



BRAIN TUNEUP

JULIERENEE.COM

PRAYER



LOVE WISDOM AFFIRMATION

*I am free to live a life of spiritual freedom
and full self expression liberated in love, gratitude and mastery
in this body here and now.*

*My spirit is limitless. I am responsible for any limits I experience in
this body and have complete access to the divine through prayer and
contemplation to release myself from any human bonds I have worn
as spiritual clothing that no longer resonate with my essence.*



OPENING BLESSING A CALL TO LIGHTEN

Soft the night and sweet the spirit,
Gentle voices call our song,
We are magic we are wonder
When we live beyond the veil.

Human kind please raise your thoughts
Bring a plane of peace and love
We the guardians of the pilgrims
We the authors of the play.



Clearing chart



Activation of light of cells for sequencing

The Stones

The stones they are a calling me
Echoing through an eternity
Calling out to set us free
The power of the stones

At dawn I walked in a circle of stones
A solar temple to me yet unknown
Till by the strength of first mornings light
Shown the power of the Stonehenge stones

They grounded the energy of this place
And held us together in loving embrace
While beings of light danced above the space
Bestowing on us their wisdom and grace

The Avebury stones were laughing at me
Taunting me tempting me dancing with glee
Playful stones make love to me
In the circle of the stones

The heavenly chambers from days of old
New Grange stones were a circle to behold
I knelt in prayerful reverence
For the power of the basin stone

I touched my forehead to the rock
It filled me with bright light and talk
Of the ancient people and their ways
And the spirals of the stones

Stones are everywhere we look
Medicine wheels and monolithic books
The wisdom of the circle flows
In the temple of the stones
2002



In the stillness
In the quiet
In the open heart
There I am

I am essence
I am breath
I am light of God
I am I am

Final blessing ~ In the Stillness

