light and color and that my face was changing. I experienced myself in different beautiful gowns that were made of light. It was such an amazing, mystical experience. This was in Glastonbury.

You're welcome. Yay! Okay, let's go back and check to see where we're at with our clearings. Usually singing makes things go faster, which is good because we want things to go faster. There's a lot to clear. And there's a lot of freedom we had from these clearings, so that's very exciting. Let' see where we're at here. We've cleared cycles, timelines, implants. Holographic inserts are still there. Permeation we've cleared. Portals are still there. Wormholes are still there. We've cleared chords and agreements. Okay, so we've got more than half still left on this. You could all go to the hand movement I showed you, the doorknob. That would be good.

That's funny. My energy kicked the owner out of the office. That's hysterical. That's funny. Great. Okay, well let's keep pumping and singing. Let's see if I can find a song that we can all sing together. That was one I usually don't take out because it's a little more complex. One of these days girls, I'm going to have my harp and I'm just going to sit here when we're pumping and I'm going to play the harp along with it. These are all more complicated ballads, so let's see. I might have to go to the other. I've got two song books. We might be able to go to the other one. This is very sweet. When I was in Tintadjul, where Merlin's Cave is and the King Arthur ruins; there are two different sets of ruins there where King Arthur and the Knights of the Roundtable lived, there was a gentleman dressed as a night and you could tell that he definitely was a reincarnated knight. It was pouring rain; it was like 30 degrees and I was drenched to the bone. And

there was just this kind man who just pulled me into his arms and warm me up. I was just as cold as you can imagine. He just held me and it was such an amazing experience.

[Singing]
Speak softly, gentle knight
Your kindness to reveal
Hold me in your strong arms
And warm my frozen heart
Tell me of legends old
of Arthur and his bride
Bring stories back to life
Your gentleness exposed

Speak softly, gentle night of honor, code and rule
The ways of chivalry
Bring to this century
And when I smile at you
Your eyes alight with mine
Your costume and your ways
Speak through of Galfad days

Galfad was his name. His name was Galfad. Sure, I got a request for the doorknob. Here's the doorknob. Remember I showed you, it kind of looks like you're holding on to a doorknob and then you're just turning. Okay, I'm going to find the other book for us so we can sing together. (Singing) "Come on be happy, a mother loves this song..." There it is. There we go. We've got about 40% left to go, so just pump away here. This is sweet. This one is really nice.

[Singing]
Soft the night and sweet the spirit

We'll do a call and response.

[Singing]
Soft the night and sweet the spirit

Gentle voices call our song Gentle voices call our song We are magic, we are wonder We are magic, we are wonder

When we live beyond the veil When we live beyond the veil

Humankind, please raise your thoughts

Bring a plain of peace and love Bring a plain of peace and love

We the guardians of the pilgrims We the guardians of the pilgrims

We the authors of the play We the authors of the play

"Is the doorknob more powerful than the quantum pump?" No, it's just used for different things. The doorknob, it's for like the implants and some of the spiritual parasites. It's just a different technique to remove things. The quantum pump is extremely effective and you would never use it for regeneration. I mean, you would never use the doorknob for regeneration. You would use the quantum pump and for most clearings, you're using just the straight quantum pump but we're now in there with the implants and holographic inserts and all that baloney. We've got to get the cleared.

This one is sweet. I bet a lot of you know this one.

[Singing]
In the stillness, In the quiet
In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am

In the stillness, In the quiet In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am In the stillness, In the quiet In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am

In the stillness, In the quiet In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am (Humming)

Ancient goddess temples for women, yes, very likely I do. Let's see. This is to the three goddesses, that's very sweet. It's not a temple but this is really sweet.

[Singing]

Lakshmi goddess, beauty, grace and heart Abundant love shining through You the light of a loving, graceful maker Lakshmi goddess of my heart

Saraswati, goddess of my passion Song, and art, and wisdom shining through Guide my thoughts in the music of the ethers And calm the waters of my soul

Durgama, Mother, fierce protector Protect me from my woos Break the bends of egos earthly attachments Restore me to my whole

This is so sweet. We've been having months of rain. This is higher. Let's see.

[Singing]
Gentle night, rain falling softly
Gentle night, soft falls the rain
We are one, one with the raindrops
We are one, with the God of rain

Gentle night, cleansing my spirit
Soft falling raindrops, wash away my tears
All is well, in the house of the raindrops
All is well, in the garden of love

This one might be at the temple but it's really singing about the great temples. The cathedrals that were built on top of the pagan sacred sites, the power of the temples, the sacred geometry that was worked out by the pagan workers in the Christian Cathedrals and the experience of the cathedral being like the mother's womb, the goddess mother's womb.

[Singing]

Oh mystical temple, I sing to your glory
The scared geometry, folds echoing sounds
Oh visions of splendor and happy reunions
Through eras and friendships that vibrate through time

I sing in your vibrancy, dancing of spirit
I sing in the echo that prances through time
And holding back nothing, my voice raised in splendor
Ecstatically chanting, my voice merged with all

Majestic your chapel, oh holy cathedral I bow with a reverence, of energy divine Earth mother holds you and sky father blesses you And I laugh in the pleasures of reverberating sound

I sing in your vibrancy, dancing of spirit
I sing in the echo that prances through time
And holding back nothing, my voice raised in splendor
Ecstatically chanting, my voice merged with all

Oh church in your structure, I see you the mother The body of spirit, the goddess in your form Oh sacred sweet sanctuary, a safe and a warm womb Embracing our spirits in embryonic form

I sing in your vibrancy, dancing of spirit
I sing in the echo that prances through time

And holding back nothing, my voice raised in splendor Ecstatically chanting, my voice merged with all

From ages to ages, I've sang in your belly I've cried in my sorrows and rejoiced in the love For the memories of spirit are easily remembered In the place where the mother, nurtures her child

I sing in your vibrancy, dancing of spirit
I sing in the echo that prances through time
And holding back nothing, my voice raised in splendor
Ecstatically chanting, my voice merged with all

Yay! That was super fun. We'll come back to that in a little bit. Thank you. That was super fun. Thank you for wanting to be part of the chanting and the singing and raising the female vibe. Yay! That's who we are. We are the goddess incarnate, aren't we? We're all the goddess. So let's take a look and see how far we've gotten. Oops, it doesn't show up anymore. There are too many things here. I've got to move a few things out of the way. We have got charts like there's no tomorrow. I know you can't see this but I've opened so many charts for you guys and then I opened the song books and the PowerPoint thing has now disappeared into nothingness. Here it is. There, it's peeking it's little nose out. There we go. Thank goodness for modern technology and being able to save stuff.

Okay, we've cleared all the anchors. We're clearing spiritual parasites now, spiritual interferences. What I read for the group was Alien Type 2, 3, 4, 6 and 8. Demons, transmortals, evil spirits, entities and guides were problems in your female body. That's what we're going to be clearing next.

While we're pumping, I'm going to read a little bit from 'Life is a Gift.' It's the same author, Rusty Berkus is the author. 'The gift is there. You only need to see it to have it. Life is a party to which you have been invited. Are you going to sit on the sidelines or join in the dance? You are not a xerox of anyone else. Each life is an original work of art. When are you going to start signing autographs? Life gives you a chance at the brass ring and if you miss it, it gives you another, and another, ad infinitum. Life is all about finding out what it's all about. Life feels a lot lighter when we are aware that it is a grand experiment, for the universe is a laboratory where there are no mistakes, only different outcomes. And for the people of this planet, that we may feel more beloved in each other's presence, sharing the gift of life. Life insights you to run from the truth, the whole truth and nothing but the truth is you care to. Life invites you to live by the truth,

the whole truth and nothing but the truth if you dare to. The big lie about life is that there is something to fear. The big truth about life is that fear is an illusion. Let's get hooked on the big truth. Life allows you to be a writer, a director, choreographer, editor, and start of your own scenarios, and you don't have to sleep with the producers to get the job. Life is high drama. It is the ultimate soap opera with the detergent, deodorant, shampoo, and toothpaste commercial all thrown in. The only guarantee we have about life is there's absolutely no guarantees. Life is a classroom, where it's okay to ask questions and if you don't get the answers, you pass anyway. Calling all children hiding out in their grownup bodies, who long to be joyful, funful, come out, come out wherever you are. The big secret about life is there is no secret.'

And for the doorknob or the quantum pump, I see quite a few of you asking. Both of them work for spiritual parasites, doorknob and quantum pump. Both of them work.

'How lovely to know that you don't have to be perfect. Life is so simple that we have managed to make it an outrageous complexity. Life's most painful losses can lead to life's most beautiful findings. Life is full of remissions, reprieves, resurrections and rebirths. The beauty of one's life can only be measured by the quality of love in it. Life feels best being around folks who love and accept themselves. pretty soon, all that good stuff rubs off on us and we feel good to be around. Life moves moment to moment, miracle to miracle. There comes that mysterious meeting in life, when someone acknowledges who we are and what we can be, igniting the circus of our highest potential. I see this as an appearance of an angel and know it to be a moment of grace. Question, how can you tell the guru in the black robe from the guru in the white robe? Answer, the guru in the black robe keeps you wondering whether it's safe for you to go off into the sunset without him. The guru in the white robe smiles serenely as you bid farewell to each other. (Inaudible 01:24:00) as a celebration, a challenge, a journey and much more. The gift is there.' (Recording cuts off)

And we're pumping. Oh okay, so some of you are getting the cutting in and out. We have this backup of the phone line, so if you get a little cutting in and out, sometime that has to do with your computer's speed and it's kind of a strange thing. (Inaudible) and then there will be more stream on the system. That sometimes happens, but it sounds like a couple of you are having that challenge. I just suggest that you also might dial in on the phone line if you're missing some of the conversation, if you want. The phone line is the sticky note above the chat box. You don't need to look it up. It's right there.

Obviously the people who are the call really, really need this clearing. The depth of the clearing that we're doing, the removal of holographic inserts and implants, we got through that in the first hour. We're on the second hour and we're plugging away. We're

at an hour and 45 minutes already in. So that means there was a lot of stuff to clear and it's really, really good that we're together doing it. I'm thrilled. I'm thrilled. We didn't just breeze through it. We're actually doing exactly what you need.

Let's see, oh yes, definitely. You're definitely getting the same energy. Energy isn't transmitted through the live stream. It's through the quantum field which we're all connected with. Gilda is double pumping. Yay! You can do this, do this, do this. Pump with your toes if you want to. If you're sitting and you want to pump your feet, go for it. I had some lovely women from India in my summer Diamond retreat. They came in to an Francisco and they were pumping with their feet as well as their hands, so they were quadruple pumping. They had everything going boom, boom, boom. My feet are going and my hands are going.

There we go, that's a little better. It was a rainy day, so I set up for a rainy day, but we've got a lot of sunlight coming in there so I keep trying to slide it over a little bit. I might just change this a little. Yes, it seems to work a little bit better.

Okay, so we're just continuing on with our clearing. I hope you're drinking water. If you guys want to look at it, I can show you the chart for the spiritual parasites we're clearing. Let me look up the chart. Let's see here. Yes. There we go. So this is actually what we're clearing right now. Diana, not necessarily. Gilda was saying she was double pumping and that's just fine. You can double pump if you want to. "Let's quadruple pump, chant and sing." That sounds like a good idea. "I was only able to get on now. Was I receiving the benefit of the clearing when the session started?" That's Juanita. Yes, I get 80% Juanita. You definitely have been getting some of the benefits. I think by the end of the class, you'll have caught up.

Okay, so why don't I take this off and put the song book back up. We'll get this one out of the way and put this one up for awhile. I've got a couple different ones here. I think that will work. Let's try that. Okay, this is kind of fun.

[Singing]

Angels call while we are sleeping Angels call while we are sleeping Riding through the waves of dreams Riding through the waves of dreams

Keeping safe our mortal bodies Keeping safe our mortal bodies While we play in Astral scenes While we play in Astral Scenes

Beams of light flow from their bodies Beams of light flow from their bodies Showing us a glimmering mirror Showing us a glimmering mirror

Waking to the world of wonder
Waking to the world of wonder
Leaves behind all doubt and fear
Leaves behind all doubt and fear

Oh this looks like a kind of fun one.

[Singing]

Angels and innocence, time racing by Babies with mothers, hope in their eyes Angels and innocence, time racing by Babies and mothers, hope in their eyes

Saintly and sovereignty, soft-spoken love Bishops and holy ones moving their palms Saintly and sovereignty, soft-spoken love Bishops and holy ones moving their palms

Play with the universe, alter the plan Stop making victims, love is at hand Play with the universe, alter the plan Stop making victims, love is at hand

Honest and open, hearts flowing free Find me a spirit, floating in glee Honest and open, hearts flowing free Find me a spirit, floating in glee

Life is a mystery, passion's a chance Not all are meant to be, part of this dance Knock me right over, I'll stand up again I am the mystery, of love's great depth Okay, I see some comments coming in here. Katherine, "May we get the aliens chart?" Yes Katherine, I'm going to give you the aliens chart. You're definitely are, yes. You're definitely getting the alien chart, the amplification chart, perception emotions DNA chart and also I said I'll give you the suppression one, the private one that's mine. It says 'wealth' on it, but it actually is my personal one with all those extra things. I'm giving you that too. This one's really simple. It has a very simple melody.

[Singing]
I am the altar, I am the lamb
I am receptive, I am, I am

And all the verses are exactly the same, with the same melody. So if you want to sing this one, it's kind of fun.

I am the altar, I am the lamb I am receptive, I am, I am

I am Sophia, I am dark night I am the low ghost, I am delight

I am communion, body and blood I am forgiveness, I am the love

I am the mother, I am the son I am the father, I am as one

I am the incense, fragrant desire I am the ashes, burned by the fire

I am the innocent, I am the wrong I am the delicate, I am the strong

I am the altar, I am the lamb I am receptive, I am, I am

Oh that was fun. I like that one. It just rocks along. Let's see. Wow, we're doing really great. We're at 96% clear, so just keep pumping. The singing is really helping.

[Singing]
Three thousand years ago
An alchemist did bind
The symbol of the cross
In a chalice blue and fine

A splendid work of art Came out of Egypt land Destined for sacredness Embraced by holy hand

And power was its fate God's vessel in the land For all of humankind To share this blessing sublime

Through ages it was kept And preciously retained And used for holy works Her chalice found its way

The one we know as Christ Caressed this sacred bowl And drink from it the wine And shared his blood with all

And on the cross he hung The sweat and blood did flow Into this Holy Grail God's physical presence flow

Within a year or two
The chalice left his land
And to Great Britain's soil
In brother Joseph's hand

The sanctuary he built
The chalice a symbol of hope
But ages past again
Men plundered our treasured cup

And power was its fate
God's vessel in the land
(Humming)
For all of humankind
To share his blessings sublime

Lost it did remain
For centuries to come
Away from harmful hands
Embraced by Mother Earth

And blessed was the lamb And richer earthly soils Blossom of love re-sprout To bless all humankind

Safely through raging storms
Of human history
The chalice did survive
In Somerset county

Oh mystic Avalon Revealed this cup to girls They sacredly revered This precious holy grail

Now women guard the cup
And use it prayerfully
To heal this weary earth
And restore our human family

And power was its fate
God's vessel in the land
For all of humankind
To share his blessings sublime

For Connie, this isn't a spiritual parasite class. That's hours and hours of clearing. We're just clearing up the female body today, with the spiritual parasites. Understand that there are many, many hours that go into really getting you to zero with

spiritual parasites, but good question. We are at the hour but let me just check and see where we're at. Are we done? We are done. Fantastic! We made it. Yes! Lots of singing always helps. Okay, we're going to take a five minute break. We'll be back at nine minutes after or let's just make it 10 after. You can start pumping before that if you'd like to and we'll be starting the regeneration in the next session. In the next hour, we're going to be doing regeneration and that is going to be amazing. This first two hours was really amazing too. So, take a break, get a glass of water, use the bathroom, move around. I want you to just move around; especially after moving out all those bugaboos. We'll be back shortly.

(Pause from 02:04:00 to 02:12:20)

Okay we're back. Sorry about that. "I'm break dancing. Ha-ha. More joyful and not crazy anymore." Yay! We are back. Yes, this is pretty profound clearings, so it could make you really tired. And cell regeneration has multiples effects; sometimes people get sleepy and sometimes people feel energized. Let's see, let me make sure everything is un-muted here. Anellie is asking about hormonal changes. I'll address that in just a minute. Let's get started on the cell regeneration. I'm going to take to you for a few minutes about cell regeneration and then I'll answer more questions.

So this is kind of the inside of a cell. We certainly don't need to know all of the aspects of the cell, but to just know that it's not just a little floating blob with a nucleus and an outside. It's got a whole bunch of stuff. See there, there's the nucleus, but then look at the other things that are in there. The cell wall, the cell membrane, there's digestive, there's elimination. It's basically like a little body and it has everything in it. And when we do cell regeneration, cellular neogenesis, we're working with the master cell. The cell that was with you, seven days after your parents conceived you. We're working with that master cell and we're bringing that back to 100%. You don't have to really completely understand it for it to work for you but just to say that there is your cell that's in your physical body, your master cell in your physical body, and it could have actually even been surgically removed, so we'll go through both scenarios.

So you have master cell which is in your body and it might be functioning at 10, or 20%, or 9% or whatever, so it's at a low function. And then you have the master cell in the blueprint itself. The master cell in the blueprint is at 100%. So we do the quantum pump, we're rearranging that master cell to basically have the master cell go to 100%, the physical master cell. It takes some pumping to get it to go at 100% and so now, it's reading at 100%. Once we get that cell to 100%, we mirror it to the surrounding cells and then the next step is we do a cascade of new cell growth. So if you don't have a master cell in your body, say you're like me and you had something surgically removed,

say you had a hysterectomy. We're going to the hysterectomy part here. Say you don't have your uterus, your ovaries, and your cervix, and your fallopian tubes anymore, those cells still exist in the blueprint. The uterus, ovaries, cervix, fallopian tubes still exist. It exists in the astral and it does definitely exist in your body. It's not like it's gone. It's just that the physical aspect of it isn't appearing. And so you can pump and you can bring the physical aspect back.

That's the research I've been working on more recently. I've had some success with growing back organs that have been surgically removed, but not 100% success and what I've been looking at is what needs to be cleared. It might be like with the suppression, domination or there might be something that we haven't looked at to factor in. So I've been working on regeneration 100% on things that have been surgically removed. Now, things that already have a master cell, that's a no-brainer. That's going to regenerate 100%. We have that 100% of the time, that it regenerates. The research I'm doing in this age and era now is we do have some success on regeneration of something out of nothing and what we're looking for is how do we get that success to be the norm, the standard.

We're going to pump and the first thing we're doing is we remove dark energy from the area, from all the baby making equipment. We're going to clear everything out of dark energy and then we're going to be working with the master cells. You're just going to pump and you're just going to know that it's happening. I'll be pumping with you so it's going to happen a lot faster with me pumping with you, and we're going to start the regeneration process.

Okay, now I'll answer questions now that we're pumping and everybody's got it a little bit in their head, okay I think I know what we're doing. "Can sleep issues be partly caused by age and hormonal changes?" Yes. The thing is when some hormones stop working well, like say your thyroid or your ovaries stop working well or your adrenals, then it taxes the other endocrine glands. Your pineal gland is up in your head but it might have to start making up for the ovaries not working well, and the adrenals not working well, and the thyroid not working well. And so then, it will become stressed and then you won't be kicking out the right melatonin which is what you need to sleep, the sleep hormone. So yes, that's entirely possible. Brain regeneration is really good for helping the sleep because we clear everything out in the brain.

Gem, "Was diagnosed with MS and have been discouraged from trying to get pregnant due to the fear of exasperation. I have not claimed this diagnosis as I believe the body can heal itself. Can you tell if that has been a factor in my fertility challenges and can this be cleared today?" Yes, I don't think it's MS. I think it has something to do with the

health of your eggs. I think that would be where I would focus on, healthy eggs. I would definitely clear every program for MS. I would go through it just like we went through bloodline and Lucifer stops and all of that. I would clear all of that too. Night sweats Elizabeth, that is the body asking for more estrogens and so it will heat up and say, can you give me more estrogens, because it's used to a higher level of estrogens. And so bringing the body into balance, either turning off the mechanism that asks for more estrogens or returning the estrogens to higher levels. Both of those seem to work. it's fun and different. Each woman has her own idea of what would be good. One of the things I do when I'm working with people in their VIP Program, I regenerate the ovaries and some women say I don't want to have period anymore so leave them where they are and just improve them so that they're not congested with energy, but I don't want them to go back to an earlier state. And other people say, yes I'd love to have my ovaries tuned up, and they start cycling. I say, well you're going to go through a reversal so you might have hot flashes for a few days before you start back with your cycle. Any of that is possible. So night sweats are really stimulated from the ovaries and also the bones will be able to kick out a little bit of estrogens.

Okay and then we'll go back to the slide. This is basically the whole area that we're covering, including the vagina, and the G-spot, the clitoris, the labia, and then all of this. We're regenerating all of this. It looks like some creature. Like maybe a mouse with big antlers or something. (Laughs) I don't know Diana, I've helped women in their 40's have natural pregnancies and natural conceptions. I know of a woman, a medicine woman who was 69 and had her 9th child at age 60, so I just think anything's possible. Let's see, Gilda is saying, "Very cold feet especially at night. Is that hormonal?" I don't think so. It seems like it's circulation is what it seems like Gilda. That's what I test for circulation. Diana, "I was just diagnosed with vaginal atrophy. How long before I see an improvement?" Wow, that's a tough one. You know Diana, I would recommend it would be 10 minutes of pumping every day just to keep that energy really going down there. Probably four weeks. I tested four weeks and you should have some improvement. April, "Can we please heal clubbed ovary, PID - pelvic inflammatory disease and scar tissue from that and surgery/" Yes, I mean all this is regeneration, so it's restoring good health to all those area. Scar tissue, just so you know, if you know that you have scar tissue, one of the things you can do is be applying pink because the energy of pink dissolves scar tissue. That would be something that I would recommend.

"What about prolapsed abdomen?" I'd have to understand that a little more, but I think that that is related to your musculature? If it's prolapsed, were you born with it Audrey or was this something that happened in life and is it actually the uterus prolapsed? I've heard of that, but I haven't heard the whole abdomen is prolapsed. Are you really saying that the whole abdomen is prolapsed?" And Carina, "What about chronic

nausea? Could it be hormonal?" Not very likely. I get a no. It's something within your digestive system. And some of you if you're thinking... because we regenerate the entire digestive system in the Golden Age Year of Miracles, so that might be something where if you wanted to have all of your systems rebooted, that's what we do in that program. Oh okay, so a 5-pound ovarian cyst. Wow, that's big. Juanita, no. I just said that if you want your ovaries rebooted to 100%, you could have the potential of having your period start again.

I'm going to share with you the Year of Miracles because I honestly think some of you who could really benefit from being in a program that takes you through a year, it's three hours of regeneration every month, so you get 36 hours of regeneration and honestly, I just would love to see you. Some of you would really, really, really benefit from that. Hang on. I'll stop this and I'll show you the page, so you'll know what it looks like. Here we go.

"Hi, it's Julie Renee. The number one brain rejuvenation expert. I want to invite you to Golden Age Year of Miracles. Now when we started this program, we started it with senior citizens and what we discovered and what I discovered is there were a lot of requests from people who were just of every age including children who wanted to join in with the program. And so what was happening is we were getting people who were 20, and 30, and 4, and 18, and 46, so we ended up with a whole bunch of people who were not senior citizens. So this class is now open to everyone. Now, what you're going to find with this class is it's a version of the VIP Program. It's 12 months of regeneration from the inside out. We're doing the entire body over the course of a year. The special quality of this program is that each month, you get three hours of regeneration all at once. It's done in a mini retreat online. You're going to feel powerful shifts and changes in all aspects of your life as you move through Golden Age, your year of miracles. Do join me. I look forward to seeing you in class."

Did you guys see that? I don't know if you did, because it seems to have moved off the screen. Anyway, I wonder what happened. There we go. That was the Year of Miracles and how you would find it is... So there's the link to it. You heard it, okay. You don't have to get your period Sharon. I am not testing that anybody is going to get their period again if you have stopped your period. That would be in like what we'd focus on bringing the period back, so I wouldn't worry about it.

There you go, you can see digestion is in March. We do the chakras on Friday, the aura, the human spirit access portal, the halo. We do all the karma clearing and love clearings and the 7 stages of love, the parasympathetic and sympathetic systems of the nervous system in February. Digestion, mouth, stomach, large and small intestines,

colon, rectum. So you could see body chemistry, bladder, kidney, liver, spleen, inner outer vision, regeneration, five brain regeneration, bone, skeletal system, lymph system, brain, hair, vitality, adrenals. It's a big program.

Connie, "Will your uterus lining be growing back?" I get a yes on that. So anyway, that's Your Year of Miracles. It used to be called Golden Age Year of Miracles and we're just rebranding it because golden age meant mature and we've got so many younger people in the class now and that makes more sense.

"Is the period as kind of a way to say clean its room regularly? It's like a gift for women, right?" Yes, I think so. I always liked having my period. I'm really on the intention of growing everything back. I had pretty radical surgery with just about everything removed - cervix, uterus, fallopian tubes, and they left one ovary. I'm working growing everything back and getting my period back. That's what I want and I think that there's a tremendous power. I think the one thing that women really kind of suffer from, hormone balance as when they say, oh I don't want my period again. I think the blood is a very powerful time. And when you're stopping the blood.... I think if you don't have spiritual parasites and implants and you don't have programs running, I think it can be one of the most powerful times in a women's experience of being a woman is having periods. I think it's good. But you know, each of your own. If it was a hassle for you and you didn't like it... I know when I didn't have my skill, I had a pretty significant PMS and that was pretty unpleasant. And then I just came to really just love and appreciate what my body was doing and I just saw the power that came with it.

Yes Amy, we're working on the regeneration and if there's time we'll be doing hormone balancing towards the end. We're doing a lot of regeneration but it is my intention and then also, I will be providing you the Happy Hormones training. So you'll get that audio training too. That's great Julie. And like I said, at this point, I don't see people having their period returning. You'd probably need to continue to do some pumping. I'm looking at my own, like the regeneration which I started, my uterus and ovaries recently and it wouldn't really start. I kept looking why won't it start and it was because of that suppression, domination and control - all of that list. When I cleared all of that list, kaboom! Because I cleared all the other things before, and it just wouldn't get going. So what's in the way? And that list suppression, domination and control, so there was like medical control energy, control energy from my female lineage, control energy from relatives. There was a lot of suppressing going on. So by removing that, all of a sudden, I actively had the sense that I'm growing back my thyroid and my uterus and ovaries and the whole works down there. It feels that way and it tests that they're growing. My uterus is growing back and that tests very strongly as yes. It's like at 6% right now. My thyroid is growing back and it's at 9% right now.

When you're growing something back, you want to either keep yourself in the quantum pleasure field every day. That's really, really important, so each of you will be wanting to do a meditation every day for probably three months or so, so that you're in the pleasure field so the regeneration gets basically restored on-goingly. It keeps going. So when we're working on the regeneration, let me show you this because I have it a little bit mapped out for you so it makes sense. I'll share that screen share again. Okay, so that's what we're doing. I told you that we mirror the cells and we'll talk about that in a little bit. But if you think about... This is Day 1 and Day 1, we get a couple extra cells growing. We get this one at 100% and we get a couple extra cells growing. And then Day 2, you get more cells growing. And then Day 3, you get more cells growing. Do you see how it works? This is three days out. Today, it's one healthy cell. On three days out, it's 8, or it's going to be way more than 8 cells. But understand that you're going to be growing new cells say in the uterus or... I get 130 days. Can you see how the further out you go, the bigger the chart gets, the more cells you have growing and so you may not really see a lot of change in the first couple of weeks but ultimately, things start really dramatically improving for you? Can you see how that could work? Because it's just a matter of time where you get more and more healthy cells.

Connie, I don't know if this will replace. I never recommend that you go off with things dramatically because what we're essentially doing is we're standing to restore the glands and today, even though they'll read at 100%, compared to when you were 20, they'll probably be like 22% of what they were like when you were 20. And three or four months out, they'll probably be much, much more effective. Audrey, no. I mean you can be working on it but I'm going to include that in the charts so that you can work on that. Yes, that would be great and like I said, I would be providing you also the Happy Hormones training which I think you're going to really love too. Oh that's funny. We got a slide in here that doesn't belong in here.

"Are there new ovules coming into being in the ovaries as well?" I think what you're saying, new ovules meaning new eggs that are like fertile eggs? I think that's what you're asking. I get the tiniest bit. I only get like 4%, so you would have to probably really work on that area. You can maybe pump to clear like group mind and bloodline and things around being able to be fertile after not being fertile, or there are probably some blocks there because it's at such a low percentage right now. It's only at 4%. The natural ones, for Audrey, yes I'm believing that the natural ones should come back and it does make a huge difference in reversing aging. And like I said, you'll want to be doing one of my meditations, even if it's just like the Fatigued to Fabulous meditation on a daily basis for at least three months because that will really, really help with the regeneration.

Okay Gem, you're going to have to ask that guestion again because it's long gone on my screen. I am trying to answer everyone's question, so if you have something, go ahead and ask again. Oh I see a couple questions I didn't get to. Kate said, "I'm currently having extreme hair loss and I'm so fearful about being bald. Does the falling out so much could be hormonal?" That's 30%. Stress, 99%. I think stress is probably the main cause of that Kate, but you might do some additional clearings. "Do we still have eggs after menopause? If so, can I become super healthy? If so, can they become super healthy?" I don't know April. I test that they're not viable after menopause. I think things that happen to the eggs, there's a certain point where we're not kicking eggs out anymore, so do we run out of eggs? Let's see, we don't run out of eggs. they're old eggs. I asked are they dead and I get a yes, they're dead. I'm like, that's weird. So I don't know if you're asking if can you regenerate your eggs because you want to have babies. I would think that you could bring in new eggs from the blueprint and you might be able to animate the eggs that are in your body. I'm not sure. Could you animate the eggs that were in your body? No. That's interesting. You couldn't, but I could. Oh I have super powers. I guess I have more potency than you. I guess the answer is they could be reanimated, even if they were gone, like not functional anymore. So then Gem, if you want to, you'll have to ask the question again because I don't know what question you're referring to. So please, if you want something from me, please ask the guestion. Thank you.

Yes, there's a private hourly. It's a little bit pricey but I do have hourly. You can contact support and they can set you up. "I'm also experiencing some hair loss. I have been wondering if it's hormonal or from gut issues. Can you tell me?" Again, I get stress for you Connie. That could be stress from your gut not working well.

Yes, you're welcome. Should we do some singing? I bet that will make the time go faster. We're just pumping away. Pumping, pumping, pumping. Let's do some singing. Yes, I would think you could Audrey. I think you could. I mean it's obviously regeneration and exercise and I don't see why not. The blueprint exists of your body in a healthy, youthful state, so I would keep focusing on that. Kate, on lessening the effect of stress in your body, yes, you need to keep yourself in the parasympathetic system more often. You can muscle test on that and then like get up and move around and deep cleansing breaths. If you notice yourself getting stressed, you can shift. Sing, dance, breathe in and just allow yourself to breathe until your body goes back to relaxation mode or the parasympathetic system. Yes Connie, I believe that I sent out dynamism for that class, the parasite class and that will be an excellent meditation. That's an hour long and then the Fatigued to Fabulous which is a free gift, that one is like half an hour

long, so both of them would be wonderful and I'd love to see all of you doing daily meditations for at least three months, at least.

Okay Gem, "Can you tell the condition of my reproductive organs as regards to health and the ability to have a successful pregnancy - ovaries, eggs, uterus." Okay, so that's before we started the regeneration process? Is that what you want? At the beginning of the class today, your ovaries were at 20%. Your eggs, 6% and your uterus, 40%. And then at the end of the day, your ovaries will be in the 90 percentile range. The eggs will be in the 70 percentile range and the uterus will be like between 99 and 100. That means that you'll be going through a period where you're growing new cells. So it reads high even before the cells grow. You're welcome Kate.

Okay, let's see. Let's go back to our slide here. Let's see where we're at here. On the uterus, where we're at with the master cell of the uterus, we're at 100%. The two ovaries, we're at 97% on the two ovaries. The cervix, we're at 20%. So we've nailed the uterus and that's really good. We're almost done with the two, your double ovaries. We haven't started yet here, so this is our journey here.

"I was able to listen only to the second part of this session. By listening now, can I benefit still and will I get the benefits through the replay?" You'll do. You will get the benefits through the replay and you will benefit from everything we're doing now. You'll want to do the replay to do the clearings. That would be really good. That's Lydia. And Roxanne is saying shall we chant? I'm thinking that too. Let me think here on the chanting. We've done quite a few of them already. I like this one. Let's do that. Katherine, that's really normal, the regeneration. We actually grow new cells when we're sleeping; so if you're feeling sleepy, that would be a very normal response. Yes, let's do 'In the Stillness.'

[Singing]
In the stillness, In the quiet
In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am

In the stillness, In the quiet In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am In the stillness, In the quiet In the open heart, there I am

I am essence, I am breath I am light of God, I am, I am

Yes, I just was pulling up the mantras. It's funny, we were thinking the same thing. Let's do that. I just was pulling up some of the Mantra pages. Here we go.

[Chanting]
Om Gum Ganapatya Namaha
(5X)

[Chanting]
Vakratunda maha kaya
Kyoti surya samapraba
Net vig nam kuramay devo
Sarvakyaesho sarvahda

And Lydia, for digestion, that would be Your Year of Miracles which we just looked at. We do a whole regeneration of the digestion. It looks like in March, we'll do that. Okay, we can do the Tryambakam Mantra. Let's do that 10 times through. Actually, we're just at the hour. Why don't everybody get up and dance around, stretch and just feel good in your body. We'll come back in five minutes and we'll continue on with the regeneration. You guys are doing amazing. Really, really, really good. I'm really happy with where we're at. We'll just put five minute break and we'll be back at five after. Okay, take a break.

(Pause from 03:00:00 to 03:00:00)

Welcome back. We're working on regeneration and we're using some mantra chanting to help actually facilitate some speed in our regeneration. Let's go ahead and keep working on that. The five minute break is over. That was a good break. I knocked down a cup of toasted rice tea which is really funny. It felt really good going on. And I folded some laundry. I just got up and stretched. Okay, so we're going to do the Tryambakam Mantra. We're going to go through it 10 times. This should actually really make things go faster.

[Chanting]
Om Tryambakam Yajamahe
Sugandhim Pushtivardhanam
Urva Rukamiva Bandanna
Mrityor Muksheeya Mamritat
(10X)

Oh, that feels good. Just allow the Tryambakam Mantra, the mantra that creates new life and destroys that which no longer serves us. Allow that energy of the Ganesha Shiva powerful creator/destroyer energy to just fill your body with new life and the clearing of that which does not serve you. It feels wonderful.

And for those of you who are dealing with an anomaly, like you have cysts, or tumors, or an illness like cervical warts, or an illness like herpes, some kind of a transmitted illness, the thing that you can do on an on-going basis, when we remove infections, it takes anywhere from three to nine clearings to actually clear infections. And what I would recommend for that, if you have some things that you want to work on that we haven't touched on today, like you want to remove cysts and that kind of thing, you imagine it gone, so you have that image of it's not there. I'm whole, complete and perfect in myself without that, whatever that is. And then you do what I call the chopping pump which is one hand forward and the other had forward. It's very similar to the one-handed pump, but you're just going with two hands, very simply the chopping pump. And then if it's particularly troublesome, so you have a really big... like that 5-pound thing, you could do the doorknob thing. That's going to be really helping remove nasty implants or something that's really gnarly. You could use that one too. So this one which is the doorknob or this one which is just you're alternating your hand movements. Instead of doing a quantum pump. A single pump, it really feels like chopping. So it's chop, chop, chop, chop, chop, chop and you're focusing that energy on dissolving what doesn't belong there.

Now with removing viruses, I've removed hepatitis, medically documented, I've removed herpes, medically documented. I've removed HIV. Although my programs don't focus on removal of illness, understand that there's a series that you have to do. It doesn't instantly happen the first time. Yes, you'd get a good result and you'd get the reading to zero and then you'll read, do I need to clear it 10 days from now again, and then you'd clear it again to zero and you read, okay now I need to clear it in 20 days. So you just keep reading until you don't need to clear it anymore. It's gone for good. That's how you would remove an illness, a cyst, a tumour, a virus, or something that's living there that does not belong there. And then the other thing is to really stay with the chant 'this is

not me.' I'm health every minute of every day. This is not me. It doesn't support me. It's not me. I am healthy.

One of the things I've been really looking at for myself and I bet a lot of you want to do the same thing is just revitalize your vitality. I think after a big year of a lot of breakthroughs put a lot of responsibility. The company went global and I've been at the computer hours and hours and hours every day. I felt like I had lost some of my sparkle. Looking in my eyes, I was like well, I see myself in there but I'm not sparkling like I used to. And so I've been daily both working on my uterus and my thyroid, but also daily seeing myself as a much younger version of myself. And becoming a mom now at 58, I'm adopting children, it's been really exciting to go through the process, but I'm also very clear that I want a body that I can push hard. Like I do weight lifting or yoga for 20 to 40 minutes, first thing in the morning, after I've meditated. And then mid or late day, I do an hour of walking up the mountain side and walking down the mountain side. So I'm just like pushing myself to be able to have prolonged vitality and then seeing my body at a much younger state. I feel like I do a really good job of looking youthful, but I want to feel it completely in my bones. And so that's holding that image, replacing whatever fatigue or stressed out exhausted part of me, replacing that with that vibrant self. So I want to encourage you, if that's one of the things you're working on is restoring vitality and bringing that yummy self back, and you know what's so amazing is clearing the suppression, domination and control which I promised to give to you... Maybe we should do a class on that? I mean life was just different. I just noticed my hormones were better just from doing that. My responsiveness was better. All of a sudden, I felt like I've been let out of prison. It just felt different. Removing the domination and control and suppression, something also happened where I could learn again. Like I could learn in the way that I learned, which was reading the blueprint all the time. But I used to love to really study and get to the bottom of things and read 10 books on a topic and really go to the depth of what I could understand based on what other people have discovered. And somehow, that had gone away with all that suppression.

What I see is that everything is available to me. I just feel very clear headed and able to comprehend things that I used to not be able to do. Like some of these crazy computer programs that we're doing to revamp everything on the Website, I'm actually able to navigate like a base camp and Google docs and figuring out how to make comments. All of that I'm doing. It felt like the lights went on and things got easier.

"When you say that I couldn't revitalize or regenerate new eggs, is that a definite or how can we get to that level?" I think I answered that is to get into like an on-going training. You'd get to the level of a master health activator by practicing and training. Your skill level goes up working on other people and then actually learning the intricacies of the

regeneration and the clearing. So it's definitely possible to do that, but I would say that you would have to take on learning a little bit more. Oh that's great Diana. You're having that same felling of I'm ready to go for it. Yes, I always think for myself, looking at how life plays out, life is a mystery and it's exciting and whenever something comes up where there's like stuck energy, then I'm like, Okay what in my space isn't aligned in a way that would get a good result? So I was looking at that with the holidays and I bet some of you had challenging holidays. I went to visit my folks and the same stuff comes up and I am so happy with what I'm done because I measured myself and I'm 99% loving and generous with my mom and dad which is awesome. 1% I'm not. But my mom was only 7% loving to me and my dad was 70% loving to me. Meaning how my mother related to me was through suppression, domination and control and instead of expressing love, because she had a really, really difficult childhood, she doesn't express love; she expresses suppression and that's how she treats her daughters. It's kind of like, I'm a person too. I came back like, what just happened again, yet again? I went through what was it that happened and that's where I came up with that huge list of what was it that happened? And then I could clear that and oh my God, releasing, because it's on so many levels not her fault that she's doing what she's doing. it's just not. It's just she gave me a body and now, she's ill equipped to be around wonder woman. But it's consistently been that way so I suppose I was super charged as a child and that was her way of dealing with her female offspring. My sisters get the same thing that I do.

So then, what I look at is the great opportunity to clear and then to be really appreciative and look at what did she give me. The things that I got from my mother, I got beauty, and I got art and music. My mother is a craftsman and a painter. And when she was very young, she was so beautiful. She was amazing. She hasn't really taken care to keep that look up, but I got the beauty from her. She has a sense of home and order and I got that. Parts of that developed. She likes color. And when I was really young, she was a singer. She doesn't sing anymore. So I got some really good stuff from her and that's good enough. That's enough. And then the stuff that I'm clearing where I made that list, that want actually all from my other. When I looked back, it looked like it had been sourced from past lives. And then I brought it in and then she was the perfect person to keep playing it out until I could resolve it. So I want you to be thinking about what's going on with me, yourself, like an opportunity. So when there's a difficulty, it's like okay, I can sort out, I can figure this out. I can look at it. I can clear it. I can release myself from it. And that very troublesome thing that happens is an opportunity to shift and to grow and become more of you.

We started out the class talking about my girlfriend who's a summit leader and she's had an issue with weight and she was saying last night, the ultimate resolution for weight for me is forgiveness. She knew it. She knew that there was this holding on part that was her solution. It's funny because I cleared my thyroid and regenerated my thyroid a few days ago and I started just dropping like a pound a day, which is my goal because I wanted to lose eight pounds. Well, it's going to be a different solution for each of us but when there's something that's out of balance, it's the opportunity to bring balance and it's also the opportunity to let go of whatever it is that you're cycling around and around. So then I think about for each of you, when you look on a deeper level... And keep pumping because we're regenerating, on like the uterus, what does the uterus mean to you symbolically and then also is any dysfunction in the uterus from this life or from past lives? That's where we go with the timeline stuff. So if you wanted to be a real researcher and end things permanently which we're doing today, but you think well maybe there are some other things that we haven't touched on, you could do some research with muscle testing.

Okay, I see some comments. Oh, just one comment. Audrey, "Could you tell which of your classes would be the most beneficial for us to take?" That's Audrey. Audrey, let me just check for you because each person is going to resonate with different classes. Audrey, I'd love to see you in the special classes and Your Year of Miracles. I think that would be good for you. If you guys want to ask, because we're just pumping and regenerating, if you want to ask what classes I'd recommend, I'm happy to do a little bit if looking. By the way, I really am looking for five or six immersion students for the year long program. It's an investment. I am going to train you as a master health activator. it's the last year I'm doing it, so I want the program filled ,which is 12 students to come into my home. You're going to be trained directly with me. You're going to be getting weekly training. You're getting your retreats, your mini retreats every month. You have two 7day retreats. And so if that's calling to you to train as a master health activator, that program closes December 30th of 2016, so this year and it won't re-open until 2021. So I would very, very much like to have that completely filled and that I can get 12 out and doing this work before I start training in that way. That program isn't going to continue for a few years. I'm really just making a sanctuary space. I'm adopting two children and during the infancy years, the tiny baby years, I want to just have a protective nest for them.

Oh, lots of questions. Okay, I think a whole bunch of you asked while I was chatting. Okay, let's see. I think I answered Audrey. Connie, classes for Connie... Hand on just one second. Why don't we put up the Website of the calendar? Okay, so we're going to put up the calendar because then I could kind of point out what's coming up. Here we go. Come on. Technology has been working really well, hasn't it? It's been behaving. I

know a couple of you had a little blur here and there but it's been doing good today. Sometime we have a little more challenge.

Okay, so let's see. You guys probably all know how to use this, right? You just go to the 'Events' and you'll see the calendar. It goes through the whole year. You'll be able to go in and kind of... You can also muscle test. We have free classes. We have nine free classes this year that are an hour long and you can just stream through and see what's coming up. There's always a lot of stuff. There will be a few more classes. I don't think the tech people have gotten everything in later in the year. No, they haven't gotten everything in yet, so there's quite a bit.

Here we go. Okay, we can do it this way. There we go. Alright, so let's see. Here we go. I'm just going to get you back so I can see who's asking. I think what I'll do is just look at the overall classes. There are some amazing special classes coming up. This is a special class, meaning a one day class dealing on an intimate issue. Okay Connie, Immersion would be good for you. The yearlong immersion for Connie. Your Year of Miracles would be good for you. The love class that's coming up would be great for you. There's a bunch of love classes coming up In February. Yes, so those are a few things that I could recommend to you. Kate, "I would be grateful if you could test what classes to recommend or a private session?" Kate, I think Immersion for you would be great. That's the Diamond, Ruby, Emerald program but you'd come in for a year and really gain a lot of mastery. By the way, the first six months is all about you. We're working very deeply on your own specific issues. There's something really beautiful about having a small, in-person class. You get a tremendous amount of attention on what you need to bring your light out into the world. And then Julie, classes I'd recommend for Julie, Year of Miracles comes in very high. Apprentice online training comes in high and that actually comes out in March, but you can take apprentice classes until then Julie, and some of the special classes too for you Julie. I think probably all of you are probably resonating with the special classes. Sharon, I get Immersion would be great for you, the yearlong immersion. 7 Stages of Love would be good for you. Designing your DNA would be good for you. A lot of good things in there.

Okay, yes I think Julie I've answered you. Am I on Sharon? I think I'm on Sharon. Sharon, I get apprentice level 2. You'll see that when it comes out, apprentice level 2. You can prep yourself into apprentice classes. And then the special classes, it looks these special classes are great for you. I think the chemistry class would be great for you. And Amy, apprentice level 3 for you. That's an online training and special classes, definitely. Juanita, apprentice level 1, special classes. And Lea, "What classes would you recommend?" For Lea, special classes definitely. Designing your DNA would be great for you. I think women's classes would be great for you. We have quite a few

women's classes coming up. Katherine, I get that immersion would be good for you or apprentice level 3 would be good for you. Your Year of Miracles would be good. And Gem, the women's classes, the special classes. Apprentice level 2 would be good for you. Anellie, special classes would be good for you Anellie. Designing your DNA would be great. The technology tune-up would be great. Em, let's see, definitely the special classes. And I think the spiritual classes too, I think we have for you Em Sound of Truth, Essence, Divine Connection. Those all are reading really high for you and for some of you too. I'm sorry I'm not bringing all the classes and I should have a list in front of me. Okay, so that will be good.

It feels like I did Anellie already. I think I did. Oh I did, yes. Let's just scroll down again. I know you guys can't see but I scrolled all the way down so I can get all of you. Lydia, Immersion would be good. Apprentice level 3 would be good. The special classes are good. Yes, I think that's fantastic. Diana, "Will the program in March allow us to work with people?" The apprentice online program is each month, you'll be getting training and it's four hours of training each month, or depending on how advanced, if you're on level 3, you're getting quite a bit of training. You're getting like 12 hours of training. We're training you as an apprentice rather and so if you're already working with people, yes. You won't be coming in because of the immersion program. You actually come in and get my guidance personally. It's an online program, but it's amazing. So yes, if you're already doing some work with people, you'll have the skill to do that. That's from Diana. And Diana, the level 3 might be great for you on the apprentice program for Diana. Carina, I get a level 3 on the apprentice program would be great for you. The special classes, the women's classes and energy classes. So if you could come in when we do the 100% energy, I think that would great for you.

Continually pumping is the best but if you're tired Kate, you can take a little break or kick with your feet or you can just rest a little bit. Roxanne, "I am in or have taken just about every class you have and I'm Diamond level certified. Any recommendations?" Well Roxanne, you're the perfect person to come in to the yearlong immersion program. That would be fantastic. And know Roxanne and you probably have noticed this, there are a whole lot of programs coming out this year. I could see you in level 3 of the apprentice program or in the year long Ruby/Emerald Program. And you are welcome everyone. That was fun to take a look.

Maria, "I'm home now and can pay more attention. I'm diagnosed by doc as having endometriosis." Okay, from what I can make out Maria... I'm going to stop this now, the screen share. I was explaining and I think you probably were in transit, illnesses like endometriosis, tumors, cysts, warts and infections, you would do this chopping motion. You would do it until you got to zero and then you would do it again. Implants, you

would do this thing to clear implants, mechanisms and that kind of stuff. Those would be the two recommendations I would have for that specific illness.

You're welcome Juanita. Yes, I'd love to see all of you in the classes that suit you and if you're wondering, if you're looking at something and you don't have the ability to muscle test, you're welcome to send a question to support@julierenee.com and get a percentage of is this class good for me and what percentage is it a match for me. I can just test you. Oh, it's 99%. Yes, get in that class. It looks like about 80% helpful Kate on the DM that removes phytoestrogens. About 80% helpful.

Let's go back to our slide and see where we're at with the regeneration process. Uterus is 100%. Ovaries is 100%. Cervix, 100%. Fallopian tubes, 100%. Vagina, 100% .Labia, 80%. Clitoris, 40% and G-spot, 12%. Okay, so we've got labia, clitoris and G-spot that we're working on now, and everything that's down there.

"Is that karma to have children gone or do I still have to pump? I was so excited that you are adopting and went to the government yesterday. They said 43 is the limit in Europe. After that, I will not be eligible. So I am now looking to other countries." Maria, one other thing might be possible for you which is surrogacy. You know, just hiring a woman to carry a baby for you. That might also be a possibility. Out cut-off here with special circumstances is 59 and I think because grandparents adopt children too here, so I'm in the cut-off. But through normal adoptions, they said it's 48 in the United States. But I'm going through a law firm and they can adopt children up to 59 and then they said that they could help me get a second child. If I've adopted one, they'll help me get a second one even if I'm older than their limit.

I hear from Kate that she wants some hormone balancing. Let's see here, we've still got 20 minutes left of class. Could we make it through? Yes, labia is now 99% and G-spot 10. We've got about 10 minutes more on this regeneration, mirroring and cascade of new cell growth. You can't really do the hormone balancing without getting all of this stuff tuned up. The ideal is to maybe six weeks or eight weeks out, is to do the hormone balancing. Because you're just starting the cascade of new cell growth and typically, you have to have some level of regeneration before you can really improve the chemistry dramatically. But we can do something now. We'll have probably 9 or 10 minutes to work on hormone balancing, once we've gotten through the rest of this bundle.

And Maria, I think the other question you were asking is have you cleared the karma of suffering to have children? I don't think you have. I think there's still some stuff. I don't know if it's karma but I would say there's bloodline. Let's see what else. Curses. Okay,

so there was still some to clear and it's not so much. It's only about 40 minutes of clearing and that will be completely clear.

"Where can I find info on the apprentice level programs?" That's so sweet Gem. As I've explained to you but you probably didn't hear it, I'm very excited about the apprentice level program and we've got it all mapped out but the pages aren't up yet. They are coming out in March. So as soon as I can, I will get you the apprentice information. We just are doing a whole bunch of revamping and we're creating all kinds of nurture sequences and all kinds of cool stuff. And since that program doesn't really open until March, we probably won't get it up until... probably for three or four weeks, it will be up. But it's a wonderful program and you'll be invited in to the apprentice trainings and different trainings during the year. It's really, really good. There are three levels to it. And I'm sorry, it's not good enough to say it's really good. I apologize but I just can't go any faster than I can, but it's all mapped out. It's there. I will let you know as soon as I know. I'm sorry that I don't have it up yet. I apologize.

We'll be giving you homework to do for the next three months. I will give you a little homework, yes. "This is my one class with this work." Okay. And Kate, "Is this class helping clear any shame around sex?" Yes. "I grew up feeling like sex was wrong for my family." Yes, that was the beginning where we were doing all that clearing on bloodline, and trauma, and emotions. That's where we were clearing that. And Gem, "Thanks because I'm about to sign up for the Year of Miracles. I'll wait for it." Oh okay, well those two are different. Let me just test for you Gem. On the apprentice, it's 100%. In the Year of Miracles, oh I see, okay. Year of Miracles is like 80%. Yes, just come into the classes until March. Get yourself in a class next month so you just keep the momentum, the quantum momentum going and then you can get in to the apprentice class. Hopefully mid-February, we'll have that up. Yay!

Let's go back here to the slide. Do you guys want to do another mantra while we're pumping. We've got about five more minutes. Let's put the mantra up. This is a really pretty one. It's a little bit harder to sing but it's so pretty.

[Chanting] Sarva Mangala Maangalve Sarva Mangala Maangalve

Shive Sarvaartha Saadhikae Shive Sarvaartha Saadhikae

Sharanye Tryambakae Guari

Sharanye Tryambakae Guari

Narayanee Namostute Narayanee Namostute

Let's do that again.

[Chanting] Sarva Mangala Maangalve Sarva Mangala Maangalve

Shive Sarvaartha Saadhikae Shive Sarvaartha Saadhikae

Sharanye Tryambakae Guari Sharanye Tryambakae Guari

Narayanee Namostute Narayanee Namostute

[Chanting]
Om Bhur Bhuvah Svaha
Om Tat Savitur Varenyam
Bhargoo Devasya Dheemahi
Dhiyo Yomaha Prachodayat

Om Bhur Bhuvah Svaha Om Tat Savitur Varenyam Bhargoo Devasya Dheemahi Dhiyo Yomaha Prachodayat

Om Bhur Bhuvah Svaha Om Tat Savitur Varenyam Bhargoo Devasya Dheemahi Dhiyo Yomaha Prachodayat

Gem, I get about 80% clear compatibility conception for a husband. And are you clear for conception yourself, I get 100% yes. So you might clear like bloodline, emotions. Bloodline and emotions and then you might align your aura so that it kind of matches up

and your chakras would be matched up. It doesn't look like it's a whole lot of interference and your body is ready. Your body is very much ready. This is an easy chant.

[Chanting]
Om Maha Lakshmyai Namaha
Om Maha Lakshmyai Namaha

Om Maha Lakshmyai Namaha Om Maha Lakshmyai Namaha

Om Maha Lakshmyai Namaha Om Maha Lakshmyai Namaha

And then we are going into hormone balancing right now as we chant to Mother Lakshmi.

[Chanting]
Om Maha Lakshmyai Namaha
Om Maha Lakshmyai Namaha

Om Maha Lakshmyai Namaha Om Maha Lakshmyai Namaha

Om Maha Lakshmyai Namaha Om Maha Lakshmyai Namaha

Okay, good. Fantastic. I'll stop that. We've kind of touched the mantras in this one. You're doing a great job. "Can you see anything else I need to clear for fertility to be able to have children once I meet my soul mate/future husband? I'm almost 41 and I've never been married but want so much to have a family." You know Kate, I would do clearings for the soul mate and I would take the list and I would just clear everything in the way. Let me give you an example. I think it just fell off the desk, but I did it for my babies and you could do it for your soul mate. For me, when I was clearing for adoption, this is my list. I know you can't see the words but you can see that I've really been thoughtful about it and I've put a lot of thought into what's going to be really good for me. It says 'best children for me' and on there it says I have 28 hours of clearing to do that. Excited to learn and grow, discover quantum activations, joyful, happy, kindhearted, easy, fun, brilliant, healthy, strong, vibrant, engaging, supports my work and I support their growth, allows me to really support their growth, They're my children. They

feel like my children. They protect me as well as I protect them and they enhance my life. Loving and appreciative, wealthy, help bring the flow of wealth in so they already have their energy about them. I'm able to understand and really help them with their challenges. I grow young with them. They love to learn anywhere, anything. Nature, aquarium, hiking, books, tech - they love it all and they love to be in nature with me and play. Independent, easy to comfort and soothe. We're a team. They like themselves and they like me and beyond. They love me deeply and express it until the end of our days. Holy children, well-adjusted, make friends easily, navigates school easily. So that's the ideal, so I'm clearing anything in the way of that and then I also put remove any problems with like the social worker or lawyer saying there would be trouble finding a mom that would want a mother my age, any issue with lack of support from my female lineage, any problem with timeline or cycle and punishment energy, can't have, cant love, female lineage loses kids. And then I mapped out the whole Lucifer stops, bloodline and what's in the way and I had 28 hours. I actually cleared that already, but it gives you an idea.

If you can think about what it is... So one of the things is you don't have to have a husband to have children. You could go to the sperm bank and buy sperm, but it sounds to me like you have a picture of the husband and you have a picture of the children and family. So I want you to start thinking about what is your ideal, what is it that you're really hoping to find with a partner and clear any obstacles to that. And then also with the children and what you're hoping to create with that husband and children you bring in. That would be my recommendation for that.

"Amazing list. Truly all the best to you Julie Renee." Oh thank you and that's from Gilda. You're welcome Kate for this class. Yes, I just want you to know that on a daily basis, usually in the morning after I've done my meditation and then I'm also doing the beauty and the wealth with the students this time so I get the full experience of what they're going through, and then I sit down and I'm thinking about what's in my way that I'm not completely fulfilled, that I'm not in my total bliss or happiness. And so each day, there are different lists coming out that I'm working on. Just understand that this is a work in progress and I can see such dramatic and incredible shifts and changes in myself that life just gets easier and easier and I get stronger and healthier and I'm able to bring more into me, better team members in my business. And I just officially was approved for the adoption by the social worker, you know the power of these... So that came Friday. And I've just seen that every step that I do to clear allows me to have the life that I'm longing for or I wish for or I imagine for myself. So I imagine that for you too, that you can take these tools and use them to create a very powerful life for yourself.

You're welcome everyone. I'm seeing lots of beautiful affirmations here. Hormone

balancing, we have four minutes left and we're about 70% on the hormone balancing. We're pumping. And cascade of new cell growth for the whole, the longest of the areas being regenerated, 85 days. And the shortest, 60 days. So yes, 85 days, so you need to be plugging into... We'll send the free link for Fatigued to Fabulous, if you don't have a meditation to use on a daily basis. We'll send you that. We'll also be sending you the Happy Hormones link, so you'll have that one. That's more of a training one and for those of you who want to keep working on all the hormones and not just the baby making equipment but the ones in your brain and in your neck and your chest and all over the place, we've got glands and organs that produce hormones. So that's the Happy Hormones meditation and we're going to get you that. And I will give you some homework and I'm going to give you the four charts so you're going to have a lot of stuff. And you know, no pressure. I mean the thing that I always say is just... But definitely, definitely, please, please use the meditations because that keeps the regeneration really refuelled every day. That, I really want for you.

Fantastic! Well, I've got some work to do to get everything out to you. I think it's going to be amazingly wonderful the next few months. And then keep in mind again that if you've had like viruses or cysts or tumors, those are things you're still going to need to be doing regeneration on. You can muscle test and you could say, when do I do the next one. It might be 10 days out. It might be 20 days out. But you're going to want to keep ganging up on the illness part. The regeneration you don't really generally need to do more than one regeneration, as long as you're doing your meditation every day. But sometimes you can check and see, do I need to do another one? Sometimes it benefits to do a booster after the 85 days but generally, you're in great shape after the regeneration. As long as you've cleared all the problem energy beforehand, you're at 100% or 99%, it's really amazing.

Okay you guys, I love you. I appreciate you. Thank you for spending this time with me. It's been so precious. Thank you for inviting me into your home, or your office, or wherever you are and really welcoming me into your sacred female body and helping you to reboot so that we can all be more powerful together, that we can share in the journey of being powerful females in the world, setting a great example. God bless you. Stay in touch. If you have a question about a class, send it to support@julierenee.com and I'll do readings for you, like if that's 97% good for you. I don't mind doing that to help you get in to the right classes. And by the way, just to let you know before we sign off, if you're one of the women who has maybe lost your sex drive, we didn't gang up on that but we did clear it, but I'm doing a class in a few weeks on restoring the orgasm for women. So if you've never had an orgasm or it's been long gone or there are problems in that area with really the pleasure centers, we're going to focus very differently in that class. So this is a good prerequisite for that because we've cleared everything up. If

that's something that you want... we removed the curses and all that crazy stuff that prevents people from really experiencing the joy in their body that all women should experience, so if that's something that's important to you, I know it's important to me, please join me in that class. It's just a few weeks off.

I love you. Bye everyone. Have a magnificent rest of the day. And oh, there are some videos. if you want to see what the classes are that are immediately coming up, stay tuned and watch the videos.

[END OF TRANSCRIPT 04:10:29]