



Essence

Restoring Spirit, Soul. Life Force and Divine Connection

Essence

Kundalini and Prana Up leveling

Kundalini in the East Indian tradition is an additional feature of life force, starting at the base of the spine in a double helix rising up the spine. If you have very healthy kundalini this force of energy often seen as green will rise up your spine, fountain out your crown chakra and then spiral around your body encompassing you in your own vibrant God energy. We will awaken and clear the path of your kundalini and learn about pranic breath and prana which is intimately related to kundalini. Both are considered important spiritual aspects of your life force.



Opening Blessing Removal of Obstacles



Vakratunda maha kaya
Kyoti surya samapraba
Ner vig nam kuramay devo
Sarvakyaeshe sarvahda

Om Gum Ganapatiya namaha
Dum Durgaiya namaha
Om eim Saraswatiya swaha

Om shanti shanti shantihi

Quantum Pump

- Hand movements to access the quantum field
- Standard Quantum pump
- Chopping
- Doorknob



Muscle testing



yogic life force that is held to lie coiled at the base of the spine until it is aroused and sent to the head to trigger enlightenment



Kundalini

What is Kundalini exactly?

the feminine form of the Sanskrit adjective meaning "circular" or "coiled."

In yoga, the word applies to the life force that lies like a coiled serpent at the base of the spine and that can be sent along the spine to the head through prescribed postures and exercises. On the way, the kundalini passes through six chakras, or points of physical or spiritual energy in the human body. At the seventh chakra, the yogi is said to experience enlightenment.



*Clearing blocks to
the awakening
Kundalini
and clearing blocks
on the passage up
the spine through
the 7 chakras*



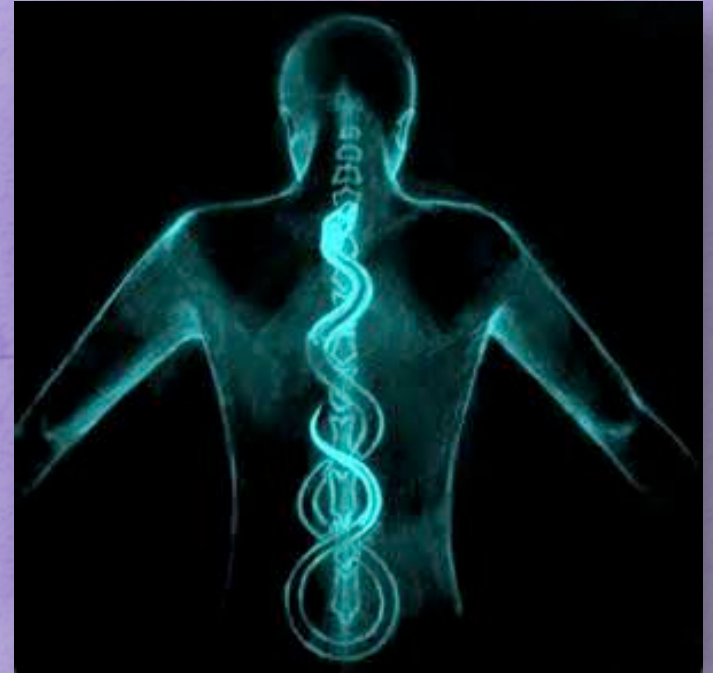
clearing

Amplification

Bloodline
Soul contracts
Demonic curse
Satanic curses
Evil spirit curses
Alien type 5
Alien type 8
Embedding
Demons
Permeations
Guests
Embedding &
Permeations
Transmortals
Wormholes

Perception

Meme
Miasm
Black magic
Curses
Timelines
Karma
Shared energy
Control energy
Agreements
~~~~~  
Emotion  
~~~~~  
DNA
DNA of Others
DNA Reset





Meditation for
clearing the
kundalini channel



Prana

The life force or vital energy which permeates the body especially concentrated along the midline in the chakras. Prana is said to be the nutrient in our breath and is health promoting.

Breath establishes the spirit in the body at birth and defines the end of life (last breath) so is intimately related to the quality and relationship of spirit to body for the duration of ones life.

Clearing the challenges to great prana

Amplification

Bloodline
Soul contracts
Evil Spirit Curses
Alien type 6
Implants
Guests
Holographic insert
DNA

additional issues

Control
Suppression
Held back
Right to exist





Prana and Breathing

The breath exercises for cleansing the brain and
restoring balance

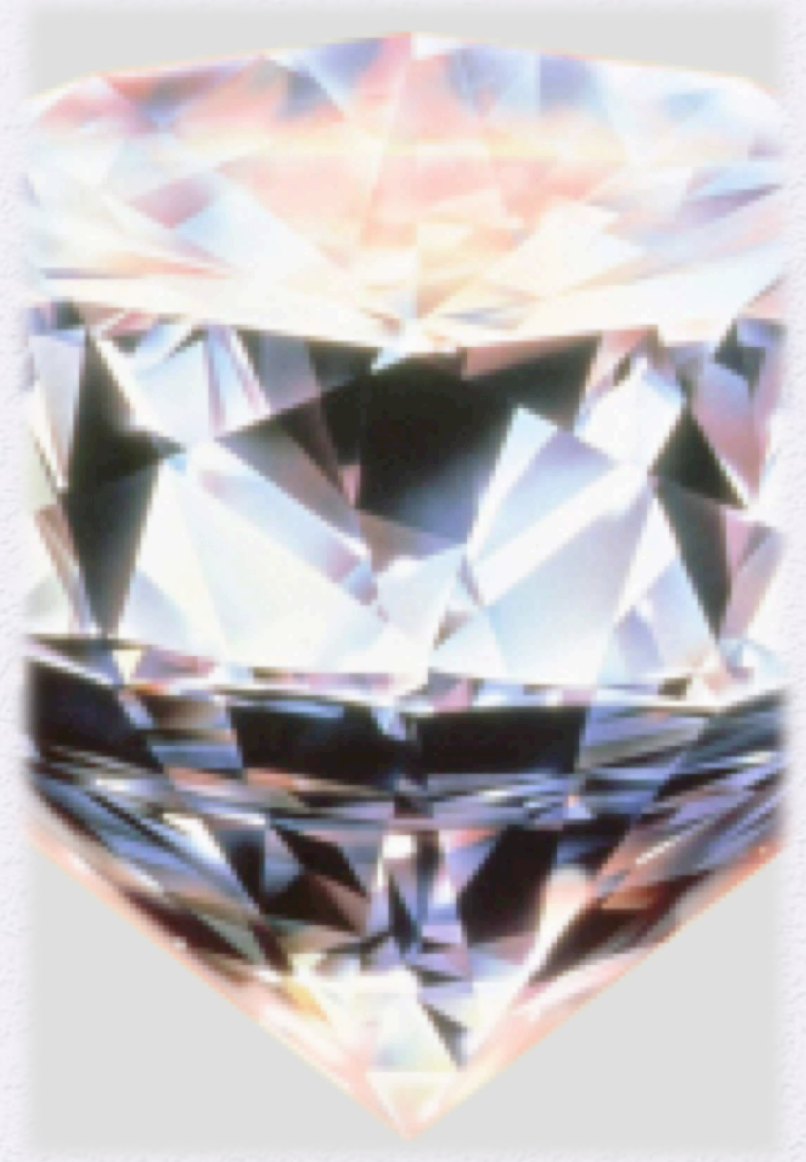


Essence

Next Steps

**Apprentice Online
Program coming
soon!**

**Your Year of Miracles!
Diamond Immersion**



Spring & Summer Trainings

Diamond Immersion Online August
Carmel Valley Nov 27 Space limited

Weekly classes

- Essence Live
- 100% You
- Quantum Mind: the 4 pillars of Human Mastery Live
- 100% Bliss the Happiness factor
- Brilliant Brain Regeneration
- 100% Success
- Grow Younger Cell Regeneration made easy
- Every Day Magnetism
- Quantum Emotional Balance

Special classes

- I am Loved
- Your Light Body
- Ending Addiction
- Hearing Restored
- Quantum Baby-Connection

Free

- Earth Day
- Mothers day healing the mother wound
- Fathers day the Good Man Clearing
- Emotional Freedom

- Freedom from spiritual parasites and pest 7 hour
- Advanced 4 hour

Your Year of Miracle

- April Success Money
- May Body Chemistry Balancing
- June Regeneration Bladder Kidney Spleen Gallbladder