

Father, Son, and Holy Spirit, we call upon your miraculous, wonderful, marvelous name, and we ask for your presence in this session. We ask for clarity, understanding, knowledge, and the ability to implement what we come to understand, to cause and create such a dramatic shift in the way our physical body is responding so that we are in a body that is comfortable, that has a slim, trim waist, that our ankles and areas, possibly the back or the tummy that tend to swell, or around the knees or the fingers or wherever that is, God, we're asking that that be course corrected so that we might, each one of us, experience our miracles and feel beautiful in the right body, feel like we are represented well. Our spirit is represented well in the body that we are enjoying our life in.

We thank you for our soul, for our spirit, for our heart, and our physical nature. We thank you that we have these beautiful three components, and we ask that all three components receive the activation and the healing work, the transformation, the restoration, the regeneration, whatever it is that is called for. God, we're asking that all levels of ourselves, not just our physical self, but that all levels of ourselves are able to receive the activations, the transformations. And with your hand and your blessing on the work that we do, we ask that you guide us, correct us, show us, give us the impressions that we need to understand so that we might be fully and completely successful in conquering the difficulties of the unexplained swelling, bloating, inflammations that we've been experiencing that seem to make no sense.

And we thank you, God, so much for loving us so beautifully, for sending Jesus to us. So humbly he came. His wisdom and his guidance, and then his sacrifice, are so deeply without words. Words cannot explain how grateful we are for you sending your son for the forgiveness and remission, the release, the removal of the things that we have done against you, which are known as sins. But even if we don't feel like we're in the category of a big sinner, and yet we're doing things that maybe are against ourselves in that we are not living into the highest level of a God life that we can live, those also qualify for those things that are offenses against you.

And God, we know that you have lots of room for us as your children to make mistakes, and we thank you for that, and we thank you for your ongoing and ever-present love. We thank you for the children around us who remind us of the simplicity and the joy of being a child. We thank you for those who are in suffering around us who remind us that we need to be tender and humble, because this could have been me. We thank you for those who are so powerful and take the role of leadership and stand as a beacon of light. We thank you for the inspiration that they give us.

We praise you, we glorify you, and we bless you, and we ask for your blessing. And we seek, again, full restoration of unexplained bloating, swelling, inflammation in spirit, in our spirit,

our energetic self, our soul, and in our physicality, our physical bodies, so spirit, soul, physicality. If there's anything mentally, anything that needs to be shifted mentally, some way that we're thinking wrongly, we thank you for that removal of that or the awareness of that so we can correct ourselves.

Glory be to God on high. Praise you. Holy, holy, holy Lord, Most High. Heaven and Earth are full of your glory. Hosanna in the highest. Amen.