Vision: See Clearly

Good morning, good afternoon and good evening. Welcome to Vision, See Clearly. If you are wanting to make some improvements with your vision, you are in the right place. We're going to be covering a lot today and we have a wonderful and significant group of people in the class. I think we have about 170 people in this class this morning, so if I don't get to all of your questions, I will be reading the chat box after the class. Also, we have another class that will be also going into addressing those issues. And by the way, please do sign in.

I'm going to show you what I've been working on. You're going to get Chart 1. I'm going to show you Chart 1 today as homework and this is kind of the standard chart. We'll be working on floaters, near and farsighted, astigmatism, shape and size of the eyes. That will be the first chart that you'll get, but I'm working on a much bigger one so not to worry if your vision issue isn't in Day 1. The second one that you'll be getting and I've been filling that out... Let me just show you that one. Let's see here, I think this is it. So you'll be able to see... We'll also be adding to that glaucoma, cataracts, pressure issues, vein issues, nerve issues, visual cortex problems. Most eye issues do come under these categories. If you don't really think that the eye issue you have is in this category, feel free to either put it in the chat box or send an email to support at JulieRenee.com. I am mapping out a clearing, the time, the best advice for every single eye issue that I get a request for. So I've got a good amount of them covered in this homework. We're going to be doing the big clearings today and you're also going to be getting the charts, so you'll understand what you're going to be clearing. In other words, this is the homework chart but let me show you what else you're... Oops! So you'll also be getting our big charts that we've just brought in. In the last couple of months, we've been bringing in the bigger charts and you can take a look at one of them and see. Well, this one is on clearing perception - what is it? I didn't get where it came from yet but it attracts any spiritual pests and how to clear it. So you're going to get charts for all of the different categories, which would be great. So there are a lot of really, really helpful information in this course.

Welcome everyone! I'm going to get started with the PowerPoint and then I'm going to take a minute, once we get the slides up here. There we go: See Clearly. Yay! And then I'm going to take a peek and see who's on the call. Again, my apologies if I don't get to everybody. It's a big number of very interested people coming in, so I'm very thrilled to have so many of you on the call. Welcome! Okay Janice, Marilyn, Sharon. Oh, 3 am, wow that's devotion and good for you for getting up. Nancy, and Sharon, and Claudia from the UK. And Sharon, and Julie... We've got a bunch of Sharon's I guess here, huh? Robert, Melissa, Dawn, Suzanne, George, Audrey, Ann, Laurie, Marie, Joy, Margaret, Margie, Rodani, Diane, Donald, Gay, Joan, Nazeen. Hi, Nazeen! George,

Sandy, Anita, Chantelle, Tatiana, Don, Lars. This is just fantastic. Sharon, Brenda, Chantelle, Roxanne, Servina, hi! Margaret, "I can't see for reading but don't know." Okay, Denise, Marilyn, Diana Trevor, Doreen, Jean, Heather, Cynthia, Nancy, Muscan, Doreen, Margaret, Audrey. Nearsighted, yes we do cover nearsighted. Marilyn, Jean and Neru. Excuse me, Niro. Very good, okay. Well, I'm so happy to see all of you. And Nila's there, I thought you were. I felt you.

Okay, so let's get started on today's lesson and then you're going to have lots of homework clearings too. Today we're going to look at the steps for improving vision. In part 1, we're going to identify the challenges, clear programs informing the eyes to function at less than 100% and clear spiritual parasites and existing illness. So we'll be working on that in the first class. In class 2, we'll be working on rejuvenate and clear dark energies from the vision system, regenerate cellular neogenesis of the eyes, optic nerve and visual cortex and your follow-up training, we'll be giving you after the end of class 2, maintain and nourish and how to apply pink energy to keep those lenses soft and really keep you in clear focus once we've gotten the regeneration done.

We're going to be first of all in step 1, identifying the problem. Some programs are related to aging, some from toxicity, DNA or bloodline patterns, lack of water or hydration can also cause eye issues. And then of course eye disease, eye conditions, vision disease, for example the optic nerve or visual cortex has a disease, the eye nerve or brain problems, injury or illness.

We're going to start with the clearings and what we'll be clearing in amplification – so everybody would want to start their quantum pump – bloodline, Lucifer stops, soul contracts, demonic and evil spirit and satanic curses, aging timelines, cycles and dark energies. And then holographic inserts, implants, mechanisms, seeds, nano technology, permeations, portals, cords and embeddings. So we're going to do some clearing on this.

I'm going to come on now unto the screen and just welcome any of the newbies. When we do the quantum pump, this is what it looks like. The elbow is down at the waist and the hand is pumping forward. It goes like that. So that is the quantum pump and that's what we're going to be doing all day today. Some of you will be experts and you might do the quantum pump. This is chopping. It's right hand, left hand, right hand, left hand, right hand, left hand. And also some of you who are very playful in nature and are going for it might have your toes pumping also. I'm looking down at my toes. That pumping with the feet is just pumping the ankle and the foot goes up and down like that. You're welcome to do any version — one-handed, two-handed or the quadruped pump where you have the hands and the feet going.

I'm going to talk just for a couple of minutes to set a foundation for you that the quantum works because there are two kinds of physics and we're working with quantum physics. The first kind of physics is the Newtonian physics or the theory of relativity, the apple falling from the tree. It's Newtonian physics and it's just from here to there. And then the second type of physics and they were both actually defined in 1915, believe it or not, the second type of physics was quantum physics. Quantum physics says that we are all part of a field and that field is made up of particles vibrating. And based on how the particles are vibrating, you have flowers, or a globe, or me, or an earring or whatever, and so what we're doing with this quantum pump and our mind, we're setting an intention with our mind and we're pumping with our hand, and we're rearranging the particles for a better circumstance.

Now, the quantum pump a standard pump that you can use for every single thing that you want to be working on. In the homework, you'll see that you do have the chopping as an instruction especially for illnesses like cataracts and glaucoma and things like that where you do the double pump. The double pump looks like this and then there's chopping. They look so much alike. I think the chopping, I feel like there's a little more force with it and the double pump is just kind of the two hands falling forward, but it's so similar that you could hardly see the difference. So you can do the double pump. Yes, I think those are the two directions that I'm giving you. We have a side slide that will be in the homework for next week, so I want to go over that with you. That's just you're doing a kind of a doo, doo, doo, doo and you're sliding across your chest – the side slide, like that. That's the side slide. And it's one I believe will be in next week's homework. It isn't written in there yet. It would be the doorknob, the quantum doorknob. So this is a different kind of a pump and it's mostly used for spiritual parasites and some of their anchors. That one is used too.

Those would be the 4 possible hand movements that you might use for clearing when restoring the eyes. Now today is all about clearing and then I'm going to give you some homework for clearing and then next week is about regeneration. So today we're going to really work on the clearing level and then next week we're really going to go into, let's grow new cells. And then we'll give you follow-up homework so that afterglow will be how do you keep this up.

When you're restoring vision and you've had years where it's gone down and down and down, often times you'll regenerate it and you'll get it quite a bit better and then you'll have to regenerate it again and get it quite a bit better yet. And you may go through anywhere from 4 to 7 or even 9 regenerations to get it back to 20/20 vision and perfect health. So understanding that it's in increments; it took you time to get to where you are.

You won't be doing all the clearings anymore; you'll just let it go through its full regeneration and then you'll do the next regeneration.

The good news is that we give you these videos and audio presentations, the slides, the transcripts – everything that you need, all the charts and you have them for a lifetime. You'll have the delivery page and you'll just want to bookmark it and then you can say, okay I'm going to come back in 3 months, so I'm going to do the regeneration again by going through class 2 again and just using that to do it one more time. It's pretty exciting to have worn glasses and then not wear glasses or to have worn bottle capped glasses and then go down to a lens that you were on maybe 10 years ago. So understand that vision improves; it definitely improves and it's a matter of time.

Now we're really looking at two different things; we're looking at improving vision and we're looking at clearing illnesses in the vision center. So there are two different things. Some of you will just have declined vision and it won't have something to do with an illness per se. You'll be nearsighted, you'll be farsighted, you'll have astigmatism — so those kinds of things are really going to be dealt very much in the regeneration. We clear the programs and then we do the regeneration. And then many of you though have an eye illness or an eye condition that's more than just the standard pattern of losing your vision and so those will also be addressing... like I said those will be the new charts that are coming out that I gave you a peek at, at the beginning of class.

If you are wondering how do I figure out how many days or how many hours or what do I do, we're using a technique called kinesiology which is muscle testing. Muscle testing is using your right hand and the right finger on your right hand and making it very, very stiff, as stiff as you can, pushing down with the pointer finger on your left hand. If it's true, it will hold firm and if it's false, it will drop. "My name is Julie Renee," holds firm. See, it gets stiff and holds firm. "My name is George Lucas," no it isn't. You can practice on muscle testing if you've never done it before. It's an art. What I would recommend is to practice 5 times a day for 6 weeks and that's going to really help. You can also do clearings on muscle testing so you can clear yourself, so that you've cleared away the impediments to muscle testing.

Okay, now I know lots and lots of things have come in since I've been chatting and I want everybody pumping right now. We're pumping for the clearings in amplifica6ion. That big list I showed you. Let me show it to you again. We'll just stay all on the same page. Okay, that's what we're working on right now to clear and I'm going to scroll in a little bit here and take a look at some of the questions. Again, my apologies, we have many, many students in this class. We have 175 about students in this class so I will not get to every question, even though I really want to. Let's see...

Okay, let's see, I've got Brenda, and Chantelle, Roxanne, Servina. I think I saw those. Marilyn, Diane, Diana. I didn't see her. Trevor, I saw. Doreen, Jean. Psoriasis of eyelid will be covered or is that? That's not psoriasis. Is that the eyelid droopy? That is something that we do improve. I think that's what you're saying, the droopy eyelid. Heather, great to see you Heather. Nancy, Cynthia, Muscan, Doreen, Margaret, okay. And Myra is talking about having an evaluation of her eyes. Brenda, "Love to all." Melissa, "General eye deterioration." Good. Well, that's what we're going to cover today. Bradani, "Can cataracts be cured without an operation?" We're going to test. We're going to see. I haven't taken someone through to the other side of cataracts. Typically, people do an eye operation if you need one; you'll be in really fantastic shape. But I am mapping out by muscle testing what we'd need to clear to have it clear without an operation. So we can give it a good try.

Michelle, "Hi. Glasses since I was 2." Margaret, okay. "Allergy and dry eye issues." Okay, Anita. "Sensations, something in my right eye. It doesn't hurt." Okay, that we'll probably clear today, I'm hoping Laurie. Let's see, Myrna from Ocean Side, it's good to see you. Stephanie. "Nothing – audio, video." Stephanie, go ahead and refresh and also you could use the dial-in if you can, since your computer might not be fast enough. Oh and I see this part has already gotten you there. "Are both chopping and double pump only used to clear?" Double pump speeds up things and chopping is used for clearing. Good question and that was Diana. Margaret, "Good morning from New Jersey." We've definitely started. Isabel. Muscan, you know what we're doing is eye regeneration so it will deal with both the short and nearsighted and farsighted, so that will be covered. "How do we know how many regenerations we'll need?" That we'll deal with next week Chantelle, but we will go through the regeneration process next week. And I do have it mapped out. If you've got really bad eyes, you might need to regenerate it. I've mapped that out on your charts and that, we touch on next week.

Myrna has dry eye and blurred vision. And Jean, "Yes, droopy eyelid." Nila, "Do we need to stay away from supplements made with nano technology?" Definitely, stay away from supplements with nano technology. Margaret, "Will post vis-stress detachment be covered?" We'll be doing the full regeneration, so I think so. I mean I'm not going into every medical diagnosis, but understand that we are regenerating the eyeball, and the lens, and the optic nerve, and the visual cortex. We are going through all of them and we're clearing all of the things that would cause eye degeneration and illness; so I think so. And Janice, yes. You'll see on the charts that emotions play a very large role in vision. It looks like a bunch of people have dry eyes and so we'll definitely be wanting to clear dry eyes and I'll add that on to our clearing charts too, on dry eyes. Okay, so many wonderful notes.

Well, let's do some clearing. I see a lot of dry eye and avoiding nano technology is a yes. And lazy eye, that would be the muscle in the eye, wouldn't it? The lazy eye, where it's not trained in the right place. We're going to do a full regeneration of the cells in the eye ball and the optic nerve and the visual cortex, so let's see. Let's see how much we get to. I think we should be getting to everything you guys have asked for. Head injury could play a huge role in eye problems especially if it's in the back of the head. Your visual cortex is part of the brain. It's in the back of the head, so if you fell hard on the back of your head, it could very well be very much affected. Also the optic nerve runs through the brain in the right and left neo-cortex so the optic nerves can be affected. \

Oh Margaret says that she's too weak to pump. Margaret, you can pump in your mind's eye, for people who are sick and bedridden, or don't have arms. You can imagine pumping with your mind. Imagine seeing your mind pumping in your mind and that will help, and also I'm pumping for all of you too. On the nano technology, we're not going to go into great detail about that. We do have classes, the quantum clear class and some of the other classes like the immersion program that really go into what everything is. But just understand that nano technology is not human technology. It's been brought in from aliens and when I looked at it clairvoyantly, it looked like it was meant to take over systems of the body, so the body isn't actually doing for itself. It's not regenerating itself. The nano bytes or whatever are taking over the function, with the slow process of the nano technology really getting embedded in the human blueprint and the human body. And ultimately having these little things being able to take more control of the human body. And that's not what we're looking for; we're actually looking to restore the human blueprint in itself with its own extraordinary elements of the blueprint. So understanding that I understand that nano technology makes you feel great. If you've taken some nano supplements or you're using a nano pillow or something like that and you're just like, oh my God, it's just wonderful - I get that, but what we're doing in this class is we're activating your own blueprint and your own field and this would be a foreign substance that would stay in you, so it doesn't disappear unless you disappear it.

"Is colloidal silver included in nano?" I don't think so. You'd have to test. It depends on the company but I don't get it as a yes, but do check with the companies because the companies like to promote that there using nano technology. So if they're using nano technology, you want to avoid it if you can. "Can we do something up retina's pigmentosis. The colons and rods in the retina, eventually optic nerve is dried up." This is a clearing on illnesses so when we're clearing this in amplification... So we're clearing this one and then we'll go down and we'll clear the spiritual parasites and we'll be really looking at healing the cant heal stuff, perception, emotions and then we do get actually to DNA today. So if you have a specific illness or a specific problem, what I'd like you to

do is include that on your list. So as we're going through this list of clearings, include that on your list. And as I showed you, I'm charting, so I should be able to get at least another dozen eye conditions mapped out. I've been doing kind of the more general things like problems with the nerve like the optic nerve or the nerve reception and that kind of a thing, so that everything gets covered even if I don't get to every single medical diagnosis. But what the real gist of vision regeneration is to get to the bottom of the programs that are causing the regeneration and the malfunction. So if we can get to the bottom of the programs, like really clear away amplification, perception, emotions, DNA and then the specific program for the cones and rods not functioning properly or breaking down, when we get to that specific program, if you clear that, clear that out of the DNA or of it's coming from somewhere else, clear that and then do the regeneration. it should hold permanently. And then we also like to work with the DNA reset and if the program for the eye degeneration is the DNA, we clear it out of the DNA and then we work on restoring and remove ing the reset that puts it back at that when you go to sleep. It gets a little better and then you go to sleep and it resets at the old program. We want to get rid of the old program and we want to get rid of the setting that allows it to reboot at the old setting.

So what we're really working on is really removing all the programs that would allow the eye not to function well and then regenerating, so we're doing cellular neogenesis, which is really working with the master cells and getting them to 100% using the blueprint in the quantum field and then starting a cascade of new cell growth. And we will next week go one by one and we'll do the eyeballs, the optic nerve, the visual cortex, and then we'll be working with the lens itself to soften that up and make that pink and really youthful again. We bring youth in. And by the way, if you have scar tissue, pink is a wonderful color to us on scar tissue. One of the things that happens with your lenses is they start hardening as you are aging and you're exposed to toxicity, you're dehydrated and those kinds of things so what we want to do is we want to soften that lens up so you get clear focus again. So just that one thing alone will really help.

I do have had some questions this week about floaters. I had a bunch of floaters a few years back and I did the vision regeneration, cleared the floaters. I actually had a little spot in my eye that was like looking into light. It wasn't registering, as I couldn't see anything out of that little spit and all of that healed with the vision regeneration. So I do give you the protocols, if you have floaters. That seems to be something that a lot of people have, so understand that that is definitely removable and curable. It takes a little bit of time. It takes anywhere from immediate to about 7 weeks on the floaters.

Okay and then I'm getting another question, so we're about half an hour into our class one. The regular pump that we're doing is this and then if you want to double up, you

can do the double pump. If you want to be a quadruped and you want to use your feet and your hands, you could pump with your feet too which is just very playful. You could do it for a few minutes if you want to; getting your ankles pumping so your feet are doing the same thing. Right, left. Right, left. Anyway, so you just get everything pumping all at once. But one hand pumping is perfectly fine and that's what we're doing. The elbow is at the waist and the hand is pumping, moving forward. It looks like that. It looks like that. When you watch the replay, you'll see at the very beginning, I've got that covered again so you might just want to review the quantum pump at the very beginning of the class.

I'm so happy that you're here and that you're ready for your vision to improve. I wore glasses. I wore these big, round, red glasses for a really long time, from age 18 to 46 and I decided I didn't want to wear glasses anymore. I decided I could see and I could see without glasses. And so I did work on regenerating my eyes and 6 months later, I went in to the eye doctor and he said, oh, something is wrong. He thought that the doctor from the previous year had made a mistake because my vision had improved. He said that that never happens with a woman your age. And I said, oh yeah, it does. And then he checked and he found out that he was the doctor from the previous year and he goes, I must have been having a bad day. He thought that he had recorded bad information, rather than my eyes getting better which I think is funny. So understand that your nearsighted, farsighted, astigmatism and floaters can probably be corrected pretty quickly; really pretty quickly. If you're very nearsighted or very farsighted, you'll get a shift when we do the regeneration next week but you'll do it in increments. I've got that mapped out, so you'll get a chart next week on the regeneration stuff too. So you'll know, like gosh, I'm probably in the severe category, I should probably do the maximum regeneration. So it tells you how many days to wait and what to do in the middle. Like some people would be pumping every third day for 5 minutes or 20 minutes, until the regeneration is complete or until the clearing is complete. I mapped that out for you.

Okay, let's see, lots of things. "I got on after all." Oh good, hi Mai! And Lyn, "Sometimes it feels like something is crawling around in my eye." I think that's a spiritual parasite Lyn. It's 3 aliens. Yes, it looks like 3 aliens. Dia, "What's causing my rapid vision loss?" There's a program in your bloodline and some kind of a miasm with your bloodline. So there's something in there which is good because that's what we're working on clearing now. So you'll want to just keep testing until you get that program completely cleared on the rapid vision loss. Diana, yes. Being abused as a child can affect your vision definitely and emotions scores really high with some of the eye diseases, as well as the vision loss. When you're muscle testing, you're going to discover what the key players are. Since we're such a big and diverse group, we're going to cover everything. Absolutely. Lyn, I recommend the right hand because the right hand is the outer. The left hand is receptive, where the right hand is out in the world. But if you're better at your

left hand, then use your left hand. If you're better with your feet, then use your feet. If you can't use your hands and feet, then use your mind. We're just after the goal of getting the quantum energy and the shifting happening. That's what we're looking for. This is the best recommendation and there's then what's the best for you. We like t to work for you, so you do what makes sense.

Joy, "On the molecular degeneration on my left eye, some anomaly around the optic nerve, what caused the molecular degeneration?" It looks like some malfunction in the DNA is the bigger culprit of everything that I'm streaming through. Good news s we're working on that so we should be able to clear the program and then regenerate the eyes. So that's the good news. Muscan, "My eyes are really hurting now with the clearing. I think I have one short and one long sight but I'm not sure." Okay, that would be spiritual parasites resisting but know that f it's hurting, you're being effective meaning you're moving them out. Because they're going, "No, I don't want to go. Don't make me go..." and you're making them go, so they're just hanging on. So just in your mind go, "This is not me, this is not me. My eyes feel great all the time..." and just allow them to release. The 'this is not me' is not an affirmation. It's actually you're telling the body that the pain is not you or the malfunction is not you. You're not agreeing to it and you're not aligned to it. It's not a 'this is not me' affirmation. It's a statement of fact. This is not me. This pain has nothing to do with me.

Floaters and flashes... Ooh, that just went away. Dia says, "Love you..." You're welcome. I always love the love. Thank you so much. Okay, well I'm seeing lots of people's eye issues. There are a lot of people spelling out what it is. "Can regeneration heal vitreous detachment?" You see, I'm muscle testing and it's a yes. I get a yes. You can heal anything. I worked with a lady, Carolyn Stevens, I don't know if you've seen her interview but she was just a couple days from death from the Stanford doctors saying you just can't live through this. She had her colon removed and we grew back her colon. It was surgically removed and she had a bag and she said, you got to take this bag out. My colon's back. I mean she wasn't using the bag. She was actually having bowel movements. Yes, so you can grow back things that have been surgically removed. You can grow back damaged, injured parts. You know where the holdup is sometimes with people on growing things back is that they get in their mind what I call Atheist thought form which is it's gone' and it's been surgically removed. It's gone. And it's so strongly 'it's gone' that the mind prevents the new part from returning. So you've got to really clear the 'it's gone' and maybe every day send happy thoughts to whatever that was that was damaged or missing and just imagine it back again. And then we will go through the steps of cellular regeneration for the eyes, the nerves and that part of the brain, the optic nerve next week. We will go through the youth thing and making younger the lenses. And also we should be able to get to the tissue in the eyelids also.

The chopping actually... Why don't I just talk about that? So growths or anything that doesn't belong on or around the eye, growths are like this. You do the chopping and you imagine it disappearing Like you could shrink a headache, you actually shrink growth and illness too that way. The first thing you would do is remove the programs and then you would also need to remove what is there.

One of my students, Tom, was very successful, one of my apprentices, at removing some of these. He had some growths on his skin around his face and he did the chopping and it just fell off. So that was pretty cool for him to see the stuff just all fell off. It depends on your belief system. If you believe that it's part of you, it's going to stay. If you believe that it's not part of you and it doesn't belong there or it never belonged there, then it's going to shift. So just know that anything is possible and we have to clear programs that are informing the body of the problem and then we have to really see that it's possible and do the regeneration and allow the regeneration to go to its full extent and then maybe we'd do the regeneration more than once. Many people, they need it once but I'm assuming since you signed up for an eye program, you might have some problem with your vision somewhere. We have thousands of people on the list and we had 175 people who said I have a vision problem I want to improve, so you might be more of the challenged ones. I'm really glad you came on because I'm here for you.

Pauline, sometimes that's the thyroid malfunctioning and that's what I get. If your eyeballs are getting bigger, sometimes it has to do with the thyroid not functioning right so you would just want to clear the programs for that and then also in your imagination, see your eyes returning to their normal size. You can totally do that. You can do that. I moved some bone structure where I had been hit by a car and so this side of my face was very different. It was kind of smashed in. If I wore sun glasses, this one was touching the skin and this one was like three quarters of an inch off my face. I actually with the quantum pump moved my bone forward and aligned it. I'm still slightly out of alignment, but still a hundred times better than it was before. It was really pushed in there. Yes, anything is possible. You have to see it in your mind's eye, clear the programs that's allowed it to get to where it was, and then pump to see it restored, and really believe it with your heart and soul because we're really just rearranging particles.

Linda is asking about re-growing teeth, but this is a vision program so that's funny. But people are already re-growing teeth and we taught that in the Grow Younger, Cell Regeneration Made Easy. So if you are wanting to take a class that has information on growing back teeth, yes. The answer is yes. Thomas, "Recent left eye issue. Cornea ulcer, infection, injury, something else?" It looks like injury Thomas. I think you're asking a question - injury. "A friend recommended your work. I'm not familiar with your work. First time seeing you. Is any work being done on our eyes just by you reading what's

going on to cover while pumping? Thank you." For all of you, especially if you're new, we're doing the quantum pump, the whole class, and we are working on your eyes and then next week we're actually working on regenerating your eyes, but we're clearing the programs out of your eyes, your optic nerve, your visual cortex and everything that's affecting your vision n the way of programming. Next week, we'll be doing the regeneration. Actually, the cellular neogenesis or the regeneration of the cells.

Let's move on and let's look at this. We'll also be clearing today alien type 2, 3, 4, 7 and 8, ghosts, evil spirits, demons, transmortals and entities. And along with that we'll be clearing group mind, permeations, group mind virus, black magic, curses, trauma from past lives and this life with holographic inserts and implants holding that trauma, Atheist thought forms cant heal, holographic inserts and implants, and timelines, wormholes and holographic inserts. I just added these. For those of you who are new, you're going to go, what the heck is that? Don't worry about it. Some of the students have been with me are a few years and they always are saying where did that come from and how does it stay, and so I've added it here. By the way, in the charts, you'll see a lot of where does it come from and how does it get there. Not to worry though.

We'll also be clearing today the emotional clearing, emotional brain, etheric body, timeline, emotional thought forms. So you can see that we'll be clearing a few more things in emotions and then also we're going to be focused on clearing the DNA. Oops, and bloodline is now... Sorry about that, I thought I got this but I missed it. Bloodline has now gone up to amplification and I just got that in there.

Alright, so everybody is pumping, pumping, pumping. Brenda is asking how much damage has been done with the head trauma. I'm assuming that you're asking on vision. It looks like about 40%. And Robert is asking where are we now. Let's see here, we're actually into perception at this point, Robert. So we've cleared the first batch of things – the amplifications and then the anchors. Oh okay, I didn't put the anchors in here. I guess I put the anchors along with the issues. Anchors are like the holographic insets, implants, wormholes and that kind of thing. Those are anchors. Permeations are anchors.

Oh good Lyn, yes, we just completed the Grow Younger series in January and it was really a wonderful class. The very first class was on the jaw and the teeth and it was an excellent class. I think you'd really, really enjoy it. We do sell the classes. So you can still take the classes; a home study class even if you've missed the live class. So the Grow Younger Class, if anyone wanted to check out that link, it's up in the chat box. Oh and heavy metals, uh-huh. Okay Margaret, on heavy metals you'd want to do something like chelation where you're pulling it out and then you also want to do the 'this is not me'

to the heavy metals. You can pump for the heavy metals and start clearing that. I'm going to come back on the screen too. Okay, with heavy metals, use the chelation process also.

I am of the firm belief and I'm doing this myself, I was exposed to atomic radiation and I am aware, I've been made aware by a medical doctor that my body has a lot of scar tissue in it from all the toxic radiation. I realized that while I'm working on regeneration, there's a lot of scar tissue from way earlier in my life. And so I've been actually working on clearing the scar tissue by not agreeing to it and by saying 'this is not me,' just like you would to a spiritual parasite, but a spiritual parasite is kind of like... You know for me, my mom visited this weekend and she has a few demons of her own and she slept in the bedroom below my bedroom, a couple of them visited of me in the night and my heart was racing and there was like this fear thing and I'm like, oh I have some guests in my body, this is not me. That is definitely not me. And like 20 seconds later, that raising heart and that stabbing fear thing was completely gone. So understand that we are powerful beyond measure and we have a blueprint that exists in the ethers that is perfect and we don't agree to something, now it may take something, but if we don't agree to something, we say, "This is not me. I have a healthy body. I am free of scar tissue and radiation poisoning." We can eventually get to that place but the mind has to believe it. So you clear the Atheist thought forms and you pump. You pump everyday and really seeing yourself restored to youthful vitality and you clear the decks. You can do this. You totally can do this.

Now, we had that for one day Gabe. On the 25th anniversary of our company, on the day of the 25h anniversary, we had the second edition of Your Divine Human Blueprint for half price but that's not today; that was a couple of weeks ago. It's Your Divine Human Blueprint and you can buy an autographed copy on the Website or you can buy it on Amazon. It was just a 1-day special.

"Curios question, will it help open our third eye?" it could. You could use these same techniques for that, for opening the third eye, the inner and outer vision. Maybe we could do a follow-up class after this one on inner vision, right? That would be good.

Let's see, on clearing heavy metals from the body, if you did the 'this is not me' technique, you pumped and you cleared all the Atheist energy and really claimed that youthful body, it would be about 400 hours of pumping and it would be really helped by the outer action like chelation and there's this stuff that magnetizes metal out of the body. You can take supplements. It's very, very doable. And on the radiation and scar tissue, I've never tested this but I've just started really affirming it's not me, so let me just test it and see. If you've been really poisoned with radiation, about 700 hours, but it

can be done. So that's kind of an interesting thing, right? Well, it's a lot of time but worth it because then the body regenerates at a much faster rate if you don't have the scar tissue from the radiation. Liliana, "This is my first class and I'm lost. Where are we supposed to do something through the course? I have macular degeneration disease?" Okay, I'm not sure if you were on at the beginning of the class but what we're doing is we're doing a quantum pump and today's class is just clearing. We're clearing all the programs that would cause degeneration of the eye. It's okay, what I'd really recommend is that you review the videos a few times. It's just amazing. You'll catch something the first time through and especially the very first time you're watching, it's going to feel like, oh my gosh, it feels like a completely different language to me. But honestly it's set to be understood, so we've got the setting on it's understandable. So if you'll just watch it a few times, I think that you'll start feeling like, okay, I can get into my comfort zone here. So what we're doing is we're just doing the quantum pump and we're doing all those list of things that we're clearing. We're clearing all of the programs that are informing the eyes to not work as well as they should. Right now, we've been clearing on the group mind, group mind virus, black magic, curses, trauma from past lives and present life, Atheist thought forms like you can't heal, and timelines. So that's why we're using the right hand and we're pumping with our right hand; we're doing this to clear these programs. And just sometimes by clearing these programs, people get a lot better just by clearing these programs.

"Can you share types of supplements for chelation in the homework?" There are actually products called chelation products. You could Google chelation. There are chiropractors and medical doctors... I don't know about chiropractors, come to think of it because it's IV by holistic practitioners who offer chelation in just about every major city. I think the original was Dr. Michael Yang because I had him do chelation with me. He was out of Stanford... Or the University of San Francisco and yes, I'm thinking he was the original author of it. But essentially, people would be flooded with this package. It was an IV. Now you can take it orally, but your body would be flooded with all these wonderful vitamins and minerals and literally people would come in once or twice a week for their treatment and their gray hair would turn back to brown or blond and they would get their energy back as the toxins were being removed from the body. They were being flooded out as massive doses in the right proportions obviously were being flooded into the veins of the body. I know that since that original chelation, there's now been oral chelation and then there's something called metal magnet and I don't know which company offers it but I know that if you're on that for about 6 months, it pulls all the heavy metals out of your body. You want to drink a lot of water.

Well thank you Verna. That's so nice. I've been doing my Beautiful from the Inside Out Class. I think I'm on Week 6 and the meditations are so wonderful. They really tighten

and tone the skin and make you feel amazing. We do have the Beautiful form the Inside Out home study program. It's actually 8 weeks but there are 3 different programs so you can actually be in that program for 6 months and doing the different versions from skin tightening and toning to we have full body rejuvenation and we have the face lift. So there are 3 different versions from Beautiful from the Inside Out. That's where you can get that information.

Brenda is asking about how long it would take to clear vision to 5 years ago. Sight at 74 years of age. So Brenda, are you 79 now? That could be. Let's see... I get about a half a year. I think you're going to be pumping and clearing and like I said, sometimes you do one regeneration and you need to do the next, and you might need to do two or three regeneration to get back to where you want to be, but it's very doable. What I tested was about 30 weeks, Brenda. Oh, you're 74 now, so you want to go back to age 69 vision. I think you might be thinking about going back to 20/20 at some point, but that's a nice goal. And then just know that it's probably going to take more than one regeneration to get there, but the regenerations are easy and feel good.

Let's see, okay, so we are through... Let's see, about 80% through with this one, emotions and clearing and we're going to be going on to the DNA also. So we're getting there. We've got about 15 more minutes of clearing. Our class completes in 3 minutes. I apologize if I didn't answer a question. If it's a really pressing question, send it to support@juierenee.com. I will be sending out homework and directions for you. What I'd like is for everybody to stay pumping with me. The class is over but we'll have videos that we'll play/ So just stay on and keep pumping or you can turn the computer off, but keep pumping for an additional 12 minutes. So you'd go to 12 minutes after the hour and we'll have gotten the DNA and the emotions cleared so that we can go next week right into our regeneration process. And we'll be able to actually do for every one the eyeballs, the optic nerve and the visual cortex next week in the class. During the class, I would get it done for all of you, I promise. And then the time is different so if you're a person who... I see somebody's had a stroke, your time maybe 130 days, someone else's might be 90 days, but we can look at that next week when we're regenerating it. It does take time now.

Oh, you're welcome everybody. Yay! Again, if I didn't get to your question, I love you, and I appreciate you, and I value you, so please, if there's something really burning that didn't get answered today, support@julierenee.com. Otherwise, we have another whole class next week and there's a lot of homework, good explanations of what to do.

We're going to on to keep pumping here and in just a minute, we'll go on to our videos. Let's see, what do I want to say? You know, I do want to actually have this conversation

which we really didn't talk about because I've been answering questions but understand that we need to love what we're looking at for our vision to be good, right? I learned this at the feet of Ilyak Rohan. Suddhi Bissa Ragai Bissa Ragai Ajah. The translation is... and it's a longer poem. It says, "My God, when I open my eyes and truly see what you have given me, my heart is overflowing and my eyes are filled with tears." Suddhi Bissa Ragai Bissa Ragai Ajah.

And with that, I bless you, I honor you and you are cherished. You're doing a great job. The replays will be out about an hour after, so if you are new to the class, I highly recommend you go through the replay and we'll see you next week. Keep pumping now for 12 more minutes.

[END OF TRANSCRIPT]