

Vision_See Clearly_Part 2

Hi and welcome to Vision: See Clearly. Today, we'll be working on regeneration. I had an epiphany. I realized that we need one more class. So on Monday, we've added a very special class. You'll be getting the link I think Friday or Saturday, you'll get the link for Monday's class and we will do a class devoted to different eye anomalies and illnesses. In that class, we'll give you all the different homework for all the different eye challenges. What we have set up today is regeneration. I want to really focus on regeneration; so let's get started.

Please sign in and let me know you're here. Let's get it started. Let's get back to where we need to be on this. Let's go back to our slides. It's nice to see all of you. I've been a little under the weather and just getting better. So, here I am and we're going to be doing some wonderful work on your eyes, eyeballs, optic nerve, visual cortex, and a few more good things. It's going to be an awesome class today.

There's lots of people signing in. Yay! I love it. I love it. I love it. So we go into Class 1. We identified challenges, cleared programs informing the eyes to function less than 100% and the cleared spiritual parasites and existing illnesses. We'll go back to existing illnesses in a bonus training next Monday. Today, Class 2, we'll be doing the rejuvenation, clear dark energies from the vision system, regenerate using cellular neo genesis of the eyes, optic nerve, visual cortex and then applying pink to the lenses. We'll have a bonus training on clearing eye illnesses and anomalies. You'll be getting charts on Monday. No extra charts coming today but Monday. We'll be mapping out different ways that you can clear eye illnesses and then how to maintain and nourish. So we'll have that extra bonus class with no additional charge to you. We're just putting it in because you need it. That's what I think.

Okay. Let's go ahead and do a demonstration on the quantum pump and muscle testing. The quantum pump of course is just the hand movement. You guys are getting to be experts on this, I know, because most of you have been pumping all week. So there we go, the quantum pump, elbow at the waist here. Right down there, and then hand falling forward. Essentially, the hand is falling forward like that. And then, if you want to, you can do the double pump and if you want to, you can do the foot paddle which is basically your ankles moving. Paddle, paddle, paddle, paddle, like that. So those are the pump options for you.

And then muscle testing, right hand, right, ring finger stiff, pushing down, saying 'My name is Julie Renee' and it holds true. 'My name is John Valenchak' and it's a no. Who's that? My body doesn't know. The muscle testing is Kinesiology. It works because the body, or actually the muscles can identify what's true and what's not true. Your body

is giving you the information about what's true and what's not true. The quantum pump works because we're part of a quantum field and that is particles vibrating and based on how the particles are vibrating, you get a globe, or some flowers, or a vase, you get Julie Renee, and based on our pumping, we can rearrange those particles. That came to me in a really transformative experience where my own body began to regenerate and my hand began to move and I understood that the connection, the correlation was that this would allow everyone, whether you were of a high vibration or a low vibration to be able to control your field and be able to improve things for yourself. Alright, so that's our little review of muscle testing and the quantum pump. We'll go on now to cellular neo genesis.

The first thing that we're going to do is we're going to clear dark energies from the eyeballs, optic nerve, visual cortex, muscles, skin, ducts, nerves and veins, and then we're going to pump to restore 100% of the master cell in all these listed areas. I realized that just the eyeball, optic nerve and visual cortex is what we usually do, but let's do all of this because some of you have issues in these different areas. So if you have the loose droopy tissue around the eyes, if you have a vein issue or a nerve issue, if there's a problem with the ducts, let's work on that. And then next week of course, we'll add things as we're looking at clearing things, how to deal with pressure and growth on the eye.

Everybody pumping, we're pumping to clear dark energies and I'm going to say hi to all the people who have signed in here; or at least a bunch of the people who've signed in. Wowzer! Lots and lots of people signed in already. Okay, so Rosie was first, hi! And Margaret, and Lindi, Lilia, Mardy, and Carol, and Sandy, and Brenda, and Melissa, and Lori, and Anne, Rodani, Susanne, Marilyn, Louise from New York, and Charmaine, Donald, Bernie, Nancy, Laura, Diane, Rosemary, Janice, Gary, Dawn, Cynthia, Doreen, Sharon. You're welcome Sharon for the extra class. It just felt to me like we just wouldn't be finished if we didn't actually address and really have like an hour of answering questions and setting you up to work with how do I fix this? So regeneration is one thing and clearing all the normal things is one thing, and then there's actually so many questions on illness and anomalies that I wanted to give one extra class for that. "I'm so glad you're feeling better." Thank you Audrey, thank you. Servina from Slovenia, and Lyn, and Margaret, and Roxanne, Elizabeth, Claudia, Jane, Donna, Gay, George. "Does it matter if you pump with the left or right hand?" Nope. The right hand tends to be a little bit stronger than the left hand, but just get it done. So whatever hand you want to use, go ahead. The right hand is the outer, assertive hand and the left hand is typically the receptive hand. But you use the hand that works for you.

Joy, "How exciting!" Beth from Norway, Nazeen, hi dear. Monica from Germany, currently in Australia. And Muscan Rema from London. And Marilyn, "Headaches on Sundays. Is that related to the vision program?" I don't think so. Nope, I get a no. And you're welcome for the extra class. Sherry, and Isabel, and Doreen. "Headaches started first class. Still have one today. Is this related to clearing?" Well, if it started on the first class, it could be. You want to drink more water and say 'this is not me' because it will be spiritual parasites that are getting kicked out that are just starting an agreement. So if it started right after the class and it's somebody putting pressure on you, you want to say 'the pain is not me. I feel great all the time.'

Lydia, Felicity, Barbara, Michelle, Lynd, Syland – that's nice, Nero. "Eyes much improved over the week and floaters are gone. Yahoo!" Fantastic Donald. That's really fantastic. Pelinka from Rhode Island, Nila says hi. Rosemary, "I would guess this pumping can restore the macular." Yes and we'll be actually focused on that for a short time on Monday, the macular degeneration issues. "The strange sensation in my right eye has cleared up over the past week. Amazing! Wishing you full health." Thank you, thank you Lori. Jada, "Looking forward to this." Fantastic! Lyn, another Lyn, yay! Myrna, "I never got the extra class, unless..." Oops, oh my goodness! Wow, that was amazing. I'm having gale-force winds. I'm at the top of a mountain and a door that was locked just blew open. I just relocked it again. Oh my goodness! Wild.

Okay and Myrna, we didn't do an extra class yet. We're doing it next week. I think what you're saying is you didn't get the Vision. You just need to contact support. You wouldn't actually do that in the chat box. Just send a message to support that you're looking for the vision home study program, but that would have been on your delivery page, Myrna. Lydia, "This class is phenomenal. Helping me clear issues I've experienced when I had an accident as a child that caused severe nearsightedness." Wow, that's amazing Lydia. I'm so happy. Joy, "My close up is already improving." Fantastic! Michelle, "How many times and how often to probably redo until the results we want?" You just would muscle test for that Michelle. You would ask how many days to clearing. Why don't we at the end of the class test for the percentage of people that would need to do another one and how many days of regeneration for each area. I'm happy to be with you, Karen. "Hello from Ashland." That was Julie. Hi, Julie! Marsha from New Jersey. And Donna, "When and why do we use muscle testing?" I showed you that you're using it when you're using the charts Donna. Last week we sent out charts. You can test and see if you're done, or you can just follow my directions and pump for the hours that I tell you to. Either one.

Audrey, "What about detached retina?" That is on the list for Monday, so thank you for bringing that up, but that is on for Monday. And it sometimes does improve and correct

when we do the regeneration, so if it doesn't, then we'll have some other things to look at next week on Monday. Same time, it will be from 11 to 12. We just got that set-up, like half an hour before you guys got on the call. I think everything's handled, so that's good. "I didn't have a chance to listen to the first class. Is it okay to join?" Yes, it's fine and also, if you didn't finish your clearings, it's fine to do this class and then just keep going on the clearings. "Eye twitch in right eye – Barbara." That could be just something working out; just keep pumping and say 'this is not me.' Dee, "My vision started declining since I was 5 years old. I'm now 52. The nearsighted is so severe and vision in right is pretty much gone. Left is better despite the fact that I have cataracts. My retina is too thin." Okay, well good to know. Joan, hi! Nancy, "Lightning flashes in the eye from migraine headaches." Oh okay. I think that that clears up with brain regeneration but if you think that's an eye issue... Let's see, is that an eye issue? Nope. It might clear up though because we're working on the nerves too. "Can we add detachment to the list for Monday?" Yes. Not for today. Today is entirely devoted to regeneration only; so we're not going to deal with illnesses today, other than of course when you're restoring the eye, sometimes illness automatically goes away.

Chantelle, "I look forward to learning what we are going to learn today." Wonderful! Diane, Audrey. "Growths on the eye lids." Not today. Denise from Arizona. April, "My kitty's right iris is getting reddish marks. It's permanently dilated now. No vision in the eye and surrounding area. Done three hours of clearing. What does he need in his left?" I'd do probably 13 hours of pumping April. I can't guarantee but it looks like it needs quite a bit more of pumping. "Can I make up the homework if I didn't do it last week?" Robert, you can do the homework whenever you have a chance. Yvette, yay, blessings. Night blindness, that might just clear up now. We'll see how that goes but night blindness often is corrected just by restoring the eyeballs. Let's see what happens.

Lyn, we do get gale-force winds here probably about every six weeks. I'm at the very top of the mountain. There's a long valley coming off of the ocean. I'm 13 miles from the ocean, so it gets to be like a big wind tunnel. The wind was blowing really hard for about an hour before class and then it had gone down a little bit and then it came back up. So I just probably think it's just the wind.

If your friend is in the class Margaret... I not doing things for people who aren't in the class but right now, you can see that we already are working on the eyeball, the optic nerve, the visual cortex. Now we're working also with the muscles, the skin, the ducts. The nerves and the veins. We're regenerating all of this. We're clearing the dark energy and we're regenerating all of that. So I don't know; if your friend is in the class and she had an autoimmune illness that does that, then she would be getting the benefit of this. Rosemary is asking about why pumping actually works and I think I've talked about that

in class. Whether your energy vibration is a very high vibration in the quantum pleasure field or not, by using the quantum pump, it can rearrange the particles. That came to me in a vision where my own body was regenerating and my hand started spontaneously moving. What I realized was this was information that everybody, no matter what frequency you're vibrating at, could with your thoughts... so you'd think I'm going to do the clearing, or I'm going to the regeneration, and then pump to access quantum pleasure field and you could be successful at regeneration or clearing.

Doreen and everyone who has questions on classes that are not related to this class, rather than put them on the chat box, please just contact support@julierennee.com. We're going to be working on the lenses today, yes Rosie. There's a question about taking multiple classes from me and can you just clear by pumping – you can clear by pumping but when you're actually working towards something where you have your list of what you're clearing or what you're working on, you're going to be much more effective and have a better result.

I don't think there's any problem with the phone but let me know if the staff sees that there's a problem on the phone. Yeah, I'm still here. Actually for just a moment, I turned off the sound so that I could open this door. There's a lock above the door, so that it doesn't fly open again because it flew open like three times with the wind blowing so hard. So that's why it might have just sounded quiet for a little bit. Good, that's all it was is I just put things on mute while the door flies open and the alarm comes on and so I opened the door. There's an extra hook up above to hook it in to place up on the top there. Oh my goodness, we got darkness. That's funny. The screen turned really dark. There we go.

Okay, so we're just pumping and let's take a look at where we're at on our process today. Let's see, we've cleared the dark energies and we've started pumping to restore 100%. Yes you can, Dia. Scar tissue can be dealt with by applying pink on scar tissue, Giovanni. Pink reverses scar tissue and makes it normal tissue. Claudia, I don't know what karma clearing has to do with vision, so I'm not sure what that question is about. This is a vision class; if you're asking about karma clearing, that might be in the 7 Stages of Love and it might be in just another class. "Can new karma be created with somebody after you've cleared karma?" It can be, but you could also just walk away from that relationship and not create any new karma. *(Laughs)* You thought I blew out the door. *(Laughs)* I'll tell you what, I haven't been wonder woman like I normally am so it's quite possible I blew out the door.

Just pump pink Barbara. "How do I apply pink or any color?" Pink is the only color typically that I'd recommend. "My eyes are really pulling as if inwards." That's alright

Muscan. You can leave your eyes closed if you want. Have some water. Just relax your eyes and keep pumping. And then I'm getting a question, if I don't pump during the session... It's kind of a loss if you don't pump during the session because I'm pumping with you, so things go faster, but you'll get the benefit of the session even if you don't pump. I've shown you a few different ways to pump, right, you guys? So if you're at work or something and you feel a little embarrassed about people seeing you pump, you could do this. Just have your hand kind of flow to the side, sitting down here. You could hide it a little bit. It would be better if you were pumping. Really, it would be better if you were pumping; even if you're pumping with your feet...

Astigmatism, my understanding is that the eyeball is shaped differently for astigmatism. That is more of an oval shape than a round shape and you can pump for that. You're welcome to keep asking me question about health of the eyes, but that is why I added the extra class on Monday, because I felt like we really needed to dedicate a whole class to regeneration, which is going to make a huge difference for many of you. So we're pumping and we're working on cellular neo genesis of all those areas.

"Does the quantum pump know not to regenerate healthy areas?" that's funny, because no area will be 100% and so we want all areas regenerated at 100%. There you go. So you might have healthy areas that could even be healthier. And for those of you who haven't seen a master cell, this is a little bit of what a master cell looks like. We're bringing the master cell of the areas listed - the eyes, the eyeballs, optic nerve, visual cortex, the muscles surrounding the eyes, the nerves, the ducts, the veins, we're bringing them all to 100%. We're doing that because they exist as 100% in the human blueprint. And then once we're done with that, here, this mitochondria, the fuel generator of the cell that has the regeneration program in it, we're going to press on the program and start a cascade of new cell growth, once we get this up to 100%.

"If I pump with two hands, will things change faster than if I pump with only one hand?" It could be. I get a yes. And Nila, "I've had red eyes and lower lids for three months. Eye doctor can't find the cause. Could you check?" Nila, it looks like a seed from a spiritual parasite. Burning eyes, okay Elizabeth, you got a fancy word for burning eyes. Just keep pumping. Yvette, yes, you can do this for your daughters. Audrey is seeing improvement in her vision. Fantastic! Yay!

"Your instruction last week to imagine an orange disc when staring at the computer screen was really helpful. Thank you so much. I felt an immediate difference." You're welcome. That's wonderful. By the way, I put in a technology class coming up in the spring. So if you have to be working with technology, or you're on technology, or it's

kind of fun for you to be on technology, be sure to get into that class. I'll teach you how to keep your body healthy and happy.

Chantelle, I don't think it's normal but everybody has what they have and sometimes spiritual parasites can cause some of that strangeness, but just keep pumping because it all clears. Brenda, you'd get everything. You'll always get the slides that I prepared and you'll get the audio and the video replay. Today, I won't be sending out charts. I've been a little under the weather, so I didn't make up any new charts but on Monday, I'll have some new charts for you. But you will get the step by step of what we did on cellular neo genesis. You'll get all of that. You'll get the video replay and you'll get the audio replay and the slides. That's what you'll get today.

And Dixie, you might have heard me say that we were going to deal with eye pressure on Monday, but it might help with eye pressure. It's possible. But then, also, I'll teach you some things on Monday on eye pressure. "If we wear glasses now, should we do this class with them on or off, or it doesn't matter?" It doesn't matter. And Claire, I'll be that's hello instead of hell. (*Laughs*) Sabine, from Germany, you're welcome.

Eye sight can get worse from working with computers. That was one of the reasons I had suggested the orange between you and the screen. But yeah, there are definitely some things you can do to restore your vision again after having it go down from the computer. And this is one of the things, actually, just doing the regeneration today is very, very important. Helena, you must have come in to the class late. I decided to add a bonus class on Monday. So we had a class that was just on clearing last week and we have a class dedicated to regeneration this week and then next week, we'll have a class that's dedicated to illnesses and anomalies, eye anomalies. That's what's happening. It's just a complimentary class, I decided. It was just kind of an awareness that you guys needed another class. You'll be getting the reminders and the link. It's the same time; it's just going to be on Monday because I think we have a bladder class next week on Wednesday, but we'll do it on Monday. So you'll get one more class and if you can't get in live, you'll certainly get the replay. It's just a bonus. It doesn't cost you anything extra rather. Just to make sure that you get everything you need to get your eyes the way you really want them to be.

Yes Lori, you can pump for a cold. I would prefer not to talk about what's going on with me but thank you for asking and yes, I'm so very good. I would prefer not to have that conversation, but thank you for asking. What do you do if your wrist gets tired? You can use your feet or you can use your other hand. But generally, my wrist doesn't get tired. I think that maybe you can look at adjusting somehow. You can do your pumping down by the side for awhile. Charts should be on the delivery page.

Chantelle is asking how long should we pump for one session. Gosh, sometimes I'll pump all day and sometimes I'll pump for 10 minutes, so it really just depends on... *(Laughs)* I get a big I love you all over again Julie. "How many times should we listen to the replay of this class today?" You know, it depends but I always recommend that you listen at least one or two times to the replays because you always pick up new stuff. I teach a lot of interesting concepts that you'll just notice that if you come back and listen again, you'll go, wow I totally missed that. I didn't know you said that. You're welcome, Brenda. "I can't recall if you discussed floaters, strings last class." Floaters should disappear with this process, but you can also just pump for floaters. It should disappear with the regeneration process. Some people have already had their floaters disappear with the clearing of programs. You can definitely read while pumping; that's definitely good.

Okay, I will address just in the very briefest way, I've been working really hard at getting a whole heck of a lot of people clear and there was a pretty dark energy that came at me. Yeah, so I have worked on clearing that and it isn't in my space anymore, but I've got a lot of stuff that I'm cleaning up for myself. I know you're curious, yes, pumping can definitely clear colds and illnesses 100%. You have to understand that I put myself out to thousands of you and I clear you, and I take away all your spiritual parasites and your evil and I do occasionally fall under some level of opposition. That's just the nicest way to put it. Unfortunately, I had a big wave of that this week, that just really hit me by surprise. So I've cleared and cleared and I'm clearing more. You won't have that because you're not a big teacher that's clearing thousands of people, but that does happen and I'm willing to deal with that every once in awhile so that I can really help you guys. It's not like you get to be a big teacher and then all the things that are being cleared don't get mad once in awhile. That's it. That's the story in the simplest way.

Audrey sees the computer screen perfectly. That's fantastic! So it's improving. Yes Louise, you can. You're welcome everyone and thank you for your love and support. I really appreciate it. It's good.

Okay, let's see where we are on the chart. The eyeballs are at 100%, the optic nerves, and we're just looking at the master cells right now. The optic nerve master cells are 80%. So we're working on the optic nerves right now. Just keep pumping. We're working on the optic nerve master cells.

Myrna says the class is dull. That's funny. "Thank you for doing all you do." You're welcome Sharon. I haven't been talking quite as much because my voice is a little affected by the health challenge that I'm moving through. So I'm not as chatty, but we

are doing cellular neo genesis, so I don't have to talk the whole time for you to get the good benefits. So once we get all of the master cells up to 100%, then we'll do the mirroring and the cascade of new cell growth.

Thank you Nazeen. You can do other things while you're pumping. That's fantastic Laura. "Vision has been brighter and colors are more vibrant this week. Lots of pumping." Fantastic! Thanks Janice, that's really sweet.

So we just keep pumping. We're just doing the regeneration of all these parts of the vision center. Just keep pumping. Keep focused on pumping. Okay, optic nerve on both sides now is at 100%, and that's just the master cells. Visual cortex, 92%. Let's keep pumping. Let's see if we can get all of these up to 100% before the class completes today.

For those of you that are wondering about your screen going blurry, it has to do with your computer speed and not anything to do with our system. And sometimes your computer speed is fast enough, but then everybody in your neighbourhood is on at the same time and so the speed will go down.

Diane, we're actually doing all of the things at once but I wanted to be really clear in your mind that we're getting the master cells all up to 100% so that you don't think that the visual cortex is at 100%. You think that the master cell is at 100%. And then the mirroring and the cascade of new cell growth, we can do that all in one fell swoop too, but I want you to understand that it's a step by step process. That sounds great Robert. That sounds like things are improving. And thank you, Sabine. Thanks Rosie, that's very sweet.

Okay, visual cortex is at 100%. We're looking at the muscles around the eyes and related to the eyes and we're at about 80% with the muscles, the skin, around the eyes and related to the eyes is 100%. The ducts is only at 50%. The nerve related to the eyes, 90% and the veins, 80%. So let's just keep pumping. We're almost at 100% with all of them and then we'd go into mirroring and then the cascade of new cell growth.

Tommy, for those of you that feel a little bit of motion sickness, just go ahead and ground yourself. Sure! Cee is asking what mirroring is. Once the cell, the master cell is 100%, you're going to mirror it to the surrounding cells. What does that sound like to you, when you hear mirroring? So essentially, you're going to have one cell that's working really beautifully and it's going to reflect that 100% function to all the surrounding cells. And so those surrounding cells are going to mirror back the 100% function. So you're going to get an immediate result that's going to be better than what

you had, and then, we start the cascade of new cell growth. So the cells that have been mirrored to, when they were grown, they might have been grown at 10% function. You mirrored to those cells a higher function of 100%, but they still might not be super-duper cells. The cells that come in that are the new cell growth, from the new cell growth... Let me show you here. From this program in the mitochondria, we're talking about this, the new cells that start from that, they start at 100%. From the very beginning, they start at 100%. So the first thing we do is we mirror. After we get all the master cells to 100%, we mirror it to the surrounding cells in the eyes, the nerves, the optic nerve, the visual cortex, the muscles. We're just mirroring the high function and then the cascade of new cell growth.

That's good Rosie. I've explained that there won't be any charts this time. You're going to get the slides. We've already talked about that and then Monday, there will be some extra homework. But yes, at the end of the class, we'll talk about in the next minute or two, how much more pumping you need to do to get the cascade of new cell growth growing in all the different areas. And you want to think about today, this is Day one, so you might get a couple new cells. And then day 1, you get four new cells and day 3, you get eight new cells. And so you see how it just keeps growing. Just understand that every day should get stronger and better.

Oh you're welcome. Okay, let's see. If we go back to our list, the eyeballs, how many days of regeneration? 133 days. The eyeballs have started a cascade of new cell growth. We've already done the mirroring process and they've already started, 133 days for eyeballs. Optic nerve, 32 days and that is very normal. The optic nerve is typically 32 or 33 days for cell growth and then you can work on it again. That is very typical though. Like the eyeball can go for many days as well as the virtual cortex. The nerve typically stops after about a month and so that might be something, if you have optic nerve issues, that you would go regenerate again after a month. The visual cortex, 134 days of regeneration. So we've done the mirroring, we've started the cascade of new cell growth. And about 50 days of new cell growth in the muscles and about 30 days of new cell growth in the skin. The ducts, the nerves and the veins have not yet gone into the regeneration phase, so we have not gotten through to 100% and then done the mirroring. So if you were to just pump to finish the ducts, the nerves, the veins and complete this process, what I'd like to probably see you all do is do another five hours of pumping. I think that would really fortify what we're after which is really strengthening the regeneration of the entire vision system. I think that would be excellent. So five hours total between now and Monday and then Monday, you'll be getting all the questions answered on eye anomalies and illnesses.

“The cell growth for coming days are from today’s pump?” That is correct. It’s from today’s regeneration. Yawning is good and that’s from Alexandra. Yawning is fine. That just means you’re moving energy. Things are changing. That’s all good.

Alright my dears, keep pumping. We have another five hours to really just fortify everything we’ve done with the vision regeneration. It’s been a very good day. I know it’s been a little bit of a quiet class. We’re going to have another class on Monday. You’ll get lots of questions answered about eye health and what you can do to improve things that maybe are illnesses that you have. The regeneration a lot of times takes care of that but not always, and so that’s why I’ve added the extra class for you. You will get announcements. You’ll get three like you always do. Three days before, one day before, and one hour before. So not to worry, it will be the exact same time as it was today.

I love you. I appreciate you. God bless you. Have an amazing week and we’ll see you Monday, if not before. I might see you tomorrow. For those of you that are in the longer classes, we’ve moved them up to next week. So I’ll be full and bigger next week. Okay, see you soon. Love you. Bye-bye! Keep pumping. And if you want to see the classes that are coming up, we’ve got a few videos popped in so you could pump together for another few minutes, maybe another 10 minutes while you watch the video. Love you. Bye!

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