

## Chapter 23: Guidelines for Success

When I began implementing what I'd learned about Cellular Quantum Mechanics by working on myself or healing clients, I made an important decision. Up to now, I had always worked with the Supreme Being. Now I chose to make God my business partner. If your path is one of a healer, I recommend this path for you also, especially if you are working with others.

Remember that a perfect healing for you—for example your idea of what would be good for the person based on your mind and what you think—may be quite different from what is actually the perfect healing for the recipient. It may be fine emotional fuel for you to prime your enthusiasm with the desire to do good works and assist people in getting well, but although this is a great place to start, it is not the place to heal from.

The *Spiderman* movie had a great quote from Uncle Ben, who said, "With great power comes great responsibility." Your newfound ability to regenerate cells and rewrite DNA is a remarkable gift, a gift not to be taken lightly. You must also understand the impact of removing an illness. This condition may be serving a purpose that you do not and could not imagine. Regenerating cells just because you can may actually alter a person's journey dramatically and is not what healing is about.

The impact to you for healing when it is not asked for can mean you will take on part of their Karma. You may later develop an illness or other adversity as a result of "butting in" when you were not asked to do so.

### Rules for Healing

Here are a few sacred rules to follow when healing others:

1. It is important to ask them what it is they really want for their health picture. If a person has already made their agreement to leave the body, working to bring vibrancy to the cells of the body till passing is the best approach. Once they have verbally told you what they want, muscle test if this is true. If there are family members in the room, they should wait elsewhere. This is a sacred calling, it is important for you to get it right.
2. DNA changes can only be made if you have looked the person in the eye and gotten a verbal go-ahead. When you are altering the DNA, change only the item that does not support vibrant health. I heard about a clairvoyant student in a spiritual wellness program that, without supervision, attempted to remove all of her client's maternal DNA. In other words, half that person's DNA. That is very bad

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because it would mean massive body failure. A large part of our DNA provides the wonderful programming that makes life work so very well. So new rule:

3. A tiny shift in DNA can affect big changes! It is helpful to identify what you *think* should be done and what the other person wants or needs. Practice not *thinking*. Be a good listener, instead, both with spoken communication and muscle testing. Be willing to let a healing recipient's body surprise and amaze you, which it will, if you are in the celebration of who a healing recipient really is
4. Unplug from their drama and stories. It is best to simply validate that they are suffering and that there is hope. My philosophy is to tell them it is better not to talk too much, and to talk about neutral, happy subjects. This keeps the energy off worry and so they do not accidentally block the healing.

Of course, there are always exceptions. If they are having a bad day and talking will discharge the negativity, I let them talk. I do say to them, when they are able to hear, that the negative conversations lower the energy in the room and can possibly slow down or inhibit their healing for the day. If you have let them vent a little and then lovingly said this to them, they will self-edit in the future and you need not take the role of enforcer.

### **Common Mistakes in Healing**

1. One of the common mistakes when beginning to learn the healing protocols is to focus on resolving a specific problem. For example, if you know someone who has a lung issue and you say that you can help with that and then start testing he lungs on where to begin, your healing will be significantly less effective than using the protocols. If someone you know is having health issues, and has asked for help, you can start by asking the body for what healing is needed first. Then test with kinesiology to determine the spiritual, emotional, mental or physical realms. By asking the body what needs to clear first, you have set up the best possible solution for creating lasting change.
2. Another common mistake is to write out a script of what you are going to do in the healing. Making a list of ten or twelve items prior to stating the healing yields a very different result than clearing one by one and discovering the next step once the first clearing has been completed.

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It is important to understand. Each healing changes the body; consequently, the order sequence of what you should heal will change. You will have a significantly reduced result if you follow your first list and clear after the list is built. Again, this advice reinforces your being a good listener to the subject of your healing. You will make the most impact by being in constant communication with the cells and the entirety of the human being you are working with.

Healing is an improvisational dance. As you take one step, the other person's body shifts and you must respond to its new position. Healing this way can be exhilarating and extremely gratifying.

3. I have also noticed a real challenge with overthinking. You must learn and study; this is important. Understanding what the colors mean is vital. such understanding what a black liver (bouts of anger) or a grey bladder (urge for frequent urination) mean. As you gain awareness you can speak with the authority of a trained healer. You must not however think your way through a healing. Healings are done entirely by asking the body what it needs next and responding to what it has asked for.

Quantum cellular mechanics cannot be developed by reading and thinking. I have seen students fascinated with reading the materials I provide, which of course is important, but then if the students do not practice for weeks, they may wonder why they lost their former "wind in their sails" and cannot access the Golden Ring power they once had.

4. It may also be a temptation if you are medical doctor or scientist to think you know something based on knowledge you gained in your career or education. More than ninety percent of the time you will be wrong with your theory of what you think the problem or situation might be. I urge you to use muscle testing to confirm your answers and let the people and their bodies you are healing surprise and inform you correctly.

In the Bible, Jesus says; —"You cannot serve two masters/" This is true here also. You must believe that healing and regeneration are possible. If you are negative or harbor an atheistic attitude, you will produce a weak or ineffectual result. By speaking out that you do not believe in a person's ability to heal themselves, you have actually told them you do not believe in their divinity, or their light. To be a powerful healer you must see the divine and the light in each and every person you serve.

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Be patient. I know sometimes you just want so badly to make things better and the situation isn't shifting. Trust the process. When you are facing difficulty with improving a condition, here are some additional things to check and clear:

1. Spiritual parasites
2. Curses
3. Black magic
4. Inability to heal meme or curse
5. Cell regeneration
6. DNA problem or reset not holding
7. Family programming and group mind

Now we have addressed what to look for and how to approach the path of healing others. I would like you to consider the inner path towards an awakened and enlightened path as part of the formula for being an extraordinary healer. To be truly wise requires a life lived with self-examination and reflection as a key component of your daily routine.

### **Seven Fundamentals** (for living an extraordinary life)

I am often asked how I am able to live such a rich and full life in spite of intense illness and the ups and downs mentally and emotionally from having multiple cancers and seventeen surgeries. Along the way to full health, I've discovered the secret path to living an extraordinary life. Your existence is not defined by the complicated set of circumstances life brings you. Rather, living an extraordinary life is a conscious choice to be and become your best.

I have discovered seven fundamental elements of life that, when engaged to their fullest expression, will result in one hundred percent human fulfillment. The following items constitute your guide to a life well lived:

#### **1. Vitality, Cellular Constitution**

Your vitality and energetic presence gives you the winning edge. When you are healthy, people around you feel safe and confident. More than that, you feel unstoppable. You are able to make plans and follow through with great velocity and intention. Enjoying a healthy body is the most important element, as it creates the ground from which you can soar. Without good health you live a life pieced together, built on a shaky foundation.

#### **2. Alignment and Purpose**

Alignment with your spiritual journey and connection with the Source is the second element of living an extraordinary life. To be in

alignment will require you to take time away from the hustle and bustle of life and the pressures of group mind and family agreements. The greatest quest you can engage in is to discover who you are and what you are up to in this life. To live authentically, you must know who you are and why you are here. Making your best guess or operating on autopilot is not good enough. Make time for you to know you.

### **3. Discipline to Strength**

A person who knows discipline is able to fulfill his/her mission and gains the respect of all people they come in contact with. Discipline is the path to fulfillment of everything made manifest. To be healthy, wealthy, and wise you must engage in strategic discipline. Personal power comes from the ability to follow through. You can only experience discipline when you have cleared the entire muddle and distractions from your path. You must first fuel yourself, meaning you must fill yourself up with emotional fulfillment. When you are filled up you have a greater capacity to be emotionally generous with yourself and all others.

### **4. Enthusiasm for Truth**

When you blend enthusiasm with truth you will be open to your greatest expression of self. As you enthusiastically call truth to you, you continue your journey towards awakening to your divine nature and powerful access to Miraculous energies. Enthusiasm lights the way to higher wisdom. The one caveat to this conversation is to not get caught up with your version of truth. When truth has an opinion or slant, it is actually a belief you hold rather than the absolute truth. Truth has no other version of itself. It just is.

### **5. Ascension, Your Awakening**

The journey of ascension does not require you to consciously drive towards spiritual awakening. In this case your balanced loving life will move you towards your ascension. I now see the opportunity for full enlightenment, which includes mastery in the spiritual area as well as the emotional, mental, and physical realms. This mastery is a deeper and richer type of enlightenment than just a spiritual awakening. The old awakening model was to throw all your intention into a spiritual journey and remove yourself from the world so as to gain enlightenment. This is still a valid journey, but a higher enlightenment of the human experience would be mastery of all aspects of your life, leaving nothing behind.

### **6. Mindset of Love-Magic and Love-Wisdom**

To have your mind in the right place makes all the difference in

living an extraordinary life. Having your brain working well with all the neurotransmitters and chemistry supporting your joyous, bliss-filled life is a vital part of your successful experience. When you are in love with your life and with all people you interact with, you have mastered your mindset and your life. Remember a healthy brain gives you the groundwork for healthy emotions. The awareness of the Oneness of all things is the mystery and doorway to Glory.

## **7. Connection, Love, Appreciation**

This leads us into the final element and the bookend that holds this magnificent formula together. Appreciation for everything and everyone is the greatest lesson and expression of humankind. Love is always the answer. If your days are filled with gratitude and appreciation for the wonderful life you are now living, even if some days are not so wonderful, staying with the grace of appreciation will install the deepest connection to the Divine and to the greatness, majesty, and wonder of humankind.

Living your one hundred percent life means living an exemplary life. You will become the guiding light to your friends and followers as you show the well-lit path towards the ever-unfolding magnificent existence that you choose. Know that you have always had the opportunity to choose. Now I invite you to consciously make the choice for greatness. Join me in living an extraordinary life, and be filled with the peace and bliss that surpasses thought or mental understanding.