

Healing the Thymus Gland

- With Gold Energy, pump the percentage up to one hundred percent. Clear other colors simply by pumping in Gold Energy
- Once you have completed the color and percentage of healing, using kinesiology, ask if the healing is complete or if Cellular Neo Genesis should be the next step
- If Yes, do all steps laid out for the Cellular Neo Genesis process

Special note: Since the thymus is an education center, the DNA strand, which provides a great deal of program and process information, is particularly important to the master and all other thymus cells. The DNA must all be repaired, replaced, and restored to get a superior result
- At the completion of Cellular Neo Genesis, flood the area with Gold and mirror the healthy master cell to the entirety of cells in the thymus
- Test to determine the amount of cellular improvement and percentage of cells that have received the new information
- Test to see how many future days will be required for new cellular growth
- Test to find out if the healing is complete at the end of the designated healing day, or if there will be further steps required for future healings
- If the answer is No, or that the thymus will operate at a reduced level after the current healing, check for when the body will be ready for further healings

The Heart

The heart assists many structures in the human body including the cardiovascular, circulatory, and respiratory systems. One of the lesser functions of the heart is the process of providing an anti-cramp hormone to the muscles.

Best and Worst Colors for the Heart

Pink	100%
Red	99%
Green	96%
Peach	70%
Purple	50%, malfunction
Orange	30%, serious malfunction
Blue	10%
Yellow	3%
White	Represents control energy
Black or Grey	Indicates a serious malfunction, signals a death energy

Energy is provided for the heart from the fourth chakra

Healing the Hormonal Heart Function

- With Gold Energy, pump the percentage up to one hundred percent. Clear other colors simply by pumping in Gold Energy
- Once you have completed the color and percentage healing, using kinesiology, ask if the healing is complete or if Cellular Neo Genesis should be the next step
- If Yes, do all steps laid out for the Cellular Neo-Genesis process found from pages 39 to 43.
- If the master cell in the heart is black or grey, you will need to perform Cellular Neo Genesis

Note: Since the early nineties, we have known that the heart also has some brain function. The neurons of the heart assist an individual in making many important choices. In addition, there is good reason for the heart to be associated with love. This is because the intelligence of the heart is uniquely related to understanding and responding to all relationships. The DNA strand provides tremendous input into this arena. All DNA must be repaired and restored to get a great result.

- At the completion of Cellular Neo Genesis, flood the area with Gold, and mirror the healthy master cell to the entirety of cells in the heart
- Test to discover the degree of cell improvement and the percentage of cells that received the new information. Test for improved heart chemistry, but if the healing procedure for improved heart chemistry did not make the energy go up, pump Gold Energy into the heart to improve the heart's chemistry

Human Blueprint.” The door was open to the encyclopedia of our elegant design, and specifically how my body could be restored to health and free from the unrelenting pain and illness I had suffered from for many years.

We can only receive what we are willing to receive. We can only heal to the extent that we allow ourselves to heal. Many years ago I had pleaded with God to survive; now, I would learn to heal myself and others, to thrive, and to live each day as if I were living in the Garden of Eden.

Restoring the Immune System

The role of director for the immune system is shared by two organs, a specific part of the logical brain and the *thymus*, a gland under the sternum just above the heart chakra. The thymus serves as a professor for the immune system, providing enough education for the T-cells to identify harmful or helpful bodily cells and how to remove unwanted cells rapidly from the system. The students who are trained to administrate the actions dictated by the thymus gland are the T-cells. The emotional body provides significant enhancement to the immune function with high emotions; likewise, low emotions often follow low immune function. The robustness of the immune system is recorded in our blood. Blood reveals how effectively the immune system is functioning by measurement of various components, such as antibodies, cytokines, lymphocytes, etc.

As the immune system works to kill foreign bodies and unwanted elements, it produces energetic waste. The clean-up of this waste is provided by the energetic janitorial staff, the third chakra, which provides the energy for personal power and will, and the seventh chakra, an individual’s direct connection with the Divine. Keep in mind, if you don’t have the feeling that you have a right to health, or if you can’t see that the relationship you have with the illness is a gift God has given you, you will find it hard to accept the higher option of complete healing.

Reliance partners playing a role in the immune system are the appendix, gallbladder, tonsils, and stomach. Success starts with a healthy mindset, which also supports a healthy immune system. In other words, your healthy thoughts and good feelings (or unhealthy and negative thoughts) reveal your relationship with your immune function.

Circulatory System Protocols

My great grandmother was a most remarkable woman. Her formal name was Elisabeth, but she was not formal. Instead, she was affectionately called Lucy by all those who knew and loved her. Lucy had wisdom that was straight from God. She loved her simple life and was a compassionate listener to anyone in

need. She had cultivated a life of gratitude for the simple pleasures in life. She had come to America as an immigrant in order to provide a better life for her children and she appreciated everything she had available to her.

I was with her when she passed. She was ninety-seven years young, and was committed to living life on Earth until it was time to leave. She was still gardening and walking a mile every day. When her eyesight got so bad, seeing only light and shadows, she took to walking the driveway of her home for a half hour or more every day. On her deathbed, sheets off her legs, she still had the beautiful smooth legs of a teenager. Who knew? She was an old woman everywhere else, but her legs were gorgeous.

Somehow I tie this Bible verse from Isaiah to her: "Blessed are the feet of those who preach the gospel," meaning (preach the language of compassion and love), and she was so blessed.

When I was young there was a popular song with the lyrics, "*These boots are made for walking, and that's just what they'll do!*" Walking and loving go hand in hand with good circulation. Many other physical activities support great circulation. The system of blood moving through the body delivering nourishment to the cells of the body requires movement.

The circulatory system is directed first by instructions from the DNA and then, listed in order of importance, by the lungs, nerves, and lymph glands. The heart, brain, and skin administer and direct the circulatory system and its fluid/flow process.

Your healthy emotions enhance your circulation. In contrast, unhealthy and low vibration emotions will serve to degrade circulation. DNA related to the flow and ease of healthy, happy emotions serves to improve the circulation. The resilient emotional body that operates from the position of "everything is pretty good or better" supports the circulation in doing a great job. You can improve your DNA programs around flow and ease of emotions by following the DNA obliteration protocols.

Circulation relies on white blood cells to clean up the blood stream. The body component that partners with circulation to strengthen the process is the muscular system. By engaging your muscles with regular activity and exercise, optimum circulation is stimulated, and vice versa. Years ago, when I was struggling with fibromyalgia, I discovered that my muscles were in a state of starvation and were atrophying from the illness. I learned that regular exercise forced blood and oxygen into the muscles helping them to feel and function better.

Actually, that was a great learning for me. Now, with no autoimmune illness

to struggle with, I am delighted to be working out daily to get the blood and oxygen pumping into my healthy, happy muscles.

A person can really tell when circulation is in peak performance from the optimal mental function circulation supports in all five areas of the brain because these areas receive the nourishment they need. I look for mental clarity and a healthy emotional brain.

The Cardiovascular System

The cardiovascular system is highly responsive to nerves and your emotional state of health. It is easily stimulated when the nature of an individual is to move swiftly into an emotional state of upset or anger.

Katrina's Story

I worked with a mature Irish immigrant, a woman in her sixties who had struggled most of her life with high blood pressure. The fiery bloodline of the Irish can leave this entire group prone to high blood pressure. The DNA aging programs of the Irish as a group will manifest high blood pressure once members of that group reach about the age forty-four (or higher).

Katrina was prone to both bouts of anger and panic attacks. Her behavior, in many ways, was an attempt to free herself from the strong cultural patterns for an aggressive lifestyle. However, she would often rationalize her poor behavior and miss the opportunity to move past them and lose the need for them. I found her difficult to work with. However, she was a good study for me in the challenging life of an individual with very difficult patterns.

To help Katrina, I first altered her usual diet because it inflamed her situation. I also did many clearings on her nervous system until she was no longer having panic attacks. Once the panic ended, I dramatically improved her blood pressure and eased her off the high blood pressure medicines she had been taking for years.

When people have received a Miraculous Healing and become well, they need to alter their lifestyles to fully hold the healing. For Katrina, a year of meditation and attending healing classes supported her healthy new system.

Unfortunately, negative emotions stimulated her negative health patterns. She was jealous of her ex-husband's dating and had other reasons for agitation, such as constantly battling with neighbors over property lines and fighting the homeowner's association with lawyers, etc. This resulted in her former problems returning with a vengeance to dominate her life.

Chapter 28 of this book discusses a person's attitudes that need to shift in

order for illness and pain to leave. People become accustomed to or even enjoy the “high” they get from their blood pumping and adrenaline rising. They return to their old patterns to get their “fix.” They have become “hooked” to the chemistry of their addiction.

Anger, jealousy, and even panic produced a chemistry Katrina was used to; she felt normal or even excited about them. For example, she could rush to the emergency room and gain attention from the male physicians, garnering their concern and attention regarding her illness. When she used lawyers to fight the association, she could have someone say to her she was justified and needed to defend herself.

On numerous occasions, I attempted to show her what she was doing but was unsuccessful. She called recently with all her past symptoms flaring, but I just referred her to an audio program for stress.

A Miraculous Healing is truly a gift. Just like the parable of the king dispersing talents, “If you take your talent and bury it or worse discard it, you will be given no more, until you realize what you have been given and give it its proper due.” So, I can’t give you what you can’t receive.

I believe in Katrina’s capacity to heal. It may take her some time, but I believe she will contact me in the future knowing what is possible and, at that time, readily alter her lifestyle for good. I will welcome her with open arms and rejoice!

The cardiovascular system is directed by forty percent of the muscles; including the heart, and the inner chest cavity musculature. These are the muscles that direct circulation. Of course, all muscles benefit from the healthy operations of this system. When I am observing which muscles are involved, they start about three inches below the waist line going up to three inches below where shoulders and neck meet; in other words, the upper three-quarters of the torso. Employing your muscles in healthy ways gives the cardiovascular system a good basis from which to function. The heart administers the activity of this system by providing the muscular strength and stamina to operate the human organism. Neurons also enhance embodiment where cardiovascular function is eighty percent human body and twenty percent human spirit. The veins and vascular walls serve to maintain the health of the cardiovascular system and provide purity.

The emotional brain and part of the left brain provide a partnership and alliance to the body’s successful balancing of system strength. Emotional temperament indicates harmony or disharmony in this system.

Low blood pressure generally does not cause the life threatening

circumstances that the condition of high blood pressure does. However, low blood pressure can be troublesome and can cause fainting or a sense of weakness for the sufferer.

Restoring Blood Pressure (to optimal functioning)

1. Using kinesiology, test to see if this is the healing the body needs
2. If Yes, begin by clearing the cardiovascular system. Chart both the color and percentage of functionality. With both high and low blood pressure, you will see a black or grey energy overshadowing the system

Colors of the Cardiovascular System and Their Functionality

Red	100%
Orange	97%
Burgundy	94%
Pink	80%
Purple	40%
Blue	10%
Yellow	7%
Grey	-2%
Brown	-6%
White	Someone else is in control

3. Using kinesiology, test to see if miasms (group virus) are a factor. If Yes, clear the miasms and related to frustration, anger and high blood pressure issues
4. Test to see if there are problematic energies or colors in the aura (specifically, layer two) related to the miasm you just cleared. If Yes, clear the problematic energy by pumping Gold into those layers

Excessive Mental Energy (related to the mental body)

If the energy of high blood pressure is mental, it indicates there is too much energy in the mental body. For example, if I were to look at Katrina in a high blood pressure phase, she would read that four hundred percent of her energy was in her mental body, which would leave none to balance the emotional, physical, and spiritual body. Mental energy like this will balloon out above the head.

Test to see the percentage of energy in the mental body. Pumping Gold with the intention of returning an individual's mental energy to balance (one hundred percent) will restore the mental energy to its proper location and percentage.

Blood Vessels

5. Look for the Number 3 vessel. (Your body will understand this.) It will be black. Clear this vessel and any other vessels reading dark by pumping Gold Energy into the area(s). Muscle test until you read a bright color.
6. Chakras 3 and 7 will not be functioning at their norm, either off, or they will be missing altogether. Restore Chakras 3 and 7, both front and back.
7. Perform the DNA Obliteration process. Clear high blood pressure programs, and all future problem blood pressure programs, all the way to the end of the body and then perform resets.

There are many reasons for high blood pressure. Follow the protocols to discover other areas that may need improvement.

The Respiratory System

The respiratory system provides freedom for the healthy individual to be able to breathe deeply and enjoy life. For the sufferers of lung illness, a life of restriction and adapting to less becomes the norm. These people struggle to exist. They lack the sense of self-value and a place of honor in their own life. People with lung illness and low function are convinced they do not have a right to take up space or to be fully who they are. Just as they adapt to the reduced lung function and lower their activities. They also lower their expectations and hopes for a wonderful life and great relationships with others.

Regardless of the source of the illness—whether it originated in the DNA, a response to outer toxins, or a mental response to a dominating family member or friend—the story is the same. They feel that their lives can simply be snuffed out if they aren't careful; this is the reality they live with daily.

I contracted silent pneumonia over the holidays last year. I hadn't been breathing well for a few weeks. One day I awoke and it was too much effort to speak or get out of bed and walk to the kitchen. I had experienced the regular variety of pneumonia for the two previous winters and thought I had gotten all the programs out through my healings. However, there was some residual program running that needed me to see it and clear it (which I did).

Think about the folks you know who have asthma or other lung conditions. How big do they play? Can you see the struggle pattern? I think about a business friend, Lidia, who suffers from asthma. She is constantly facing the struggle of having a right to exist. Literally, her grown children are attempting to take her home away from her and clear out what little she has managed to save. I see her puffing away on her inhaler as her children challenge her life and make attempts to snuff her out.

There is hope for lung illness sufferers. The solution takes courage, healing and letting go of the past to step into the new and happy reality that has only been dreamed of.

The respiratory system includes the sinuses, air passages, bronchi, lungs and the carotid artery.

The real director of the respiratory system is self-esteem. A healthy ego will override some negative DNA; a fragile ego will succumb much more rapidly to lung illness.

The healthy lungs administrate function and a good understanding of life. Healthy respiration is nerve enhanced. A creative brain is in service to purify respiration function with wholesome self-loving thoughts and expression of a new reality.

The respiratory system becomes ill from consciously ingested toxins from smoking, whether cigarettes or dope. This addiction speaks to the right to take up space and the need to contaminate the body for the chemical high and confidence that comes from nicotine, or the stress relief that comes from marijuana.

Grandfather Herb's Story

My grandfather Herb was a kind and quiet man. He struggled to make a life for his wife and children. By almost anyone's standards, Grampa never made it. He had been a navy man in the World War I, serving as a cook on a battle ship. Ironically Herb could not swim.

He married the girl of his dreams, Adelia. She was from a family that was more well-to-do, but her eye was on her beloved. They married and began having children, some who died and some who lived.

They were very poor. Grampa just had no luck or right to take up space. He thought he would buy some baby chicks and raise chickens, but the money wasn't there to feed them and no one would lend him the feed so he and his boys had to kill the baby chicks. Then life got even more difficult. At one

point, having no money and no food the family ate ketchup soup for a week, But not the ketchup you buy in the store, but some homemade concoction to flavor water.

When I think of my grandparents, they loved and were devoted to each other. Grampa with his thick German accent had a funny saying: “And that’s the truth, so there!” He used that all the time. He was a sweet man. Herbert Doering finally died of a broken heart when the gas company commandeered his home and land in order to build a power plant. They condemned his land and gave Grampa pennies on the dollar for his home. This happened the year he was set to retire. He developed lung cancer immediately following this atrocity and passed away within a year.

Follow the Miraculous Healing protocols and you will be able to heal lung and respiratory challenges.

The Lymphatic System

Yahoo, you’ve gotta love the system that tidies the body and removes toxic waste from the interstitial carrier fluid. The lymph system can be temperamental, especially related to pregnancy and aging issues.

I cared for many, many high-risk pregnancy clients during a four-year period when I specialized in this field. While developing my Miraculous Healing skills, I had the incredible opportunity to support the birthing community and specialists working with women and babies who were categorized as high risk. This meant they were possibly an older first time mom, a mom who had serious health issues and still choose to carry a baby, and babies who were identified during gestation as having worrisome abnormalities.

This category came with a high level of anxiety and need for physical and emotional/spiritual support during the term of pregnancy. I really loved this work, and the only reason I moved away from it was the intense and long hours, as I would often stay with the new mothers to support their process of birthing and bringing their babies into the world. Mothers found me because I specialized in pregnancy and birthing massage as well as infant massage. I assisted many moms in getting through the pregnancy and often followed them for the first six months to one year postpartum.

In this category, eighty percent of the women I saw and supported had lymphatic issues. Some of them gained so much water weight they referred to themselves as beached whales, while others very specifically had lymphatic backup in the limbs.

Massage is as good a way to get the lymph moving as is thirty or more

minutes of swimming. However, when a woman's lymph system is presenting a problem and she is *not* pregnant, she won't find relief with the birth of a baby. So under those conditions, it would be time for a really restorative solution.

The director of this purifying system (the lymphatic system) is found in the first (survival) brain. Carrier fluid moves unwanted chemicals into the lymphatic system. DNA provides the vital diagram for implementing the flow and amount of collecting fluid responding to bodily injury.

The lymphatic system takes unwanted chemicals and drains them into the liver. The circulatory system does some of the lymphatic system's job if the lymphatic system is compromised or reduced in function. Please note that the parasympathetic nervous system needs to be "On" for the lymphatic system to function.

However, the lymph nodes in the neck are not technically part of the purification system we are discussing; these lymph nodes and also the saliva glands can play a role in indicating the healthy (or non-healthy) chemistry of the area.

Protocols for Restoring the Lymphatic System

If you are deliberately tuning up this system, I encourage you to attempt to restore its functionality to one hundred percent. Anything less will not provide the best results.

1. Using kinesiology, test the level and percentage and color of the lymph system
2. Pump Gold Energy into the system until it comes to peach and one hundred percent of function
3. Restore the mental body to one hundred percent. Pump Gold with right hand into the mental body until it tests to be one hundred percent

Lymphatic imbalances and malfunctions go hand in hand with extra energy going into the mental body. This excess energy balloons up over the head. The result of this excess energy in the mental body is that it draws important energy away from the lymphatic system

4. Test carrier fluid for level of toxicity
5. Pump Gold until you have a read of zero percent toxicity

With this process, I would like you to think of this as a "time-

lapse” process, so do this clearing five separate times, allowing ten days between each clearing. Even though you may pump to a clearing of one hundred percent the first time, the spiritual body will be clear but the physical body will still be working towards clarity. Therefore, a Miraculous purification will require five successive clearings.

6. Using kinesiology, observe the skin, color and function. If the lymph is malfunctioning the skin is showing spiritually as black.
7. Clear the skin by pumping Gold till it goes up to 100% green.
8. Clear the Spiritual Timeline of impediments from past lives in relation to the lymphatic system.

Identify the number of each past lifetime affecting the lymph and pump Gold to clear each event. This is like clearing the post-traumatic information that never allows the situation to regenerate.

9. Perform the Cellular Neo-Genesis process next for the entire system
10. Regenerate the director of lymphatic function in the first brain. You will again use Cellular Neo-Genesis this time in a master cell in the upper left area of the first brain. Intend the regeneration focus for restoration, rather than any other operation
11. Follow with the DNA Obliteration process to remove problematic present and future lymphatic patterns. Be sure to include Family Bubble and resets

Best Colors for the Lymphatic System

Peach	100%
Orange	90%
Light Green	82%
Blue	80%
Pink	54%
Lavender	50%
Yellow	40%
Dark Green	20%
Brown	5%
Grey	-20%
White	-70%
Black	-100%

If you have experienced any problems with the lymphatic system, you will understand the significance of this healing. For people to have their feet or ankles swollen means they will experience difficulty walking, which ultimately means the loss of muscle tone/strength and the ability to enjoy movement. Lymph patterns show up with aging DNA patterns for many humans, and in an odd way, will convince you that you are old, feeble, and are ready to go when your time comes. When life presents too many challenges, the mind goes to the miasm of “this is what it is like to get old”, or “I’m falling apart”, or “that’s just part of getting older.”

There are so many messages in the language to excuse and not correct issues like this that we come to expect the issue and accept it without giving it a second thought.

The Importance of Language

I would love for you to think about how you use language. Do you include little acronyms for aging, cute little metaphors for explaining away imbalance, pain, or some new illness?

I recently heard Dr. Daniel Amen speak. He said people who don’t challenge the status quo die much earlier than those who don’t readily accept everything that comes their way as true for themselves.

A great example of this is my brother Marty. I love and respect my brother. He is a cool dude. After his terrible accident and recovery, he decided he must comply with medical policies and procedures to assist him in surviving.

He eventually found a place for himself in a brain injury clinic at a hospital, serving as a volunteer. He felt his pain and poor brain function was just “the way it was.” He felt his lot in life was to help others deal with the confusion of a brain injury and unrelenting pain. And so his life, in the conventional medical model, progressed; he even won an award for being “volunteer of the year” in a competition with two thousand others. Marty was well-loved in his volunteer role, but he was also in a lot of pain and experienced a lack of function in many areas of his brain.

I was anxious to work with my brother because I knew he could get better. However he wasn’t ready. His reality had to shift to the point where he could say, “I have done everything Western medicine has to offer and there are no other options: it is time for me to move on.” He got to that point just a few months back and is rapidly regenerating inside and out.

The chapter on pain in this book has been very helpful in turning around Marty’s somewhat cemented position, which is, “This is why I came back