I Am Loved

Hi and welcome to I am loved and I'm so happy that you're here. We're gonna have a wonderful afternoon together. Please do sign in. Let me know you're here. Let me know who's on the call. Our beautiful, wonderful Rebecca who does support in the background normally gives me list. I don't have that class list. So I wanna see your name. Let me know that you're here and we have an amazing couple of hours to share together, so.

We will go into an opening blessing and let me just put that on the screen and we'll get started. Well, screen share isn't happening. Hang on here just one moment. One moment do please. Yay. That's odd. Alright, my dears. Well, I'm not quite sure. Oops. Let's see. Let's try that. I'm gonna turn off the camera. Gonna turn it back on and I'm gonna try the screen share. So don't worry, you're not losing me. We don't seem to have a screen share function.

Oh, that'll be interesting teaching without the slides. Okay. Well, we'll try it in a few minutes again. So I'm gonna do the opening mantra first. The opening blessing and welcome too. That's Carrie and Penny. Yay, Penny. Margaret, Paula, Pamela, Dixie. Hello, everyone. Okay. Wonderful. Oh, and our numbers are growing. Wonderful. [Sings in Sanskrit from 00:02:32 to 00:03:37].

And we're gonna progress on now to a demonstration on the quantum pump and kinesiology or muscle testing. Right, the screen share again. For those of you who are my students and you wanna pump a little bit, it might be an alien, so. Feel free. Okay. So quantum pumping. You're just putting your elbow at your side and you're pumping forward like that. And the quantum pump works because we're all part of the quantum pump and those are particles vibrating. And so you have a Julie Renee and you have a globe and necklace and so that's how the particles are vibrating.

We're using the quantum pump to re-arrange the particles so they vibrate in a better scenario. So we're actually improving, clearing ,regenerating everything with this simple hand movement. And of course, we do have different advanced hand movements for removing spiritual parasites.

The kinesiology is the fourth finger, the ring finger, pressing down with the first finger, pointer finger, of the right hand and the left hand is pushing down. You're pushing straight up and down like this, not to the side. It won't work if you're pushing over like that. That's not gonna work. You gotta go up and down. My name is Julie Renee holds firm because the muscles are able to tell you when it's truthful. My name is Bozo the Clown; falls because of course my name isn't Bozo the Clown. Okay, so. Just a little basic primary events. How we do the quantum pump and all of our pumping will be the

basic quantum pump today. So that's what we'll be doing. And I'd love to hear what you brought you on the call and why this was an important class for you.

The first clearing that we're gonna do is family cursing, so. Yahoo. I see keep getting more numbers which is great, so. We have over 30 now. Great. On the call. That's fantastic. Ah. Thank you for pumping, everyone. We not have screen share available. It's looking like it's going on slow motion but it's working. That's good. Thank you my dears. I appreciate that.

Alright. So, on to-- first of all, clearing family curses and how we're gonna do that is-let's here. One sec. Screen's a little bit slow but at least we have the screen share which
is good. Lucifer stops, bloodline, clan, evil spirit curses, group mind, group mind virus,
black magic, curses, trauma, karma, cycles, shared energy ,contracts, atheist thought
forms, family control energy, emotions, emotional brain, DNA, and then with the spiritual
interferences, alien type 8, ghost, trans-mortals, permeations and nanotechnology.

It was really interesting. As I was mapping out this training, how nanotechnology seem to show up in the clearings, so. Let's just go ahead and make sure that we get them out. They' somehow are able to hold the family curses, isn't that crazy? Oh good. Alrighty. So I'm not off of my screen share screen and I'm seeing-- let's see.

Sharon from British Columbia. Nila. Hi, Nila. And Penny, "Clearing blocks to love and be loved." Wonderful. And Gale, "Sorry. I was late. Should we be doing pumping now?" And that's a yes. And John from the Bay Area. Wonderful. And Nila, "Clearing the right to be loved and to feel loved." And Yeshwant, "Yes, dear Julie. Good very early morning. Registered just 20 minutes back. Kindly have me in your list." Wonderful, Yeshwant. Thank you so much for letting us know. So we are quantum pumping and we're clearing family curses and these are curses for you being able to love yourself and to be loved.

Wonderful. Okay. And I was just thinking about family curses and how they affect people and in-- we wanna look at bloodline and clan, of course, for family curses. Those places are places where we see the family curses but actually all of these. I tested all of this was related to family curses. So everything that's on the screen is related to family curses. Okay. I see Merlin. Merla rather. Oh. Excuse me. Merna. "Hanging in and holding on. Excited to see you again." Wonderful. And Lia, "Signed up because today is my birthday and it seemed beautiful to take a class on loving myself." That's wonderful, Lia. And also to know, I have a lot of blocks to receiving and think this class could be helpful on those issues, And Linda, "Could you show us how to do the pump again?" Sure. I can. And, "Hello," from Nancy.

And Linda must be new to the class 'cause we do this every single time. The pump is just simply your elbow your down at your side and your hand falling forward. It's not this.

It's just kind of more of like a reflex, and from the side it looks like that. It's kind of just a pump. Not this. That would make your hand tired. You actually just putting your hand forward like that. Pumping.

And Lia, it's your birthday and I have a very special song for you. Hey, Lia. It's your birthday. I'm in charge of the stars and I'm here to say, Hey, Lia. It's your birthday. Today. My name is Zoom and I live on the moon. I came down to Earth just to sing you this tune. Singing, Lia, Happy birthday. Honey, Happy birthday. Lia, happy birthday to you. Happy Birthday, Lia. Well, a silly birthday songs. It's a really fun one.

Oh good. Hi, Marcia, and Nancy. Very good. Okay. The gang's all here. We're gathering. And I hope you're all signed up and enrolled for the Earth day process and please share it with your friends. We only have 12 hundred people enrolled. So far we need 2 thousand people. We need 2 thousand people live to actually clear the Earth of all the curses and dark energy. I've contacted Bog Teris and Jeniffer McClain and they're very happy. They're sending out to their list, but we really need 2 thousand live which probably means about 35 hundred or 4 thousand enrolled, so. Please share and please come. We're gonna be clearing all the darkness, all the curses from humanity from the eons that we've lived here. We're gonna removed them from mother Earth and a lot of changes are gonna happen on the Earth as a result of it.

So, I hope that you come on in this call. I see other people doing calls on how to be nice and Earth-friendly and how they eat organic and I see lots of those kind of calls. We're actually gonna heal the Earth on our calls. So please, please make an effort to be on. Share it with your friends. Bring your friends on. Okay.

"That was a great song. Loving. Happy Birthday, Lia." Yeah. You're one of my favorite little. I don't know .Things I have in my-- one of my rabbits in my hat. The rabbit and the hat and little magic trick. Yeah. It's my birthday on Sunday. Saturday, I'm celebrating here. So you all are invited. If you're in the California area. You wanna come to a birthday party. I'm partying on Saturday. You're welcome.

"At age 14, I got some kind of interference that happened and it felt like it shutdown myself love and also feeling of love. My heart before that I was very open to these feelings. I'm wanting to understand that and release the interference in this class." Beautiful, Margaret. Thank you. "Also is happy birthday." Oh, do we? Thank you. And Marcia, "Regarding places to stay nearby of something from Southern California." You know, that's all if you got the invitation and we can send it out to you again, that's all on the invite. There's like a list of places to stay. But I'm in Carmel Valley village really. I'm right above the village, so. There's a blue sky lodge and Banardis and Carmel valley lodge and there's a bunch of them that I've listed but you can also just go on in vacation

rentals and Air BnB. They also have so. Anything within, you know, a 10 or 12 mile radius. 15 mile radius is gonna work. And yeah, please come.

If you didn't get the invitation, we sent it out to the list to maybe we can have 2 weeks ago. We just send it once. Maybe we should send it one more time. We have 52 people respond that they were coming, so. It should be really fun. But thank goodness. I have a big house and I have acreage, so there's plenty of room for everybody.

John, "Support team, please link to Earth day healing." "Happy birthday. I'm glad we are on the planet at the same time." Thank you so much. Thank you. I can get that Earth day for you. I don't think our production has that. I can get it though. And you guys have gotten invitations to Earth day. I think a few times, we've sent it out and group emails, so. That's sometimes you miss things. I know when we send out quite a bit. We've got some wonderful new classes coming up too, so. Okay. Here it is. Copy. Here you go, John. Thank you so much for asking for it. There you go. You're all set.

Yeah. So and it's for me, with the birthday this weekend, it's a first time I'm doing a birthday party in probably 10 years, so. Or 9 years. I think maybe 9 years last time I did a birthday party but I didn't do a proper house warming party when I moved in and there was just an endless amount, as there still is, of stuff to do. The house is painted and there's curtains in some rooms and furniture's in every room and the cottage is pretty well finished and you know, there's just how perfect does it have to be to do a house warming, so. 13 months after moving in, I figured I'd do a combo house warming and birthday party and just celebrate being here and how wonderful it is that these are spectacular. The home is amazing. It's just incredible. I hope all of you, some day, get a chance to come. Whether you come for a party or you come for my immersion training. It's really, really sweet. Really sweet.

One of my clients recently-- let's see. Mai. You might see her sometimes in the chat box. She wanted to come out. She came from England and she did her VIP session out here with me last week. So that's also possible. Little tiny airport here is the Monterey Airport. It's got little 3 little terminals or 3 little-- I don't know what they are but we're in for 3 airplanes. It's a little terminal. And then we're not that far from San Jose and not that from--San Francisco's a couple hour drive but if you came in and you were coming into the Monterey peninsula, it's heaven. It really-- I really feel like I just moved into heaven here.

Okay. Well let's check and see where we are on our slide. Thanks again for those of you who pumped for me. I started pumping and then I realized I was gonna have to teach, too. So whoever helped the clearing, I really appreciate getting the technology cleared. See how fast that works when we're a team. And you know that was a message I got this morning is it's that we can do things but we have to do them

together. Like, I'd like to clear the Earth but I really need the community to help me or I'll be clearing the rest of my life and in 1 day, in 1 dedicated day, we can get to the entire globe if we work together.

So, let's see. We got Lucifer stops cleared. Bloodline is not yet cleared. Clan is cleared. Evil spirit curses, group mind, group mind virus, black magic, curses, trauma. Okay, so. Bloodline is the only one on this list. The first list. Karma cleared. Cycles not cleared. Shared energy not cleared. Contracts not cleared. Okay. We're maybe about 50 percent through. Looks like we get started on the second row and there's a lot of it to clear yet.

We will do a process too and releasing family karma later in the class, so. Know that we're doing karma in this way for clearing the family curses and your karma related to the family curses but we're also just gonna clear family karma directly. So we'll gang up on it in couple different ways.

Ah. Adriana, hi. "I think myself love issues originate from not being a wanted child which developed self destructive programs. I hope we clear some of those for everyone on the call. Thank you and I love you." I completely understand that and I think that we will be getting to some of that, Adriana. So that'll be wonderful. And just coincidentally, I just wrote the copy for birth clearings. Birth trauma and birth clearings. I literally just wrote it yesterday and that is exactly what we're gonna be doing in that 3-part class is clearing all the things for children who are unwanted or someone parent tried to abort them or something like that. That's also coming up a little later. I think it might be in August. That one. But yet, we're gonna get to that. Some of that at least in this class.

It's not till October. Quantum clearing for birth trauma. It is just to take a go. It's exactly what you're asking for. Very specifically, that is the only thing that we're working in that, so. If you find that there's still some stuff needing to be cleared, please you know think about that later in the year. "Happy birthday." Thank you, Nila.

Oh, Pamela. "Would you expect this to clear our energy personally and also for the family members?" No. I think it's gonna clear you and family members may not respond to you in the same way because you're clear. Merna, if you're not getting any sound, there's a couple of possibilities. One is that your computer speed isn't fast enough and the second is I don't talk the entire time. It's a little-- it's kind of late afternoon and I've been up working since 6 in the morning, so. You won't hear me chatting the entire time. So, some of the time, I'll be quite. That's all. Not a problem though; I'm here and I'm working and pumping with you.

So we're just clearing this nice full group of clearings for family curses and it's so nice to spend a couple of hours together, isn't it? So we can kind of get to the deeper clearings. So I think this is really wonderful. I wanna go back here and look at age 14. I think Margaret had something. Let's see. I think two of you have mentioned and I, as long as

we're pumping right now, this be a good time to check in on specifics for a couple of people. So, let's see.

Marget, "At age 14, some kind of interference." So let's look and see what that is while we're pumping to clear. At age 14 for Margaret and you know what happens? Something happened where you became hopeless. I see that very strongly. There was like this hopeless feeling that came in and got like a self protect. I need to protect myself and I need to not share my feelings or not experience the love coming in so that I can be safe and I can survive. Yeah.

So, you know one of the ways to unhook that is just to do self soothing, assure yourself that you're alright now. This is so interesting, Margaret, because I had an event like that. It happened when I was age 11 and I was kind of doing-- I was like a slave and my mom had me cleaning. There's-- it was a 3-floor storey colonial. I was cleaning, I was washing the basement floor. Vacuuming, dusting, cleaning and then I was cleaning all 3 levels of bathrooms for a family of 7 and I was doing all the dishes and I was cleaning the closets, so. It was a significant amount of cleaning and then my room. And there was a point where it was just-- it was just too much. It was-- I don't know. I was cleaning up my brother's you know mess in the bathroom and I thought, "I'm just gonna survive this. I'm gonna survive this and I'm gonna take it and I'm gonna do whatever I need to do. I'm gonna--" I don't know. Like I'm gonna eat it for breakfast. I'm gonna eat this punishment for breakfast.

And so that sweetness of me started disappearing and the survive this became the theme and it was like a switch turned where how I was gonna survive was to not feel and to not feel disappointed and to not look for hope or not hope but to just be present to what I have to get through. And with the idea that I would eventually leave that house and I would marry or I would go to college and I would have a happy life. The interesting thing is once you've-- those set up. Once you've misunderstood and set up that kind of process where you're gonna survive. You just keep attracting that surviving kind of circumstance. So that's definitely something that you can be clearing as you're pumping here and then just knowing that that's post traumatic stress. You wanna move that into past time and start working on opening your heart.

One of the things that I have been doing myself and I'm teaching an emotional balance class, too. As a result and the work I'm doing on myself is I've been reading all kinds of books on attachment and bonding for you know babies and adopted children. And then I've been reading the emotional intelligent book by Danial Golan and I'm learning so much about how the brain works and the process of flooding where you get overwhelmed and you don't feel safe and then how healthy people have a structure where they self soothe. Unhealthy people just stay and I'm not safe. They kinda get stuck on they're not safe.

And so, I've been practicing really quickly when I don't feel safe. Getting into self soothing and then moving into what would resolve this so in the future, if it came up, I would be more resilient and able to handle something, so. You may take on you know a little more study if you like and certainly I'm enjoying it and we do have a couple of classes. Like I said, coming up the emotional balance class. I finished the copy for that. Just literally before I came on this afternoon. So that's going in and also clearing birth trauma is coming up, too. So you've got couple of things spread out through the year to help with self love and emotions and confidence. Okay. Let's see. I know there was another one. So we did that one.

So that was Margaret. So, we got Margaret. I read another one, too .Let's see. Okay, so. Adriana, "I think myself love issues originated from not being wanted as a child." Okay. And let's look at that, so. And so not being wanted as a child, 70 percent true. There's some alien type 3 interference also with that so it kind of amplifies things and the anchors for alien type 3-- let's see. Seeds; 3 seeds. So I would clear them as well because it's not a hundred percent but you might feel like it's a hundred percent 'cause of some amplification the aliens are doing.

And then just to note that this really interesting to put in your brain that there was a part that your parents wanted you or your mother wanted you. Someone wanted you 'cause I get that it's 40 percent true that you are wanted. Meaning that you weren't completely not wanted. There was something that was wanted about you and if you can build on that I was wanted 40 percent and then you have to take the place of that in a way so that you become the source of 'I want myself. I love myself. I express my unique. I permission to be myself.' So that will really help also.

Permission to love yourself, you don't have right now. But we're gonna work on that. The permission and then the ability to love yourself, you don't have. And the right to love yourself, you don't have. So those things fall away when you come in to a family where you feel like you're not wanted. So they might have tried to abort you or they might not have, you know, you came at the wrong time or something. So those-- we're gonna actually get to those in this-- today. We're gonna get to those abilities and rights and things. So that'll be helpful. Okay.

Alright. Yeshwant, "I've been told by many intuitives in India that I have strong ancestral curse given by a female and that's the reason I'm having problems in my life in spite of being very sincere and successful in my student life. Medical student. Now it's havoc on all fronts. But I've understood without self love, nothing is possible without self love." That's so true. So that's good. Let me just see. Are we-- we are actually getting to the bottom of this, Yeshwant. With this family curse clearing that we're doing. I'm testing yes that we are getting to the bottom of it, so. Good to know.

And Self love is really where everything originates, doesn't it? So, really being able to believe in yourself, to manifest, to create, to live in the world in a powerful where people love and respect you, it comes first from you, so. Good job.

Marcia, "I was unwanted by family as an extra mouth to feed. Entered family group as last child and at dark and difficult period for them." Yeah. And interesting 'cause you were wanted 60 percent. So there was part of the family desire to bring you in. Let's see here. Penny, "I think mine started age 3. Self hatred. I also was a slave as well, Julie." Yeah. Yeah. I think so. And that's self loathing and self hatred comes from maybe being disappointed in even the choice that you made. And so you turn it on yourself. Like we choose our family and then it sounds like you turn that disappointment on yourself and you didn't like yourself for it. You're so lovable, Penny. Everybody loves you.

Penny, with yours, I also see self hatred, alien type 4. Alien type 4 stimulates that self hatred and the anchor of this one is-- there's nanotechnology is part of it and implants also. So, definitely work on clearing that too.

Is that Mariel. "Hello, I'm overweight since 3 years old and my mother constantly told me women would never love a fat boy like me. I think that's where I came from. Can't love myself or lose the weight." Oh. Okay. But we know that women love every size and shape of man, so that's-- your mom didn't know what was true. She was trying to scare you and obviously she put something not good in your head. And that's where we come up with this black magic, so. We look on the chart and you saw the words black magic. That's what we tell our self. Curses are what your mother told you and black magic is what you told yourself. And so we gotta clear that way and you've gotta really stay with I'm lovable and I love myself and women find me enchanting and absolutely adorable. And whatever else. You know like just-- let's get into that feeling of being lovable. Thank you for sharing.

Gale, "Hi, Julie. Happy birthday." Thank you. "Have always had self love issues. I believe I wasn't wanted in the womb but 4 years old I had a severe adverse reaction to superflex and powerful antibiotic. And did many things--" oops. "To me. Especially the sense of detachment from me, god, and people. Hope this helps." It should. I think it will. You're welcome, Margaret. And Dixie, "Taking class because of a recent hospitalization for pneumonia and blood clots in the lungs. Going to take your other classes to clear cells, etc." Good, Dixie. That's great.

Great, Myrna. That's really wonderful. Oh, Rebecca. "Happy birthday, Julie. Felt unloved all my life like something was wrong with me. Never good enough. Have been told. Feeling mother cursed me after her death. Now that hurts. Thanks for all you do." You're welcome, Rebecca. Did your mother curse you after her death? No. Did she curse you before? I don't know. Did she get a family curse? Perpetration. I don't think

that your mom. I think it's from your mom's family like her soul family. And I think it's what called a perpetration and we have that on the stuff we're working on today, so. Let's keep going and see if we can get to the bottom of that but it tests as a perpetration not as a curse from your mother after death or even before.

You're welcome, Penny. Nancy, "How does lack of self love affect the auto-immune conditions and knee problems?" That's really interesting because it's kind of a reversal, right? The auto-immune system is actually a system that should be protecting you is attacking your body. And so you know that self hatred or self sabotaging or the lack of self love is you know ,kind of reflective of auto immune, right? That's kind of what it does. Instead of loving the body, it attacks the body. Instead of protecting the body, it attacks the healthy parts of the body.

So I think that's one thing and then the knees, I kneel at the altar of myself being able to really honor yourself. The right side being the outer world and the left side being your inner landscape, so. It's really-- it's really an interesting process. I think, to look at how do I improve my health and fall in love with myself at the same time, so. It should be wonderful. Really, really wonderful.

You know, let me see if I can put my finger on something. I wanna share with you on the screen. One second here. I might be able to find it quickly. I was writing about how different kinds of infections have the emotional cure to that, so. Like the resonance of a particular word would be helpful in curing like a fungal infection. Let me see if I can pull it up easily. I might be able to. And then I can just share that information with you which would be interesting. I think it'll be good. Okay. Except this is a really long page 'cause I wrote 17 enrollment pages on this page. So let's see if I can find it. Yeah.

Here we go. Yup. Oh that was a different class. Okay. Quantum removal of infection is where I wrote that information. Here we go. I got my hand in everything. But I think you're gonna find this interesting. So, for bacterial infection, the word is appreciation and they're all versions of love and for a viral infection, the word is love. And for a fungal infection, the word is empathy. And for yeast and parasites, the word is grace and for mycoplasms and odd infections, the word is agaby.

Do you want me to put these? I can put them on one of the PowerPoint slides. I can't take it out of this copy because it's ready to go on a page but maybe I can just cut and paste and I bet that'll be good. It'll just take me a minute to transfer it but then you'll have it because it'll-- you'll get this, too. Okay. So that's one.

Okay. And let me show that to you so you can see it. Wa-da. So, that-- you know, we clear all the problems and we clear the infection itself but that's the antidote as a word that is the resolution of an illness. The word itself is the resolution. I think it's so fascinating. Okay. And John, "Will today's clearing clear issues related to not being

good enough? To being happy, abundant, healthy, and not having to live with major negative things, suffering, lack. Seems to me believe you're good enough is part of self love." Yeah. I think that that's true. Yeah. It's how you also wanna take the clearings, John. So if that's what you're gonna be kind of focused on, you can definitely do that and if you think that's part of family curses, I think that would be great. I think that's a great clearing.

We have about 4 minutes left to clearings for family curses and we 're gonna be going into is the rights. The right to experience love. To love, be loved, to exist, to feel feelings, and be magnetic to love. And in addition to clearing the right, we're gonna clear the right, the ability, and permission and maybe with John maybe the right to-- maybe to right, ability, and permission to feel worthy. Why don't we put that one down for you, John. To feel worthy.

Yeah. I think that's good on there. So we'll add that to. So we have about 3 minutes left on the page before this and then we'll go on.

Adriana, "Thank you so much for the confirmation and the help, Julie Renee. I was afraid of alien ships when I was little. I would see this big ships or stations that were inducing fear not knowing what they were." Wow. That's remarkable. And Nancy, "That would be great to have those words. Can they be used as a mantra?" Certainly they can. Just repeating that mantra as you reflect on the, you know, the specific thing that it resolves. So we go back-- let's see. Where did I put it. Oh. It's above there. There we go.

By the way, this is going to be part of the quantum removal of infections class which I never ever thought before and it's a 5-part apprentice training and that I think is in August. So that's gonna be a remarkable class in that I think typically only I'm teaching how to restore health. I typically don't teach how to remove something. So this'll be very-- a very unique training. So it's really fun. You guys. I've added so many classes. Every month, there's gonna be amazing wonderful classes that will really specifically deal with issues that you're facing, you know, so.

"During my father's daily tyrates, he would say what right do you have and the correct answer is-- was no right." Okay. Well, we're changing that now, so. We're moving into rights and we've finished the clearing up above on family curses and now we're going to be clearing the right, ability, and permission to love, be loved, to exist, to feel feelings, to be magnetic to love and to be worthy. So that's what we're clearing now.

And so just so you can see what we're clearing 'cause I think that's helpful, too. These are the clearings for rights, permission, and ability. So I went muscle testing and located where it was hooked up, the rights and the abilities and permission and these are the

areas that we're clearing for the rights, permission, and ability related to love in the previous slide.

So, Lucifer stops, demon curses, evil spirit curses, black magic, curses, cycles, agreements, emotions, DNA, seeds, permeations, nanotechnology, alien type 3, entities, and ghosts. So, that's where they kind of hooked up. And ghost can live actually in your body. So some of your on the call might actually have a ghost that's occupying your body, so. We're doing a big clean up and clear out.

"Put the title and instructions on the slide for those words." No. John, I'm not gonna do that. I think that I've already done what I meant to do which is on a bacterial infection, the resolution of a bacterial infection like the word that is the cure for it is appreciation, so. You could repeat appreciation to a bacterial infection and that would help. But I just felt like it was interesting information. I'm not teaching how to resolve infections in this class. How this came up was we had request on how lack of self love affects the immune system and I was just showing you that words related to love. These are all appreciation, empathy, grace, agape and love are all love words. Right there. All love words. And so, when I'm been doing research on the infection class which I'm, you know, putting together the training for that. This is so interesting to see that that is the resolution. The word is the resolution. So, it cancels out the illness.

Here you go. I have a little bit of an explanation for why the slide is there. Okay. And then we're going back to the rights, so. We're clearing the rights and we're just gonna pop between this. So clearing for love rights, permission, and ability and these are what we're clearing. We get about 12-15 minutes of clearing for this area. Oh yeah. No problem, John. I just wasn't gonna go into a big training about infections that's all. I just thought it was fascinating to see. You know, how love really resolves things.

One of the things I was reading in the emotional intelligence book was about hope and I realized that that's really true. When you have hope, you have possibility. And when you have possibility, anything can transform or change. When you are hopeless, you don't have possibility then you're stuck. You're frozen. And what we think is what we create. So hope lives as an energy. It lives—the word hope lives in perception and when you are hopeless, you're stuck in matter. So you're stuck in the physical body. You're hopeless and there's no possibility of change which is really almost like an atheist thought form, right? And you don't believe that you can change when you're hopeless. So hope actually restores health and you have a hope that you can improve. You have a hope that things can get better.

And I was looking at that because there's you know when someone's been traumatized like John, you've been traumatized when your dad said you didn't have the right to and had this tyrates. You became hopeless. And so one of the things that you'll wanna be

doing in your emotional foundation is creating hope. You know, creating hope and you know the possibility of better, of more love, of more joy. A beautiful home to live in. Beautiful people to interact with and love and be loved by, so. You know, when you get into that possibility, the place of possibility, that's where really transformation happens also.

Once we've finished this, we've got another 10 minutes or so on this. We'll be going on to clearing the group karma and past life problems. So we'll be going into your karma and your past and we'll be removing the problematic energy that's been put on your from past things.

I thought I might show you an emotions feelings chart also. I thought this was very interesting. You might have seen this. I think I've shared this in one additional class. This is actually going to be in the emotions class. It's gonna be part of the training but I just think it's really interesting what we're looking at self love. To be looking at the patterns and the influences from emotions in the body.

So, when you first-- when you're looking at jealousy which isn't a really self love kind of word, the frequency is 16. There are anchors that keep that jealousy going. Mechanisms and portals, spiritual parasite pests that can tap into jealousy is an alien type 3 and it goes into your field of perception which are your thoughts, your energy like your chakras and then the quantum field. Isn't that interesting?

A lot of this stuff, this words are perception obviously and sometimes amplification is if you look down here; hatred which is the opposite of love and frequency is extremely low, 18. Permeations and shared energy, alien type 4 and entities. Perception energy, embodiment and amplification. So, and you see there's all these lower energies that have spiritual parasites and you know as we get to the love emotions, there are not any spiritual parasites. So I haven't filled out the chart to. I've done a lot of the lower stuff. I've been working on the low stuff. And actually some of this is getting into higher spaces, so.

I just thought it was interesting also to see how the feelings you feel can anchor-- the spiritual parasites can anchor in and amplify those feelings and so they're not authentically you're feeling when it comes down to it. Maybe the initial feeling was your feeling but the amplified feeling of it stays is very likely and influencing factor and I've been really looking at that like what is mine and what is not mine. So if I have an extreme reaction and I say, "Oh my god. I don't feel safe." And then, "Oh that person isn't safe for me." And then I look a little bit. I self soothe and I like, "Is that really a problem or how can I resolve that? Are they really unsafe to me or are they a person who's been safe in the past and they did something that they probably should have

checked with me on." And if I talked him about it in the future, they'll check with me on it before they do it again.

And so you can get to that place of resolution and really then you're in charge of your emotions. If you can get yourself from place of I'm not safe to place that I'm safe and then once the resolution of this, so. I think one of the things with emotions and self love is to the emotions they kind of hijack in the brain and you're stuck in some old patterns that aren't yours or you're stuck with the spiritual parasites running the patterns. You're stuck with the anchors that keep holding you down even though you wanna be different that you are, so. I just encourage you to take control and take power and really say, "I love myself. I love myself. I love myself."

By the end of this class, you'll all test that you love yourself. I promise you that. You'll all test that way so that you have that self love. And then it's a matter of, you know, we're doing the inner work. I've provided a couple of meditations for your too to help with fortifying the self love and then doing outer actions also that really validate that you do indeed love yourself. That you're lovable and you're an extraordinary being on the planet and you know it's amazing that you're here. And believe me, you are special for every person who got a body, a hundred spirits did not get a body which means you are very special. Very lovable and you got here. So, yahoo. You got here.

And the more we can clear away some of the family problems that have maybe come through past life stuff that's come through blood through. Where you've learned from it, you've gotten what you need to out of it and you can move on now. You don't need to hover there any longer.

Oh good. So John says, "I hit the bulls eye." and that's what he's been working on for years. Hopeless stuff. Good, good. Nancy, "Thank you, Julie. Those words will be very helpful for me." Wonderful.

Okay. It's 3 o' clock. We're gonna take a little short break. I'm gonna go get a cup of tea and you, too. Use the bathroom. Get a cup of tea and we'll keep pumping. Let me just see where we are. Have cleared this a hundred percent? We're about 70 percent of the way through with clearings for love, rights, and permissions, so. I'm just gonna leave this on the screen 'cause this is what we're clearing and let's just put a 5-minute break. Come back at 3:05. There we go. Okay. Alright. We'll see you in just a few minutes.

[Break time starts at 01:00:46 to 01:06:33]

Okay and welcome back. We are back and off to the races. Yay. There's a question. "When we clear from now on, should be always include parasites, lists, and anchors lists?" Well, yes and yes and no. I mean, did you-- probably paid attention when I was showing you the list-- there we go. Let me show you how the list much smaller. You're

not clearing the entire list. I muscle tested in this as what I've found and so what I'm noticing is that there are things that are attached in to emotions and-- excuse me. A little tickle here.

So yes, you should always muscle test to see if that's a factor. It's not always a factor but I'm testing on everything that we clear so that you'll get the deepest clearing. And the one thing a factor for some of you like this part of the clearing that we're doing may not affect all of you but these are involved with the rights being able to get to clearing the rights.

But-- and Penny since you're an immersion student, the answer is yes. You should always check on all of your charts and we even, in the immersion class, we give you the chart on possibilities for if things don't clear up using all the main charts what to check for. So that's a definite yes.

Okay and let us see-- let's see. Yeah. We're a hundred percent clear with this trade on clearing. Now there's versions of that. You can do that probably take hours but this is done. So, the next clearing that we're going on to is we're clearing programs and karma that you brought forward from previous lives, preventing self love, inhibiting higher levels of love coming towards you, and we're gonna clear first shared energy and then cords. If there's any cords with people in this life. So you've had a relationship with them past life and now you do again. So that's what we're gonna clear; cords.

Contracts, agreements, and then we'll do the actual karma. You can do this in a trance phase. Like I teach karma clearing or you can just do muscle testing. So both-- both are very effective. So just go ahead and pump here. So we're clearing ending the group karma and past life karma around really being lovable and being able to receive love. Being able to feel that you're lovable.

Margaret. Okay. "I have a feeling from a woman of my same career in my work space and I can feel an interference that feels like it is from her. But I don't have a right to exist or be loved or such. Do you see this as correct and is this karma type clearing on this person?" Absolutely, Margaret. You hit the nail on the head with her. So that's exactly right.

Wanna do some singing? That might make it go a little faster. The next step after this and by that way-- let's see. We've got the health and self love. So that would be our next step after this one, after karma clearing and then the next stop after that would be a meditation for love expansion in your core and those are very powerful. So we've got a few more steps. My intuition is saying maybe we should do some singing. So let's pull up one of our song books.

Okay, my dears. Let's see. "Anywhere I go people follow me and come into my energy field. This feels so not good and so annoying. I have heard all kinds of excuses but they don't care. They just want the energy that comes through. Anyway, suggestions. Best love." Yeah. You know, I've-- I don't have-- I don't have my aura out particularly when I'm out in public. This is can be a little bit of problem but my aura is pulled really tight in, so. What they're seeing is the quantum field but they're not getting into my field. So we're not-- I would recommend that you exercise pulling your aura into like 9 inches around your body. They only difficulty is if there's someone who is trying to catch your attention, they may not 'cause you haven't put your aura out to hear it, so.

Like I'm out hiking and I'm just happy and my aura isn't extended; my joy and my field is but not my aura. And I'll apparently walk past somebody who's told me twice I've walked past him and he's like, "Hey. Pay attention." And apparently I don't see him. I actually don't have any clue that that's happening but he said he shouted twice at me and I didn't see him.

So if you're aura's pulled in and you're in self reflection one with all the flowers and you're excited. I mean, I have this hobby of going into nature and taking pictures of flowers and I wanna get all the best images of each individual flower, so. I may take 50 pictures on a two hour hike and I'll get the best lighting and you know whatever. It's just fun for me and so I post them on Facebook, by the way. So, I'm pre-occupied with the flowers.

So, anyway, I recommend you pull your aura in and you practice your aura in. It's not about them, it's about you. It's about how you maintain in control of yourself, so. You want to be more loving with yourself and not making people wrong for what they're gonna do. People are gonna do what they're gonna do and they're not you know-you're the common denominator for people doing what they do; not them. So it's you who are designing how people are attracted to you.

And I had a girlfriend-- 'cause I went to happy hour. I've done it twice in a year. I've gone out with a girl friend to-- I have water and have the snacks whatever. She said, "You know, you have a really magnetic personality. People are really drawn to you." And I think that that can be attractive which is the energy of love but that doesn't cord people in or get people in your space. When people are attracted to the energy of love like you're just sitting there emanating love and you're happy and you're just being kind to people. That's very different than your aura being extended out and people being getting meshed with you, so.

And it sometimes the aura gets out because that's how you read people and you tell what's going on in the room and sometimes it was, you know, it made you feel good to have your aura out. You can be in charge of things but as you now look at people

invading your space and it being unpleasant, your space can be much closer to you and you can just do them a favor and let them not invade your space because you love yourself and you like that privacy.

To share, Myrna, Jennifer McClain, when she first interviewed me, she told me Marci, my girlfriend Marci Shimoff, she said, "I don't think Julie wants-- Julie Renee wants to do this interview." And Marci goes, "Oh no. I'm sure she does." And they call me on the phone and, "Do you wanna do this interview?" I'm like, "Oh yeah. Absolutely." But I don't invade the space. I don't like-- they don't feel me before I come on to the interview. I don't like send a lot of energy towards them.

And then Jennifer met me at the unstoppable gala down in Southern California and she was following me around and she goes, "Oh. I see what you're doing. Oh I see you're a very private high energy being and I see that your aura isn't extending and I see how you're managing being with large groups of people even though you're sensitive." And she followed me around for about 15 minutes. Jennifer McClain, love her. Sorting me out like figure out, "How do you do this?" Because in the past, I would always have trouble managing all the energy coming at me in a group and she was just like reading me. You just kind of following me around going, "Oh. I see this. Oh you're doing that. Oh. I understand. I've never seen anybody do that before."

So understand that I know that I design how people show up in my space and when it is unpleasant, it's because I am allowing them to get in and if I pull myself really tight in and emanate at love, I'm attracting to me people who are at the vibration of love, so. That-- maybe that's helpful. I hope so, Myrna. Okay.

"Do you have a sense that the bad things that have happened to me in the last 7 years are because of karma?" That's 50 percent true. So maybe a little bit of it. "I know I have been a good person in this life time." And that's, yeah, that's true. You have been. You know what, I would be very, very careful with your-- what you say. 'Cause we can override every bad astrology and bad numerology. You can kind of basically change your stars. If what you're really saying all the time is, "Thank you, God. For this wonderful life. Thank you, God, for everything good to me." And if you are talking about what bad has happened to you. I'm only telling you this 'cause you are absolutely right. You're a good person and you've had some bad things happen. That you want to be really careful on what you're putting in the field of amplification. So that's where the trouble gets started, so. Yeah.

I would do some big clean outs, Gail, on amplification. The class that really teaches about amplification is 100 percent clear. If you wanna learn more about it and you think like, "You know ,that'll be good." A 100 percent clear, it's part of the apprentice training across the board. Okay. Let's sing. Let's sing.

Oh. And the first song that shows up is The Stones. I know Penny's gonna be happy that she came to the call. Okay.

The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones. They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace. The Aver bury stones were laughing at me, Taunting me tempting me dancing with glee, Playful stones make love to me, In the circle of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones.

The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the Stonehenge-- basin stone. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. I touched my forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. Beautiful.

Are your-- Health issue's karmic and that's from Penny. Oh. I figured that out, Penny. I heard you think to me that you're a different Penny. I got that. Thank you. So you guys-you guys probably don't realize this but I can pretty much-- I'm conversing with you as spirit to spirit while we're doing the class and I realized, Penny, that you said to me, "No. I'm not the same Penny." and I'm like, "Oh, That's right." 'Cause Penny wouldn't have done the dots in her communication. The Penny from the immersion program. But I heard that so that's kind of funny.

Okay. And someone else was cut off for 20 minutes as well. I'm sorry to hear that. We do have the full replay and sometimes we sing to make the clearings go faster and so if you're new to our trainings, sometimes we'll do something just really light and energetic to get the movement going faster. So just pumping quietly is one thing and then singing will raise the vibrating to unconditional love so you know some of the people on the call are struggling a little with their energy being a little lower. That kind of levels the field upit up levels, so. A lot of times we'll do singing and or we'll do some Vedic mantras, so. We have both of them that I keep available and these songs are songs that's written, so. You might enjoy them. You might not. But in any case, in a longer class like a 2-hour

class or 7-hour class, you'll definitely get some singing because it elevates the energy. That's what we're doing.

"What kind of agreement could one have made that makes one feel unlovable?" Did you make an agreement to feel unlovable? No. Looks like an agreement to take on the burdens of and family responsibility and to carry the weight of unlovability for the family? That's what it looks like for me when I'm muscle testing. That's what I get for you, Linda. And Sue says, "Thank you." Okay. Good.

So we do give you all the directions on if you happen to drop off. So I'll spend a minute talking about that. Every single class we send you, please check your computer speed. But if you're on at that time where there are lots of people on, it can slow your computer speed down, so. You need a certain speed to get both the check box and the video working really well. So sometimes we have people come on and they say the screen is really fuzzy or really small can you get it in focus? And that's not us, that's your internet speed and sometimes the relationship with the browser and the Google Hangout tool.

So we have some other choices and I did this right from the beginning, we pay for 250 extra phone line. So we actually have phone lines for you that we pay for those lines and if you want the experience of watching on video, this is also running on YouTube. You can send request in the chat box and we can get you the link where it's also running on YouTube and it's uploading probably 4 minutes, 3 minutes after. It's not instant. So you're not-- this time delay is about 30 to 45 second from the time I'm speaking to the time you're responding to me. The YouTube video is more like-- I think it's more like 3 minutes behind. It's a little bit more behind.

But you know, we have option and if you're technology isn't supporting you a hundred percent then you can go to one of the other choices. But I don't want you to be frustrated with us because we have done every single thing we can to make this beautiful experience for you and to give you options if your technology isn't fast enough. So I just wanna make that clear.

The other thing is we do have— I did a training on the technology tune up training and is now available as a home study program. And I got from everyone who attended and a lot of men attend who work with technology a lot say it was first class I ever attended and that it was so helpful. Really got to the bottom of the problems with their technology and attending classes online. So please know that you can get to the bottom of things with your technology if your speed is fast enough. There's a class on that, too. So, I just want you to feel like you have all the resources to feel really happy and really well loved and supported as you're going through any program with us. Okay.

John, "What kind of agreements would cause a person to be rejected which could be a form of unlovable?" Well, rejected it comes from inside you because people have a right

to choose. I like spending time with you or I don't like spending time with you and that isn't rejection that is just them saying, "I like this or I don't like this." And so the rejection part is you internalizing it, like they rejected me. So, that's a program where it's not an agreement. You have in your mind turned love is not safe and people reject me. So that would be something that you would clear is love is safe and it is safe to love and I recognize the people who are good to spend time with. I can give you an example.

I've been dating and I've been you know kind of looking at changing my criteria for dating 'cause I'm adopting children and I have a fellow around me and I thought, "This is really interesting." He was an orphan. He's native American. He's all grown up. He's an older gentlemen. Nice gentlemen. Not old, old or anything like kind of my age group. And-- but he was in 38 foster homes and I thought, "It'd be interesting to spend time with him." But I told him right from the start, "You know. I'm not interested in you as a partner or boyfriend because I don't see that we have any future together."

And he didn't want children and there were just things where our lifestyle was very different but that we liked hiking and we liked the theatre and we liked-- you know there were things that we liked and we can see each other once a week and do something. And he got very funny and a little dark couple weeks ago and said some things that were just odd, you know.

And I thought, "You know, this is me not following my intuition and saying, "I should only spend time." and it's me learning but I should only spend time with people who are really fit for me. So I didn't feel particularly rejected by him when he said that he, on some level, found-- he didn't say on your level but he said-- like I made it clear that people who work for me, work for me and they're not my intimate confidants who are like a girl friend that I double date with. They definitely have been invited to parties in my house but there's a line that people who work for me, work for me.

And I love and appreciate them and they're in a great role and he was the mindset that everyone who works for you should be your closest friend. And I thought but then if you have 20 people work for you, you've got a lot of intimacy issues going on, right? Then potential betrayals and all kinds of crazy stuff, you know?

So it's really kind of refining, so. When he said what he said, instead of me feeling rejected, I thought, "Oh. That's really good to know." So I really shouldn't have or don't need to have that opening that I go up with somebody who's not appropriate for me because I think it'd be an interesting experience. But I didn't feel like it was a rejection 'cause inside me, I have a measure of who I am and what I contribute and how I love what I bring to the world and I think when you don't, then if someone says, "No. You're not for me." Then you might think, "Uh oh. They rejected me." Rather than, "Oh. They weren't really a good match."

One of the things that I've been doing-- let me see if I can find it quickly. I bet I can. I've-you're gonna all laugh. I hired a dating coach a few months ago and I've been just doing sessions every 3 weeks or so and doing like you know some internal looking. He's asking me questions. He's a man. And he asked a doctor and he's asking me questions that I wouldn't ask myself and he's kind of poking and prodding in places that I wouldn't look. So I'm finding it very helpful.

His philosophy, he does NLP programming— Is to be loved, you must be welcomed with joy, worthy, and nourished. So you must feel worthy and nourished around people. So whoever you're interacting with. So the people that you spend time with. Cherished and protected and empowered with choice and to add to that, I put they have to really care and listen, so. I'm not a big talker but when I talk, I really appreciate that people listen to me when I share something 'cause I feel like it's important, you know. If I'm sharing something, it's not just 'blah blah' it's something.

And you know I'm refining that. So you have to have a list. So it's welcome with joy, worthy and nourished, cherished and protected, empowered with choice. Oops. I'm gonna sneeze. So, look at who gets in your intimate space and people who are just saying, "No. I am-- I don't wanna spend time with you." That's not a rejection, that's just a person saying, "You're not a match for who I am." So, that's-- I think that's helpful, John. I think that it's inside you when you feel rejected. It's not them rejecting you. It's you saying they've rejected me. They may say, "I don't wanna spend time with you." Which, you know, people have a right to do and it doesn't mean that you're a bad person, it means that you're not a match for them in whatever way. Okay.

"Just wondering if I made a contract to keep my family together." On some level you did, Penny. It's about 30 percent true. Okay. Merla. Mryna rather, we aren't giving excuses. We're giving you all the choices and I just want you to know that we care about you and if your technology isn't working fast enough, we can't reach into your computer and fix it for you, so. Alright.

And Margaret, "Julie, may I ask I have cleared the woman from my work from the field with karma clearing 100 percent." You have. "And is there another interference from her as I assert my joy of expression and right to be?" I don't think so. And Nancy, "Can you tell me what the most important thing that I need to clear to get the most benefit?" Nancy, for you, I think it's the right, ability, and permission and you might make a longer list, you know, of all the things that you have been missing the right to in relationship to loving yourself. The right to love yourself. The right to be happy. The right to-- well you know, I got a list right here. Let me grab-- we did a longer list. Hang on a sec.

Okay. So the right to be happy, to have my own experience, to exist, to feel my feelings, to have pleasure, to have power, to be intelligent, to have a relationship at my level, to

create for myself, to create on multiple levels, to have a voice and be heard, to be seen, to be loved, cherished, nurtured, and supported, to be received, to be given to, to heal and be well, to learn for fun and be happy, to create my own wealth, to paint and create, to sing and dance, to belong, the right to belong, to have spiritual freedom, to speak and be heard, to be welcomed with joy, to express all my feelings, to learn because it's fun to learn and have the ability and full expression. Let's see. To be protected and safe in any space, and to be visible.

So those are some that my immersion students when they were here doing their 7-day retreat. Put together on a list. It's just-- it's not typed up, you guys, so. But in any case, maybe you took some out. They just wrote down their ideas on a piece of paper. Okay.

You're welcome, Margaret. Sharon, "We are in Mercury retrograde which is actually a good thing for us but also affects tech and computers." Definitely. Definitely. Okay. And, "Did we clear the punishment we have taken on for others?" Did we punishment we taken on for others. I don't know that we actually address that punishment we taken on for others. I don't think we're-- I don't that's been part of any of the clearings. I don't remember putting it in any of the clearings. You certainly can clear the punishment that you taken on for others. I think, are you asking about this in relationship to the karma clearing? That's probably what you're doing. Let's pull the slide back up and look at the slide. And it's very beneath the song book. So let me drop the song book and bring the -- and the chart. There's the slide. Now I can see it.

Okay. Let's take a look. Clearing problems. So have we done this completely? Yes. Good. Alright. Now, you may do more karma clearings but with what you've been working on is clear in the karma clearing and we're moving on to health and self love. So this is our next clearing; restoring the immune system while resetting the emotional brain and since I already introduce the slide, we're probably already well into this. Are we? We're about 40 percent into this clearing already, so.

Let's see. We've done the Lucifer stops, soul contracts, satanic curses, bloodline, and we're on the demonic curses. And then what I thought we do is do a little bit of reboot. We've still got about 15 minutes. So we do a reboot, a regeneration on the immune system. I think that would be a wonderful way to go out. So we're gonna clear health as it relates to self love next. Okay. That's okay, Marcia, because we're not done yet.

And it looks like everybody's about 80 percent clear on the 'I love myself.' So hang in there till the very end of the class. I think you're gonna be happy with the result but it just takes the time it takes. And then did we clear the punishment? Yes. The loss of love in my life from Sue.

Well, so what we did clear was your ability, permission, and right to love and be loved, so. I think that opens the door for you to be loved in your life, so. I understand that you've gone through a loss and sometimes we go for periods of time when we don't have a lot of love in our life. So then again, it is stemming from you know your extraordinary beautiful self. Oh. You're welcome, everyone.

While we're pumping for the health and self love, so we're clearing away this list, I'm just gonna pop down here quickly and do some little announcements, end of class announcements, 'cause we're gonna be busy regenerating when we get to the last part of the class, so.

We do have the apprentice online program coming up in the next week or so. Your year of miracles is up and running and fabulous and these are the spring and summer trainings. There is a diamond online immersion training in August and if you wanted to train with me in person and you wanted one of those few spots in my house, Carmel Valley, the diamond class is November 27th this year. So if you want to come to a live training with me in person and you wanted to sit in my living room and have a week with me in my living room learning all the diamond training that's when that happens.

The weekly class is a hundred percent you is coming up in a week or so. Quantum mind is in about 3 weeks. A hundred percent bliss and the happiness factor brilliant brain. 100 percent success, grow younger cell regeneration made easy., everyday magnetism, quantum emotional balance. Your light body ending addiction, hearing restored, quantum baby connection, freedom from spiritual parasites and pests and the advanced 4-hour class on the same topic. Earth day is Friday. Mother's day, healing the mother wound, these are free classes. Father's day, the good man clearing and the emotional freedom. All 3 classes coming up in the next couple of months. And then Your Year of Miracles, we're doing success in money. Actually ,we just did that. Chemistry balancing is in May. Regeneration on bladder, kidney, spleen, and gallbladder are in June. Okay. That's the sum total of my announcements. We go back to the clearing page.

So Myrna, we're clearing for restoring health and self love and-- So, and then we're gonna be working on-- if we have time, we'll be regenerating the immune system and resetting the emotional brain. So that's what we're working on now. so you're just pumping to clear. Doing the clearings that are listed right here on health and self love and then regeneration of the immune system would be the next step.

We're about 60 percent through on the clearings, folks, so. If you're wondering where we're at. You did great. You're doing really great. I think what I'm gonna do is while you guys are pumping on the clearing, I'm gonna start on the regeneration of the immune system for you. So we get a little headway in there 'cause we need a little bit of time to work on the thymus, bone marrow, spleen, lymph nodes and then also I'm amplifying for

some of you. There's many of you that are now testing at 'I love myself' and self love and few of you are have about 20 percent. 10 percent, 3 percent. So there's a few of you that are just about there but not quite.

And this Adriana's question confirming that she blocked herself when she was little 'cause she didn't like what she was seeing. Yeah. Definitely. Yes. yes. That's true that you did block yourself or put a stop on things 'cause you didn't like what you were seeing. And then we're talking about having hope, Adriana, and I think that's where you start having a new vision and some hope and you just get out of that kind of cycling slow trap. It's-- 'cause it's when you'd shut that off, you stand in atheist energy that things can't change or they can't transform.

Do I have a class on healing the adrenals? I do. And let me just double check on that. I think-- I'll just check and see which class it's in. One second here. Healing the adrenals is definitely in Your Year of Miracles. So you'll get it there.

Yeah. Your Year of Miracles is the place where healing the adrenals, and we literally grow back the adrenals. By the way, if you come in to the diamond class there is room. We do typically the digestion. We do regeneration for a day and a half. So if adrenals is one of the things, which has been in some of the past diamonds. We have to do also in the diamond program. So Your Year of Miracles and the diamond program was where we do adrenal regeneration. Good question.

Margaret, the connection between the immune system and emotions. The emotion system is really either their functioning or not function 'cause of the state of your emotions, so. The emotional brain really directs how well you're gonna be able to love, nurture, self soothe, and protect yourself which then sets the tone for how well the immune system is going to be running, so. The feeling of hope, of love, of expansion, of heart opening those are the places where you'll expand in your health and in yourself loving and your health—I mean your immune system gets stronger.

Marcia ,"Yay. I test myself at self love." You're welcome. It's so funny, honey. You know, every person on the call— I would say a hundred percent of the people when they start working with me, they test as they don't love them self. Even though they think they love them self, they test as a no. And what we're specifically working on self love, it does happen. The transformation does happen and people come up the first time in their life being able to say, "I love myself." And it resonates as true a hundred percent with their bodies. So that's pretty exciting. That's really great.

Debby, "Blessings. Happy birthday, Julie. Lots of healthy love to you always. I'm 48 and yet I experience a lot of rejection and nonviolent bullying, i.e. taunting, sabotage at work, with family, and play. My personality doesn't seem to be up to snuff or so maybe. What's up with that?" It's probably in your field. Let's see. It's in your body and in the

field of amplification. So amplification is the law of attraction. It's 4 lifetimes ago that this got set up. So you've been struggling with this for 4 lifetimes, Deb. I would clear the field of amplification of exactly that. You know, the right, the ability and permission to be cherished, well received, and loved in your community all the way around.

And I had the most interesting thing. I've been doing some coaching around who to let in my space and you know the dating coaching and all of that stuff and really looking at a very dysfunctional family and a mom who can't say I love you and who kind of wrecks havoc in my emotional space. Like I love her 99 percent and she loves me 7 percent. So I was one of those not wanted, you know, humans. And I just step back. I give them a really beautiful experience. They came and spend time with me in February but they misbehaved. My mother especially misbehaved and she behaved more than she usually does but she still misbehaved and I thought, "You know, I can't have that around my children coming in." The new babies that I'm adopting.

So I'm gonna distance myself. And so I'm done couple months without any phone calls. Got a call from the hospital today and my mom's just had surgery and she's up and she was all animated and telling me everything and I swear to you. I promise you. My mother has never said I love you. Ever. Ever said I love you. Never. She'll respond sometimes but she's never offered I love you.

And at the end of the call she said, "I love you." Where did that come from. But you know what I notice is I'm just pull back, I'm not gonna be unkind. I'm not gonna have any energy they're wrong or blaming or anything. I'm just gonna pull back and I'll respond if they call me or if they reach out to me. I'll respond but I won't initiate anything and I'm certainly not going out of my way. And It does seem like when you really remove your energy from the space of people who can't show up good for you, it does seem to help quite a bit.

And the bullying thing, I would be very, very careful about where your aura is and putting validation in their space like, "Oh. You do that nicely." or just really keep it in a space of no thoughts going toward them 'cause you can amplify by thinking there's this going on and this going and you can amplify it by telling stories about this going on, too. And what you wanna do is get out of the cycle.

And what it might take is you know withdrawing some. Maybe even finding a new position or a new job or whatever but really creating some insulation around you while you're clearing your field. And then everyday for 90 days, I'm still grateful for all the love the universe is bringing me and that's all you talk about and you don't talk about the what happened to you 'cause I think that-- or storytelling about how people didn't behave the right way, really does not help anything. It actually attracts more of it.

I've just really looking at that for myself, too. It's like, "What--" You know, I-- we are powerful. We are very, very powerful and what we say turns into something, so. Understand that if you're just reflecting and repeating history; what's happened in history, you're putting that into your field of law of attraction field. Okay. And let's see. There's more comments. Okay.

Thank you so much. Yeah. My voice-- from Nancy was talking about my voice. I trained healing with sound in India so I learned from the priest. I sat in an altar temple for months learning how to use my voice in a way that would transform reality, so. Thank you. I feel like that's a strong point. Oh.

Let's see. Mila, "Wonderful class." Yay. "I test now too at self love. Yay." Yeah. Everyone should be testing at self love now. Sharon, "Happy birthday, Julie Renee. Wonderful class. Thank you. Love and blessings." You're welcome. Yay. That's Sharon. And Marcia, "May I-- maybe it was the drugs for your mom." I don't know. I was like, "What's happening." Maybe so. Penny, "Great class. Happy birthday celebration." Thank you, Penny. Margaret, "Like Deb, I have struggled with my life with bullying. Wondering if that is also past life." Let's check on that. Yeah. Both 4 and 5 past lifetimes ago, you had that. So I would keep working on clearing past life stuff and then clearing your field, your field of amplification and your auric field 'cause it's attracting it.

Remember that we're the ones that are creating our reality. It's not people creating it for us. We're the only common denominator between all those people who don't know each other and are different heirs and different locations, so. If it's happening over, and over again to you, it's in what you're emanating out and magnetizing to you. So you wanna clear what that is. 100 percent clear would be a great class for some of you. That's gonna really teach how to work with the different clearing techniques. The emotional clearing would be great. The birth trauma clearing would be a great class, so. There's probably more to do. But you've done some great work today.

We've done some great work together. I love you and appreciate you. Let me just check and see where we're at with this clearing on the health and self love. So we're a hundred percent through the clearings. We are at the end of the class. If you'd like to stay on and pump. Well, there's some videos to watch of upcoming classes for May. You're welcome to stay on and pump. It's gonna take about 12 minutes to do that restoration of the immune system. So let's pump together for about 12 minutes. Watch videos if you want to and I will also answer any last questions that have come in the chat box that I missed. I love you. God bless you. Have an amazing day and we'll see you really soon. Buh-bye for now.