

# Essence Clearing Chart

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Area affected	Possible Programs Clear with quantum pump	Spiritual interferences	Anchors	Best clearing method For anchor's and interferences
Spirit	Bloodline Satanic curses Trauma DNA	Alien type 3 (reticulans) Alien Type 8 (Ashtar BC)	Implants Embedding	Door knob Chopping
Soul	Bloodline Demonic curses Cycle Curses	Alien type 4 (Archon) Entities (Orions) Transmortals (Mothmen)	Seeds Holographic inserts Permeations	Quantum pump Chopping Chopping
Life force	Lucifer stops Bloodline Satanic curses Evil spirit curses Curses DNA	Alien type 8 (synthetic) Guest (Draconian)	Embedding Holographic inserts	Door knob Chopping
High self	Demonic curse Curses DNA	Alien type 8 (Synthetic) Entities (Orions) Demon (subterranean)	Portals & Embedding Holographic inserts Implants	Doorknob Chopping

Although we tend to see problems of programs and spiritual interferences much less in Essence, these are the areas and issues that can show up affecting the light and health of Your Essential Nature. By muscle testing you can test each area to see if you are affected by these issues and then approach clearing using either the standard quantum pump or one of the advanced styles of pumping defined above.