

100% Bliss Part 1

Good morning, good afternoon, good evening. Welcome to 100 percent bliss. We're gonna have a magical month together and really good into much deeper levels of the experience of happiness and joy and full self expression in this class. Today, we're gonna be doing a couple of powerful clearings to really open up to joy, to happiness, to bliss. Clearing some of the family stuff that's maybe held you back. Your rights, your ability, the really permission to be happy, to be joyful, to experience bliss, so. I welcome you to this call. It's an intimate call. You're about 30 students on the call, so we'll be able to answer all the questions that has come up.

Nice to see you, Janice, and Sharon ,and Pamela. So, welcome to the call. And let me see. We're just gonna get started here. Hang on one second. And we'll start our screen share. There we go. Alright. 100 percent bliss.

And today's class on bliss training 1, we're gonna be looking at what holds you back from feeling the deep lasting joy you so deserve to feel. In this training, our clearings focus on influence of family from bloodline, group mind, negative control. Influences through family soul and DNA. We'll be removing blocks from all areas with the goal of achieving a higher vibration of both pleasure and joy consistently.

And this morning, we're gonna do an American blessing. Sounds a little bit like an Irish blessing and we'll sing in 3 time through. So I'll sing it once and then we'll sing it together 3 times. So, actually I'll sing it 4 times. So it goes like this. May the long time sun shine upon you, all love surround you, May the pure light within you, guide your way home. So, now we'll do it 3 times through as a group.

May the long time sun shine upon you, all love surround you, May the pure light within you, guide your way home. May the long time sun shine upon you, all love surround you, May the pure light within you, guide your way home. May the long time sun shine upon you, all love surround you, May the pure light within you, guide your way home. Guide your way out.

Alright and also welcome to Cindy, Kathleen, Darshawn, Karen, and Serena. Wonderful. Wonderful to have you on the call. Welcome, welcome. So, we'll quickly go over the quantum pump and muscle testing as we do now in every session. Oh. It's dark in here. There we go.

So, quantum pump is your elbow at your side and your hand pumping. This is the quantum pump and it's not this. This is kind of exaggerated. So it's not that squeezing thing, it's just a gentle reflect. You can see elbow at the side and hand pumping. There we go. And double pump looks like this and you can also have your feet going and that's kind of like that. It's just flapping with the ankle.

So you can have-- you can do a double pump. You can do both double pump. I pump with the right hand that's the outer assertive hand. Can use the left hand also. So whatever is best for you. Right hand tends to be a little stronger but do what makes sense for you and if you get tired, you're welcome to pump with your feet for awhile. So that is the quantum pump.

Muscle testing is just right hand. There are different ways to do muscle test by the way. This is the one that I teach but if you have way that works for you, use it. Right hand ring finger, keep it very stiff, very firm. Press down with the pointer from the left finger. If you're saying something that's true, it'll hold. If you're saying something that is not true, a lie, it will drop. So, not true is what we get, so. I'm Julie Renee holds. I'm Bozo the Clown does not hold.

Kinesiology was defined by a chiropractor in 1976. It has been around forever. The reason it works is that your muscles actually know what's true or not true. So your muscles become weak. So you wanna keep your muscle really firm when you're pressing. And then the reason that the quantum pump works, what we're doing with the quantum pump is there 2 kinds of physics: there's the Newtonian physics which is like gravity falling, the apple falling from the tree; and then there's quantum physics. Both defined in 1915. Quantum physics says that we're all part of a field of particles vibrating. So we're actually made of those particles vibrating.

Based on how particles are vibrating, you get a Julie Renee, we get a bouquet of flowers, you get the globe there-- there we go. And so what we're doing is we're thinking a thought to re-arrange something and then we're pumping. This hand pump actually activates the higher frequencies of quantum field. There are lower frequencies in the field that are pretty stagnant and don't move and there are higher frequencies and we get in to like the pleasure field where we can actually shift reality and the quantum pleasure field for those of you who have a background in maybe Indian tradition, East Indian tradition, the Shiva Shakti energy, the ability to create and to destroy, that's what the quantum field allows us to do,

Oh. Lots more people sign in. Good morning. Okay, so. Let's see. Maggie, and Yeshwant, and Sharon ,and Nadia. Hi, nice to see all of you. Welcome. Okay. So, we've got our pump and our muscle testing defined and let's see. The first thing we're gonna do is we're gonna clear on the right, ability and permission to higher levels of joy and happiness.

So we'll be clearing the family programs. I'd like everybody to start pumping right now. Were these is-- this is the list of things that we're gonna be clearing. Family programs from: bloodline, soul contract, family soul, demonic curses ,satanic curses, evil spirit

curses, group mind, group mind virus, curses, black magic, cycles, trauma, clan, DNA, karma, emotions, shared family emotion, ghosts and evil spirits.

So these are the things that we're gonna be clearing now and we're gonna do a clearing on this rights. So the right, ability and permission to have experience ongoingly higher levels of joy and happiness. And a lot of times, I'm sure all of you realize that your family has a set point and it'll come in and affect you and really maybe hold you down or suppress you or keep you. Hold you back from really experiencing the joy, the happiness, the real ecstasy that you're meant to experience in your body.

And hi, Mila. I see you there. So we're just pumping. We're gonna do this for maybe about 7 minutes. Maybe a little bit longer but let's see just go for it. Let's just clear as much as we can on the right, ability and permission to higher levels of joy and happiness.

Very good. And while we're doing that, I actually-- I put the Tryumbicum mantra because I know so many of you love the Tryumbicum mantra. So why don't we chant the Tryumbicum mantra couple of times. Maybe 10 times through and as we chant the mantra, just understand that when we're chanting, whatever we're chanting, we're moving energy faster. We're getting into a higher frequency. So this is gonna help a lot with moving things into a higher frequency and then making that shift. [Sings in Sanskrit from 00:09:47 to 00:12:43].

That felt wonderful, didn't it? Okay. So we are clearing on the permission, ability, and right to have consistent joy and happiness and got a question from Darshawn. "How would I differentiate love and joy?" And they're really different, aren't they? I mean love is a feeling towards something or a feeling of it's-- you know, I haven't done-- I've never defined it. So it's question, Darshawn. But I think when you think about joy, it's an internal experience and when we think about love, it's almost like an expression of appreciation. Could be love for yourself but there's almost like love is active; where joy is more present. It's like the present state. But when you experience a great deal of love, you're, of course, experiencing joy, so. They go hand and hand that way.

And I was thinking about that when we're talking about and we've been, you know, the topic or the name of the class is bliss and bliss gets to be a state of being and happiness is an emotion and a feeling. So you have the bliss which is the state and you have the emotion which is happiness, so. We're working with a couple different-- actually kind of frequencies and each level higher gets you to a different frequency. So you have the emotion and the state of being.

So let's see where we're at. I think we're probably moving through. I wanna do a blueprint activation too today, so. Let's see where we're going with that. Okay. We're gonna go back to our clearing and there we go. Let's see. We're about 50 percent

through. So we have a little bit more pumping to do on this. 50 percent through. Let's see. We've pumping for 7 or 8 minutes. Good. You're welcome, Darshawn.

Are you all feeling blissed out and excited today. I bet you are. We got a lot of good mornings and happiness energy on the call. It'll just gonna be a wonderful, wonderful month together bringing lots of joy and lots of happiness and really grounded centered joy and happiness. So that we get into that state of bliss.

Okay. I see some more comments. "I have been listening to the Tryumbicum mantra at least an hour each day and so today I could chant with you without stumbling over the sounds and words." Hallelujah. Yay, Janice. And Yeshwant, "I need to be joyful internally which I'm only after euphoria through alcohol or other external things." Oh okay. And yeah. So that's a whole different experience. That's actually, you know, getting out of yourself and what we're doing is we're going in and we're clearing the darkness that holds the, you know-- we're clearing away the things that aren't you. Because truth be told, anything that our natural state-- I'm going back on the screen.

Our natural state-- our natural state is joy. Our natural state is love. Our natural state is contentment and happiness and peace. And anything that lowers that is not our natural state. It's not natural to grieve, be angry, be bitter. It's part of our human experience and we have you know wired in to us the old primitive brain of fear and dominate-- whatever those other feelings are. But who we are as a being is love, joy, happiness, contentment, peace, that's who we are. And anything that interferes with that or isn't aligned with that is not truly us.

And so then you can go into your field and you can see what programs are running like we just are working on the right, ability, and permission and then I identified all the things in that area, right, ability, and permission to experience joy and happiness on an ongoing basis. So you know we have the power to shift and to change and to live in joy and happiness.

"I've done one lock times chanting of this mantra." Okay. Darshawn, "I am happy to be in bliss. I'm going through stuff around friendships and my happiness depends on others. Actually want to be able to bubble with it without outside things affecting me." Wow. I really know that, so. Exactly. I know I had said that I was gonna, first of all, unplug from drama and that was maybe 15 years ago. That I had been in the drama cycle and all of my friendships were based on, you know, supporting each other through catastrophe.

And I said, "I just know I just wanna talk about what changes the world and makes the world better." What we're happy about. What we're in love with. What we're appreciate of. How we wanna change the world. How we can do it together. And so I changed with

how my conversations were going. That was like a first step for me on you know really me being the designer of what were showing up around me.

But I think one of the things that you're talking about too Darshawn is when you have that. When you're the source the happiness. When you're the source of joy. It doesn't matter what your friends are doing. It comes from inner resources. That you've loved yourself, you've given to yourself, you've really fueled your emotional tanks, your love tanks, your validation tanks. You've said to yourself when you look in the mirror, "I love and appreciate you. You are amazing. You are wonderful.", so. Oh. And there comes Heather. Good morning. Yay.

So understand that this love that you're looking for you, joy that you're looking for, contentment, happiness that you're looking for; it comes from you. Be glad for yourself first. And sometimes it takes some courage like if you're having some friends that aren't being loving with you or are excluding you somehow. You know, taking a step back and looking at what are the programs in my field that allow that to happen. So sometimes we have stuff in our field that isn't stuff we put there.

This may be stuff our family put there or maybe stuff from a past life and we do have some stuff we'll be working on. We've got 3 different clearings today. But you can look at, you can muscle test and look for you know what is the source of this where I am not feeling happy because somebody behaved in a way that I'm not thrilled with.

So, in your case-- so what it feels like if you're rejected or if you're told that you were-- there's something where you're being rejected. That's what I see and so you know there's something in your field that allows that to impact you 'cause I can be rejected and not impacted like somebody say, "Oh I don't like that." or you know, "You're wrong about that." And it doesn't impact me because I know in my own being that I'm doing the very best I can and that I love myself and that's the most important thing.

I help a lot of people and I can't be affected by one negative person. One negative person and they're pretty infectious, right? And you just wanna really have that shield up that says, "Well, I get it." But you have to love yourself from the inside so that it doesn't impact you when it does come to you. Okay.

"That's true. I get resentments coming up." Okay. Alright. And with resentment, there's always the resentment that goes hand in hand with jealousy. And so you wanna kind of look at is there's something in your field either attracting people being jealous of you or your being jealous of others. So something in your field where you're resentful of them or they're resentful of you and you wanna clear that from your field. And you know sometimes it's -- sometimes our friendships need upgrading whether they can move up or we can gently, not abruptly, move them out but gently start spending less time with them and spend time with people who are in the higher frequency.

You know, so maybe, joining a club or going to meditation group or you know I'm not sure where you would plug in. I know for me I've been looking at 'cause I've been here a year and I've made some friends but they're not in the right frequency and so they end up not showing up when I invite them or cancelling on a dinner or not coming to a party or whatever. And I thought, You know what, I've made friends by the traditional ways you can make friends like going to church and meeting with friends of friends and things like that. And I thought, well I need to be-- I need to put myself where people who love what I love are, so.

So I've joined like Monterey Bay Aquarium which people who love science and love-- they're really activist. So they love the sea and the creatures of the sea. I've joined the Carmel valley-- let's see. It's called CVAC. So Carmel Valley Activities Recreation. I don't know. It's like the old tennis club that's now been converted and it's got pools and dance-- let's see. Evening events like members evening. Social events. It's got all 96 exercises classes a week. It's outdoor/indoor with the refuge and tents, pools, mineral pools and paths and steam rooms and all that stuff, so. And then I joined PacRep which is all the children's stuff. So children's theatre and that kind of thing.

So, I've been putting myself. I've been joining things where I'm gonna meet people in hopefully the right frequency. People who value the same things that I value and you might you know start thinking about it in terms of where would people be who really are on the right frequency. So you've got the friends you've got and then you wanna also have the friends who might be of a higher frequency and so I just encourage you to love the ones you're with but if the ones you're with are bring you down, they have a negative vibe most of the time or they can be kind of a bummer. You wanna have them less of them in your life.

Meggy, "I feel negative energy of other people. How do I handle that?" You'll feel it because something is in your field that allows it to magnetize to you. But I think one of-- 'cause you can also feel the joy and the frequency and appreciation and happiness and it might be partly people you're around like I was talking about. But it also might be what you're sourcing from yourself 'cause I can be somewhere and if I really do pick up a lot of negativity, I actually just leave because it's not the frequency that I wanna be in. I wanna be in a frequency that's joyous and happy, so. Yeah.

Let's just check and then we'll keep answering questions. I'm happy to have the questions coming in but let's check where we are with this clearing. I think we might be close. Let's see. 83 percent clear on this. So we'll just keep pumping. Everybody keep pumping.

"I feel I need tribe so it's if-- so it great what you say." Oh good, Darshawn. Very happy to hear that. I also-- like I have lovely people in my life but one of my girl friends who I

do things with, she's like goes to happy hour and she loves it and she goes to happy hour a couple times a week and I've gone twice with her in the year but I don't drink, so. It's sitting with people who all have different values than I do. You know, if we go to happy hour and I sit and everybody's happy but they're happy because they've had you know knocked down 4 drinks in 2 hours and suddenly I don't know.

So, I was like, "You know what? She's a lovely lady but I need to have people who share my values." So it's a journey. You know, life continues to be a journey. I think the thing that has been really lovely for me is to, as I clear permission, right and ability which I've done in many areas now and then also work on my emotional field. By the way, we have a class on emotions coming up which is gonna be spectacular. Unbelievable, so.

I notice that I go from that traumatized kind of isolated individual to-- I don't know. I mean I've been working on it for years but it's just is so amazing how I'm being able to respond in a completely different way as I make these shifts. So, living with having the right to love and be around the people who you wanna be around. Having the ability to follow through. Having permission to have joy and happiness but you can also have permission to have higher vibration, higher frequency friends.

And if I test for you guys if you have permission, the right, and ability to have higher friends. Oh my god. It's only coming in at 3 percent. So you guys don't have the right, ability and permission to have higher frequency friends, isn't that interesting? So maybe that's one of the clearings that'll be homework this week is to pump for that. I'll create a little chart for you guys and send it out to you with the homework, so. You'll have something to do. Let me make a note of that. And I'll give you the what to clear and how many hours.

Oh I see. Janet's going, "What about outbreak creating spouses?" Yeah. You might need to. You know there's a lot of clearing if you decide to shift and the so interesting thing is sometimes when we shift our self and remove all of the negatives from our self, our spouses become much friendly, so. Yeah. That'll be an interesting journey to see you know when you remove all of the kind of dark things from your field and all the family programming and that. You might actually have a much friendlier spouse.

But if your job keeps you surrounded daily with very low frequencies like addictions. What's your job, Janice. Are you working as an addiction counselor? Or are you in a-- are you a bartender? Let me know what your job is. I'd love to know 'cause then I can answer it with a little better you know knowledge here. Go the right direction for you.

So on the level of what I work with women and I use to-- this is how I transitioned into what I'm doing now. Many years ago, I was a massage therapist and I did massage for 17 years. That's how I injured couple of my fingers because I did deep tissue and sports

massage on big men for years and years and years and I damaged 3 of my joints. So I have crooked fingers. But I transitioned and how I did 4 years of the intuitive counseling and Jedaic healing. So I used Jedit stones on people. So this is years ago.

But how we transition them into happiness and they were all women at late 30s and early 40s who had children and it's so funny. A hairdresser got my name she started-- I helped her get through her transition. She divorced her husband and married another fellow. But when completely step by step didn't do you know at all kind of-- she did consciously. And then she recommended and other people became attracted to this process which is you work on yourself for 3 to 6 months. You stay with the partner you're with and you practice validating them. You say, "Honey, you're my hero. I really appreciate when you take the garbage out." And you don't talk negative to them but your time is spent on healing yourself.

So you have regular weekly massage. You go to club. You get into the right weight that you wanna be. The right look. The right hair color. The right, you know, have a makeover. I mean they do makeovers for free at the department stores, so. You really are focused on. You meditate daily. You're focused on nurturing yourself and bringing balance into your life.

You know what I'm gonna send you guys my balance book too and the charts, so that you can work on that. Finding balance, so. I'll send that to you and the homework today, too. It's called, "Balance your life now." And so wonderful. I'm just really-- how do you balance your life and how do you-- because when you have your life balance really completely. You know, filled out to like 90 percent in each area, you're happy, you are.

I mean I've watched people who they have 2 or 3 areas that were completely ignored in their life and when they brought balance they couldn't believe how happy they were. That it just like change so dramatically for them. So I'll send you that also today and the homework. It'll be another bonus. Okay. More support materials. We can always use that right? Right.

"I work with healing people who have been ritually and sexually abused and other addictions." Oh, Janice. Okay. So your job is you're really sacred healer and you bring a sacredness to your work and I'm just gonna say that at some point you might say, "I've done that and I wanna be move to the next different thing." And then gently move into something that's not so traumatic. When I first started as a healer, I work with sexually abused women and I worked with men in recovery. I mean it was really-- those were the two areas that everybody in recovery from either sexual abuse or alcoholism, drugs.

And they're relatively quickly at. I, maybe 3 years later, I'm like, "Wow. I'm interested in herbal medicine. I'm interesting in flower essences and I shifted the clientele." So that I was working with construction workers and which is generally women and then I

upgraded again and I started working a lot with pregnancy which is really joyful. And then from there I was doing you know sacred Jedeite hot stone massage and from there I shifted it up when I had my revelation in the garden and I started really just doing this sacred work. So last 8 years I've been doing the quantum activations.

But sometimes we're in either a relationship or in a group or peer group or we're you know in a job that maybe we do need to shift and maybe we have done what we needed to do and that it's not our job to stay in a difficult frequency indefinitely. And I think when you look at how your life shows up for you. It can go on and -- oops. [Inaudible 00:36:32] that up. It can go on and on if you stay in where people are reporting all the trauma and all the difficulty and you're sitting in it. You're marinating in it.

You may have difficulty being in joy because you're marinating everyday in people's pain and so. But you know one of the things that really helps is to meditate and really clear your energy before and after you work with people like that. And I honor you for the work you've done and it's an amazing journey. I just wouldn't recommend it for a lifetime. Okay.

And Sabina, "The best way to not get thrown out of good vibes by my own thoughts and fears." I think that you have thoughts and fears. I think that they come up because that's-- that actually is a function of the brain. It's the survival brain. But I think that as soon as the thoughts and fears come up, if you can self-soothe and tell yourself that you're safe you know so that you become more responsive to yourself. I think that that's gonna help tremendously, so.

Self-soothing. I'm safe and you find evidence that your safe and everybody loves me or I love myself or you know whatever it is that you teach you back into this is okay. I'm in a good place. That's gonna be good. Okay. Let me just-- Janice, I see you. I'm gonna answer but I want to just check where we're at with this clearing so we can move to the next one. I think we're-- yeah. Okay. So can move to the next clearing and the next clearing is on removing blocks and programs to experiencing consistent and lasting joy.

Amplification. We have soul contracts, evil spirit curses, bloodline, alien type 3 and 8, holographic inserts, implants, mechanisms, evil spirits. And then in perception we have: group mind, black magic, curses, trauma, cycles, contracts and DNA. So let's go ahead and keep clearing. We're just keeping pumping and we're clearing removing blocks and programs to experiencing consistent and lasting joy.

Right, Janice. So, I'm just recommending that maybe gently over a year you can make a vision of another group of people to work with because it feels like marinating in their pain 'cause you're in it all the time, so. I would look at that. And then someone else can

take over that role because it is a sacred role but it's not a role that you should play for a lifetime.

And Jen, "Do you call on archangels to soothe?" I don't. But if those are your higher guides that you'd like to call on, you can. I think that ultimately the deepest healing is when you can self soothe. When you can do it yourself. When you can say, "I'm okay. I'm safe. I'm loved." And so that's where you really wanna end up. And Sebi, "Thanks. I appreciate your ideas." Wonderful. Good. Okay.

So I want you to pump for this and we're only having 20 minutes left and I'm gonna need some time to do this process. So I'm gonna in to the blueprint and it's gonna make an improvement, a correction, on joy and happiness which is currently repressed in the human blueprint, so. Let's see. We should do that? I'm gonna do that. I guess we'll do that at 9:45. So let's all pump together for awhile on this process. I'm just seeing when the timing is gonna be just perfect. So 9:45, we'll-- I'll go into the blueprint to work on that activation.

Oh. You're welcome, Melissa. This is gonna be great. I think all of us are gonna have. I'm excited myself. I've been feeling really excited about this class for the last week. Like, "Oh. I'm gonna have a whole week--" or a whole month rather to work on bliss. "Dear Julie, can we depend upon your pumping and clearing for me or have to do it myself also?" Yeshwant, during that call, I'm pumping for everybody. But I would love to have all of you pumping 'cause as you pump with me, your pumping skills get much stronger and so they go faster.

Janice, "Oh. I cried when you said I was a sacred worker. Maybe I have done my time and it's someone else's turn. I felt like I was destined to heal all of them I guess because of my own background. Thank you so much." Oh you're welcome, Janice. And absolutely it's-- you know it's funny because I did that work maybe not on the depth that you have but then I did about 18 months where I worked with people who were passing over and they would come to me and they were terminally ill and I wouldn't heal them. I would sing to them, I would massage them but they were already in their death patterns. It wasn't they were coming to me to pull through, they would coming to help them die.

And I think I helped 9 people die in 18 months and it was really good. I learned so much and then I felt like I have done enough and then I did 4 years of high risk pregnancy and the healthy pregnant women were easy to work with. The high risk women who I helped get through their pregnancies and sometimes mothers of twins, and triplets or there was something medically wrong with the baby or the mother those were all kind of life and death things. And the going in the hospital and staying for 14 hours and you know helping 140 women in 4 years. It was huge and I felt like I had to graduate from that too.

So I did the death stuff and I did the life stuff and I did the trauma stuff you know where I work with the women in recovery from sexual abuse. Not ritual abuse but sexual abuse and the alcohol abuse or addiction. And those were like levels of I could move into levels that I was interested in and finally I'm in this really high frequencies where we're actually able to affect change in very powerful ways and I think that that's just a natural for you. I really think that it's the natural thing to step up to the next level for you.

Okay. Okay. Good. Alright. Let's see. And we're at 44, so one more minute and then I'm gonna go into the blueprint. We're gonna do a shift in the blueprint on happiness and joy which is currently being repressed by alien type 3. I'm gonna change hopefully I have enough time. I'll change 4 things in the blueprint to improve happiness and joy for all of humanity and especially for the people on the call but it'll affect everyone because I'm doing the big blueprint and shift.

Darshawn, "I'm a twin and our bliss patterns-- is our bliss pattern intertwined? And can we separate them?" I don't think it is intertwined and you can separate it even more if you want to. Do the karma clearing and clear cords, contracts, agreements, control energy, shared energy. That would help a lot, so. Okay.

So we're gonna go into the next thing. What I'd like you to do is-- we'll come back to this 'cause we're about 70 percent clear on that but I need to have some time in the blueprint. I'd love for you guys to just pump to support the process. I'm gonna go in and shift a couple of things and then I'll come back out. I'm gonna put on the screen what we're doing, so. You'll see an image of the process that we're doing and I'm just gonna go in and make that correction and I won't be talking for a couple of minutes, so. Just go ahead and pump. Hold the space. Hold the energy for this process.

Okay. I am back. Okay. Let's see. Here we go. So I did the 100 percent on that. So that's cleared. Did you guys feel something shifting. I hope so. Let's see. Ah. It's interesting to get in there. I've been-- I had tested that there were more than a hundred downgrades that had been done by mostly archons on the blueprint and that over the coming year, we'll be able to go in in classes. You guys would support the-- me going into the blueprint and we would upgrade the blueprint in so many ways. Would there be happiness and joy and contentment. The body would function better so. It's really exciting for me to have the opportunity with you to have you hold the space for me so I can go in and we have a group that's holding the shifting. So that's wonderful. Fantastic. Really happy.

Okay. There was a question that came in. Wonderful, Nila. I'm glad you felt it. And Janice, "Can we pump for a specific business organization's bliss, too?" You can now but we're really-- it's really good to work on your stuff and then when you work on your stuff then the next level would be working on your karma and your relationship with the

business and then you could pump for the business if you own the business. I wouldn't necessarily because who owns the business has set the business the way they want it. So pumping for a business may interfere with what they set the business to do. So I wouldn't pump for the business but you could do relationship with the business so you and the relationship with the business and your karma with the business. Okay.

Jen, amplification and perception are part of the human blueprint. We go through really in depth in the 100 percent you class which is going on right now. So that's what that class is all about. It's about defining things. But very simply in the blueprint is perception, essence, matter, energy, and realms. Perception are thoughts. Matter-- Essence is like spirit, soul, life force, high self. Body, matter is body. All things physical. And then energy, chakras.

Sorry. I'm not quite back from the blueprint thing. The chakras, the aura so that's the energy. And then the supporting realms are the realm of genesis, embodiment, quantum and amplification. Amplification's like the law of attraction field and so there are things in the amplification field including spiritual parasites and pests, so. Spiritual interferences going to the law of attraction field and perception are the thought forms which inform us.

When we clear things from perception and amplification, they're in the negatives. But understand that there's a much bigger field of you know the perception which is part of the blueprint and amplification that has many positive things in it. So I've just listed the negatives. But that's a very simple explanation. I go into a lot of detail in the 100 percent you book and also the 100 percent you class; it's going on right now which is very modestly priced. It's you know, if you wanna get in, it's a hundred bucks and it's facts, so. Okay. So I hope that's just a brief-- and so that's where we're clearing. We're clearing where the programs show up that's what we're clearing.

Okay. Okay. So Meggie said, "Very powerful." Sharon says, "Thank you." Melissa, "If you can't feel the energy, does that mean it didn't work for me?" Oh absolutely not. Some people are sensitive to the energies and some people are clairvoyant and some people aren't sensitive. It works for everybody. And Victoria says, "Thank you." HI, Victoria. And Heather, "My body danced the whole time with happiness." Yay. Sharon said, "Thank you. I feel a sense of expansion. Yes. Thank you so much." And Nadia, "Thank you so much." And Janet, and Darshawn. So Sharon. Fantastic, everybody.

Alright. Let's pop back. Let's see where we're at. We had-- Victoria, "Curious; what do the anchors look like." Let's do that in the anchors class. We're gonna have a class on anchors coming up. There's one in July and there's one in October, November, so. Let me look at that a little more closely at that point. That would be helpful.

Okay. We're 85 percent on this one. And Cindy says, "Thank you. Amazing." You're welcome. So we're 85 percent on this one. So we have a little bit on clearing left on this; removing the blocks and programs to experiencing consistent and lasting joy. Let's see. Can we get it done if you guys stay on? Oh yeah. So it looks like we have 13 more minutes of pumping and this'll be cleared, which is perfect. You get to watch the videos and pump with me. So that's perfect. We'll get through this.

And then I will send some homework. The permission, right and ability to have higher frequency friends and I'm gonna send you the balance your life now book and the worksheets that go with that. So you'll have some extra little things to work on this week. Yeah. That should be good. And then just reminder before the class is completed, the online apprentice program-- actually, can take the coming soon off, it's here. So it starts in June. So if you're interested in that. Your Year of Miracles is also up and running and amazing. Here are the spring and summer trainings.

The 100 percent you is going on right now. Quantum mind, the 4 pillars of human mastery is in couple of weeks. 100 percent bliss is the class you're in right now. Brilliant brain, we're doing brain regeneration in a group, 5-part series. Cell regeneration, we're doing a 4-part series. Lots and lots of stuff. We have a free mother's day healing. Healing the mother's wound. That's one Saturday this week and lots and lots of good stuff.

So there we go. We're just completing. We're just coming to the end here, my dears. So I honor you, I love you, I cherish you. We're gonna have a blissful month. I'll be sending you the homework and we'll see you very soon. Hopefully on the mother's day call on Saturdays. It's Thursday, so the next tomorrow. So please sign up. I think it's 9 to 10 Saturday morning. It's free and healing the mother wound, so. That will really even make it this program even that much better. Alright.

And Genesis, "Thank you for working on the blueprint and upgrading it. I never realized that happiness, joy could be repressed and not have permission to have them in your life. Great class." Yay. And Kathleen, "Thank you." Yes. Okay. Very good. Alright, you guys. I will see you soon. Love you. Bye.