

## **Your Year of Miracles - Aug 2016**

Good morning everyone and welcome to Your year of miracles. Julie Renee here and I'm really excited about today's class. We're gonna be doing a brain regeneration. It's gonna be amazing. Amazing, amazing, amazing. So if you were in this class last year, you're gonna notice a few changes. We've added a few things and expanded on how we work with brain regeneration. So I think you're gonna love it.

Welcome to the newbies. I noticed several new people signing up in the last couple of days, so. We love you. We're so happy you're here and we're gonna have an amazing year with us, so. Welcome everyone. And let's get started with our blessing. We'll get on to our slides here. Alrighty.

And you are in You year of miracles. And as always, we start with an opening blessing to remove obstacles from our path and from this powerful, powerful 3 hours of regeneration. If know, please sing along with me. **[Sings in Sanskrit from 00:01:22 to 00:02:37]**. And just taking a deep breath in through the nose and letting it out through the mouth. Breathing in and out. And allow those blessings and the removal of obstacles from your space to really take root in you.

Today, we'll be doing the 5 brain regeneration and during this retreat, we'll plow through the removal of degenerative brain and nerve programs, getting to the master cells and stem cells of the 5 brains on the regenerative path. We'll be working survival brain first and then going to the emotional, creative logical, and genius brains. Starting a cascade of new cell growth, well progress for a hundred and 80 days as you become more focused and clear. As your memory improves, you're able to learn and learn ways that maybe you have had a challenge in learning or was impossible to learn in those areas.

As always, we start with our demonstration. I'd like to get a few of you started on pumping or all of you started on pumping. So if you'd like to get going even before the quantum demonstration. The brain clearing today; clearing all programs for brain, illness, and anomalies including ADD, dyslexia, dementia, Alzheimer's, depression, and really all brain illnesses. And then we're also clearing all programs informing the brain to function at less than 100 percent.

And this is our list, so you can see it's a nice good amount of things that we are clearing today. Lucifer stops down to karma and we'll be going through this in more detail when we come back to it. But permission, right, and ability to have a fully functioning brain free from oppression, domination, suppression, or control from other or ourselves. So that will be the first clearing, if you'd like to start pumping.

And then we're gonna go into the demonstration next and so I'm sure most of you, if not, all of you know the quantum pump, but we repeat this every time because it's amazing.

You can be in class for 6 months or a year and all of the sudden something clicks and you get it on a deeper better, more profound level. So just understand that you may hear something over and over and over again and then all of the sudden, there it is. Something that you missed

So the reason that the quantum pump works is we're accessing the quantum field and there are 2 kinds of physics: Newtonian physics; and quantum physics. Newtonian physics is like gravity, it's the apple falling from the tree; or quantum physics defines everything is part of field of particles vibrating. So we'r all part of that field of particles vibrating.

We're not doing an energy healing, we're actually re-arranging the particles so they're vibrating in a better frequency for you. And putting the hand, the elbow down, at the side. So your elbow is like nudged right in here at your waistline and your hand is basically falling forward. Like that, and like that. So that's the quantum pump.

This came to me, 8 or probably going on 9 years ago in my garden when my own body began to regenerate and I started having the miraculous experience of moving out of pain and suffering and back into a full self-expressed life. Really waking up to who I was and what I came to do. So this is the quantum pump. It's really a very relaxed experience. Not squeezing, not like that. You're not making fist and letting go. Actually just very relaxed. Letting your hand fall forward and come back.

The double pump looks like this. It's 2 hands doing the same thing. You can do it like this or you can do it like this. You can use your left hand. As I've explained in other classes, I use my left hand for reading. The right hand is outer and assertive, the left hand is receptive, but you may use the left hand also and in both cases. Eventually, whatever hand you use, the right hand tends to be a hundred percent already, the left hand tends to be in the high 90's but if you use it on a regular basis, you can get it to a hundred percent.

And then the discreet pump. So if you're just walking, that's the discreet pump. Walking or you're at a restaurant. It's kind of a flutter. Your hand is just kind of fluttering. So that's the discreet pump. The foot pump-- I got bright light slippers on today so you'll be able to see. It's just the ankle falling forward. So that's the foot pump.

And then I did get that we should go over chopping today, so. We'll do that one too. And chopping, very much like the double pump except you're keeping your fingers together, so it's chop, chop, chop, chop, chop, chop, chop like that. Rather than this is the double pump where your fingers are loose. This is chopping where your fingers are together.

Again, the reason that it works is because we're setting an intention with our mind. What the mind can conceive and believe it will accomplish. So we're setting that intention with

our mind that we're gonna be re-arranging something in the blueprint and then we're actually causing that to shift. So the mind is intending for you to shift and then we're pumping and you don't need to-- you need to-- so when you start pumping, you need to think you know, like i just showed you the screen of that we're clearing. You need to think, "I'm clearing this." And then you need don't need to hold that thought indefinitely.

Once you get started, you're started in the right direction then you're going in that direction and that's we're gonna be going, so. I think that that kind of explains the different quantum pumps we'll be using today. Muscle testing is also called kinesiology and you probably seen it at fairs where they're doing this kind of a thing where you are being thought that your muscles become weak when something isn't true or isn't food for you or is a lie. And the body can tell when things aren't true or a lie.

The problem some people have with muscle testing is in their field of embodiment, the relationship of spirit to body. That's part of the reason we'll be teaching a class on it but that would be something where you could muscle test and see if you've got a challenge in the field of embodiment.

But in any case, you're using your right hand and your right finger, pointer finger from your left hand and your pressing down. My name is Julie Renee tests as true. Blue is good color for me tests as true. I like this color. Let's work with the-- You can consult-- this is one of the top 3 colors you picked for me. Excuse me.

Sorry I got a little frog there. Don't push side to side; it's up and down. If you do a different kind of muscle testing, it's perfectly fine. You are in a yearlong program. So I encourage you to learn what I'm teaching you, so. If you can master this style of muscle testing, you'll find it incredibly efficient for getting through a lot of information quickly. Okay.

And we are not ready to go on to the first activation, the first clearing and we are hoping to get through the entire brain today and if we get through the brain, we'll also go into the nervous system. The priority for everyone is to get everybody through the brain which control the nervous system, so.

Here's where we're going with the clearing. And also understand that we will be, for those of you who've been in class this week, this came through just a few days ago, how emotions can function as anchors and prevent you from fully regenerating or fully clearing, so. Take that out. That's from the breath class.

I just pulled this slide off of there because I think it's just so important as we're looking at a long term regenerative process that we wanna remove these different emotions that surface anchors to prevent and this first list is the one that is most important; malice,

hatred, resentment, anger, and unforgiveness. And we can go in to that a little bit more but that will also be part of this big clearing too.

So we'll be doing-- we'll be doubling up and removing these anchors as well as all of these programs. Spiritual interferences and anchors, so. All of that is our first clearing before we start with the brain regeneration. So we are pumping and I'm gonna say good morning to people. Thank you so much for signing in and very excited to see all of you and delighted to have the newbies in the class.

So Trevor, good morning, and Laurel, Carol, Barbara, Susan, Suzan, Julie, and Congratulations, Susan, on your second year. And Sebil Maria from Munich. Hi, honey. And Linda, and Cindy, and Trinity, Nila, Carol. "Looking forward to this class." Is that Epiphany? Beautiful. Oh Carole. Epiphany from Beautiful. Okay. Heather, "Good morning, Juls. Happy to be back." Nice to see you, Heather. Paula, good morning. Sharon, "Good morning, Julie Renee and everyone. Problem with computer. Very happy to be here." Wonderful to have you here.

Yeah. This is car week in my area. I figured they cancel it with the fire but they didn't, because a lot of the area isn't under fire, just Carmel Valley and Bir Sur. And so Pebble beach and Monterey and the towns north of here are fine but I was told that it would take me 3 hours to get to town today.

So that kind of funny because I actually have to you know, go about 12 miles and I'm told it's gonna take me 3 hours to go 12 miles, so. Oh my goodness. Oh my goodness. Car week, it's one of the international big shows that they have here in the Carmel Pebble Beach area every year. They do it for a week. Gae, and Gale also signed in. Good morning, girls. Nice to see everybody. Alright. So we are pumping. We have a really exciting 3 hours planned. Brain regeneration is the big deal.

There's Audrey. Good morning, Audrey. Let's have a little music. I'm having a little-- I'm having some orange juice and little couple of bites here I got ready for you this morning and just putting a little bit of food in my mouth.

Sebil Maria, you were asking about do you need to clear these emotional anchors. If it tests that there are emotional anchors in the brain, then you do, so. You won't have the depth that you had with the other clearings that you've done. But here we are working on regeneration in the brain. You just wanna see because you'll have the major part of things cleared and something might show up.

So let's just take a look at that for you. It's really good question. Heather had something showed up yesterday where she had a couple, I think, of unforgiveness even though we've done the whole deep clearing the other day in the breath class or in the breathing class, so. Let's just see, Sebil Maria.

Unforgiveness. You have 2 in unforgiveness and that's it and it could be unrelated to the other things you've cleared but it's-- it'll be anchored in preventing the brain from regeneration. So that's why we just double check on these and that's-- so we'll always have this in the classes just to double check. I think the big clearing gets most of what we need out and then we look for anchors in the specific areas. Okay.

Oh, and by the way, and Audrey just to let you know, we now have your class links, your live links on your member's page for this program. So for every class that you take, if for some reason it gets lost in virtual technology or whatever, you can now go into your member's page for this class and the link will be there for the class, so. You'll never have to worry that you can't get in or what if I don't reach somebody.

And then just to also let all of you know that if you come to the morning of the class and you haven't gotten it and you forgotten about the member's page, contact [trainings@juliereenee.com](mailto:trainings@juliereenee.com) because that's a staff that's on to make this happen at the time of the class. So they're on for an hour or two before the class. So if you're coming on about an hour before the class like, "Oh my gosh. I didn't get my link." That's another way that you can get the link; contact trainings. But you can all go into now your member's page for any class and your link will be there.

Okay. I think I'm getting some compliments. Thank you so much. Okay, so. Jone, "Glad to be here. Could feel the power of this session during the night last night." Oh that's so interesting. Yeah. I was woken up and awake for about an hour last night in the middle of the night, so. That's probably it. I think there was a lot of excitement about the class.

Sharon, "I also had emotion show up and realized that it was the way I was viewing and asking. Your explanations were so clear and detailed revealing more truth and depth." Oh wonderful, Sharon. That's really great. Sebil Maria, "Thank you. You look so beautiful and again much younger." Thank you. You're welcome to Sharon. And Audrey, " And where's the member's page?"

Julie, for every class that you take, there is your own member's page. So you would-- when you get the replay and here's all your homework, then you just click on that and that'll take you to your member's page or you can contact [support@juliereenee.com](mailto:support@juliereenee.com). But you-- everybody's set up in the member's site and so it's all there for you. "That is your blue. So you." I know, this color is really good. I should but more of this color. I don't know if I said good morning to Paula. Good morning, Paula. I might not have said good morning to you.

Okay. Now, we're gonna go into a little more detail on emotions as anchors because I think it's gonna be really helpful for those of you who haven't been in one of the trainings this week, so. What I discovered is that there are 5 emotions that are anchors that prevent you from healing, and they can be even more powerful in preventing you

from healing than spiritual parasites and the anchor, spiritual parasites, or any of the programs running. Those programs like unforgiveness-- let me just read them to you; malice, hatred, resentment, anger, and unforgiveness. Those anchors can be-- even if you've done like a ton of work, so.

The other when I was hiking, it was like came through-- I think it came through on Wednesday morning because I did the breath class and I was out doing a loop here. So straight down the mountain, straight up a mountain. And I could see, and I was asking, "Why do people heal or not heal?" And I had some things where my body did regenerate and I grew back something and I had some places where I didn't regenerate and I thought, "It should work for everything."

So I was looking at, "Well, what is still missing?" And I got very strongly there were emotions that embedded in the body or anchored in the body, and those emotions are always on-- when they come up on some level blaming another for your life or for what you're experiencing, so. You're putting responsibility on it.

Again, if we think about that; unforgiveness, anger, resentment, hatred, and malice, those are all directed towards somebody, right? Those are not ones that you're directing towards yourself typically. You're directing them towards somebody; when they did something to you.

Now, I had a particularly difficult life that was filled with a lot of abuse and I've done so much clearing. I thought, "Well, how in the world?" I tested that there were 13 incidences or 13 anchors in me of unforgiveness. Oh that's gonna be better.

So even though I did a massive amount of forgiveness work and really think that I've pumped and cleared, there was a piece yet missing where it would anchor in, so. If I were angry with somebody and they were angry with me and they did something to me and then I wasn't gonna forgive them, it would anchor in.

So even though, now I've forgiven them, there's an anchor of when that incident happened. It's still anchored in to the body, and that's what we're clearing. It's not a huge forgiveness thing where you have to think about the person and you just test, "Are there anchors for unforgiveness?" Let's see what the other ones are again. Malice, hatred, resentment, anger, and unforgiveness.

And let me put this back up on the screen because I think it's also interesting. You can see the frequency. Frequency's very low but it's not, if you were in the emotions class, it's not all of the low frequency emotions. It's just these 5 specific emotions that are anchoring to prevent regeneration. So these are the ones that we wanna make sure are completely clear when we look at any regeneration of any kind.

Now, when you do the first time through, it's gonna take longer because you're doing a big one false swoop of, you know, everything in the body. But I like to encourage you that if you're working on yourself or you're coming into classes, this is gonna be added to all classes, is the malice, hatred, resentment, anger, and unforgiveness will be added as anchors. So emotions anchors. So we'll work on always making sure that we get the one or two.

So now if I'm working on and I've done brain regeneration multiple times but I'm gonna use myself as an example because I was totally blown away when I saw-- well, I don't even have the malice in my space. Like I never feel malice. I don't think I ever have in my whole life and yet something showed up yesterday with malice in my space, so. It was something where I was in agreement to match somebody's energy who felt malice towards me and then it anchored in my body.

So understand it doesn't have to be really originated by you. If you match it, if you empathize it, if you know, it can get anchored in to your body and then it could be part of you. I think the other thing to know, and I'll probably go into a lot more detail as the weeks go by here. It can also kind of flow. I was noticing is it can flow through a cord, an energetic cord like cords between you know, like you and your husband or something like that and I think that's where that malice came from for my in space. So it was a cord where malice could flow in at that time, so. And match, so I was taking on his stuff by being corded to him.

So I see when I look at brain regeneration, there's one in unforgiveness for me on brain regeneration. And it's an interesting thing too when you look at what does it cost you to have unforgiveness. To not just immediately go, "Oh that's okay." You know, I know it happens to everybody.

So if you start realizing that if you say to somebody like I noticed this me being really transparent is very frustrated with my pilates teacher. I'd said to her I wanna do Monday and Friday mornings. I wanna do them religiously and I wanna do them for 6 months. And you think that that would happen and occasionally have a Friday where I teach but it's once a month that I teach you guys on Friday.

So we were all ready with, "Okay. We have to skip that one." And then she went away without telling me, so. I've gone to my training and she's not there and I looked and there's nothing on the schedule for the month of August and then like, "What the heck happened?" So I texted her and I said, "Hey. I'm not in your schedule." And she was, "Oh no. I'm in London. I'm with my ballet students and I'm gonna be here for 3 weeks." And I was like, "Wow. She doesn't care about me." Doesn't she know how important is this for me.

And I was looking at that the other day about how the tiniest little bit of unforgiveness. The tiniest little bit of it's somebody else's fault can stop something. It can just immediately can show up and then it can be unforgiveness in your space. And so I'm tattling on myself because I'm human and I'm looking at that going, "I can do better. I can do better. I can be fully responsible." I can say, "Let's schedule out 3 months right now." Or "Let's schedule out the next 45 days before the baby gets here and I wanna know exactly when I'm coming in.

If you're gonna take off, I need you to let me know so I can get in with your co-teacher, who I know it's inconvenient, but I'm gonna have this session. So I can be very, very proactive and then it's my responsibility, not hers, to make sure that I'm getting my pilates trainings, so. I think we look at it, it can be that small. It can be that small. But it can also be on the stuff that gets embedded because she doesn't have any agreement.

I bet she doesn't even know I'm upset with her and I'm not, on any level, hugely upset with her. Tiny little bit of, you know, whatever that was that's gone now. But understand that I saw that in my space, I'm like, "well, what does it cost me to hold someone responsible for what's happening in my life?" And it's jut too big of a cost for me. It's too big of a cost to assign somebody else should be responsible for this.

I've gotta be a hundred percent completely and totally on track and responsible for what's showing up in my space. And also I think on the unforgiveness thing, if you have experiences where somebody maybe isn't as trustworthy as you'd like them to be, I think that if you step into unforgiveness, it prevents you from being powerful with them. So you don't get to be affected with them anymore because there's something messy in the space, so.

Understand that these are very low level like they can be like 5 percent or 11 percent. They're not a hundred percent like this all the way because I say that all of us have done all that for **[Inaudible 00:31:15]**. So the unforgiveness for my pilates teacher was like 3 percent. I mean it's not a hundred percent. It's like no-- there's no volume in there but there's the tiniest bit of something there or the tiniest bit of anger or you know, whatever that is.

I think disappointment. Look at disappointment affects negatively your regeneration. Sorry being crushed. Blaming someone else, so. Just look at that and then it won't be full on necessarily because we're enlightened people you know. So it might be just a tiny amount ,but that tiny amount is gonna cost you. And it's so interesting to like then step up to-- well then we're looking at being masters of regeneration and then we're looking at regeneration goes hand and hand with enlightenment. Because what we really you know, look at here is mastering the field.



And when it naturally happens, when the field is naturally mastered is when you become an enlightened master. When you get to that frequency of over 700, so. The first step is 500, right? The first step is unconditional love and then the next step is enlighten master which is 700/750 and up to a thousand is Christ consciousness and now in this era, there's at least 500 people in the planet that are in the 2 to 3 thousand reach. Because we're now in this era where there's a god equality.

There are people like me who came in and chose to forget that we were divine beings and to go through setting up our body with an abusive family and having all the programs and the abuse and the trauma and all the difficulty so that we can, when we awaken, we can awaken but also see the struggles and challenges that humanity goes through. And this, I think, you know as a designer wanting to know what is working with the blueprint and what's off with the blueprint, the only way to really know is to come in and experience the troubles that are part of daily life or humanity.

So I know I set that up for myself and every time I peel away that layer of the onion where I go, "Oh my goodness. Look what--" You know there's just a little weird thing with the pilates teacher. Little bit of unforgiveness or little bit of maybe it's a tiny one percent of resentment. Reads as zero in resentment, but whatever it is. You know that little bit cost me something.

And then the other way, like I was saying, you might have it in your space because at that time that some trauma happened to you know, someone was angry with you, you were upset with them and it allowed for that to take root in you. And even though you did the forgiveness work afterwards, it had already anchored in, and so this is a clean house opportunity.

And was so amazing and so awesome is that we're gonna go through month by month by month by month, and for those of you that are coming close to you at the end of your first year, understand that you have a great opportunity to come back in. It's very inexpensive in the second year. Just cycle through again. You're gonna notice that we just keep adding. I keep adding new things. I keep downloading this new stuff and seeing an awakening to what it is stillness and what is it that's missing, you know, and being that question.

And I think as people are committed, we have the apprentices and immersion students and year of miracles students or you're here for, at least, a year. We get to do a much, much deeper level of work together which is a path to awakening your divine self. Yourself as a being of love. As a being of light, as a master. And I'm gonna say that all of you are awakened masters under whatever is piled on top of you. And that just like with me in the garden where I began to wake up, and I woke up really fast, so.

It was really from being in you know, in a dream. A dream of violence and anger and struggle and frustration and loneliness and depression and anxiety and all of that, and I would say that was a good portion of my first part of my life to waking up to the joy, the happiness, the connection, the remembrance, the love, the presence, the divinity, the power that comes with all of that, so. I see that each one of you are awakening. You are awakening beings and this will accelerate. This work will accelerate your awakening. It's exciting. Very exciting.

I was also looking at, as we're doing this bigger clearing on getting ready to do the brain regeneration. In hours 2 and 3, we'll be doing brain regeneration; is looking at how your own inner awareness and your inner awareness and your inner knowledge comes to you and I was seeing yesterday kind of a cascade of information about intuition and inner vision and I'll be doing a class. I'll be putting a class together on that inner vision, inner awakening, inner knowing, so.

We'll be working on how do you approach them because it's multi-dimensional and given the new things that are coming in. Perhaps with the genesis of new life with me saying you know I'm ready to take on being mommy to babies, and it's an interesting experience for me. I have to say my world on some level is just blasting apart and then on some other level, there's so much information pouring it. And who knew that if I kept myself so busy that I was stressed that the volume or the level of information will come in kind of as a trickle.

A few weeks ago, I was realizing that I can have the level of stress in my body that I had and be a good mommy, so. At 2 o'clock in the afternoon, I'm going upstairs and I'm taking a nap. I'm drinking water. I'm making juices and taking my walks in the morning. And there's a level of, well if you're still and if you're peaceful and if you're relaxed whether you're reading a book or you're, you know, contemplating life. If you're not just going, going, going which I think it's so interesting because I look at this.

And I know that many of you women look at me as a model of how to stay feminine and be a successful business woman. And I look at this and say you know, our female bodies are not meant to be on overdrive. We can. We can multitask, we can do kind of the male thing but to keep that inspiration and brilliance and beauty and juiciness going. We need time where we're creating.

I know the 3 weeks I had the children, they left on Monday, we were coloring. And we were singing. I was teaching them my songs, obviously, so they learned 5 of my songs and teaching them about rhythm and meter and some of the songs had notes that were right next to each other in the scale where some of the songs had notes that were far away from each other in the scale.

And as much as they could grasp being that they didn't speak a lot of English but we were working on the concepts of meter. We're also working on the idea of some of the lyrics to songs are very poetic. So they're not words that are put together differently than in everyday language. So giving them meanings of poetic streams or lyrics of words and how to understand the words put together that might not be used in everyday language.

And it was so fabulous for me really to have time where I wasn't just striving and driving and getting the backbone of the website done and picking up more pictures for you know, the enrollment pages and directing how we map out the next 12 newsletters. You know, I like that kind of work. But I also noticed that how I'm bringing in this rich material is having time away from technology too, and that is so important for all of us in female bodies. Our brains are just made slightly differently.

We're gonna regenerate men's brains and the female brains on the call today and we have a few wonderful gentlemen with us in this call. This is not a woman's class, but I know a majority of our students are women. And I just wanna address that. I was say that the way we're wired is our emotional brain and our creative brains, that is where we're all that juice or all the chemicals, the estrogen, and the-- you know, our brain is marinated in our hormones. That's where we're driven to; the social brain, the emotional brain, the creative brain.

And then to be successful in business, ladies, we're gonna give you a big boost up with the survival and the logical brain. So the survival and logical brain, when I was dating Jeff who was a former Priceline CEO. When I was with him for a year and I had Jack Canfield, and he's a dear friend of mine. Jack was in my space. We were texting back and forth quite a bit a year or two ago.

So it was just really getting to look at this 2 men who are kings in the world and how their brains, how they as men and kings in the world, access and use their brain differently than we as women, queens or goddess, use our brains. And I could see, also, one of the things was their field and their level of confidence and certainty and expectation. But they used-- they weren't trapped in their emotions, they kind of loop around, that was one of things I could see that was pretty free for both of them.

They were thoughtful. They were considerate. They were inquiring, they wondered about things, but just on their own. Without brain regeneration, they were maxing use of their brain in different parts of their brain 60-70 percent on their own. I read Tony Robbins without permission, so I'm gonna say a lot about it but I was really impressed with how Tony uses his brain. And so when you think about expanding out in the world and you say, I'm gonna you know really, really use everything to full capacity.

I know, when people came in especially I did-- I don't know. About 5 thousand brain readings 2 years ago and a year ago. I stopped doing them about 13 months ago. But I

did 5 thousand brain readings and what I just blown away with is how little the people who were coming in off of the summits were using their brain versus the hundreds I had done earlier where I was attending a lot business meetings and people were using their brains twice as much. If they were full time business people, they were using more of their brain, a larger percentage of their brain.

So then I started thinking, "Well, the use of the brain then really keeps the activity in the brain, the use of the brain, the capacity of the brain." As long as we're demanding on the brain and we're expanding into the brain and we're using the brain, the brain continues to function and when we become sedentary and meditation is good but it's not activating anything really going on in the brain.

You know so that particular activating system. All these different systems in the brain. If you're sedentary, you're peaceful, you're activating the spirit, you're going out of the body. And what we wanna do is we wanna fully use the brain, obviously, so that we have full access to all of the wisdom and the knowledge.

I just saw defending your wife this week with Meryl Streep and Albert Brooks. It's a fun funny kind of comedy about the place in between death and heaven and they were big brains there. So some of you might have seen that movie. But understand that we can all be big brains and there are big brains in the planet. There are people like Jack Canfield and Jeff, who already are the big brains or already using their brains a whole heck of a lot and I wanna say that we all can and it's really a commitment to using the brain.

I think the other thing I've seen from spiritual people is like, "Well, you know I can access the information by floating out of my head." Yeah, and then you're accessing group mind which is great but you're not using the mechanism, the brain that you are given in this body.

So you created this beautiful body for yourself and I'm so aware of that as I'm getting ready to have this baby come in to my life, the beautiful perfect body that she is creating for herself and you created your body for yourself and your brain for yourself and you thought it was the fast you could create for yourself. You did the best you could.

And so understand that we can keep expanding into that wonderment and amazing gifted body and brain by continuing to activate it and use it, so. You know, we think about all the brain cells that aren't used and I just wanna challenge you to use more of them.

On my phone, by the way, you can do this very simply. There's a program called Lumosity and-- let me see here. It looks like this little fellow with the brain here. So that's the app, Lumosity. And it's brain plasticity and you just are doing brain exercises for 5 or

10 minutes a day. Really using your right and left brain and what your goals are and calculations and it's one the things I think is really a great thing to do.

Learning a new language is a great thing to do. Challenging yourself, learning in new areas, trying different things, so. Singing, learning music, learning an instrument, all of these is really, really good for you, so. Yeah. I'm excited about what we're working on today and I can see that we're, you know, moving into deeper levels and that's what I wanna say, and I've been teaching all week obviously and I'm going into another teaching week next week of teaching for 7 days in a row.

By the way, personally wanna invite you all of you to the diamond retreat. It starts on Sunday. So just in 2 days, 7 days of training and you are certified at the end of that training. If you've gone through the diamond retreat before, there's a discount link for you so you can attend at a significant discount having 7 days of this powerful, powerful teachings, 7 hours each day. You know, it starts on Sunday, so.

Please consider this your personal invitation. I'm kind of a person who needs to be personally invited, you might be too, so. Please know that you're very, very welcome that I would love for you to be part of that training and you get certified as a quantum ambassador at the end of those 7 days.

Okay. Let's go ahead and take a look. I think we might be ready to go onto the brain regeneration. Let's take a look and see where we are with the slides. 98 percent through on this slide, 94 percent through on this slide. So another 5 minutes or 10 minutes maybe. Okay. And lots of comments. I know it's kind of chatty chatty for awhile. So let me just stream down and see comments and just pump away here.

Okay. I'm-- Gae, "Are we clearing emotions as anchors now?" We're clearing both of those slides, so. I hope that you understood that. I showed you 2 slides. I showed you this slide and I showed you this slide and I said that we're clearing both of those slides. Okay. Sebil Maria, "I'm experiencing pain in my cervical vertebrae area. I wasn't able to clear it since few hours. Any suggestions?" Oh for a few hours. I would say this is not me. Usually, in bone area, it would be demons.

Cindy, "So this may why I don't seem to shift even though I do the work. So interesting. Thank you." You're welcome, Cindy. Yup. I'm hoping that we find that we find the answers for everybody completely. So when you come in to a class and like the breathing class we had the other day. We had 30 students in the class and I'm sure we had 15 miracle testimonials in the chat box where people are just like, "Oh my God. I can breath better. My chest is open. The sinuses completely cleared." You know, there was one after another, after another of people having miracles on the call. So understand this was the first time we were removing emotions as anchors.

"Finally, computer working." And that's Cristine. Hi, Cristin. Sharon, "Wow. Another reason to focus on being totally aware. Thank you for sharing." You're welcome, Sharon. Jone, "Everything you're saying is so true. I realized last week that the trauma from my father was still sitting in my body. I was unaware of it. Was still there. So need to release to be clear. Good thoughts about tapping into is the anchor or resentment releasing those feelings." Exactly, Jone. Yeah.

Just tapping in and letting them go or pumping them away. You can pump them away too especially if they're not really in present time or they don't relate to who you say you are. I mean if I always resonate back to unconditional love, then you know, there's no place for me you know, being unforgiving or holding someone responsible or blaming someone for something on unconditional love, so. If you have that idea of yourself then you know, you can match everything to that and say, "Oh. Well, doesn't fit. So we're just gonna pump that away." Okay.

And then I don't know what that's in response to, Jone. But yes, we are clearing that. Heather, "After we did the first clearing of unforgiveness with the lungs, I found that unforgiveness was actually lodged in the base of my pelvis that cleared and opened up the energy to flood more-- flood my legs more. What is so cool now is that I can tree yoga posture on one leg which in the past I was always wobbly. Now, I can stand on one leg for almost a minute. Feels so empowering and excited to try all these other one-legged postures."

Wow, Heather that's amazing, and that's actually the power of this. You're actually, literally, releasing the anchors that prevent you from being you. So when you pull that unforgiveness out of your pelvic area, the anchor is gone and you're you. So you are solid. You are strong and solid.

Audrey, "Are those percentages of clearing for all of us or just some of us?" Well, we're doing it as a group, Audrey. Let's see. Looks like, Audrey, for you, you're 70 percent clear on the emotions as anchors and looks like you're a hundred percent clear on the chart. So for those of you who maybe you're new to the emotion as anchors, just understand that we're gonna make sure that you get, you know, cleared today. But it's also gonna show up in all the other classes, so.

You know, I'm teaching it as a group but I'm not testing all 54 of you to go 1 by 1 like how clear your are on your emotions. But hopefully, you're all learning the muscle testing. We teach it every single time, so. Hopefully, that's also happening. I love that example, Heather. That's really amazing. Really, really amazing.

Yeah. I know I've gotten such a crystal clear information. I also out hiking. I got information completely different than I've ever gotten on arthritis. So I'll be doing an arthritis class in the next year. Not sure when we'll integrate that in but just seeing a

completely different scenario for arthritis. And then the intuition where people can say, "Can you my third eye?" And I started actually seeing how intuition and inner vision works different. How you need to clear it differently.

And for me, also, I was taking on teaching the quantum infections class because it's not the way we do other things. I mean, on some level, you're pumping but it's-- I'm seeing how hard it is for people to just grasp the idea that they need to do one big long clearing and then they need to do little clearings. And it's been really interesting to try and explain to people what I see and have them really comprehend it.

So I've been getting a lot of questions even though I have tried just really spell it out as clearly as I possibly could saying this is different. It's not the same. You're not coming to the same class. We're doing something completely different. But then it's asking me to use my gifts as a mentor and a teacher in a different way and to explain thing in a new and different way which is also then having me look at things that maybe I thought weren't really in the realm of possibility for teaching in an easy way.

I think, also, we're doing for the very first time, the quantum infections and the allergies in the same week, so. In the same month, in the same week meaning those are brand new classes. I've taught lungs before but when we went it-- what I was missing was the emotions as anchors for lungs and then I realized, "Well, that's gotta be with every class that we're gonna be working on regeneration and clearing." So, yes.

Heather, "Yes. On inner vision and intuition. Thank you." Oh you're welcome. Yeah, so. I can just see how being willing to be uncomfortable or not know allows you to really shift. I am not quite sure how to say that exactly but I, at the request of my immersion students who really, really wanted to learn how to clear infections and I always thought it's just too big to teach people. Okay. I'm willing to give it a try, and I'm willing to share with people how I've cleared HIV. How I've cleared hepatitis and things that would clear people.

Hepatitis; the lady with hepatitis, she was dying and I've cleared HIV from a number of people. And herpes, how that changes people's lives and they can go back to having a sex life or they can go back to kissing where they have mouth herpes and they can't kiss. You know, and then I think about the ongoing viral and fungal and bacterial infections. How people's bodies get blasted out from bacterial infections and then being on antibiotics.

And eventually they have a very weakened immune system that really can't fight back because all the good bacteria's destroyed and they're spending a lot of their life trying to rebuild thing. But what if, they have the skill and even it took them 9 clearings, which should-- would maybe if it was a tough infection, but they can just go in and clear or they could clear for their child. What a difference that would make.

And even if it would be a little difficult to relay the information and even if people were a little challenged, if they have the tools and they started using them, they would start really beginning-- begin to know how their body is capable of clearing, of regeneration, of removing the infection or removing the allergy.

Looking at how I had become so sick with allergies that I actually was on disability for 2 years for a profound allergies. The doctor said, "You can't work anymore. You can't be in an office environment." Back then, office environments were smokey and dirty and you know, I was a realtor back then. And doctor's said, "No. We're putting on you on disability."

So I look at, you know, what level of emotion is part of allergy which a lot of emotion is part of allergy, isn't it? Life being you know becoming so sensitive to life that you have to live in a bubble which was really what my circumstances were. At that time, I really had to retreat into a little cocoon and be safe in my own little world because my world had become so unsafe for me.

Both the environmental toxins or my response to what was in the environment, what I was responding to with the food. But also, and probably came first, my emotional pallet and then that, even when we look at that, and I know I'm a little bit of tangent but we're pumping to clear emotions and the programs for the brain and I think it's-- I think this is valuable. This is really valuable. So then we really look at when you have a strong-- well, when I'm looking at with the children is an attachment, so.

There's a loving foundation that you feel secure. So a secure attachment. Feeling very loved and you know, able to communicate your need and be heard and so. I've been reading some books like raising emotionally intelligent children. That's one of the books I really loved.

When you're bringing a set up that you're secure emotionally, you're immune system functions better. You regenerate better, you have a happier demeanor. You have less allergies or no allergies, so. Understand that one of our goals is also to awaken you to your peaceful happy self. And so every way that we look at things and we look at, well you know, are we holding on to something that we don't need to hold on to. This is our awakening to our happy self which allows us to live in good health.

Oh. And Sharon's saying, "Looking forward to the intuition and arthritis class." That's fantastic, Sharon. That's great. Yeah. We've got definitely some big fans here in your year of miracles and I love you guys. You're in a lot of classes. I know you are and I so appreciate you. Really being willing to ripple out the group mind and transform and change reality. Thank you.



Okay. We always take a 5-minute break and we are-- I just see we just have come to the hour, so. We'll have a 5-minute break and when we come back, we'll start on brain regeneration. And let me just check to see if we got completely clear on page 1. Okay, so. Many people got clear on page 1 but not everybody. And on the second slide and 80 percent got hundred percent clear on this, so. Let's see. Should we do more clearings? Start with the brain regeneration.

So what we'll do is I will send homework and then you can muscle test and see if it applies to you because there are a few of you that it looks like-- and what I'll do is I'll extend myself in the next couple of hours. For those of you that are struggling a little with the spiritual parasites in the brain, I think that's what the trouble is because there's some of you that just you know, you aren't-- you're at 50 percent on this clearing. There's some of you that are a hundred percent but not everybody.

So when we come back from our break, we'll be going into brain regeneration. And then like I said, I'll help with some of you who are really stuck with the spiritual parasites. While you're working on regeneration, I'll be working with you on that but also be helping those of you that are stuck with the parasites. Okay. So 5-minute break. Get a drink of water, use the bathroom, and we'll be back shortly.

**[Break time starts on 01:02:53 until 01:08:02]**

Alright and welcome back. Alright and we're going to start with the cellular neogenesis and it's really the revitalization of the existing master cell and stem cells and we'll be starting in the brain 1, the reptilian brain and working with in brain 1, 18 master cells and 4 thousand stem cells, so. The reptilian is down here and we'll also be working down in this area in the cerebellum, so. We're gonna do the brain stem and cerebellum.

And then we'll be doing the limbic brain, that would be the next brain, brain 2, 21 master cells and 10 thousand stem cells and that's the emotional brain kind of in here. We'll be doing all of that and behind the ears. So not just the emotional brain. You're gonna see a bigger brain chart here, so.

Just understand that we'll be doing all of the brain, so. Brain 1, and brain 2. So brain 1 is down here, and brain 2, here. And then brains 3 and 4, which are the right and left neo-cortex and then the frontal lobe is brain 5. That's gonna be the final activation that we're doing. So we're gonna touch on and activate all of the brains; all 5 brains. It's actually just 1 brain, obviously, but we're gonna touch on all of these different areas of the brain as we go through working on regenerating the master cells from all the areas.

And again, we're working with the master cell and in the master cell, the master cell is a body unto itself. So it has all the different components and we're bringing that master cell from the divine blueprint into your physical body. Really re-activate that cell to its

highest performance and then we'll start a cascade of new cell growth. So we'll be doing mirroring and the cascade of new cell growth. So that is what we are progressing through right now and starting with the reptilian brain first.

Oh okay. Oh yeah. Julie, not a problem. I'm working with all of you who had that issue. "The diminishing spiritual parasites feels like they may originate beyond this life. Wow." Yeah. "Do you recommend for this clearing chopping?" If you're working on spiritual parasites, chopping. When you're regenerating, it's quantum pump.

Okay, so. We are staying focused on regeneration going through . So we start on brain 1, go to brain 2, go to brain 3, and as you could see, I put up a lot of different images of the brain. What we're really working on is from the ground up. We're bringing the stem cells back to 100 percent. So the master cells are the cells that have been with you since your conception. Really their first 7 days, all the master cells are present.

And those are the cells that have the original information for how that part of the body would develop and then the stem cells are the cells that regenerate and grow new cells, and so the stem cells are so powerful. They're not just regular cells, they're cells that have the information for regeneration of cells in that region or area.

So that's what we're really focused on now and we're doing the quantum pump. You can do the double pump if you'd like to. We might do some singing at some point, maybe now, because that seems to make things go along faster too. And we have-- I have did put a few. We've got 'The Stones'. We've got a couple of them on here. We can pull up one of the song books too, so. Let's see. Yeah. Why don't we-- just one second here. Start with this.

Okay. "The stones." Gotta start in the right key. "The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones. They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace. "

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. The Averbury stones were laughing at me, Taunting me tempting me dancing with glee, Playful stones make love to me, In the circle of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the basin stone."

"I touched my forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones." That was fun. Okay. Audrey, that looks like a cyst. It doesn't look like any implant. Looks like a cyst.

I was thinking, there's one in my gentle night. Let's see if we can find that one. That would be really sweet. It's about rain which we need here. Let's see if it's in this one, the song of my heart. I think it is. Here it is. Here, we'll sing gentle night. That one is coming through. It's the nice one to sing right now. "Love to sing it with you online. I always am uplifted." Oh that's great, Heather.

"Gentle night rain falling softly, Gentle night soft falls the rain, We are one, one with the raindrops, we are one with the god of rain. Gentle night cleansing my spirit, Soft falling rain drops, wash away my tears, All is well in the house of the raindrops, All is well in the garden of love. Gentle night rain falling softly, Gentle night soft falls the rain, We are one, one with the raindrops, we are one with the god of rain. Gentle night cleansing my spirit, Soft falling rain drops, wash away my tears, All is well in the house of the raindrops, All is well in the garden of love."

"In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am. In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am."

"Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play. Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

"Surely goodness and energy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever amen. All that I am and all that I can be is expanding from this mystery. Surely goodness and energy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever amen. All that I want and all I'll ever be is flowing from this loving seed. Surely goodness and energy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and forever amen."

"There is a softness about her, Sweet Mother Mary, I can only respond to her love. There is reverence surrounding her, Precious Mother Mary, I can only respond to her

awe. There is such a holiness, There is such a holiness, There is such a holiness, Pure precious holiness. My heart is filled with ecstasy, My heart is filled with ecstasy, My heart is filled with ecstasy, With Mother Mary as my guide."

Okay. Let's see where we're at with our regeneration and for those of you who've had the need for more spiritual parasite clearing. I've been pumping away like crazy on you guys. So let's take a look and see where we're at. Just pull up the slides. Okay. The person-- there's only 3 people left and you're over 92 percent on this one.

And there's 4 people left related to the brain and you're 92 percent on this one. So we're coming right up on this and you're not working on this anymore. You're working on your own brain regeneration and I'm working on this for you, so. Almost there on both of these.

And then let's go ahead and take a look at where we're at with brain 1, which is really the reptilian brain and then we're also doing the cerebellum. So we're doing this part right now. 83 percent. We're at 83 percent. So we're doing very, very wonderful. Okay, so. If you're up to doing double pumping right now, that'll be great or you wanna pump with your feet. As long-- along with your hands, that would be great. But we right on track, so nothing to worry about. We're not behind schedule. We're doing good.

I think we're gonna put some music on. And just all we're doing is we're just continuing to pump on brain 1. Everyone's pumping on brain one and I'm also doing clearing spiritual parasites and a few stuck programs for a few of you that obviously this will be your first time through on the brain. Hold on. I'm playing music and it's-- there's no sound with the music. That's hysterical. Funny me.

That's funny, Carole. A gully washer. That's funny. Heather, you know we talked about this in emotions class about the brain freezing and I think once you're aware of it, you wanna notice it. You can test for it because it doesn't have to be a condition once you're aware of it and you've unlocked it. So let's see. Yeah. I don't see this particularly frozen, Heather. I get maybe, it's at 93 percent, so. Is it 30 percent frozen? I don't think so. I don't think so.

Good. Okay. So Heather is saying, "Glad to hear it." And Trinity, "I had a little shooting pain in my left brain but also pleasure like a little shooting star. I have a huge smile." That's cool, Trinity. Trevor, "It's really cool music. Your compositions using East Indian system of Ragic. Can we have some of these during our courses." We can do some chanting. I don't have any music up for the Raga stuff. The only stuff I have is stuff that doesn't have singing in it, so. I've got the 8 just simple harp pieces that I have for classes, Trevor.

And that's true, Sebil Maria. Sometimes when somebody is leaving like a spiritual parasite, we're pulling out, they've been there a long, long time and they fight as they're going out. But by saying 'This is not me', you're actually helping it move even faster. Okay. Everybody is at a hundred percent clear with the emotions as anchors. And there's just two people left that I'm helping with on the spiritual interferences, so. We're almost completely there. And we're 98 percent on the reptilian brain.

Let's just pause this for a minute so I can address Carol's question. Eyes going blurry is spiritual interferences. So it's just some parasite wanting to freak you out, so. I would just ignore and say 'That's not me. I see clearly', and it should clear within 5 minutes, so. Nothing we're doing other than kick stuff out, Carol. So that's it. And you're welcome, Cindy.

Oh that's great, Audrey. Really happy to hear that. And so we've only gotten through the first brain but what we have done is removed all of those spiritual parasites. Let's take a look here. Yeah. Just one person in the class has 2 of these spiritual interferences left. Everybody else is testing as a hundred percent clear and I'm working with that person, so. Not to worry if you're the one person who's still feeling some pressure or something. Fighting back. Yes. It's a shriek of joy from Trinity. That's fantastic.

Gale is asking about damage. Let me turn the music off on that one. Damaged from a drug. Her brain was damaged from a drug. Let's take a look and see. Hang on one sec. Okay. Everybody is clear of the spiritual interferences, so. I've got that down to zero for all of you. Okay. And then on brain 1, we might be going into brain 2 at this point. Let me just double check because we were almost done with brain 1 which was the reptilian brain and cerebellum. 99 and a half percent.

Can we go to a hundred percent? 2 people can't, and why? Is it from emotional anchors? Spiritual. Something spiritual in essence. Out of alignment. Something wrong with human spirit access portal. Okay. There's 2 people in the group I need to make a correction on your human spirit access portal in the back because your reptilian brain isn't gonna go to a hundred percent because of a problem with the portal. So let me just-- this is one we want. This is the portal we wanted.

So when that allows a spirit to come in and out of the body easily. So I'm gonna make that correction on couple of you. Actually, I'll just tune everybody up but the 2 of you that have some damage to the human spirit access portal, I'm repairing that for you right now. And then you can start pumping for brain 2 as I make that repair. So same thing that we've doing right along. We're working with the master cells and the stem cells for brain 2 which is the emotional brain, the limbic system.

And then again that brain is going out to the side. So when we look at it, we're looking at the emotional brain but also everything that's kind of up in here too, so. Kind of in--

sorry. This region here, so. 2 and 5. We're gonna do the right and left neo-cortex. That would be the next one, so. Really the emotional brain and the temporal lobe and then the auditory arm will get all of that in. So it's kind of this area is what we're working on now if you can see that little marker making a circle. That's where we're working right now.

Still working on it guys so that's why I got quiet. I'm still working on human spirit access portal.

I'm getting there guys. It's-- there quite a bit in here that I'm cleaning up, so. Seems like I'm not here but I'm actually just-- there's a couple just problems that I'm taking care of.

Okay. Yeah. We're doing a little bit. If you wanna do a kind of little bit looks like a doorknob. We're not removing something, we're cleaning something up with the human spirit access portal. I've got all of you at over 96 percent now on the opening and function of the human spirit access portal. I've removed some kind of crazy anchors that I asked God to help me with because they are not-- they weren't removable like human's, so. That's really weird. Isn't that weird?

So those are removed with the help of the divine. We got them out and we're just going up those last few percentages, so. It's gonna make a difference. For some of you, it's gonna make a huge difference. Also, on just being able to survive in a much more comfortable way because of course, with survival brain works with all aspects of survival being able to live and breathe and eat and provide a home and a job and all of that stuff the survival brain is dealing with is gonna help you.

And then of course, getting spirit into body which is the other part of the human spirit access portal. Really having a relationship with spirit to body. Spirit to brain. Vital. Vital. Sometimes, I've seen this kind of a challenge. I'm not looking at the chat box, so. Just know my eyes are closed and that I'm working on the ones of you that are really kind of stuck stuff I'm clearing, so.

I'm sure there's some questions in the chat box and I'll get to them in a few minutes. But sometimes I've seen this with people who have some version of autism. With a relationship to spirit to body isn't very solid.

Okay. And then by the way, on this one, I'm seeing an anchor for some of you in the human spirit access portal. Let's go to that for just a quick second because it's an emotional anchor that we're looking at that was stuck. Resentment and unforgiveness for the human spirit access portal. So understand we're currently in the area where the brain is but we're working in essence and the relationship of the realm of embodiment and the relationship between essence or spirit and the physical body. So we're correcting something that relates to the brain but isn't the brain. It's in essence.

And how clear we are, is I read 99.7. I mean I'm just-- you know, if you were casually testing, you test that we're at a hundred percent but there's a tiny bit that's still kind of stuck hooked. Very tiny. It's like a point 3 percent. Not 3 percent, but point 3 percent. And we just wanna get it to a hundred percent for everyone.

Okay. Alright. Mission accomplished. Everyone's human spirit access portal; a hundred percent. Everyone in the class is at a hundred percent on their survival brain. We're in the emotion brain. All of you are pumping for the emotional brain. Guys, I still am seeing some other problems in these areas even though we're reading at a hundred percent, so.

I'm gonna just pound for a couple of more minutes on something that I'm looking at that needs to be corrected. So I'm not gonna leave it when I can see there's something, you know, off, I'm gonna fix it. So I'm still not looking at the chat box and I am aware that you guys are writing things. Thank you so much. And I know there's happiness and I know there's questions and I'll get to them as soon as I open my eyes. So I'm just-- I'm gonna continue to work until I get that problem corrected. And so you all are pumping for the second brain.

Okay. Well, as we've been working and I am working as hard as I possibly can, what I can see is there is something really significantly wrong in the blueprint and the anchor, there's anchors that are thrown into the brain, the human brain, in the human blueprint, the divine human blueprint. And that anchor is a seed and it's from alien type 5 and there are a lot of seeds. Not one seed but a lot of seeds.

And so what that means is that it looks like it's completely cleared but then looking deeply, the seeds still exist even though it doesn't look apparent and it can pop back up at some other point, a month or a year or 5 years later. And as I've been trying to clear all of you in the class and there are 30 live students in the class today and I'm going one by one with each of you clearing this problem.

I'm seeing that what I probably need to do next and what I'm getting kind of guided to do is go into the blueprint and remove all the seeds in the brain. Not just on the brain 1 and the human spirit access portal, but just go in and clean up all the seed, anchors, that were stuck into the blueprint.

Let's see. We're not gonna have a break. We're gonna just go straight through. So no 5-minute break. Again, I might be quiet for quite a while because there's a lot of seeds in the brain, human blueprint, and I'm gonna move them-- I'm gonna take them all out, so. We make a shift for all of humanity and just students in the class but also it's been thick like mud as I've been working, and you know how fast I am at working on things and this has been just really like gooey thick mud tar kind of stuff. Trying to remove it from all of you.

So I think I'm just gonna follow my inner guidance here. You're gonna keep pumping for brain 2, brain 3, brain 4, brain 5. So you're gonna just keep pumping. Whether I'm talking or not talking. The whole plan is for you to keep working on the stem cells and the master cells and you've already cleared all the programs for brain illness, all that kind of stuff. So at this point, you're working on the regeneration. The first hour, we clear the brain illness and programs that would cause the brain to degenerate, so.

Okay. Here we go. I'm gonna go into the blueprint. I'm just gonna click on some music, so. There'll be some sound and I'm gonna be removing the seeds from the brain and the human blueprint.

Okay. I'm back. Wow. Okay. So just to give you an update of what I've been working on, there were 11 seeds in different parts of the brain in the blueprint from alien type 5. There were 3 more. I thought it was done and then I went back in. There were 3 more from alien type 7 and I couldn't get the 3rd one to clear and then I saw that an alien type 7 was actually standing, holding, the anchor into the blueprint, so. I did a little battle with alien type 7.

With the help of the Supreme Being, I was actually working on it and also asked the divine to help me so that the memory that the alien type 7 doesn't have a memory of where the blueprint is anymore. And I think we were-- I get a yes that we were successful on removing the alien type 7. We're removing the seeds from 5 and 7, and also having it become not accessible to that alien type 7.

And then I looked and I thought, "Wow. There's a lot of work here with just how aliens have been messing with our blueprint", And why things have been so challenging with so many spiritual interferences and so many anchors. When you think about the blueprint itself having seeds and anchors into the divine blueprint which should be the pure blueprint. I can see how our personal blueprints can be you know, a hundred fold, amplified, when there's some in the blueprint. There should be zero of anything in blueprint other than it's perfected state.

Thank you so much. I saw like 5 of you hanging out on the outer perimeter of the blueprint and I said, "Don't come in here." And you goes, "No. We know. We're--" You guys were behaving, so thank you for those. You were watching and viewing. You know my real purpose for not having you come in with me so that you don't get hurt. The blueprint is not really a place to go in and out of. I happen to because I have the frequency that can do it. But I don't want you guys, as students, to go in there. You'd be really exhausted and not well and for I don't know how long.

You know like-- just don't go in there. Yay. Okay. We did it. We did it. We're through that and I can see that we'll be doing more activations as we continue to progress through classes with my mission now also noticing that I'm gonna be really paying attention



each time we do any regeneration. If there's something in the blueprint that's holding or interferences or anchoring in, so. We're gonna really, really be on the lookout every time we do an activation in the physical body, what's going on the blueprint. Is there anything that's allowing the malfunction of things here in the physical world, so. I got my mission.

Okay. I'm gonna just quickly check on where we're at, give you a report, and then I'm gonna go to the chat box. It's been a really long time since I've been in the chat box, so. Let's see. Brain 1 done, brain 2 done, brain 3 done. We're in brain 4 and 5 now, so. Brains 1, 2, and 3, so. The brain stem, the emotional brain and creative brain are completed. They're at a hundred percent. Brain 4 and 5, the logical brain and the frontal lobe, are what we're working on now and just keep pumping.

That's the wonderful, simple thing of this is you can actually do it. While I'm working on a bunch of other stuff, you can be pumping and you're hearing this huge field of expansion and regeneration and it's all working together. Oh. There's a lot of chat. I've been out for awhile there.

Okay. I think I remember that one. "A sense of what happened to my brain." I think Gale was the last one we have damaged from a drug. That should now be able to clear, Gale, with all the work that I did. And you're welcome, Sebil Maria. And Laurel, you're welcome for the work on the human spirit access portal. And Heather, you're very welcome, Heather. And Carol, we cleared the programs for dementia in the first hour, Carol. And Sharon, oh you're welcome. Trinity, "Hit by a car." Oh good, yeah. You are probably one of them that I was working so hard on, Trinity. That's great.

Gae, "Buckets of gratitude." Susan, "So grateful to you." Linda, "Thank you. I appreciate the level of attention and dedication offered to each of us." You're welcome. Audrey, "I was one of the people with stickiness. I kept doing lots of big exhales." Yeah. You weren't the bigger challenge, Audrey. But yeah, you were in the 60 percentile range, so. You want-- you work at a hundred percent.

"As you're working in silence, I feel a deep stillness within me. I have always longed to have, and have had glimpses of it." That's from Heather. Trinity, "What you are doing feels huge for the whole field of humanity beyond this class." Which, yes, thank you for acknowledging that, Trinity. That's true. Sebil Maria, "This is the toughest class for me. Still experiencing pain. It's not me. But I can feel an immense shift. This was the point I wasn't able to clear alone. So grateful for your help. Love and blessings." Trevor, "Wow. That was super tingly when you mentioned if I saw dear God inside support Julie Renee. Wave of blissful tingles not clear as insides. What a feeling."

"Julie Renee, thank you so much. This makes so much sense about the seeds, etc. Love and blessings." And that's from Sharon. Audrey, "Is there sound? Haven't had sound for a long time." "Much blessing to you for all you do for us and humanity. Thank

you." Susan, I accept that blessing. Thank you. And Audrey got the sounds back. And Carol, "Thank you for your diligence and attention to detail. What a gift you have." "Tears of joy. Thank you for clearing in the human blueprint for all." You're welcome. Trinity, "I can actually feel my brain, higher brain, opening too. As you would say, "Cascades of knowledge. As I think a question, a cascade comes. We are seedless." Yes.

Sebil Maria, "I love you. Thank you. Thank you for everything." Gale, "Thanks." Anila, "So grateful for all your dedication and love for all of us." Well, I receive all of that love and it definitely fuels me in appreciate, so. Thank you for the acknowledgement.

You know, we're a partnership and a collaboration. As we go together, we look and we investigate and especially with 30 people who have some skill and some knowledge and have been working on them self. There's much to see and be aware of and it's interesting because of course, I've been doing brain readings ad brain activations for years and this is probably the 3rd time I've taken a group through. Because we did the summer brilliant brain class and we done this one's before in Your year of miracles.

But isn't that interesting how what came to surface today, much deeper and into the blueprint and the human spirit access portal and I was seeing things with a few of you that were stuck on the top of your brain stem, between your brain stem and your emotional brain. And that was where I started really like noticing, "Hey, there's something really wrong here."

So that's what pulled me in and started having me investigate, so. That issue is also clear. And why it was taking so long to clear is because there was direction in the human blueprint for that not to clear.

Jone, "I could really feel the change. Feel this will be big. Could feel myself hanging out there and then realize I shouldn't be here." Interesting. Yeah. I had some of the golden legion just gently like crowd control. Push a few of you back a little bit. It seems like you were getting a little too close. So that was probably you, Jone. That's funny.

Audrey, "Many thanks for another fabulous class and clearing. Love and blessings from Audrey." You're welcome. Jone, "Thank you so much, Julie. Thank you so much. Felt a lot going on at one point. Wanted to go lay down. Feel more at peace. Love, gratitude, and appreciation." Very wonderful.

Brain 4 is at a hundred percent. So we're in the frontal lobe. We're working on the frontal lobe and I just-- I know that on our you know, on our promo, we talk about doing the nervous system on this day and I intuitively felt like we probably wouldn't get to it today and I can see why I felt that why. We actually did some very, very deep work for

so many of you. Actually, all of you had the most profound deep work you could have and we did blueprint clearings, so.

Just now that we'll try and integrate that. I think that we do somewhat nerves at other points in the classes. All glance on it and make sure that we do, otherwise, I'll send you some homework for nerves. But I think if we get through brain, the frontal lobe, which is a pretty big part of the brain. It's up here and behind the forehead, your genius brain, but also has to do with sequencing and order. There's a lot that happens that in the frontal lobe and a lot of us don't really use the frontal lobe, so. It's something that we really, really wanna also establish at a hundred percent.

So we'll have the cascade of new cell growth for all 5 brains for all of the different parts in the brain before we end the class today. So that we will accomplish and I think that we'll call that really a fantastic class that we accomplish. You know, move heaven and Earth and did something incredible today. So that's gonna be good. More thanks coming in, so.

Cindy, "Thank you,. Wonderful class. Feels so blessed." Laurel, "Thanks for the wonderful class. I appreciate your dedication and gifts." And Trinity, "Thank you. Huge epic 100 percent brain and access portal ownership for humanity. Wowness." Yeah. Yeah. That's good. That's really good. And then understand that when we make the shift in the blueprint, you still have to activate it in your body, so, if there's people.

But it's not set there so that's very different when it wasn't set there, so. Now the human-- the divine human blueprint is set at a hundred percent and set without the seeds, so. It's gonna be good. Oops. Sorry about that. There we go.

We're about 80 percent on the frontal lobe. Oh Carol, that's just coming to class. That's not doing anything other than coming to class. So if you've born with some problems like something's not working as well and the human blueprint has directed it, then that's gonna be your program that something's not working well. And we do a regeneration and we do a clearing that just immediately steps you into-- you can step into a hundred percent or you can step into it working better. That's all, so.

It just means like what we're doing today with the brain. The brain will now be able to be at a hundred percent. We've activated it. So that's activating the blueprint. If there was somebody who was vibing at a low frequency and didn't believe in this stuff and you know, said, "I'm gonna watch a lot of violence." They're not gonna have access to the human spirit access portal at a hundred percent because they didn't shift up.

\They just-- they newborns will have the direction of being shifted up and then if they decide to match their parents that aren't shifted up, it may-- that may happen or it may happen that they will shift up immediately, so. It'll be case by case, but that its being

directed in the human blueprint, from now on, the direction of the human blueprint is a hundred percent.

So people get stuck or set in their ways or get use to something and that's what we're used to and they don't think it's possible for something else. And when you come into a class and when you use my meditations, that's when things shift.

"Will this clear our lineage backwards and forwards?" No. It won't. We really don't clear lineage. But if they match you, then they'll clear. Like they're around you and they love what's shifted in you, they can match you without-- effortlessly. But no, we don't take away a person's opportunity to grow. To have a struggle and to learn from it, so. Unless, people put them self in a class and say, "I wanna change this." We don't change it, so. That's kind of the rule here, and like I said, if they wanted it as spirit and they could see it, "I want this too.", they can match your change and then it can shift.

But what I'm finding and I'll just be candid with you, is that family members, soul family, or the family members who are no longer in body, they're wanting to protect you and give you the old path. They wanna show you what has always-- what they've always done, and their survival system. And I found that numerous times where the family will come in and they wanna give you the survival system that was-- what was used for generations, 200, 500 years, whatever. They wanna give you their survival system on how you survive this. Not knowing we're in a new era where things are very dramatically different and especially as we've been shifting things, so.

They'll almost need the experience whether either they're gonna be viewing you and want you exchanging. They'll need to come back in and make the physical change them self. The blueprint though, the change in the blueprint will be there for them, so. If it was something they watched you and said, "Oh wow. I love that." That will shift easily for them. Like it won't be a hard shift, they won't be stuck.

But like I said, with my own family lineage, when I was seeing for them is they're trying to convince me to go back to the old ways. I'm going, "No. You know, we can see that this is gonna make really make things easier." So now I've got a whole group of family members watching me politely and in awe looking at how much is changing and how I'm managing and shifting things in the reality. So they're all kind of standing there more like witness watching what's happening what they like. And I had said, "Just wait. Just watch and see."

I've go this-- I've got a team, cheerleaders, or whatever family members who were very quick to wanna have me convert to their way because that's what family does. You know, in the Indian tradition, Native American tradition, you call in your family members that have passed away or your grandparents and your great grandparents and you ask them to guide you. And so that's a natural order of things but they're actually, being able

to watch what I'm doing and they're learning from what I'm doing. They're watching from the other side and they're learning what I'm doing. So they're not imposing or impressing on me to go back to an old way of me.

So you may also have that where your family members, you might ask them to just observe. That you're in a new era and things are really shifting and a lot their survival and how they did things is no longer needed or no longer appropriate. And then for your children, if they're around you, and it's a shift that they, as a spirit, want cell to cell communication. They'll make the shift.

Also, you can ask them and you can do shifting for them but we do not shift people unless they specifically said, "I want this shift." Of course, unless, it's an infant. An infant and a young children under a certain age and the age of conscious awareness. And children can say yes and no, they had the spirit can say, "I want this. I don't want this."

So understand that there's an age where they're no longer part of their mother and that's where they really have free choice, and you have to honor that because people learn from things breaking down or things not working well and then they get their big shift and then it's important to them because they did it them self. So that we can create the way for them and we can show them the way but they've gotta actually step into it and that's when the change is gonna be so important to them and it's gonna make the biggest difference with them. Okay.

This class-- I think that we give you brilliant brain in this class. So you're welcome to continue on with brilliant brain. I'll double check. I'll just send a message to my tech people and make sure that we've got Brilliant brain in here. But any meditation, as long as you're-- one sec here. I've in and out of the blueprint, so I'm not multitasking anymore. Brilliant. I didn't even write brain there. Question mark. Okay. I'll know what that means.

Any meditation will be good. If you wanna be using one of my meditations everyday for the next 6 months. Any one will you take you into the quantum pleasure field and keep the regeneration going. We're 1 minute before the hour. Yeah. We got through brain 5 at a hundred percent. Oh my goodness. That was a marathon. Okay.

Well there's a lot of fun classes coming up. If you stay on for a few minutes, I'll be in the chat box. Let me just go through a couple things with you on upcoming classes. Let's see. We've got a hundred percent full body ownership, a hundred percent energy, a hundred percent clear muscle testing 101 and clearing birth trauma. All of these are gonna be really, really incredible classes. Hundred percent full body ownership, we did last year. It's going to morph into a much more powerful class this year and it was so powerful last year.

Hundred percent energy is on chakras. The halo, your meridians, your nadis, your aura, all of that. Hundred percent clear, we're going to go 1 by 1 by 1 on the programs where they come from, what they are, how they anchor in to the body, so. Like in perception and amplification and DNA, we're gonna take that part of it, the clearings that we do, we're gonna take that apart and look at all of that.

So I encourage you to jump in to the classes. There's still time to get into the women only, simply beautiful, 8-week course. We've got a beautiful group of women going through that course. It's an 8-week meditation course that we're gonna be doing over 3 months because we got-- I've got a couple weeklong retreats in there. Not that I won't be-- that will have a week skip, but you can still get into that 8-week course if that's something that you're thinking, "Okay. That's gonna be good for me."

Alright. We're gonna end with a little blessing and then like I said, I'll be in the chat box for a few minutes with you. I love you. God bless you. **[Sings in Sanskrit from 03:01:45 to 03:02:09]**. May the entire world be filled with peace and may you experience the radiance, the joy, the love, the happiness that you so have deserved and earned. God bless you and I'll see you real soon. Buh-bye for now. Love you.

**[End of Transcription at 03:10:26]**