

# YEAR OF MIRACLES ENDOCRINE SYSTEM

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# Prayer





*I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in this body here and now.*

*My spirit is limitless.*

*I am responsible for any limits I experience in this body and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence.*



## LOVE WISDOM AFFIRMATION

Illumination



# Opening Blessing

## A CALL TO LIGHTEN

Soft the night and sweet the spirit,  
Gentle voices call our song,  
We are magic we are wonder  
When we live beyond the veil.

Human kind please raise your  
thoughts  
Bring a plane of peace and love  
We the guardians of the pilgrims  
We the authors of the play.



## ENDOCRINE SYSTEM REBOOT



There are eleven glands and organs that make up the endocrine system and today we will clear and regenerate all parts.

Especially important are the adrenals and the pineal gland for good sleep.

We address the:

pineal, pituitary, hypothalamus, thyroid, parathyroid, thymus, heart, stomach, pancreas, adrenals, liver, ovaries and testicles.

It's a whole heck of a lot to clear and regenerate so we'll be moving rapidly through the processes to get the very best results for you!

# HAND MOVEMENTS TO ACCESS THE QUANTUM FIELD

- Standard Quantum pump
- Discrete pump for walking or under table
- Double pump
- Foot pump
- DNA Side Slide





# MUSCLE TESTING

Using your right hand ring finger

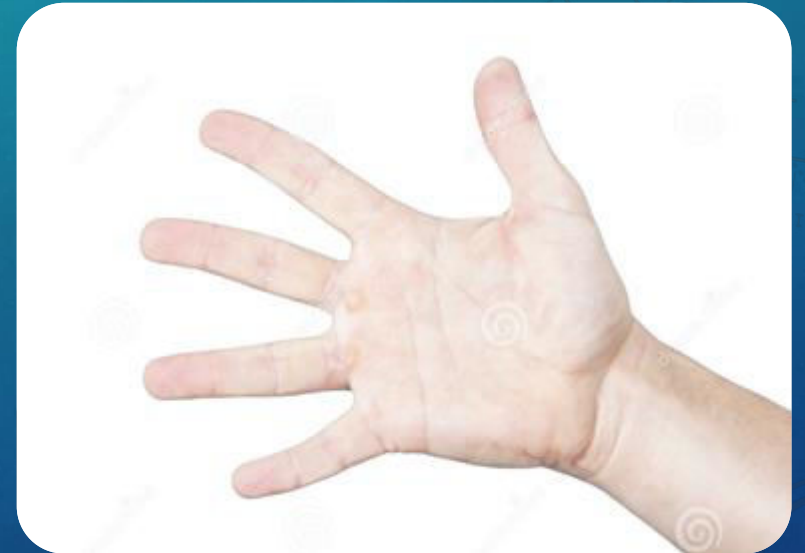
1. Hold ring finger straight and firm
2. Make your statement “I have the right permission and ability to” ... or I have a challenge with...Cords”
3. Using left hand pointer finger press down on ring finger between the middle knuckles

How to interpret your answer

If the finger becomes weak that answer is not true or no

If it holds firm it is yes or true

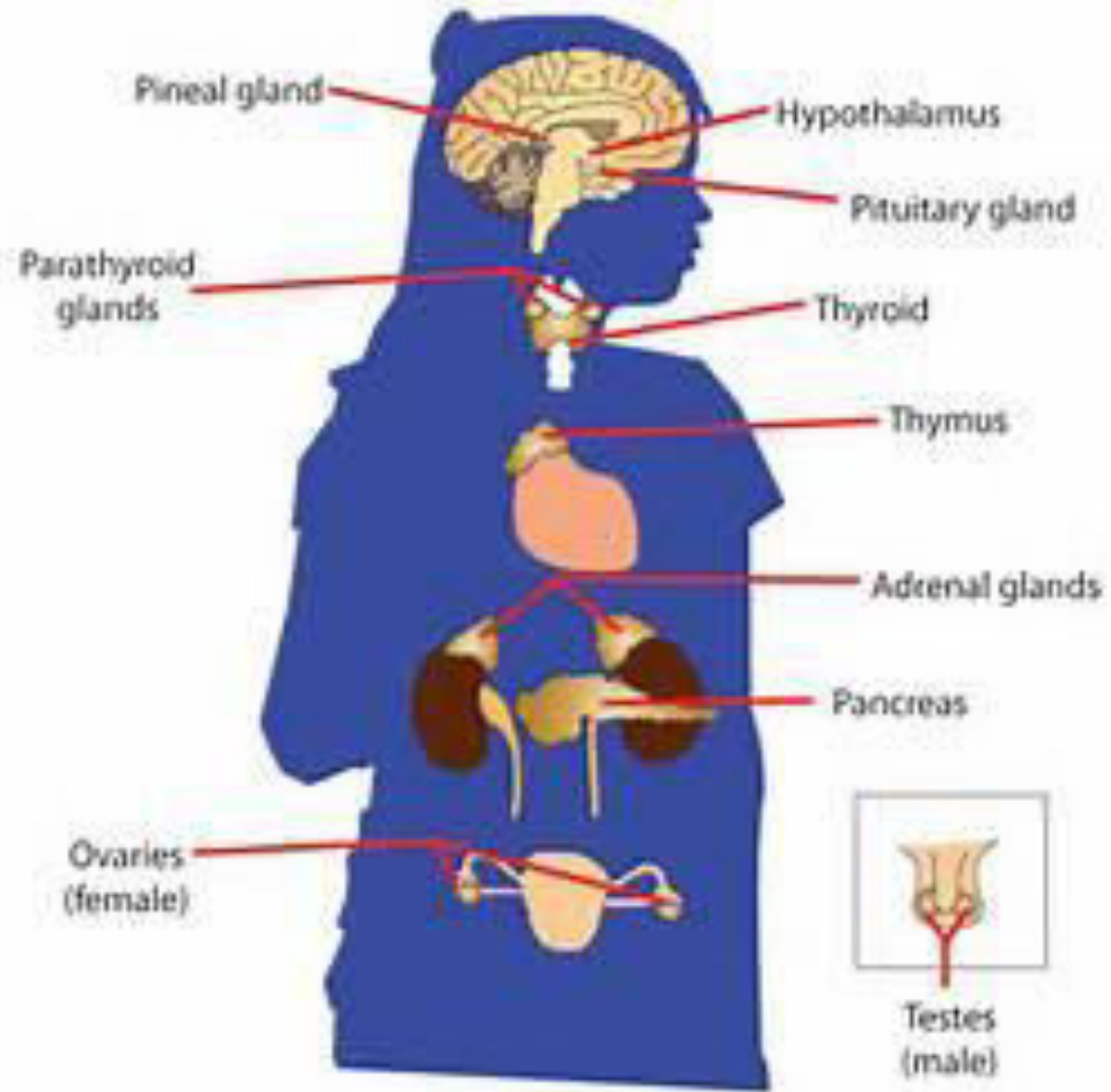
*There are some folks who have challenges with muscle testing please take the muscle testing training where we hone in a charts for clearing*



***Where does muscle testing happen in blueprint?*** Perception Matter Genesis Embodiment Amplification

Muscle testing also tends to work best when a person is in the love frequency we raise students frequency in classes by clearing away that which is not you and helping you be more fully self expressed

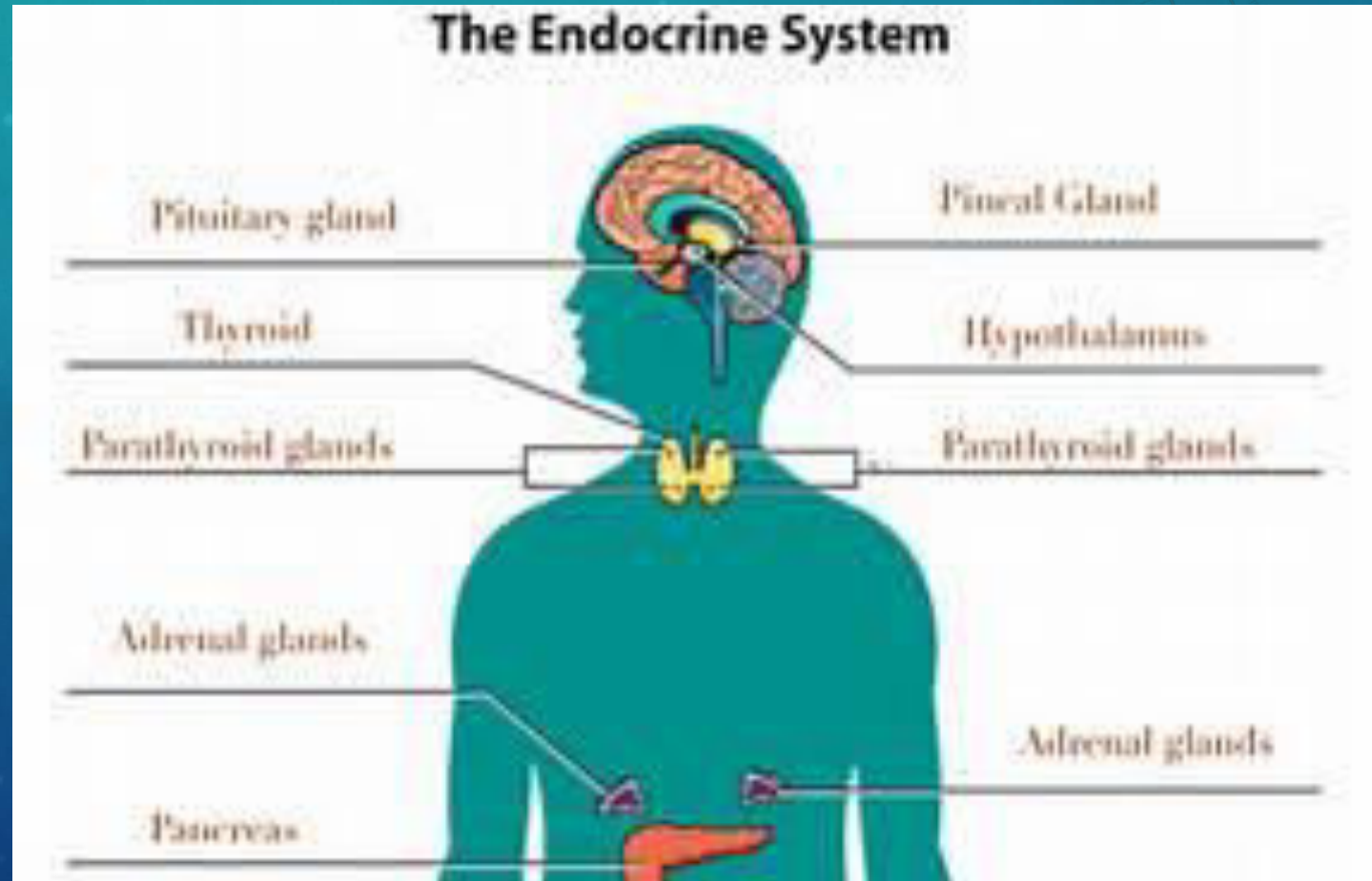
# The Endocrine System



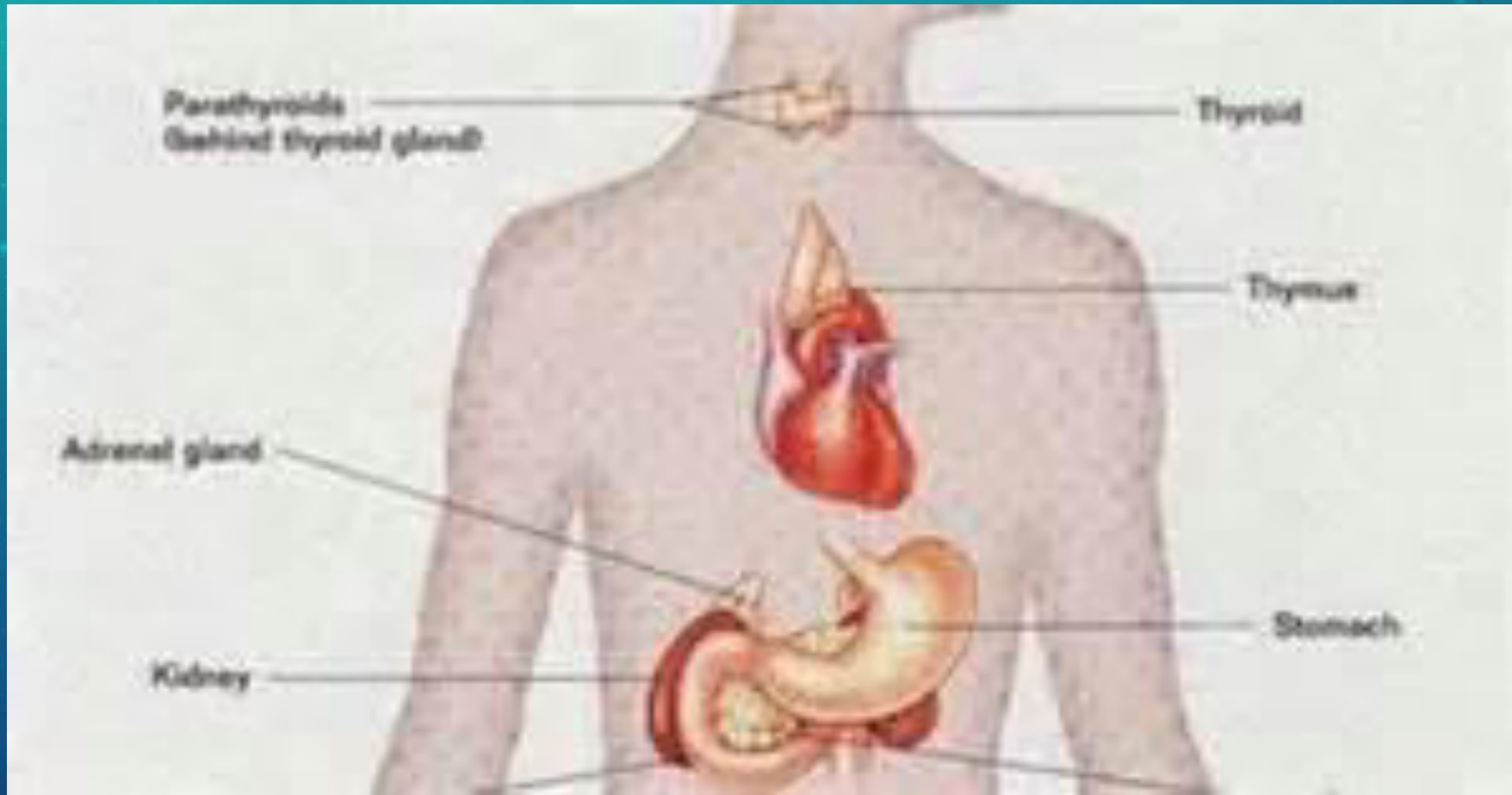


# BRAIN GLANDS

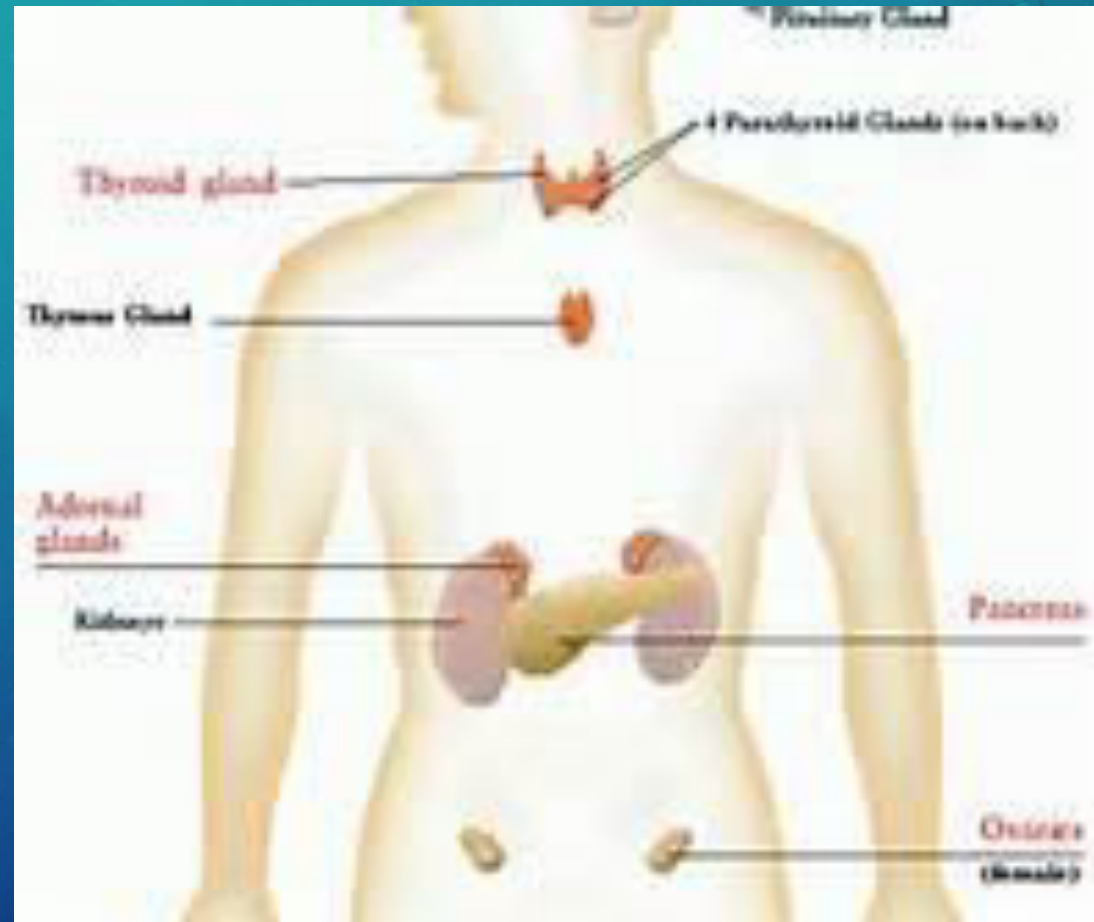
## PINEAL HYPOTHALAMUS AND PITUITARY



# THYROID, PARATHYROID, THYMUS, HEART

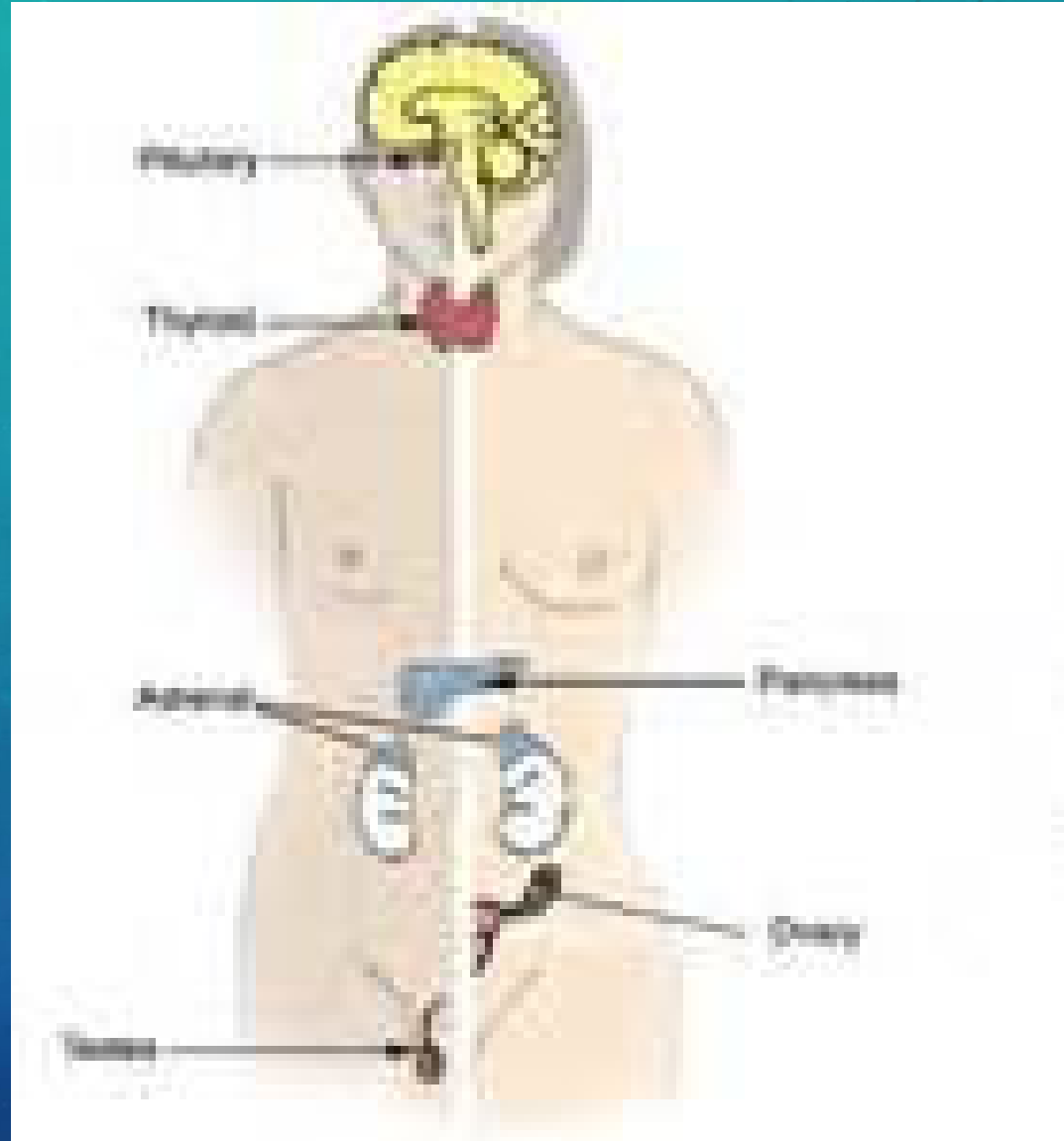


# ADRENALS, STOMACH, KIDNEYS, PANCREAS LIVER





# OVARIES, TESTACIES



**Network of  
microtubules**

**Microfilaments**

**Chromosomes (DNA)**

**Cilia oars**

**Microvilli**

**Digestive  
vacuole**

**Pinocytosis  
vesicles**

**Chloroplasts  
(plants)**

**Cell membrane**

**Nucleus**

**Nucleoli**

**Residual  
body**

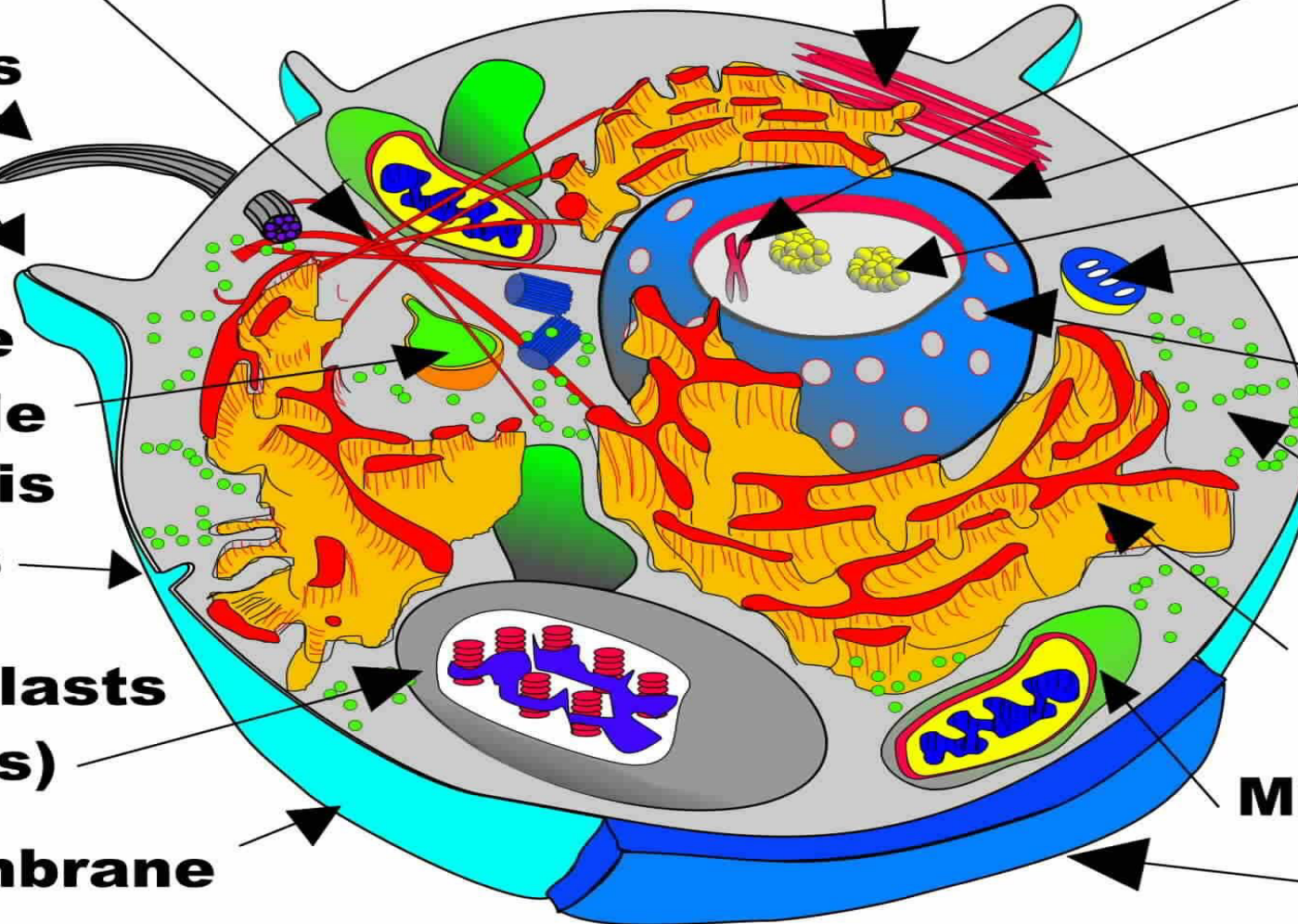
**Transfer  
pores**

**Ribosomes**

**Endoplasmic  
reticulum**

**Mitochondria**

**Cell wall**

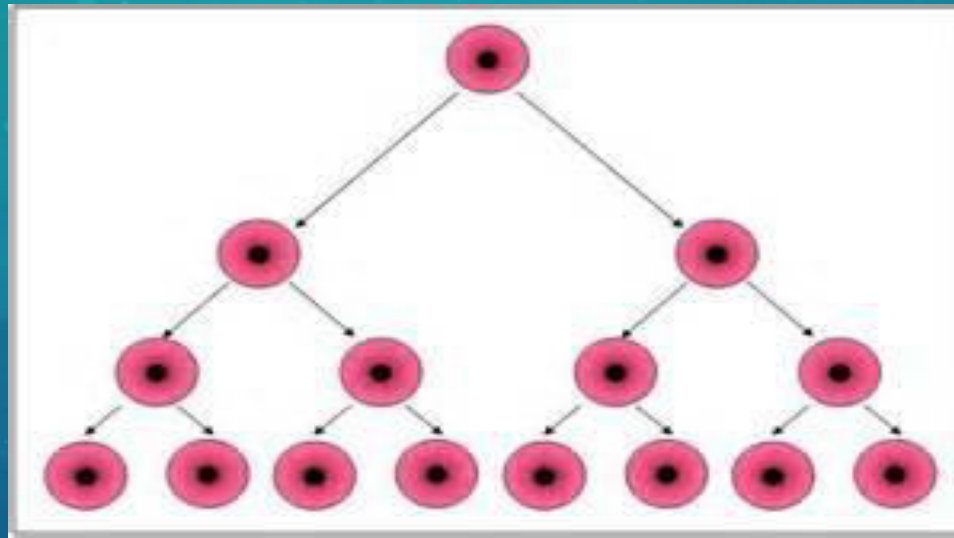


# MIRRORING TO SURROUNDING CELLS





# CASCADE OF NEW CELL GROWTH



# IN THE STILLNESS

In the stillness  
In the quiet  
In the open heart  
There I am

I am essence  
I am breath  
I am light of God  
I am I am

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# ANGELS CALL

Angels call while we are sleeping  
Riding through the waves of dreams  
Keeping safe our mortal bodies  
While we play in astral scenes

Beams of light flow from their bodies  
Showing us a glimmering mirror  
Waking to the world of wonder  
Leaves behind all doubt and fear



## The Stones

The stones they are a calling me  
Echoing through an eternity  
Calling out to set us free  
The power of the stones

At dawn I walked in a circle of stones  
A solar temple to me yet unknown  
Till by the strength of first mornings light  
Shown the power of the Stonehenge stones

They grounded the energy of this place  
And held us together in loving embrace  
While beings of light danced above the space  
Bestowing on us their wisdom and grace

The Avebury stones were laughing at me  
Taunting me tempting me dancing with glee  
Playful stones make love to me  
In the circle of the stones

The heavenly chambers from days of old  
New Grange stones were a circle to behold  
I knelt in prayerful reverence  
For the power of the basin stone

I touched my forehead to the rock  
It filled me with bright light and talk  
Of the ancient people and their ways  
And the spirals of the stones

Stones are everywhere we look  
Medicine wheels and monolithic books  
The wisdom of the circle flows  
In the temple of the stones  
2002



## Speak Softly Gentle Knight

Speak softly gentle knight  
Your kindness to reveal  
Hold me in your strong arms  
And warm my frozen heart

Tell me of legends old  
Of Arthur and his bride  
Bring stories back to life  
Your gentleness exposed

Speak softly gentle knight  
Of honor code and rule  
The ways of chivalry  
Bring to this century

And when I smile at you  
Your eyes alight with mine  
Your costume and your ways  
Speak true of Gelfad days



# BLESSING

May the long time sun shine upon you, all love surround you  
May the pure light within you guide your way home! 3x's  
.....Guide your way on!



## NEXT STEPS

Are you a Part of  
Our Inner Circle Community?

More to consider!

**Quantum Activations Apprentice**  
**Growing Together: full self Expression**  
**Simply Beautiful**

