

Year of Miracles - Hair, Skin & Nails

Hi. Good morning and welcome to year of miracles. We are going to be doing hair, skin, and nails today, and it's going to be a wonderful day. I've got some strong feelings that there's going to be some good transformation for all of us.

So, let's get started right away. We have a lot to cover because we're doing hair. We're doing the whole body of skin, and we're doing your fingernails and toenails. So, that's a lot to cover. So, let's get going.

Mother, father, god, angels, golden legions, guides, gods, goddesses, saints and sages of the greater and lesser tradition, Jesus and Mary. We thank you for your presence on this call. And have hearts of overflowing gratitude. Overflowing appreciation for all of what has already transformed and all that is coming to us.

We ask for a special healing for each and every student on this call that they might experience a full miracle. A full transformation in their skin, their hair, their nails. And truly their hearts being open to receiving in the most abundant way.

We ask that all the things that would normally block us like walk ins, spiritual interferences, entitlements, prophecies, all those things that would normally interfere with our regeneration and our clearings, we ask that those be completely remove from us now. And that there be a power running the entire community of clearing.

That these things that have held us back and held us down and prevented us from moving forward that they be removed and disappeared from our space. We thank you for the upcoming holiday, Thanksgiving, and for those in this country, an opportunity to give thanks for all that we have.

Knowing that this was originally a harvest festival and a festival of gratitude. Of coming together and saying, "We did it. We got through a year and we did well." And in that same way, we come together as a community and look at, "Yes. We did well." If we were the original pilgrims, we would look at we survive the year. We're strong and we're healthy.

We've made friends with the people organic to the land. The native Americans. We're sharing the bounty, the plenty of the Earth. In this way too, we come together as a community. We got through this period of time, in this year of miracles. Some of you have been in two or three years. Some of you who are just coming in.

We've gotten through this year and we've come together now to say thank you. We thank you for all the blessings and all the transformations. We look with hope and anticipation and joy to the future. We step into a new level of hope and a new level of anticipation and a new level of knowing that transformation is at hand.

We ask for a special blessings and prayers for a baby boy who is considering coming into our family at this time. We thank you for whatever the decision is. On whether this child will be added to our family or moved to another family. We just ask that the mother and the baby be showered with love and protection and care and support.

We thank you for the people who love us. Who stand for us and who gently comment and share with us things that maybe we haven't seen that we have a blind spot too that we could clear and be even more fully self expressed.

We thank you for the people we love. For our children and our families, our parents, our brothers and sisters. Our dear, dear friends. We thank you for all the service people who support us. All the people who maybe don't have a name to us but are the people we see every week in the grocery store and at the bank and at the gas station and the school.

We thank you for these people for supporting us and caring for us and really being in service to us. We thank you for the people who guide us. Maybe our ministers or our grandparents or our teachers, mentors. We just give special thanks for all the incredible blessings that are available to us on this Earth.

For the safety in our homes, in our bodies with our family, with our friends. Or being surrounded by the angels. Never alone. We thank you for our beautiful homes or homes that are soon to be. All the things, our possessions that we are stewards of, we care for as we're here.

We thank you for an increase in abundance. An increase in prosperity and an ability to manage wisely all of what we've given and all what's coming to us. We thank you for helping us to understand why we've had specific challenges. Why perhaps our skin hasn't gone the way we would like it to. Or our hair or our nails.

We thank you for all the insights that will come in today's class and in the days and hours and weeks to come. Awarenesses that will help us to release and let go and be our self-- at ease. Not defining our self by a problem.

But defining our self by the love and the joy and the full expression that we live into. We ask again that you surround us. Hold us in your love as we move into a period of clearing and shifting, transforming, and the regeneration. Amen.

And today, when we say the love wisdom affirmation which has probably become a part of our heart and your mind, really own the space of I am free to live a life of freedom. Physical freedom as well as spiritual freedom. I am free to release the human bonds I have worn as spiritual clothing that no longer resonate with my essence.

So, let's really say this with our whole heart. Claiming it as we set a field of transformation that is unstoppable as we move into the day and we begin.

"I am free to live a life of spiritual and physical freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I am responsible for any limits I experience in this body, and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence."

And just hold that in your mind's eye for a minute. Releasing all that spiritual clothing you've been wearing that isn't you anymore. Just seeing it go on and closing your eyes. Releasing. We're having a huge release today. Release. Releasing. You might even begin to feel that connection with the angels as you allow yourself to step into more rightness. The who you really truly are.

And then our opening call to lighten, and as we sing, we also set the frequency at a very high frequency. "Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

It just feels so yummy and delicious this morning. For whatever reason, the week -- we're coming into the week of Thanksgiving. It's six days before our Thanksgiving holiday. A week of gratitude and appreciation and really stepping into more power and more ownership of what we have.

One of the things I want to work with you on is letting go of focusing on what isn't right and really focusing on what is already right and what you're seeing as transforming or what you're imagining will transform. We're always designing our self by our transformations, our miracles, what is right.

Not in a poleana way but in a way that's very positive and hopeful and standing in the knowing that transformation is happening. And you may be one of the people in the program who have been working for a year or two or you've gotten a forty percent change and you really can't see it yet on a physical level. And yet when if you ask me and I muscle test for you and we've got you are changing and there are things shifting.

But if you look at maybe-- and I was talking to one of our beloved students yesterday-- if you look at maybe problems from Atlantis and Lamoria and ancient Egypt and then all of your life times. You're taking a few years to clear something out and it's at forty percent and it's about one hundred percent.

It isn't something not to celebrate; it's something to celebrate. If it took eight years and you were cleared and you cleared a millennia of issues that it come from ancient times from Lamoria and Egypt and Atlantis. That was completely and permanently clear.

That can be complex because it's coming to you lifetime after lifetime. Anchors have built up and emotions have built up and other things. How we define our self. Prophecy, entitlements have built up. And so we have to be in the celebration of what's happening and be in gratitude.

Yes. There are people getting their miracles everyday and you are getting your miracle too. So, you're getting it a hundred percent. Are you getting it at twenty percent. But you were chipping away and chipping away. I believe that each one of you is capable and will get your miracle overtime. Today, we work on hair, skin and nails.

But in this program, which is such a powerful program, we continue to keep working the body and asking the body to grow younger and healthier and more vibrant. To restore loss health. To restore vibrancy and glow and you know, the joy of the cells.

I'm just wanting to share with you that all things are possible and that you came in equipped with a miraculous body. It's equipped to transform. Based on how many life times you've had and how many entitlements and walk ins and spiritual interferences you have, it may take some time or very little time.

By the way, if you want to get started, go ahead and start doing the doorknob. I just felt we needed to start the space in a very high frequency in love, gratitude, and appreciation today. So, I'm setting the space at that. Doorknob looks like this: hand facing forward and turning in.

I know I can hear a few of you like, "What are we doing? Let me get started." So, go ahead and get started. Thank you. You're in my head here. I can hear you. Alright. So, we'll have more conversations about that but you know, one of the things we can do is when you look at-- I'm going to show you-- we just got this up, I think, right now. Just a minute.

With prophecy, and we don't have a class yet set up for prophecy but we will in the new year. Okay. So, there's entitlements. Entitlements class is next week. Everybody get in entitlements class.

If you can, at all, get into the entitlements class, please do. Never cleared in this way before. We did a two-hour something's got a hold on me, which was wonderful, but I had not identified all of these. You will go to a whole another level.

And then below it is prophecy. What I was wanting to look at for just a minute is self fulfilling prophecy believing you know, when you say my hair is spinning and it's

breaking and it's whatever. When you're saying that or my skin is got all kinds of spots or growths on it or whatever.

It just seems like it's getting worse and worse. You add that it's getting worse and worse. Rather than just a fact is my skin is temporarily experiencing some unusual growth that isn't part of me and I'm looking forward to it leaving.

So, self fulfilling prophecy can be just speaking. Just telling people I have this and it's getting worse. You can also speak self deprecating. So, when you speak and you speak about yourself. This is really the category of black magic when we look at these kinds of things. Saying things maybe jokingly because sometimes self deprecation is joking.

But there is a real kind of thing that wires in and goes into your field and yup, I'm that. Yup. I'm that. Yup. I'm that. Brokenhearted can also be-- it's a prophecy of it's not possible for me. My heart's been broken. I really hoped it's like the hope is gone. The brokenhearted is hope being gone. That's where that comes from. It comes from you. My hope is gone.

Another one that comes from you is fated for doom and gloom. I just feel that way. I'm just fated for doom and gloom. It's never going to get better. So, that's another one that we're generating. Broken spirit. I tried so much. I'm exhausted and there's nothing left of me to work on this.

So, those are kinds of prophecies that we want to really start looking at that we're generating that are coming from our mouth which would go in to the category of black magic also. So, you'll understand we're really looking at things in a very deep and profound way when we're saying it's time that we changed how we speak in the world so that it supports us.

Apprentices, I will put that into the site where you have your master list. I will put those new-- those two new list in there, so you'll have them today or tomorrow. So, we'll get them in for you. Okay. The prophecy class, like I said, we don't have it scheduled yet. We don't have a class made up for the prophecy class yet, but we will.

The entitlements, I actually cancelled another class and overrode with entitlements because I think entitlements is where it's at. I think the two, between the two of them, prophecy and entitlements, we just haven't addressed them and I think they're really huge and especially entitlements.

If you can you know, end birth family, soul families, spousal entitlements, guru, teacher, karmic, medical, legal, religious, corporate, and financial entitlements. You're-- to me, that's freedom. That is real freedom. And then obviously, you don't want the walk ins. So, okay. Let's look at the chart and get started with the chart.

I made a pretty big clearing statement because we-- I originally thought, "I wonder if we should do three separate charts." In the past, we would, but those charts were tiny. They had like thirty things on them and/or should we try really lasso everything and get everything in here. So, it's a pretty big chart.

Almost two full pages with much of it. So, here's what we're looking at. Oh. I don't why that turned red. That's funny. Let's just take that out. That should do it. Right, permission, and ability to enjoy beautiful renewed, fresh, sustainable, healthy hair growth. Silky, strong texture. My original color and lush thickness.

To enjoy beautiful, fresh, collagen-rich skin free of blemish and skin anomaly of all kinds: freckles, spots, growth. With healthy scalp toned, firm skin. Disappearing illness and disease in the skin while restore youthful glowing appearance. And to enjoy strong, healthy, smooth nails free of ridges and weaknesses.

For each of these areas, I am able to clear any illness, disease or infection easily that until now had a negative effect on my healthy appearance, form, and function. Disappearing any balding patterns, thinning, or graying patterns in my body. Entirely and fully removing.

Altering, apathetic, controlling, damaging, delusion, dominating, harmful, observing, and suppressing. This affects most of the blueprint: essence, matter, energy, genesis, embodiment, and amplification. The main pump we're going to be using for the clearing is doorknob.

So, we're going to do doorknob for about forty minutes. So, that's what we're starting with. And then, I think, we're going to move to-- let's see. This is eight minutes. This is three minutes. And that inner thigh pump is just a back up if you can't do. So, let's see. We'll do the doorknob and then flutter and then chopping. So, we put that in that order. There.

Okay. So, that's the order and then inner thigh pump if you have challenges keeping going. That's forty minutes from now. So, at nine o' clock about approximately. A little bit after nine, we'll test. Around nine o' clock, we'll shift to flutter for a few minutes. I'm going to set the timer too just so in case we're on the roll with either talking or singing or something that we have a reminder. There we go.

Okay. Then we're going to look down here. The programs: karma and trauma did show up. Suffering not for me, genetic covenant, bloodline, clan, so a lot of stuff coming through from the family. Cycles, shock. Shock can make your hair go away. Projection, agreement, suppression, contamination radiation, obviously, that needs clearing.

If that's an issue for you, we had a class on spiritual detox and I would really highly, highly recommend it. It's made a huge difference in my physical body to do that and then do the additional hours. For me, I did the two hours in class and then had another twelve hours to do. "Test cleared today. Yesterday, I wasn't quite clear, so today I'm cleared of that contamination radiation."

Shunned, entitlements, demonic curses, poor body image. Poor body image, again, that stimulates. When you have a poor body image, it stimulates you saying things about your body that aren't nice. Lineage loser. We all have these. We're all bald or we're all thin haired or you know, or our skin collapses or droops. Blaming, blame. Putting blame on your family. Putting blame on others.

This is what I'm facing is too hard to face. Collapse labels. Let's see. Collapse. When you put two things on top of each other. This and this. When they should be separate. And then prophecy. I put mother's prophecy, but then below I did pick up the prophecy. Self deprecating, half life proclamation, spineless wimp, stronghold, physical location. So, those were the prophecy.

Entitlements: spousal entitlements, teacher entitlements, religious and financial. It's interesting, it looks me like with the anchors, there's not as many but they're probably many, many of those. The ones that did show up. So, very specific to hair, skin, and nails. These are the anchors that are specific to that and emotions.

Quite a bit chemtrails showed up and I was thinking about that related to skin and hair and nails that the stuff that's being seated into the environment looked like that was part of the deal there.

So, there's a lot on this chart. I'll be pumping for awhile and then we're going to be working with the master cells and the system for hair and for skin and for nails as we progress through the day. So, it should be a wonderful day.

Now, I'm going to say good morning to everybody. They were right about a hundred and seventy-five students right now. It looks like we only have about seventy-five on the call right now. So, to my staff, if you can let me know how many are on the phone, that would be great.

I'm having some kombucha. The trilogy. It's a mushroom drink. Mushroom. It's fermented mushroom. Good morning to Karen, Nettie, Emona, Susan, Julie, Eva, Aura, Valentina, Jenna, Annette, Edith. So many beautiful places you all are from. Switzerland. That's wonderful, Edith.

Elena, and Julie Sy, and Kathy, my neighbor, and Trevor, Johanna. Tommy A made it. Good job, Tommy A. Lisa, Caroline. Let's see. Five students on the phone right now.

Okay. We got about eighty. Okay. And Caroline. Caroline's my neighbor too. Sea side's really close. Okay. So wonderful.

And Lisa from Los Angeles. We get down there quite often. And Felisa from Montreal. There's Sabrina from Slovenia. And Karen Q from Colorado. Laurel from Illinois, and British Columbia, Irene. Ursula. Good morning, Ursula. That's wonderful. You got on live. That's fantastic.

Kelly from Seattle. "Julie, love the quantum meditations." Oh beautiful, Kelly. There's dear Agnes. Hi, Agnes. And Penny mae, and Jean. Saying Namaste. Ilumi from Estonia. Christie from Canada. Elena from Florida. Nicole, Namaste. Paula from Amsterdam. It's your birthday. Oh. Thank you for letting me know. Okay. You asked for it.

Is there anybody else who's birthday it is today in addition to Paula? Please put in the chat box right now. I'm going to give you a minute and then I'm going to surprise you with you with your birthday song. Anybody else who's birthday is this week? Birthday this week. While we're waiting for that and then I'll come back down and I'll say good morning to more people.

We got a call last night and we might have the possibility of a baby boy. You might have heard that but nothing is definite and we're just praying for the well being and that the mother find a good home for the baby. If it's here, then great. If it's not here, that's alright too.

Okay. So, Lisa's birthday. Yes. And Kristina. Okay. Great. Let's see. So, we've got Lisa and Kristina and-- let's see. Oh. I went really far up didn't I? Okay. Who is the other birthday person? Birthday person, please put your name back up there. I'm trying to find it and I can't. So, let's see. I can't find you.

Okay. So, the person who told me it was my birthday today. Please put that up. Paula's birthday. Thank you, Paula. Okay. Jonathan tomorrow. Okay. Alright. Well, I'm going to sing to all of you who's birthday it is and apparently we have quite a few. Paula. Okay. Thank you, Paula. Sorry about that. I just started scrolling and then I didn't realize how high I had gone. Okay.

Alright. So, this is for all of you who's birthday it is, and because there are quite a few, I'm going to call you all honey, okay? Alright. "Hey, honey. It's your birthday. I'm in charge of the stars and I'm here to say, Hey, honey. It's your birthday today. My name is Zoom and I live on the moon, I came down to earth Just to sing you this tune. Singing, honey. It's your birthday. Honey, it's your birthday. Honey, it's your birthday. Today. Happy birthday, honey." Yay. Yay. Yay.

So, you made it. You did good. Another magnificent magical year for each one of you. So, I used to watch captain kangaroo when I was a little girl and he had a song because he was a train captain. He would, "Happy birthday to you. Happy birthday to you." And then they read all the names. It's very adorable. We sent in our name so he would read our name on my birthday. It was very fun. Okay. Wonderful.

Something else came through here. Okay. Good. Okay. So, it is a fun week. Everybody is pumping. You're all doing the doorknob right now. We're going to be doing the doorknob a little while. Just doing a nice clearing. Shantelle and Tommy A are here. They're both from a similar location. Hi you guys. Okay. Let's see.

Where did I leave off? There it is. Sheryl from Alberta, Canada. Mary Anne, and Martha. "Beautiful prayer." Beautiful. "Greetings and blessings." That's from Anelie. Cristina, and Amy. "Happy sunny day greetings, Julie and everyone. Excitedly looking forward to this amazing class. Thank you." And Rodani. Hi, Rodani.

Satya from Toronto. Shaun, "Definitely one of those that you speak of. I know I am changing but I think the entitlements and prophecies are really going to make things to a new level. Take things to a new level. PS. Your hands are looking younger. Couldn't help but notice." Thank you. I like that. Thank you.

Thank you from Satya. My hands, you know, Shaun-- I don't know that they've-- they have changed and they are stronger. They're not perfect. But they're definitely stronger. I'm opening bottles. I couldn't open bottles before.

Half the time on our trip because Adelia wanted jelly and she wanted this and that and things that are sealed from the factory, I've been able to use my hands to open. So, that's really good. So, there's a strength coming.

I have to just say this one, I adopted Adelia and she was newborn, I couldn't manage the clickers for everything. Clicking in like her safety belt. Some things like that. It was really hard. So, I came up with alternative things. But now, we're just easily doing all of that. So, it's definitely a strength returned to my hand.

The joints aren't all bound up with inflammations. So, even though, they're not-- they haven't made their full transition, they're definitely starting to shift. So, I'm probably a twenty or thirty percent shift on my hand. Let's see. Fifty percent shift on my hand.

So, thank you for saying that. Satya, and Felisa. "Loving the prayer and intro today setting the space full of love." Beautiful. Thank you, Karen. "That was such a heartfelt prayer. I've been working on entitlements. I'm so looking forward to this class." Beautiful.

"Yes. Very beautiful intro." Wonderful. Trinity, "Morning blessings from woodland, Texas. Superbly bright cool lovely day." "I really need to do the prophecy class." that's from Karen. "Beautiful affirmative prayer and intro. So grateful and excited to be doing this clearing. Thank you." that's from Johanna. "Can't wait until entitlements class." I know it's next week. "Me too. I'm really looking forward to it."

"Indeed. Looking forward to entitlements class." Joty. "Good morning from all of us." That's Dre. Good morning to all of us. "Julie, are teeth included in year of miracles?" We really do the teeth in the growing younger class and we do a couple of hours dedicated to teeth, jaw, and gums. In general, no. We're not specifically working on teeth in year of miracles.

Shantele, good morning. "Would it affect burning if you are holding a crystal pumping." Oh that is pumping. "I'm holding a rose quartz. Would it speed the clearing?" No. I don't think so. But it might make your heart happy to do it.

Maryanne from Canada. Johanna, "Thank you for the excellent chart. The opening statement covers everything. I appreciate all this work, Jules." You're welcome. "I drink kombucha. It's delicious." It is. "I thought we were doing healthy bones and muscle today?"

You know, you're right, Kelly. That got changed a few weeks ago. I'm going to come on the screen and talk to you for just a minute about why things changed a little bit. This was slotted for December. What I did is I went through my project manager Kim, and I put year of miracles in an order that each thing that we do builds into the next thing that we do.

And so we rearranged the year and if you need something that is been rearranged, you can get the replay from last year. But we rearranged it so that just like you know, building up with the brain moving into the endocrine system moving into happy chemistry moving into hearing and vision.

And we rearranged the year so that it would make sense that each month builds into the next month builds into the next month so that each regenerated support of the next regenerate support in the next regeneration. And it just came to be very clearly that we could do this in such a way that it wouldn't be just arbitrarily things plucked in but rather things that each time we build on the next thing.

So, I did that. We've just started. We've gotten the January calendar mapped and what we're doing is I've-- it's a little bit complex but I've taken every class I teach and we put it into a category. In each month, we're going to have a clearing class. We're going to have a class on health and love.

We're going to have a class perhaps not every single month but the wealth classes will be showing up more frequently. And so instead of having theme months where like in December, we always just did spirituality.

Each month will have a balance and as we really moving into a year of balanced full self expression and you know, as we worked on balance-- balance your life now-- we did that program in growing together. Many of you were in growing together. We're looking at balance in the academy too.

And really bringing a sense of we're not just going to address all of this and nothing of that in any month. So, everything will change a little. The structure will change a little. If there's something that you really want that you didn't that was supposed to be in a month, you can request from staff and I approve it. You can get last year's class.

You can go ahead and do the live class that we're doing in the order that we're doing it and you can do the class that isn't here. It should be soon that everything that will be mapped out. I'm not sure of all the changes have been made on the website for year of miracles but certainly in the next week or two they will be because we've got that all sorted out a week or so ago.

Just so you understand I've been looking at how to be your mentor in a very sustainable way for me as my family grows. For me where we had kind of a bulk of our clearing classes in about four months where it was so much mapping for me and so much deep work.

The other thing that I'm looking at just to explain this so you understand is making more like a twenty-four month cycle than trying to cram everything in to twelve months. Because I know that you see those opportunities. In a lot of weeks, I'm teaching six, sometimes, even seven or eight classes. But all weeks, I'm teaching five class. And that's a lot of classes to get in.

But what we're going to do is separate so you can-- so that it will spread out instead of over twelve months. All those classes will spread out over two years instead of one year. And so you don't have to miss anything and you can do it at an easier pace. So, we're looking at no more than four classes. Three or four classes a week and no more than four ever in any week.

And so we've just started really working on that so that it's easier for you. Makes sense for also shortening up some of the classes. Year of miracles won't change. That stays to three hours. But not that we're shortening the time, but that we're going to one hour classes meaning it felt to me like we weren't in such an intense crazed pace that we got to with all the mapping that we did.

I'm thrilled that we did it that way this year, and next year we're looking to return to, mostly, one hour classes. Mostly. Growing together will always be two. Year of miracles will always be three. And in rare circumstances, there might be a two-hour class. But it won't be on a regular basis.

Also, our break time. We've been doing a week off every four to six weeks. We're going to change that to more like twelve days every three months. So, it will be a little bit-- it will make more sense on some level, so it just won't be arbitrarily you've got a week off. It will be like four times year, there would be like a ten-day break or a twelve-day break. So, we're going to-- we're working on that structure right now.

And then the final thing, as we're planning and we're doing a lot of planning so that by the first year we've got everything mapped out. We are planning a retreat in March. So, that's a definite. It looks like it's going to be a five-day retreat. It's going to be in my home. If all goes well, little Virgil might be with us at the point and about the same age that Adelia was when some of you came a couple of years ago when Adelia was seven weeks old when we did the retreat.

So, it looks like that might happen. That might happen. But the retreat is happening. So, we are-- we're getting that retreat scheduled. So, I just want you to know that the deep inner shifting that's going to feel so yummy and delicious for everyone. That's going to make things easier.

I've heard from people that they love everything we're doing and they're trying to do everything and they're getting behind there just pumping all the time. That's because we're offering so much. I think what we can offer so much and we can have the home studies so that if you want the class, you know, that we've taught eight months ago or ten months ago and we're not teaching it until 2020, you can get that home study. You're going to work it. Those are wonderful.

And then we just don't have that really the pace that's so hard to keep up with which is also hard for me to keep up with that much. Because, and I know you know this, every time I teach a class, I don't teach the same class. I am reinventing the charts and what we talk about and how we work together and I'm-- it's a new class for me each time.

So, that's what we're looking at. I'm really thrilled with the movement we have. We have January mapped. We're trying to find my project manager and I think once we get a few months mapped, it's going to be easier. But the first month, took us like ninety minutes to figure out what we're going to have in. The first month is like, "Why did it take that long?"

But it really did. It's like well it's very, very thoughtful if we're going to rearrange the entire year which have all the different classes that we teach through the year. We put

them into categories and then we said, "Now, let's place them in an order that each class builds off of the last class in the category."

So, they're just not random. They're really placed there in a powerful way for you to grow from each class. And then the last thing I want to really encourage you is to think about becoming an apprentice because the apprentice program is so delicious and it really does shift you in massive ways.

When you've done the apprentice program one year, the second year-- the first year is reduced by like twenty-eight or thirty percent, the tuition, but the second year is reduced by like seventy percent or something. You get seventy percent off. And just knowing that the years are going to be different now. We're not going to be repeating everything the same.

Just be thinking about that that may be a really good way to be part of the academy is becoming a trailblazer or a foundational apprentice. So, just putting a little tickle in your ear. But very happy that you are choosing year of miracles as your place and your home and your community. And you know that I love you and I'm thrilled that you are here. Very thrilled.

This, by the way, is part of the trailblazer program too. So, we have all trailblazers in year of miracles getting the physical regeneration along with all the trainings and all the clearing trainings. Okay. So, that is the long and the short why we didn't do bones today but we will be doing bones coming up. So, it's not far away.

Bones, muscles, joints. Okay. That was for Kelly but for everybody. Okay. Let's see. Let's see if I got that up. I might be able to show you what we're doing. Just a minute. The project manager probably get through the site but might be interesting. Okay. Here. I do have it up. Okay. I'm going to show you what I've been talking about so you know.

And you're seeing this before my staff hasn't seen it. Just the project manager and I have seen it. Okay. So, 2019 is dedicated to a year of harmony and living life in balance. Healthy bones, muscles is 2018 December. So, we just switch these around but in a better order.

So, we go to healthy bones and muscles to respiratory and then cardio circulation and lymph. An organ tune up. Now, this may still change a little bit but-- and then healthy nerves and immune system. Good digestion and metabolism. Brain, endocrine, chemistry, vision, hearing, skin and nails, healthy bone and muscle.

So, you can see that we've restructured it a bit. It will be fantastic, I promise. The growing together has already been and is a wonderful shape and is mapped out through 2020. We just starting looking at like all the blueprint classes. Love all the love classes,

the beautiful classes, the wealth classes, the clearing classes. Look how many clearing classes we have.

We have foundations, we have the clearings and cells, and we have essentials. So, things that you have to know. And then health clearings. Your vibrant path to health and then spirituality and then the retreat. So, that's what we've been working on and finding a place on the schedule for all of that.

So, I just want you to know that we love you. We want you to be successful. I love you and I want you to be successful. I feel like if we get this in such an order than every month builds off of every other month, it will make more sense and it will be easier and the transformations will be deeper.

Hi to Karen and Lisa. Birthdays. Lisa, happy birthday. Kristina, happy birthday. And Monica from New York. Are you in New York now, Monica? Or this is another Monica? I bet that's our Monica who is New York for awhile. Lee, "My husband, please?" That was birthdays. Beautiful prayer from Monica. Lee, "Jonathan. Tomorrow." Beautiful.

And Paula's birthday girl. And Lee says, "Wohoo." Sabrina goes, "Yay." Penny Mae, "yay." Satya. "Lovely, Julie." Lisa, "xo." Satya, "Happy birthday to everyone and thank you." That's Kristina. Anne Marie, "Lovely." Even if you're-- it's not yet my birthday-- I enjoy your joyous singing." that's Shantelle. Nice to see you on the call, Shantelle.

I wish, Shantelle, that you live close but I know that you're not doing Nanning anymore but I sure wish you lived close because you are just a wonderful human being who would take very good care of my baby. Paula, "I love that jazzy swing, Jules." Julie Renee or Jules. Thank you, Jules.

And Susan, I watched that and rumparoom. I watch rumparoom too. Anne Bem, "Hi, Julie. I just arrived. Yay." Juta, "Hello from Germany. Sorry for being late." Hi, Juta. Bee, "Hello to everyone. Happy birthday Paula and everyone." Yeah. There are lots of birthdays here. Happy birthday to all from Johanna.

I greeted you in everything on earlier welcome screen. Never connected. Thank you, George. I feel the greeting. Kelly, "Okay. The event calendar on your website is showing for today healthy muscles and bones. Thank you for the clarity." Okay. I didn't realize that. Okay. So, whoever is in support. I think Rebecca is in support. Would you let Kim know that or it might just be needing a refresh on the browser for Kelly too. I'm not sure.

"Where can we see the whole year sequence?" Well, we don't-- for our year of miracles, I just showed it to you and it will be changed in the next week or two if it isn't already changed. Carole, "I allow light language to come through. Is this is a form of prayer

helpful to these clearings?" Light language. I just don't know what light language is. Does it help? Yeah. Seems like it does. It does.

Mary Anne, "Slightly nauseous, sleepy, headache in the head. Is this class clearing or something else, please." Oh. It says-- Mary Anne, for you, it says it is clearing. Thank you for Kelly. You're welcome. "I do recall a five class week. Maybe a month back." Yup. For you maybe. But for me, there's five or six classes every week.

Kelly, "Refinement is wise. Have you considered doing online retreats for those unable to travel?" We have done that but we were only getting for like a seven day retreat online for the diamond. We get somewhere between fifteen and thirty students and to keep the live stream open for seven hours a day, it just it wasn't working really well. So, we did that for three years, I think, Kelly.

Like what you're sharing. For in your home. But we do open the retreat for few maybe three or four a handful of people to participate with the retreat once we filled the retreat. So, a few people can participate on a live stream kind of circumstance in the phone. "Coming from a place of greeting is freeing. Class changes sounds so exciting. That sounds more manageable for me. Thank you for your thoughtfulness. I would love to do trailblazer." That's Karen.

"I wrongly thought the second year would be like a refresher but it's amazing how much new material is introduced that builds on the previous material and it's awe inspiring." Yay. "Infinite possibilities exist for sure." that's Kelly. Elena, "What is trailblazer?" Trailblazer is our really fantastic big apprentice program.

We have a foundational program that's a basic program and then trailblazer is really a program where you want a transformation no matter what you want to change your life. You're in class with me three or four days a week. It's really a like a masters or a doctorate. You're really going through a tremendous shift and life changes for the better.

Forty minutes on the doorknob. Yes. I have the clock running so we won't run out of time. Or so that we won't run over time. Tommy A, "Thank you. I got confused. Skin is exactly what I need right now." Oh good. Kathleen Lu, "Happy to be here." Mary Allen, "Hi to all." Monica, "Back to New York until February." Okay. So, you did come back to New York. Okay.

Sheila says hello. Christy, "Hi, Julie Renee. Will this clearing also clear black facial hair or do I need to do something extra? Thank you so much." We have addressed that before. Not in year of miracles. So, I think if you're in the beautiful from the inside out simply beautiful program, that's a place where we have addressed it. Or in the VIP program, we address it one to one.

You might-- yeah. But you're going need to do a special chart for black facial hair. Kelly, "I see about future plans to be able to come out. It takes some advanced planning." A lot of advanced planning. Yeah.

"Thank you, Julie Renee. Even if I no longer work as a nanny, I will always absolutely love children. Now, a question for you. Are my nails going to get stronger after today? I've noticed recently that my nails tend to break for apparently no reason." Yeah. It does feel like your nails are going to get stronger after today.

"I would love to move to trailblazer in the future too. So grateful to be in the foundational program right now. Big changes. Have taken all the classes since starting the apprentice that would be trailblazer. Just love it." that's Carole. Wonderful. Okay. Good. I got through all of the comments on the chat box. Fantastic.

We got home. Keep pumping. We're going to shift to flutter in just a minute. Couple of minutes maybe. How minutes do we have? We have five minutes before we shift to flutter. We got home at one thirty on Tuesday morning and hit the ground running and taught classes, 2-hour class on Tuesday and Wednesday and Thursday, and now we have a three-hour class today.

Adelia's you know, rushing her to school and grabbing some groceries and we're multitasking and maybe a baby and trying to wrap up some things on life insurance and we did just wrap up that there are umbrella insurance. It's funny. It's always our taxes got filed and now we're making payments for the company.

It feels like I need because I'm mom and dad and CEO and teacher, it feels like I need somewhere between forty eight and seventy-two hours a day to get everything done right now. But surprisingly, I'm getting stuff done. If I were a perfectionist, I would be totally freaked out because it does look like chaos.

But I keep making progress and I think, maybe, by Sunday or Monday, it's not going to look quite like chaos. I look around and there's like a little mess of stuff that you can't see that I am very much looking forward to all calming down and feeling kind of settled. But you know, you bring a new baby. I did that also. That's probably not going to be that calm again either.

I do have so happy. I have a nursery lined up for babies. So, once the babies, six or eight weeks old, I'm able to bring the baby to the nursery while I'm teaching. So, we won't have a crying baby while I'm teaching. So, that will happen but I don't think that I'll be happy to be without the baby more than a couple of hours a day. We'll see. We'll see. But I do have a nursery lined up.

Ideally, it would be even better if we have a mother's helper. If we can sort that out between now and whenever the baby arrives. So, it's interesting being me. And you too, I'm sure. "Song please." We'll shift to song once we shift. I've got like six songs lined up on the chart on the slides but I thought I just hang in here for another minute and then I'll show you about flutter, and then once we do that demo then we'll shift.

"Should we talk about nutrients and minerals that might need like calcium and zinc?" You could. Let's see. Yeah. I don't think that's for everybody, Nettie. Nettie could use zinc. The one thing that I was going to say though is that when your thyroid is off and your thyroid chemistry is off, you can lose a lot of hair.

So, you want to have your hormones nicely balanced and you might be able to just also take some homeopathics that would improve that. And then with your skin, estrogen and progesterone are really important. So, in addition to collagen, with skin, estrogen and progesterone.

And then with nails, which was so interesting because I've been definitely working on it. I had very much ridgy nails and their really good. They're amazing. When I did the infections class, the nails started clearing up. I thought, "Well, that means somehow maybe there was--" Because there wasn't-- and then it must come in to like an odd infection because it wasn't yeast, bacterial, viral, or fungal. It was none of those. But what makes ridges.

I was always thinking maybe is a mineral imbalance. But then they've gotten just a whole heck of a lot better since we did the infection class. So, my fingernails are very, very much improved. So, that was why I added all the detail about odd infections.

Now, I do highly recommend that if you haven't done the infections classes and ridges in your nails, it's part of it. You might do why enroll in the replay class, you know, the home study class. I think it's the odd infections that cleared up my fingernails.

And they're the right thickness. There was one that was too thick and it's not anymore. It's just the normal thickness. One was too thick and then there were some that have been filed down because of the ridges. So, when I was getting the manicures, I stopped.

Really stopped doing manicures and pedicures for the time being thinking I want to give my nail six months to a year break. I do love color and makeup and all that stuff. So, I likely will go back to having pretty nail color. But for the time being, I'm just letting them clear. Okay.

So, this is the completion time for doorknob. Are we done with doorknob? Yeah. So, the next three minutes are flutter. Flutter is hand facing forward and coming in. Now, we are

going to take our hour break. I just wanted to finish doorknob before we went on our break. So, we're still on the chart and we're going to be doing flutter next.

And so maybe during the break, you can do flutter and we'll wrap flutter up and go into chopping for eight minutes when we come back from the break. And I'll just make sure that everybody's gotten there when we get back from break.

So, we're going to take five minutes. It's four minutes after the hour. Flutter-platter. Thank you. Flutter. It is platter. I wrote flutter. That's because I was up at five doing this. Sorry. It's platter.

Very my apologies. Okay. So, now, it's the correct thing. My apologies. Correct thing on the chart now. I did get up at five, because Adelia gets up at six-ish and I have to have this chart done. She got up at six twenty. So, I was doing this little bit blurry eyed, but it's here. Okay. So, there it is. Okay.

So, we're going to do platter. Platter. Okay. Let's come back at ten after. But I'd love you to just keep doing but get up and walk around. Get a glass of water. Use the bathroom. Get a breath of fresh air outside. We'll be back in a few minutes. Pressed the wrong button.

[Break time starts on 01:05:26 to 01:12:34]

Okay. We are back. And there we go. Platter is moving stuck energy. For the most part, it's getting something that stuck moving that's why we do it. It's not as much clearing as it is getting something that's been stuck to shift. That's platter. We're ninety-eight percent done on platter. So, we're just going to do a little bit more on platter.

For those of you who have heard me talking about not leaving the house in my slippers. I ma not in my slippers today. I am in a sexy little outfit here. For those of you who took the healthy juicy sex class, you might have heard me say that I got this renewed intention and optimism about meeting my partner and my divine compliment. Really bringing in a man who's really my match.

So, everyday, I'm dressing. Adelia's been hesitant to go to school because mommy looks like mommy's dressed for fun. Up until then, I was dressing in jeans and a frumpy sweater. And wearing slippers sometimes even to school. My makla and my big furry swade fuzzy in the inside slippers. I am going in little heels to school and dropping her off in little outfits. Adorable outfits.

I had some really nice responses. I figure, you know, I am out and about. Even if it's running into the school and the grocery store, you just never know when you're going to need someone and you want to put up the single that I'm fun and I'm sexy and I'm available and I'm interested and I'm here.

Just a couple other things. For those of you who are working on that project with me who took on the challenge of envisioning it. I made my tray and I'm energizing that tray so that vision tray. I might show that with you next week. You can make vision board and brainstorming. Write a letter to God is another one.

When you go to sleep at night and say, "Good night, darling. I don't know where you are yet but I'm so excited to meet you. Hope that you rest well in the morning when you wake up. Good morning, sweetheart. So happy we're almost together. We're coming together."

So, you know, things like that you can just keep activating and really when you're ready, the time is right. The time is right. There is a new energy coming in a next few if it takes me a year, it takes me five years. Doesn't matter. I am ready. It should be interesting to see how all of that plays out with the child coming in and potentially a partner coming in. Who knows. Haven't met them yet that I know of.

In any case, I am keeping my word and keeping myself sparkly. I hope some of you are doing that too. I hope some of you are taking on that challenge. Whether it's juicing up your sex life with your partner that you already have or getting into the possibility of partnership.

And for those of you who weren't there, over the holiday, over my twelve days vacation, I became aware and realized why I was blocking partnership. It was about-- okay. Let's see. Good. We're going to move to chopping now. Everybody, chopping. It was a big thing around my ex-husband the last two years. He was an abusive alcoholic.

The last two years, years that I've went really downhill. I became severely depressed and developed terminal cancer. The third child was conceived against my will meaning you know, a forced situation. So, that was his intention. But just looking at that. The last two years, he had become so insanely jealous that he wouldn't allow me to leave the house by myself.

For the last two years of my marriage, I was a prisoner in my home. If I left, I could go to church or he could take me to the grocery store but that was it. I wasn't allowed to leave the house anymore. And I had something wired up if I fall in love, I could become a prisoner. Honestly, it definitely not conscious. I never thought that in my consciousness.

But in my unconscious, buried was marriage represents imprisonment. And then he proceeded to take the kids and you know, just really put big entitlements. That's what I've been really working on.

But this last piece of imprisonment, that last piece that I've been working on clearing on now, is [Inaudible 01:17:51] just like oh I can do it now. I can meet him now. I'm ready. I

just feel like something really magically shifted in me. I feel happy and excited and sexy and beautiful and you know, worthy, and free.

So, it feels really amazing to me to have found that. I couldn't have found it if I were teaching like kind of the nonstop hours of work that I do. I actually needed twelve days for those of you who wrote in questions and I didn't respond. The staff did. But I told my staff I need twelve days where I'm not on the computer at all.

The resort was hysterical. But there was just no internet. The only place I could post Facebook pictures was if I were sitting at a specific spot at the pool. And so all of the Facebook pictures were posted from a specific little point at the pool side. Sitting and doing anything on the computer or the internet was virtually impossible which was absolutely what the doctor ordered for me.

I needed not to be on my computer for a few days. That length of time where I was able to just be with myself and my two year old [Inaudible 01:19:21] daughter really did make a difference for me. I really feel like I've come back and I can be a better mentor to you. I had more energy for you. I just feel like renewed like there's something wonderful ahead. There's something wonderful in this moment. So, it feels really, really wonderful.

I'm hoping you guys are getting your breakthroughs as we move through things and even as I bring things up, maybe that's something that also is something for you. By the way, we are doing a big clear out clearing violence and abuse from your field and body. That class is starting, I think, next week.

We offer it through you wealth revolution in combination with the grow younger. Quantum regeneration grow younger: cell regeneration made easy. So, it's another version of the grow that we've done been doing in January. So, that one will be in December. We're doing-- let's see. I know we're doing teeth and we're doing eye. Just the eyeballs. But we're doing teeth, jaw, and gums for that one.

And then trying to remember if it's a heart that we're doing. It might be the heart. Oh yeah. Heart nerve. Heart nerve. We're going to wire it a little bit differently. While we were doing kind of crashing through one hour [Inaudible 01:20:54]. We're doing two hours but just three classes. Two of them are two hours and the last one is just eyeballs. It's not the optic nerve and the visual cortex.

So, anyway, it's-- so, the clearing violence and abuse from your field and body is something that's coming up. If that something that is affecting you whether it's hidden or it's really obvious there. It really, really makes a difference when you get to it. When you find it. It's interesting too because I did do an interview. I'm sure many of you heard the interview this week with Darius.

I suggest that we talk about that. What that's like and how that affects you to be imprisoned and you said, "Oh no. Let's just talk about trauma as 3d." Okay. I'm not going to talk about 3d trauma. So, we went off on a different tangent. Really if you've been in an abusive relationship and/or if your family was violent or abusive, it's been kind of included in you. It's layered into you.

It's releasing the layers that allows for a rich fulfilling life. And so sometimes, we look at things like death is better or suffering not for me. Genetic covenant. Things that you like, "Well, this is the way it is. This is what it has to be." You don't even know. I mean, you've hoped that maybe something can be different but it never does change so you assume that this is just you. But in actuality, it can change.

Okay. Let's see. We need another four minutes on chopping with this chart. Doing great. So, anyway, how many of you have taken that challenge. The love challenge. Is there anything-- let's see. Oh. Okay. Thank you, George. I think. Thank you. I know that as I've cleared and I did a huge clearing which allows me to be your mentor because people couldn't see me before.

Now, it looks like that's going to clear with relationship. It feels so good. It's just so nice. So happy and ready and I was talking to a girl friend who's in love. She's going to love now for a year and a half and last night, we were having heart to heart chat.

She goes, "Used to say I wrote a letter to God and I would say good morning and good night." I was thinking, "That's a great idea. I'm going to do that." I think I remembered that in my consciousness from the past but haven't been doing it. Might as well do everything. Do everything. Okay.

The thing is, we can do a song. I know you keep saying can we do a song and we can do a song and then I'm going to shift screens since we're going to start doing cellular neogenesis in like maybe ninety seconds or so.

So, how about we just hang in there a little bit longer. It's fun also to have conversations. And then when we're doing the regeneration, I've got eight songs lined up. We can do that. Thank you, Johanna.

Beautiful, Kelly. Beautiful. Okay. So, just another minute. Not even a minute. And then we're going to shift to cellular neogenesis. Let me see if I got that chart up. I think I do. I'm pretty sure I do. Let's see. I know I sent it but let's see if I got something. There. Yup. Okay. Ninety-nine percent clear. A little bit more.

Okay. We're there. Zero percent. Okay. So, we're going to start with cellular neogenesis and these are the things we're working on above. I've broken it down a little bit. Area:

forehead, face, in general, and neck, upper arms, thighs, hands, and full limb attention, breast, chest, belly, back. I don't have legs on there. Let's do legs.

I think that's everything. Oh. I guess we could do hands and feet too. There. I think I got everything now. Oh. Hands were up there. Limb attention. Okay. Limb attention. Okay. Good. Alright.

Beautiful, Tommy. That's such a beautiful affirmation. We're going to be pumping with-- let's see. We've done the clearing now, so we're going to go on to the next thing and we're going to be doing double pump for the master and stem cells of all of these areas that we've included above.

So, let's do the double pump and double pump is like this. Come on the screen. And then I can scroll down. I see a bunch of you made your comments. Just a minute. I'm going to make this a little bit bigger. This, by the way, is in your member site. You get it probably most of the classes we teach. We have this chart included.

But if you haven't seen it before. It's just helpful to know the exact process. What we're exactly doing and why we're doing and when we're doing it. So, this is what we're doing. Okay. So, that's our step one. So, the step before step one, the pre-step, this clearing, and that's what we've done and now we're going into step one.

We're going to do a double pump. So, the single pump which you can do if double pump is hard is just the hand pumping forward. And then double pump. Really good. And so the hands-- the thumbs are kind of facing up towards the ceiling. The hands are facing in towards each other. You would be clapping like this if you were.

And then the fingers are loose. This is distinctly different from chopping where the fingers are held firmly. The fingers are just loose. Rocking is happening from the elbow but the wrist falls forward as the elbow drops. And then the shift is happening on the upswing. The shift. So, the rearrangement of the quantum field and the quantum particles is happening in the out part of the swing.

Setting an intention with the mind to activate the blueprint and master cells and stem cells. So, all the master and stem cells on the body that are skin, master and stem cells, all the master cells related to direction with hair and nails. That's what we're doing now. Okay. Just remember that the hands, they might float in a little if that's alright.

You start out with your hands coming off your shoulders above six or eight inches down from the shoulder. They can say if you can hold them so that they stay even. This is tucked in to my waist here. So, that's it. We're doing that. Alright.

Interesting, Aura. Good to be aware. We'll sing a song because everybody's been asking and then I'm going to address some of the comments and questions that have

come in. Okay. Perfect. This is a beautiful song: a call to lighten. Is that big enough? Let's make that a little bit bigger print.

Here we go. We're trying different colors but sometimes the colors it's a little bit harder to see the written word on different kinds of colors but I love this purple. I love it.

"Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

"Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

Okay. Let's see here. Bee says she's feeling sleepy in class. Am I clearing? You are clearing so much, Bee. Yup. "Feeling the work today. Very strong in my broken hand even fell asleep for ten minutes." That's interesting. "Where are we on this? Where is skin on the neogenesis chart?" Well, it's in the order that I put it in, Karen. I'm not sure of what you're asking.

But if you saw how we were going to address the day today-- let's see. Did you see? This is why I put it up here. So, eye, forehead, face, general neck, arms, thighs, hands, full limb attention, breast, chest, belly, and back, legs, and butt, and feet. So, we're going to address it kind of in that order but it's skin. This is all skin in case you didn't understand it. This is all skin.

Skin in different areas. Because we're addressing such huge area. I mean it's like the whole surface of our body. I just broke it into pieces rather than just put one skin. So, we can-- as we go through. You know, we go through we're eight percent on this. We're sixty percent on this. At least it has some little form that we can kind of check in and see where we're at and then hair and nails.

And we're on this page right now. "Will all funky toenails be healed, cleared from this class, Julie?" Probably not. I would also do the infections class. The class fungus, yeast are really part of funky toenails and that actually takes some specific clearings if you have yeast or fungus in your nails. But it will improve in this class.

But if you're wanting to address the infection part, we'll go into the infections class. Even though, I've addressed it and said in this clearing that we're really going for clearing that. You'd still want to have more attention.

I like what Tommy shared. I'm going to read it. "It's been a long time with not having real love in my heart. Now that I've retired from the job that took all my time that didn't really

support me, I'm making major changes in my life and opening up to love. It's high on my list." That's so beautiful, Tommy. I really feel that for you.

That you know, it's like really love isn't in the doing; it's in the experience, isn't it? Love comes-- love radiates out from us and then it's reflected back to us by the people who love us and who have the opportunity to love us. "What was the chopping affecting?" There were specific things on the chart, Nettie.

I'm experimenting. I've done it twice this week where rather than just we're just going to clear with doorknob, I am experimenting with, well, are there are few things that would do better if we did a different clearing technique.

So, it's a new thing. It probably was a few things in different columns and I'm just, energetically, I'm connecting in with the chart saying how much of this time do we need and how much of that. So, I can't say that everything clears from doorknob or whatever. One of the charts we did this week had a few minutes of chakra movement. There's the side slide.

So, we're going to be doing a little bit more of that especially since many of you went through the quantum pump class and you both understood on a deeper level and then improve your skill level. I feel like it's important to, now, take us to that place that let's use the hand pump that are going to help us get that chart on the deepest level.

So, I'm not going to pick out the eight things or ten things or twenty things that really needed the chopping. So, we're going to just leave that and just trust that that was perfect that we did mostly doorknob but something needed chopping to fully clear.

And that's not to say that we didn't do an amazing job before when we were just picking them on. It's an experiment. It's really me saying, "Can we get it even better?" I am inspired by you guys that so many of you came in to the pump class and improved yourself.

When you did that, it made me feel like, well then we can you know, we can do this. We can add some shifting and changing and looking at let's see about maybe doing three hand pumps or two hand movements to really get the chart in the best way we can.

"Regarding the love commitment, I also have had trouble remembering to just energize that several times a day. But when I do, I noticed it does effectively positively and connection with my husband. He is more affectionate and demonstrative. Great stuff." Beautiful, Martha. Beautiful. Wow. Your energy must be really high.

Shantelle, "I love hearing you talk and giving examples of your own life." Beautiful. Thank you, Shantelle. Felisa, "Yes. Good to hear examples." "Does having a tattoo of ex's name from twelve years ago. Although, it's in Arabic writing, block you from getting

your divine compliment." Yes, it does. I would do something to get that off. Its does. Or you can just remove the block but it does because you're kind of you're branded. That's a literal branding.

"I like to hear when you talk. Feel like I learn so much." that's from Carole. "Yeah. I love your examples." from Kelly. "I'm more recently have had more breakthroughs in accepting my--" Oh yeah. We talked about this. That's really fantastic. Catherine loves the conversation. Johanna, "You're looking younger. Revitalized and even more beautiful. So happy for and proud of you. Thank you for being such a positive role model." Beautiful. I think that's where we left off.

Oh. Kelly. "So big difference using the shorter quantum meditations and the extended ones." Yeah. For the most part. The short ones don't have all the big spiritual shower clean out. If you read the article. Just a couple of weeks ago, I wrote the why you need to do the thirty minute meditations and an opportunity to do a ten minute meditation that has the full clear out.

So, the difference is the-- it's a quick jump into the quantum field to transform something and sparkle yourself up. Those five minute ones. And that's wonderful. But the longer ones have the deeper clear outs where you go through a spiritual shower from the inside out which are very important to do.

"You have made such a lot of changes in your life and paved the way for the rest of us." I hope so, Satya. Yeah. It feels that way to me. Elena, "So pleased for you, Jules. Much love to you and your soon to be divine loving partner." oh yay. "A bit for you for taking the time. Thank you for sharing yourself and your gains." Mary Elen, you're welcome.

"I've taken up to upgrading my outlook towards taking myself and feeling sexy and not being guilty. Hope for my future partner." Okay. Look really do look ready for your new partner. Yay. Thank you, Karen. "You can do it. I feel sparkly shift in you." Beautiful. Thank you, Carole.

"Congratulations on your progress. That's exciting. I'm not ready for partner yet but I'm doing it for self love and positive relationship with myself. I'm also working on how I dress and look and beautiful meditations are oh so helpful." Wonderful. Karen, you're so observant. Yup. Put it on yesterday.

I am also very committed. It just gets to be really hard if you get up at four or five in the morning to work on charts and that is also why I'm working with my project manager to shift from the five or six classes a week. I love hiking in the mountain. So, there is a fit bit on my hand on my arm and I put it on yesterday, and I used to use it and I would challenge myself.

I went on a vacation before Adelia arrived. About ten months before Adelia arrived and I was walking, hiking on the beach. Really soft sand eight miles a day. Eight and ten miles a day. That just feels amazing. It feels so exciting when you start challenging yourself and we live on this mountain. I believe that I can get into a rhythm.

I was in a rhythm and I get so ran down, I couldn't do it which was going out every morning and doing-- not every-- but three and five times a day, I was doing the three-mile loop which is straight down which is very hard on your legs, and then straight up. Pushing Adelia who's now thirty-two pounds in that stroller. Got to be fifteen to twenty pounds.

So, it's like pushing fifty pounds. And all my neighbors were like, "You're amazing. We're all just doing with the-- you know-- without the kid in tow." So, yes. The answer is yes. I've taken that on too. "I want to bring my best self in to my life and into my relationship and with the new baby. Do want to all have that energy and feel great."

Karen. Okay. And then you definitely some, Jean and Anne Marie. "Look pretty for us too." Thank you. Paula, "Purple is the color of 2018. Looks beautiful on you." Thank you.

"You've got Adelia's attention. Cute." Oh yeah. She's like, "Should I leave mommy? It looks like she's going to have some fun." "Fabulous. Julie, love purple. Love purple and your outfit. Sexy momma." Yeah. "Look gorgeous, Julie." "You look fabulous, fabulous." Thank you. "What is better?" Okay. Definitely, Leanne.

Okay. Let's see. Where did I leave off? For Ilumi, it's the odd infection. Odd infection. Johanna says, "Feeling like yawning. Feeling the clearing." Good. "Feels warm." You're welcome, Tommy. "I am so connected to these beautiful words." Good. "Makes good sense." from Nettie. Okay. Let me focus for a few minutes. I see there's more things here and I would like to address them but I would like to do a song and then we'll do some more interaction.

I'm just going to respond. I think we should be able to respond to everybody all day. But take a break sometimes. We've done a lot of looking at the chat box and let's go to a song. This will keep the energy really nice and flowing. Let's see. I'm going to make this at least darker. Okay. Goodness and mercy. Attributed to King David and really an affirmation.

I know, I've talked about this in many classes. If you were to just use this as your affirmation every day, you would live a very, very blessed life because you're saying absolutely. Goodness and mercy will follow me. Will be with me every minute of every day. All the days of my life, and I shall dwell in the house of the Lord. The house of transformation of love, of peace, and serenity and calm.

A power forever and ever amen. What a beautiful sentiment. So, we're going to sing this. We go through King David's words three times. The same verse over. And then all that I am and all that I can be is expanding from this mystery. And all that I want and all that I will ever be is flowing from this loving see.

"Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever amen. All that I am and all that I can be is expanding from this mystery."

"Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever amen. All that I want and all I'll ever be is flowing from this loving seed. Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever amen."

You might just take a minute. I feel just flooding with tingles from that. From just validating and affirming our divinity and the love and the all of the prosperity once there for us. And prosperity starts with love, and with divine union, and I'm talking about union with the divine. Good and mercy every day of my life. And opening for joy and laughter and balance and peace. Financial freedom.

When you think about the beautiful health that we live in. Like you might live in a beautiful hope but imagine how beautiful the house of the Lord. The house of transformation and love and charity and goodness and power. What would that house be like?

And you know, I want to even give you an idea, what if you were to start adding to your home that sense of being in the house of the Lord? Like maybe there were specific things that reminded you whether it's your spiritual path or your divine nature, yourself. But as you looked around your home, it was rich with art and music and paintings. And there was a deep validation of beauty, of divine grace, of strength, of power.

How would you home be different and could you dwell in a home that was activated with that energy? You know, so I'm just thinking are there ways that you could rearrange things in your home and Feng Sui is the way to do that, but that would remind you. I think Feng Sui is balancing the energy of the house.

But this is-- I'm asking you, are there ways that you could design your home so that it feels that lush and that grace-filled and that kind of joyous, harmonious power in your own home. Is there a way that you can add that. Even just maybe by thinking it.

So, whether you can maybe structure your home in a-- I don't know-- in the way that you place things. In the way that you put things away. In the way that you clean things.

That feels like you welcome the divine into your home because it's not your home. It's ultimately everything we have is of the Earth and the divine. As we leave our bodies, we leave behind that which we had to be good stewards of that which we were gifted. So, I know it's a lot of you, so I worked really hard for my stuff.

But you have to think when the body is done, and the spirit leaves, you're not taking any of your stuff. So, then you have to think I'm a steward or a caretaker. I'm the keeper of all of these beautiful stuff. That perhaps is part of the divine. It's certainly part of the field of oneness.

Everything that you surround yourself is part of field of oneness. Whether it's in harmony or disharmony. Part of the field of oneness. So, I just invite you to be thinking about your home. How you've energized it.

I know when I looked out into the room, I see this beautiful drawing I did of Mary and Mary Magdalene. Women from different cultures. I might be able to show you a picture of what I'm looking at. Let me see if I can do that. If I can find-- I think it's here. Yup.

Here. Oh. We have to put it on something. Oh. I know what I can do. Put it on the bottom of our chart. It didn't work. One second here. You'll like it when you see it. It's worth it. Just a minute. I'll show you what I'm looking at.

This is what I look out. I look out at the beautiful expanse of the Sta Lucia mountain range and the picture that's on the wall in front of me in my own view is this beautiful picture which I did many, many years ago. It means so much to me.

I used it as the original cover for the illumination rosary but it's a drawing. It's a pastel pencil. So, it's kind of shinier surface to it and this is not so clear because it's taken from a photograph. It's much sharper. It's defined.

This is mother Mary, and Mary Magdalene and there's this energizing moon behind them. The rising full moon. The red sky. And then women from different cultures and children. And a fire where Mary Magdalene stands in the fire and mother Mary stands close in white and blue. So, just different roles that they've taken on.

And then this redwood forest. I drew this one I was living in the redwood forest down in Woodside. So, that was when I was thirty-three or thirty-four, I think, somewhere in there. Quite awhile ago. Anyway, that's one of the power pieces in my house that reminds me that I'm part of the divine, the divine feminine moving through.

I think there's lots of things when I look around art and music. There's musical instruments up above as you can see. See at the bookcase, it's-- I got my instruments. Some of my instruments. I have many instruments. In my life, I've played fourteen instruments and really my heart's desire to start working towards that.

So, I'm doing getting Adelia down and then reading books and doing some trainings on the brain and on finances. I'm actually making a couple of hours in the evening for me to pursue my interest when Adelia's in bed. So, hoping that I'm able to start doing music really soon also. Once I get things a little bit kind of the chaos and the fluff out of the way.

So, is this something to be thinking about? Are you supporting that feeling of living a divine life with your environment. Are you supporting that also with the actions and activities that you do?

Really validating that in your speaking. I'm going to say that as we do that, as we bring that feeling of divine into your world in a physical way in our action ways like you know, really enjoying strolling through what like a garland park. Beautiful.

Or walking down the ocean, you know, on the sandy beach. Stopping to pick up the shells or smell flowers or watch the butterflies or observe the birds of the air. It becomes-- you become part of the miraculous world. One of the things I'm doing with Adelia because it's not that kind of peaceful thing that we do but I'm doing something really wonderful with her which is having her enjoy the physical world.

She gets to visit the animals next door and she feeds the fish. It's her job to feed the fish and watch the birds and she shows me when she sees the bird in the air. So, she can, in the bathtub. She was, "oh. Oh. oh." You know, whether she goes quack, quack, quack or cheep, or she's doing with her fingers because she does sign language, she's telling me she's seeing the bird.

When we were on our trip, we were singing dinosaurs which are iguanas. She can't say iguanas too hard. But dino, dino, dino. Every day, we went kind of swimming through the pool and we'd find all the dinosaurs. She was so happy and just laughing and talking to them. Hi, hi, hi, hi. You know, waving at them and bye, bye.

She doesn't have a lot of words yet but her joy in the physical world where-- she picks up leaves. Regular thing and we found these gigantic leaves. I don't know if they were from something like a banana tree. I don't know that they were bananas. But you know, really gigantic yellow leaves. Very fascinated to show me that she has found giant leaves because in our area, we have smaller kind of crusty oak leaves.

They fall off. It's green all year long but they fall off and they get crusty. Hard crusty. Kind of like the oak. We have live oak and they're a little bit like Holi leaf. They're hard. But one of the things I did is I got-- I got this because we do do the little bible story things and I got this Noah's ark and pulled out all the animals and so this will tell the story of Noah's ark. He helped saved all the animals and get some in. She knows the story. We have a song we sing about Noah's ark.

And then-- but we don't just do it with a toy but this is a part of her learning about the world. About flooding and rain and how you want to save the animals. A bunch of animals in there and that's her job. She really loves to get all the animals stuck in here. She cram them in. We have lots of other animals that didn't come with the set. So, there's a lot of things that go in here.

And showing her and walking with her in nature and showing her. Just continuing to show her. So, if you have children, you can start instilling that sense of beauty and awe and wonder and reading stories. Because one of her fascination always is she wants books about the farm animals and the animals of the jungle. She's really you know, this is really a fun time and then we sing the songs and so.

We have a song that she really loves-- a grey, grey elephant. We do the actions for what an elephant does. Little yellow bees. She always come up to me because I do this little thing on her nose. Like a little bee landing on her nose going "bzzt". A tiny purple violet. A tall green tree. This is tree in sign language.

A red and white sail boat on a blue sea. All these things you gave to me. When you made my eyes to see, all these things you gave to me. Thank you, God. We do a lot of that honoring what we're surrounded with. Instilling in her the magic of nature and the awe and wonder that it comes from the divine.

Whether it's your belief system that there is a god or your belief system that this is all part of the universe unfolding. You can live into that miraculous sense and you can give that your children. I encourage you to.

And so that's a big project for Adelia and I. Adelia loves reading and we read stories. One of her very favorite things to do is be out. Be outside. She wants to go out hiking. Pickup the stones and the sticks and go see the animals and watch the birds and feed the fish and pet the goats and the donkeys. She asked about the donkey a lot and the doggies. You know, all of the animals.

So, we see deers. She's like, "Oh." You know, when we see the deer. So, I'm just reminding you that there's this beauty and sacredness that surround us. [Sings in Sanskrit from 02:04:32 to 02:04:42]. My God, when I look around, I realize, I've forgotten all the beauty that you gave me. My heart is overflowing. My eyes are filled with tears.

There is so much beauty in the world, and we get so busy. And we're looking at screens and you know, driving here and there and everywhere and we forget to stop and look. That song, by the way, it's on gratitude. It's a beautiful song. It's quite long. I think it's like seven or nine minutes long.

It's a Bengali poetry that I learned at the feet [Speaks in Sanskrit at 02:05:20] when I was his healer. I studied with him for a year. It's so, so explicitly beautiful. But that's remembering. Remembering the beauty that we're surrounded by.

So, we're going to take a five minute break. I hope this little journey of talking about the home and talking about our behaviors and what we can do with our children or our grand children about instilling a sense of awe and wonder and being connected with the divine. I hope this has been helpful for you.

Helping you to feel that sense because as we-- it's not-- it's sometime we walk through life feeling like an isolated little robot in a way. Like we're just the being. We're this. We're maybe spirit in body or we're just body walking around. I would really love to instill in your something way beyond that. It's very divinely connected. It's part of something incredible. Wonderful. Miraculous.

I know the other thing I want to say is unplug from your TV news or your radio news. Please, unplug. Yes. There are things happening. Yes. Things are burning. Yes. Things are flooding. Yes. And there's people are getting shot. But if you're listening to that and you're-- that's what you're feeding your soul, then death is program better keeps coming up and shock keeps coming up, and trauma keeps coming up. You're activating something really low.

Yes. You can find out about it and you can know about it. People are going to tell you. Believe me. They're going to tell you. But you don't need to live it and embody it. Okay. We're living in this beautiful heaven on Earth and let's activate that. Mother Earth is doing what she needs to do.

I was talking to Darius who sounded very upset and didn't understand what was going on. He said he just feel like you know-- he didn't say Armageddon but he said, "I just feel like something really bad is happening right now." You know, it really isn't, Darius. The Earth is terrifying itself.

I was in a fire here in this home. There was a fire three years ago. Not even three; two and a half years ago in the summer. It was fourteen weeks of burning. A hundred fifty miles. A pristine, never burnt forest burned down. It's four miles from me. And if you see what now is there is a miracle. It's so beautiful. New life.

The seeds didn't get killed off. The animals returned. There's growth. There's new trees and plants. There's something really renewed. The ashes fertilized the ground and something wonderful and beautiful surfaces. While you're through it, we don't understand it. But when you get to the other side and a few years later, a couple of years later, wow, that's amazing. Oh my god. This forest is coming up so beautiful.

So, maybe, and I'm going to say I'm pretty sure, the Earth is cleaning up and cleaning out what doesn't support her or serve her. It could be that there aren't too many houses and there's too much. Or it could be that you know, we aren't carrying for the Earth in the way we need too.

So, she's just doing what she needs to do to keep going and support her so that she can be the good mother. She's cleaning off the surface so that she can be the good mother. So, anyway, so much to think about. Okay. Now, we're taking a break. So, I said that four minutes ago. So, we're going to take a break until fourteen after.

We're definitely making progress. I'll go through all the numbers. We're going to take a break. I was going to start with the numbers too but let's take a break. Five minutes. Breathe the air. Get a drink of water. Stand up.

You can keep double pumping because we're going to double pump all the way through to the end of class. Really some important conversation surfacing. I'm really happy with how the class is going today. Hope you are too. Okay. We'll be back in five minutes.

[Break time start on 02:10:12 to 02:16:31]

Okay. I probably have come back a little bit early. I'm not sure. But-- or maybe not. So, I'm back. One of the questions; is a fitbit bad for you? I don't think so. I didn't test that it was bad for me. It's not bad for me. It actually is going to. When I've used a fitbit in the past, what it's done is just encouraged me to do more.

It's been like a little bit of a kind of a goal thing for me where it can just go right into the computer and keep track of and I can challenge myself. I had a really good week this week or I didn't make my goals this week and I can really look and be honest with what's going on rather than kind of well I don't know what happened this week.

So, in this week, which was a big catch up where you get in a-- I got back on Thursday morning at one thirty in morning. Actually, was able to get one work out in. Planning to do a big hike tomorrow and hopefully on Sunday too. Maybe we will do a little stroll. We are doing little strolls in the neighborhood but we're not doing big hikes yet.

Okay. So, that's one question. Someone asked a question. I just kind of scrolled through here on the break. Somebody asked a question about scarring and the hair doesn't grow there anymore. One of things I would do is I would work on just imagining pink. Pumping pink energy into the scar until it flattens. And then seeing the hair grow again.

I don't know because scar tissue doesn't grow hair in general. But if it's not scar tissue and you could reinsert the idea of hair roots by visualizing that and thanking and energizing that, it might be possible. It might be. Scarring and raised scarring has to do with inflammation.

Why do some people have raised scarring while others don't. That really has to do a lot with how your body is responding to what you're putting into it. What you're feeding it. So, one of the things that you could really do is go on a diet and that took out the aspect of inflammation. Because inflammation is food. It's also the fabrics.

I've got all these beautiful clothes that are synthetic and I love the colors and everything but looking at clothes that are cotton and silk, again, thinking I'll start to energize my wardrobe that way. We we're talking the other day about I'm a practical person. So, I might use my towels and my sheets for ten years before I get rid of them. Just keep using the same three sets of sheets and the same three sets of towels.

But as I'm looking at energizing a space for a partner and having fun with decorating and reclaiming the bathroom. I did talk to a plumber. I know we have to get approval from the village to put this in but I've been thinking about putting a little children bathtub in the downstairs bathroom. It would be probably about fifteen hundred dollars to put a little bathtub in.

But then I could actually have my bathroom and wouldn't be like overrun. Adelia has three of my four drawers. My makeup and hair drawers. She has three of the four of them. She has a good portion of the towel space. She's got like the towel space and storage and linen cloth. She's got several of the bottom shelves for her books and toys.

And then there's toys in the bathtub constantly. Adelia's lovely curly hair. When we wash it, it falls out. So, there's always hair to wash out of the bathtub before I get in and take a bath. I've got wipe out all the hair. The idea of having a bathtub that's mommy's bathtub and a bathroom that's for-- not just mommy-- but mommy and sweetheart.

It's really like making it more of a love haven up there and cotton cheese and gorgeous comforters that are maybe you know, silk cotton blend or something like that. Start researching. They're definitely on my mind. And you can be inflamed from the fabrics that touch you as well as the food you eat.

That's why I'm talking about this. Like if you're already going to start making some changes and you want to be pumping things down, you can pump things down but that's inflammation's going to come back up if you're constantly exposed to something that's really causing inflammation in the body.

The other things, of course, are the things that you use on your skin and your hair. So, recently, we went through the simply beautiful, I changed. That might be also some of my looks might have changed. It's been kind of a gradual improvement. So, my makeup and my skin products and my hair products are all organic now.

So, I just keep working on that. I have to take a bunch of supplements in the morning that I know are supporting me and being healthy. You know, so it can be very gradual. I think when change is made and it's a permanent change, a lot of times, it's just baby steps. It's just like, "Well, I can't do everything all at once. I'm just going to be completely overwhelmed. So, I can take on. I'm going to do my hair products." I'm going to try out some different hair products and see do any of these look [Inaudible 02:22:28].

I'm actually using all organic hair products and styling stuff is organic made from fruit. We do have once in a while have little bugs flying around our hair because we're using fruity stuff when we're out hiking. That's not necessarily fun. But other than that, I love the style and it's shiny and good.

And then going to lotions. Like I don't know if organic would be good enough for my skin because I'm really fussy with my skin. Sure enough, it's lovely. It's really lovely. We put stuff in that doesn't have chemicals in it. It's really nice on the body. Just like everything gets better.

I want you to think about that with scarring. Let's see. Another real question. There's lots of fun comments in here. "Self love. It's beautiful." Oh rash. Kristina has a rash. Looks more like an allergy, Kristina, than an infection. So many good comments. I don't think I'm going to be able to read all of them because they're longer. A lot longer. But a lot of good comments here. Thank you.

And then Anne, yes. Anne, when you were here, I think you might have had the chance to see. Most of the art is mine. So, if you were in the entertainment room downstairs, you probably saw the beautiful Mandalas. Those are really gorgeous. Very large. Well, not large compared to your stuff. But good size like two by three. Two feet by three feet bigger things.

So, a lot of the artwork. I've done three hundred paintings that I've sold. You know, in life, considered either being a full time artist, a full time writer or a full time musician. All those things because of the seven planets and fire, I'm good at all that stuff. So, yup. Yeah. For Dre, yes. A man can grow back hair that's been balded. So, yeah.

Yeah. I've never used dryer sheets. For me, they don't make any sense. Numbing skin. Well, that numbing skin is nerves. So, we will be doing the whole nervous system which should improve things.

So, you'd want to clear the scarring which is by using just pumping pink into the scarring. And then after than you want to just reactivate the nerves. The nerves grow back kind of slowly but they come back.

Oh great, Tommy. That's great. "A major eczema break out on palms and the hands have cleared significantly." That's from Tommy. Not breathing pink. You're just imagine pumping pink. That's for Kelly. Pumping pink into the scar. That's good, Eva. I'm happy to hear that the birds were uplifting to you.

For Mary Anne, no, you don't need to go through it again. A couple of people have been falling asleep. That's alright. We are working. So, one of the things Darius was thinking. He said, "Oh you're working in the fifth dimension?" We're not. When we're doing cellular neogenesis, we're working on the eight dimension. It's pretty high frequency stuff.

Today, the frequency is set at forty-five hundred. So, what I'm blasting for you is at forty-five hundred. So, it's extremely high. Where one thousand is Christ consciousness. We're at four thousand five hundred today. So, we are you know, really going to the source of issues.

I would really love to see as many of you as possible in the entitlements class. I know that page isn't real fancy because I threw together right before I left on vacation and there isn't a video and there isn't all kinds of details. But maybe this weekend, I'll be able to catch up that really beautiful looking. But the entitlements class starts in just a few days.

Honestly, we have about six hundred really active students in our fifteen thousand list. We have about forty student right now signed up for entitlements. Honestly, it's going to be such a game changer for so many people. I'm just really hoping and praying that many of you just feel it in your heart and go, "Oh yeah. I can't miss that one."

If you need breakup the payment into two or three payments, it's not an inexpensive class. But contact me through support. Just ask can I do it two payments or whatever. If that makes a difference for you and you can get into that class, please do. Because I would just love to see.

It's my fault because I haven't made a fancy page and I haven't done a great job of marketing. On the other hand, I did have my own experience for twelve days which was wonderful. Come back and be a better mentor for you. So, please take this and my encouragement.

Please, please. Consider getting to the entitlements class even if you have to do it on replay if you can't get in there live. We're starting next week. It is going to make a big difference. Everybody has entitlements. Every single person has entitlements. There's not one of you that doesn't have some entitlements you're dealing with.

And then you also think because we'll do the reverse, the entitlements with other people. You have energy. Because that's ultimately for those of you who have been around a really long time like Tommy. Shantelle's been around but not quite in the trainings that Tommy's been in. But if you've been around a long time, you've heard me talking about control energy.

Entitlements is control energy. That's what it is. So, please, you know, come and learn and if you've got control energy entitlements in others, you're going to be able to pull back. You've got other people's control energy but entitlements running through you, we're going to work on that. Not in the simplistic way that we do in karma clearing. It's going to be very much more focused, directed.

We'll do four entitlements. Each one will have its own chart. So, in each class, we'll do four entitlements. And then you'll have homework, obviously. If this is an entitlement that affects you. You won't have all twelve of the entitlements. I don't think that's the case for most of you. You'll probably have five or six of them that really do make a difference when you clear them. Things really, really shift.

Great, Martha. Karen, one of the ways to clear the tattoos is have it removed. You need to have an ability to clear the relationship and the brand between you and the ex partner. How you got labeled. But tattoos like that aren't a good idea. They just aren't a good idea. So, I think the best thing would be to have it removed.

Kelly, I don't know about self sabotage and entitlements because that's not what it's about. Rejections are about things like that like self sabotage. Remember we looked at them a little bit. Let me show you so just to remind you that we looked at these at the beginning of class.

So, on the bottom these are the prophecies. These are the entitlements up here. Self fulfilling prophecy. Self deprecating, broken spirit, fated for doom and gloom, spineless wimp, brokenhearted. So, those could potentially be set up as self sabotaging. I guess the guru entitlements can also be self sabotage.

Karmic debt could be self sabotage. Financial debt. Yeah. That could be self sabotage. Okay. Good that you brought it up because I wouldn't have thought of it to be self sabotage. But for you, those three would be good to clear.

Felisa, yeah, it is. Oh good, Carole. About the stuck thing, I think I have kind of addressed it. I think you stop reading all the stuff that men have put this into the Earth and put that into the Earth. Mother Earth is a being and she is a loving being, and she's here sharing the surface of her skin with us.

Men will put things in intentionally or not intentionally. Just like I put on motions I thought would be good for my skin and come to find out that they really are harmful to my health system. You know, I wasn't trying to hurt myself when I did that. I was doing something I thought was good.

On some level, everything that man is doing, they think they're advancing humanity or they think they're advancing their business or they're making more money or they're doing-- whatever they're doing. I don't think you have to look at men humankind as evil or the Earth as fighting back.

The Earth is just want to clean up. She loves her children. She loves us. And she has to clean up and that's all she's simply doing is cleaning. It might be just like me. I've just looked at-- Okay. I'm using my own [Inaudible 02:34:56] that I make myself so I know that they very pure and clean.

I've changed my skin products so that I'm not being toxic with myself. You know, it's kind of like that. She's taking care of herself. If you look at it like that she's taking care of herself, you can really-- the whole battle thing that dichotomy. Okay. Good. Okay. We need to really focus on our chart. On our cellular neogenesis chart.

How many good things we've talked about this morning. Really happy to have shared so much and explored so much. There we go. Okay. I've got the chart back up in front of me. Okay. We're hundred percent at everything. Hundred percent with skin. We're hundred percent with skin and nails and we still have a ways to go on hair.

That's a definite no, Karen. In a minute. Let's see here. Okay. Excuse me. Almost there with hair. We're ninety-nine percent now. We want to focus in on the few of you that really needed some extra attention.

If you're working on grey hair, soul family entitlements, guru entitlements, medical entitlement, those are the ones that you would clear all the way on the grey hair pattern. If you were working on male balding pattern, soul family, soul family spouse, so those two entitlements seem to be wired in to that one.

Also, on projection of doom and gloom, that prophecy seems to affect the grey hair. And then the physical location seems to affect the male balding pattern on prophecy also in addition to what we've already cleared. So, if you want to keep working on that.

We do have a beautiful from the inside out coming up relatively soon in January. We'll be working on the lighten up course. But we kind of doubled up and tripled up on the clearings. So, likely be working again on skin. We're always working on skin.

Yeah. That would be really interesting. Maybe one of the projects we can do in the next beautiful program is working on returning to the original color. We've got that in this chart that we did a clearing on but I think when you gain.

A lot of times, when I work on this-- just to give you perspective-- when I work on something for myself, I oftentimes do eight or ten charts that approach things on a different level that have different words on them. It's not the same chart but I keep looking at it until I find all the pieces.

I know one of the things that's a goal for me also is not to have to use hair dye and gorgeous hair and I did that absolutely stunning hair as a girl and a teenager and actually didn't even start getting any grey hairs until I was in my forties. I have about twenty-five percent of my hair right now. It's grey and about seventy-five percent is brown. I love to just go back to all brown hair.

One of my clients from like four years ago just before I moved here, she used this Chinese herbal tablet. That one makes me really sick to my stomach. So, I can't do that one. Some of you have used that. Let's see. We can probably pull up the name of that because someone's going to ask. What's the name of it? Her hair returned all to her natural brown hair.

Let me see. I'll just write a question in the search box here. That is-- let's see. Oh it looks like it comes up with bunch of different things. Natural solutions for grey hair. Barley, black seed oil, black tea, coconut oil, curry leaves, and onion juice. Chlorophyll, [Inaudible 02:43:45], black strap molasses, black sesame seeds, netils, and wheat grass, [Inaudible 02:43:52]. Practitioner. She's several remedies. [Inaudible 02:43:59] and Amelia oil.

So, you could just also look at that. Vitamin B-12 deficiency anemia will cause grey hair. Smoking will cause grey hair. Obesity, oxidated stress. Interesting. Okay. So, you can look that up for yourself and you can find out you know, maybe you want to take a supplement also.

I know the one that she recommended. I bought a couple of bottles and I can't take it. So, I've given them. I've been gifting them. Shu Wo Pan. Yup. Keratin booster. Those are ones that I recommended in the past. Yeah. It's interesting too. When I look at that I think, "Well, I'm always kind of taking myself way beyond."

So, I think I have this very calm nature but I think stress may also affect my body and having a little on who's you know, had challenges with hitting and biting. She's in the no phase. Not as quite a bit after this.

Oh, Dre. Oh. I love molasses and that actually reads as true. A hundred percent. Yeah. But probably not for everybody. It's twenty percent of the population would get that result. But yeah. You're right. Medications can also cause graying. Just put mascara on his hair. That's funny. Yes. It's possible to reserve baldness. Yes.

Interesting. I don't think. Molasses isn't a no for you, Bee. Anelie. Anelie, yes. Anelie is a yes. Yeah. For me, I'm testing that it would be an eighty percent help. So, that would be something I should invest in. Getting some nice organic molasses. I like the taste a lot.

Yeah. Seventy percent true, George. Okay. So, let's see. So, we got everybody. Let me just make sure. The nails are at a hundred percent. Yes. And the hair-- seventy. We're still at seventy percent. So, we got to just keep going. Everybody, double pump. I'm blasting.

Let's take a break from this conversations. We keep the energy really high again. We'll sing a song and then we'll come back and we'll do some more. And I did look at all the comments you guys made. Such beautiful comments. Earlier, I didn't address every single thing because there was just-- there were like eighty comments in a short span.

So, I just glanced through them at the break. So, if you need something answered that I didn't answer today, remember, that you can write support at juliereenee.com. If I skipped over something without seeing that you had a really important question and I apologize for that and you're loved.

I know, sometimes, people think, "Oh. I'm intentionally skipping them." There are couple of things that happened: one, I don't always see all the chat, it doesn't all come on my screen. And literally, I read the chat box, after class. I go, "Wow. I didn't even see these come in." Meaning, they didn't show up on my screen. So, sometimes, that happens. Sometimes, I'm just human and I just miss it. But it's nothing personal. I love each and every one of you very much.

Some of you, I might say, "Oh. Someone says here." Like Tommy A is here. Tommy has been around the longest of any of the students. Tommy started with me with my very first class. So, when I say hi to Tommy and then Shantelle is a dear friend of Tommy's and Shantelle, also a friend of mine, from back in my unity days. When I was attending unity. And Shantelle has attended some of those early classes too.

So, if I make a big deal something I interested somebody is because you know we have some history. But if we don't have history other than you attending classes and I don't embellish your name, please accept my love and my cherishing and that it doesn't mean anything other than-- it's just you know, human nature to be happy to see someone you haven't seen for awhile and I love all of you.

I hope this is not getting me in a worse position. What I want to say is I love all of you very much and there's nobody more special. It's just fun to say, "Oh. I see you. You're finally here. Hooray." So, that's what that is. And if you want, like Anne Beam, coming or Monica or Tommy, if you want that special acknowledgement, come to my house.

Come to our retreats or come do a VIP session here and we'll start having some physical history together which is wonderful to have physical history together. So, please think about that. It's in March.

"Angels call while we are sleeping, Riding through the waves of dreams, Keeping safe our mortal bodies, While we play in astral seams. Beams of light flow from their bodies, Showing us a glimmering mirror, Walking to the world of wonder, Leaves behind all doubt and fear." When we think about the angels and feeling the presence of the angels today.

In today's class, supporting our call, there are thirteen thousand; not thirteen hundred, but thirteen thousand angels. And when I wrote this, I was really thinking about the role of the guardian angel. And the guardian angel where six or eight come in to usher the spirit in and then after a period of time as a child matures in there, stays in their body, we're left with one or two guardian angels and the others go on to help other spirits. Usher them. Midwife them in.

So, that was what I was thinking about when I was writing the song. It's about the guardian angels that often stay with us through our life. Stand with us. They're quite beautiful. I was thinking about the guardian angels that I saw. The ones that I physically saw were nine feet tall. I swear. It's so beautiful.

Other times, I've seen these beautiful creative angel beings. They're robed in purple and violet and so gorgeous. Guardian angels are more of a-- they have a creamy gray colored robe. Although, I'm sure, they have choices. But the facade that I saw was that.

Jesus and Mary are standing right here. The Supreme being. Mother, father, god is here. By the way, the golden legion is part of the angelic realm. So, that is part of when I call on them. They have taken a special interest in our community in our work from the very beginning.

So, they've been with me for a very long time and their numbers keep growing but they stand with us to get this work out in the world. The golden legions. I always acknowledge them separately from just the group of angels. Golden legions. This is our project. We're here. We want this in the world. Nine thousand guides. Nine thousand spirit guides are here.

About three hundred goddesses are here. About four hundred gods. And those I look at as a kind of spirit guide from different traditions like in the east, you have gods and goddesses rather than calling them saints and sages. So, then ascended masters about three hundred.

So, just know that you're part of something really magical. We're kind of at the beginning. When I look at my work and think, "I'm going to be doing this for eighty years from now." You're at the beginning. The first ten-eleven years, we're in the beginning. If I'm going to be doing it eighty years from now, you're at the beginning.

This is very supported from the realms and dimensions on the other side. The non physical realms. It's very pure. Very sacred holy work. That oftentimes, if you haven't been in a class, but oftentimes, we'll also do an activation for the angels or the guides or the masters. And so they'll also get a shift and that's never been available ever. Teachers have not thought of it. It hasn't been brought in to the consciousness.

But for our group, being so blessed, we have-- we are able to and I'm able to help with those beings. And usually, especially for human spirit, the only real shifts are happening when you're in the body. When you're out of the body, you can do things but you don't grow.

In this way, the angels get to grow and advance and the human guides and gods, goddesses, they get to grow and advance with us. So, they get to transform too. That's very magical.

When Darius was saying is group. All these healers he's bringing on are in the fifth dimension. That is true. We're in the eight dimension. We're in a higher level than anybody else really. I believe that our activations are in the purest highest level than it's available on the planet and you are part of that. You are part of that.

All the things that we're bringing in and all the breakthroughs we're having and all the you know, the mapping that's coming through. Why it would be so possessed to get up at four in the morning and we're until eleven o' clock at night mapping. The things that harm humanity and stay with that for weeks on end is so that we can transform humanity and the frequency of humanity.

We're three minutes from the end. Let's see. We're ninety-nine percent on the hair. We got to have to stay together for about ten minutes after the class. We just-- it's really good. I think there's just a few of you that were stuck and I don't like to leave anybody behind. So, we're going to go in to the mirroring process. There's three people. I'll just keep working on until we get to zero on the hair.

But everything else, all the master stem cells are done, other than three people and I'm going to get you so nobody's left. So, let's do the mirroring process now and let's see. I'll tell you what would be the best for the mirroring. Go ahead and use the platter again and that's just the shift. We're going to be mirroring cell to cell. All the stem and master cells to all the surrounding cells. Whether there's-- they're not master cells, they're ordinary cells.

So, we're going to give them an upgrade. That's going to be just a couple of minutes. About five minutes. And then from there, we're going to do the regular pump. One handed. That is-- we're going to do that. That would be the cascade of new cell growth. Five. Five minutes.

So, we will be actually wrapping up at about eight after. So, that's good because we have a few videos to play. We do not have a video on entitlements. So, let me put the plug in right now. Come into the entitlements class. This is my plug. Come in to the entitlements class. You will love it. It will make a difference. Your transformation will be bigger. Come in to the entitlements class. That's my sales pitch.

I'm going to sing us out and then you have your instructions so you'll do platter until about four minutes after and then you're going to do single pump until about eight or nine minutes after. Okay. Platter until four-five minutes after, and then move to single pump until eight minutes or nine minutes after.

Oh you guys. It just came into my head. It's so hysterical. You know, on the Halloween class, we did a funny sing out. I think I'm going to do that right now because it's just funny. It just hit me funny. "They're creepy and they're kooky, Mysterious and spooky, They're all together kooky, The quantum academy. So get a witch's shawl on, A broomstick you can crawl on, We're gonna take a call on, The quantum academy. Ta da da. Ta da da. Ta da da."

I love you. Keep going. I'll stay with you. I'm going to be in the chat box. Adelia isn't here. So, I'm right here with you and I'll let you know when we're done. Okay. Hang in there.

[End of Transcription at 03:01:17]