

Julie Renee's Year of Miracles - BRAIN REJUVENATION

And good morning everyone. We're going to get started now. So, if you would like to be pumping on the clearing chart, let me pull that up. I believe it's doorknob today. We just have a lot of charts for today. Yeah. Just go ahead and use doorknob. Okay. So, everybody can start with doorknob. If you don't know what doorknob is, don't worry. I'm going to demonstrate that in a couple of minutes.

Alright. So, we start with a prayer. Mother, father, god, angels, golden legions, guides, gods, goddesses, saints and sages of the greater and lesser traditions, Jesus and Mary. We thank you so much for your presence this morning on this call and even working with me for the last four hours really setting the stage for all of us to get a full and complete miracle. We thank you for your presence.

We ask that each person get their specific need met in this brain regeneration in this twelve month program. That bodies grow younger and surprisingly miraculously shift and change in ways that are unexpected and marvelous. We thank you for all that you've given us. All the love and support and care. We thank you for the questions that come and the answers that come. We thank you for the peace, the ease, and the grace on this call.

We thank you for technology, for technicians, and for our support team. We ask for blessings to shower out over all of our quantum academy staff as well as our year of miracle students and all of our students.

We thank you for your love. We thank you for your presence. For the air that we breathe, the water that we drink, the birds that support our environment, the water and the creatures of the water and all sentient beings on the planet. We ask for peace, for love, for ease, for vitality, and for the ability to transform and change human reality. To create a new set point, a higher set point of brain function. We thank you. Thank you. Thank you. Amen.

And if you haven't been in a class with us before, we're going to move on to the love wisdom affirmation. We do a chant and then we get started. "I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body, and have completely access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence." [Sings in Sanskrit from 00:03:28 to 00:04:44]. Om peace, peace, peace. May the entire world be filled with peace. To task to, so be it.

Okay. Let's see here. We're going to take a look next at the quantum pump chart. Here it is. And this morning, we're going to do a whole bunch of different pumps but we're going

to start with clearing with the doorknob. And so I'm going to just give you just the information written because some of you learn by reading while others of you learn by seeing. So, we're going to do both.

So, the doorknob is always only one handed. The best choice is the write hand. You're putting the hand up-- I'm going to come on the large screen in a minute. Don't worry. And you're going to curl your fingers in as if to be wrapped around the doorknob and you're just going to go out and in. Never two hands. Used for clearing spiritual interferences and it's considered the big guns.

I'm going to come on and I'm going to show you how to do that and then you'll have this chart in your member's site. So, hands facing forward and then the hands curled around a doorknob and it looks like this. So, the elbow is down at the side and the hand is turning in and out.

The transformation in the quantum field happens on the out point. So, we're going out and in. So, here it uses the doorknob and I can do it really slow motion and from the sides, you can see it's about six inches in front of my shoulder. Never do two-handed. Only always one handed.

For those of you who have not yet filled in the questionnaire, please do. I'm putting it back in the chat box here. It's really important for us as this will become a study. We have about two hundred students in the class today which makes it a really respectable study. If you'll just take five minutes to fill out the form once a month, we'll have a study that will go across the world. The people will understand. It will quantify what we're doing with brain regeneration.

So, please, please, please, you know, I really encourage you to do that. I don't know what else to say. It will help me. It will help me help you because it will give more credibility in the world. So, please do take the time to fill out the forms. You can do it now or you can do it after class. But do it today before there's a lot of transformation. Although, you will have quite a bit transformation in the class. So, ideally, you would have done it beforehand.

So, if you take five minutes right now. I'll promise I'll cover you for the five minutes that you're filling out the form, I will pump for you. I'm just blasting. So, please fill up the form. Just use that link that I put in the chat box. Everybody needs to fill out that form on brain function. So, that's one thing that I just asked. We're doing doorknob.

It works because we're setting an intention with the mind and we're accessing the quantum field with our hand movement. Last [Inaudible 00:08:17] thing have known from all ages is what the mind can conceive and believe, it will accomplish. And so as we look

at a chart and we see the chart, we know for the fact that we're clearing that chart, we do, indeed, clear that chart.

One of our beautiful students who's in her late seventies came to me filled with cancer and we did a two-hour clearing on her. After we did, she went back two weeks later with no cancer in her body. Another lady came to me with her body filled with calcium and scar tissue and she was going to have her insides, her uterus and ovaries and Fallopian tubes and all the way up under the rib cage cleaned out with a massive surgery. We did that, six weeks later she went in for a recheck and there was zero. Six weeks after I did the clearing for her, there was zero calcium in her body. She didn't need the surgery.

So, I'm just giving you a couple of examples of things that have been very miracles that just had happened in the last few weeks. The brain regeneration has been spectacular. You probably have been reading information. I sent out one of our invitations. Talked about three people who got miracles who had brain function and are now really enjoying full brain function.

Two people had a stroke and one who was born with attention ADHD having difficulties in school. Really restored her brain. She got through highschool a month early and then was going into community college and on to being an art therapist which is perfect for her. She would've never had that possibility had she not had the brain regeneration. So, just know that this works. I want you to fortify your awareness that this is working. This is working. This is working.

Okay. We're going to do the doorknob. We'll come back to the chart on the hand movement but we're going to do the doorknob for at least an hour. So, we're going to just, instead of confusing, I know there's brand new people in the class, we'll show you what we're doing and then I'm going to show you the clearing chart next and then we'll move on from there. Okay. So, we're going to just step by step. So, you don't have to remember something.

I know from many of you, you're old hands. You've been here for a couple of years and you know what's going on. But there are people who have never been in a class before who are in here with us. So, I'm going to be going one-- piece by piece showing you everything. Okay.

So, the next thing we need to look at is the clearing chart. I believe it's behind here. Alright. That might have flipped off the page here. So, let's see. Yup. It probably flipped off the page.

There it is. Okay. Even for those of you who have been with me a long time, don't be freaked out. We have a lot of new people, so the chart is bigger than any chart I've ever presented. And we're trying something new. We're trying something in supple spine about

more identification of what we're clearing. So, the clearing statement is pretty gigantic. I've made the print really small, so that we can get it into two page. It was actually going onto three and a half pages.

So, the print is small and I apologize for that. We will put this in the chat box for those of you who like that. It's going to take up a lot of space in the chat box, but let me read it first so we've read it even if you can't see it.

Right, permission, and ability to be free from all degenerative disease, condition, and illness in section of and in the brain including ADD, ADHD, Dyslexia, dementia, Alzheimer's, depression, and all mental illness. To consistently enjoy a healthy vibrant brain with great recall, memory, auditory, and visual processing free of speech impediment, fantastic sequencing abilities, ability to fully regenerate and fully integrate all benefits established in the process of the brain regeneration and fully able to grow healthy one hundred percent high function brain cells replacing easily brain cells of low function.

To restore telomeres and neurotransmitters active in the brain to youthful function and vibrancy. To fully integrate and balance the right and left hemispheres clearing visual areas, equilibrium, motor function, muscles of speech, auditory areas, pain, hunger, sensory association, old factory, smell sensory area, language, comprehension, eye movement, orientation, high-- that's mental function, concentration, planning, judgement, emotional expression, creativity, inhibition, motor function, coordination of movement, balance, equilibrium, and posture.

Removing all altering, apathetic, controlling, damaging, delusion, disgust, evil, intertwined, intolerant, parasitical, and suppressing. It's in all areas of the blueprint. We're doing doorknob. If doorknob becomes difficult for you, you can switch to double pump, foot pump, or the inner thigh pump. I'll come on and show you that in a minute but I wanted to get a good and started now. Everybody doing the doorknob please.

So, everybody doing the doorknob please. And the advantage of being in the live training is that I'm keeping an eye of everybody, so. Yeah. Looks like we have about half of the students right now in the live training. Hopefully, people are just signing in, and staff if you could take a look and just see make sure that there's not people having difficulty signing in.

So, if you're in doing the replay, you're going to still have my help, I just am not as a person with the brain watching you. I'm as a spirit helping you and that's good and then this really is beautiful coming in and doing the activation with everyone else. So, it creates kind of a wave energy altogether. Okay.

We have in programs; mental timeline, black sheep, death is better, shock, emotional timeline, DNA of others and resets, satanic curses, suffering, not for me, genetic

covenant, family timeline, blood line, family curse, clan, physical timeline, projection, declaration, unworthy, embarrassed, control energy, oppression, contamination radiation, scapegoat, atheist thought forms, shunned, meme, adrift, entitlement, destiny, this is you, this is your future, curses, contracts, black magic, demonic curses, feebleness, poor body image, misinformation feed, undignified, lineage loser, scorned, and blame.

We go to the emotions list. Debauchery, frustration, regret, guilt, shame, panic, covetous, remorse, distress, sadness, terror, self indulgence and desire, irritated, humiliation, unsuccessful sorrow, nervous, disgraced, panic, edgy, entanglement, hassle, deception, distrust, longing, desperate, overwhelmed, despair, dishonesty, unforgiving, ameshed, unfit, and self punishment.

For anchors, first time in any class, anchors into two pages. Hordes, seeds, vessel, forced, spliced, start, obstructions, rays, holographic facade, nanoquad, tombs, permeations, alter ego, nanotechnology, DNA splicing, holographic staples, scions, nano novum, conduits, coils, nanites, nanobots, nozzles, pins, trauma springs, scalar tagging, ganglery system implants, spleegee technology, nanites, spirals, and rods.

And then in column five; spiritual interferences one through eight. There is, as you can see, many, many in all varieties from-- we have aliens and demons, and angels, and humanoid, and cross dimensional. And so we've got all of that and then in column six, we have frequencies, waves, transmissions, and memes, and also more that are spiritual interferences that come under the one through eight category of what I've just listed about aliens and such. I'm going to put this now in the chat box this huge chart that's going to like take up a whole heck of a lot of space there. There we go.

Now, some of you who are new are going to ask me, well, I don't really understand the chart you just read and so let me show you in simple terms how you could gain that knowledge. So, I put together this chart of just where do you get the information because we do teach everything and I realized that, again, with newer people or even people who have been with me awhile, you might not know where you're going to find the research and information for each of these areas.

So, at the top, right, permission, and ability removing whatever that is altering apathetic, etcetera, this is the clearing statement and it's followed by removing which is the nature of. So, you can learn about that enrolling in the program clearing statement. Understanding clearing statement. This chart will be in your member's site so that you can refer to it.

The first column is the human blueprint. There are four aspects of the blueprint: perception, essence, matter, and energy. And then the realms which are genesis, embodiment, quantum, and amplification. This is all covered in understanding your

blueprint. And then next, you'd have, like today, we had doorknobs that's covered in the apprentice program and also you get a chart today.

So, if-- oops. Sorry. This should actually be the apprentice program link. Okay. We'll get that in there. Okay. And then mental timelines and black sheep, so this is programs. So, this column is a combination of items. Programs include brands, labels, realms, as well as timelines.

For the first grouping, you can take the hundred percent clear class, and for timelines, you can take the timeline class. We also from time to time do a specialized focus and this year we did entitlement training in the growing together program. So, you can join the growing together program. The one has that information was something that's got a hold on me.

The next column is emotions and I just want you to see that we don't do one by one emotions. But we do do quantum emotional balance and there are a [Inaudible 00:20:38] of classes that we deal with love and emotion. Anchors, the classes coming up right now on understanding anchors.

And then spiritual interferences, there are three programs that I recommend in spiritual interferences. The first one is freedom from spiritual interferences, the second one is walk ins, and the third one is with invaders. And then in the fifth column we have advanced interferences and for the very first time, I'm going to be teaching that class. It's coming up in about a month. So, you will get this chart and if there's questions you have on what is this or that, that is where you're going to get that information.

Okay. I thought that would be really helpful to just put it all together for you so you just you have it. So, this is the chart we are currently working on and I'm going to take a few minutes to say good morning to people. Wow. Long, long, long chat box.

Good morning to Shella, and Karen, Maria, Laurel, Diane, Karen, Sally, Katie, Karmen, Paula, Kelly, Dree, Avialot, Ava, Avalea. Avalea. Ilumi, Julie, Valentina, Kathy, Nikki, Julie Sy, Karen, Katie, Johanna, Ora, Kelly, "My form is done." Thank you so much. Patricia, Amy, Jenna, Anne. Oh hi, Anne. There you are. Marie, and Roju, and Dale, and Jean, Connie, Carmen, Carol, Lee, Analie, Sabrina, Arcadie, Sue Lorainne. There's Sue Lorainne. Mary Allen, Martha, Leanne. Hi there. And Goerge, Dennis, Karin, Anne, Pennymae, Kristina, Shantelle. Oh my gosh. That's so fantastic. Susan, Jenna, Lisa, Ann Marie. Yeah. We've already answered that, Ann Marie. It would be wonderful. It's just a beautiful refresh and a restart. It's wonderful for you.

Danny, Marryane, Alicia. There's Tom. Tom, hi there. Felisa, Lee, Irene, Joty, Kelly, Karen, Lee, Ruth. You're welcome. Let's see. "On the form, I had to say no to clearing walk ins spiritual interferences, and entitlements. So, I did try to clear them. I can't say

they are cleared so I said no. Maybe different answer besides yes or no." Well, just do your very best on that answer. And it's to remind you that those are things that could slow down regeneration. So, we want to, as we progress through the six months, you might be able to do some of these additional trainings to clear things.

"Glad we're doing different pump today. We've done two hours of doorknob today already. Doing technology clearing chart." Oh my goodness. Thank you. "Are the data used only anonymously?" Yeah. Your names won't be provided out in the world. Definitely. "I said no to clearing interferences and walk ins too, but more like maybe." You know, if you haven't taken our clearings on inferences and walk ins then you haven't. You haven't done it because it's-- we're doing like ninety and a hundred twenty and we're doing really big clearings. So, if you haven't taken the classes yet, that's okay. You just say no. You haven't taken those classes.

Melvin, Sherryl, Danny. Yes. Answer no to all of them if you haven't taken the class. Teld. "Replays are potent." Yes. They're very excellently wonderful. Very good. Dawn, and Kathleen Lu. "Covered in your book Human Blueprint." Yes. But I'm going to say, Kelly, the beautiful book has-- was written seven years ago and there's quite a bit of detail that's come in the last seven years. So, that book is very much a wonderful foundation. So, it's very, very good and just know there's additional information.

"Looking all this down is helpful even for those of us who have been with you awhile. I love the explanations." Oh, beautiful, Karen. Thank you. "Flora here." Yay, Flora. Emona, there she is. Cynthia. Hi, Cynthia. And Albert, and Gen, and Bee, and Elena, and Anne, and Helena from Holland. "Filled the question list. Filled in the question list but agree with others who complained." Well, I would take it as a complaint.

You just-- if you haven't gone through a full clear out with me recently on any of those items, you just say no. So, it's not a complaint, it's just you know, a choice and then we can see-- we can chart and map improvement to people who have gone through that clearing, people who haven't. So, we can also do comparisons there. There's Monica. I haven't seen you in a while, Monica. Nice to have you here.

Roju, "Can this clearing help someone who has Parkinson's symptoms like arms and legs shaking?" Yes, potentially. Yes. Potentially. That would be also removing the Parkinson's DNA program and you know other things too, but yeah. And there's Haruko, nice to see you. Haruko is one of our emerald graduates, and I've mentioned Tom earlier. Tom is one of our first miraculous living students, apprentices who graduated a while back. He actually went through the first apprentice program that I have. So, that's been eight or nine years ago already.

Sheryl, "I had an energy vision while back and unknown bacterial parasite showed up in the brain. Hope this class will clear it up." Likely will. Yes. We do also have an infections

class coming up but my intention is to get everything we can get today in this clear out. We do have quantum removal of infections coming up and that covers in an hour of each and then you get the instructions on how to keep clearing it until it's at zero. We do bacterial, fungal, yeast, parasitical. We do odd infection like mycoplasma and viral.

So, we cover-- we have five hours of that training. It's very powerful and covers a lot, a lot of detail. We're here. We're doing various specifics. You know, brain clearing and [Inaudible 00:28:08]. Door knob, Kelly. We're doing the doorknob. So, I think I should come on about now. I know that there's more people who've signed in but we're close to a hundred. How many-- just let me know how many are in the phone line, staff. Okay? So, I know how many we've got that I'm working on live here. And Flora, I've got you covered. One other I've got covered too. So, okay. Let's see.

So, if you came on late, we're doing the doorknob and here is-- first of all, here is the explanation for the doorknob. So, there's the doorknob. All is one-handed. Best choice is the right hand and hand up about shoulder level, palm facing out with to the world, fingers curled in as if to wrap around a doorknob and then turn the hand with the palm facing towards the body continue to have fingers curled in. Never two hands. Never ever two hands. It's the big guns. Okay. Now, I'm going to show that to you one more time.

Okay. So, I know some of you weren't on at the very beginning when I showed it. The hand facing forward, fingers curled, and then this movement. This is the doorknob. The doorknob works because we're working with the quantum field. We're setting an intention with the mind and then we're accessing the field of transformation or the field of pleasure with our hand movement.

These hand movements came to me over a period of time, but the first one, which was the basic quantum pump came when I had my miraculous experience of my brain and body regenerating about eleven years ago or so. Twelve years ago. In awhile now. And my hand started moving and I could see, in my mind's eye, I could see a cell going to its miraculous state; to its god state. It's pretty amazing. Here we go.

And then I did want to show you that if you have a disability and it's difficult for you to do doorknob and then we do the quantum pump, then there's couple other choices. One of them is just the inner thigh pump. Sometimes, the leg doesn't work. Oh. I did help. Oh okay. So, this is the inner thigh pump right here. So, it's pretty easy. It's pretty easy to do. It's low impact. You're not holding your hand up.

So, it's only if you cannot do the doorknob, do this. And then one other alternative, and you can do the quantum pump if you can't do the doorknob that's another one. However, quantum pump is the hand up. There's another one I want to show you and actually the foot pump showed up. So, we'll show you that one too.

So, this one-- you're going to see my head but you're going to see the hand moving is called the flutter is this one that you can do-- not as effective, but good. It does access the field of transformation. So, you could do this one. And then the foot pump, if you were sitting, it's not really one to do for standing. I'm a barefoot girl if you know already. You're just pumping your ankle. Pump, pump. And you can do one or both as you're sitting. Don't do the standing. It's kind of ridiculous. But you can do both or one on the foot pump.

The flutter both-- flutter or-- yes. You can do both. Students have asked me that before. I've always only done one with flutter but you can do one or both and quantum pump, also, you can do one or both. Doorknob, you can only do one. Okay.

I do have that information for those additional hand movements. I'm going to put that up right now so you can see it. It will be in your member's site at after class. You'll be able to go back over and look at it and so let's see. Here's the inner thigh pump. That was the second one I think I showed you. A mild version of the quantum pump, the arm is completely relaxed. You're just pumping your hand. I've been using my right hand but it's just natural for you to use your left hand. The hand movement goes between the two legs while the forearm is resting on the thigh.

And that can be used for anything and everything. If you have a disability. Can't use your arm, can't keep your arm up, you can do to that for anything. Maybe do doorknob and then foot pump, one or both feet. This can be done while sitting. Gently lift one foot and with the other ankle extended foot down and then returning the foot back towards the shin. It's about seventy percent effective compared to the basic quantum pump.

And then we're going to go up to the basic quantum pump here. Typically, using the right hand. This is one handed. Bend the elbow and bring the hand to the front of the right shoulder about six to ten inches out front. So, we look at that and I turn to the side so you can see it. The palm is facing up towards the sky. The pinkie is down towards the ground allowing the hand and fingers to be loose with a gentle rock forward and back.

So, this entire chart, you'll actually get-- and there's the flutter. That's the one that you just drop your hand. You can do that sitting or you can do that walking or standing. So, if you need to get up and move around, you want to change from doorknob or we'll be doing quantum pump later and then double pump later for the regeneration, you can. You can switch over to flutter. So, that's directions. We have all these charts now. We'll get you-- that should be in the member's site when you're doing with the class today. It's my belief. Okay.

Now, I'm going to talk to you for a couple of minutes about just some things I really want you to know and then I'll continue on with saying hello to people. So, we've got about two hundred people here and I love that. That means that the class dynamics is a little bit different right now and likely will not get to these interactive as I sometimes am and we

do need to keep the energy high. So, there definitely will be singing whilst we do the brain regeneration because we have so much as you could see from that huge chart. Clear and regenerate.

And why we do that rather than sitting, visiting, and answering questions is that the energy will drop as we answer questions. And I've got my energy really high today. I've started with prayer in four in the morning. I've been at the computer for many hours already.

So, it's nine in the morning, but I've been here since five. Preparing for you and making sure that we had every detail covered. So, that it wouldn't-- nothing, hopefully, will be confusing to you. However, of course, things are going to be confusing because if you're new or newer, you've never seen a big chart like this and you're like, "How can this work?"

So, I want to get you to that no matter what I'm creating a miracle for myself. So, the first thing to really think about and we've already started with prayer. So, we always start our clearing and our regenerations with prayer. So, the first thing I want you to think about is the no matter what. What is the win for you in getting your brain regenerated.

So, how is life going to be better? How are you going to enjoy things more? What are you going to be able to do with this better brain? And it's not going to be today or tomorrow that you're going to have the-- excuse me. Full-- there was a lot of cinnamon in there. The full regeneration. So, this is a hundred and eighty day process. We get the brain regeneration started and then everyday, everyday, everyday you do your meditations half an hour a day. You stay positive. You eat well. You drink lots of water. The theme for water is four ounces every half an hour during the day.

So, it's like-- it might-- my method, I call this a sip sixteen method. If you look me up on YouTube, I'm doing a public speech on the sip sixteen method. But the thing is the brain does not have a bladder, right? The brain doesn't have a bladder. There's nothing up there to hold fluid up there. And so if you're giving your brain water every half an hour, you're going to get a much better result in the brain because the brain needs to be hydrated.

Now, what we're going through is a triple header, and I think all of you are very clear about that. So, we're doing brain regeneration. That's a hundred and eighty days at least. Might be a hundred and ninety-days. Then we go into the full endocrine system, so the hormonal body. And so we're going to go into the glands in the brain, the neck, and the chest, and then in the core of the body and then we're going to regenerate the endocrine system. Top to bottom, we're going to cover all the glands and organs of the endocrine system.

And then in our third month, we're going in to the chemistry. The neurotransmitters, so we're back up in the brain doing the neurotransmitters and we're doing the hormones and

that's in month three. Then in month four, so the fourth month from today, so this is one and four-- the fourth class, we're doing hearing. And so, we are clearing the auditory processing but we're actually going to do all of the elements of the ears.

And then from there, we're doing cardiovascular and muscular skeletal and we literally are going to take you through a whole year. So, for those of you who are new which there's a lot. There's almost a hundred new people here. You're going to experience the entire body growing younger over the course of year. Healthier, stronger, more vibrant, and vital.

So, just know that this is not a one off where we come for three hours. We get some brain regeneration and then we're done. That's not what we're doing. We're doing a slow and steady miraculous shift. You know, cancer disappears in two weeks. There's no evidence of cancer or scar tissue. Severe scarring and calcification in the entire body disappears in six weeks and there's no evidence of it. We can do that but doesn't happen overnight. It happens over a few days. It happens over a little bit of time. So, give yourself a chance to really make this miraculous shift.

If you're new, you're going to see in the questionnaire, there's a few places of have you cleared this or that. Entitlements, walk ins, and spiritual interferences. And what we found is those can sometimes slow down regeneration. So, I ask it so that I know where you're at and possibly over time, you're going to get in this classes and maybe you're not. Maybe this is the thing you're going to do. We do clear them in relationship to what we're working on.

And so you'll see them on the list and since we're working on the brain today, that is where their going to get cleared from. Not going to be necessarily a full clear out of everything because that takes many, many hours to do a full clear out of all those spiritual interferences, but as they relate to what we're regenerating, we're clearing their hold, we're removing their anchors, the ways that they get in, the programs that and patterns. We're clearing that out of the area we're doing.

My personal feeling is brain regeneration is the most regeneration we can do. The most important one. Because everything, you get the brain and things start changes everywhere else. So, that letting go of any kind of thought that this can happen to me, at least, on the clearing chart, atheist thought forms is I don't believe this can really work on. We're just going to give it a try. Let that go. For now and for the foreseeable future just be a born again believer and I know this is going to work for me. I know this worked for other people.

If you didn't read the story about Elizabeth. Elizabeth came to me couple of years ago. She actually lived in my neighborhood and I was just moving in to the neighborhood, so

it was like three years ago. She came to me and she called me. She said she heard me on a radio show and she was a very successful businesswoman.

She got Ebola while she was traveling in a foreign country and she had a rapid succession of strokes. One, two, three, four, five, six. And her-- she no longer had real access to her brain. It was miserable. And although she had-- she could walk and she could speak, she had very little memory. She couldn't remember from what she was doing. Her life was miserable.

And we did the brain regeneration and she had to and you have to, you want to get a really miraculous result. You have to do the meditations everyday because that keeps you in that elevated quantum field with my voice. So, you need my voice. My voice is going to help you stay in that field of transformation, that field of pleasure.

So, please please, make a promise to yourself. Going to do a hundred and eight days half an hour a day of Julie Renee's voice. The beautiful from the inside out is the beautiful program to pop in to. It's coming up pretty soon and that's sixty days of meditating everyday. Half an hour a day. We give you eighteen meditations in that program.

But that might not be your choice. We give you some meditations with year of miracles. You can go on the website and get meditations. There's hundred and eighty-seven meditations. So, there's a lot of meditations to choose from. You use what you want to use. Brilliant brain is wonderful. Curing stress syndrome which is a free meditation. The meditation that goes with the seven day jump start, the wealth seven day jump start. Those are all really fantastic meditations to use on kind of a daily basis because it keep you really up and happy and positive.

Dynamism is really helpful for clearing things out. I'm just talking to you about the meditations and what you're doing to affect because I want you to know that this is a collaborative effort. I'm going to show you the way. I'm going to help you. I'm going to blasting for you. I'm going to make sure that you get your transformation, but you need to do your part on the other side.

The thing is you may be affected if you're using regularly narcotics that may-- because that kills brain cells, so that may turn off your brain regeneration. So, just so you know, if you can avoid narcotics that would be better. We found that people get really while we have-- I have a definitive guide to clearing the pain syndrome meditation. That's really helpful. Doesn't take pain completely out of the body, but if you're at a nine or ten, it's going to take you down to a three or four.

So, we've got that. The year of miracles where we're going through each part of the body. We do regenerate the nervous system in year of miracles and the lungs and everything.

Every part of the body, we regenerate in year of miracles. So, just stay with the program. Stay with the program and it's really simple to get a really incredible result.

Davis had also strokes. A very brilliant fellow. He couldn't speak and he couldn't walk and couldn't use the bathroom. Ten days after I did the brain regeneration for him, he was talking and walking and using the bathroom on his own and making plans to travel. So, just know that big changes are fit for you and this is your miracle too.

Jack Canfield did the brain regeneration and attributed like ten things to change in his life to the brain regeneration. He just said my life is better in every way. His wife had made him-- this was like four years ago, his wife made him promise to go to half time because he's getting older. He's like seventy. Now, he's seventy-three or four now. He agreed with his wife. He's going to cut his schedule in half and just slow down.

I did the brain regeneration on him and he is like going like he's a fifty year old. He's like and he has like tripled his you know, reach. He's just like out and having blast traveling and making a difference in the world. He said all aspects of his life is awake. His memory, his nature because he can get grumpy and irritable with his past. You see, he's a very kind and loving man, but you know, he said, "I struggled with this." He even-- his project manager, his partner, Patty, thanked me. She sent me a thank you note and she said, "You changed him. He's better." He's a better version of himself.

So, just know thousands of people come through this and gotten a great result and you're going to get a great result too. Stick with the program and do what I asked you to do and you're going to get a fantastic result. And you have to have your why and you have to have your no matter what. This is going to make a really big difference. And there are companies that make wonderful supplements for the brain and for the brain to work better and we, as you probably know, I encourage people to figure out and find a supplement that they like that you can use while you're going through regeneration and beyond.

So, I believe in supplements. I take them. You don't have to. You can just do this. You don't have to. But why not nurture and nourish and feed the parts that we're regenerating. So, whatever stressors you have in your body. Whether it's toxic contamination from toothpaste and hair color and make up. I mean, we don't think of things like that. Shampoo. You know, if you've got toxins in your body, you also want to have a lot nurturing things in your body too.

And so I just want to say that you have to come in with that no matter what I'm going to create a miracle for myself and then work towards that. Now, for those of you who can, I encourage you to do the clearings that I've recommended and I showed you on the chart of how you would understand it and how would you get the clearings for that. That you would take those classes. So, those are now available on a chart for you that you can look at while this is what I want to learn and this is the class I need to take.

And you know, we always are inviting you into classes obviously. We have anchors coming up and then from anchors, we have advanced interferences and then we have hundred percent clear. So, we have like a lot of stuff right now coming up. So, it's one and then it's the next one and then it's the next one. They're not all in one month which should be completely overwhelming.

But just know that there's some really good stuff that's in the hopper that's ready for home study and there's some stuff coming up what's really amazing. So, those are ways that you can even take the progress even further. So, I'm just thrilled that there's so many of you here. I see that we're well over a hundred now on the call and we have-- okay. A few students on the phone line. Great. Alright. Great. Very happy with that.

Thank you for those of you in the leadership council who cleared technology. It feels like we did some good work. It wasn't a huge chart, but seem to make a big difference. Seems like we're so far so good. So, thank you all on the leadership committee. We have a leadership committee. That's for people who've been with us awhile. Maybe a year or two or three years and they want to help get this work into the world.

And one of the things that we can do occasionally is send out a chart to clear something. Like we've been having technology issues this week and several students said, "Hey, want to do clearing." And I actually, for those of you on the leadership committee, I did that at like three in the morning. So, we, Adelia and I, are putting our paperwork this afternoon. All of our adoption paperwork is done.

So, we have a very, very active week with this beautiful launch to invite you in. So, there was a lot of email letters that I needed to write and then a big stacked twenty-nine forms that needed to be filled out and notarized and you know go to the DMV and to this and go to the doctor and go to her doctor and get a shot and get a test and all those stuff and we did it all. So, it's all done.

Last time around, it took me four months to get through it. I got done in four weeks. So, I'm very happy we're going to be FedExing it off to the home study program today after class. So, we got the chart done too. So, I'm delighted. Just burning the candle at all end making it work for everybody. I know. It's good.

So, anyway, I'm thrilled that you're here. I'm going to put the chart up. I'm going to let you know where we're at. Oh. For those of you who are brand new, we do do singing. Now that I've done quite a bit of talking, we're going to shift at some point soon and do singing. We will go into cellular neogenesis and that will be in the second hour some time. I want to really get through this huge chart. Let's see where we're at. Fifty percent. Okay. We're fifty percent through. Oh dear. Okay. Nine fifty-two.

And our habit is to take a break at the hour, because this is a three hour class, for five minutes. But I'd like you to keep pumping when the hour comes up. We'll put on some music and we'll say we're on a five minute break. So, you won't miss anything if you walk away and use the bathroom, get a cup of tea. I've got my herbal. I've got gooders today. This very cinnamony flavored tea. Tea or water. Stretch. Maybe step outside for just a minute to take a breath of fresh air and then come back and keep going. Let's see.

Okay. We're definitely going to do some singing because I test that with this chart and with all the details. Let me show you what we're going to be regenerating which is pretty exciting. So, let's see here. This one. Obviously, we're regenerating the bright, right. But I've never done this before; supple spine. But we're trying something new which is what would it be like to identify as much as possible of the elements for example of the spine or of the brain.

And so I went through the parts of the brain and looked at their function and then also aspects of the brain like [Inaudible 00:51:52] a cell membrane brain-- matter. There are typos because I've been up since four in the morning. Lots of typos. I don't know. I didn't go through and spell check everything.

I just kept going. Neurons, nerves, glial cells, synapses. So, you know, we're-- we've got all these areas of function. The visual area, short term memory, motor function, long term speech, hearing, pain, hunger, and flight, fight or flight, sensory association, old factory smell.

So, you can see this whole list. You're going to get this list too. This was I just created like fifteen minutes before the class started because I wanted to add this to our cellular neogenesis charts. We were looking at the different parts. That's posture. The different parts of--- pasture. Okay. Oh my goodness. The different parts of the function of the brain. So, all the different aspects.

Usually, we just go through the five parts of the brain: the brain stem, reptilian brain, mammalian brain, emotion brain, right and left neo cortex. So, the creative and logical brain, and the frontal lobe. And that's how we've done brain regeneration. So, we are going to be looking at brain itself. We're going to be looking at pictures of the brain. This is what we're kind of shooting for of a little more detail or quite a huge amount more detail. Maybe you know, seventy-five percent more detail and we'll see. We'll see. We'll just see.

Do these things change better because we're paying attention to details and that's something I'm just doing research on. I don't know. I don't know if you can say we're going to regenerate the five parts of the brain and everything's going to be equally wonderfully regenerated or some things get missed. I don't know.

So, I try to be get everything that I could that wasn't going like absolutely crazy about the tiniest little minuscule cell but more-- much more detail so that we can get a really good result. So, this is what's coming up in hour two. Second part of hour two.

Okay. And we're working on the chart and we are sixty-two percent now. Sixty-two percent. You don't need to do any pumping daily. That's Kelly's question. Nope. Once it started, you just need to do the meditations daily. I don't know, Penny Mae. That's not a brain question. So, try to keep the questions to the brain today, okay? I know you sent that in an email too but I'm just like I'm trying to just focus on the brain.

But you can, Penny Mae, right away, you can say this is not me. When you have an angry energy or being in the belly, you want to say that's not me and you can do doorknob towards it. So, anybody having something like that, let's stay with the brain though. Let's stay with what we're doing today.

"Is it okay to keep my right wrist from twisting while doing the doorknob." Yeah. Sure you can. Yup. If you can figure that out, you definitely can. Ursula, and Kristina, "Does this class help against anxiety?" Probably. Probably. It helps with the emotional brain but anxiety, Kristina, is also part of the nervous system and so there's a little bit different approach but it could. It definitely could. We're certainly working with nerves and neurons as we work with the brain, right? That's like a lot of the brain is nerves and neurons.

"I had an accident. Wacked my head. This year was a car accident. These have two incidents damaged my brain in any way?" Well, they would have. Yeah. Bee, they would have. But you're going to have a full regeneration, so you shouldn't have. Once the regeneration has taken place, you shouldn't have any problems from where there were problems in the past.

Susan, hi. "I've been on since the beginning. Just said hi." Good. Good morning to Ursula. "Glad to be here." "I've been using both both hands while doorknob." Please don't do that. Do not do that. Karen, don't do that. No. It doesn't do a good clearing. It shuts off the clearing. It does not lead to clearing. It does not lead to a good clearing and I always say that every time teach doorknob. So, please don't do that, Karen.

Okay. "I've submitted the form last question is yes rather than no." "Awesome necklace." Oh thank you. Trevor, "I had jewelry--" Okay. That's a connection. "I mean all the clearing statements. You're really pulling out all the stops for us." I am, Dale. Thank you for saying that. That's a really big clearing statement and it's a ten point. We usually do a twelve point clearing a statement meaning it's small print.

"Thank you so much Julie of all the time you put into these courses for us. The courses are amazing." You're welcome, Sheryl. It's fun. I'm seeing such huge results in the last few months and obviously for a lifetime, but we just keep getting better. Johanna, "Thank

you Juls for what you're doing for us. God bless you and your end of Earth." Oh thank you. "Thank you so much Julie Renee for helping us with creating miracles no matter what. You're amazing." Thank you, Shantelle. That's it. No matter.

"Morning blessings from Woodlands. Grateful to be in the class." That's from Trinity. "I have great memory. Finally, my English becomes great and it brings more opportunity for my expression in the US where it has become my new homeland." Oh hi. Okay. Good. "Would it be beneficial to listen to the replay several times?" Yes. So, after six months though. I don't think you need to do the replay. Once we've completed this, we're done. And then six months from now, you could listen to it again.

For Lee, what we do, Lee, is we send out meditations. I'll make sure that we have a couple of meditations included today because I know so many of you just signed up. We're typically sending a meditation every month to year of miracles because it's a year long program. So, every month you get a meditation. At least one meditation. So, I'll make sure that we have at least two or three set up today for you, Lee. So, I will do that. So, we can put brilliant brain in there and let's see.

Brilliant brain, healing the stress syndrome, and the seven day wealth jump start one. Those are all such positive one I think. And then if you want to buy more, you certainly can because they're on the website. And then as a member of year of miracles, you'll be getting them as you progress through the class. So, we'll get brilliant brain up. Today, healing the stress syndrome and seven day wealth jump start.

Rebecca, would you send a message to Kim and just letting her know that I want those three. The meditation that's in seven day wealth jump start, healing the stress syndrome, and the brilliant brain one in with the class today. So, that they just have them right away. Thank you.

Borax. Okay. "Can you send clearings charts in our email?" No, Gen. We send them-- we put them into your member's site, so if you could just click into your member's site, that's where they are. We don't mail everything, that would be too bulky. "No matter what I'm going to make miracles for my beautiful holy body." That's good.

But Gen, if need something sent to you, you have to ask for support and they'll do it. But not on a regular basis. That's all put in your member's site every time. It's just a lot of work to send a whole bunch of attachments one by one. So, we put them all in the member's site where you can get them.

"I use herbal medicine for things like brain, skin, eyes. Is it okay to do it?" Oh absolutely. Herbal medicine and supplements. Yeah. Definitely. "Just got pain in the head. What's recommended? Just keep going. Just keep pumping. Something's leaving. "I'm grateful for staff typing, pasting items on the chart." Oh good. "Just wanted to say good morning."

That's Ursula. "Being here just in case I didn't go through before. I had computer glitches."
Oh yup. We saw you, Ursula.

"You're welcome. We'll do your home clearing chart tomorrow." Okay. "Corpus Collusum." Okay. Which meditations. Okay. So, I just spelled them out. "OCD." Yes. Any mental illness. So, I put a few of them up there and then I thought we better just put all. "What's the purpose for using the right hand?" The right hand is an outer assertive hand. The left hand is receptive. I usually use the left hand for reading.

Probably not, Gen, because I'm making sure that everybody is getting cleared. Oh good, Carol. Thank you. "My dad has dementia, so could not perform as instructed." Karen, yeah. What you do if you want to-- if you want to work with a family member and you want me to help, you pay for that family member for this one experience. Someone else is doing their dad also. So, you would pay the hundred and ninety for the dad, and then I would also be helping you rather than you doing it for yourself for him.

So, yes, with dementia, yes. Yes. You could be a stand for him and if you wanted my help and you wanted to use the replay to work on him then just you would just pay for that and then automatically, my help will go with you. "You're magnificent." Oh. Yay.

Shaun, "Love the no matter what suggestion. Almost want to sing. That is as we do doorknob." Okay. We're going to stop with questions for a while now. We're going to take a five minute break and-- Oh. We were just at the end of the questions. Okay. Well, that's fantastic. Alright.

So, here's our five minute break. Everyone get up and stretch. Move around, get a drink of water. But if you can keep doing the doorknob. Please do. We got to get through this chart. Here we go. So, it's here. It's also in the box and you can hear music playing. So, I'm hoping that all will remind you that we're on a break for a few minutes.

[Break time start on 01:04:03 until 01:09:21]

Come over here, honey. Come over here. Come over here. Okay. Here we go. Ready. Up. Okay. Here we go. Alright. Where is she? I don't know where she is. Has been anybody seen my daughter? I have no idea. Where did she go? I don't even know. Okay. Come on, Rebecca. Come on. Adelia. Adelia. Alright.

Yeah. Rebecca is on the other side. She's watching you be silly. Can you say hi? Show everybody quantum pump. How to pump. Okay. Say happy day. No happy day? Anything else? Are you done? You're saying good bye. Good bye. Alright. Alright. Alright. Alright. You don't want to say hi right now? Hi. Okay. Probably interested in touching something on the computer.

Well, welcome back and we're just going to keep pumping and so hopefully, we're clear. Yes. That's it. Show everybody. Come on. Show everybody. Here. Let's put this up here. Can you do this up here? Come on. Come on. There we are. There we go. She wants to - not on that one, on this one. Okay. Everybody pumping. Adelia pumping. Adelia, can you pump? Yes, they can. Okay. Show mommy. Alright. I don't know what you're doing.

What happened? You turned the music off. You turned the music off. Did you do that? You turned the music off? Okay. Are you going to go back out and play now? Okay. You want to say anything else? Do you want to say have a happy day? Happy day. And you want to say have a good day? And you want to say yippee? Yippee? Can you say it one more time. Yippee. Can you say baby? Baby. Good. And that's mommy-- no. We're not going to do that. Mommy. That's what mommy autograph books with.

Okay. Anything else? Do you want to say bye-bye? Okay. She's got little worms today. Here we go. Bye. Bye little wiggly girl. Love you. Bye. Oh my gosh. You look so cute today. Okay. Yeah. You do. You look so cute. Bye bye. Okay. Back to the chart. Okay. Yeah. She's going to be a great big sister when the baby arrives. Oh. So helpful. Okay. Let's see.

Elena, we usually send them. Usually get them added during the month. So, if you've just enrolled, you wouldn't have any yet. So, I what I just said was that I was going to have my project manager put three meditations in along with the videos today. So, that's what I said. So, usually, you'll get a weekly communication from us. One would be an article. One would be a video. And one would be a meditations. So, that's just a normal thing that we do with year of miracles so that you have something every single month. Fifty-two months of the year, you're having some support.

But in the meantime, we will send you three meditations. Not send you. We'll put them in your member's site for you, so you'll have three and then if you want more than that, you can go into meditations on juliereenee.com and you can just purchase the ones that are going to make sense for you and you can just pick out your own meditation.

You don't need me to assign you do this. I'll give you the ones that I think are good. Brilliant brain, healing the stress syndrome, and the one that goes with the seven day wealth jump start with is the wealth meditation. All of those are really fun meditations to do and they're really uplifting meditations.

So, these are the ones that will provide for you immediately and then as a member of year of miracles, you'll be getting a meditation every month. Yeah. It's taking out the program of dementia for those of you who are wondering, "I don't have dementia but is it going to remove it so I don't get it." And that's a yes. That's a definite yes.

I think, you know-- "Julie likes the brain meditations. Signs are beneficial." Good morning to Nettie. Karen, you're welcome. And then I answered. You can do-- you can use whatever one of my meditations you want to. The deal is with my voice and meditation, I'm taking you into a very high field. Field of transformation. And that is really part of what makes everything keep working. So, if you get, you know, lower frequency-- let's talk about that for a minute. Not to offend anybody, but to just talk about what's real. Okay.

So, on any given day, my frequency's really and I recorded those meditations over a period of time and they were all recorded at around Christ consciousness like around between nine hundred and a thousand. So, frequency is really wonderful. When you come on class with me and I'm blasting-- let's see where I am right now.

Oh goodness. I haven't been that high yet. I just muscle test that I'm thirty nine hundred right now which is the highest I've ever been but I really asked for help this morning. So, Christ consciousness is at a thousand and I wanted all of you to have a miracle for me to be able to reach all two hundred of you and create that miracle. So, looks like my energy is really high at thirty-nine hundred. That's the highest I've ever been.

I'm an avatar. I've been on the planet six times. I've come to this incarnation to restore the knowledge of the human blueprint and really all these clearing that we're doing to restore humanity to a state of authority and really create a new way. A new kind of group mind or a new set point for humanity. So, that's my mission here. That's why I'm here.

So, I'm not quite like an ordinary person but I'm in an ordinary person's body and I went through an ordinary person's incarnation. So, my special spirit in a physical human body that's very human and has emotions and feelings and I'm human too.

And then most of my students are between about three thirty-six and about five hundred. And then if you're with me awhile, your frequency goes up even higher. So, it might go at a six hundred or seven hundred and even if you're really taking it on and you're an apprentice, I've seen it go up to, for some people, up to fourteen hundred. So, well over Christ consciousness.

And the thing is to be able to maintain that, you probably need to stay somewhat connected with me for while to maintain those higher state. There's not really a reason other than transformation happens over five hundred and then rapid transformation, the higher you are, like over seven hundred is considered like enlightenment, and a thousand is Christ consciousness. There are about five hundred of us on the planet who have this very high energy signature that can, at will, change reality.

So, just to be candid with you and honest and you know, hopefully, just inspire you to take your progression, your spiritual progression seriously, you know, you wouldn't have found me if you weren't-- if you were lower than three thirty. So, you couldn't even gotten on the

call because it would be so far off your radar. It would be so far. The frequency would be too high for you to really move into.

Sometimes, people wonder about my family. My energy signature. I was thinking about that the other day. It's just like I'm just way too high for that energy signature to be understood or incorporated by my birth family. That's okay. That's alright. We have friends who love me in my human body, as a spirit, and I get that social connection with people who like some advice and are comfortable, feel wonderful around me. But that isn't my family. So, that's probably okay. You're not necessarily recognized in your own land so to speak.

So, that is the reason that you want to use the meditations daily. You're going to be in a much higher frequency than the frequency that you authentically sourced. So, you could do your own meditation but to get into that higher frequency, I get you there with the harp music and my voice and my guidance.

And then people ask, "Well, can I just listen to your chanting." or your music, your harp music and you can but you still need to do the half an hour clearing all the day and meditation and the reason for that is you're clearing your channels, your clearings your legs, and your arms, and your aura, and your head, and center of your head, and all that keeps clearing out spiritual interferences. So, you keep gaining authority. You keep owning the body a little more, a little more everyday and that really, really helps.

So, you're in a high frequency. The body gets a little tuned up every day and because of that tune up, your regeneration is always restored every day. It's restored. It's restored. It's restored. So, it will go into a completion. So, that's why I want you to use half an hour meditations. It can be twenty-four minutes or they can forty minutes or they can be an hour, but around half an hour.

The five minute meditations are wonderful, but they're not going to give you the full reboot. You really need a little bit longer time. You need to go through the system which we do. We do like the clear out for ladies' ovaries; and men, the testicles.

And then the adrenals and the nervous system and then the center of the head and then the aura and you know, then we run Earth energy, and then we run cosmic energy, and there's a whole system that works. So, it's just a nice clear out and then whatever the project is.

So, just understand that part of the clear out is really important and yes. You use the chant and use the music and it is very uplifting but you want to do the clear outs too. So, that's my instruction on how to use the meditations and I do want you using the chants and I do want you using the harp music. So, use that too but not as a replacement. Okay.

This is the only clearing chart that we have today, Lisa. So, we're not doing any more clearing charts. After this, we'll go on to cellular neogenesis. That chart is not a clearing chart, it's just a step by step. These are the steps of cellular neogenesis. I showed you a list of what we're going to be regenerating in the brain and that's just the list; that's not a chart. And I showed you the quantum pump chart, but that's not a clearing chart either.

I know, Sue Lorainne. I picked it up. This allows it for her. It's a little game of polka dots and oh my god, she is so adorable today. She is so cute. I want to kiss her all over. She's definitely it. I want to play mommy. What are you doing? Okay. I think-- I hope I answered all of that. I think I answered all the questions that are up in the chat box. Let's see where we're at. Ninety-five percent. Let's pull up a song book. Show that one on the screen. Okay. Let's see if we can get that song book hopefully easy.

No. Not that either. Alright. Good. There it is. Oh it might have been-- okay. Here we go. We're going to start singing some songs. Alright. Okay. We'll start with a call to lighten. "Soft the night and sweet the spirit, Gentle voices call our song, We are magic we are wonder, When we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play." Okay. We're at ninety-nine percent. Almost there and then we're going to start the regeneration next. Let's see. Oh this so super fun. Super fun.

Gather your children, oh mommies today and bind them close to you and love them I pray. And give them your heart your time and your ways. Singing oh bonnie mommies I love you this way. Give them the confidence the care and the play, Talk to them daily about their new world, And share with them light from the mystical plains. Singing oh bonnie mommies I love you this way! Singing oh bonnie mommies I love you this way! I love you this way!" One more minute. Looks like one more minute of pumping here.

Oh. Well, this will do it, right? We're going to do the stones. That will get us through. And if we-- we do actually do all the way through them then we'll already automatically start on the regeneration. So, if we get there, we're going to sing this for like three minutes or so. Singing helps raise the energy. So, things move faster and we've got a lot of regeneration to do. So, we're going to sing to clear the chart and then sing to regenerate.

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones. They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. The Averbury stones were laughing at me, Taunting me tempting me dancing with glee, Playful stones make love to me, In the circle of the

stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the basin stone. I touched my forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

Okay. The clearing chart is done and we are going on to cellular neogenesis. Here it is. Alright. So, we've already done the pre-work. We've done the clearing. And so we are now doing the basic quantum pump or double pump for the master and stem cell upgrade. In the actual regeneration is pumping both the master and stem cells up to one hundred percent. The master and stem cells are very special cells that contain the regeneration details when stimulated can return to one hundred percent.

The reason why is that we're matching the blueprint detail that are in their perfected state. At different times, we use different pumps. Quantum pumps, double pumps, and sometimes platter. Platter is when we get stuck. Again, I always muscle test what's the best and you always have a great result if you just do the plain quantum pump. It may not be the fastest but it will always-- it's a rock solid regeneration tool.

Using the quantum field with our thought or intention to regenerate and our hand technique pump, we are restoring or typically for the first time, pushing the function of the stem cells and master cells to one hundred percent. That means even from birth. Even from birth, we're not a hundred percent.

This take a bit of time. We're restoring all the elements to the cell. The hundred percent nucleus absorption organelle, elimination organelle, mitochondria, and all aspects of the cell. Typically, that's affecting essence, matter which is your physical body, essence is your spirit. Energy, quantum, and amplification. Energy is like the chakras and the meridians. Quantum is the quantum field, and amplification is that law of attraction rippling out field. So, we're using all of that to cause this to shift. We're also activating the process of regenesis which is part of the support field of genesis.

Muscle testing, you're going to find out and know when you're done with that by muscle testing. And then from there, we're going to go on to mirroring and that's once the cells, the master and stem cells have gotten to a hundred percent. We're going to mirror that to all the surrounding cells. So, obviously, not all the cells in the brain are master stem cells. A lot of them are just regular old cells.

So, we're going to mirror them and bring them up to a hundred percent. And then after that, we'll do a cascade of new cell growth and as we get to these steps and phases, we'll talk about them more. So, right now, we are on the pumping for the stem cell and master cell activation.

The next thing we want to look at is our little list and then some images. So, let me pull up that little list. It's a little list here. Oops. Okay. So, we're working on master and stem cells for all of these areas. So, that's what we're doing right now. Master and stem cells for all of these areas. And then we're going to look at an image. That's the next thing we're going to do.

So, some of you can imagine it by looking at the words. Some of you can imagine it by looking at a diagram. So, we've got both. The anatomy and function of the areas of the brain. So, this is another way to look at it. We're regenerating all the stem and master cells in this part of the brain and this is what a master cell looks like. Of course, they all look different and they all have different dynamics. But if you would imagine that those are all the components in the master cell, we're regenerating all the components to one hundred percent.

Okay. We're going to leave this up for a while, the anatomy and functional areas of the brain. This is a beautiful image. So, we're working on master and stem cells. So, this is going to probably take us the full rest of the time because I read about a hundred and thirty. A hundred. Excuse me. An hour and thirty minutes. So, we've got a lot of work to do.

No. And I just-- it's interesting that you don't understand that, but no. You're going to do the quantum pump. You're doing the quantum pump. Remember I just read that to you that that's how you do the regeneration. But that's okay if you didn't get it. That's alright. That was the directions in the cellular neogenesis chart; the quantum pump, the basic pump, or you can do the double pump.

And probably best for today, if you want to do the double pump. So, I'm glad that you pointed that out, so we can just make sure that everybody is on the same page now. Doorknob is for clearing spiritual interferences. It's really not used for regeneration. So, we're going to be doing double pump or quantum pump, basic pump. For those of you who might have a disability, again just remember, you can go to the inner thigh. Inner thigh or the flutter. You know, down at your side and having your hand fluttering. Okay. So, double pump.

And actually, let's just demonstrate that. So, elbows are down at the side and the hands are pumping out from the shoulders and the fingers are loose. And I can take you into that chart for just a minute so you can read about the double pump right now. Sorry about

the "ums". Thank you for asking. I'm really glad you asked because there's bound to have been more than just you who didn't catch up when I read it.

So, that's the basic pump which we've already reviewed and let's go to double pump. There's the double pump. Using the same technique as the single pump, lift both hands facing towards each other. Shoulder height about eight to ten inches from the shoulder and I like to alternate pump. However, it's also effective to do both hands pumping at the same time.

The movement is happening from the elbow and you're not pumping from the wrist, but the wrist is falling forward and then you're just pulling it back. The shift is happening on the back swing, on the upswing in the quantum field. So, if you're wondering when does it happen, it happens when you're coming up.

And then you just remain-- keeping everything really loose, but the movement is happening from the elbow. Not-- it doesn't involve a lot of muscle. It's really kind of bouncing along. The inner thigh-- here we go. It's a mild version of the quantum pump with the arm up. The inner thigh pump is either the hand pumping in towards the knee or between the legs while the forearm is resting on the thigh. Use for everything. Used for circumstances of any normal or recommended pumping. It's not possible because of the disability for example pain or weakness.

Okay. So, you're going to have this so you can review that and I didn't pull some. There are some extra ones on there that we're not obviously going to do today like chakra activation stuff. Just in the chakra class. Look at that image of the brain and for a minute or two and then I think we should go to singing. I'll answer a couple more questions. We do want to keep the energy high. We do. And always stick to the subject of blame. Okay.

"Do we need to go through each, probably, each one thing on the chart? Chart one at a time with the hand processed to be cleared." No, you're going to go through a list and then at the-- we just muscle test until we're done. We're just like, "Are we close?" You've seen me do that where I'm like okay we're at fifty percent, okay we're at seventy percent. Until we get to a hundred percent. We're not going to do vibration today, Karen. But it's a good question.

Related to Kelly's question, "Do we pronounce aloud each word?" No. You don't. And I read them out loud, we have to look at them once. So, you can read them once or look at them once and then you just pump. So, you don't have to look at them over and over again and test over and over again. Okay. Anita, "Should we continue to do the doorknob or should we start with the quantum pump?" I answered that. We're doing quantum double pump for most of you.

"What's the difference between a master cell and stem cell? I thought they were the same thing?" No. Master cell is with you. Seven days after conception, it's the cell that had all the blueprint and designed the whole workings of that area. Stem cells, which are many of, are stem cells provide the information to regenerate the area. But master cell is the one that had the design.

"I love those images." Oh good. Very good. Okay. Great. So, okay. I think we probably got caught up here. So, back to the song book. Okay. Nope. You won't feel anything. As far as I know, Shaun, you don't feel anything when you regenerate. Just muscle testing. Might feel lighter or clearer but I don't think there's a sensation with regeneration. Okay. This is a very beautiful high elevation class.

Okay. So, song. I might have said class. Sorry. I'm reading something. I've got the phone going like [Inaudible 01:46:38]. So, all is sound. And this was after really difficult period in my life where I didn't know if I could go on and then you know, there always is. I just come back to my center and my light and return to that possibility and hope.

"Just when I think that all is lost, And there's nothing more that I can do. When the pain in my heart gets too great, And I feel like I will explode. When all is lost and hope is nowhere, When I find myself screaming in terror. I find my depth, my center, my light, While surrendering to my essence. Grace find a way to melt away the tears, And a soothing gentle trust reappears. When all is calm and I find myself at one, When chaos is transformed into clarity, Grace find a way to melt away the tears, And a soothing gentle love and trust reappears."

Oh, this is just a very fun moving ballad. Again, we sing because it lifts the energy and regeneration and clearing happen much faster when the energy is higher in the group. So, we're going to this one next.

"It happened one day in the Abbey of Joseph, It happened one day in the magic of love, It happened one day I was filled with the spirit, Of the mother who comes from above. I saw her standing behind me, The black Madonna was she, And before me I saw the Christ of my childhood, My friend for eternity. I looked round the nave, It was brilliant with spirit, Four bridesmaid attended me, My body the altar, Full of light flowing freely, The goddess enchanted be. The flame burned so brightly, The canopy covered, The altar so sacred divine, I was the bride and the priestess of this day, My bridegroom the logos of time. My gown was effulgent, My spirit was soaring, And I was spirit set free, The wonder of mystical union communion, Was the dancing of a peaceful thee. I spoke with my voice, It was clear bright and vibrant, The song of my heart echoing, I let go of fear to the love of the goddess, And the joy of infinity. I saw her standing behind me, The black Madonna was she, And before me I saw the Christ of my childhood, My friend for eternity." Oh. You're welcome. Yay.

We'll just read this one. This one is to go from the key right. This one I can never somehow manage to get into the right key. [Inaudible 01:52:57 to 01:53:13]. Just not getting to the right key. "I saw him the author of dreams, I heard him whispering saying sweet things, I felt him the loneliest of beings, I breathe him like fresh mountain air. I saw her the goddess complete, I touched her and found myself at peace, I hungered and she was there to feed me, I wearied embrace by holy hands. He loved her like bees to a flower, she loved him and out of love came power, I saw him, heard, felt him, I breathe her, touched her, and embraced her." Okay. Let's see.

So, we're coming up on the hour two's completion. So, we'll be starting our three soon. Do you want to say hi one more time. Come on. Come on sweetie peetie. Yeah. Not today. No. Not today. What's going on today. Are you just a little rascal? You're a little rascal. You're a rascal? How are you rascal? You're the rascal. Are you the rascal. You're the rascal. Okay. She's my rascal. Hi. You want them to show the quantum pump? Do you want to help? What do you say little rascal? Yeah. Yeah.

What did you do? Did you play in your swing? Did you ride on your car? Did you ride on the love bug? There we go. Did you ride on the love bug? Not today? Can you say no not today. Not today. Okay. Oh. Not today. Alright. Okay. Say bye bye. Bye. Bye bye. Not today. Not today. Okay. You're going to go with Olivia now. We fix so. Oh. I got you. I got you. Alright, little pumpkin. You go. Is it time right now? Come on. Come on. Say bye. Bye. Bye.

"My hand is tired." Then Kelly, just go to one of the other styles. So, you can go to the inner thigh or you can go down like this or you could take a break for five minutes. So, we're going to take a break very quickly. At the hour, we'll be taking a break for five minutes and that might be a time to rest your hand. So, it's good. That's good. Let's see.

Okay. Actually, this is really good. We're at-- already at fifty percent on the master cells. So, that is a very, very good sign. We're going through a lot of them. Let's take a look at our list. Gosh. I've been saying "um" a lot. That's not normal for me. Okay. Yeah. We are making progress.

Visual area, image recognition for such and less at eighty, eighty for memory, short term memory equilibrium and emotion. Motor function, ninety-nine percent. Long term speech, ninety-nine percent. A hundred percent on the hearing. That's the area of the brain that processes hearing. Fifty percent on the area of the brain that processes pain, hunger, fight or flight. Twenty percent on sensory association. Twenty percent on old factories.

So, down the list, we're not quite as far. Eighty percent on written and spoken language comprehension. Ninety percent on eye movement. Forty percent on sensation of muscle skin. The judgment and that whole area of concentration, that's at about twenty percent. And then the last one on that list is on coordination and balance and posture. That's at

about thirty percent. And then the [Inaudible 01:58:31], hundred percent. Cell membrane, eighty. Brain matter, seventy. Neurons and nerves, ninety. Gillio cells, hundred. Synapses, a hundred.

So, yeah. Looks like what started here-- what we started, I think, we can just put this on the opposite order. That actually makes a lot of sense to me. Oh. So, just put that up a little bit higher. Did that work? Nope. Let's see that back again. Okay. When we cut this and I'm going to put it up that way.

That makes sense because that's how we've always done it in the past. So, with the track that we blade, we're doing the physical parts before we're doing the what they do. So, it's beautiful. Really we're paying attention in a way. So, we haven't before. So, we should be getting even a better a result than we've ever gotten before. It was my intention and hope.

So, what we'll do is we'll keep working on this until we get all of these at a hundred percent and then we'll do the mirroring and the cascade of new cell growth. Should have plenty of time to do that. We're right on track. So, we're going to take our break right now and I'll just put this up break for five minutes. Get some rest. Oops.

There we go. Okay. We'll have some music going. And everybody, get up, walk around, get a glass of water, use the bathroom, and see you in a few minutes. You're welcome to keep pumping. That will be great. If your hand is tired, take a break.

[Break time start on 02:00:33 until 02:06:40].

Okay. We are back. Alright. So, I just went out to the koi pond. Commune with the fish for a few minutes. So, a few have come late. It's always better if you can come on time or even a little early. I turned on the live stream. We didn't start until a couple of minutes after but I turned it on five minutes early knowing that we had a couple of hundred people signed up and I'm going to make sure we're successful in getting on. So, it's good. For year of miracles now that you're starting to start on time.

And we send a reminder about an hour earl and what I recommend, and I do it myself, is I come on anywhere from thirty-- twenty to thirty minutes, I click on the live stream. I dial in to the phone number twenty to thirty minutes early and then I putter around or I'm working on charts or I'm getting a cup of tea and settling in.

So, I would recommend that if you start half an hour early and you click on and it's going to spend you're going to go and do you know, some walking around or whatever it is. Just get in there really early. Get on to the class really early so that you start with us on time because really what happens in the first five minutes is we pray together and we establish the connection with the divine and with the angels and that's a very special experience.

We say the love wisdom affirmation and by the way, we're all pumping. Everybody's pumping. I'm doing the blasting. The love wisdom affirmation which is really, really important. Does every time we say it. If you say that five times a day, you're going to clear any kind of atheist thought form that this is not for me.

"I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body." So that means all the things that we took off that list. We're responsible for that. We say well, someone else did it or they did it or they put this on a-- and then we don't have the power to clear it but when say, "I'm responsible." So, if it's in my space, I have the complete ability to clear it.

The minute that you step into that kind of ownership of this is my body I own. If something's happening, I'm responsible for it and I'm going to figure out how to clear it. Move it out, remove it, it's no longer appropriate for me. So, that love wisdom affirmation that said at the beginning is very important because we're affirming that our spirit is limitless and that we have power over any and everything that is isn't aligned with our perfect, wonderful, full self expression.

I mean perfect is different versions for different people. I don't mean perfect like the ideal life. I mean, like our full expression of self which can be messy some times. You know, I think mothering being a great mother is never being a perfect mother. To be a great mother means that you're going to have emotions and feelings and your kids are going to be messy and Adelia went through a period of feeding her hair and you know, after several of our closest friends said, "Just cut it off."

And she has all these-- she had like a six inches of hair and full of macaroni because she keep thinking. It's funny and she's feeding her hair. [Inaudible 02:10:26] And you know, I had trimmed and she's not feeding her hair anymore. So, there you go. I don't know. It's messy. But being a great person or being fully expressed isn't about perfect in the perfect sense. It's about bringing your best self into everything and doing the best that you can and living the best way that you can and enjoying your life and loving you life.

So, I just want you to encourage you as so many are new and many of you are new from three months ago when we encourage you all to come in three months ago. So, just thrilled that all of you are here. Is how do we get started and how do we stay on time and how do we do that.

You might notice, I'm very careful. I start and end on time. A lot of times, we'll go over to do something magnificent like we got a chart that's way bigger than we can do in an hour and we'll run some videos and keep going for ten or fifteen minutes. Sometimes, we'll do that. Not typically with the three hour class because we've already-- we're tired. At the end of three hours, we're tired.

So, I just want to take a finger like just a little pulse. Finger on the pulse. If I did a live retreat at my house like around maybe the first or second week of October and it was kind of in the same range as the tuition for the diamond class. I just wonder are the people in this call that might be interested. The diamond tuition last year I think was six thousand seven hundred and fifty, and it was seven days. So, maybe we do it a little bit less than we do a few. Maybe we do five days instead of seven.

Are there some people on this call that would be interested in that coming into my home, hanging with Adelia right before our-- well, we don't know. But possibly, our baby would arrive in December or something like that. So, it would be something. It's a little bit last minute already kind of thinking it through but we didn't move. We didn't get an offer for the house. So, I'm thinking to pull the house off the market and every year we've done a retreat in the fall.

So, just kind of toying with should we do it? Should we not do it? Should we wait for March? So, if you have some opinions, to be interested to [Inaudible 02:12:54], okay. Okay. So, maybe just one person. Two. Maria. Okay.

So, there's two things: one of them is it would be really [Inaudible 02:13:06] some thing the other kind of quick because it's October and that's not far away; or the other possibility would be doing it in March. We used to do-- we always you do like a November and a March class. It just got a little bit hard with Adelia to do two or three week long retreats. So, we were doing more online academy stuff. So, possibly-- okay. So, there's a few.

Kelly, I don't know on the part of the brain. If it's on your eye, we're not working on the eyes today. We do do that in the vision class. But we are working on the nerve. So, the optic nerve and the visual cortex we are working on but not the eyeballs. So, I'm not sure what will happen for you. I don't know. Okay.

So, thank you all of those who are saying I might be interested. I'll be in communication with you and let you know what I'm thinking. I'm going to make that decision around August 1st or so by the fourth. I'll figure it out. Are we going to do something now? Or do it on the spring. So, I'll let you guys know. I can see, definitely, maybe. So, I'll let you know then you can communicate with me on what you want to do and we can figure that out.

Yeah. I think, when you come in to my home, there's just a completely different experience than having me online because you're actually physically with me and my field. Whatever we do, we would do things to enhance you skill and your ability and clear you and you know, help your body and help you. So, whatever we do, it would be amazing, I'm sure. We can pray about that and see.

We've done the diamond. We've done quite a few diamond retreats. We've done for over like six years and I just felt like we've ran the diamond through. So, we've done-- we've

probably done about ten diamonds in six years because we were doing online and in person. So, it won't be the diamond anymore and that was just like that's the diamond that we're doing so now we can look at something else and there's different structure. But for those of you who have been at my house before, you know. The things are amazing and wonderful and very, very, very powerful.

Okay then. Alright. So, I've got my list here you guys. So, thank you so much for letter me know and I'll keep in touch with once who said that they want to be in touch on the retreat. Okay. We're continuing on-- we're going to continue on the regeneration; the cellular neogenesis. We're still working on the master cell and stem cell.

Again, the master cells are the cells that with you seven days after conception. That means when your blastocyst, when your just cells dividing, all those cells, there's like a hundred and forty of them or something, they all contain the whole blueprint for designing an organ or a gland or a system. So, the whole-- all of the information in the master cell.

Those master cells stay with you. Unless, you've had surgery and it's been operated out of you, they stay with you your entire life. And even if they've been operated out of you, they're in your blueprint. So, they can be activated and brought back into physical reality. Stem cells contain the information to generate new cells. So, they grow new cells. The master cell grows new cells that all can grow back the organs. So, that's the difference there. Okay. Thank you.

Okay. Just again, refreshing what we're doing. Working on master and stem cells in all of these aspects of the brain just to kind of give you that visual again. That's the areas of the brain we're working. This is kind of what a master cells looks like. Sort of, kind of sort of. Each cell has its own unique appearance but these are really the normal things that you find in the cell. The little-- all the little organelles in the brain in the cell.

That's the mitochondria. That's the fuel generator. So, it's an important key player in regeneration. The mitochondria starts the cascade of new cell growth. Just take a little caterpillar there. You press its belly and a cascade of new cell growth start. Kind of a joke but I kind of have a cartoon image of pressing on the belly. Having the caterpillar just start giggling and all "kaboom". All these new cells start going because of the giggles.

And then we-- were the light of the cell. The light of the cell we're working with in the mirroring process. So, we work with the light of cells to the cells that are in existent. A lot of cells that we have functioning in our body are at ten or twenty percent function.

So, when we get the master and stem cells to a hundred percent, when we mirror it to the surrounding cells, immediately, things start working better. But those cells were popped out or grown out of low function. And so we don't ultimately want to keep those low

function cells even though we've mirrored and gotten them to a higher function. We want new fresh cells growing in.

And so we're really speeding up on cell growth where maybe it would take seven years to grow new cells for a whole-- the entire brain or entire system. We're doing it in a hundred and eighty days and we're disappearing the cells that are low function over time. So, obviously, you don't want to disappear all those cells today. You want them there to hold the place until we have new cells.

And then to look at the cascade of new cell growth. Few understand it-- kind of understand. Like today, we start with new cell growth maybe you have a couple. It will actually be more than a couple. You can have a few more new cells today. So, typically, other than we're blasting right now and pumping for growing new cells in this cascade of new cell growth in a little bit. We haven't started that yet. But we will-- we'll get a good batch of cells, new cell growth.

So, but if you can imagine, this is before, this is at the start of the class and this is you know, after we've done the cell regeneration and this is tomorrow and this is the next day. So, you can see that cell regeneration keeps happening for-- and if you can imagine, a hundred and eighty days, you could see how many new cells you're going to be creating over time. Just another example of what's going on in the brain which is kind of interesting. No. You don't need the supplement stem cells.

Oh. We've had all the mapped out charts. Oops. That's interesting. Just shut itself off by itself. Might just be a technology glitch. Interesting. I don't test this is spiritual interference. Thank you. Okay. I see quite a few names, so that makes me feel encouraged because I was tracking to Rebecca. Yesterday, we were out celebrating. I'll just have to show you this at Phillie to fill you but this is our file. All our documents everything sold out for the adoption. I have to run it through the printer because we need to make a copy. [Inaudible 02:22:43]. Anything happens to the original. But this is everything.

We were out celebrating. We called Rebecca and said, "Come celebrate with us." And we were talking, as we were chatting, Rebecca and I was saying, "Well, I'm thinking about a retreat on October but it's kind of last minute." So, I'm not sure if we'll be able to have you know, the numbers that we need to make sense for retreat.

So, thank you all for all of you who said you were interested. We'll sort that out in the next. So, it's about-- it's close to the twentieth of July. So probably in the next twelve days or so we should be able to figure that out. Are we going to do something in October or wait until March? And then March, we'll have a new baby, probably.

Okay. So, what I want I want to say is this first part here is all at a hundred percent. I think what we're going to do is we're going to change the color to a slightly different color like

green. So, we're done. We're done with this part. So, let's see on this lower part what's at a hundred percent and just keep pumping.

Okay. These three are at a hundred percent. Old factories at a hundred percent. Okay. That's it. So, that's where we are. Looks like we've got about half way on the hundred percent. And I think what we want to just say is all aspects of the brain here just in case there's something that isn't listed.

Okay. That makes me feel like we'll just hit everything at this. This couldn't be anything. Listed or unlisted. Okay. And this way, if we look at it that way, we're about sixty percent. Programs leaving. Family pressure leaving. Okay. So, put this up here. So, it's often something leaving. Something moving. Something leaving. That's for Kelly who is asking a pressure and sensation.

Goodness. Something's weird happening here. The creative brain is the right neo cortex. The left neo cortex is the logical. And frontal lobe is the genius brain. Okay. Okay. So, let's see. Just showing up that weren't even there before which show up sometimes because something wouldn't wanted to get cleared out. So, if anybody wants to do that it looks like we've lost our video feed on me. Can't see me anymore. And it's on.

This is at a hundred percent now, and this is at a hundred percent. Okay. Rebecca, I'm going to-- I'm trusting the sound is still working. I am going to sign out and sign in but I need you to capture the chat box. I'm not going to turn the video off. I'm not going to turn the class off but I want you to capture the chat box. If something happens when I'm signing out and signing back in. Okay. Okay. So, I'm going to sign out and I'm going to just sign back in. That's what I'm going to do.

Okay. So, I'm signing back it. I won't have any body's previous chat because as you know, but here I am. I'm back on the same links. So, hopefully, all of you can see me. Just let me know. Sign in and let me know that you can see me. A few of you can let me know. Oh yeah. You're there. Okay. Good. Alright. So, I just lost my chat, but I'm back on the screen. Hopefully, we have a good connection. Good. Alright.

Well, you know what I'm thinking is a cross dimensional being is able to sneak in there and disappear and we don't see where it goes because earlier on, I saw something and then it went away. I think it's going in to another dimension. That's what I think is going on. But we can get those buggers. Okay. There. And there I am in the corner again. Okay. Good.

Okay. Can you hear me, Shantelle? Hopefully, you can at least hear me. And most people are saying, I'm back. So, that's good. Okay. You might want to-- Shantelle, you might also

want to refresh. We're getting close. We have about twenty-- twenty-four minutes or something to go. I think we should be able to get through the whole series. So, we're getting the master and stem cells to one hundred percent.

The mirroring process only takes a minute or two. We're going to go from double pump to platter with mirroring, and then we're going to do the quantum pump again. Double pump or quantum pump for the cascade of new cell growth. So, we're in the home stretch and I know it's a lot of pumping and that's what we do in this class. And so, we're doing good, we're doing really good. We're right on track. We're doing what we need to do.

And when you look at these-- all these parts are at a hundred percent. The stem cells and master cells in this parts are at a hundred percent, that's fantastic. We have to go all the way through the process. Oh wow. I've seen our numbers have grown. We have a hundred and nine on our-- good. That's great.

For those of you who joined late, you'll want to take the beginning of the class and redo the clearing part. If you came on the last hour or so, you definitely do need the clearing also. You want to make that you're cleared. So, maybe you want to watch this later today or you know, it goes up pretty quickly. So, check in an hour or so it should be back up. It should be up in the member's site. It doesn't take very long for it to get up.

Okay. Long term speech is at a hundred percent. So, if I put it-- I put it into green and you just know that's-- those are done. These are all done. Okay. A hundred percent. Oh. Coordination. Good. This is at a hundred percent. Okay. The right neo cortex. Creative brain, a hundred percent. And the frontal lobe, the genius brain, is at a hundred percent. Again, it's not the whole brain, it's the master and stem cells in that part of the brain. Visual cortex is at a hundred percent.

This number just changed, so it's more like eighty percent now. That's correct, Kelly. Doesn't matter how fast you are. Oh. Sabiya, yeah. We're definitely pumping. We're definitely pumping. So, really try to be on at the beginning of class because you'll miss so much and we've gone through all the charts and explanations of pumping, but the pumping that we're doing for regeneration: quantum pump, double pump.

I do a different technique but that's only because I'm a teacher and I'm pumping for all of you. So, I'm doing a different technique. This is your technique. Double pump is the best and it's actually better not in but like right here. This is where double pump happens.

So, just keep pumping. You pump the whole class. So, we did doorknob while we were doing the clearing chart, and then you do, until I tell you something different, you do the same thing for a consistent long period of time. So, either double pump or single pump or you could do the inner thigh pump or the flutter. If you're getting tired, you can do something and you don't have to do it fast.

You're welcome, Martha. Yeah. Yup. I'm just feeling waves of tingles. I'm really-- it's really nice. All over my body, not just my brain. Oh. That's great. Okay. I hear that people signed up after we started the program. Amazing. So, I'm glad you got in. I'm glad you got in. It looks like-- that looks like it started the-- our system started not sending proper links if it was after the class. I think that was-- it was expiring. So, looks like it didn't. Okay. Looks like everybody's getting in. So, I'm happy that you're getting in.

If you're now registered, then you'll get the three days before and the one day before and the hour before and that's a much better way to come into a class and after the fact. "All I'm hearing is seeing all the specific areas that are being addressed." From Sue Lorraine. Wonderful. "My head and ears are burning." Well, that's exciting. "So funny as soon as you said that I was feeling tingles, it was all over my body too." Carol was. Oh my goodness.

"The ones we've completed at a hundred percent are in green." That's right, Ruse. Then I thought I just keep letting you know when we get something at a hundred percent, I'll just put it in green. I'm put-- I'm trying to put them in bold. They're not all going in to bold. Let's see. Here we go. All these are done. Oh. And hearing just went to a hundred percent. Oh. Written and spoken language and comprehension when to a hundred percent. Again, that's the master and stem cells. That's not the actual function. That's going to take longer.

Mammalian brain, so the emotional brain. Oh. Oh my goodness. Okay. All parts not listed went to a hundred percent. "Definitely feeling shift." Oh good. "Is there a master cell for each of these categories? Am I understanding that right?" They'll either be master or stem cells, Dawn. I don't know if there's-- there wouldn't be a master cell for everyone of these categories. Probably not. But there would be stem cells.

Okay. Netty, a type three interference looks like for the pain in the arm when you're pumping. Okay. Sensations in muscles and skin that went to a hundred percent. Okay. This went to a hundred percent; reptilian brain. Oh. Left neo cortex went to a hundred percent. Okay. So, just a couple things left. Ninety on sensory and eighty on the concentration. We're almost there.

Okay. If you're having pain, folks, then just move to a different pump. I was giving you some options, right? Just slow down on something. If you're not used to it, you might. Your arm might be tired. Your hand might be tired. So, if you have pain, just make an adjustment. You can lay your hand on your thigh and you can do a gentle inner thigh or you can do a little flutter. Just have your hand hanging down beside you now just a gentle little flutter. You can switch to the other hand. If you had-- you know, you'd be responsible for you. Okay.

Several people feeling tingles. Yeah. The dogs and cats love this energy. "My head is tingling. I know the remains of my injury are completely healing. I'm so grateful for the miracle and your presence in my life. Just feeling flooded with how fortunate I am to know you and have access to this miraculous healing because you and miss Adelia so grown up. She's now a grown up. And have been pumping and have been the whole time but I'm not feeling any difference."

So, people are going to feel different, they're not going to feel different. That doesn't matter. That doesn't matter if you feel or don't feel. That doesn't matter. Feeling isn't the evidence. Feeling is not the evidence but you might feel it when we do the mirroring. You might feel it with the cascade of new cell growth, but it's not evidence of change.

Okay. Sensory is now at a hundred percent. Okay. So, this one aspect left on the concentration, planning, judgment, emotion, expression, creativity, inhibition. It's only at eighty percent. So, we just wanted to pump that one out and then we're going to move on to mirroring. We should be able to do that in the next couple of minutes. Move on to mirroring.

This should have gone. I'm sorry. This should have gone already. It should have been. Concentration is at a hundred percent. Do you send me-- must be some problem area for a few of you planning, judgment, and creativity, inhibition. Oh, creativity went to a hundred percent now. Judgment went to a hundred percent. Okay. It's part of the brain. It's a function of the brain.

So, it to be-- to have inhibition and creativity to have the proper flow being able to choose when you would pull back or when you would move forward, that's an important aspect of the brain. Being able to judge your situation and pull back. It's inhibition like a limited emotion. It's part of the mechanism of the brain that allows you to discern safety, you know. So, you pull back if you're not in a safe situation. Could you imagine just always charging even when you're not in a safe situation just running into an unsafe situation. Yeah.

Feeling tired out means that the-- first of all, it is-- we're doing a retreat. So, it's work. Okay. Planning goes to a hundred percent. But it also means the cells-- new cells grow when you're sleeping. So, the body may be saying I want to sleep so these new cells can go. We need you up for few more minutes. Okay. We're good. We're good to go. We're going to move on now to mirroring.

I will provide since this is not yet in your member's site. I will send this over so that you have this joy. We did it. We got everything done here. I'm just going to save it so that we don't lose it. Okay. There we go. We should have this saved somewhere and I'll send that into your member's site this afternoon. Okay.

So, now, we're going to go to mirroring. Mirroring, before I get the chart up, I'll show you cellular neogenesis chart, mirroring is done with platter, and you're just going to do this hand movement. The hand facing forward and facing in if you can. And if your arm is tired and you're talking about being in pain, do this. You do that. So, either one. So, this is mirroring. We're literally going to do this for maybe a couple of minutes. Not very long. Okay. So, we're going into mirroring next. Okay.

Just a quick refresh on, it's one hand; never two handed. Always one hand. Best choice, again, is the right hand and about even with the shoulder. Palm facing out and then palm facing towards your body. Helps speed up clearings when you're stuck or having stagnation or lost momentum and can also be done with regeneration. If regeneration is slowing down and then we do the mirroring. This is the nice thing to do when you're doing clearing.

Again, this chat will be in your member's site if you want to read it over, you'll have it there and then we're going to hold this up and it goes this funny little image, but if you imagine two cells kind of talking to each other. Here's the master cell and here's just a normal cell and they're-- this master cell is showing the normal cell how to look. So, this is how you look when you're a hundred percent.

So, that's what we're doing right now. And we're using the light of the cell to do it. The light of the cell. The light of the cell. It's a little bit like the spirit of the cell. Light of the cell is used for regeneration. That's what we're using it for. Oh gosh. My body is just so light. I'm just-- I have goose bumps all over and I'm-- amazing. Feels really good.

It doesn't matter which hand, Karen. Usually, we use the right hand but we've done doorknob and we've been pumping and the right hand is done, you can use your left hand. But usually, we use the right hand. Sleepy is okay. Just keep pumping. Being sleepy is okay because you might want to sleep after this. This is the brain saying I want to start this cascade of new cell growth. That really happens when you're asleep. So, it doesn't happen in the day when you're awake. You don't really grow new cells when you're awake unless you've really worked with me in the quantum field.

I have to say I had something really amazing happen that kind of shocked me. It shouldn't have, but I had a TB test on my arm and they poked a needle in. It was a big needle. It's lead. A few hours later, everything had healed. When I went in, they couldn't tell that they've given me a TB test and normally there's a red irritation on the skin. When we had done on Monday, we did the skin regeneration and my skin is regenerating so fast it regenerated while I was awake walking around it. It just went "pew". It got rid of the toxins and it went to completely normal skin.

So, that can also happen but that's pretty unusual that that happens like in an instant. That was so fast. Looks like it just got sucked out of my body. Once we were in, for those

of you who took the two hours skin class, we're in a skin regeneration right now and my body was kind of on "phew" with the skin regeneration.

Yeah. It's funny because they were like, "What?" They were looking. "Where did we do it?" They couldn't even see where they did it when they test it. They were like thinking, "Is it the other arm?" I was like, "Nope. You did it there." Had to do that for adoption. There's a whole bunch of creepy thing you have to do when you're adopting.

Well, it didn't get cleared. We didn't clear anything in green, Ruth. So, I think you don't understand. I'll make it clearer for you. We were working with master and stem cells to get them to one hundred percent. Everything in green went to one hundred percent. We were just keeping track of the stem cells and master cells related to those areas going to one hundred percent. Now, we're working with the stem cells and master cells and mirroring, and that's probably done. Is that done? Yeah. And so now, we're going on to the cascade of new cell growth.

So, the clearing was done at about an hour and a half in and we've been doing regeneration now. So, it's a difference between regeneration and clearing. Clearing is that big old ugly list. Big old ugly list. Let me show you. Just so you get, I know some of you are brand, brand new. This is like, "What?" This is a clearing list. We were removing. That's a clearing. We're removing all of that stuff. Right? Then we're doing cellular neogenesis and let me show you that. I know it can be confusing but that's really okay. It's good to ask questions.

Okay. So, we've done the stem cells and master cells. That's what that green list was. Everything was going to green was at a hundred percent. We've done the mirroring. We used platter to do the mirroring. We're using the light of the cell, which I explained to you. I just didn't put this up there. Sorry. I should've put it up.

And now, we're in this next phase. You can do double pump. You can do a single pump. You can do inner thigh or you can do flutter. We're starting a cascade of new cell growth right now. I'm going to leave this up. This is where we often thing, "Ah. We're done." And in many ways, we are. We are pumping to activate the cascade of new cell growth which is immeasurable and can be observed with muscle testing immediately.

I often show a chart and this is the little kind of chart that we have which has an example of one cell and I was able to fit it into this chart and then two cells under it and four cells under that showing how the cascade begin smaller at the first day and then builds to a hundred or even thousands of newly regenerated cells all functioning at a very high rate from very intelligent high functioning master and stem cells.

Singing is often a good way to raise the energy if there's stagnation or it's slow and you want to speed up the process while you're in the process of cellular neogenesis. Not after.

Singing is always good, right? It always makes us happy. Happy and hopeful and you want to stay happy and hopeful while you're going through this process.

Part of the process uses the mitochondria, a small organelle, which we looked at. That little organelle that looks like a caterpillar. Produces the fuel of the cell and it's also known it's the impetus for the cell regeneration. The cascade of new cell growth. I say imagine this little fellow as a caterpillar and you are tickling his belly. He giggles and help pop the first new cells.

We're causing from your own rebooted master and stem cells a cascade of new growth that will go on for many week if we did it correctly. I've seen up to two hundred days of new cell growth which is fantastic. We're using quantum to activate the process and we're working with matter, genesis, and amplification with the parts of the blueprint we're working with.

We're at about seventy percent on the cascade of new cell growth. Let's go back here just for a minute. Just so you get-- I know I talked about mirroring but let's just look at this for a minute. This is what we just did. Now, we're in to the cascade of new cell growth. In this step, we use the light of the cell to reflect the new one hundred percent function to all surrounding cells that are not stem cells.

So, these are cells of much lower function and can get a nice uplift. The function is much higher rate. The light of cell is much like the spirit of the cell having the gift of reflecting using amplification and genesis. And typically, you wouldn't even realize that you're moving through the step unless you are testing for the end of each process. If that's the case, then you are likely doing the quantum pump.

And then we're shifting the low and poor functioning cells that are not stem cells or master cells to a high performance. They will test at a hundred percent. You will have to imagine these are worker cells formed in low function, and when I see in my mind's eye, they are smaller, less potent than the new cells we start generating in the next depth.

These are however is an important step because they create a cozy, hospitable, environment for a brand new hundred percent functioning cells to be housed in. Okay. So, we are in the cascade of new cell growth. No. Nope. Don't redo the class in a week, Please don't do that.

Yes. Karol, the answer is yes. The body does remember that it's regenerating. It won't shut down as long as you're doing the daily meditation. Yeah. That's right, Kelly. I know. Oh my goodness. Thank you. Oh. That's amazing, Lee. That's amazing. Okay. So, let me come on because I need to give you some instructions now. We're at the end of the class. We're about ninety-five percent. So, we should be finished in the next few minutes with the cascade of new cell growth. We're right on track.

Now, I understand you think-- if you didn't get the beginning of the class, then go. Yes. Definitely go through the whole class. So, if you were-- you missed half an hour or you missed an hour or you missed two hours, go through the entire class. The class in its entirety. So, just in one fall swoop, go through it.

For those of you who are here from the beginning and you went all the way through with me, please don't do a reboot on watching it again for three hours until about a hundred and eighty days. About six months out. Okay. You don't need it. The only reason that you would or if something happened, you had, you know, you drank a lot of hard alcohol and you stop the brain regeneration. You had an accident where you were in an accident. You had a brain injury, then you would redo it. We don't redo regeneration of the brain until it's gone through its cycle.

Now, the only exception for that is that some of you are in the VIP program and I've kept an eye on you and this has been just like a sparkly reboot for you. So, for those of you who joined in who have done the VIP program, that was me saying, "Yes. I approve this and I'm going to do something special with you to make sure that this is just a sparkly reboot and you get even a hundred and eighty more days of cell growth."

So, that's the one exception other than something traumatic or a lot of-- you didn't have control of. I don't know how that could happen, but the hard liquor will tell the brain to stop growing new cells. So, please don't drink a lot of alcohol. You can have a little sip. You can have a half glass of wine, it's not going to slow anything down or stuff or something. But just think alcohol and narcotics are brain cell killers. So, if you're killing brain cells, you're going to eventually have your brain regeneration stop. If doesn't stop immediately, it will slow down or whatever.

So, this particular one I don't want you to do for six months. But I do want you to do the meditation. You can review the chart if you want to and learn about things on the chart. The clearing chart is done. You do not need to go back over the clearing chart. That is done. I mean you can look at it and learn from it but you don't need to go back over it.

The cellular neogenesis chart, the quantum pump chart, the how do I learn about charts, and the list. You're welcome to look at those. Those are-- that's fine to look at those. No reason not to go back over the audio or video if you've been here from the beginning. You've got what you need and you're good to go. Okay.

We're at ninety-nine percent. So, everybody is clear. So, drink water. Every half an hour, four ounces. Eat well. You're encouraged to take some kind of a supplement. There's a lot of good supplements out. Exercise. Stay positive and hopeful. Meditate half an hour a day using one of my meditations. Don't replace that with chanting or harp music. You need to actually do the clear outs.

We are going to give you, if we haven't already, I did send a message and so did Rebecca, you'll have three meditations today. Brilliant brain is one of them. You can start with that one. Healing the stress syndrome and then the seven day wealth jump start meditation which is a really fun positive one. That's a little bit shorter. It's about twenty-two minutes or so.

So, any of those are good. You can find more meditations. You can select your meditations and use whatever meditation you want of mine. Any of my meditations will work. They're at julierenee.com and they're on the drop down menu of the bar. You can find them at meditations there. So, if you say what I really want a specific focus, that's where you can find them.

And then we do have, just to remind you, we have a program coming up called beautiful from the inside out. It's called simply beautiful. That has eighteen meditations in it. So, it grows us younger and healthier and more beautiful and vibrant. And then I did give you - and I will give you more information if you have a challenge with your regeneration the - please, please fill out the follow ups, the form that I asked you to fill up before the class. If you haven't done it, please do that now.

So, we're doing a study. It's a very easy. Would you say, it took less than five minutes. Right, guys? If you have not been in a class to clear like walk ins or entitlements or spiritual interferences, you just say no. You didn't do it. So, if you're cleared, then you've gone to those classes. If you didn't go to those classes, you can just say no to that. Okay. So, that's a simple explanation.

I will send you an email next week. I'm going to let just have the weekend to enjoy. You're going to be able to really start noticing changes. Some of you will notice right away but in twelve to fourteen days is when we have enough accumulated new cell growth that you can start actually noticing. Wow. Okay. That was different.

So, that's, you know, twelve to fourteen days. It's like a couple weeks out, you're going to start noticing some shift. Now, I'm looking forward to seeing you all next month. We'll do endocrine system in the following month. We're going to do the brain chemistry, the neurotransmitters and the hormones. So, you want to just keep your momentum going.

Alright. I love you. God bless you. Let's see. Are we done. A hundred percent. Yeah. A hundred percent. Okay. So, stay on. Watch videos. This is our little tradition at the end of the class is to play some videos of upcoming classes and have a magnificent day and I should sing because we always do.

"In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am." I love you. God bless you. Have an amazing day. Are you seeing clearly? I mean like I'm seeing so clear. I can't believe how clear I'm seeing. I see

really well. I don't wear glasses, but something is just like sparkling and shining all over the place. Probably good. I hope you guys are feeling good. So, sensation. Don't look for sensation. Look for evidence. Alright. See you later. Bye.

[End of Transcription at 03:06:14]