## Year of Miracles - Vision

Hi and welcome to your pre-class training on the quantum pump. And we're going to just kind of fly through the quantum pump movements so that you have a sense of what you're doing even if you don't have everything perfectly nailed down. So, before you come to class, you know a little bit about what we're doing.

Now, we figure everything out by using kinesiology or muscle testing. I teach that by just showing the ring finger on the right hand and the pointer finger on the left hand. The pointer fingers pushing down and you're getting a yes or no answer. So, how I'm figuring out what pump style we're using is by using kinesiology.

Now, the reason quantum pump works is because it takes us into the field of transformation-- the quantum field of transformation. And that's what we're going for. It's the higher frequency field and we're setting an intention with the mind. So, what the mind can imagine believe it will accomplish. So, that's what we're working towards.

And then we're doing this hand movement and bait and based, on the movement there's a part of the movement where the transformation happens in the field. We do provide you in your classes and you can always ask for this if you don't see it in your member site but it should be there, is a quantum pump chart based on the style of pumping that you're doing.

So, all the different quantum pumps are described here and actually exactly how you would use those pumps word for word while how you would go through and accomplish those hand movements. So, we're going to start with the basic quantum pump. I'm going to do this pretty rapidly because we want to just kind of get in and out. We don't want to spend a lot of time here, but we do want to give you the information.

So, the basic quantum pump is a hand in front of the shoulder and the hand is dropping down like this. And so finger if you can see it, it's extending. The fingers are extending. It's loose and there's a little bit of a rock in the wrist but the movement is happening from the elbow. The elbow is tucked in at your hip. This is the basic quantum pump.

The basic double pump is the same movement using the right and the left hand. If we're doing a single handed movement is typically with the right hand unless you're disabled it can't use your right hand. This is a double pump. Now, from the double pump, there's another movement that looks a little similar and you go, "Wait a minute. Wait a minute. They look kind of similar."

So, the double pump is the hands coming off the shoulders basically. So, you see the elbows are done at the side and the hands are coming off the shoulders. Now, bring this together. Straighten out your fingers till they're nice and firm where the double

pump and single pump are lose fingers. Loosey goosey. And the fingers are you look together or apart.

And you're taking your fingers about three inches four inches at the most apart in front of the heart chakra and this is called chopping. And so you can do it with fingers apart or together. It's kind of like start with Namaste, and this is what you're doing, It's kind of an alternating chopping movement.

Your hands just like a sculptor chopping away. Getting rid of the whatever it is that's blocking you from your goal. Okay. Chopping is used a lot for heavy duty spiritual interferences. Another one that's used for heavy duty spiritual interferences is doorknob. So, those two are the main pumps-- the hand movements. And doorknob is the hand facing forward, fingers curled, and you're just doing this movement. Very, very powerful.

This is probably the most powerful hand movement that I teach for getting rid of and eliminating, and disappearing the spiritual interferences. But it's interesting because some interference is really clear better with chopping or platter. So, we're going to look at platter next.

Platter is typically used for stagnant or stuck energy. And we see it show up occasionally in different areas. It's also used for one phase of cellular neogenesis. So, this is platter. Hand facing forward and facing in.

We have a couple backup movement. So, if something is difficult for you, we've got a couple more at rest kind of movements. You don't have to go fast. I like to. I feel enthusiastic about pumping. So, this is called the inner thigh pump-- ITP. And hand is basically just pumping in. You can have your legs apart like this or together. I wore pants today.

Another one-- I'm going to stand up you're just going to see my body, but I'm going to show you one that's called the flutter. So, this is the flutter. That's another one that you can do. Hardly moving. Just your fingers are fluttering a little bit. There we go.

And then another one that's really fun if you don't have hands or it's hard to use your hands, you can do a foot pump which is just the ankle pumping back and forth. You could just barely see it there on the screen I know, but that's another backup movement.

So, those are the three movements that you can do if you have some disability. You have a hard time doing the pumping. And then finally we're going to do-- I'm going to show you the three that are typically associated with clearing DNA. And based on the problem, we use different ones.

The original DNA clearing was the DNA slide. Hand facing forward as in platter. Fingers down. And then you're scooping around and you're just coming across. Coming across the chest. Kind of right at chest level. Right in the middle of the chest there. Crossing over. Ladies, if you're really big busted and it's a little hard to cross you over your chest, you can start out here and just come in like this.

So, that would be an alternative and it works perfectly fine either way. If you start out and you're kind of shaking as if you're dusting off that strand of DNA, and dusting off the problem energy from the DNA.

The second DNA movement is a drop and it's essentially the same. It's just going up and down. So, you're starting here. Hand facing forward and then dropping down. Hand facing forward and dropping down.

Now, you might see me doing it. I like to do it like this and I'm just going the whole time, but that's me. You can just flutter down kind of like have that little flutter go down and then just lift up. That's technically how it goes.

And then the last one is half moon. And there's no flutter with this. You can just-- it's just a scooping hand facing forward and scooping around. So, it's starting kind of high, isn't it? Starting almost at your ear and then it's coming down around and kind of almost ending up at your elbow. So, that's a half moon.

So, you can imagine it being a crescent. A crescent in this is another way to clear certain issues in the DNA. Well, that's just a quick introduction. We do go over the hand movements in class and you can always ask can you show that to me again or you can watch this video a few times to get a little better sense of it.

And then you'll have the chart-- the pumping chart. You can always ask for it in support if it isn't provided. Most classes we provide the quantum pump chart but if you don't get it, you can always ask support for it.

God bless you. Thank you for being adventurous and wanting to come in and learn something completely new. We get miracles every single day in this work. And just to remind you, it's not energy work. This is work where we are working with the field of transformation, the quantum field, which we're all part of.

We're all have particles vibrating in the field. We're rearranging how the particles are working so that they work better for you. And I wish for you today and always for a miraculous life of joy, happiness, grace, and ease. Buh-bye for now.

Hi everyone and welcome. And looks like we've already gotten started. I've been actively working on your chart and getting everything just perfect for you so let's get

started. And I hope you-- for those of you who popped in early, hope you enjoyed the review of the quantum pump. Here we go.

Today, we'll be doing vision and taste. Energized year of miracles 2019. Gosh. It's almost going to be 2020 pretty soon, isn't it? Alright. And just taking a moment to connect and reflect in. Connect with the divine.

Mother, father, God, angels, golden legions, Jesus and Mary, guides, gods and goddesses, saints and sages, all the enlightened awakened masters, and sentient beings who stand with us to transform, to heal, to grow younger, stronger, better, healthier. We thank you for your loving presence on this amazing mini retreat.

We thank you for helping us accomplish the transformation in our body here and now. We thank you for blessing the technology, and blessing my family, Adelia and myself, and my parents and brothers and sisters.

And we ask that that blessing, of course, extend to each of our students said their children, and spouses, and parents, and brothers, and sisters and that all the generations before and after them experienced a deep profound blessing today.

We ask for a healing and unreasonable request that cataracts and other eye illness, degenerative aging illnesses disappear. We ask that stigmatism and poor vision challenges heal today. That the eyes become balanced and the vision become accurate.

We thank you for our ownership of our vision and our taste. And having never really worked on the tongue in this way before. We ask that there be a profound pleasure healing on our tongue. That our taste buds be fully restored to sensitivity of flavor. And that our process of ingesting food be a process of pleasure and deep satisfaction.

We thank you for the parts of the brain and the nervous system that will activate, transform, and move to its best performance ever. And we thank you in advance for the clearing in the divine human blueprint that it be a blessing to all humanity and especially those in this program.

We thank you for your love, for your guidance, for your support, and for standing with us in the ups and downs of life. We thank you for the miracle of life. The miracle of transformation and the miracles that we receive and experience every single day.

We thank you for the air we breathe, the water we drink the food we eat, we thank you for the people we love, we thank you for their challenges and for how that hones us and beautifully like a rough piece of coal into a diamond. That we become our better and better selves as we support and love the people we love who have challenges.

And we thank you for the people who have taken on loving us with all of our ups and downs and our foibles and character flaws. We thank you for those people who stand with us to just love us as we are. To be in our lives and to hold us in their arms and support us profoundly and deeply.

We ask for a transformation but our eyes see the good. That we see the blessing. That we see the beauty and wonder of this Garden of Eden. That we understand the perfection of our life. And that everywhere we look there is God. There is God right there in front of us.

And in our child that's having a tantrum, and in our parent that's falling apart, and having memory issues and not as friendly as they could be. And in our spouses and in those that we love. And that we see that light of God no matter what the circumstance is.

That we know and understand that there is a deep abiding love from the divine. That we are seen and we are loved no matter what the obstacle is that we are facing. That God is watching, sees us-- sees our good works and loves us for who we are. That even if we screw up, we are always loved. Always loved. Always cherished. Always needed.

And then we ask for that transformation. If we aren't always able to show up that way and see our loved ones that way. That we become the light and love. The embodiment of the divine on the planet. That we see with the eyes of love. And everywhere we look and everywhere our eyes look, there is love waiting for us. There is the divine waiting for us.

We see the little improvements rather than looking at the lack. We see the good. We see the transformation, and we acknowledge and are grateful for that. In advance, we now thank you for the transformation that is happening in our eyes, optic nerves, visual cortex, in our ducts, and in the tissue surrounding the eyes.

We also thank you for the activation and transformation of our taste. Our ability to taste. And any processes which might involve smell with the taste buds. We see that transforming as well today. We thank you. We thank you for just being here and holding the space like a great stone circle surrounding the Earth and surrounding each of the divine beautifully blessed students who are in attendance.

Each person from each country from each location on the globe. We feel so blessed. And we receive and we say yes to a hundred percent receiving the blessings of God today. We say, "Yes, I accept. I open to that."

And we thank our eyes and our visual cortex, our optic nerve, and our tongue for doing a great job on transforming on being able to let go of old patterning. And we open to our best most wonderful life experience through vision and taste. Amen.

Now, together with firm conviction we will read the love wisdom affirmation, and this is such a vital and important part of the process of claiming and declaring our independence and our access to the divine. If you would like to, you're welcome to start with the drop. We have quite a big clearing to do today.

So, you could do the drop if you know how to do it. We ran that video before class, so go ahead and start with the drop and let's go ahead and do the love wisdom affirmation. You might know it by heart by now. You might not need to read it anymore.

"I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body, and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence."

An opening blessing our opening blessing today is a call to lighten. Remembering that we are fully supported by the angels, of God. Of course, God, of Jesus and Mary, of the guides, gods, goddesses, saints and sages, who stand with us, and that we are loved and cherished whether we can always see what's going on in the unseen world or not.

And that we are the powerhouses. We are the guides. We are the guardians of all of the younger spirits here. Not to say I don't want to be like them but I'm here to mentor, to shepherd, and to love.

So, we look at being both uplifted and held knowing that when our inner ear is open, we do hear that sound occasionally. Our inner vision sees the angels has the experience of the divine whether it be a feeling of tingles coming all over your body or literally seeing like for me seeing that pulsing blue orb looking at the face of God.

God for me or seeing an image of God. But that we have a seen and an unseen world and we validate that the unseen world is very real and very important. And that when we lift our minds and our thoughts to this higher frequency of love and appreciation and validation, of honoring, cherishing, and respect, we create a new example for all of those around us.

And rather than living by criticism and critique, we live by loving support. I see your struggles. I help you through your struggles, but I see the greatness in you. And as you do that. As you emanate that loving acceptance and that guidepost of stability, you are creating a ripple of love, of shifting, of enlistment to your family, to your friends, to your coworkers.

Alright. Let's sing this song together. "Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

And today, we'll do the vision activation, and in addition to that, we will be working on the sense of taste. And so we're going to be working on the-- all the areas of vision and I'm going to pull up the chart next.

So, we're going to be doing drop just for a few minutes. And the statement; right, permission, and ability to fully in all aspects of my blueprint permanently with one hundred percent great results. Fully clear my vision. So, that's inner and outer vision. Removing all programming for disease. Conditions, degenerations of the eyeballs, visual cortex, optic nerve, as well as ducts and lids.

To fully regenerate, refresh, restore the vision to one percent hundred percent health and wellness. And a sight to also-- vision. So, seeing and sight. And also to clear and regenerate my tongue and taste buds. And to activate a fresh flavor receptor and interpreter. Able to fully enjoy the flavors I choose to put in my mouth.

Removing altering, amalgamated, apathetic, compulsive, controlling, cruel, damaging, deceptive, delusion, disgust, dominating, harmful, intertwined, illusional, intolerant, observing, parasitical, and satanic. I've been really looking forward to this. My eyes have seen some litter have been so sensitive. They are they feel like there's pollen in there all the time or something. It feels ouchy a lot of the time.

And I noticed that I squint more because my eyes want to not have that sensation of kind of I don't know what's in the air. It could be dust but it's probably likely some kind of pollen that comes from trees. We're surrounded by oak trees that put off a yellow pollen so it could be that.

So, I'm looking forward to my eyes feeling so much better. And of course, my vision has been wonderful but we always do all of the tune-ups. So, when we're going through of course we'll work on the lenses and the eyeball themselves-- the receptors, the optic nerve, the visual cortex, and all the pieces in between we'll be working on that in the second half of the class when we're doing the regeneration.

Okay. Traumatic experience, so that would be anything that would be causing the eyes to work less. So, I think I've covered that in programming for disease, conditions, degeneration of the eyeballs, and then full regeneration. So, restoring vision to one hundred percent, so anything that's interrupting the vision, we should be working on today.

Okay. Let's see here. Good morning, Penny Mae, and Eden, Vanessa, Pat, good morning. Anne. Hi, Anne. George, Ilumi, Anelie, Connie, Anne Marie, Dale, Arcadie, Mary Anne, Pat, Martha. "Love the prayer. Good morning, afternoon, evening, everyone." Catherine D, "Beautiful prayer." Thank you. Shirley, answered that. I think so. I hope so. You'll have to let me know but yes. I believe that's will be done.

"Good morning." that's from Amy. "And live on the call today." That is wonderful Diane. Bee, "Hi. And just curious ,are we going to add sinuses to this retreat but instead have taste here particular reason or did I just seem to be the right timing." We're-- Martha, we're got to be doing in this vision or doing-- well in the next three months were going to be activating the five senses.

And when I tested for what to add today, I tested taste was the way the direction to go. But sinuses are often added in the respiratory system. So, that's likely where sinuses will go is into respiration. They're not necessarily part of the vision process. Hearing is next month, George. I'm glad that your vision and taste are good and that's wonderful. We go through the entire body. Today is vision.

Hi, Shirley, Karen, Aileen, and Anne. Nice to see all of you. Okay. So, let's move to the chakra movement now and then ultimately we'll be doing the chopping. So, just a few minutes on drop and a few minutes on chopping. We've done the drop now for a few minutes and now we're going to move to the chakra movement.

If you were on early, we had an opportunity to run our video on reviewing the hand movements but this is the chakra movement that we're going to be doing now for just a few minutes. Just seven minutes. Okay. So, everybody doing the chakra movement please.

And beautiful. I'll go ahead and send the chart on to Todd. Just in case anybody has a problem with seeing the chart. So, I'm just going to save it one more time and then I'll send that on, so Todd will have that as just a backup in case-- in case. Just in case you need it, he'll have it.

We have a really exciting three months coming up of activating all the sensory areas of the body: sight, smell, taste, sound, and touch. So, next, next month is hearing and we'll see what we add to that. Just doing some savings so that Todd has everything. I'll just send that on. Okay. Let's do another one. We'll find out. You have to get these labeled. If you haven't shifted, go ahead and shift to chopping now, please. Chopping.

Okay. I've see some additional questions that come in. For Elena, I'm wondering are you doing your meditations. Part of year of miracles, you are asked to do a half an hour meditation a day. You could go to the fatigue to fabulous or the stress syndrome

meditation. It's one in the same. It's a half an hour of clearing the adrenals and nervous system. Restoring the adrenals.

So, that's what I would recommend. But this chart should also do it for you today because we're clearing off so much of kind of buildup problem energy. So, this should also very much help you but I would also recommend that.

And if you're new to growing together. I know we had a few new people join in this month and some people returned. So, welcome to those of you who are returning. So, happy to see you here. There are some things that make regeneration work much better. And I can just go through them with you right now.

So, the first thing that you want to think about when you're looking to make things better is-- and it may be feel better, feel happier, and healthier as you go through your month and you're not having your time with me. So, the first thing that I would say is the meditations. Let's see. Is that working. There. That might work now.

So, one of the things that we know is that when you do meditation daily, you are going to be improving, and you're going into the quantum field of transformation, the quantum field of pleasure and that the transformation can happen because-- and that cell growth can continue to happen because you're renewing your experience in the field of regeneration.

If you're walking around really stressed out, having a lot of anxiety, that would be kind of counter to regeneration. So, if you're in mostly the sympathetic system, you-- you're not going to really be regenerating, right? You're going to actually be releasing a lot of stress hormones, and that isn't conducive with regeneration.

So, daily meditation. Another thing that you can do that can help yourself is daily exercise and outdoor. I like the idea of outdoor exercise. Oops. Funny. I always get that wrong. So, taking a walk or a hike, doing your yoga outside, dancing, running, skipping, hopping, jumping, taking your trampoline outside and doing some trampoline work outside.

But being outside walking on the beach, walking in a mountain. This is going to be so, so good for getting you into a relaxed regenerative state. Drinking. Drinking. Love to drinking. Drinking water of course. Drinking water sixteen times throughout the day. Sixteen times throughout your day.

The sip sixteen method is a method of drinking two to four ounces of water every half an hour. Drinking half your body weight in water. So, I'm one twenty eight, so we divide that in half, that's sixty four ounces of water I need a day. So, I need to be sipping as I go

every half hour to forty five minutes. I need two to four ounces of water throughout the day, so that's going to help you a lot.

I made it whitish so that I could type. Can you see the words? Your screen should be whitish. Can you see the words that I'm typing? What I'm typing isn't showing. Okay. Alright. Thank you for letting me know. So, I'm not sure how to make that work where you can see it. Can you see it now? No. Well, yes. Okay.

So, here's what we'll do. We'll do it a little bit more white so you can see it better. There . That's interesting. Well, I'm trying to use a tool that I've known that we could do some typing but we never use it so I was just using this tool. Very small. That's okay. That's not what I wanted to do. Okay. Let's clear this. Okay. We'll do something else.

So, it's clear and let's turn that off. And let's just add another empty one. That has like-here we go. Okay. So, this will work. So, on this fourth one, take time to just be turn off the cell phone, unplug from the frenetic energies. For example like social media, and emails, and texts, and all of that and just maybe just relax. Look out the window, watch the birds, sit and look at the mountain.

Just take time. Maybe look at a candle or focus on a rose blossom. Read some poetry. All of those things can help. So, there's just a few ideas on how can I lower my stress. Okay. Okay. So, that'll be in the-- we'll add that to the slides so if you want that little list. Hopefully, that's helpful.

I think, Albert, you might be able to just find that translation on the Internet. Why don't you ask because I'm not-- I don't know that. I do know that measures of course are different in different countries. So, for me, I need sixty four ounces and I know that you guys have a different way that you weigh.

So, I know there are stones and all different things that people say for their weight. So, if you could find that translation online, I'm sure that would be possible to figure out. "You're looking so beautiful and powerful today. Just saying."

Thank you, Katherine. I put on an outfit I haven't worn years. And I weighed one twenty eight again today ,so that's really funny to be able to get into something that really fits nicely again-- once again. So, thank you. I like it. I like feeling this way.

"Love the color on you.| Thank you. Thanks, Emily. "Twenty nine point six million are sequels and outs. Beautiful." Thank you, Anelie. "Sixteen times at every half hour just goes through eight waking hours. What about the hours of our day." Dale, I just made up that system to give you a kind of remote reminder to keep putting in two ounces every half hour to forty five minutes.

So, you can do twenty six times or you can do twenty four times. However long you're awake, you can keep drinking two to four ounces. That's going to help every work better. First of all it helps with your brain regeneration which all of you I believe are part of a few of you just joined. So, you didn't get in on the brain regeneration in the summer.

But it's helping your neurotransmitters and your hormones. Basically all of your body chemistry work better. It's helping your digestion work better. It's helping your skin to stay more hydrated and not get dried out. So, there are as so many hundreds of benefits to just every half an hour having a sip-- sip sixteen, but you could do sip twenty six or however many hours you're awake just all throughout the day.

And people say, "Well, we don't drink very much water because we don't want to fill our bladders and have to go to the bathroom every half an hour." But if you think you're drinking two to four ounces, it's quite a small amount. It really isn't. Doesn't have that kind of effect on you. It just has a renewing thing.

Just like breathing fresh air. I think that's another one of those things that takes you down quickly if you're feeling anxious which is to take in deep breaths and then hold and allow the oxygen to flood your body. So, that rich oxygenated air now gets a chance to flood throughout the body.

You can imagine even breathing down to the tips of your toes when you're breathing in, so you're breathing that breath in and imagining that your lungs go all the way down to the tips of your toes. So, you could-- you can have that idea. And that would actually activate your Prana, that ancient life force. That's a beautiful way to give the body relaxed.

Now, we have to think the influence of spirit and perception can dramatically improve where the body is registering that. So, we're-- what I want to say is-- your body is a physical being that's responding to stressors, and your spirit and perception aren't necessarily excited about the experience of being in a body that's very stressed. That has a lot of Cortisol and kind of gnarly chemistry being released.

So, deep breathing ten cleansing breaths in and out. Seeing your spirit and perception coming more deeply into your body. This is a way to reactivate, reignite the parasympathetic regenerative system. So, breathing in, holding, breathing out, breathing in, holding, breathing out.

And there's all kinds of breathing exercises. And some of the other classes we have worked in like product breathing. We've done different types of breathing. Rapid belly breathing where we're activating our diaphragm. Sort of doing this. Kind of this thing in

and out. So, that kind of pulsing with breath and that's wonderful for calming and energizing because it's activating the relationship of spirit to body.

Telling the body to add differently. There's the alternated finger nose nostril breathing which we've done. We've done holding the breath where we breathe in and out deeply. We breathe in and then hold. We can hold for sixty seconds and then breathe out. That's another breathing exercise. That's wonderful.

And we've done the alternating nostril breath which I showed you and that's breathing in for eight, holding for sixteen, breathing out for four. So, there's different breathing techniques that I teach in other classes that are also really calming. Okay. Sorry. "You look beautiful" Oh, thank you, Sue.

"Love the color on you." Thank you. Thanks, Anelie. "You're looking beautiful ." Okay. Thank you. "And thank you for the clarification. I've really increased my drinking and I like it." Wonderful. 'That is working." Okay. So, that was all about type almost.

Elena, for the fit to fabulous, let's put that link. Let's put the link in Todd. Can you put the link for fit for-- it's fatigue to fabulous is what it is. Fatigue to fabulous. Let's give her the link. And you should have; it's included in year of miracles, the healing the stress syndrome.

Thank you, Marion. Marion was commenting on the music. The music is from pleasures. And that's under music in the website. So, I've recorded five music CDs and that's from one of the music CDs. Dry eyes, yes. I answered that one. Okay. I think I've answered everything that we have here.

Okay. And we're at about sixty percent on this chart. We've got about six minutes before we take our break. So, let's do some good serious pumping. We will be doing a blueprint clearing. You know some of you are curious are we going to do a blueprint clearing today and the answer is yes.

What I'd like to do is read the great invocation and I start my day with this. It's part of from the illumination rosary. And it's just a beautiful invocation of light. And if you can think about these light points as-- which I've talked about before. So, it's not a surprise. I'm just reviewing it. I know some of you already have she already said that.

So, the point of light within the mind of God. You imagine the area of the center of the head, the sixth chakra. So, the point of light within the mind of God. From the point of light within the heart of God, your heart chakra, heart center. From the center where the will is known, and from the center we call the race of men is the perineum through chakra.

And so as you imagine that and then it's let love stream forth or let light stream forth, let power stream forth, you imagine from that area of your own body as you imagine yourself as a divine representative of the divine on earth. You imagine that light force coming or love force or whatever we're activating.

You imagine that streaming out into all the hearts, the minds, the will of humanity. So, we're going to do the great invocation. From the point of light within the mind of the divine, let light string forth into the minds of all sentient beings. Let light complete the Earth. From the point of love within the heart of the divine, let love stream forth into the hearts of all sentient beings. Let absolute Christ's love be realized here on earth.

From the center where the will of the divine is known-- abdomen. Let divine insight guide the resolve of all sentient beings. The source wisdom the masters know and serve. From the center which we call the race of humankind or humanity, let divine realm of higher continent-- consciousness be embodied and fulfilled. Let love, light, and power restore humankind to Grace.

And just imagine being restored to grace. Feeling that incredible light, love, and power imbued and embodied in you. Flowing out of you. Being-- it was so interest. I was listening to a lecture from a business guy yesterday, and I get the greatest things out of these businessmen.

And he was saying well all learning happens by mimicking. That's like ninety five percent of what we learn isn't from books, isn't from education, from teachers, or things like that. It's from how we see others behaving. And if we as a community, as we as individuals, your heart to my heart, my heart to your heart, as we shift up and transform others can learn from how we are.

And I know that I am often an introvert. I'm really working on that. I've prayed to be an alpha mama. So, I'm really working on being more visible, and when I am visible being more interactive and friendly rather than a bit of a recluse and more shy.

It's funny. You probably don't even think of me as that way but I seem to get and kind of withdrawn when I'm in a big group of new people, you know. And maybe you do too. I don't know. But I'm really working on that.

But I know I've been around people that are just really warm, kind, wonderful people. And they pull you into the circle and it feels so darn good. So, that's really nice because that's an outer action. But what if our energy and our presence were so warm and welcoming.

And that as we became the point of light, the point of love, the point of divine consciousness and love, light, and power being restored on earth. And that was what we emanated we emanated that. The businessman said that ninety five percent, again, ninety five percent of what we're learning is mimicking others. And if we were that if we were the pillar of light in the world as we went into.

It's funny. I've got a parent-teacher meeting today because the daily has gotten in a lot of trouble. And my intention is to walk in fully charged, fully filled, being the point of light for the teachers, for the director, for everyone who's wanting to tell me all the things that she hasn't done right.

And what I was thinking about this morning as I was thinking about standing behind my daughter. Being disappointed in the behaviors but seeing so many wonderful changes. In our worst week, Adelia gave me thirty bruises. I have zero bruises on my body from Adelia.

She still bites and hits some, but she's not-- she's not like the little monster she used to be. Five months ago, she was only saying mama and apple juice and she hadn't had any words for a really long time. She speaks in full sentences. We had her evaluation yesterday and I want to celebrate that-- her speech evaluation.

The speech therapist said, "What I can see is that she is actually ahead." She said, "You must speak to her a lot" And I do. I describe everything that's happening. I describe anything I know about any sound or she's always asking me what is that and to interpret things for her and I describe it in big adult words.

And the therapist said, "She is clearly comprehending very well and she's got a big grasp of vocabulary." So. she-- her language is better than most of the children her age. She's not quite three. And that was such a pat on the back to me of okay it's working. It's working. What we're doing is working.

And you could go into a meeting like this. And you might have a circumstance where it's something that's confrontational and you could go into that meeting thinking I need to defend myself, I need to defend my daughter, or I need to-- and you know, kind of agree with them on everything and I have this other idea.

And I prepped yesterday. Two days ago, I talked to the behavior therapist and got five ideas of things that she thought might help or that needed to be understood before we address the problem. So, I wrote a beautiful email lovingly supportive of my daughter but respectfully honoring the role the teachers are playing.

And I could see that it had been read because when I came back to school in the afternoon to pick up Adelia, I got a report on how she had-- how her day went and that the teachers were watching a little more closely to help her not get to the point where she's frazzled and being naughty.

So, I plan to go back into the school as a beacon of light and warm and welcoming and appreciative of the teachers. And also though a stand that my daughter is definitely improving and that she needs some helping hand to make her next leap. And that the teachers can take that role of being just a little bit more protective of her energies when she starts getting kind of a little bit out of whack.

She got moved into a new class, and when she got moved, there's not a stable ground for her because everything as chaotic and it's been that way for two weeks. And that doesn't work with her personality well. She needs stable. She needs things kind of the same.

So, I called attention to that so I think that there's going to be some effort made to help her feel more regulated is what the word is they say. They say she's disregulated. Not the teachers but the therapist.

So, I-- and actually, right before we came on, I had a little bit of a confrontational the assistant director who is her energy isn't real-- really sweet. You know, did the director talk to you your meeting is though two. Like okay. Thank you. I tried to keep a smile on my face and oh okay.

So, I had that. Walking away. And then I was I was thinking yeah it's disappointing that Adelia still doing the biting and of the pushing. She's shoving knocking kids over and that is disappointing. We've worked so hard and therapies. I'm spread pretty thin in that I'm taking her to four to six hours of therapy a week. Many places. I'm driving three and four hours a day a lot of times.

But I personally, see so many improvements and the teachers do too. They say night and day difference from when she arrived. So, the reason I talk about this is because we have two fuel ourselves and I talked about that in the prayer today about being able to be a loving mom even if your child is naughty.

You might be disappointed, you might have feelings, you might be upset. There's going to be feelings but love that consistent love, beacon of love, and light needs to always be there.

And then when it's an uncomfortable situation. It's confrontational which is after probably will be for everyone. They're going to have to discuss plans for Adelia if she's going to be allowed to continue in the school.

And I'm sure it'll feel confrontational and I think the thing with that for us is whatever happens is it's in divine right order. And that's actually what I came to finally was wherever you are in this moment in time is exactly where are you supposed to be no matter how things may seem to appear.

And I felt that okay, if she's not in the right school or she's not with the right teachers then let's get her in the right school with the right teachers. And if she is and I need to do some clearings for her. I've done hundreds of clearings for her.

But if there's some that I've missed which I also thought maybe there's some things that I could do to make her relationship with the new teachers and the kind of-- kind of chaotic energy that's been at the school since the new school year started.

If I could help her maybe I can make some more charts for her and clear something else. But I think the one thing that we want to always be working on on ourselves is being a steady presence of loving appreciation, and being a steady beacon of light and love being a strong person. Strong from the inside out. Not feeble, not weak, not adrift.

We want to continue to-- o. Maybe not even continue. Maybe it's new. I think I learned how to hide with my abusive mom and she's not abusing me, so I don't need to hide. But I-- there were ways that I developed a being that I would go unseen or unrecognized or unacknowledged.

I mean I really stacked things in a hiding position where this the teachers analyzed that I was brilliant in grade school and they wanted to put me into these accelerated classes and I didn't want that attention. I did not want that-- and it would be negative attention from my parents that I was better. You know, that I was so good above them like my mom had jealousy stuff going on. She almost failed school.

So, I definitely didn't want that kind of attention and I learned how to hide. And what's a really interesting thing as Adelia's really struggling and I'm needing to be an alpha mama. I'm also pushing myself out from--- it's funny, because we've just done healing the mother wound started. We didn't it . Yeah. I've got so many things in my head here.

But we're thinking about the transformation that's going on in me, and how I'm getting a new opportunity to reformulate my persona, my personality, I think this goes along with what we're doing today because I actually think my eyes sting from the dust or the pollen because this year has been a hard year.

We had a lot of loss and then a lot of behavior challenges. And between the two, I think that that's hard to look at. I think that's hard to both face and then look at and I'm affirming every day. Everywhere my eyes look, there is God.

Something was so beautiful, a friend of ours who is becoming a friend. She's a person that I do coaching with. I went to do bioidentical hormones and some weight coaching and sure enough the weight coaching has worked. I'm really happy with my figure. And she is through-- the six months I've known her, she's come to know Adelia and love Adelia like an auntie or grandma. And we're probably the same age.

But she said I want to be there for you and Adelia. I want to take her occasionally on weekends. I'd like to help you can drop her off on Mondays if you want to. She can spend the day with me. You can drop her off in Sunday afternoons if you need a break. And she's just been such a sweet light.

And she had a little scripture this morning that she read to me as I was having my weight coaching at seven in the morning. And it just was-- it was from the Old Testament and it was just one verse, "God sees-- God sees you and sees your good works." And that was it.

But you know, sometimes, when you're doing a lot of good and you're not yet seeing the results or you're seeing little results, it's nice to know that God sees every effort you're making and everything that you're doing. I gave us both kind of tingles and goose bumps. We both felt it and I felt a little teary that she was so kind to just think of me and say I thought of you when I read this scripture and I wanted to share it with you if it's okay. And I said oh yeah.

And I was expecting something long that she was going to share with me about persevere-- persevering or whatever. I think it was that God sees your heart and your good works. Something like that. It was just filled it beautiful. So, even in those moments when-- gosh.

I remember when I lost custody of my three children, and I felt like because I had such an incredibly strong faith. I was born again Christian in high school. I was out knocking on the doors of my classmates converting souls to Christ and that was a different phase. That was in the 70s. But it was-- I had such a passion.

And at twenty five, I lost custody of my kids and it was a really severe blow because my ex-husband was an alcoholic and came from a clan, and my family didn't support me which meant I really lost my children. And for three years, I thought God is dead. I cried and I prayed for like six months and I felt like I wasn't getting any answer. And I thought God must not be there.

But you know what I know is God doesn't promise to fix everything. God promises to be by your side to help you through moments. And then I was just contemplating and reflecting on this last few days is that we from the patriarchal era. If you were born before 76', you were born in the patriarchal era. Even after that your parents were born in the patriarchal era.

That growth happened out of suffering, domination, suppression, and control. So, we grew from domination, and suppression, and control. And in the new era, we have a whole new system but it won't fully be incorporated for four to six hundred years which is we have our direct guide information.

So, we can grow not out of suffering, not out of suppression, but we can-- we can just grow. We can connect with the divine and we can awaken a light and become more aware and become more present. So, one of the projects for the coming years in the academy is to waken that up way sooner.

Like we're not even fully into the age. The age started at 76, it takes about ninety five years to go through the door but we are-- we left the Piscean age. We're walking through the doorway that takes ninety five years to walk through the doorway into the Aquarian age.

But we are in-- our toes are in the Aquarian age, the age of equality, androgyny, God information. It's such an amazing era. And in that era, in this new era where our toe is is tipping into the new era, we have the opportunity for growth without suffering. And we become a stable, steady source of calm, peace, grace, and love on the planet.

So, we're going to take a break. I know I went off onto a little tangent here. But I hope it's helpful for you. I think sometimes we go through moments of joy and everything is working right and then we go through moments where maybe it's even longer than a few moments where things aren't working as comfortably as you'd like them to.

And certainly I'm in an uncomfortable place looking at how do I keep this place where I stay energetically fueled, emotionally fueled, and continue on this beautiful journey of awakening to my highest and best self. And I do know, I'm going to say this again, no matter how things seem to appear everything is working perfectly. Everything is in divine right order.

So, look at your obstacles. Look at your blessings. Make sure that you take the time even in the obstacles where people are pointing out Adelia's bad behaviors. I'm thinking Adelia is so different than she was six months ago and all the therapies or all the clearings I've done for her, she is so much better.

And I want to take a few moments to praise and thank God and thanks the community for the clearings you guys have taken on for her. And the-- give myself a pat on the back for all the driving and therapies and all the follow-through. I'm constantly doing good follow-through.

So, anyway we'll take a-- let's take a six or seven minute break. We'll have some pretty music playing. I'd love for you to get a drink of water now. Get up walk around maybe step outside if it's warm and get a fresh air. Get a little sunshine on your skin. You can keep chopping.

We're going to keep going for a little longer on the chart. Actually quite a while. Probably have fifteen, twenty, thirty minutes. Something like that. And then we'll move into regeneration of the entire vision center and the taste centers. So, we're going to be doing everything including the eyelids, including the ducts for those of you who want to balance and stabilize your fluids.

So, we'll be doing a regeneration on them, on all of that too. So, a six or seven minute break. Lots of new playing. We'll come back in six, seven minutes to keep going. You can keep chopping though in the meantime.

## [Break time starts on 01:24:35 to 01:30:57]

We are back. I'm going to play some music while we keep pumping. We're seventy three percent on this chart, so have a little ways to go yet. Everybody do chopping please. Still chopping seventy three percent through.

Okay. And I got a question: do we have two pages, and we definitely have two pages. It's a big clearing. So, there's a second page on vision. All the areas of vision and then also on taste, on the tongue. So, yeah. There's quite a bit on this big chart. And actually, let's leave that up for a minute or two so you can have a gander.

Let me know if you're having any sensations if anything is feeling different. If just declaring without the regeneration is starting to make an impact on you. And I'll read some of the comments that came in. when I was talking earlier. Let's see.

Fatima, "It helps, your sharing. Thank you for sharing your light." You're welcome, Anelie, "Thank you for sharing." You're welcome. "I think you're both making progress, Julie and Adelia." Thank you. "Going through something with one of my daughters. This is wonderful conversation though so thank you so much for your transparency." You're welcome, Katherine.

"And thank you for sharing I'm helping to care for my partner's three-year-old grandson. Very helpful." That's from Katherine D. And Yuki, "This issue is not with Adelia, it is a teaching deficiency on the part of the educators. Congrats on informing them of her needs and capabilities." Thank you. I think you know the behavior therapist is wanting for Adelia to be in a smaller school where there's a better attention given.

I do feel like everybody loves Adelia. I don't-- I don't feel like they're ganging up on her. When she comes in she says hi to the teachers using their name and they say, "Hi,

Adelia.", and they smile at her. So, I feel like she is loved there but they have fifteen children, and two teachers to every fifteen children.

And I just think they just are spread too thin and maybe not really understanding about what it takes to help a child who has some special-- she has impulse and sensory disorder and it needs a little extra.

And needs just a little more showing up for the kids. And there are some other kids, the behavior therapist has been going to the school and having her go a couple hours a week to help Adelia learn to play better with children.

And her evaluation she's picked out numerous children who also have learning challenges or behavior challenges that could and should have some therapy and some help. So, Adelia's not the only one there. And Adelia's nature is so sweet and loving. She just gets off on a tangent of and it's impulsive tangent. But anyway, we're working on it.

Stephanie, "I grew up feeling like I needed to be perfect to be loved. I have two sons with disabilities who showed me that we can love unconditionally." That is so beautiful, Stephanie. I'm so glad you let me know that and that is very beautiful.

Johanna, "Yay. Adelia. Congratulations to you both. I think they'll be in awe of you this meeting. Beautiful power goddess of light could be part of a dahlias behavior be linked with little Virgil. Could she be turned in to his feelings of anger and fear that he is unable to express." I hope not. I've done a lot of clearing with them but it could be because she was very attached.

Hundred and ninety. Is it true at all? Maybe a tiny bit, Johanna. Maybe like three percent. Adelia-- just want to say this, Adelia came from a very distressed background. Both her mom, birth mom and birth father are rage people. And the birth father is a gang leader. Carries a gun and deals drugs, and then the birth mother has three other children and they seemed too sweet, but she said they're all really naughty.

And then I-- at a year, I said Adelia has a like a crazy temper and a unbelievable will. And the aunt Belinda told me that she comes by that righteously or whatever. It's part of the family tradition, so I'm wondering if it's also maybe part of the bloodline genetics. The raging anger stuff that is calming down because there's such a sweetness in Adelia that I know I'm helping bring out but I know that that's her.

And we get past the stuff that it's really interesting to have at least had my oldest daughter until she was five and know what it's like to have something from your body, a child from your body, and to have a child not from your body that didn't get a good set up. A good scenario.

So, I can't imagine what Adelia's life would be like if she had not come with me. And I think it's so funny, because she is so entitled. She's like mummy I want to go to "abba" tonight after her speech evaluation and it was close. And I kept saying it's close to the Indian restaurant.

And she's like crying because she needs to go to "abba" and have her Indian food and she doesn't want to just have macaroni or sandwiches at home or hot dogs or whatever we make. She wants something really good. But she knows how much she like-- she's loved and that she has lots of rights and she's actually quite adorable in that.

I don't really interpret that as naughty. I think that that's all really cute that she knows how to express herself and then I could say yes or no. And she can have her fit or not. But I love that she has a fine palate. She loves good food which is really-- I'm happy with that because I love good food too.

Thank you from Ilumi. You're welcome. And Marian-- let's see that. Hopefully, you've got some now. Anne knows that she is an angel. That's beautiful. An angel in a body. "I feel very relaxed and peaceful." from Mary Anne. Wonderful. Fatima, "I'm feeling some sensations all around my head. It feels positive." Wonderful.

Amy, "Thank you so much for sharing about Adelia. I have been had learning challenges where others have believed I could never be more. I really had to believe in my own abilities and find out how I could best use, best learn, learn how I could learn best." Beautiful, Amy. I'm glad you're here. Really glad you're here.

Anelie, "I experienced a subtle pain like feeling somewhere at my eyeballs." That's something leaving. So, when you have pain or pressure but something that's leaving. It's holding on and it's leaving. So, it's good that it's leaving. Let me know when the pain leaves because it won't-- it won't remain. It will leave.

"Feeling relaxed. What do you think is blocking the regeneration of the cataract I am experiencing." So, you don't really want-- you want the cataract to disappear, and the health of the eye to return. So, what you're looking at is clearing the cataract, or are you-- are you wanting to regenerate something where you've had some surgery from the cataract and there's some scar tissue.

Maybe just be a little clearer on that question. That shouldn't-- that's a-- that should actually clear today, Mary Anne. Floaters should clear today. Not guaranteed but most people when they go through this process, the floaters disappear. Clear a cataract. Okay. Alright. So, that's clearing. That's not regeneration. That's clearing.

And I've found that cataracts are really one of the hardest things to clear. A lot of times, I-- if it's an option have it removed and then do the regeneration on the eye, you know.

So, I don't know if that's an option but it-- that's a tough one. I think chopping is a really good technique to do but I think it's a daily process for a while.

There's a few things that I've just found are really tough to move. It might be that we haven't found every anchor that might be part of it there might. There might be a wave, transmission, or frequency that keeps it locked in. Oh, I get wave, transmission, and frequency, and four additional anchors.

Well, I will put the four. I'll just put four additional anchors on the chart that we make sure that we clear those. So, we'll make sure that we get those clear plus for cataracts. So, that's four anchors. We're getting that on the chart.

And then I got a wave, a transmission, and a frequency, so let's see. Is a wave on there? No. Okay. It's twenty five. Okay. So, E twenty five. We're adding eye disease and then a transmission I got is that on there? No. Okay. And let's make these red so that I add them to our master chart, so I don't forget to add them. And then this one.

Okay. So, D thirteen vision illness blocker. So, adding that. We might add a few minutes here but we get some other traction on cataracts, that'll be good. And then frequency I tested there was something. Okay. That's down here. This one actually seems to be associated just with cataract.

Seems to be another one, F forty. I know it says nerve frazzle. Something that affects the nerves, the optic nerve. That's not really a word but we'll pretend it's a word. Okay. So, that-- that's good. I'll make this big too so I be sure that I add that on to our master chart. "I would also like to clear scar tissue after eye surgery." Thank you about that-that's a given. That happens with regeneration so that that should not be a problem.

Should-- yes, it should clear scar tissue. We'll be applying the pink energy pretty soon, and we can do kind of at the end right as we're starting our regeneration. A pink clear scar energy and then also when the lenses are hardening, that's a life scar tissue. It's dehydrating or drying out. We want to heal that with pink energy. Pink is the color of unconditional female love.

And it seems to be the magic healing balm for scar tissue. So, you want to be imagining pink flooding any scar tissue area and noticing how it becomes soft and pliable and youthful again. So, pink is a really great color for scar tissue.

Well, sure. We don't want to look at what's stopping. We want to-- we want to clear the energy and do the regeneration. So, I think you might be thinking it's beyond what's on the clearing chart and I would rather say let's see if anything is stopping it after the clearing chart. So, something didn't shift then we can look at it.

But it's likely on the clearing chart and I would be searching the chart for you to say it's these things on the clearing chart. My eyes are more moist than normal." Okay. "It looks like you did not make the font read for F Forty." You're right. I didn't. Thank you. Thank you. Thank you for reminding me. Thanks for seeing that.

And we did another one too: cataract controller. C thirty four. There we go. There we go. Now, we got them all. "I love the energies of the class upgrade the charts information sometimes." Upgrade and the charts and information. Okay. Let's see where we're at. We should be able to start the regeneration pretty soon. Let's see when that's going to be. Probably another five minutes of this clearing and then we'll go into the regeneration.

So, that might be the perfect time five minutes from now. It's a little bit early for the second hour break but I think you know we took it a little bit late and we're doing a little early but then we'll get back to work and we'll be just straight through with the regeneration. And let's see. Is this a time for me to do the blueprint clearing? After the break. Okay.

How to break-- all through the blueprint clearing. I hope a bunch of you have done spring into life. I have been doing some super fun things. I want to show you. Now, I kick them off because I'm sitting at my desk, but my feet never for like years have not liked wearing heels but I like heels.

And today, I've been walking around with these adorable shoes on. And for two weeks now I've been wearing heels every other day. So, that spring into life really changed the dynamics of my feet, my knees, and my hips when in ways that I didn't think I-- you know like you kind of don't realize it. You're-- you prefer of like mukluks or soft slippers. That's your favorite thing or barefoot.

And I'm not finding it particularly. It's a little bit awkward because I'm balancing on a heel. It's a good-- it's a good heel. It's a little bit awkward because I'm balancing but it's not-- it feels comfortable other than getting used to balancing again. I used to always wore an adult-- adorable shoe.

Before Adelia came along, I brought-- bought some Pradas that are four inch heels. They're more like a wider heel and I love them. And I have never-- worn them once I think. And a realist that I'll be wearing my Pradas which are you know that's crazy expensive for those crazy pair shoes but they're really pretty. And I'm thrilled. I'm thrilled with the spring into life results.

So, hopefully, some of you have gotten some a subtle but surprising results like yeah I want to wear my heels, or yeah I love this hiking, or something has happened where you feel more flexible. You're having a much more bendy experiencing in your exercise

program or your yoga. You're like oh I can stretch so much further. So, hopefully, that was the case for many of you.

We do, throughout the year, we do programs that are really a wonderful supplement to year of miracles. We've done arthritis and spine. We did spring into life which included the joints and the spine this time. So, we did them together. We do a clearing infections class. We do the regeneration of the male and female sex glands and organs.

We do and-- let's see. The outlet-- we do an allergy class. So, there's some classes that really go hand in hand with year of miracles that are wonderful adjuncts to just the where we're really working straight on regenerating the whole body at once in this program. We have some wonderful programs that help you in addition to what we do in this three hours. Help you really have the experience that you want in your body.

I think the other thing that's so magical is if you're able to get into the six clearing programs. The six marathon days where there's six hours of clearing. Six days throughout the year where we're really clearing all the spiritual interferences, waves, transmissions, frequencies, angels, aliens, demons, all of that stuff, and technology, sleep invaders, family as invaders, anchors, and all the other headline tight of groupings.

Those are fantastic. You clear those and you-- you're actually-- your regeneration is so powerful. So, just you know-- we have-- we have a lot of things that really help this program support this program. This program on its-- on to-- on its own is fantastic. And if you add the support of programs that help with even deeper clearings, you really are getting a phenomenal really a premier experience of good health in your dynamic wellness. Health and wellness.

And your emotions get better, you sleep better, you feel more relaxed and happy in your skin. So, there's a lot of-- lot of good effects to doing some of these supplemental trainings as well. Okay. Let's see if we've gotten to the end of this. We're at ninety nine percent. We added another couple minutes because we added a few things for the cataracts which is perfect it.

Bengali spice tea so good. "Pain is gone from the eyes. Feel moist." Beautiful, Johanna. I'm really glad to hear that. Yuki, "I've been dissolving the cataracts with pink and gold energy pulsing golden suns. Is this working?" Eighty percent true. And pink is not known for dissolving an illness.

Sp, let me see what color would be mean. Pink is good for scarring. Let's see. Red. Interesting. Red seems to be better for removing disease. Okay. So, here is my idea, Yuki. When I muscle test and we should probably do it more than once but I get red with platter for cataracts.

So, that might be the technique for disappearing the cataract and then the pulsing pink and gold could be the rejuvenation and restoration of the eye underneath the cataract. So, cataract is disappearing with an idea of red flowing. And the platter.

I know a few of you have cataracts so you might want to write this down. And you could do this kind of on a daily basis. Maybe like ten minutes a day of just seeing red going into the eyes and energy of red for those ten minutes. And then you can turn it back to pink and gold pulsing golden suns for maybe three minutes after.

So, you don't want to leave red in the eyes. I just don't want you to do that but if you're working on the cataracts. To see the red going to the cataracts and use the platter, and then when you're done make sure that you go to pink-- pink and gold, or pink and green just to reset the eyes back to that love space. Okay.

So, I think that that'll be good. We're going to take a break now. Five minutes. We'll be back and we're going to start the regeneration at that point. And we are, yes, definitely doing a blueprint clearing at some point.

So, we'll see you where we're at and when that's good to put in but I got that. It would should be in the last hour so we probably had to get through the clearing chart before I went in. Alright my dear. Take a little break and we'll be right back.

## [Break time on 02:06:20 to 02:12:03]

Okay. We're not back. Looks like my video feed turned itself back on. That's funny. Okay. So, I think I answered the questions that came in. Okay. We're going to shift. Let's see. One hundred percent clear. Oh, we're ninety nine percent clear. Okay Let me do a little blasting for you guys so we get-- we get there because we were ninety nine percent five minutes ago.

So, is it seven people still hanging in there with a percentage. So, I'm just going to do a flush of blasting here and you can start with double pump. You can go into double pump. And what we're going to be doing is all master and stem cells that support vision and taste. All of them.

Okay. That looks like a hundred percent. Everybody clear. Yup. What we can do with the double pump if you want to imagine some pink energy going into the lenses right now. Let's do a minute or two a pink energy on the lenses. That's a nice refresh. And then also we're working at the same time on bringing up, just for a minute, imagine pink and then we're going to go right back to the gold energy of the quantum field if you're imagining color.

But for a minute just imagining the pink refresh, so the lenses are softening back up again. I know I tell this story so often that you all have heard it a million times but I wear glasses from eighteen to forty six. Have not worn glasses since.

And I attribute much of that to the softening of the lenses. Where at forty six, the doctor, the optician, ophthalmologist, whatever said it's not possible for your eyes to improve this much.

And of course, I proved him wrong because he was the same doctor who had done the examination the year before and he said he must have had a bad day that day because eyes don't improve when you're forty six. They just get worse. And we just of course, don't believe that in our community at all.

We have a lot of evidence to say that eyes improve, and teeth get better, and cavities fill in, and there's a lot of stuff that we know different than what maybe our medical practitioners or our dental practitioners have mentioned to us. So, yeah. Yipee.

"Good late morning and able to come on now." Okay. Marissa. we're just finishing up the clearing and we're moving now into regeneration. "So grateful for year of miracles. Will work if I do the neogenesis-- cellular neogenesis." Yeah. Yes, you can do that first and then do the clearing after.

"Love and blessings to all." from Ursula. Nice to see you here, Ursula. Something on my mind. What did I want to do. So, we're goanna go into now we're doing the cellular neogenesis and I think this is the time to go into blueprint. Something else on my mind. Okay. Jumped out. It'll come back. Might have been going the blueprint. Yeah. That's what I'm thinking about.

I'm going to just pull up our cellular neogenesis chart, so you have that in front of you. And then I'm goanna head into the blueprint and see what needs clearing on vision. So, the eyes, the optic nerve, the visual cortex, the lenses, the ducts, the moisture, all of that. We'll see if there's anything in there that needs tweaking to improve.

Directions from the blueprint. Also the tongue, the taste, the taste buds, and then the relationship with the nose, the smelling part with the tasting part. So, see if I can find things in there to be working on for all of us in the blueprint. So, I'm going to put some music on and do some activation in the divine human blueprint now.

Okay. Alright. Back from the blueprint. And it was interesting because I've cleared a vision before. So, there wasn't a lot of stuff in vision. There was two things on cataract, two things on glaucoma that I was able to move out. There was definitely some stuff I don't think I've ever gone in to look at the whole area of tasting the taste buds, and the tongue. There were things in that area like twelve things that I moved in that area.

Also things not in the eyeballs or the optic nerve because I've worked that quite a bit in the blueprint but I did find some things in the visual cortex. So, the part of the brain that helps us interpret and read. Understand what our eyes are bringing in so what are-- so we understand what we're seeing. So, we're complete with the human blueprint-- divine human blueprint clearing.

And are fully engaged in our regeneration of the master and stem cells of both all of the vision areas including the tissue and ducts around the eyeballs because those support the eyes themselves too. So, the tissue meaning the lids on both sides. May be the musculature in there.

So, that it's-- you don't have droopy lids or lids that interfere with vision. The ducts pressure. I also was seeing that when I was up in the blueprint, I saw something to work on regarding pressure. So, with the fluid and then the pressure. Having enough and not too much pressure in the eyes. So, that was something else I was working out of there.

It might be a nice time to do a little reading from the origins book. The origins book is-- I think it's published. It is definitely up in Amazon. Check in a day or two .It might not be available for purchase yet today but it probably will be by Monday if it's not already up today.

Todd, you can let let people know. We'll also have it on our site. I don't currently have an assistant doing mailings, so you'll probably want to buy it on Amazon. It'll get faster and me once a month just doing whatever is here to do. Where did we come from. Can we see the words there.

Before time, before the time of legends, before mythology began, before elements, time, space, and matter, I am. I exist in all as the very essence of truth. My knowledge is limitless. I am the record of all. I am infinity. I am breath, life, hope, joy. .I am surrender I am all that is pure and true.

In truth, I exist not out of some desire or will rather I exist in truth. You can hide meyou can find me hiding in the belly of the biggest lie. I eagerly await your discovery. See me as I exist in everything who could not know me. And yet you gaze past me your dearest friend and ally, your own truth.

When you come to me, see me, truth, clarity, divine vision are there are my fruits. I am the messenger and I am the message. I am all that is and all that can be and all that is hoped for. Into a oneness, past, present, and future blend into a oneness. There is no separation. Time and eternity are all and nothing.

Weep not, my beloved, for the echoing voice resounds in the hearts of the people who come to me, come for your healing, come for your light, come for your truth. Come into

yourself. I await your recognition. I love you. I am you. One. We were ablaze. I remember a time when it was not. When all that was was what could not be. When who was was all and I was we.

When I existed as we, we were ablaze. The fire was power, the light was life, and I was not. Alone did not exist. The light of the we, but some part of the we broke off and throwing us out of balance no longer a single living cell. We scattered in many directions. The brightest parts became the stars and planets. Those parts of the we that were small became less brilliant.

Because we could not access the all of the light of the we. We forgot. We became confused in the spinning off. We became the many. We forgot the we. The self, the sparkle, the glimmer became encompassed by a mass. It had weight. It moved, thought, and felt. What could we do.

It responded to the temporary. The unreal became the real, and the unquestioned truth. Though we all knew it was a lie. What could we do. I longed for the we. I lacked and spark. My flame grew dangerously small. I longed for the fire of the we. The time of no time when all that was was what was not. And nothing was real.

I longed for the we, the blaze, and the brilliance, the completion. There is a newness of beingness, a brightness found from the we. It is perfect light. I, in myself, encompassed by a mass lacking in spark having glimpsed at the new. It is purest light, brightest love, the new is the ancient revealed. It is a glimmer of the Omni. It is a remembrance of the we. It is the we. Truly in the we.

I am not. it is not. Truth is that which is unreal. I am exist truly in the we. Only in the lack of my existence am I free to be what is not. The one remembered. The self was still I remember a time when there was no speaking. When sound was outside of the realm. The self was still. There was no separation from the great we. We heard the vibrations of brilliance. We heard the voice of love

Our self responded to the becoming. A time when real was all and manifest was illusion. The we knew the self fully and the self knew the we. The silence and the ecstasy. There was no lack, no separateness, only the echoing vibrations of the we. The we were the many and yet we maintained the silence and the ecstasy of the we.

Great gratitude abounded in all parts of the we; joy and peace were the stations of our parts engulfed in the illusion. Nirvana, shangri-la, paradise was the home of the we in perfect balance. The place of the we acknowledged. The place of the we as the only truth and it came to pass.

And the we cried for the loss of the selves, and the selves knew of the separateness, and the selves forgot the vibrations of the we, and the cells became engulfed in an illusion and knew for the first time of the aloneness. Only a dim memory. As the selves remembered less and less of the we, the desires arose to hang on to what was manifest.

The attachment to the transient became the replacement of the we. One strong, brilliant, the we became only a dim memory. The holder of the flame. Many parts of the we became dangerously dark, and the mother, the great soul of the we, encompassed each part so that each tiny flicker would not go out but would remain enshrined in her great love.

She became the holder of the flame. She whose womb is the gateway to all worlds gave with abandon. Vibrating of the soul—vibrations of the soul. She became separate. To each flame her womb became a soul and so it was. As the lamp holds of light so it is the soul holds the spirit. She held the parts of the we and though we knew separateness, we could feel also the great mother whose memory of the great we became protected in the vibrations of the soul.

It was safe again. The many dangers threatened to extinguish them now clad in its new pelvic armor. It was again safe. And so it was that the great mother gave to all at herand lost her being to save the we, and the we was grateful to the mother and remembered the time of no time when all that was was the we. And so it was time.

Protect the flame. Time which became the measure passed and the wait and thought encompassing the flame and soul became heavier and darker and the flame remained safe in the cradle of the womb, the encompassing weight was no longer translucent. As the diamond covered with mud, the selves remained and again forgot the we though the great mother held firmly her stance to protect the flame.

Her hearts call now surrounded in the darkness of the weight of what was manifest. She longed for the consort. The love to light her way. And so it was her heart's call was heard through the we. Through all the worlds, the beloved in his great gratitude came to her and restored her sight.

Truth abounded. He came for her, she came for all, and so it was the in sold and in solar bridged by the divine love and truth. I remember the mother. I remember the coming. I remember the love that embraced my flame. I remember a time when time was not and all that was was not. Truth abounded.

It is hope. The vibrations of the we breathing were the great ecstasy and joy. Now, remembering gives a new vibration not yet as strong as the old but it is an answer to the call of the we. It is hope of the we restored returned.

I am the hope of the we returned. I am the movement and the rest. I am the we surrounded in the vibrations of truth that I am not so then finally I am as the we. As one breath, remember her, she says. When we were the I am. No thing could separate us to be even the we.

In the vibrations of the beings as one breath, as one light, she said here are the records of this since even before the we. Remember the great one of all. She calls to me now to hear to her. Yes, I remember it well. I hear the call of the great mother. She speaks truth of my origin of where I came and must return. She the armor of my spirit. She calls me now to her and so it is.

That's the poetry of this beautiful book. There's also content that's written about origins of humanity at the beginning and included at the end of the poetry. So, there's pages that go into more detail. Some of the details that we shared in human origins class. And I wanted to just share this with you. It's a very high frequency vibration. I think it's very beautiful.

Thinking about maybe making a video book which would be of course recorded on audio so sell as an audio book. But also taking these incredible images that are our book designer Michelle put together for us on the pages. You can't really see as well as I'd like you to but the pages are so exquisitely gorgeous and the poetries. Gorgeous.

So, looking at what would have to happen to create that but that feels aligned with what that book would like to have happen. So, feels good. We're at eleven-thirty six. Okay . So, we've got about twenty four minutes left. Let's see where are with the cellular neogenesis. I'll put the chart back up.

Okay. Woah. Okay. That high frequency moved as fast. So, we are at a hundred percent with stem cells. So, we're going to go on next to the mirroring process. We're going to be using platter. We're going to do this for about eleven minute. Platter for eleven minutes and then we'll start the cascade of new cell growth after that. So, everybody's doing flatter please.

Okay. And then I'll read some of the comments here. Oh, just almost no comments. Okay. "I got very nauseous towards the end of the blueprint clearing and very tired during it." Interesting. Well, must have been affecting some-- some transformation that you needed, I'm assuming. That's-- it's an interesting thing.

It might not have been related to the blueprint for clearing. It might have been something leaving at the end because I blasted really hard for people who were stuck and there were seven people who were kind of stuck and not going to a hundred percent. And I might have you know, knock some things that were really anchored in out when I was doing that blasting for us.

And that a test that you were one of those people that had something stuck. So, that nausea might have been just something that got really pushed out with the blasting. My blasting goes on even though my hand might not be moving anymore. It goes on sometimes for hours. You could still feel the blasting, so it ripples through the quantum field for quite a long time.

Katherine, "Such beautiful poetry. Wow. Really spoke to me. Thank you." Good. Really good. Let's do a couple polls. Todd, could you please poll together one. How many who are attending class today which would percentage, so are you currently using glasses to have a better vision. Are you currently using glasses for better vision. And we'll see how many people-- what percentage of our class on the poll is currently using glasses for better vision.

Platter, everyone. That's so good. Okay. So, it looks like we're kind of stabilizing here. Thirty one percent no, and we're about seventy-- about seventy percent yes. So, about thirty percent no, and about seventy percent yes. Thank you. I'd like to ask two more questions so we kind of get a sense of do you currently have cataracts or glaucoma. Nothing else.

Just if you have cataracts or glaucoma, and let's see what percentage of the class is experiencing. Not have, because obviously we don't want to host cataracts or glaucoma, but are you currently experiencing-- experiencing glaucoma or cataracts. Okay. And the poll is up now.

Okay. It looks like maybe-- maybe three or four people have. It looks like a small number because it looks like about ninety five percent don't. And then the other one, let's ask one about do you have problems with pressure duct or fluid pressure, and duct or fluid. So, just to get kind of clear pressure duct or fluid. So, it look like a majority though had-- were wearing corrective lenses.

But this is-- this question is about the duct, fluid, and pressure. If this is an issue for you: duct, fluid, and pressure. Okay. So, we have about just under thirty percent yes. So, I'm going to think that maybe some of that is fluid. I know a lot of people suffer from dry eye. And then the pressure and duct problem sometimes there's a problem with the ducts not being big enough. Sometimes those need to be opened up or closed down. I know I've heard of that too.

Okay. That's good. I think that we're going to finish this regeneration sooner than we-than the end of class and I think what I want to do then is put some attention on resolving some of these issues. So, maybe we can put-- do some pumping with the right colors for these challenges.

But we do one more. Do you currently have-- maybe-- I don't know how to say it. Issues with the tissue surrounding the eyes like droopy lids or skin irritations, dyes, things like that. So, skin around the eyes. Do you currently have problems with skin around the eyes. So, it could be droopy lids. It could be styes. It could be skin irritations. So, you don't have to spell all that out. Just tissue around the eyes is good, Todd.

Okay. So, this one-- this one was a strong yes for a lot of people. So, we've got over sixty percent are saying yes on problems with the tissue around the eyes. Good to know. Okay. Another minute or so on the platter. And then we'll be going on to the cascade of new cell growth next.

Well, George, I think with the readers-- he's asking how do I use this during the transition. I think, you know, reading glasses are less and less strong, so you can-- I know there's really strong ones and there's mild ones. I think you could go down to the mild ones. You definitely want to be reading. You don't want to not read.

So, you want to be asking your eyes to exercise and use that skill. Okay. So, I see some of you don't know how to do the big yes/no answers, so we got a whole bunch of people answering yes and no. But we have in the chat box there's-- there's a poll that we can take.

And so that I can see percentages since we have fifty some fifty seven people in attendance we have about a hundred, not quite a hundred students in this class. Fifty one people in attendance right now. I know that numbers gone up and down as the class has going on.

I realize some of you are only able to make it for an hour or so of the live class and I understand. I'm so glad that you make it to any of the live class and hopefully most of you are able to make it for the whole time when you come into the live class. We're looking at some changes in the academy as we're pumping along here.

And actually we're going to start the cascade of new cell growth right now so let's see. You can continue to do platter. We are doing the cascade of new cell growth for four minutes and that'll take us to about eleven fifty four. Then we'll have six minutes. I'm going to blast and I'll tell you what to do when we get there in another four minutes. So, everybody doing platter please.

So, we will be re-titling or rebranding the year of miracles program to energized. It's going to be called energized and it'll have some kind of a wonderful tagline that goes with it. But your program is energized. The program that has been called trailblazer will be called ignite quantum activations mastery school.

And the program that's been called foundational will be called activate transform to your best self. We're probably going to tweak those words a little bit more. And then the program that we've been calling growing together for the last couple of years will call awake, and it'll have tagline too.

And we'll be really focusing on bringing people into the yearlong program. Thank you for being one of the people in the yearlong program. I love that you're here in year of miracles. And we just will do everything we can to make these programs incredible for you with the new branding and new languaging.

You're still going to get these incredible beautiful classes with incredible results. We'll be setting up though that it'll be all yearlong programs and the miraculous one-to-one programs. We'll have really five offerings to the public and they'll be all each the yearlong program except the miraculous one to one program.

So, it's pretty exciting here at the academy and on the team. Everybody is really excited about what we're working on and I hope that you love what we're doing. We've got the year of miracles really fine tuned. I'm super happy with how it's flowing along. I think with some of you are revisiting because you didn't get the vision class during your year of miracles.

I hope that you are considering re-upping coming back into year of miracles. We'd love to see you have you with us. This program is only going to grow. That's the way I see it. We can only go up. And yeah. It's really exciting, the rebranding, the re-energizing of all the programs and adding new excitement and flavor and flair and new processes. So, should be-- should be a wonderful exciting period.

"What a great new tool-- the poll." Yes, exactly. We got polls now. Yeah. I'm trying. We also have the writing thing but for some reason it didn't work today. So, we'll try it again another day. It should help you read better, yes, Anne Marie, it should.

That was with-- it's not just shining red, Connie. I gave specific directions on a hand movement with red and I gave specific time and then followed by pink and gold. So, please refer to your notes on that and then you're wondering how many days. It really depends on when your improvement happens. So, I don't think that there's a-- I can give you a day for everybody that is going to be done in sixty days.

But if you wanted a time period, do it for forty three days in a row. "What about that in the between live classes that you give based on student requests. Will they fall away or incorporate into your yearlong programs?" They will be incorporated, Albert. So, we probably have-- it hasn't all worked out.

But they won't-- the classes that aren't part of a program we'll incorporate into a yearlong program. It won't happen overnight but by the first in the year, we will be fully operational with the transformations. So, we've got a few months yet. Yeah.

So, they'll probably be two tiers of the year of miracles. One tier maybe you get all of the clearings and all of the health activations. And then the lower tier you get just the three hours a month, so probably-- they'll probably be two tiers.

And then they'll probably opportunities if you're in one of the yearlong programs and there's something that you really need that's in another program but you're not part of, you probably be able to get that at a really good discount. I think that was the one thing that I was looking at if people are making the commitment to a yearlong program and there's something that they really need. Only one thing that they really need.

Well, we'll see. We're working out those details. We were just like maybe three weeks into the process of rebranding and it's not all clear yet. We've still got a few months ahead of us with a goal of being shifted you know by January 1st, so hopefully, November, December we're kind of clear on both the languaging that we're using and the what's included and how to access things.

But I think one of the things I do want to give you a heads up is that we won't to be doing lots of mailings anymore. I think by January 1st, we'll be doing the Sunday post. And then likely we'll probably do you know, the invitations to summits or radio shows or things like that. We'll probably do maybe one of those a week if it-- if we continue to do as many. I'm doing seven interviews next week.

But just to give you guys a heads up if there are things that you are thinking that you want and you don't think that you want to be in one of the other yearlong programs probably should do them now because it-- we'll see. We'll see. I don't know exactly how everything is going to be offered but we're not going to be doing-- I'm not going to be doing promos anymore.

I'm going to be writing the next big your divine human blueprint book or poetry. I'm definitely wanting to spend. I spent fifteen hours a week writing invitations for you guys and that's just not a good use of my time. And I think that everyone can move into your long programs, and I can be, you know, exploring other realms that we haven't deeply dived into.

And poetry and music, and art, and there are things I can do with those fifteen hours. You think fifteen hours times fifty week-- take two weeks off a vacation, so that's one thousand five hundred hours. Is that what that is. That's a lot of hours. No, that's not that much. Let's see. I don't know what that is. I'm not in that brain. Let's see.

Everybody, we're going to shift now. Let's see. So, a double pump please. Seven hundred and eighty. Seven hundred and eighty hours a year. Seven hundred and eighty that I spent just writing invitation promo copy. So, that's going to change.

"Do you still have the home study classes to take?" There are home study of classes up to take, yes. "Should we renew the year of miracles now? Or wait until the changes come?" Renew the year of miracles now. That's the best time. Now is a good time.

"And what about between the live classes? Will you give--" Okay. And that one I answered. Okay. Good. Yeah. If it's your turn and time to renew year of miracles, do it. We will be-- it's going to be nice when it's rebranded. It will have all new weekly mailings that will go out that are the support materials. So, you'll be getting meditations and articles and videos and things, but it'll be the new branding with the new-- the new flavor of being energized.

So, it should be. It's really wonderful. I am sure it's going to be really wonderful. Okay. We're just about there. Everyone is double pumping and we're pumping additionally for the vision for us seeing without corrective lenses. We're pumping for cataracts. We're pumping for pressure and dry eyes.

We're just working with some extra energy to help catapult everybody. I'm blasting for another few minutes on all of you. So, we are done with the chart. We're done with the regenerative process that we've started and we're doing some-- a few more minutes. Two more minutes or so of blasting.

So, we had about six minutes of extra blasting for all of you on those areas that you said it really liked some more energy on this even though you didn't know that's what I was looking for with the poll.

"The change is sound good for you and for us too." Wonderful, Dale. Thank you. "My year will be up in May. Should I still do it now?" Oh no. You can-- you can resign up in May, Laurie. You don't have to worry about resigning up right now. I was just reminding people. There are people who are moving out of there you're miracles in the next couple months and this is a good time to re-up right now. It is a really good time.

But if you are-- you're signed up and you have you know, like another six months to go, you're welcome to just stay in. You'll get the invitation to come back. Yeah. I think so. I honestly I think it'll will. Given the commitments that I have to be the best teacher to you and mentor and really exploring areas in deeper levels.

If I'm not spending two or three hours a day writing copy, there is so much more that I can do. And with Adelia's special learning needs she is in therapy at least three days a

week. It's four to six hours a week of therapy. So, that pulls on my time also and I said you know what this is just-- we're going to do this differently.

It's going to feel better to all of us because we'll be in that container, a beautiful whatever it is. Whether it's awaken, ignite, activate, or energized. And that all feels yummy to me. It feels exciting and feels very doable and more expensive than ever with me having even more focused attention on you and the yearlong program.

So, it's just going to be wonderful. It is going to be wonderful. Okay. We have come to the completion. I will do a little more blasting as we're watching videos. If you have time to see the new stuff coming up and so I'll keep blasting for you for another eight or nine minutes. So, I'll go until ten after.

I just want you to know how I how much I love you, and how important you are to me, and that I really, really value you being here. I know sometimes change is slow and you know when we look at things so you have to think like I've been working on things for a while and I guess I thought if I was going to be alpha mama, I should wear my pretty shoes.

And I never felt comfortable wearing my pretty shoes. And doing this spring into life and probably other clearings have me wearing this shoe. And that is not a shoe. I bought it but I didn't wear it. It's like basically a brand new shoe on the bottom. I've worn it like once or twice.

It's a brand new shoe. Still everything's on it. Brand new. So, subtle changes. Sometimes, it's just subtle changes. You can now wear a high heel that you couldn't wear for a while, or you couldn't wear for years. So, just understand slow and steady. Focus on what's changing just like Adelia.

Well, six months ago, the worst, worst month I had; thirty bruises in one week. I had thirty bruises on my body all over. I don't have a bruise. So, even though I'm doing a parent-teacher conference today because of her naughties. She is not-- she's much less injurious.

You know, six months ago, she wasn't talking. Now, the speech therapist yesterday said that she's ahead in language probably because we did sign language for so long and I kept speaking to her in full complete thoughts and sentences and paragraphs that would more. And she's doing so much better.

So, I think slow and steady. We might not have what we want but we are moving towards that goal. So, pat yourself on the back for what is changing. Keep working. I did give you some formulas to use if you have some challenges and I'll keep pump-- I'll keep blasting until ten after.

I love you. God bless you. Have an amazing day and we are done with the regeneration. Let's see. The vision regeneration is going on about a hundred and twenty days on the vision regeneration, and on the tongue-- Oh. Interesting. A hundred and ten days on the tongue. That's a long time for the tongue. Alright, you guys. I'll see you later. Keep pumping if you'd like to I'm blasting for you so you can keep pumping with me.

[End of Transcription on 03:20:39]