

# 100% Vitality

Quantum Activations  
Apprentice level training  
[JulieRenee.com](http://JulieRenee.com)



# Opening Blessing Removal of Obstacles



Vakratunda maha kaya  
Kyoti surya samaprabha  
Ner vig nam kuramay devo  
Sarvakyaesha sarvabha

Guru brahma Guru Vishnu  
Guru Devo Maha shwara ha  
Guru Sakshat Para Bhama  
Tasmei shree guruve  
namaha  
Om shanti shanti shantihi



# Quantum Pump~ Muscle Testing



# Dynamic Body

Mitochondria (fuel generator)    Muscles

Light of cell (spirit nature of cell)    Adrenals

Red blood cells (deliver oxygen)    Pancreas

Survival Brain( instinctual power)    Thyroid

Emotional brain (hope) ~ stimulate amplification    Ability to fully rest(pineal)

Reticular activating system    3<sup>rd</sup> chakra will

Hydration & nourishment

Testosterone



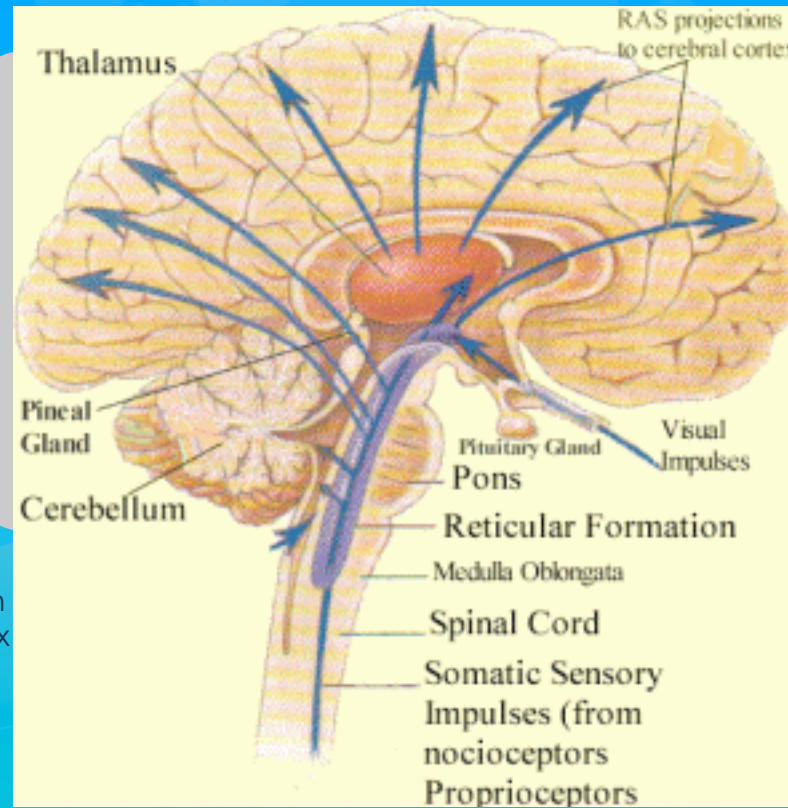


# Brain stem ~ reptilian and emotional brain mammalian role in body energy

Survival instinct. Kicks in with adrenals and muscle to create strength



This system is considered the brain's attention center. It is the key for switching on your brain and also considered as the main center of motivation. The Reticular activating system is connected to the spinal cord at its base from where it accepts information which comes from the ascending sensory tracts directly. It travels up to the mid brain and while going up forms a complex neuron collection that act as convergence point for signals from the interior environment as well as the external surroundings. So, reticular activating system is a place where your thoughts, internal feelings and the outside influences converge. It is very skilled in producing dynamic effects on the motor activity centers located in the brain and the cortex activity such as the frontal lobes.

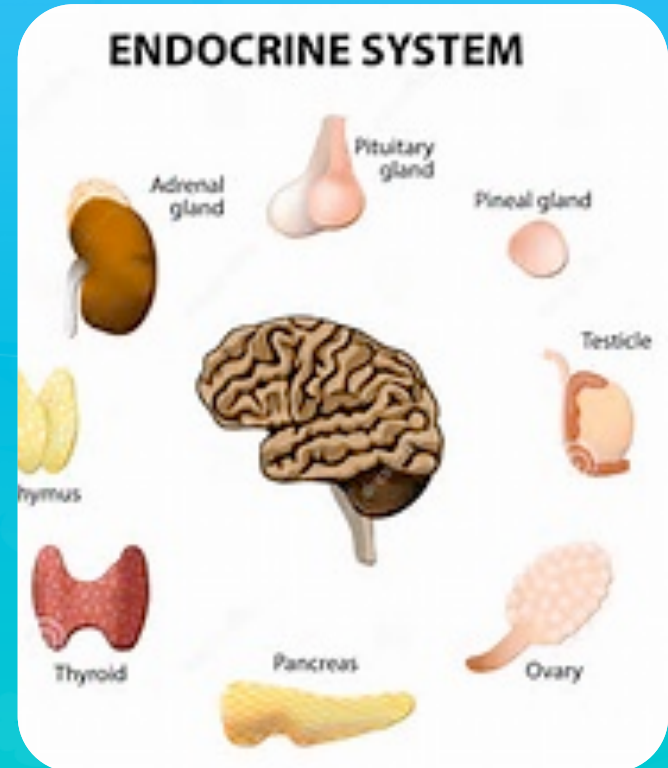


# Reticular activating system

# Endocrine influences on dynamic energy

Pancreas  
Adrenals  
Thyroid

Testosterone  
Good sleep (pineal and adrenals)

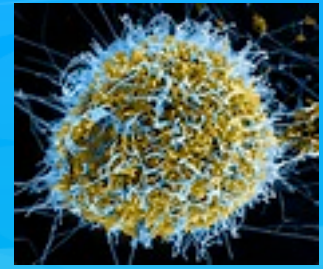
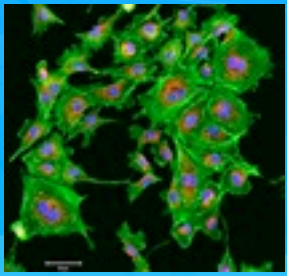


# Spirit and body power

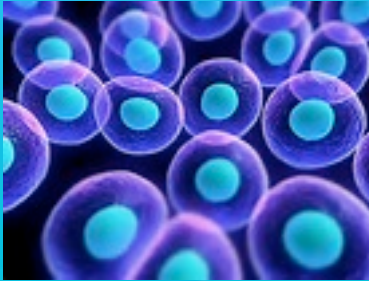
Life force and light of cells



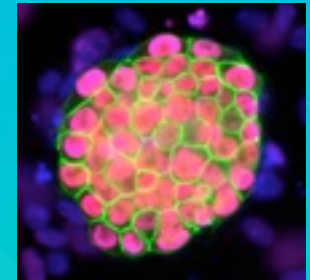
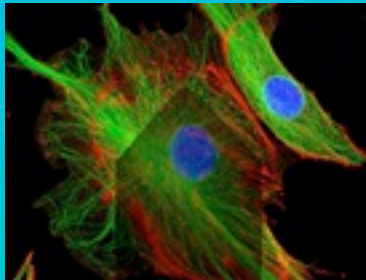
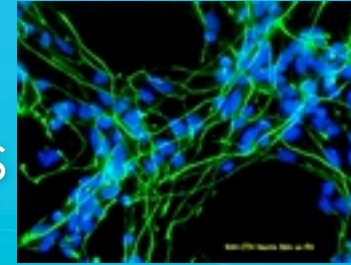




# Down to the cell

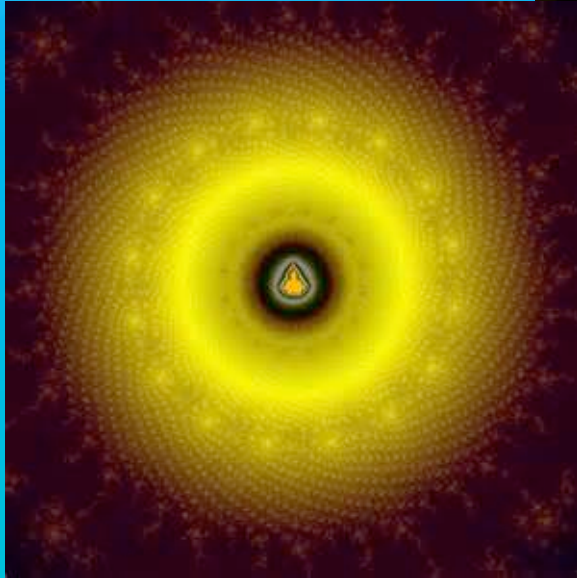


Mitochondria  
Red blood cells



# Muscles and body strength





# Chakra 3

Will power center of body  
Pancreas, adrenals and chakra 3



# Hydrate or (Die)

For the long distance runner this is a key element to going the distance, without hydration all the muscle and mind over matter strength you have means nothing  
Proper fueling and nutrition is part of body power and energy





# Clearing for body power and strength

## Amplification

Lucifer Stops  
Evil Spirit Curses  
bloodline

## Perception

Group Mind ~ Meme  
Group mind virus  
Curses  
Atheist thought forms  
Timelines  
Control

## Emotions

Emotional Body  
Emotional Brain

## Cellular Body

DNA

## Spiritual interferences

Alien type 4 Archon	~ seeds implants
Alien type 8 ((Astar BC Synthetics)	~ portals
Demons (subterranean)	~ portals
Walk ins (Archon)	~ permeations
Entities (Orion's LV)	~ holographic inserts



# Meditation for restoring dynamic power and force in the body



# Next Steps

Apprentice Online Program coming soon!  
Your Year of Miracles!



# Spring & Summer Trainings

Diamond Immersion Online August  
Carmel Valley Nov 27 Space limited

## Weekly classes

- 100% You
- Quantum Mind: the 4 pillars of Human Mastery Live
- 100% Bliss the Happiness factor
- Brilliant Brain Regeneration
- 100% Success
- Grow Younger Cell Regeneration made easy
- Every Day Magnetism
- Quantum Emotional Balance

## Special classes

- Prostrate reducer
- I am Loved
- Your Light Body
- Ending Addiction
- Hearing Restored
- Quantum Baby-Connection
- Freedom from spiritual parasites and pest 7 hour
- Advanced 4 hour

## Free

- Earth Day
- Mothers day healing the mother wound
- Fathers day the Good Man Clearing
- Emotional Freedom

## Your Year of Miracle

- April Success Money
- May Body Chemistry Balancing
- June Regeneration Bladder Kidney Spleen Gallbladder