



Cardio Lymph vagal nerve  
revitalization

Energize Revitalize & Renew



# Prayer

*I am free to live a life of spiritual freedom and  
full self expression*

*liberated in love, gratitude and mastery  
in this body here and now.*

*My spirit is limitless.*

*I am responsible for any limits I experience*

*in this body and*

*have complete access to the divine  
through prayer and contemplation*

*to release myself from any human bonds*

*I have worn as spiritual clothing*

*that no longer resonate with my essence.*



Love wisdom affirmation

Illumination

## Opening Blessing A Call to Lighten

# *A call to lighten*

Soft the night and sweet the spirit,  
Gentle voices call our song,  
We are magic we are wonder  
When we live beyond the veil.

Human kind please raise your thoughts  
Bring a plane of peace and love  
We the guardians of the pilgrims  
We the authors of the play.



clearing



# Regeneration





## Next Steps

Are you a Part of  
Our Inner Circle Community?  
More to consider!

Quantum Activations Apprentice  
Year of Miracles  
Growing together  
VIP Miraculous One to One

