

Emerald Immersion – August 2016

Julie: Hello and welcome to the call. This is your personal power emerald immersion training. So I wanna welcome everyone to the call and why don't you-- I'm gonna unmute everyone and you can say hello and then we'll get started. So everyone is off mute. If you just wanna say hi.

Sharon: Hello, it's Sharon.

Julie: Hi. Sharon. Welcome to the call.

Sharon: Thank you. How are you?

Julie: Good. I literally just, couple minutes before class at 20 after, I signed my adoption papers and my payment for the legal fees for the baby on this end. So it's going through.

Sharon: Oh. You must be so excited.

Julie: Yeah. There's a lot to figure out in the middle but I am very excited. **[Inaudible 00:01:18]**.

Sharon: Good for you. Wow.

Julie: Yeah. Thank you.

Sharon: Yes. Good. Excellent.

Julie: Yeah.

Sharon: What's the baby?

Julie: Yay. It's a little girl.

Sharon: That's perfect.

Julie: Yeah. So she'll be here before you guys get here for the next retreat, so. You'll get to meet here.

Heather: The baby's coming?

Julie: Baby is coming.

Heather: Julie Renee, I'm so happy for you.

Julie: Yeah. I just signed the papers like 10 minutes ago, so. Yeah. Yeah. I'm really happy.

Sharon: Amazing.

Julie: Yeah.

Heather: Oh my. And so you get to attend the birth, right?

Julie: Yes. If everything goes well. She is considered high risk. I guess, we're a tiny group. We're only 3 of us. So I'm just gonna tell the whole story. It's not a long story, but she's the mother of 3 and she's a good person. She has-- she goes to church 3 times a week. She doesn't drink, smoke or use drugs. And she has baby who's 8 months old. She has a 2-year old and a 9 year old. The youngest 2 are from the same father as is the one she's carrying.

When she have this baby, she thought, "Oh my god. I can't have another mistake." Or whatever. This baby before the one that's 8 months old wasn't a planned baby; it was a surprise. And then she was getting her tube's tied. I guess she bottlefed because she conceived the day before her tubes were removed which was like 6 weeks after the birth. So she had not known that she was pregnant. It's a miracle baby. She found out, when she went into the emergency room thinking she had a tumor and she was a 5 and a half months. And so it was-- Pardon me?

Heather: How many months long was she?

Julie: 5 and a half months.

Heather: Oh my gosh.

Julie: Yeah. So she actually picked me out really fast. She knew it wasn't her baby and the adoption people have been working with her for about a month. Maybe 6 weeks. So she's 6 and a half months long and she is considered high risk meaning they don't have any expectation that she could carry the baby full term because she just literally had a baby and got pregnant on top of just having a baby and because she had her tubes removed so she had a, you know, a female surgery also immediately after the birth.

So they think that she's gonna go early. Her due date is the 18th. I'm gonna fly out there on the 8th but I'm gonna make an arrangement with the airlines so that if it comes before that, I can, you know, switch my ticket out.

Heather: Wow.

Julie: Once the baby is born, I might be out there 2 or 3 weeks. Once the baby is born, I still have to wait. Their law is like 2 weeks in North Carolina. So it's-- they have 7 to 10

days to change their mind, which she won't because she really can't have another child. If the father shows up, which he is not taking responsibility for the two he has so I would highly-- like a zero chance of him showing up and saying, "I want this baby." So I just had to sit there and wait it out until the legal time passes and then there's some forms at the government that allows me to leave the state with the baby. So it might be 14 days after the birth that I get to come home.

Heather: Oh. I see. Wow. But you'll be with the baby the whole time, right?

Julie: Yeah. I will be with the baby the whole time. As a matter of fact, planning-- her birth plan is to give birth and then to go to not be on the maternity ward. So I would-- if they have a room for me, I would be able to sleep there with the baby and if they don't have a room for me, then I'll be there, you know-- I would assume I'll just stay there but they said I could be in the nursery with the baby. It depends on-- it's a rural hospital, so.

Depends on what kind of a set up they have for me, so. We just figure that out next. But she's not-- she's planning to hold the baby and say goodbye to the baby and then she's not planning to do a lot of bonding with the baby or like the last one was like all, you know, she wanted to have the baby for a few days.

Heather: Oh my.

Julie: This one is completely different. It's like, "No. It's your baby. I do wanna hold it and say goodbye." So I don't know. She has the baby for a couple of hours or a couple of minutes or whatever it is and then she wants to just go. She doesn't want to be part of it. You know, things always can change but that's what she's, you know, just clear it's not her baby. She's clear. She's carrying a baby but it's for someone else.

Heather: Wow. Congratulations.

Julie: Thank you. Then it really does look like a miracle baby. You know, conceived, the mom knew it. You know, she's a good mother. She has 3 kids. She's a good mother. She is like, "No way I can have another one. I couldn't have the one I just had. How could I have another one like that.", so. It is a perfect situation in many ways for me. Yeah. So I see someone else's-- The only person who's name is showing up is Heather. So who else is on the call?

Sharon: Sharon. Am I not showing up?

Julie: You're showing up as anonymous and someone else is on as anonymous. Who else is on? Oh. Maybe it's [Inaudible 00:07:53]. Hang on one sec. Hello. Oh is that Suzy?

Suzy: Yeah. Hi. Can you hear me?

Julie: I can hear you, Suzy.

Suzy: Yes. Great. Hello. That's wonderful news for you, Julie. Must be so excited. Took such a long way. But it's a lovely baby.

Julie: I am tempered -- tempered meaning I don't feel the thrill. I'm feeling the need to be very focused and you don't make everything happen. I mean, I have to sign papers. I had to get the money. Organized. There's fire, you know, burning outside my window. And the little Chinese girls are coming back tomorrow. I've been feeling like just stay focused. Just stay focused. But I'm sure the excitement is gonna flood in in a day or so once I've-- I don't know. I'm hoping the fire goes away sooner than later.

It's been going for several weeks now and we're just-- it's just very, very smokey here. As a matter of fact, most of the people in my neighborhood, I would have left. Evacuated, because they can't take the smoke. They evacuated the seniors and people with health issues more than a week ago from my neighborhood. But we're not in the fire, so we weren't forced to leave. We could stay if we wanted to because the fire is 4 miles from the house. But it's to the west, south, and east of me, so. You know, I'm just like this is kind of the tunnel where all the smoke comes, so. It's been really, really, really, really smokey, so.

Suzy: Okay.

Sharon: You okay in your house, Juls? Like to breath and all?

Julie: Yeah. It's smokey. I was thinking I need to-- I haven't ordered air filters. I have 2 filters. I mean 2 air filters that run in the house but they're old. They're from-- the filters I didn't replace them because the air is so clear here. I thought, I'll just keep the running.

Sharon: Right.

Julie: But I think I like order new replacement filters in the meantime. Because it is smokey in the house even.

Sharon: Oh my.

Julie: You know, like-- and if I'm outside for a few minutes, my clothes smell like I stood in front of a campfire, so.

Sharon: Really. Oh.

Julie: Yeah. It's heavy, heavy.

Sharon: Well, you certainly would want that cleaned up by the time the baby comes.

Julie: Oh. They anticipate the fire being out by August 30th.

Sharon: Oh good. Okay.

Julie: Yeah. Oh yeah.

Sharon: Yeah.

Julie: I haven't checked today but someone told me last night it had been you know, raging out of control for a long time and it had gotten up to 19 percent the last time I checked 5 days ago. And my waitress, yesterday, said she had heard that they got it to 40 percent under control. Meaning they're finally making some headway with it and in miles of land at this point. I mean its burnt a lot, a lot of mountain range. Most of the big cir coast from Carmel south is you know, the mountain range is all burned. It's all gone. But what would be amazing is the renewal of life. When it comes back, it's gonna be so gorgeous.

There were no-- there's no roads back there. So they can't get in to put it out. They do have, and I'm hearing them all day long, just 13 helicopters here and they've got airplanes and the large rescue helicopters in Monterey. But there's a little airstrip at the end of El Caminito. If you guys walked down there and noticed there's a little airstrip that used to be the little Carmel, you know, twin engine air landing place, the air strip. And that's where 13 helicopters are coming and going. And then they have buckets and they fill the buckets with water. They were going out to the ocean but they're using so much gas.

They're now taking it out of like the golf course ponds. So the ponds will be emptied at the golf courses but there, you know, getting 500 gallons or a thousand gallons of water and then dumping it on the fire. And then there are-- this is like a world record, there are 70 bulldozers bulldozing land. They actually-- after the first 5 days, I don't think they've lost a house. They lost 60 houses in the first 5 days but now they are totally in all about save the neighborhood, save the houses, so. There haven't been any houses burned in the last week. Zero houses. So they're doing a really good job of saving the houses and they even came up to my house and the whole neighborhood here and the trucks have been on the street here in case if some bizarre thing happened and the wind changed and it went north then we would be in line for fire.

So they went to all the houses and they got each house identified with where the gas tank is. Where the shut offs are. So the each house has a you know, a label on the mailbox telling the fireman what to expect when they get there and where to look for things. Yeah.

Sharon: Organization. Yeah.

Julie: And then the other thing that they're doing in addition to the bulldozers is they're doing planned burns. They're burning areas close to neighborhood so that they can control them and then when the fire gets there, they can't-- the fire doesn't go any further because they've burned an area down so that there's nothing to leap over. The area is already gone and they're standing there with hoses and bulldozers and whatever. So they're not letting it go into the neighborhood. So the neighborhood west of me, Coachella, that's-- they were all evacuated so the plan to burn. And people who didn't wanna leave, they're sitting in just massive smoke I'm sure. But they're doing all the planned burns to save the neighborhoods down there.

Sharon: Oh.

Julie: It's a really an amazing journey to be part of a natural disaster like this and you know, it's a journey. I posted something on Facebook. I don't think you guys are Facebook friends of mine but yesterday I had been really reflecting on why a fire, why now. And I had opened the bible and just you know, like I used to do, all the time, I just open the bible and ask God, "Why a fire? Why now?"

And I opened to an old testament scripture that said, "God is now fire. Burning for jealousy. For Zion." Meaning the new dimension. The new reality. And when Zion comes the mountain, the holy mountain, will be known as the mountain of truth. And then it talks about the mountain of Carmel, which is interesting because, of course, it's Carmel mountain here. It's the Santa Lucia mountain range but the mountain of Carmel will be known as the mountain of truth.

And the mountain will be filled with children playing and elderly walking with canes. Not because they are sick but because they are so very, very old. This is really like a scripture of like, you know, the extended age and the children playing and the mountain of truth and there's a purification that allows a shift up to another dimension, you know. I just-- It was an interesting scripture to open to just like, "Holy smokes."

Sharon: I got chills when you were talking about that.

Julie: Yeah.

Sharon: Woah.

Julie: Yeah.

Sharon: Well, it's the mountain of truth. You're Sanskrit name is Veda.

Julie: Yes. It is the mountain.

Sharon: Which speaks of truth.

Julie: Yeah.

Sharon: Oh my.

Julie: Maybe it's not the mountain. Maybe I own the mountain range after this. You know, it's, again, it's human error. Some campers didn't put out their fire. Insane because, I mean, we have all kinds of restrictions here because we're in a, you know, in this summer, it's very dangerous because we don't get water and so everything gets kind of crispy and we kind of cross our fingers and hope that we get through this summer. And last year, there were 2 burns but they were short-lived. They were over in 2 days, so. This year, it's probably one of the bigger fires ever in history. I mean, it's a huge, huge, huge fire raging out of control.

But like I said, I felt really hopeful. I've been praying for it to stop and that a bubble be placed over my house and in the afternoon, the air completely clears. So in the morning, you could hardly breathe and you can't see practically past your hand outside. It's so smokey. And in the afternoon, for 5 or 6 hours, you can see from miles, so. The smoke lifts in the afternoon, so. There's been some kind of a weather pattern that's allowing us to have hours where we're not just sitting in dense smoke which is a real relief.

Sharon: Yeah.

Julie: And you know-- and it's, whatever day it is, the 8th of August, they had predicted they would have the fire completely out on the 30th. But honestly, if they're-- and that helicopters-- I mean they're making such an effort. It's every 3 minutes or 4 minutes, somebody's taken off. So I think that they're gaining some momentum. They have 5 thousand 4 hundred firefighters here. They have hundreds, maybe thousands, of fire trucks, 70 bulldozers, and like I said the air support, so. They may get it out in the next week or two. That would be amazing. Not have to through August 30th.

Heather: You know, to just be like-- obviously, a far away onlooker through your eyes and seeing how, you know, you're just staying with the process and witnessing all that you're witnessing and breathing all that you're breathing and I mean I'm just touched by your groundedness, your connection to earth, and divine love, and you know, trust. You know, all is well and then it will be out soon, and I appreciate you're sharing all of these with us.

Julie: Thank you, Heather. I have to say, I think I was reflecting because I have this sense. I'm almost mama bear here with two little girls from China for another week and I feel like I'm in, you know, kind of hyper protect, keep everything calm, and know that I'm divinely guided and that the home is safe and I have that inner knowing in the depth, in the core of me, and I've-- myself completely like I'm on their alert. If they evacuate, I get

a cell phone buzz that you know, the neighborhood's in danger, so. And an email that says you know, move.

I did everything that I need to do but then I also know that there's-- I'm supposed to be here. And you know we cleared the Earth. And I just wonder if this is another purification of the Earth. It's full of poison oak. These hills are just you know, completely covered with poison oak. So all that poison oak is burning away. You know, I just wonder if it's the next level of purification. And knowing that this house was divinely picked from me that I wasn't suppose to move here and then have it burned down. You know, I was suppose to move here and have many, many years here where it's, you know, it's my retreat, so.

Heather: Yeah. Wow.

Julie: Okay. So we've got-- yeah. Babies, and fires and personal power today. Yahoo. How many of you were-- were all of you on the advanced class? Did you take the advanced spiritual interference class?

Sharon: Yes I did.

Julie: We got Suzy and Sharon.

Suzy: I didn't, Julie, because I thought we were doing it later in the year. It was part of the training either.

Julie: Yeah. We have an anchors class coming up. I just am asking because I have sent you the advanced-- the new chart today. So I sent that to you today, the new chart. I just wanna make sure that you're aware that it's not the same chart. This chart is set up based on harm and it was a really powerful class. The class that's coming up will be primarily focused on anchors. It's 2 2-hour classes. But in any case, I've sent you the chart. So you have the chart, the chart from the event I just did. So you'll have the details that we covered in that class because I feel like you, as immersion students, really need to have this information, so. And yeah. I'm happy. Heather, you were in the class and let's see.

Heather: I was as well. Yeah.

Julie: Oh good. And Sharon. Okay. So just-- yeah. So just Suzy wasn't. Okay. The chart was attached with the slides for today.

Heather: Oh no. I never got slides today.

Julie: Oh dear.

Heather: Here we go again.

Julie: Well, I sent it to your email.

Heather: I do believe you, totally.

Julie: Okay. We could-- once we did, we sent it to your husband.

Heather: Right. That works.

Julie: See your husband's email?

Heather: Pardon me. Yeah. Do you wanna send it there? Or if you'll be willing to try both places. I'm over-- I have to.

Julie: Yeah.

Heather: Okay. Great. Thank you.

Julie: Okay. So what's the husband's email?

Heather: Micheal@savvy-- SAV. As in victor. V, Y. 2 Vs. savvyref.com.

Julie: Yup. He showed up. There we go.

Heather: I have to run over to the cottage and since-- computers, so. That'll just take me a minute.

Julie: Okay. Well, hang on just one second here. Let's see if you get it if it comes through if we send it a second time.

Heather: Okay.

Julie: Okay. So here it comes. I'm just-- For a reason, it wasn't really cooperative on the upload. Oh it says, it is uploading fast. Okay. And you don't need the chart. So all we need to do is get your slides to you, right? You've already got the chart from the class.

Heather: I should have.

Julie: You took the class. You have it on your-- in the member site.

Heather: Yeah. Yeah. That should be there. No problem. Yup.

Julie: Yeah. No. It definitely is in the member site, so. You just wanna grab it and print it out so that when you're clearing. You have the new chart.

Heather: No. You know what, Juls, I never did get the replay. I sent an inquiry to support. So that should be coming later tomorrow.

Julie: But even if you even if you went into the member's site, you have a member site page right?

Heather: Yeah. I do. And sometimes, yeah. That's another thing that I'm still working out, my member's site. But it should be there. Yeah. It should be there. And I've alerted Rebecca to it and she was looking into it for me.

Julie: Okay.

Heather: Let me just see if this one-- you just sent one though, right? About the slides.

Julie: I just sent the slides. I mean I can send it to your right now too. But you should be able to go in to all of your classes, so. If it's not working, I need to know that.

Heather: Yeah, so. It's probably there. It doesn't go right in to my main page when there's a series-- this is what I've explained to her. When there's a series of classes, it's not until the month is over that it shows up on my main membership page. It takes me to another page.

Julie: Okay. Probably, send that concern to me. It's probably-- Rebecca probably can't resolve it. I can give it to my project manager in the tech support. There's something that's probably wrong with the way it's set up for you.

Heather: Okay. I'll do that. I'll resend it and send that to you.

Julie: Yes. Send it to me because I don't think she can-- she has great deal of skill but she's not the person setting up the member's pages. I think give it to the member's page person.

Heather: Yeah. I got it. Okay. I'll do that. So just jr@julierennee.

Julie: No. That would never come to me.

Heather: What comes?

Julie: You know, when you send to Rebecca, you send to support or Rebecca. Julierennee@julierennee.com.

Heather: All Julie Renee. Okay.

Julie: JR does never come to me. So if you're sending stuff to JR. I think that--.

Heather: Oh I see.

Julie: That's considered less priority than support or specific names.

Heather: Oh.

Julie: Support does-- they don't get it.

Heather: Okay.

Julie: That would be like the worst link. Don't send it there.

Heather: Okay. So julierene@julierene.com? Okay. Well, that's good to know. I don't think I ever used that. Alright.

Julie: Well, we've tried to keep the personal emails down because they were hundreds coming to me a day. I am so-- I did them all. And we had it so that we didn't tell people where they could get a hold of me. We told everybody they could get a hold of me through support so that I-- that it would be filtered and that I would only get like 20 emails a day. You know, rather than a hundred 50 or something.

Heather: I totally would understand that. Yeah.

Julie: So It's actually has helped me so much being in a happy mood. I'm kidding. There's 50 emails a day. So that's good. I can see if you can see did it come to Heather and if not, it also went to Michael. Both of them did. I did sent the chart too.

Heather: Okay. Great, so. I am going to go over to the cottage now. So I'll be hanging up on this phone and calling you again from there.

Julie: Okay.

Heather: It won't take long. Alright.

Julie: Okay. Heather has already seen the chart for spiritual interferences. Suzy, if you wanna just open up your chart. You wanna just you know, put it up. We can take a minute or two to review. For you, just-- I'm not gonna go through step by step on everything but you're gonna get a good glimpse of what's on the new chart and then we'll start. When Heather gets on, we'll start the personal power of conversation.

Suzy: Yup. I've got them opened.

Julie: Okay. Great. Okay, so. What we're looking at is new advanced chart for spiritual interferences and the types are based on-- if you look at this, type 5. Type 5 causes mental some kind. You see that? Something in **[Inaudible 00:30:20]** with what their bugaboo is. Each one has their specialty of the buggaboo. But look at-- it all is having to do with being mentally clear and then look at the first one too; it's in matter on each of them. And embedding is the seam for-- you know, there's other things too, but embedding is the seam for the type 5. And then doorknob or all 3 and chopping. And I put them in the order of most effective, so. The first one is doorknob, second one is

doorknob, and first one is chopping first. And so they actually are in the proper order or if you were, you know, working on them.

And then just so you know, Suzy, in the past, we haven't done this before. This is the first time I've done it. I've put them in order of harm. And so the most difficult, the most harmful ones are gonna be at the top of the list where you know, page is down on the chart. You're gonna have the ones that are less harmful, more benign causing-- you know, still causing problems but less intense. So they're in that order.

And then I just wanted to also make a special not that we do have, included in here, but not updated, the anchor information. So it's the old information. It's been about 6 months. I planned to do the anchor class with you guys, will be in the anchor class. And this will be with the same kind of detail. The anchor class, just like we've done here. This took hours and hours to map this out, so. I will just map out the anchor's information.

So I just want you to-- if it's easy for you to print this out and to have it kind of handy when you're doing activations. So you can just kind of glance through and you can just - - you don't have to go through. Say you get an alien type 5. An alien type-- where in the blueprint are you clearing it? Matter, energy, embodiment, or amplification. Maybe all of them.

And then you can look at embedding, mechanisms and portals. You don't have to go through the whole list of anchors because these are the anchors that they use. So it just saves you a little bit of time. And then which-- what type of clearing to use. You'll have you know, the top clearing, the one that's most effective will be the first one of the list.

Suzy: Yeah.

Julie: Yeah. I think this is really-- it's really exciting. As we keep defining and I've realized there's even more refinement that can happen. I put on the 7-hour class on the old chart but I put as much of the details from the different websites that found information about these things. I put a few paragraphs on each of the hourly charts because we have a chart for each hour with that 7-hour class now.

So I put where they were from and a little bit of their details on those charts, so. We're definitely making-- to get all. Let's see.

Suzy: It doesn't really look a lot different to the last one that I have, Julie Renee. So I've - I mean, just looking at the first page.

Julie: It's different. Let's see. Do you have chart advanced spiritual? Is that what you have?

Suzy: Well, that's what it says up the top. Chart advance spiritual parasite.

Julie: Something that's parasites. It says advanced chart spiritual interferences.

Suzy: No. It says advanced spiritual parasites.

Julie: Okay. And that's--

Suzy: I think I've got the old one, Julie Renee. Actually, that's what it-- because it's exactly the same that's what I've already got just looking at it.

Julie: Okay. Let me send this to you again then. Advanced-- it's advanced.

Suzy: It says advanced spiritual parasites pests guides.

Julie: So I understand if it's not the same one.

Suzy:. Okay.

Julie: Yup. So there's couple. The names are pretty close.

Suzy:. Oh okay. i need it.

Sharon: Julie Renee, can you send it to me as well? I'm probably too. Because we all got the old version of it.

Julie: Yeah. I'm hopefully, gonna get that done right now. I'm working on it. Heather, and Sharon.

Sharon: Thank you.

Julie: May just-- Oh. Isn't that interesting? I pulled up the right one and it puts the wrong one in. I'm glad I checked it this time. So I didn't send it off yet. It's weird. Okay. There's something weird going on. Let me re-save it.

Suzy:. It's the parasite.

Julie: I'm picking the right one, and then the wrong one up there. Isn't that weird? Okay. You know what, it's funny but that was kind of the keys when I was getting ready for you guy so there was definitely resistance happening on this end. Trying to get things ready to send off to you. I just couldn't get things to upload or. That is weird. It's not showing. Chart advance spiritual. Okay.

I can-- I've brought the imagine of it up. So I can see that this is exactly what we wanna send. But let's see if you actually get it but it now reads different. So it reads like it's the right one. It is sent. Hopefully, you're gonna get it in a moment. And looks like Heather's back. Are you back Heather? I see her on there. Can you, gals, see the chart?

Sharon: Not yet.

Julie: Oh gosh. Okay. Yup. Definitely sent. It went.

Sharon: Nope. Still hasn't shown up. Not in mine. It's Sharon.

Julie: Very straight. It really don't want us to have it do they? Well, I'm gonna start pumping. I guess that's the answer. Yeah. It's pretty-- I guess. We're getting the information out in such a powerful way that they're freaking. Listen, it took-- I finished your stuff early today. I got everything done at 11:30, an hour before the class, and I couldn't get things to upload for like 40 minutes. It was like taking forever and forever and forever. So I was pumping and pumping. But it did leave my Gmail, so I do see it left. And it is the right chart because I can see it's visually a little small image of the chart. I can see that the bottom of the email.

Julie: Okay, so. No charts yet? Anybody getting their chart? Anybody? My gosh.

Suzy:.. Got the slides, Julie Renee. Thanks.

Julie: Should we start working on the slides, yeah?

Suzy:.. Yeah.

Julie: Okay. Sounds good. So today, we're gonna be doing the quantum activations for personal power and we'll start with a chant and a blessing and then we'll go into our training. So we'll do the opening mantra. Please sing with me. [Sings in Sanskrit from 00:42:10 to 00:43:24].

And today, we're gonna be working on personal power. In addition, we'll be working on your muscles, your mind set, your pancreas, and we're gonna be clearing rights, permission, and ability to discover the source of your personal power, motivation, and competency. Removal of blocks and programs that may hold you back from fully expressing an empowered life. Inner workings of your body and how to fortify and expand on what natural gift our personal power are. And then clear and regenerate with a lively discussion. Very good.

We're gonna go through the quantum pump and I wanted to check with you. Does everybody feel like you have the hand movements down really well? The standard pump, the discreet pump, the double pump, the foot pump, the doorknob, the side slide, and chopping. Do you all feel like you really have those good to go?

Suzy: Yes.

Sharon: Yes, I do too.

Julie: Very good. Alright. Then we'll go on from there and you can muscle test on how effecting you are on each one. On the standard pump, are you a hundred percent effective? On the chopping, are you a hundred percent effective? So you can always test yourself and fine tune if there's anything in the way like a right, ability or an evil spirit curse or something like that. If you feel like it's less than efficient. But we worked on this quite a bit so you should all have it down really well.

The next thing we're gonna do is talk about muscle testing, and I know that sometimes people have difficulty. We do have a class coming up on muscle testing but here's 5 things that you can check for and fine tune for more accurate muscle testing. First of all, you wanna check, "Do I have the right, permission, and ability to own my spiritual authority?" And just everybody muscle test and see what you're getting for an answer. Right, permission, and ability to own your spiritual authority. And just let me know as you're-- everybody's off of mute right now so you can just talk freely.

Suzy:.. I'm getting a hundred percent on that, Julie Renee. It's interesting. They-- the printing is over the top of-- everything's on one side on that slide. This happened last time. You know, when I printed out slides, it was missing stuff because I think it's a little **[Inaudible 00:46:16]**.

Julie: Yeah.

Suzy:.. What's going on?

Julie: I will also send this. Marlene will make it into a pdf, so. It won't be a slide. So I'll send it to her to send out again.

Suzy:.. Okay.

Julie: Yeah. So if you have the, at least, the information and then she saved it as a pdf so it stops being a slide and starts being a pdf. But thank you for letting me know. Maybe I can-- next time that we meet, I can put yours into-- put everybody's into a pdf rather than a slide. Probably here.

Suzy:.. Yeah.

Julie: Okay. Good. So you got a hundred percent. Heather, did you get a hundred percent? And we can't hear you if you are trying to talk, Heather. Sharon, did you get a hundred percent?

Sharon: No. I thought 60 percent.

Julie: 60 percent. Okay. Now, I'm sure there's block in permission. It looks like this would be an extra piece for you but a very important piece. It looks like about 3 hours of pumping and you really clear whatever that is. We're gonna look at that because I also

have it. Domination, suppression, and control from religious groups and people who fear knowledge, this kind of knowledge. Might be partly related to that. So the next-- yeah. Heather, can you hear? We can't hear you, honey.

Heather: I'm done.

Julie: Okay. The next one is removing-- to remove domination, suppression, control. Oh sorry. Spiritual interferences and anchors from the field of embodiment. So if you're having challenges with muscle testing, where I've found the problem most of the time is in the field of embodiment which is the field that allows spirit to inhabit body and this is where I see, you know, 80 percent of the trouble is that there are spiritual interferences and anchors at field that prevent you from owning your **[Inaudible 00:48:56]** or your muscles. So go ahead test that and see if you have spiritual interferences and anchors in the field of embodiment causing problems with your muscle testing. And you can just test by yes or no and if you get a yes, you can test by number.

Suzy: I'm getting a no, Julie Renee. Can you double check for me because I'm sort of not good.

Julie: I get a yes for you.

Suzy: Yeah.

Julie: I get 6 of them then what we do then we go to the list. So if we get a yes and we get 6, we gotta know what they are.

Suzy: Yeah. And this is affecting my field of embodiment.

Julie: Yeah.

Suzy: Yes. Okay.

Julie: And your ability to muscle test accurately all the time. So I wanna-- Oh. 2 of them are type 6 alien with implants. 3 of them are type 2 alien and holographic inserts. 1 is a draconian which is a type 7. Permeation and embedding on that one.

Suzy: Okay. I see that.

Julie: Let's see, Sharon.

Sharon: Yes. I got 7, and again, I'm not sure before I do question my muscle testign.

Julie: I got 7 too. You do have 7. So then you would just gonna go through and check you know, which ones they are. You want me to help you with that or do you feel like you wanna do that?

Sharon: Actually, that would be great if you helped because then I would get for sure.

Julie: Okay. Okay, so. I get an alien type 5, a grey. Permeation, and 2 of them are grey. And an alien type 6, a satyr, embedding and implants. And alien type 2, mechanisms, holographic insert. Alien type 8, mechanisms, permeation. On ashtar break off command on the holographic insert. I think that's it.

Sharon: Okay. Thank you.

Julie: Heather? Check and see if she sent us an email saying she can't get on or something.

Sharon: Julie Renee, I think that was only 6, so. One of them--

Julie: Oh. One of them was probably 2.

Sharon: Okay .Okay.

Julie: You want me to just read what you have and I'll tell you which one was.

Sharon: I've got alien type 5, there was 2. Type, satyr, and I thought there was just one.

Julie: One. Yeah.

Sharon: Okay. And two, type 2, there was 1.

Julie: 2. In type 2, there were 2.

Sharon: Okay. Thank you.

Julie: Yeah..

Sharon: Thank you so much. I appreciate it.

Julie: So I don't see an email from Heather, so. I'm thinking, Heather, I'm guessing that you can't hear us but we can't hear you and you aren't on mute. So you might wanna return. You said you were going to your cottage but if you wanna be part of the dialogue, which I would very much want you to be, you might wanna return to your house. Okay. And then the next one is removing domination, suppression, control from religious groups and organizations who fear knowledge. So let's go ahead and just test and see if that's an issue with your muscle testing. And then Suzy, when you're ready, you can just speak up when you're ready.

Suzy: I can't even find that page, Julie Renee. My slides are sort of fairly illegible.

Julie: I'm reading from word for word. So I'm reading it to you word for word.

Suzy: Oh okay.

Julie: Remove domination, suppression, control from religious groups and organization who fear knowledge. That is what's on the slide. So I'm just asking you to test it. So even if you can't read the slide, you could just test.

Suzy: I get there's 3 interferences there. I've done a lot. I've did a lot of pumping on religious control about a month ago.

Julie: Good. And so this is just very specific to muscle testing. So that's great that you cleared it.

Suzy: Yeah. Yeah.

Julie: Yeah.

Suzy: Yeah. Yeah, I get that I have 3 interferences there.

Julie: Good. Okay. And then give one-- You would wanna test for how many hours you'd clear for that. So the group mind-- it wouldn't necessarily be spiritual interferences, it would be, you know, dominant mind that would be affecting you.

Suzy: Yeah.

Julie: Yeah. Okay. And Sharon.

Sharon: I got 5.

Julie: Okay. Yeah. And that one for you, I got like about 8 hours of clearing on that. So that must be very, you know, really permeates your being at that level for that much clearing.

Sharon: Yeah. Okay. Thank you.

Julie: Yeah. And Suzy on your hours, at least 4 hours on that one.

Suzy: Yeah. I got 4 hours too. Thank you. I would pump at least that much when I cleared the-- do that clearing about a month ago, Julie Renee. So part of its cleared.

Julie: Yes. Well in for all of us because I-- these are new things. I thought-- I know that this is one of the conversations that I sometimes hear from the immersion students. I really wanna, you know, take this on with my whole heart and yet I have trouble with muscle testing and I thought, "Well, if every time we do a class, we look for new things that might open muscle testing certainly after another 6 classes or 5 classes." We're gonna get to every single thing. Plus we'll have the muscle testing class, so. I just, you

know, out of the blue with picking things that I could think of that I've found when I've cleared people's muscle testing.

Suzy: Yeah.

Julie: Okay. And then the next one which is number 4 is-- I can do a blueprint tune up today for the ability to be 100 percent owner of our muscles. So there is something wrong in the blueprint and then so I'm gonna put this off just a little bit until we go into our meditation on the blueprint activation but I will do the activation today. And then number 5 is just a suggestion of testing accuracy. A, you first say, "The information I just tested is 100 percent accurate." and B, you can test, "Am I in your name?" And a lot of times that will help you catch if there's something interfering, so. It's just a thing that you can do to also double check on your accuracy.

So we will-- Heather, can you speak? Okay. So we'll go on to the next one. We'll start clearings on personal power, motivation, and competency. And on the personal power, right ability, permission, domination. suppression, control ,and we already looked at the chart for the new details. Did you guys get the charts?

Sharon: Yes. Yes we got the new one.

Julie: Oh good. Okay.

Suzy: I have.

Julie: The charts have arrived. Okay. Good. Okay, so.

Suzy: I haven't got it, Julie Renee.

Julie: Suzy, you haven't gotten it.

Suzy: No.

Sharon: I just received it.

Julie: Well, good. I mean it went to all of you.

Sharon: Took a while but it just come.

Julie: Good. "I'm on the phone now and can hear you talking however, you cannot hear me." That's Heather.

Suzy: Actually we can.

Julie: "But I still cannot be heard." Shoot.

Sharon: Heather's saying that.

Julie: Yeah. Okay. Heather, try it. I'm just clicking on buttons. Can you hear-- can I talk to you? Can we hear you?

Heather: I can hear you. Can you hear me?

Julie: Oh we can hear you.

Heather: Oh.

Julie: Welcome back.

Heather: Hooray.

Julie: I just started clicking buttons on the control panel. Let's just see if we push a bunch of buttons that something let's you talk and we can hear you.

Heather: Good idea. Thank you.

Julie: That is so good. Okay. Before we-- so for those of you who would like to start pumping, you can start pumping on personal power, right, permission, domination, suppression, control. So you can start pumping on that and then-- but Heather, let's go back and just include you, so. Did you do your testing on these different things so I can just confirm it for you?

Heather: No. I just did. I think the question was are there any spiritual parasites. I don't know. I didn't even hear the question. I'm assuming. Are there spiritual parasites interfering your muscle testing? Is that one of them? Is that the first one?

Julie: First one is right, permission, and ability to own your spiritual authority. So just go ahead and test if you have.

Heather: Oh yes. I got 96 percent. That one you couldn't hear me. Okay. I got 96 percent.

Julie: Okay. And then the next one, removal of spiritual interferences anchors from your field of embodiment. So the field of embodiment. So you just wanna see if you have any spiritual interferences or anchors.

Heather: In the field of embodiment. Okay.

Julie: Yeah. Because that's where the troublemakers are.

Heather: Okay. I get 4.

Julie: Okay. Double that and you've got your number.

Heather: Oh. I see.

Julie: Could be 4 types and it could be, you know, that there's some more than one in a type.

Heather: Oh. So I have 8. Could you help me--.

Julie: Identify what they are?

Heather: Identify. Yeah.

Julie: Okay. So type 5 which is grey, holographic inserts, there's 3 of them of that type 5 grey.

Heather: Oh. There's 3 of them. Okay.

Julie: Alien type 4 archon. There's of them in there. And seeds are the anchors. Ashtar break off command, holographic inserts 1, a draconian, mechanisms and embedding.

Heather: Okay.

Julie: That might be it.

Heather: So it's one draconian.

Julie: One.

Heather: Okay.

Julie: Yup. That looks like it.

Heather: Alright. Very good.

Julie: Okay. And then the third one was removed domination, suppression, control from religious groups and organizations who fear knowledge. So I just I'd like you to test to see if you're under domination, suppression, and control from religious and organizations who fear knowledge.

Heather: Yes.

Julie: And then I get like 6 hours of clearing would be great for that.

Heather: Okay.

Julie: And then we talked about a blueprint tune up but we're gonna do that a little bit later, but we're gonna do, right now, we're going into the clearing. So if you go on to-- are you-- do you actually have access to the slides or--.

Heather: No. No.

Julie: Okay. Okay. So let me just read what's on the slide. I'll have Marlene send these out as a pdf so you guys all of them or put them on your page or whatever we do.

Heather: Okay.

Julie: So what's on this page is personal power, right, ability, permission, domination, suppression, control. Lucifer stops, satanic curses, evil spirit curses, soul contracts, clan, bloodline, timeline, group mind virus, group mind, black magic, curses, cycles, medical control energy, shared energy, cords, contracts, agreements, karma, trauma. Alien type 5, recticulian, mechanisms, transmortals, mothmen, holographic inserts. Alien type 2, recticulian, mechanism ,holographic insert. Alien type 8, ashtar break off command, holographic insert, demons, implants, permeations, ghosts, intertwined, fallen angel, negative spirit guides, holographic inserts. Walk ins, permeations, and nano-intelligence. So these are all the things that I could, as I was researching, all the things that I could see that would block personal power. Your right, ability, and permission. That's what we're gonna clear for awhile now and then if you--.

Heather: Okay.

Julie: I think if we do this clearing for awhile and then we're gonna move on to DNA after that. We're gonna do DNA as a separate tune up and then we'll go to the chakras, the aura, and the golden rings for personal power, and we'll do that in a guided meditation and then we'll go to regeneration of the muscles ,adrenals, and pancreas. And I think, you know, we probably have already done regeneration. Those areas as a group but you know, it's nice to warm them up and restore them again for personal power.

Heather: Great.

Julie: Yeah. Oh okay. I gotta go ahead to do the blueprint tune up right now. So while you guys are pumping to clear right ,ability, permission, removing domination, suppression, and control for personal power; I'm gonna go in and do the blueprint tune up for being able to own your muscles a hundred percent. So there's a problem in the blueprint. So I'll do that while we're pumping. Sound good?

Heather: Okay. Yeah.

Julie: Okay. I'll play some little light music on. Okay. I stopped as long as I was in there and you guys are pumping away on your homework that we would-- I would just do the thing I could see for also personal power. So I did the muscles but I also did personal power.

Heather: Oh. Fantastic.

Julie: Yeah.

Heather: Oh wow.

Sharon: Yes.

Julie: As long as I'm here. Because I saw a bunch of things on personal power that were in the blueprint kind of funky.

Heather: Thank you.

Julie: You're welcome. So that's perfect.

Heather: Yes.

Julie: Looks like we have another person on the call.

Rebecca: Yes. It's Rebecca. I was just testing to see how it's going.

Julie: All good.

Rebecca: I'm sorry. I was checking to see if Heather's okay. She's been email into support saying she was having problems on the phone call.

Heather: Oh thank you.

Julie: Okay. Heather's in.

Rebecca: Okay. Great. I'll hang up now because I was just waiting while you're on your break to see if she came in okay. Alright. Wonderful.

Julie: I was doing a blueprint healing, but anyway. That's okay. Okay.

Rebecca: Okay. Thanks. Buh-bye.

Julie: Bye. I could see where it might have felt like a break. By the way, I did send, again, the information from the slides as pdf to everybody before I went in to the blueprint, so. You might have that in your email right now if you wanted to look at the slides. I sent it to everybody as a pdf right before I went into the blueprint.

Suzy: Yeah. I've got it too. Thanks.

Julie: Did that open up nice for you?

Suzy: Yes it did. Thank you.

Julie: Oh good. Okay. Mission accomplished then.

Suzy: But I haven't got the chart, the spiritual parasites chart. That didn't come true.

Julie: Okay.

Heather: Could we have a break, Julie Renee?

Julie: Yeah. We take a 5- minute break?

Heather: Yeah.

Julie: Let's take a 5-minute break. The answer is yes. So it's 5:02. We'll meet back up here in 5 minutes.

Suzy: Thanks. Bye.

Julie: Sure.

[Break time start in 01:23:34 until 01:30:15]

Julie: Okay. Welcome back, everyone. Let's see where we're at with this one. And the personal power clearing that we're doing, we're about 70 percent clear on that.

Heather: Good. Great. Juls, I don't know if it was because you went into the-- can I talk?

Julie: You definitely can.

Heather: Okay. I don't know if it was because you went in to the blueprint and worked on it but as, just during the break, I kept pumping and like my heart just feels so warm and more expansive. But the warmth in my heart is what really touches me.

Julie: Wow.

Heather: Oh. Such a sweetness. I just wanted to share that.

Julie: Beautiful. Thank you. I get yes. It is from what I tweaked in the blueprint; I got a yes.

Heather: Really?

Julie: Yeah.

Heather: Isn't that amazing that you would do that and then my body would pick it up.

Julie: Well, since we're such a tiny group is that it just flood into your blueprint. So you know as I'm changing things that it change in your body, so. That does make sense to me.

Heather: Well, it's really wonderful. Thank you.

Julie: Suzy, did you get the new chart?

Suzy: Yup. It doesn't seem any different, Julie Renee. I'm just going through it. I wasn't able to open it. I'm still having issues here with a few things but--.

Julie: You're not able to open it or you think that it--.

Suzy: Yeah. I can now. It hasn't gone through its download as it suppose to. So I'm opening it on the email page. It looks exactly the same as last time. But anyway, I'll go shoot.

Julie: Tell me, does it say chart advance spirit dot doc on it?

Suzy: I have to go back to where it was. [Inaudible 01:33:40] the page. It says chart advance spiritual.

Julie: Okay.

Suzy: All one. I'll confirm by email.

Julie: Okay. Chart advance spiritual is the one.

Suzy: Yeah. I do.

Julie: Okay.

Suzy: I'll go check on my downloads. I'm having interference I think. The pdf it's great. Thank you. Fantastic.

Suzy: Can anybody hear me? Hello?

Heather: I can. I can hear you.

Suzy: Hello.

Julie: Oh gosh. I'm sorry. I must be on mute for a minute there. So we're moving on to the DNA slide.

Suzy: Can anyone hear me?

Heather: Juls, I didn't hear you either. Okay.

Julie: Yeah.

Heather: You were on mute.

Julie: We'll move on to the DNA slide. We're at like 85 percent on the first 5 but we've gotta get through the rest of them. Suzy, do you hear me?

Suzy: Yes. I can now. My headset wasn't-- I'm having few technical issues here. It's fine.

Julie: Oh my goodness.

Suzy: Oh. The technology of this house. It's even affecting my garage door, Julie Renee. Driving me insane.

Julie: Oh my goodness.

Suzy:.. Oh yes. And I've been really doing a lot of door knobbing I can tell you. I thought I got it right down but it's gone to a bit of a frenzy.

Julie: Wow. Yeah. So let me just say this again I think I accidentally touched the mute on the control panel. I want everybody to move to the DNA, permission, right, ability slide to express and enjoy personal-- or we're just gonna do the DNA side slide for a couple minutes. I've mastered this one. This one is just like not a problem for me and I know it can be not a problem for you too. So just go ahead and clear the DNA with the side slide and then we'll work on the reset also.

Suzy: Okay. Thank you.

Heather: Juls, would you be willing to read the intention of this one because I don't have the slides again.

Julie: Oh you don't. Okay, so. You never got the slides on Michael's or yours? Because I resend.

Heather: No. I couldn't. No, I did not.

Julie: Okay.

Heather: But I believe they're in Michael's but I don't know if he changed his password but I couldn't get into his Gmail.

Julie: Well, on the first one it was personal power, right, ability, permission, and then clearing domination, suppression, and control and one this one it's a follow up with that. DNA, permission, right, and ability to express and enjoy personal power. So It's just a DNA.

Heather: Oh. Okay. Got it.

Julie: Yeah. We're going to DNA. Specific, I want you to do the DNA hand movement, the side slide.

Heather: Right. Okay.

Julie: I just separated it from the blueprint.

Heather: Oh I see. Okay.

Julie: And Heather, you're already clear on this one. Suzy, you're clear. Sharon, you're clear. Okay. So we can go on to the next slide, so. There'll probably be a little bit of a homework on the last slide of the longer slide because it was taking a long time. I just wanna make sure that we touch on everything today in our couple of hours together. So the next thing we're gonna do is restoring the power in the energy and energy centers in the body, and we'll do this through a guided meditation.

I don't--- let me just test and see if we have, for all of you, done the regeneration on the muscles, adrenals, and pancreas. Muscles. Adrenals. Pancreas. Okay. So apparently, we've done muscles on this class. We haven't done adrenals and pancreas. And Suzy. Suzy needs adrenals. Sharon needs pancreas. Okay. So we gotta get that in there somehow. Okay.

Well, let's go to the guided meditation for the chakras and the aura. So sending a grounding cord down from the base of the spine to the center of the Earth. Make the grounding cord nice and wide. Set the grounding cord on release and begin to release the excess energy in the body. Taking a few breaths in and out. And as you breath in, breath in positive energy and as you breath out, breath out negativity, worry and concern. Breathing in and out.

And then grounding your right and left adrenal with the line of energy as wide as your wrist hallow in the center down through the center of the Earth through the perineum. Setting the right and left adrenal on release. Releasing any excess energy in the adrenals. And at this time, we're gonna activate cellular neo-genesis in the adrenals. So you're welcome to pump as you do your meditation and its that's-- kind of looks a little bit like a doorknob except it's-- the fingers are extended out. So you're doing kind of a flutter. This is going to kind of multitask for all of you. So you can do this little flutter. Looks a little bit like a doorknob except the fingers are extended out.

An we're gonna be starting the cellular neogenesis in the adrenals. We're also gonna be starting the cellular neogenesis in the pancreas which is right in front of the adrenals, right in the fame area. And also the cellular neogenesis in the whole muscular system, so all of the muscles. So we're doing this kind of slide. Fine. Kind of a flutter. Flutter. Yeah. Heather called it a platter. So just do that while we're doing the meditation.

We're gonna be activating the 3rd chakra in front and back and getting that chakra on and spinning. And at the same time, at the grounding cord at the perineum, we're gonna be activating the first chakra. We're gonna get that on and **[Inaudible 01:46:07]**. And

connecting the first and the 3rd chakra with power and groundedness. Going up to the center of the head and in the center of the head is the golden temple of silence.

Opening a trapdoor out the back of the head and emptying out the center of the head. Picking a spiritual fire hose and just washing out the center of the head. Pulling the aura into 18 inches around your body. Opening your feet to Earth energy. Bringing Earth energy up through the feet, ankles, shins, calves, knees, thighs, out the hips and down the grounding cord.

Bringing cosmic energy into the back of the head one inch above where the spine meets the skull. Bringing cosmic energy down into your neck and shoulders, arms, elbows, forearms, through the wrist, and then out the fingertips. Bringing more of that energy through your back channels. Looping up through the belly, through the chest, through the neck, through the head. Fountaining out the top of the head like a beautiful Italian fountain bathing and cleansing your aura. We're clearing away things in the aura that would spend us from standing in our personal power. We're activating our golden ring at the same time as we're doing cellular neogenesis. We can feel the golden ring coming on.

And just see those beautiful master cells and stem cells getting their connection. Seeing light blood into the body and really the body being restored with dynamic energy. Seeing the first and 3rd chakra activated at 100 percent. Seeing the golden rings fully extended and on. In the aura, take on a new hue of personal power, of authority, of confidence. See fear and worry and the things that take you out of your personal power. You see that falling away from you.

And then seeing your spirit coming fully into your body. Coming deeply and profoundly into your feet and your hand, your legs, your arms, your torso, and filling up through the pelvic cradle, through the belly, through the chest, through the neck, through the head. And so now you're seeing your spirit really deeply embedded in your body and this is a good embedding.

See the spirits spinning out to lightly the outer edge of the skin and seeing the life force activate to 100 percent. See the power, the authority, that your spirit is informing your body is now going to 100 percent. There's any discomfort in the body. Notice how the spirit, with life force at a hundred percent, is kicking that discomfort out. Notice an ease and joy, grace filling the body as you stand in your confidence and your personal power.

And taking a few breaths in and out and as you breath in, breath in positive energy. As you breath out, breath out negativity, worry, and concern. Breathing in and out. And breathing in deeply. Rubbing your hands together in front of our heart chakra. Creating some heat in your hands, in the palms of your hands. Put your right hand over your left on your chest. In a universal mudra of self love and self affinity; affirm to yourself, "I love

myself. I trust myself. I give myself permission to express my unique self in power, strength, and loving kind."

Breathing in and out. Coming back into the room. May be with the blessing of the Supreme Being that this activation is completely. May the entire world be filled with radiant health, vitality, abundance, joy, and peace. To task to, so be it. And welcome back. Yeah. A lot of extraneous on the call.

Heather: Thank you for that.

Julie: You're welcome.

Suzy: Very lovely.

Julie: Yeah. Okay. Well, we're at the end of the hour. We sent out a link for everyone to do a 10-minute check in with me tomorrow. I will send out the hours of additional pumping if you'd like to do additional pumping and I will be pumping the next hour, so. If you wanna tap in to that, I'm right here pumping for all of these that we're working. You'll see the slide. We touched on very powerfully in the meditation like how to do regeneration while you're in meditation and that side-- the hand size movement that is kind of a side flutter without crossing over your chest. So it's a little bit like the DNA slide except it doesn't go up your chest.

What we're looking at, also, is you could test muscles, adrenals, and pancreas. You can test and see if you needed more time on those. Just gonna pop back up right now and see how we are with the personal power, the big clearing that we were doing. Oh my gosh. Okay. We're 99 percent clear on that, so.

Heather: Oh wow.

Julie: I know.

Heather: Awesome.

Suzy: Wow.

Julie: You know what, what I'd like to see is if you could add an additional 30 minutes at some point this week to this process on the personal power clearing, I think that would be fantastic, so. There's not something specific to do. We're all at 99 percent with the DNA. So I think you just pump a little bit more and it goes to a hundred percent. And then if you wanna look at, if there is anything else, I think I had read someone needed, maybe Suzy needed , adrenals and maybe Sharon needed pancreas. So those could be things that you could also work on.

Suzy: Okay. Perfect. Thank you.

Julie: Beautiful. Okay you guys. I love you. I appreciate you. We did it. We went through another day. So I'll be talking hopefully to all of you tomorrow morning.

Heather: Okay. I love you too, Juls.

Julie: Oh. And Heather, please order me the baby mattress and we can work out the details. I'm happy to compensate you however you wanna be compensated.

Heather: Okay. Very good.

Julie: Yeah. But get it order in. I don't know when the baby is coming. So I figured, we better order it.

Heather: Okay. Alright. Very good. I'll send you and email.

Julie: Perfect. Alright.

Heather: Okay. Alright.

Julie: Bye, Heather. Bye, Sharon. Bye-bye, Suzy.

Sharon: Bye.

Suzy: Bye, everyone. Love you. Blessings bye.

Heather: Bye.

Julie: Bye.

Sharon: Bye, everyone.

[End of Transcription at 01:58:17]