

Designing Your DNA 2

Good morning and welcome to designing your DNA. Please sign in. Let me know who's here. We've got a great class plan today and I wanna hear about what happened in the last couple of weeks. What you were able to clear. If you've felt any shifts, if there's something was actually tangibly different for you. I'd also like to hear why you sign up for this class. I realized there might be something that you really want to accomplish and if I know that, I might be able to steer you in the right direction.

For some of you, your students and this is part of your training, your immersion training. So I get why you're here. You're supposed to be here. But for many of you, this was a very appealing class and I'd like to know what it was you're hoping to accomplish. Were you just hoping to learn the DNA obliteration process which we're doing or was there something really that you wanted to work on in your DNA.

For example, I was thinking this week, the pollen is so thick here and it has been for a few weeks that it looks like there's mist but it's pollen and just floating in the air, hanging in the air. And there are layers of pollen on the car and with that level of pollen, I'm sneezing my head off. And that's a family trait, that's from my mother's genes; the sensitivity to pollen and so that would be something that I wanna work on a little bit more and get that completely removed from my field and from my DNA and any programs that are there that says, "I've got to be like my mom.", let's, you know, get that cleared, too. So that's an opportunity with the DNA hay fever.

Hi, Nadia. And Darshawn from London, and Brenda. And Nadia, I'm gonna see you in just a couple of days. I'm excited. Sharon, hello. Yay. So yeah. The ruby students are coming in for their retreat starting on Sunday. So we're gonna have an amazing week. And Nila, good morning, my dear. Is that Stine? Stine from Norway. Good morning. Okay.

Well keep signing in and as you think of it, if you have something very specific that you wanted to learn in this class, please let me know. I know there's a little time delay from when I make the request to when you start actually responding, so. Not to worry. Let's see. Katrina from Kent City. Anna, "Julie, thank you so much for this wonderful program. Love to-- lots of love to you." Fantastic, Anna. And Laurie, and Sherry, and Dortha. Good morning, everyone. Okay. So when you have the chance, if you want to, there was something that you were really specifically interested in learning in the DNA program, I'd love to hear about it. Otherwise, we are on to starting our day here. Got lots to cover.

We'll be doing a little bit of review and then we'll be going into to two different methods for DNA obliteration. We'll be doing-- so we'll be learning that today. And let's see. I see. Laurie, "Would like to clear out potential cancer genes." Okay. Very good. And Audrey,

"Love from Audrey." And Presephony, such a beautiful name, and says, "Hi." That's cute, Presephony. Margaret, "Happy to see you." Marie, "Hello to everyone and thank you Julie Renee." "Good morning.", and Sharon, good morning. Okay. Well let's get started here.

We'll do an opening blessing to remove the obstacles and then we'll go right into the training. [Sings in Sanskrit from 00:04:03 to 00:05:05].

Okay. And see some more good mornings. From Sandra says, "Looks like we're neighbors." Well, that's great. Sandra, I'm in Carmel Valley. And Audrey, "Could we clear mental illness, emotional imbalance? Thank you." And Anna, "I would love to learn how to change my bowel problem which I inherited from my father's side. Also, neurological problems and thyroid issues. There are some of the bunch I could work on. Love and blessings. " Very good. Sharon, "Clear genes concerning overweight fat and addictive behaviors please." Okay. And Nila, "Is there a gene for arthritis that can be cleared?" Definitely. And Brenda, "I have not received the homework." Brenda, you need to look because you very likely have. If you are receiving the emails, when the homework comes, it comes in your replay right after the class like within two hours but if you have problems ever in any class, you can just contact support the same day that we do the class and they can send you the homework. But it doesn't come in an email, the email has a link and it goes to your delivery page and that's the same page you'll use for the whole class. Okay.

Darshawn, "I would like to know if I can work on DNA in my ear nerve so that I can finally regenerate my hearing. Is working on DNA important?" It could be. It could be. If you have nerve issues in DNA like it's genetic pattern then that could make a big difference. Katrina, "I would like to learn to clear unexplained weight gain, gut, and bowel issues inherited from father's side." Okay. And then , "Clear dental issues too please." Alright.

Well it looks like lots of request. Some of these things we really go into great detail in our additional classes. So you might wanna do the DNA clearing but then go into, for example, vision regeneration or we do teeth in the grow younger cell regeneration made easy. That's a whole class done on teeth and jaw and gums. But today, I actually do have nerves as one of the things that we'd be clearing. So you understand, we're removing DNA for something stuff like we worked on arthritis. By the way, we have an addiction class but we can work on that a little bit too in this. So you'd remove from the DNA but there's other places to remove it. So, yes, definitely. Definitely on all of these are all really good.

The arthritis gene can be removed and then there's other things to do in addition to that for arthritis. So, yeah. Let's get to work. Thank you so much and I will also have this

chat box. So what we don't address today, I'll see if I can work it into emotional imbalance right and mental illness. Very good. So I'll see if I can work it into next week's class if we don't get into it this week. Okay.

And let's move on. We'll do a quick review. I know we picked up some new students over the last two weeks. So we're gonna do a quick review of the quantum pump, the quantum slide and muscle testing, so. For those of you who have already seen it and know it, just hang in there with us. We're gonna get to the training in a few minutes but it's really important that we all have this foundation, so.

The quantum pump is the basic hand movement that we use for clearing and we also use for regeneration. The elbow is at the side here and the hand is pumping. So that's what it looks like and it's not this, not squeezing. So it's not like that. That's not it. It's more of a reflex. So the hand is just falling forward. You see my hand is but six inches off my shoulder, my elbow is down at my waist and I'm just pumping. So see that-- that's how that looks. And if you-- your hand should never get tired with this. It really isn't an effort from the hand. That's really kind of just a dropping forward and pulling back.

And then the quantum slide which is the quantum pump that we use for DNA obliteration. It goes across the chest and you're doing 'do do do do do'. So if you were just doing the hand movement without sliding it across the chest, it looks like this. That's how it looks and then it goes a little bit faster so it looks like that. And you're sliding it across the chest and then you're coming back and sliding it across the chest. And some of you have issues like your muscles or your bones or there's some pain and this effort of going across the chest is hard for you and even across the waist 'cause you can-- you can take it down a little lower and you can do it across the waist. It's okay to just hold still and do it like this. Better to do it like this but if it's difficult on an ongoing basis to to day, then do this. So your hand now is facing up to the sky and we just like that. Okay and then for everybody else who doesn't have any problem crossing over, the cross over is the best.

Alright and then muscle testing, we do a very simple-- if you have a muscle testing method that you use that you like then you don't need to change. I just teach it with the right hand, the ring finger, the left hand point finger pressing down, pressing down. And if you're testing to see if something's true or not true, you're asking the muscles in your body, "Is this true or not true?" And so the muscle, you wanna hold the finger really stiff and then push down on the muscle. My name is Julie Renee. My name is Bozo the clown. yeah, so. It's gonna become weak if you're telling something that isn't true and it's gonna stay strong if you're speaking the truth.

The quantum pump works because we're working in the quantum field and this slide, we're re-arranging, we're intending with our mind to re-arrange something in the DNA

and this is the hand movement that re-arranges that. So we're gonna go into more detail today about the DNA obliteration and you've been working on, you've had a project already of working on like the thyroid and some of the glands. That's was last week's homework or two weeks ago's homework. And so from that we're gonna work on money and love and then we have couple of health issues thrown in for today's class.

And then next week, I think we'll put the first part of the class, the request that came in from today. So if something isn't in today's class, we'll put the how to approach the different things that you guys have put in the chat box and then the second half of the class will be on working with god DNA and how to raise your DNA to a higher vibration, so.

It occurred to me-- I should've asked last week or two weeks ago, you know, what were the motivations because I want you to get what you came to the class for. So we'll be going through the curriculum pretty much the way it is but we'll add in a little bit to make sure you all get what you need. Okay. Looks like some other ideas, requests. Dental issues. "Clear eyesight far near." Okay. So you guys-- you do know that we do classes on most of these stuff. So the eyesight, we have an amazing class on vision that regenerates the eyes but you can clear the DNA part but we won't be doing like vision regeneration in this class. "Genetic tendency towards rheumatism." and that would be like the arthritis request. "Money issues now in my life and depression has been an issue. Have sexual issues, too. Wonder if these can be cleared." They certainly can be cleared as programs and then you wanna be thinking about what's wonderful in your life and where you wanna put your energy and attention. Okay.

Kristy, "Late in joining." Oh okay. Erika, "Are we gonna talk about methods to determine what issues we may have and where on your DNA are they?" Yeah, you know the method that we use for researching DNA is muscle testing and on any issues you have I recommend that you muscle test. So I am experiencing some level of what they call hay fever. So sneezing and a response, a histamine response to the environment. And is that in my DNA? And I get a yes. So if I cleared my DNA what I experience and prevalent and I get a yes. It would be 10, 20, 30, 40, 50, 60. I get a 60 percent improvement on my histamine response if I cleared the DNA. So that's essentially what you're doing.

Is the woman who said, "I'd like emotional and mental stability." Is that a problem in her DNA? I get a yes. Would she-- if she cleared that, would she get an improvement in her life? And then let's see. 10, 20. 20 percent improvement. So see then what we looked to-- so this is really an interesting thing. Glad you asked the question. We're gonna do and I'm gonna drop down. So once we've done the DNA obliteration, you still wanna go through if mental illness and emotional stability is in the DNA and it gives you a 20 percent improvement, where do you get the rest of the improvement and you would

muscle test along here guessing bloodline would be a big one in that issue, it is. And just clear bloodline and DNA, what would her improvement be? 60 percent. So, yeah. Bloodline can be really big when you think about it. In the DNA, you might wanna also look at in the bloodline.

DNA is actually the physical patterns in your, you know, in your body. Bloodline are the exerted programs from your clan and so they can be very similar and go kind of hand and hand. So if you've cleared the DNA and you get a 60 percent response and especially in some of the ones that you guys like addictive behaviors, money issues, really check with bloodline. So you wanna make sure that you clear and I've included this so that you have a checklist that you can go through what other issues do I need to clear to get that 100 percent response.

However, once you take it out of the DNA, it's out of the DNA permanently and then you will wanna deal with the resets. Let's pop back up here. Okay. And I continue to see more comments coming in.

Let's see and "In DNA insecurity, self-love issue is coming up for me too. Could that be DNA thing as an issue of my life?" DNA insecurity and self love. Insecurity of DNA. Insecurity, self-love. Self love could be-- I don't think insecurity, but self-love I got a yes. "So exciting. Pumped to do this." That's good. That's good word. Pumped. Okay. "I have got to stop maxing out credit card. Can't stop breath. Hardly breathe with how much debt I have. Help." Okay. So that's an addictive issue, isn't it? And so if you feel like it's in the DNA, that would be something that you could test. Is that in her DNA? That's 40 percent your DNA. So you could definitely test that. Actually, why don't we-- I'll keep looking at questions and comments here. Why don't we go on and start pumping on one of the issues. Oh. Let me see.

We're actually not gonna pump for the first part, so. What we're gonna do first is we're gonna do a DNA obliteration meditation and then we're gonna do a DNA quantum slide process, so. Let's get started and let me just see. I know there's lots of comment coming in. Since we're already 19 minutes into the class, let's go ahead and I love this dialog by the way, so. I encourage you to do this. But I think what we need to do is get started with the meditation so that we can get to the quantum slide.

And when we do a meditation and you've got the DNA obliteration meditation I believe the DNA powerful guide to regeneration or-- and let's see. Stem cells and DNA, I think is what we gave you, so. We're gonna in a meditation that we're gonna do now, we'll ground, clear and release. We'll sit in the center of the head. Imagine a clothesline with streamers hanging down. Imagine all failed DNA in the area clearing shows up as black dots. Vacuum all of the black dots and then imagine repairing or replacing with good components. So that's the meditation technique itself. And then the quantum slide is

identifying the DNA issue to be cleared with muscle testing. Identify approximate time to clear using the quantum slide, do the quantum slide pump. Imagine new or fresh components being added in.

Pump just as in cellular neo-genesis to replace removed items with new better material. In other words, there is a pattern or a program for a good material. So if you have mental illness in your DNA, there exist in the blueprint mental health. You know, perfected mental health and that's what you wanna pump for the perfected mental health and then muscle test for completion. So let's go into the meditation and then we'll come back to some more comments and questions. Okay.

So finding a-- Oh by the way, here's what we're gonna do in the meditation. So I had decided this be kind of a fun project to take the money issues and put them into a meditation. Now we have really, really powerful money class, the 21 days to powerfully-- whatever. It's accelerate wealth and it's a 21-day program. And we go through, we have 5 live classes and we do a lot of pumping and clearing. So this is one of the clearings that we do but we do a ton of clearings in this class. So I encourage you if finances are an issue. Also the quantum success, we're gonna have a live class coming up December. We have a home study program that we sell but get in to the live program. That's very powerful and really helps with clearing money stuff. Okay.

So sending a grounding cord down from the base of your spine to the center of the Earth. Make the grounding cord nice and wide. Set the grounding cord on release and release excess energy in the body. Going up to your adrenals, sitting at the kidneys right about waistline but in an inch up from the waist and two inches off the spine. Send a grounding cord down from each of the adrenals to the perineum and down to the center of the Earth. Set the adrenals on release and release the excess energy. Fight or flight, worry, concern. Release all the excess energy in the adrenals and then plug the nervous system into the adrenals. Let's release the nervous system.

Going up to the center of the head and open a trap door out the back of the head. Take a spiritual fire hose. Wash out the center of the head. Removing any foggy thinking. Fuzziness. Paper, boxes, cobwebs, excess whatever, looping thoughts, worries, concerns. Just wash out the center of the head. It's nice and quiet. Kick out the squatters.

And then pulling the aura into 18 inches around the body. Opening your feet to Earth energy, your feet chakras. Beautiful lotus-like lenses at the bottom of your feet. They kinda open like camera lenses. Bringing Earth energy up through the feet, ankles, shins, calves, knees, thighs. Out the hips and down the grounding cord. Bringing cosmic energy into the back of the head. One inch above where the spine meets the skull. Bringing that energy down into your neck, into your shoulders, into your arms, elbows,

forearms, wrists, hands and out the fingertips. Bringing more of that energy down through your back channels. All the way down into your hips. Looping up through the belly, through the chest, through the neck, through the head.

Fountaining out the top of the head like a beautiful Italian fountain. Bathing and cleansing your aura. Sitting in the throne room. Sitting in your control center, the center of your head and just imagine on your view screen maybe like a theater screen in front of you. Imagine a DNA strand and open it up and there's 46 streamers or 46-- yeah. Streamers hanging down. You can make it like a clothesline, an old fashion clothesline with streamers hanging down.

What I'd like you to do is look at anything. We're gonna have it light up as black dots, badder, poor information about being able to earn a good income, sustain good savings, grow and amplify investments, so. Preventing that in your DNA. Struggles with debt and financial obligation and slave pictures.

And so we're gonna have all of that light up as black dots on your clothesline of the 46 streamers and those black dots, we're gonna vacuum off. We're removing all of the black dots. You could have a little cute little golden rhoomba. We sometimes use that in the aura. We have that little Rhoomba vacuuming or you can use a shockvac and just removing the black dots which is the poor information in the DNA. The information that's causing problems in your ability to earn a good living in being able to sustain good savings. To be able to grow and amplify investments. And then information that's programming you to have debt and financial obligations and slave pictures. Maybe your parents or grandparents where indentured servants or slaves. You're just vacuuming off all the black dots.

And just keep going just keep vacuuming there. There's a lot here for some of you.

Very good. Okay. What I want you to do now is just imagine having that DNA strand roll back up. You know how it's kind of like a spiral staircase, wanna roll that back up and send that into the master cell and we're gonna mirror that or send that information to all the cells of the body 'cause each cell in the body has a DNA strand. So you want the upgrade in all the cells. So imagine your body being flooded with gold light and this cascade of information that's going first into the center of the head and it's cascading as it's mirroring down to all the cells in the body and we have this like maybe like a golden spotlight going in to our crown chakra and filling up the entire body because that helps really make that information travel at light speed.

Alright and breathing in and out. Take a few breaths in and out. Imagine your spirit just filling out the tips of your toes and your fingertips and coming back into the room. May be with the blessings of the Supreme being that this healing meditation be complete.

May the entire world be filled with radiant health, vitality, abundance, joy, and peace. To task to, so be it. Welcome back, everyone. How was that for you?

So that's a basic guided meditation. It's a basic DNA clearing meditation. If you just did the simple components. Look it, it took us 11 minutes and we went through. You need to ground and clear yourself. Sit in the center of your head, pull out a DNA strand, look for the black dots, vacuum them out, then when they're vacuumed out, you can let it spiral up and replace it in the center of the head and do the gold light. Now, there are couple additional steps you can do if we did a little bit longer meditation. You could imagine the hundred percent information coming in for wealth and abundance. We did as we cleared the problem but you can imagine it coming in and then one other thing that you might do is have an extra strand if you ever had a transplant or blood transfusion.

How many of you have had tissue or blood from another person put into your body? I'm one of those people who has and so there is additional DNA information in my body from someone else and so in that case, you could have a little strand behind the big strand that you clear everything out, too. I haven't found a way yet to totally turn off the DNA information that was contributed from the person who donated tissue to me, and blood. So there probably is a way to turn it off but I haven't found it yet. I've worked on it. So rather than just try and turn it off, you could just address it as if it's your DNA too because it's integrated into you. If you had tissue or blood, you were-- that was like a life saving measure usually. So that it just became part of you, so.

Anyway, those two additional things you could do in maybe a little bit longer meditation. Probably add a meditation in next week. So you really get the hang of doing a DNA meditation. So what we're gonna do now is we'll go into a DNA clearing and we'll be pumping and as we pump then I'll go back to more comments and questions, so. I so appreciate all of the-- I can see the chat box has lots of things in it and I appreciate it .I love you guys for it so thank you. Okay.

So we've done our meditation and we're gonna go to the next step, DNA obliteration quantum slide. So what we're gonna work on-- I just picked some things this morning but you're welcome to pick one thing that really is important to you. I put things for health and things for love in this clearing. So what I put in here was immune system strength, hair and balding patterns, nervous systems problems, love and relationship at survival level, and attracting abusive partner.

So if you want to work on one of your projects, I don't encourage you to work on 10 of your projects at once but if you have one project that maybe is more of a priority than this grouping then feel free to do that while we're doing the pump. And in this case, we're also going to be clearing the DNA from others. So I address it in this clearing, the

quantum slide. So again, we're just looking over immune system, hair and balding patterns, nervous systems problems, love and relationship at survival level, and attracting abusive partner. So let's go ahead and start doing the quantum slide with this. And so we're gonna the quantum slide and then we'll go back-- I'm gonna go back and answer some more questions and address some more of the comments here. Okay, so.

I'm gonna do I think is-- so Darshawn said, "Thank you." Great and that was for the meditation."Initially felt anxiety, spiritual parasites but was able to clear. Felt the gold light and the warm oils going through my body." Wow. That sounds wonderful. Yeah. About that time that we had, the gold coming in, I realized that, since I'd already, you know, done the clearing that we're doing, my body went immediately to clearing the hay fever DNA and my body just felt better. The histamine stuff was-- Aah. That felt a lot better. So that's good. Okay.

And we're just gonna go down first. So we're gonna go from top down. Audrey, "Serious self worth issue, sexual abuse issue and ability to bond; want to clear in me and my lineage. Thank you." Okay, well good. Audrey, some of this that we picked out on the love stuff might be just to take it for you. Okay. And then Sandra, "How often do you recommend that we do that meditation?" You can do it every day. In the beautiful from the inside out program, we have weight loss and we have just growing younger program, you can do DNA-- a DNA clearing everyday and they do for 6 weeks and sometimes 6 months or 8 weeks and 6 months. Some people go for a 6 months on the program, so every day.

And, "Beautiful.", from Sherry. And Sharon, "Beautiful. Thank you." "That was very nice. Thank you." From Sharon. And Kristy, "My financial issues are the biggest threats. Too much debt. Is this my DNA or bloodline?" For Kristy about 20 percent DNA, 40 percent bloodline and then you'll have some other issues, too. Which I showed you the little map of all the stuff. "Clear for cancer in my family.", Brenda. Yup. Nadia, "Lately, doubts keep coming up. Lack in trusting in myself." Okay, so. Doubts. Can be that from the DNA? Can that be from bloodline? I think that's maybe from bloodline. Entrusting self is from bloodline. So I don't think that's from DNA but you know you're gonna get a lot of shifting if you drew the bigger set of clearing. I don't see it in the DNA, Nadia. But you're right to think it's family and it's bloodline. When you think it's family and it's not testing as DNA, check bloodline.

Okay. Anna, "I have a huge issue with anxiety." Okay. I think we addressed that one. "Any chance to clear it? I'm so excited." Okay. I think we got to that one. Yeshwant, "Even though I am right-handed, I feel like doing the pump with my left hand, is that okay?" Yeah, definitely. If you're having an intuitive feeling to do something slightly different, go ahead. And, "It's also that left hand is strongly connected with our high self,

is that true?" That's 10 percent true. So I don't get that it's significantly true. Is the right hand connected to the high self more? 10 percent.

I think the hands are, right and left, are-- the right hand is like the outer sort of hand and the left hand is the receptive hand, so to be the intuitive hand, the hand that we read from, the left hand. But you know, follow your intuition. I really encourage you. Your body knows what's good for you.

"Vertigo issues, extreme dizzy and nausea issues." and that's Janice. Is that a DNA or-- that's not a DNA issue. Is that a brain issue? Might be brain issue, Janice. We do have a brain regeneration class coming up I think it's in June. June or July. Gabriela, "I cleared a muscle testing blocks but I'm still not sure it is a hundred percent." Gabriela, 30 percent of the time you're now at a hundred percent. 30 percent of time that you're muscle testing, you're at a hundred percent. 90 percent of the time, you're over 80 percent. So you're doing great. Sometimes it takes a little bit of time to get all of the anchors and parasites really permanently clear. So just keep working on it but you're much better than you were and you did a great job.

Oh yeah. Okay, Janice. Welcome to be here. Welcome here. And Gizla, "Can we work with DNA for weight loss and reset ideal weight?" Nadia, "Financial patterns inherited from family." "Is it possible--" from Sandra, "--to look at each of us and how a specifically what blocks our DNA ownership?" Probably not. We have 70 people in the class. I don't think we could get through everybody. On DNA ownership, how many of you actually did the whole clearing? I think we did most of it, right? We did most of it in our last class two weeks ago. The DNA ownership. So let's see. 50 percent of you own your DNA over 90 percent. 50 percent of you own your DNA over 90 percent, so. Okay.

And Erika says, "Thank you for that." And, "Foot issues like bunions and hammer toe and is that DNA?" That is DNA, Sharon. So that would be one thing that you could do in either the pumping or in the guided meditation. I'll see if I can bundle some of these next week, so. We'll get started on it and then you'll have projects to work on. Maybe we'll create a chart with health, with wealth, with money. Everything that you guys have asked for in the chat box today, we'll just create some charts. We'll get started during the class and then you'll be able to complete it in your own independently.

I didn't-- let's see. When we ended the class, we probably were at 50 percent and so that would've been the email that got sent out and then it would've sent how many hours to pump, so. That-- Any email unless you're directly communicating with support, isn't a personalized email. Even though it says, "Hi, Sandra." It's a class email. When you send something to support and you ask a specific question, you get actually a specific answer.

"Are you doing slide now?" We are doing the slide now. And Carrie, "I got to stop maxing out my credit cards. I can--" Okay. So I think we have gone through all of the earlier comments. So thank you so much for sharing with me. We're doing the quantum slide and we're clearing the love issues and some health issues. Okay.

Okay, so. "I'm curious. I started to feel other issues coming into my DNA in the meditation. How was your view that?" You know, you can if you see other things that are really needing clearing that come up while you're doing a meditation or while you're working on the DNA, go ahead and clear it. That's-- it's you know your body has intelligence and it's showing you, "Hey. This is really a priority even more than what you're working on." So that was from Sandra. And Anita, "When doing these clearings on our on with the quantum pump, how do we set our own visualization?" You really don't visualize with the quantum pump. You're muscle testing do I have the issue, I have the issue and then you're muscle testing how much time it'll take to clear the issue and then you're doing the quantum slide and then when you've done the minutes, your muscle testing to see if it's done. And then if you want to bring in the hundred percent function like instead of slave pictures, you're not fully expressed with your wealth which might be, you know-- I don't know. But it's a beautiful picture of full self expression with wealth and then you might test, "How long would I need to pump to improve that in my DNA?" And I get 3 minutes for me pumping in my DNA. So I could do that before I finished up. So I'm pumping that in on, you know, full self expression with my wealth and then you can-- you don't-- In the pumping process, you don't have to do the mirroring. In the meditation process, you have to do the mirroring.

In the pumping process, you're getting all the cells as you pump, as you're doing the slide and that 's the benefit of this kind of more exaggerated movement is you're getting to all the cells and in each cell as a DNA strand. So you're getting to all of them when you're doing it, so. That's how it's-- So I hope that helps.

Oh. You're feeling another person on the call. So pull your aura in and I think that that will help. I think you want to not do it with others. You wanna do your own. Individuating. And sometimes we're empathetic and so you wanna just pull our aura in you. You put protection rose at the edge of the aura. You can also say, "I'm interested in looking at other people's stuff right now. I'm here for myself."

Margaret says, "I'm new to your class and I guess some of the group is more advanced." That's true. "Can you tell me if I'm on the right track with my homework and meditation just now?" Oh, you're doing great, Margaret. I get you're learning it at you know 90 percent, so. I think that's fantastic. You're right on. It's just a little bit of, you know, trust. I think if you're gonna keep coming into the classes, every time you come into a class, you're gonna learn more and I'd also encourage you to review the class once or twice, so. Especially this class which has a week break. If you can go in and

watch the replay or listen to the replay, read the transcripts, do the homework, sounds like you are though because you're doing just great.

Nila, "Could you show that last page again? Thanks." Not sure which page but let me just stream through slides so you can see 'cause that was awhile ago when you made that comment. So this is the DNA obliteration quantum slide pump, this might have been what you were asking for and these are things that we're clearing. So this is what you would clear after you've cleared the DNA. So you could go through all of this stuff and clear this stuff or just test to see if needs to be cleared and then meditation. And this is the slide that actually gives you the steps, so. In the meditation what you would do if you're doing your own meditation and then in the quantum slide, you're doing the quantum slide, the steps that you'd need to do. Okay.

"I'd like to clear excess body hair rather than balding/thinning." Sure, Kristy. You know you just-- you'll just adjust that to that. "Can you clear financial abundance issues too?" Well-- and that's-- so we just kind of did, I think. So I'm not sure when you put this up, Laurie. But yes, you can test for financial abundance limitations. Actually, this is kind of a fun thing and we do this in the wealth class. I really encourage you if what it is money clearings do the success, the quantum success in the summer and do the wealth class in January or you know do the home study wealth class but we do 5 hours of really kicking butt with the all the wealth issues. And one of the things you look at is what you're meditation is and then you keep raising your limitation, so.

So I had my last kind of steady boyfriend about a year ago, I broke up with him, he was worth 50 billion dollars. He was really wealthy and I had really a lot of fun clearing so that I can actually earn my limitation is at 50 billion. I can earn 50 billion. See that's true. And that's true because I was like, "Well what does it look like it him. " And then I was clearing and clearing and clearing. But I suggest you do is like clear so if you're at 50 thousand, clear to a hundred thousand. If you're at a hundred thousand ,clear to 500 thousand and then go up. So that it's believable to the body so it doesn't go in kind of shocked and then there are other things like the-- you still think I'm not earning 50 billion dollars, you know. I just cleared so that there wasn't a limitation. So there's more to do. Okay, my dears. It's fine. Okay.

"My husband is nice than me. He is Chinese and I wonder if it's lineage or how his mom and dad treated him. How can he realize to be nice to me all the time?" Carrie, I don't think that's a question for the DNA class. I could look for clan and DNA. Is it DNA? Is it bloodline? It isn't. So one of the things about nice and mean and I'm not gonna spend any time on this is that is often spiritual parasites, so. When his chemistry changes like he gets a little angry or something, an alien or a demon jumps into him. So that could be the problem and I test that it is the problem. Okay. Okay.

Yeshwant, "I agree with Sandra. Other people's issue popped up during the meditation but meditation effect was very calming." Okay. I don't know. That doesn't usually happen in the group. That's the time I'm hearing about that, so. It might be kind of a spongy group, so. I think the one thing you wanna be doing is pulling your aura in and not matching everybody else 'cause we didn't intentionally connect with anybody. Some meditations, we do and actually in our financial class, we do. We create a connection over our crown chakra in golden green but we weren't connecting with each other in this one, so. Good to know though. We'll see if I can do a little extra protection for you guys the next time we do a meditation. There's a couple of you that must be kind of leaking out a little bit. Okay.

"Would you suggest the same vacuum process to clear physical virus from DNA? Since the many viruses integrate into DNA." You could but we do viral clearing and that is not actually a conversation for DNA class either. You guys just wanna ask me questions for you. I get it. We do the chop, the quantum chop or the you know this pump chopping for clearing viruses and I have cleared all of the things that you're-- I've cleared HIV and hepatitis and herpes and all the nasty viruses. It doesn't clear in one session. It'll go down to zero and then you clear it. You might clear it 3 to 9 times before it's permanently gone. So takes a little bit of patience. You could try to vacuum cleaner and see if you get anywhere with it, you could. Okay.

And then Janice, "Would dizzy, nausea, extreme be bloodline because I have 4 children who have it? My father had it and at least one niece." Gosh. That's an interesting thing. Yeah. It's like 11 percent bloodline. Maybe 1 percent DNA. When I think dizzy is for you is the spirit not in the body in the right way and that can definitely be passed on from generation to generation 'cause there's kind of an un-alignment, so. So what you're gonna be working on is really an attunement of getting the spirit really balanced in the body and in the stomach and in the center of the head 'cause the dizzy is the center of the head and the stomach's the stomach, so. I'm testing, too. I'm testing that it's a spirit issue, so. It's how spirit gets into this body that's, you know, and it sounds like it's related to other people in your family also have the issue, so. But it's related to how your spirit gets in your body.

Okay and that was for Janice, and Brenda, "What about heart problems and the lungs? Bloodline or DNA?" Well you can test now. So if she has heart problems, is it DNA? Is her lung problem DNA? Does she have-- Is it bloodline? Bloodline. In both cases, I test I don't see that it's bloodline or DNA. So it could be for other people but in this case, I don't see it. "What is the difference between clearing with the meditation and clearing with the quantum slide? How do we know which one to use?" I'm giving you two choices: I like the quantum slide very much and mostly that's what I do; the meditation is given for everyone. So if you don't feel confident with your muscle testing and you're

little bit like really unsure, the meditation takes you through a step by step and helps you have a good result.

I think with the quantum slide, you get a definitive result. You get a final, you know, it's at zero. It's completely changed. And just understand what I've learned is you can clear your DNA to zero but if you've got something else-- someone else's DNA in there, it can kind of reset your DNA back. So you wanna get it to zero and you wanna look at. There's a program in the DNA that's a reset program and when you're finished, you wanna just intend, you know, maybe just pump for another minute and just intend that the reset now be set at the new setting. It was kind of like when the computer goes off and you've had like something go haywire, it'll reboot itself and go back to the old programs and that's kind of what the DNA does. It'll reboot itself and go back to the old programs. So especially if something has shifted back, that's what's happened and you can clear it and then make sure that the DNA reset is done.

But you can also just start with always doing the once you've got it at zero and you're doing the quantum pump and we really don't do that in the meditation. I don't know how effective it would. It would be somewhat effective. But when you do the quantum pump and then you've done that extra step for pumping. So you've got it all cleared and then you do the step for pumping to bring to full self expression like in wealth or love or whatever, whatever you've cleared and then the final little step could be a minute of pumping so that the reset is now set at the new setting. So that can really make a big difference.

We're getting kind of close. I don't know if I'm gonna be able to answer everybody's questions here. We've only got about 5 minutes. Keep pumping. Keep doing your quantum slide. Let's see. "Kindly tell me is it that blocking me from doing homework and can you clear it for me?" So Yeshwant is an anesthesiologist, "A strong self sabotage pattern." A strong self sabotage pattern. Okay. That makes sense. Yeshwant, there's a tremendous amount of medical control energy and we do a lot of clearing on that especially in like my VIP program where people have been told they can't heal or they can't get better and I can't help but feel that you're in that. So on some level it's almost like you're getting this amazing information but you know there's this old reset pattern or pattern of the medical control energy.

So you probably really wanna be clearing the medical control energy can the other thing I do is permission to have your knowledge and your authority because what I know is that you've known this in other lives and you want to bring this back to your awareness. You want to have it refreshed and back in your space. So you knew it was possible because and you wanted it there in a really lively where you can use it because we're in an era where you can use this information. So I'm gonna work on clearing that.

It's not in the DNA. It's in that list that I showed you before. Evil spirit curses, yeah. I think evil spirit curses is the biggest thing.

Sandra, "I really want to clear survival issues from all my relations." Okay. Well that's interesting. I-- Is it in the DNA? Maybe 2 percent in the DNA. So used the list, the second to the last page to do clearings on that. "Sugar addiction." DNA? Bloodline? Katrina, it's bloodline. And then Kristy, "My brother has Hep C. You're suggesting we don't clear for others yet. They have to be in agreement as well." They have to be in an agreement but clearing Hep c, hepatitis C, is not a DNA clearing. It's a different clearing. It's the chopping clearing. You just have to get permission. You just have to say, "Hey. I'm learning something. Would it be alright if I work on this for you?" And they say yes or no and you don't clear it if they say no because you take on their problems if you do.

Okay. Anita, "You mentioned to pumping for certain amount of hours. Example, 70 plus or more. Is this done all in one day?" Oh heavens no. No. You know make a sheet and pump 2 or 3 hours during the day. I pump when I'm walking. When I'm running up and down the steps or you know. Pumping when I'm not typing, so. You certainly don't have to pump every minute of the day and you can pump over a week or a month if you want to. Okay.

Alright. We are at the end of the class and 10:32. We got about 30 percent through on the project that we are working on with the quantum slide and looks like lots of requests. I'll make a chart up and you guys can-- I'll use kind of the right wordings so you have it on what you put in the chat box, what you requested from me and we'll have an amazing class in two weeks. Next week, for those of you whom are my immersion students, I'm so excited to see you. So we'll be seeing you in two weeks and yeah. Good.

I'll give you your homework in the when we send out the information. If you don't get the homework, someone said they didn't get the homework, you probably did but you can contact support and they can send it to you again. Alright. Love you. We'll see you in two weeks. Bye, everyone. Oh and by the way, if you're a person who loves the idea of full body regeneration, tomorrow is your real of miracles and we are doing digestion and that's gonna be amazing. We're gonna regenerate the whole digestive system. So please sign up and roll in that yearlong program if digestion is an issue for you. We go through every part of the body and regenerate it, so. Please jump in. Alright. Lots of love, everyone. Buh- bye.

[End of Transcription at 01:08:46]