

Year of Miracles - Brain Rejuvenation

Hey. Welcome to year miracles. Today is a big day for all of us. We're doing yet again the brain regeneration. This will be the first for many of you and will be a restoration for many of you. We're going to approach it yet again in a different way.

I was just deep in thought thinking about how I want to approach looking at the brain today. You can start right away with some chopping and we're going to-- we've got a lot to cover today. So, we're going to go into all the details of the brain here. So, okay. Let's get started.

Mother, father, God, angels, golden legions, guides, gods, goddesses, Saints and sages, Jesus and Mary, archangels, enlightened masters, all of those who stand with us to make a big transformation in ourselves and in turn raising the set point for all of humanity to a higher standard of life embodied.

We thank you for your presence, for your love, for holding the space for us. We pray for all of those who teach about brain health. All those teachers who are experts in the area of brain health. And we ask for special blessings on their work and the people who follow them. And in turn we ask for blessings for our community.

And that brains be healed, restored, improved. The chemistry be healed, restored, improved. That sleep go deeper. That memory be restored to a great, great memory. Our hearing, our sensing, our awareness, our internal and external. Our spiritual and our physical aspects of our mind in our brain.

Become fully healed fully active and fully functioning one hundred percent. Joyfully, healthily. And we accept this gift. We see it as true. We accept this gift. We welcome it. We thank you for the air we breathe that oxygenates our brain. We thank you for the water we drink that hydrates our brain. We thank you for the nutrients and food that we take in that fuels and feeds our brain.

We thank you for the lovely experience both the love we give and the love we receive. And how that improves our brain chemistry. We thank you for all of the blessings that we have in life and all the blessings to come from today. We ask for help to see what we have not yet seen. To correct we have not yet corrected. To fully and completely rejuvenate, regenerate the brain to one hundred percent form and function. Amen.

And together the love wisdom affirmation read with joy and anticipation, hope, and grace and ease. "I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body, and have complete access to the

divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence."

"In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am." We're going to go right into the pumping chart and then we'll go into the clearing chart. And let's see here. So, we're going to be doing today the drop for the first fifteen minutes then chopping for about seventy minutes. I know we've chopped for a few minutes now.

The chakra movement for four minutes then as back up you can do foot pump or inner thigh rest pump as the backup pumps. So, I'll pull up the pump chart. And we're going to do the drop first. So, it's known as the DNA drop. So, that gives us an indication that the first thing we're doing is we're doing a clearing.

That's interesting. My face is not that there. Oh it is there. Okay. So, that gives us an indication that even before we work on the main part of the chart. We're going to be working on the DNA. This is right-handed starting in at the position of the quantum pump and up six to eight inches in front and to the-- in front of the right shoulder.

Instead of moving across the body in a side slide movement, you're going to be doing the same kind of a flutter in the downward movement. You can flutter up and down or just down and then just lift your hand up.

I'm going to come on the screen and I'm going to demonstrate that. We're going to set our our timer. Let's see. Just a minute here. Timer isn't here. So, one sec. I'm going to just grab our timer so we can set that. Okay.

So, this for fifteen minutes and everybody doing the drop. So, I guess I'll set that for thirteen minutes because we've already done just a little bit. And then we can check at the end of that and see if we got it off. So, it's like this. Your right hand is coming up. It's fluttering down.

Okay. So, drop this first. Then we're going to go into chopping. As long as I'm on the screen let me show you chopping. So, where the double pump looks like this and we're going to do this later when we do the cellular neogenesis chart. So, we want to look at that but double pump. We're going to be doing this.

But chopping is more to the center. See how the hands are loose and they're coming right off the shoulders-- that's double pump. Chopping is the hands in front of a heart chakra. The fingers are held firmly and you can either hold them spread out like this or like this. But it's kind of feeling like you're using your hands as a chopping tool.

Chopping like a sculptor chopping away of marble. In front of the heart chakra about two three inches apart maybe four inches apart. You could start your chopping. Each time

you start chopping you could do; I honor the god-goddess within myself. I honor the god-goddess within all others." And then you could start chopping.

That's a beautiful way to get it right. That you always remember chopping comes together. It's the prayer hands slightly apart. So, if you think about that per hands thank you, God. Thank you for helping me effectively clear and remove all the gunk that's been in my space. We're doing this. Good.

All right. So, that'll be the next thing that we do. And then at the very end of the clearing chart, we're going to be doing a chakra movement and that's the thumb is pointing up and the pinky is parallel. The pinky hand side of the hand is parallel to the floor. And you're doing a clockwise direction. Midnight, three o'clock, six o'clock, nine o'clock, midnight.

So, you're going to be doing this for just four minutes. The backup hand movements if you need a break or you can't do all of what we're doing here. The inner thigh pump is arm resting on the thigh and the hand pulsing or pumping here. Okay. And then the other one is the foot pump. Let's see if I can it in the picture. Here. In any case, the foot is pumping like this.

So, the ankle is just. This is the ankle and this is the foot. You're just pumping the foot forward. So, those would be back up movements if you need back up movements. Okay. And then one other hand movement that we'll be doing during the regeneration is platter. Let's just look at that right now.

So, the hand is facing forward and then coming in. This one is really helpful in particular stages of cellular neogenesis to get stagnant energy flowing and moving. So, but we don't use that a lot but we have been using it a little bit more lately. So, platter will be the additional one that we'll be using.

Okay. And our main theme today will be for the first period of time. We'll do drop for fifteen minutes which we have about ten minutes left of. And then we'll go into chopping for seventy minutes. Then here are the descriptions. You're going to have this in your members site.

I know sometimes it really helps to read the description so there's a double pump description. Here's the chopping description. So, when you see them in reference to each other they make sense. I think if you can start thinking about double pump is related to the shoulders, and chopping is related to prayer hands out.

I think that that kind of starts getting it kind of clearer on how it separated. Platter and doorknob are intimately related and that they look almost the same don't they. We're not

going to be doing door knob today that I know of. Unless, something comes up and I test it to put that in. But platter this.

And door knob exactly the same but the fingers are curled. They do quite different things however. So, with the fingers curled, we're clearing a lot of the nasty spiritual interferences. With platter we're really clearing stagnant stuck energy getting momentum going again. Never two-handed for platter and doorknob. Never two-handed on the chakra movement.

So, this page side slide never two-handed. We're not going to do this side slide today but I did refer to it. Meaning our drop is the-- the side slide goes across like this and the drop goes down like this. So, it's the same movement. It's just in a different direction.

So, just understand this is across the chest and this is up and down. This is down where we're doing the clearing down. Again, it's generally focused-- both of those are generally focused on DNA. We didn't have the flutter show up today. Here's the foot pump description. One or both feet. You could do two feet.

The inner thigh rest pump is only one handed also. And then here's the DNA drop. So, that will be in your members site. You can refer to that and read over the descriptions. It is helpful to really practice your-- there we go. That was a little delay. Hopefully, we have a good webinar experience this morning.

A couple days ago we had some crazy stuff happening in our-- it's interesting. We had never done silky soft dreams. We'd never done a dreams class before. And we had some spiritual invaders that were really freaked out that we were doing a dream class. So, that was pretty funny.

But it affected us. We had to get new links for the class because there was stuff going we don't want you to know about this. So, a lot of really fantastic information revealed in the dreams class. Alright. We're going into the brain clearing.

I made a decision this morning to use the master chart in its entirety because we're going for the deepest most profound level clearing on the brain. And rather than segments in and off and have a back-up chart, I decided that this would be our big chart for today.

It has everything that we've learned up until today. I have not left anything off that I'm aware of. So, it's a gigantic chart. Right, permission, and ability to fully in all aspects of my blueprint permanently clear, revive, and revitalize all aspects of my brain.

To experience great long and short term memory, incredible sleep, better access to sequencing and improved language skills, speaking, hearing, articulating, and being

well received. To remove fully brain fog, confusion, and poor function. To greatly improve my neurotransmitter form and function.

All sensory and impulse centers improving vision and hearing areas. Survival emotional, logical, creative, ingenious, areas of the brain for better health, better mind, and better chemistry with full direct-- fully directed and one hundred percent effective cellular neogenesis.

Removing any controls from family heritage including DNA for this upgrade. Removing altering, compulsive, controlling, cruel, deceptive, demonic, evil, illusional, parasitical, and suppressing. Here is-- here are in the corner here you can see our instructions. DNA-- the drop for fifteen minutes. Chopping for seventy minutes. Chakra for four minutes. The foot pump and then the inner thigh rest as the backups.

And then virtually we have everything. Everything known to us in our Academy on this chart. So, everything that we know in our Academy is on this chart. There we go. I'm going to put the clearing statement in the chat box. Okay.

And then we're going to be working really focused work on clearing out all these different aspects. Everything about how what the brain functions for us. And any blocks to regeneration. Good, Karen. Nancy, Raju, Aura, Arcadie. Oops. Sorry. I have to start over.

Good morning. Good morning. How are you. How are you. Very well I thank you. Very well I thank you. How about Karen, Nancy, Raju, Aura, Arcadie, Karen, Pam from Oregon, Pat, and Albert, Vanessa. Oh. And that's who I've gotten who is signed in. Although it looks like we've got a lot more people signed in.

Good morning to Shirley. So, if you want to go ahead and sign in. I don't see a lot of sign ins here but wait looks like we've got close to seventy students right now active in the class at twenty after here. "Had some negative entities or aliens show up last night as long as they know today's class is vital." Well, fantastic. Glad you're here.

To Shirley and Anne Marie, Eden, Penny Mae. Oh. Here come all the names. Aileen, and Christina, and Ilumi, and Laurie. And wonderful. It's just wonderful to see all of you here. It's a good day. It's a new day. Da-da-do day. It's a new day today. It's a new day. Good morning to Lisa, and Mary, Marianne. Is that Marion. I think that's Marion. Hope I'm saying that right.

Da-da-do day. And I wonder what we're going to play today. What I like to do as we're working on clearing this chart is make a new chart. And this chart-- I just had some inspiration that this might be a really helpful thing to do. So, we are going to continue just keep chop chopping or excuse me-- dropping. Do you're-- doing your drop.

And I am going to create a chart from this one. So, just reading some of the information on this. So, this anatomy and function of brain area areas of the brain I think would be helpful if we can see. Okay, everybody. Changing to chopping now. So, I think we'll do it as it's divided here. So, the visual area. So, we'll put area one-- visual. And that's site. Image recognition and image perception. Okay.

And area two-- association. So, this would be like memory. Area two is memory. And it's short-term memory equilibrium and emotion. Area three, motor function. Area that says initiation of voluntary muscles. Okay.

Then area four, Brachia's area muscles of speech. And then area five auditory area. And we're looking at hearing. We're listening, hearing. Okay. And then area six is the emotional area. And in the emotional area, we have pain, hunger, and fight-or-flight. And then in area seven, sensory association area. And this is sensations from muscles and skin. And then we have somatosensory association area.

And that has evaluation of weight, texture, temperature. Her image recognition for object recognition. And let's see. Seven and eight. And there's nine. And area nine is-- oops. It looks like I missed one here. Sensory association then olfactory. Olfactory is eight. And that's us-- that's smell. Smelling. Yup.

And then nine. Area nine is sensory area. Sensations from muscles and skin. Okay. So, that when we got in there already. Let's see. Sensory association is seven. So, those are seem like they're kind of close but they're different locations so that's good to know.

So, one is association and one is-- seven is association and the other is a sensing. The senses like the feeling of from the muscles on the skin. Good. Okay. Ten, we've talked about the somatosensory association area. And then eleven written and spoken language comprehension. The area is called larynx area which is probably named after some scientists right.

And then area twelve is motor function area. Eye movement and orientation. And then number twelve we just did. And then number thirteen higher mental function. And then what's included in their concentration, planning, judgment, emotional expression, creativity and intuition. Sorry. Not intuition; inhibition. Okay.

And then area fourteen. Oops. That jumped off the screen. Come back here. Area fourteen is brain function coordination of movement, balance, equilibrium, and posture, and that's from the cerebellum. Area fourteen. So, I find this really interesting that by working on the brain you can improve your posture. That's a really fun notion.

Okay. And then we're going to look at these areas that are coated in color. So, let me just show you if you can't identify what when each area is. Area one-- let me see if I can see where area one is/. Area one way back here in the back of the brain. That's in the back. Superior view.

So, it's from looking down on the brain like this is your forehead in front. This the top of your brain and area one is right here in the back. So, that's it. Called the occipital--occipital lobe. So, let's also add that. I'm going to show you this. I'm making a little chart for you so that you have what we've been examining here.

So, area one is the occipital lobe. And that is important because of site image recognition and image perception. So, that's a lot of what's happening back here in area one which is in the back here. And then area two, associated with memory. So, that's kind of like by your temples. If you see that. This coming from the back. It's probably above the ear here or behind the ear. Above and behind the ear and that's associated with memory.

And it's called your temporal lobe. That makes sense. And then area three-- let's find area three. Right here. It's kind of in the middle. Kind of an interesting location. Motor, function, area. And what is that called. It doesn't-- I wonder if it has a name.

They don't give it-- they don't give it a name to itself. It's part of the-- it's part of the neocortex but they don't give it a separate name here. So, I guess that's the division. The area that they wanted to show for that. So, we don't have a name for that. Area four also it doesn't have a specific name. Brachia's area muscles of speech in area four.

And then area five-- let's look at area five. Area five is here. Auditory area. That's right by the emotional brain, isn't it? Auditory area. And then area six. Here's a good view of six. You can really see it. So, six is the emotional area. So, five-- next to five is six.

And we're looking at the inside. This is kind of a slice of the brain here. And area six is the emotional brain. Area seven. Let's see. So, does that-- Okay. Area seven. Here. Okay. So, towards the back of the brain of course. This looks just above the visual center. Area seven sensory association area. Area eight is the olfactory. That's funny. That is right up here.

And that makes so much sense because it's right by where the nose is and that's the interpretation of smell-- olfactory. And area nine. And area nine is called the parietal lobe. Area nine. And it's the sensory area. Sensations from muscles and skin. Parietal lobe. Put that in there.

Yeah. PARIE. Okay. Area ten somo sensory. Somatosensory association area. Area ten. And ten is up here. Above the occipital lobe. And then if you are looking from a back view there it is right there. Area eleven, written and spoken language in area eleven. And here it is right here. So, that's pretty close to the emotional brain too.

As a matter of fact is probably in contact with the emotional brain. This is probably on the outer-- the outer version of it and then this is the interior version of it. So, area eleven is probably in contact with the emotional brain. Eleven, again, written in spoken language.

Area twelve is the motor function area. It's the cerebral cortex here. Twelve. And it's here. And see it. So, it is part of the neocortex. So, cerebral cortex. Excuse me. Yes . Cerebral cortex. And then area thirteen mental function. And here sometimes we call this area it's the front-- frontal lobe. We call that the genius brain.

Area thirteen higher mental function, concentration, planning, judgment, emotion, emotional expression, creativity, and inhibitions. Also that area has to do with sequencing. And then finally the cerebellum which is area fourteen. Cerebellum. And that's in the back and the bottom. So, if you were looking from a side view. This is the bottom. The back of the skull on the bottom. For coordination of movement, balanced equilibrium, and posture.

Okay. Alright. So, I'm going to show you what I've been working on. I'm just starting to put a chart together because I thought it would be fun while we were doing the clearing is to look a little more deeply at these areas of the brain. It just dawned on me as I was preparing to turn on the live stream that this would be so interesting.

And then we could also keep track. We could keep track of--- I don't know. First of all like are we clear in this area. Is it hundred percent clear. Is a hundred percent regenerated. So, we could do that. I was also thinking that maybe this would be an interesting thing to put some of the-- down there.

Like is-- what areas of the blueprint does the-- this part of the brain access. There could be some other things. Was this part of the original blueprint. We could ask that. I had thought that we were going to get something on all of these but we got on about-- I don't know-- thirty percent of what we had.

So, so I might just move the what it is over here. So, we can ask some additional questions that we can learn a little bit more from these areas of the brain. We haven't approached brain regeneration this way before. So, this might be kind of a fascinating. Integrating some of the blueprint knowledge with some of the scientific knowledge.

And it's good to know where things are as we're regenerating. So, that we can know we're working on the speech center for some of you. We're you know that this is where this is happening or a motor coordination or memory or higher functioning like you want to improve your piano playing. So, okay.

So, why don't we start. We'll call this area of the brain. And then the next one why don't we just say areas of the blueprint. That use that use or are integrated into this part of the brain. So, let's look at just do something really simple so I don't have to spend time typing here.

Okay. So, matter, embodiment, and amplification. That's four of the visual center. And then furnish it for memory a short-term memory. Just double check and make sure that it was just short-term memory here. Short-term memory. Okay. Good. Alright. Essence, energy, quantum, and amplification.

Good. Okay . So, that's association short-term memory. Association. Let me just make sure I got that association area. Yup. Okay. Okay. And then area three motor function. So, matter, embodiment, and amplification are part of motor function muscles of speech, matter, embodiment, and amplification. Matter-- oops. Did I erase something here.

Amplification. This is interesting, you guys. Looking at the auditory area, you're seeing energy as involved and I'm thinking a couple things when I see that. One thing that I'm thinking is the nadis or there's probably some chakra-nadi-- mini chakras are nadis. Nadi. NADIS. Nadis or maybe meridians. Let's see. No it's nadis chakra.

So, these mini chakras are very much involved with the auditory area being able to hear. So, that's something important to notice. Also quantum. That field of oneness. That's another thing. We only have seen in the short-term memory. We haven't seen that anywhere else yet.

Energy so that's probably also up here. Let's look at that. And that also has the mini chakra- the nadi helping with that area. Okay. The next area-- area six. The emotional area for areas of the blueprint. Matter and amplification. Interesting. So, the emotional area-- pain, hunger, fight or flight.

The things that are-- we said area of the blueprint that is in use are supported by or integrated this part of the brain. And we have matter and amplification here in the emotional area. That's kind of surprising is that would have thought perception might have been there. But it isn't.

Sensory area. Sensory association area. Okay. Matter, embodiment, and amplification in the olfactory which is the smeller. You know, your part of your brain that helps you

understand what you're smelling. Having some bad smells in the car. Adelia went peepee in our car seat. Oh my gosh. It smells bad in there.

I got to get someone to help you get the car seat out. So, that is not a pleasant smell from my olfactory. Okay. So, olfactory uses matter, embodiment, and amplification. Then another sensory area-- this one is sensory association. This one is sensory-- sensations from muscles and skin.

Okay. Matter, embodiment, and amplification. That seems to be a theme with a lot of areas, doesn't it. So, the Somatosensory association area. Matter, energy, genesis, and amplification. Interesting. And then we're into the speech center. Matter, embodiment, and amplification. That makes sense.

Matter, embodiment, and amplification. Those all to me make sense. There. We're talking a class on amplification in, you know, supercharging your wealth field. But I also think it's going to be so interesting to sort of put together more of what's what the field of amplification is actually doing. As you can see it's a very much an important part of the brain function.

Okay. And then let's go here. Amplification. Okay. And then the cerebellum will be the last area that were-- we've divided the brain into based on the things that are happening in the brain. That's what we wanted to look at this time.

Okay. So, this one has quantum. This is the only one that has quantum as part of I put it-- oh no. The auditory area also. But it has to do with your equilibrium and posture and balance and that makes sense that quantum, that field of oneness, would be part of that as well. Your hearing also has that in there and short-term memory. Interesting. Okay.

I think one of the other things that we can do now that we've kind of identified what the things are that are happening in these different parts of the brain is I can give you a clearing style or-- a clearing style if you want to keep working on it. Even into your brain regeneration as you go the hundred and eighty or ninety days.

And you want to work more on your visual center in the brain. Not just your-- you know, we'll be doing a vision regeneration. But if you want to work on this part of the brain-- this is what I'm going to help you with here. So, let's see. Chopping would be the type of hand movement that you would use to do say more additional clearing.

And then the association area. Platter. Hopefully, this is helpful hust as another guide that you know-- I really want to work on this. Motor function. This one's-- the drop would be good for this one. Muscles of speech. This is doorknob then the auditory center. Chopping. Alright.

And then the emotional area; platter. The sensory association area is half moon. That is by the way, we didn't go over that one but that's on the directions chart if you haven't seen that one before. So, that written directions chart you have the directions on how to do that.

Olfactories, so smelling. Door knob. And this might also be nice to have say you're not smelling very much you know maybe this is something that you want to just really improve. So, these these might be helpful for that too. A sensory area to improve your sensations in muscles and skin or to reduce perhaps. Platter.

Somatosensory association area. Platter. Written and spoken language. Half moon. Motor function. Gosh. Okay. Half moon on this one too. Trusting higher mental function, doorknob. And cerebellum which is coordination of movement, balance, equilibrium, postures. Let's see. Oh. This is side slide. Okay.

And I wanted also to look at is their associated interferences. Let's see here. We'll just like known problem energies in this part of the brain that are spiritual interferences. So, let's do that one next. OSI. Our spiritual origin. I guess we could just write it up.

So, these are known that I can as I look across for visual problems, these show up. They test. And they also test in relationship too. Take a break. Oh it's ten o'clock. Okay. So, they also show up in relation. Well, why don't we finish this column. Well let's see. We have a three hour class. We just-- yeah. We should take a break. Okay. We will take a break. I just felt like look at the chat box.

So, we're going to ruin a finish going through that. We've still got twenty-- about twenty seven minutes on chopping. So, let's take a quick five-minute break. Stand up. Get some water. I'll get a snack if you need a snack. And I also want to come back. I realize that you guys have been making some comments and I haven't been paying attention.

I just wanted to kind of get the chart done and then come back to the chat box. I hope that's alright. So, I think what we'll do is we'll just flow through the chart. Getting that assembled as we're doing the clearings. So, that we've got that additional chart for you at the end of the day.

And then what I've learned with my two-year-old is that you have to stay focused on one thing or you'll never get anything done. So, take a break now. It's two minutes after. We'll come back at seven or eight minutes after in five minutes. I'll see you in a few minutes.

[Break time starts on 01:00:54 to 01:08:21]

Okay. We are back. Keep going. Okay. Let's see here. Okay. Let's go back to what we were doing on the other chart and you're definitely getting the other chart. So, can

someone-- someone said can we have this in the in our site and that is definitely the plan. So, let's put the other one up. Okay. Okay.

So, we're just going to knock this out. I have something else I was wondering about if there's any dimensional issues, we can maybe put that right under frequencies. Yes. So, like for example something-- one of these coming through from another dimension. So, we'll add this to the whole drop-down list. So, that each have-- and that's dimensional issues.

And the second. So, there would be also things we're going to be doing a dimensions class. We haven't done that before. And actually I need to learn a little more also about the dimensions and what they-- okay. I don't know what happened there. Let's see. Don't do that. Interesting. I just wanted to cut copy that one little piece there. Did that help me? Okay. Good.

Okay. So, we'll beat it-- we'll be doing a class on dimensions in August. So, we've been learning more about that. Let's see. And so is there a dimensional issues in the second area. That's short term memory and that's a no. I get a no on that. So, it could be-- it could be that it's interferences are coming through from different dimensions which could mean transmissions or frequencies from different dimensions.

So, that could be why also white shows up. Motor function. We start with the devil humanoid. Yeah. Okay. Put this down here. I just-- I'll just drop them in all at once and then we'll come back and we'll sort through.

I think it'll be helpful too if we have this stuff in. I know some of you are like well if I want to do extra work what would the time be since I've given you the hand movement. So, I think if we fill these blanks in a little bit better. I think that that will also help me to give some time estimates.

I think there'd be a short and a long version. If you can muscle test for yourself that's even better but I'll give you some time notion. Okay. Okay. So, area four, arachnoid, ghost. Okay.

So, who our third column is complete and I'm just wondering if we should put anything else in this column or just use this for a measure on how clear we are. And then chopping. So, I can go through. Let's see.

I love the level of a specificity with this chart. Oh good. Wonderful. Yeah. I can see and read this. Really like this chart. Thank you. Okay. Let me just think if there's some other thing that we could put in here in addition to the time. If there's something else we need to know.

So, okay. Let me look at the master chart that we've been working on. By the way you'll have this also this image so you have an image to refer to. That'll be in your slides. So, this image that we took the information from will be in your slide so you could print that out also if you're printing out this chart that I'm just creating right now. You can-- you can also do-- you can also print this single slide out if you want to.

Let's see. That's see. You're looking at that master chart. Move some of these things out of the way so I can move this around a little better. There it is. Anything else that needs to be included on that's-- on this chart? Emotions, programs, brands. Just go down and see what else could be important to have on labels realms. No.

Prophecy control projection energy is something that's important. Are entitlements? No. Control projection energy. Okay. So, we'll get that. Anything else. Okay. That's it. Control projection energy we need to put on there. And not prophecy, and entitlements. Interesting.

Okay. So yes. What happened here. It's very strange. I'm thinking this is showing up the control projection energy because we've not done yet a class on just on control energy. We're doing a whole bunch of different ways that the chart has control energy. This is one of the major controls.

We used to look at control energy and we do in the Karma clearing class but not in the way that we're now taking it apart and seeing where is that all coming from. Not just from like an X like karma clearing like a lover or a parent or something like that. Okay. I'll put--put what I'm working on back up. So, you can watch us as I'm filling in the details on the chart we're working on right now.

I'm going to arrange. Four hours would be a good amount of time to do in visual. If you wanted to do the maximum probably thirty will be good. Of course, we do have vision class coming up. So, I encourage all of you; if you haven't yet joined in for a second year, you're going to discover a wonderful surprise. The tuition is at almost I was like seventy percent off or something.

So, it's a huge amount off the second year. So, I encourage you to do a second year. But if you signed up and you didn't get the vision class and this year because we rearranged the classes, you can get this-- the most recent vision class. We can just give that to you. So, not to worry. It's-- you will have it.

But we'd love to have you stay with us another year or four or five years. Because we know that every time we work in this way, we improve things. And we're just you know we're an ongoing. Work in progress. Oh. This is so interesting. So, okay. So, we got this twice and then that's fascinating.

Let's see where we're at with that. Are we-- have still eleven minutes left to go. So, we'll go until ten-forty with chopping. So, everybody ten-forty, we'll finish up with chopping. Let's see. Five. And the max would be sixty hours. So, you know it's up to you but five hours is a good amount of time in there. Let's see. Okay. Gosh. I wonder if this is going to show up the same in each one. Judgment is in this one.

Okay, my dears. This extra chart is available for you. I will send it on right after class. It's going to pop it in here properly. So, we have all the proper tags. There we go. Okay. So, that's done. And let's go ahead and look back on our chart again. Our big chart that we're working on clearing. Don't put this down.

Let's see how we're doing here. Okay. "If we split the clearing in parts, what is the shortest amount of time we should do clearing in one session?" You can-- you can do as short as you want. You can do it five minutes if you want to, Ramona.

Laurie, "How does one chop for sixty hours?" You do it maybe an hour every other day for a hundred and twenty days. I wouldn't chop for sixty hours in a row. So, you can just-- you can just break it apart. Heat is not there by mistake. Unfortunately, Aileen, heat is there because that's one of the control projection energies.

Hate is there because it's a control energy. "I love the level of specificity and can we see and read up this?" Okay. "And I really like this chart." Good, Selisa. And yes. Okay. That's just. Okay. Answered that. Answered that. "With dysfunction of area four muscles of speech caused a stutter. If so how long to the doorknob to clear?" Certainly partially causing the stutter. Thirty two hours is what I get, Karen. Thirty two hours.

Dill, "Excited to explore this areas of the brain. Yay." And then hi from Susan. And Martha says, "This is a little bit earlier miracle making greetings, Julie, and everyone." Johanna from Sedona. Show us the chopping and I hope you remember chopping but maybe you came onto the call late. With us a while. Chopping is just you know this hand movement.

Okay. I think at least I responded to things comments. But it's the heading of the column. Oh okay. I see what you're saying. It got into our new chart. Thank you. Also, check-- oh there. And then it might not have gotten in. I see what you're saying. I really appreciate that. Let me just double check. Hate, hate, hate is in motor function or add that.

Thank you so much for catching that. Olfactory. Hate is an olfactory. Somatosensory association area hate is that one. And that's it. Okay. So, we added hate two four of those areas. So, four of those sections. Well okay. Okay. Beautiful. We've got that. "Thank you so much for the work you put into this chart. I appreciate it, dear Juls." You're welcome. Welcome.

Yeah. It's funny you know how sometimes things come to you and as I was getting ready to start the live stream, I saw this whole new chart that we hadn't prepared for. I didn't even know we were going to do it. And it was supposed to have four columns so I guess we got everything. We were supposed to get in it.

And it was supposed to talk about was there dimensional issues. Were there spiritual interference issues in that area. So, we got it. We got something created that magically asked to be created like one minute before the class started. That's very awesome and you guys got to watch it be created. So, that's awesome too.

You guys need me to help you because this-- I've been so focused on the chart. We're at seventy one percent clear on this. And I believe that we can do all of the brain regeneration in the final hour. So, I'm going to focus on blasting and getting this up faster now for you. So, I'm just going to really focus on bringing all of my attention and energy to this clearing chart.

And I think perfect thing to continue to raise our joy level so that we clear faster is to do some singing. So, I'll pull out some songs here from our songbook. If you don't have the songbook yet, they're available on the website. The quantum book of songs. Quantum book of songs. Here we go.

We'll start with the children's song. In some way, I feel like our brain is you know the innocent and wise part of us. "Gather your children, oh mommies today and bind them close to you and love them I pray. And give them your heart your time and your ways. Singing oh bonnie mommies I love you this way. I love you this way."

"Give them the confidence the care and the play, Talk to them daily about their new world, And share with them light from the mystical plains. Singing oh bonnie mommies I love you this way. I love you this way."

Oh okay. And I'm going to take just a minute to clear out some lurkers. We've got some extra people in the class who are it's supposed to be here. So, only paid students are welcome in the class. So, just take a moment to think about your friends and family and send them off if they're lurking along with you as a spirit and showing up here dragon down the class.

And that might have been also slowing the clearing down as some of the unpaid unsubscribed people that are in the program. We're moving them out right now. Ninety three extra people in this class. So move them out.

Just two extra two people. No. We're almost clear. Probably feels a lot better for everybody to-- feels better to me. When I was singing I was like oh there's kind of some drag here. You would just give them that invitation that they're so welcome in the class

as long as they're paid students and they're here doing the work right with us. So, that earns you the right to be here.

Elena, I just used the last hour and ten, fifteen minutes to finish up. I completely understand that slate in Siberia. So, nice that you were able to join us for almost two hours.

So funny. I was getting over-- I had taken a day off this week you guys knew. And the next day I had a coaching session in the afternoon where I was working with my own coach who was helping me to deal with all the changes in my life which have been really helpful because we had a lot of stressors.

And he was speaking to me about what I'm being of light I am. And I know that my eyes were closed and I could vaguely as a spirit hear him talking. But there was a part of me just drifting that. I just had to shut down for like two minutes. But he was talking. He was entertaining himself and he said lots of flow nice words about what a you know, amazing spirit I am.

And I was able to pull myself back strongly in my body and respond to him when he did stop expounding on the things that I create and bring into the world. So, I understand about just being that physically fatigued. That you need to you need to just stop and rest.

And the other day that I took off I think it was Tuesday. I couldn't teach class. I was just-- I was no I don't think I can do this. It might have been Monday. I can't remember. But I slept. I took five naps. I was mostly sleeping all day and didn't have any problem sleeping all night the next night either. So, I was just tired.

There's Katie coming in. Hi, Katie. Okay. Let's see now. Everybody clear. And where are we at on the chart. Yeah. So, I thought. We're at ninety three percent of the chart. So, we'll be wrapping up the chart in the next few minutes and starting in on cellular neogenesis.

We're going to use the new chart that we made on form and function of the brain and and the different areas. So, we've got it all segmented out as our measure of we'll be looking at master cells and using that chart to say okay we've got this this part of the brain done or seventy percent done or fifty percent done or whatever.

So, we'll be using that new chart also to document where we are in our regeneration. So, probably one more song should do it I would think. If we're in the ninety one, I bet need blasting really hard and you guys pumping really hard and us all singing. You can get us to that next level.

"Is there a CD of your music that includes the songs we typically sing during class. I've see four CDs on your website but the names of the songs are not listed." Pleasures has four of the songs that we sing. That's a-- that's just-- it's just got four songs on it. And I did record the stones. It didn't get put on to a CD that I know of.

Illumination doesn't have the words to it but the illumination music is the music that I play. And that actually is the music for nine of the songs. So, you might recognize the melodies and you could sing along. And then let's see. The message is not meant-- messages really love poetry. And gratitude is sung-- it's Indian classical style music.

[Sings in Sanskrit from 01:48:37 to 01:48:59]. Gratitude becomes like angel music. Children really love listening to it. Adults really love listening. It's very angelic. I did layer in so all the different instruments those are all me playing the different instruments. And I just laid five or six tracks down so there's two different harps and there's flute and there's bells and there's some keyboard.

And all of that I did. I created. So, that's gratitude. And if you want music that takes you into bliss. Gratitude really, really does. The message is love poetry and it's reading Coleman barks interpretation of Rumi in English which is really gorgeous.

It sounds and feels very different than anything else I did because I did it right after 9/11. I collaborated with the Pakistani Gustad Dilshad Hussein Han. And we both had this strong feeling like rumi was speaking to us and bringing us together. And we recorded the message in Washington, Washington. Washington D.C. at the q studio.

So really a magnificent right after the 9/11 tragedy. We came together. And rumi was there while I was recording. So, if you're listening, you can hear sometimes my voice quivering. I'm after actually weeping. It's the middle of the night. We've recorded the whole thing in one session.

And I said, "Let's do that again." As I wasn't in charge because I was seeing-- rumi he was right there with me and I wept through it again one of the poems. And so you can hear some quivering and I don't know if you hear the weeping. I can hear the weeping in my voice. Just awestruck with this incredible three in the morning and there's Rumi standing right with me as I'm speaking the words into the microphone in Washington DC doing this what really felt like a very blessed and important piece.

So, that's the message. The message. And then gratitude was the first CD that I did on my own. And it took almost a year. I went in and I kept adding tracks and I did it in the Little Buddha studio. And my sound engineer was amazing. Pleasures was recorded in tech sticks studio. And that's where I do most of my recording now.

Beautiful sound engineer Byron Bins. He's just completely devoted to our work. And you can just feel the honor and integrity and impeccability of anything that Byron touches for us. He just turns it into something absolutely gorgeous. So, illumination was recorded. As well as recent all of the-- all of the meditations were recorded with Byron.

So, we are very blessed to have some wonderful production behind the scenes people who help turn things into magic. But yeah. Anyway, that's a definite passion of mine. Music and art and music and dance and I love all of that. I was commenting-- I feel like on some level, it's almost like.

So, first of all, an astrologer told me that I came in in a very weird situation because my family didn't have any room for the brilliance that I had. So, I actually should have been like a brain surgeon that's what I should have been. So, I had that really, really high IQ and a need for-- I have seven planets in fire. So, there's this need for brilliance but also this fire which is whether it's cutting or creating or severing or whatever it is.

And he said you would have been so you would have been so much healthier for you to been a you know, like a brain surgeon. That would have been better for you . So, anyway, with all these planets and fire what it ends up for me-- I'm the creative. And so the more I have to just do the mundane-- the harder life is for me because I have all these planets in fire.

And my being wants to create. It just wants to. So, I have recognized that and I absolutely love the work and I love the direction of the work and I realized that a part of me needs to I've been crocheting a lot. And a part of me needs to paint and write poetry and dance across you know, the fields and be that too.

Because that that's part of my wellness. And I think after coming out of a grieving period or I am starting to come out of a grieving period. I notice what you know adds that sparkle back in and that's so important for me. And yeah. Okay. We're coming right up to the hour. Let's see where we are. Ninety eight percent. Another minute or two. So, we're going to be right on track.

And then we're going to go full steam ahead when we come back with the regeneration. And we'll be doing-- when we stopped up chopping-- oh shoot. Let's do the four minutes on chakra movement right now. Okay. And that's probably what was being asked for anyway.

So, chakra movement for four minutes on chakra movement. So, that'll take us to two minutes after and we'll take the break at two minutes after. Perfect. But then when we come back or on break, you're welcome to. You can start double pumping. And that's going to-- so we're going to be on break in four minutes. Not quite yet.

So, the double pumping will get us started on cellular neogenesis. Already done clearings. And because I've written everything out you're also getting the blessing of my blasting on all of those areas. Whenever we create a chart, you have to understand that I'm also intentional on that clearing.

So, it won't all be cleared but there'll be a good start on the clearings on every area that we had-- that we have covered in the those fourteen areas. There will be clearing from me on all of those areas. And I will see what I can do about extending myself into both the regeneration and into that new chart. And I really want that for a Adelia too.

Adelia of course, is part of the class. She's in school. Very-- was very happy this morning. Woke up singing. She was a little naughty girl the entire day yesterday. We finally had a half an hour of nice time right before bedtime. But you know she's two and a half. That's terrible twos.

We're in the terrible twos. And she was really happy and it was happy to go to school early this morning. So, really good. I'm going to lose I've lost my connection here. Let's d this. Time for another new mouse.

That's interesting. Am I reading-- Did I read the clock wrong there. We're still ten-fifty eight. So, I think maybe it was ten-fifty six and I read the clock wrong. Let's see. Yep. So, we probably have been doing this for two minutes. So, we'll end at-- we'll finish up the chakra at eleven.

And while we're doing that. Let's see. Today-- oh I like it. So, today's Sanskrit word [Speaks in Sanskrit from 01:57:06 to 01:57:15]. Commitment. [Speaks in Sanskrit on 01:57:17]. Commitment. And that's what it takes to transform and that's what it takes to move heaven and earth and be different.

And say I'm fully intentional on growing younger. healthier. stronger. and fully intentional on being here a very, very long time. I'm having an amazing life. I'm living the life of my dreams. I was thinking about how long the mock up took for me to get to where I am in a house worth a couple million dollars.

And I'm just blown away. It was fourteen years in the making. I've been here over four years now. Going on four and a half years. And it took me fourteen years to get here and I always was seeing a big white house on a mountain. And I was seeing-- you know I was seeing an older house and this is a contemporary house but I walked in and there was deer every-- everything I was imagining was here.

So, we don't know the timing of spirit and when things are perfect. For eight years I've had PBS as a goal. I've had Oprah's ago. And I've had success magazine as a goal on

a mock up board. And that mock up board is like you know, the ink is permanently into the white part of the board because it's been on there so long.

And week or so ago, I got-- I'm booked. I have a date for PBS. September. I believe it's September 7th. They're filming four episodes. Four nine minute segments of Julie Renee representing the a quantum Academy and it happened. We just don't know. We just have to be willing.

So, there are things that you're working and you don't know when it's going to break. You know you have to just trust and some things seem to take just forever and ever and ever and come on. I'm doing everything I can.

And I think trusting and knowing that something-- sometimes things take longer especially when you're breaking the family model or mold or you're breaking through medical models that haven't been broken through before. You know, you're laying new tracks.

I think that's part of the reason it was so hard to get into this house was it was so beyond anything anyone in my family on either side has ever created for themselves. They've all been middle class or lower class. My dad had three homes but they were all you know like very not expensive homes. I don't know how to say it but-- and he was very proud of that.

So, he had built a little cabin. That was probably when he built it was like forty thousand. He had it on eighty acres. Way, way the heck out in the country. So, he didn't spend a lot of money on the acreage. And his home was a prefab home in Arizona and then now he's there in a little kind of senior condo kind of thing. That's really quite tiny actually. It's like eight hundred square feet or something. It's small.

But he felt like he was-- he was the set point of success. Like him being able to own three properties was huge. But something like this when he came he just kept going. He just kept saying wow. They just kept looking around going wow. And so sometimes you don't know what you're breaking through.

You know, there might be a lot of DNA resistance or energetic resistance or entitlement control energy resistance and-- but by staying true to the path. Staying on track. Keeping that as a vision. Not letting it go but you don't have to keep it like this urgent need for twelve or fourteen years. You have it as this is what I'm doing. This is where I'm going next.

So, I think-- okay. And oh dear. Something happened with Imona's message. Okay. We're going to take our break now. Let's see. Are we done. We're going to take a five-

minute break. I think that we're going to finish up this clearing during the break. It doesn't test that we're completely done.

So, if you want to chop; chop during the break. We have finished the chakra. So, that chakra movement is done. Go ahead and chop during the break if you feel like it and if not, we'll finish whatever is left at the end of break if I haven't finished it up for you. Okay. So, five minute break now. We'll come back at eight after. And you could be either doing chopping or double pumping. Okay. Good. See you in a minute.

[Break time starts on 02:02:22 until 02:06:56]

Welcome back, everyone. Start with the little smiley face of Miss Adelia who had her first dental appointment this week. She snuck around me. I was checking on getting the address because we've never been to it the dentist for her in the pediatric dentist. And she put her-- she put some lipstick on her face.

If you might notice, she's got it on her lips and on our cheeks and all around. And she is feeling very, very pretty. She's got her little Minnie Mouse lunchbox and she's got a container that has some ear plugs. She thought that container was really cute with the ear plugs and some new Minnie Mouse shoes on.

Just standing right here behind me. She was right there. Looking quite attractive. And she went in and the dentist made a nice compliment to her that she did such a pretty job of her lipstick that he really appreciated it.

So, if you are not yet following me on Facebook and Instagram, we've got a really nice presentation on Facebook, Instagram. And of course we have the personal page which is always wonderful and you aren't going to see lots of pictures of our family and movement, our home, and things like that.

But we also have such an amazing Instagram presence and really-- let me see here. I'll just show you our business page. It is phenomenal. There's free quizzes. There's all the different interviews that I've done. We have a social media team. I didn't know if you know that but we have a team that works for us and puts out some pretty beautiful pieces.

So, if you were to just stream in through whether it's Facebook or Instagram, you're going to see amazing posts. Helpful information, inspiration videos, really short videos. I'm not that fond of this one. But lots and lots of goodies given on a regular basis. We have a Monday miracles day on the-- on both Instagram and on Facebook.

We also are on LinkedIn and Twitter and moving back into Pinterest. I used to be on Pinterest and we're going to start making boards on Pinterest too. So, if you're a social

media person you enjoy it or there's one place where you like to get your inspiration in addition to coming to class, I recommend our social media pages.

They are really a spruced up and looking amazing. And it's also a nice way to share details with your friends. You want to-- you know your friends are a little bit curious about what you're involved with. This is all kind of media easy, media friendly. Friendly for anybody.

So, it's not deep diving into one of our clearing classes. Our alien classes or something like that. So, if you ever wanted to share something with your friends and family that's a place to do it. There's a what's your meditation style quiz that I think our gal today wonderful job on.

And you-- and there's gifts on the page too. So, anyway just to remind you that we're in more than-- just catch us from more than just coming to class and getting emails from us. We have lots of different ways. We're present in the world.

Also, most people seem to be surprised. We have an app; the q5 app. Q5 meditation app . That's on Google Play and just basically wherever you-- I think this on three different sites. So, I think it's on Apple and Google Play and one other. And obviously, we are on-- we're on Amazon and you're going to find our books on Amazon. Todd, do you want to let me know has the hello goodbye I love you forever book is that in process or is that up.

We have the baby Virgil book; hello bye I love you forever is completed. And it is being uploaded. I'm not sure if Todd's had the time because I've kept him really busy. But that it will be up this week. So, hello goodbye I love you forever is going into Amazon as we speak. So, watch for it if you want it. In process. Working on it after class. Perfect. That's perfect.

And lots of books. We have a beautiful, beautiful new book coming out very soon. Probably in three or four weeks on origins. The origins of humanity. It's a poetry. It's eighty pages of poetry and beautiful imagery on the beginnings of humankind. I think you're going to really love it.

It speaks to my artistic nature. And it's something parts of it I wrote recently and parts of that I wrote thirty years ago. And coming from the origins class, we did an origins of humanity class recently. And then taking that beautiful mystical information putting it into a book. So, that's coming out really soon. I've seen a lot of the pages and they are exquisite. Really beautiful.

Chopping and double pumping. Yeah. Chopping and double pumping. I think they both are current styles chopping. Double pumping right now though. Everybody is double

pumping. We're done with shopping and double pumping. Double pumping please. Everyone double pumping. Okay.

And then I'm going to put the cellular neogenesis chart up just to remind you what we're doing and we've already done obviously, the clearing and we're working on the master and stem cells for cellular neogenesis for all fourteen areas that we're covering in the brain. So, we're actually on step one; master and stem cells.

Do we have anybody who is brand new to year miracle. I can go over this information yet again if we feel like there's brand new people here. But otherwise, you'll have cellular neogenesis chart. And this gives all the detail of what exactly happens during the cellular neogenesis process. So, we're doing double pump. Everybody doing double pump right now.

Oh yeah. Blasting I'm blasting because we have to move us a little bit faster than-- so I'm like got a lot of my energy. You can probably feel it. Would think you wouldn't even feel it. You guys feeling the blasting going? Okay. What I want to show you next-- I want to pull that chart that we've been working on.

And we're going to start identifying master and stem cell. So, I don't put that in the last column here. The stem cells were working on in the visual cortex or the visual center. And it looks like about eighty stem cells. And we're about twenty percent done on visual cortex.

So, we're doing-- we're starting. So, as I'm putting that down but then we'll be able to-- there's two master cells in this area-- the association area. So, about a hundred and twenty stem cells. And this one, we've actually made a little headway. We're about fifty percent through on this one; motor function. And there's three master cells in here. One forty out of one forty stem cells.

Okay. Brochial area muscles of speech. Three master cells. About seventy stem cells. Twelve percent in the motor function done. Twenty four percent done in brochial speech muscles in speech. Three master cells. One thirty on stem cells. This is all approximate. I'm just muscle testing and that's what I'm getting.

Eight percent clear. So, we haven't done very much or eight percent regenerated. Two stem cells emotions. Sorry. I meant master cells. A lot of stem cells. Oh. This is very unusual reading. So, it must be something else that we don't know about this. I'm not quite sure how to ask about it. It says no master cells and nine stem cells.

So, there's something else. Some kind of intelligence that helps with the sensing or it's a very small area. But I don't think it's a small area because we looked at it. There's

something I don't know. I'll have to ask about with this. But right now let's just get this done so I can pump with you.

Four master cells in this area. And I get thirty three stem cells. Two master cells. Eighteen stem cells. Okay. So, that's where we are-- given-- actually, we've had a few minutes go by since I've started it but that's where we are and we're working on-- working on double pumping for stem cells to restore them to a hundred percent

Then we'll do mirroring and the cascade of new cell growth. That's not an answer I can give you, Albert. To regrow something that's maybe surgically removed. Sometimes, they go back and sometimes they don't. And in there I don't have all the answers to why they don't always go back. So, I don't have an answer for that.

Yeah. Vanessa, you'll need other clearings but I don't know which ones they would be for you right now. But I test-- I don't know about specific classes because we don't-- might be interesting. I know that stuttering is an issue for a number of our students and I've done a lot of clearing charts for one of our students and we haven't quite got there.

So, it's I I don't know all the answers to curing completely or stopping stuttering. I do know that there must be some spiritual aspects to why people stutter also. It might be dimensional aspects also. That would be an interesting thing to look at.

Fifth dimension, sixth, fifth, and sixth dimension could be some things coming through on fifth and sixth dimension. I don't have all the answers to stuttering. I definitely am willing to get the answers but I don't have them yet.

Master cells of the thalamus. Ah gosh. It doesn't test us true but that's a really great idea, Aura. Thank you for suggesting it. Master cell are the cells that have been around for a really long time. Master cells are created in the first seven to nine days of life. And they hold the information to grow that part of the brain.

That might be actually on the regeneration might be a focus of activating the master cells for that the information if it's been surgically removed. Mirroring is not a hand movement. No, you can do-- you can do double pumping the whole time, Lisa. Mirroring is not a hand movement. It's something that is part of the process of cellular neogenesis.

So, double pumping through the whole process. But you want-- you want to be here to complete. If you have to leave then you want to watch the last few minutes. Stem cells then are the cells that regenerate and create new cells. They're doing a massive amount of harvesting of stem cells in the very young.

Actually, unfortunately, it's from aborted fetuses that they're getting large amounts of stem cells and then cultivating them and using them to restore vision for example. There's things that they're doing with stem cells.

No. There were no master cells in for number one. I could write that on there but I didn't test any which is weird. Are the master cells in the visual cortex? I get yes. So, how many? Six. I think if my testing is responding to the way they're worded. Visual sight image recognition perception is saying no master cells. But when I asked for visual cortex I get numbers.

So, that might be part of-- I think we have one other one that was no master cells which was puzzling. So, maybe let's try it no master cells in sensory area. Let's try it a different way. Parietal lobe. Are there any master cells in the parietal lobe? Yes. Three.

There's three. It's just by the wording that I'm getting a no on some of this. So, let's see. Everything else has. Everything else did. So, it was probably the wording on those two that was giving me a weird response.

Okay. While we're doing this why don't we sing a couple songs and get our energy really high and kind of rock it with the movement so we can move faster on the activation. Let's see. Go to the top. Okay. This is an easy one to sing.

"Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play." Here we go.

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. At dawn I walked in a circle of stones, A soar temple to me yet unknown, 'Till the strength of the first morning light, Shown the power of the Stonehenge stones."

"They grounded the energy of this place, And held us together in a loving embrace, While beings of light danced above the space, Bestowing on us their wisdom and grace. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

"The Averbury stones were laughing at me, Taunting me tempting me dancing with glee, Playful stones make love to me, In the circle of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones."

See here. "The heavenly chambers from days of old, New Grange stones were a circle to behold, I knelt in prayerful reverence, For the power of the basin stone. I touched my

forehead to the rock, It filled me with bright light and talk, Of the ancient people and their ways, and the spirals of the stones."

"The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones. Stones are everywhere we look, Medicine wheels and monolithic books, The wisdom of the circle flows, In the temple of the stones. In the circle of the stones. In the spirals of the stones. The stones they are calling me, Echoing through an eternity, Calling out to set us free, The power of the stones.

I'm not sure if you can see but I think you can. I'm going to show you let's see how far I can move this. Show you out my window up behind my desk and there's a little cottage out there and you can see the mountains behind and gardens around the house. Some a beautiful. There's Golden Hawk and the big wood owls live here.

We've had crane here. We've had so many beautiful things here. It's a little peek-- peek of beauty. Oh I'll bet you didn't-- I didn't. That was just a little tiny view. Let me give you a big view. Hang on one second. I'll give you a big view. Now I can show you. Better. There you can see the little cottage and the mountain behind.

Mountain range is the Santa Lucia Mountains here. That's absolutely gorgeous. Not sure how good that is. And then out on this side when I'm looking out the front. It's pretty spectacular views. Okay. Alright. Let's see. So, welcome to my home. Okay. And let's see thirty-- we've made a thirty percent improvement of singing the stones. So, let's do another song.

"Spectacular views." Exactly. By the way, the cottage is on Airbnb if you look for it or you can send us a message and ask us for the link. But yeah we rent out the cottage now. It's successfully rented.

"It happened one day in the Abbey of Joseph, It happened one day in the magic of love, It happened one day I was filled with the spirit, Of the mother who comes from above. I saw her standing behind me, The black Madonna was she, And before me I saw the Christ of my childhood, My friend for eternity. I looked round the nave, It was brilliant with spirit, Four bridesmaid attended me, My body the altar, Full of light flowing freely, The goddess enchanted be."

"The flame burned so brightly, The canopy covered, The altar so sacred divine, I was the bride and the priestess of this day, My bridegroom the logos of time. My gown was effulgent, My spirit was soaring, And I was spirit set free, The wonder of mystical union communion, Was the dancing of a peaceful man. I spoke with my voice, It as clear bright and vibrant, The song of my heart echoing, I let go of fear to the love of the goddess, And the joy of infinity."

That was fun. And now from beautiful from the Old Testament. Goodness and mercy for those of you who love the sacred path is the path of Scripture. Before I move into that. Before we sing that. I just wanted to let you know that we've put some what we're calling goddess rejuvenation in kingly refresh and these are healing your met-- your male and female organs.

And so the goddess rejuvenation. And we are also doing a series in the summer-- a little bit later in the summer which used to be called simply beautiful which is now got a new name for it and we'll be approaching things a little bit differently. Approaching the beautiful goddess sexy part of women in the kingly strength of men.

And so we'll be looking at it from a very different point of view. Same meditations of course but our approach will be different as that comes along. So, that's coming up a little later in the summer. Ah. Goodness and mercy. This is from the 23rd psalm.

We just take a breath in and connect with God. Connect with the Father. Connect with the out flowing and unconditional, unending gifts of spirit. The miracles that are flowing to us every moment of every day. And as we open our hearts to receiving this gift and open our brains to receiving this gift and open deeply profoundly our light of cell within to tingle with aliveness as the transformation is taking place.

"Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen. All that I am and all that I can be is expanding from this mystery. Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen. All that I want and all I'll ever be is flowing from this loving seed. Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen."

I just had to take a minute that connection with the divine is so preciously. Really we raised our voice and song and we celebrate the goodness of God the goodness of life. The miracle of our life. We live in the magic that we're meant to live in. We live in the wonder and the joy.

This song is about releasing sorrow. I've gone through different periods of my life that have been very great filled and you know just really allowing just the simpleness of the pitter-patter of the rain to wash away, to cleanse, to baptize, to renew my spirit. And this I hope this after I had been given a date rape drug and brutally raped and left for dead and then it was a long road back for me.

And it was it was a sad road for me. How a human could do that to another human. How someone could do that and be so cruel. And yet allowing the presence of God to wash away the sense of being impure or violated or I'll never-- I'm never going to-- I think

that's one thing that women who have gone through something like that. Feel like they'll never be whole again. They'll never be innocent or light again.

And this song is about that deep level of allowing. It is saying well the pain is here but the rain and the love and the blessing and the goodness of God is washing away that which is no longer me. That isn't me. That was never me. And all as well in the house of the raindrops meaning all is well on this earth. All is well in the garden of the wealth, the Garden of Eden, the garden that God created for us.

And we can restore our self and we can become bright lights in the world. And that suffering and confusion can wash away a and it can aid you in being even a deeper more loving spirit. A more present spirit. Someone who can really share when someone is suffering and you know because you've suffered and you can go to a deeper place with people you can witness them in a deeper place.

"Gentle night rain falling softly, Gentle night soft falls the rain, We are one, one with the raindrops, we are one with the god of rain. Gentle night cleansing my spirit, Soft falling rain drops, wash away my tears, All is well in the house of the raindrops, All is well in the garden of love."

I think about that all is well-- we are one. One with the raindrops meaning we're part of that oneness field. The field of God. The field of renewal a refreshing bringing new life where it seems impossible. All is possible everything is possible. All change. All transformation is possible.

This is a fun rollicking song. We're going to move to something really lively. It's about all the temples and cathedrals and holy places that I've been to in this and other lives. And how I see the inside of the temple or the inside of the Cathedral has like the womb of the mother.

And that we come back lifetime after lifetime dancing. Sharing our hearts with the earth mother and the sky father meaning father God. Laugh in the pleasures of reverberating sounds meaning the cathedrals have this incredible echo. This incredible joy. And just really being able to return to the cathedrals, to the temples until I come back where I belong in the womb of the mother. The sacredness of my spirit . Myself. My being.

"Oh mystical temple I sing to your glory, The sacred geometry fold echoing sounds. Oh visions of splendor and happy reunions, Through eras and friendships that vibrate through time. I sing in your vibrancy, dancing of spirit, I sing in the echo that prances through time, And holding back nothing my voice raised in splendor, Ecstatically chanting my voice merged with all. Majestic your chapel oh holy cathedral, I bow with the reverence of energy divine."

"Earth mother holds you and and sky father blesses you, And I laugh in the pleasure of reverberating sound. I sing in your vibrancy, dancing of spirit, I sing in the echo that prances through time, And holding back nothing my voice raised in splendor, Ecstatically chanting my voice merged with all..

"Oh church in your structure I see you the mother, The body of spirit the goddess in your form, Oh sacred sweet sanctuary a safe and a warm womb, Embracing our spirits in embryonic form. I sing in your vibrancy, dancing of spirit, I sing in the echo that prances through time, And holding back nothing my voice raised in splendor, Ecstatically chanting my voice merged with all."

"From ages to ages I've sang in your belly, I've cried in your sorrows and rejoiced in the love, For the memories of spirit are easily remembered, In the place where the mother nurtures her child. I sing in your vibrancy, dancing of spirit, I sing in the echo that prances through time, And holding back nothing my voice raised in splendor, Ecstatically chanting my voice merged with all."

Yeah. I play guitar. I play harp. Harp is my big instrument. Yeah. There's a card. Oh the harp is behind me. Harp and dulcimer are behind me. A little one. Small one. And I have played the big harp. Okay. And that's definitely a goal of mine to get back to more playing the instruments.

We've got a lot on our plates these days though. So, there's not a lot of that music time. But there will be when the kids are a little bit bigger and they're-- they'll be learning instruments too. We'll be making music as a family together. So, that's good.

I'm going to put this now up on the screen. We're going to see where we're at. We should be pretty close. I think that intense joyful and connecting music always helps. The singing helps. Okay. This is at a hundred percent. Thirty percent. I wondering if they're all at a hundred. Are they all at a hundred. They are. Okay.

All of these are at a hundred percent. So, let's go ahead to platter please. Everybody do platter. Platter is this one. So, you can do-- you can either do double pump. Double pump will take you all the way through to the end or if you'd like to you can do platter which is the assignment on the cellular neogenesis chart. Platter is the one that just is forward and back. Just like door knob but the fingers are up. That gets the mirroring going and all of these are out hundred percent.

Thank you so much for those of you. There were about thirty five of you that took the time to write what your intention was for this training. We probably will do that more often. I found it wonderful. I found it inspiring this morning to sit down and read what your declarations were. What you were holding has a vision for yourself. What you wanted to have happen as a result of doing this brain regeneration.

So, thank you so much for taking the time to do that. I'd love to do another brain study. If you're willing, we're going to send you a request to just fill in the brain study for the next six months. And we'll do it again. The one thing that I wanted to really focus on in this brain study.

Although, this is a really interesting thing because we're looking at the function of the brain rather than just the physical part of the brain. We're looking at function here so all the different roles that the brain is doing is I wanted to really hone in on brain chemistry this round.

So, next month of course we are doing the endocrine system. The following month, we're doing neurotransmitters and hormones. And what I've been discovering is that you know if you don't have any testosterone in your body or you don't have progesterone or estrogen in your body, you can be pretty fussy, right.

So, we're going to want to not just do neurotransmitters but really make sure that we have our hormone especially the hormones that relate to helping the brain function better. Also, sleeping. You need some progesterone to get some good sleep. So, there's stuff that I've been really taking a deeper look at.

And I want that this study to have those benefits and things that I've been looking at. In addition to this, we-- I made in agreement with a fellow colleague of mine Ellen McKenna. I'm just going to let you know what's going to happen. Ellen is-- he's created a funnel. He created the quantum healing secrets funnel.

If he went through that webinar and all the stuff that goes along with that. So, that was his big project for our company. He's worked with me side by side for nine months a few years ago. And he's now had taken another step. He's married a beautiful goddess healer and they've come up with a gorgeous brain rejuvenation supplement.

And I used it and I loved it. So, we're going to make that available to you at a big discount. And we're going to send out an invitation. Only thing is unfortunately, they will not ship internationally. So, I apologize for that. So, I had said well if you won't ship internationally a lot of our students are international.

So, I don't know how that cure is for that if some of you want to get on that. But my suggestion is for those of you who are international-- to research a good brain supplement for yourself and you know look at the nutrients that your brain might need. And then muscle test and ask would this help my brain regeneration. Would this help me get to where I need to.

The other thing remember to drink lots of water. The sip sixteen-- sip sixteen method of drinking four ounces every half an hour would be wonderful. If you can drink even more

than that that would be great. So, drinking water is really wonderful. Of course, alcohol, and drugs, cigarettes, all of those harm the brain. So, you want to stay away from those things while you're going through the brain regeneration.

It's going to be about a hundred and eighty days of brain regeneration. Maybe two hundred days of brain regeneration is what I'm testing. So, that'll be a wonderful long prolonged period of new brain cell. So, I look forward to your good results.

And please if you can fill out the brain surveys. It's just once a month it takes five minutes. Please do. Please do. It's very helpful. We have wired into that of course the meditations that we had wired in last year. But I might be able to do something else if you guys need a reward. But if it's a reward enough to just help and fill out the survey that would be awesome for me. I would love that.

Okay. Let's see. I haven't gotten all the results yet back from that, Albert. I'm looking forward to seeing it and when I do I will make an announcement. Which means they had to find a way to put it into a way that I could understand it. So, a pair of well how they gave it to me was on this gigantic Excel spreadsheet.

And I couldn't make heads or tails of it. So, they're going to put-- putting it into charts so that I can interpret it just like the brain study which is easy. You can just see everything improved. Alright.

Good. We're rockin and rollin. We're already on the regeneration. We're done. So, I will have this in this afternoon. My staff member is there. So, she'll pop it in. Kim my project manager will pop this extra chart in if you want to do some extra pumping. But you're good to go on the brain regeneration but if there's one area that gosh I'd really or two areas my motor function just isn't as good as I'd like to I'd like to do a little more clearing on that.

That chart will be there immediately after class. I'll send it off. So, probably within an hour after class. I love you. Thank you so much for sharing this time with me and for being a stand for yourself and a stand for this work. And I just I feel your love for me and that's wonderful.

And it makes me so happy to be able to share and be of service and be your mentor. And just know that I consider it a great honor and a privileged to work with you. You are so special and dear to me. And I wish for you a beautiful weekend. Thank you so much for all the prayers.

I definitely feel the prayers. We're getting so much help. Adelia's challenges are getting addressed. We're getting lots of therapy. The teachers at school are heaven. We've

gotten some contact on perhaps adopting embryos and doing surrogacy with adopted embryos.

So, it would be an adoption but it would be a safe and easy adoption rather than these terrible things that we've been experiencing. So, thank you for the prayers. Thank you for helping us. And I pray for you and I love you. God bless you. Have an amazing weekend. We'll see you next week in class. Buh-bye for now.

[End of Transcription on 03:14:12]