

## Chapter 6: Golden Rings

### *Exploring Love, Light, and Power* (1989)

*What is the difference between Power, Love and Light? They are  
clearly parts of God,  
And yet they can be accessed separately.*

*Power is tapping into universal source;  
It is transient; it comes and goes like the wind.  
It is useful to create momentum and inertia,  
But you are cautioned not to depend on it in the long run. Like a  
flint, when struck properly, it will ignite a spark,  
But a moment later, if it hasn't made a good connection,  
It disappears. Power can exist without love or light.*

*Light is the essence of matter;  
Without light, matter would not exist.*

*There was no need for love at first  
Because the existence of light in its purity  
Functioned in perfect harmony.  
In perfect harmony there was  
No need for the nature of love  
Because everything was in divine perfection*

*Love came in with a powerful force Available to heal  
Before love, all that was existed in a state of perfection.  
There was no need for the healing power of love.*

*It came only after the event of disharmony,  
As a response to disharmony.  
In love, there is Karma;  
In light, there is no Karma.*

### Introduction

As we enter the dawning of the Age of Aquarius and leave behind the Piscean Age, distinct gifts and markers begin to appear and become the new standard for transformation. The old Piscean Age, defined by a patriarchal reign and a submissive, acquiescing culture ruled by a few, is being ushered out. The new Age of Aquarius standard, which includes androgyny, representing true equality in the spiritual realm, replaces the old patriarchal standard. Furthermore, previously obscured and unavailable knowledge is now accessible to the general population. The uncovering of these mysteries levels the playing field, enabling all to experience the power that was once only imagined and held by a select few. This leads to transformation on a global scale.

Our *human halo* or *Golden Rings* is one such marker. Though knowledge of our halo has been around for thousands of years, this new era defines a shift in both the understanding and the use of this divine tool, bringing its power to our fingertips.

### Golden Rings or Human Halo

Individuals have zero to ten rings, starting three inches from the base of the crown chakra and extending upwards like a funnel or cone. Our Golden Rings belong with the physical body and are not part of human spirit. They disappear with the death of the physical body. The physical DNA provides the information for the halo or Golden Rings, which is available to every spirit incarnating into a physical body.

The energy signature of the spirit incarnate provides the details of when and how developed the human halo appears. Think of the story of Baby Jesus as he lies in the manger surrounded by his loving parents and the adoring shepherds who have come in from watching their flocks. There is a glow emanating from the holy child. For dear Baby Jesus, who was an advanced and enlightened spirit, his halo comes online within hours of birth.

This beautiful condition is a result of the extremely high-energy signature He, as a spirit, embodies. Christ consciousness vibrates at one thousand; Master Jesus came into the world with all His spiritual tools awake and activated, available to create miracles even in childhood. For example, we have been told of the miracles He created as a child. There was also a reverence and a respect that He commanded as a young boy among the elders, due to the vibratory rate of his body and his heavenly glow.

There are stories of holy births in many traditions that share this Golden presence. It is as if the sun has been born with the child, and all who are

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present at the birth feel awe and wonder when witnessing God Presence through the baby or child.

### The Miracle of Childbirth

#### ***Gather Your Children***

*Gather your children, oh mommies today,  
And bind them close to you and love them I pray  
And give them your heart, your time and your ways,  
Singing, oh bonnie mommy; I love you this way.*

*Give them the confidence, the care and the play;  
Talk to them daily about their new world  
And share with them light from the mystical plans,  
Singing, oh bonne mommy; I love you this way!*

The story of any child born on earth to average human parents is wondrous. For each child born, legions of divine helpers have assisted in the birth and in the new individual's transition from the spirit world to the physical world. I share here the details of the Judeo/Islamic and Christian traditions, as these are the experiences of my culture.

### **Britta's Birth**

I was nineteen years old when my daughter Britta was born, She was not my first pregnancy; I had experienced a seven-week pregnancy prior to conceiving Britta. However, Britta was strong and held fast for the challenging ride of pregnancy in my young and already compromised body.

I felt weak throughout my pregnancy with Britta but also had the happy sense a female body experiences with pregnancy hormones, knowing my body was doing what it was meant to do. Think about the anatomy of a woman: Everything about us, from breasts to belly and our social brain has been marinating in estrogen, and, as a result, is prepared to create children.

Although I had had a mysterious illness around age twelve but pulled through, Britta's birth was the first close call with death I had ever experienced. During the birth, I felt a kind of pain I did not feel with any subsequent births. The pain was caused by a tearing away of the placenta from the uterus wall and an open hemorrhage with massive blood loss.

As Britta was born, three guardian angels supported her birth. At some point, we had an emergency: Her heart rate dropped, and I was hemorrhaging. To save her, she was pulled out of my body rapidly with forceps. I saw the reflection in the birthing mirror of a massive red flood of blood that left me.

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While her guardian angels helped her spirit's integration into her body, I had a team of medical professionals working to save my life. I, of course, was in prayer. Clearly, since I am still here, my prayer was answered.

Britta had angelic helpers to get her oriented into her body, which is the case with children like her born to a mother that may not be healthy or who could even die. She was born with the blueprint of Golden Rings but not their appearance. My heavenly feeling around the birth of each of my children came from the presence of angelic helpers.

Infants who are enlightened masters that choose to incarnate, and children born to enlightened masters (namely a mother who is awake to her mastery at the time of the child birth), experience a birth with Golden Rings on.

Children born to enlightened masters may experience the activation of their rings up to about age seven. the age at which the responsibility for their energetic signature starts resting entirely on them.

In our ongoing apprentice training, students are given the opportunity to have their rings routinely activated.

### **How Golden Rings Appear and Activate**

The actual purpose of the Golden Rings is to assist in the betterment of humanity, and for that reason they appear or activate when the individual is well-steeped in wise elder love wisdom. The rings begin to make an appearance at a vibrational energy of 500, lighting and extinguishing when energy rises above or falls below that of compassion. Our Golden Rings stay on at around 680, which is the condition of an ~~en~~lightened master.”

The number of rings an individual will have access to is related to his or her energy vibration. For example, a woman I am training consistently comes in around 475 and this will give her access to five Golden Rings.

**Table 6-1. Number of Golden Rings Related to the Energy of Vibration**

Number of Golden Rings	Lowest Energy of Vibration	Highest Energy of Vibration
1	90	180
2	180	263
3	263	355
4	90	460
5	180	530
6	263	610
7	90	705
8-10	180	1000

### **Appearance of Ten Active Golden Rings**

Our halo can appear differently depending upon the enlightened master you are observing.

- *Ring 1* occupies the base or bottom of the funnel, appearing one to four inches above the head with an outside diameter of ten inches.
- *Ring 2* is seven inches above the head with an outside diameter of twenty inches
- *Ring 3* is forty inches above the head with an outside diameter of four feet
- *Ring 4* is five feet above the head with an outside diameter of five feet eight inches
- *Ring 5* is eight feet six inches above the head with a diameter of fifteen feet
- *Ring 6* is twelve feet above the head with a diameter of twenty-three feet
- *Ring 7* is sixteen feet above the head with a thirty-foot diameter
- *Ring 8* is twenty feet above the head with a thirty-eight foot diameter.
- *Ring 9* is twenty-seven feet above the head with forty-six-foot diameter.
- *Ring 10* is thirty-six feet above the head with a seventy foot diameter

## Ring Appearance

The average human being shows three inactive rings:

- *Ring 1* is one to four inches above the head with a six inch diameter
- *Ring 2* is seven inches above the head with an eleven inch diameter
- *Ring 3* is fourteen inches above the head with an eighteen inch diameter

Years ago, I dated a fellow who had ring envy. He was a funny sort of fellow, by the name of Peter, who was on his own path, had a spiritual nature, and loved the color purple. Seeing my high energy vibration, he set out to impress me by committing, through force of his own will and mind, to elevating, through meditation, his vibration by two hundred points. He went into seclusion and focused on doing just that.

You may have heard that whatever the mind can conceive and believe, it will achieve. Peter did manage to lift his energy vibration and rings to a higher number, but only temporarily. We are vibrationally where we are because we have set up a series of challenges and circumstances to assist us in our growth process as human spirits.

What did Peter gain by forcing his vibrational energy upwards while passing by opportunities to learn and grow at a more natural rate? Virtually nothing, as without having gained the wisdom he needed to hold his new, elevated vibration, his energy returned to the lower setting at which he began. But hoorah for him! He took on a grand spiritual experiment and learned many things in the process.

Bikram's yoga methods do something similar for the muscles. The practice of Bikram's yoga is performed in a very warm room so muscles are able to stretch more easily. Using Bikram's method, you can, without injury, stretch into more difficult yoga poses than possible in a regular or cool room. It's the fast track to a number of postures. However, the muscles have not reveled in the joys of gaining agility in a natural way. I do know, however, that there are many wonderful benefits from this hot yoga. I'm just pointing out the limited mastery to be gained from doing it.

## **The Quality and Nature of the Golden Rings**

The nature of the Golden Rings is that of creation and destruction. When you access the energy of the rings, you amplify your power and ability to be a positive force for good and for change.

The presence of Gold is warm, potent, intelligent, healing and powerful. In the yogic tradition, a yogi harnesses the Golden energy to master a siddha. When used by a master, this energy can control the course of the weather, the conditions of the earth and geometric plates, and alter the thoughts and minds of humanity, shifting group consciousness to a higher energy vibration.

In the Miraculous Living experience, we teach students how to access their Golden Rings for health, well-being, love, DNA shifts, and other curative qualities for the full experience of being human. Prayer, communion with the Divine, and merging with Divine energy for a prolonged period can produce the experience of a vibrating active halo.

Once the Golden Rings are ~~on~~,” for the healing process, we bring the Gold Energy through the human spirit access portal (see Chapter 7) located at the back of the head, one inch above where the spine meets the skull. From there you direct the flow of Golden energy down through the neck right shoulder and arm, through the elbow, wrist, and palm and then through the fingers and out the fingertips. With a pumping action from all five fingers, you can send the Golden energy out through the fingertips towards the area in need of healing.

While I was healing from my toxic exposure to nuclear radiation, I used to imagine sitting amid my Golden Rings, forming a Golden pyramid, supported and engulfed by this miraculous golden God energy. In this energy, I saw my entire body bathed in a rich supply of Golden curative energy.

## **Distance Is Not Important**

The flow of energy from the halo into the spiritual access portal, down the arm and out the fingertips is an extremely powerful mode of healing. In recent years, I have healed thousands of people using this technique. It does not require the person being healed to be in the same room or even the same country as the healer.

Healing someone in another country is no less powerful than healing someone in the same room. If you consider that there's no limitation in terms of distance, it also means that there's no limit to the number of people who can receive the healing simultaneously.

In my experience, as the number of people being simultaneously healed increases to a certain point, the Golden energy coursing through my arm feels like a blast furnace and my whole body heats up. In contrast, if it is a group emotional healing, it might feel like an energy build-up, such as a stress/tension, leading to a sudden release that almost pops, leaving healed people in the group feeling very liberated and free. After this type of healing, the air is crisp and pure. The minds or brains of everyone in the room are clear and lucid.

### **Richard's Story**

Roland, the husband of my student Anna, is an Austrian fellow around eighty years old. He has had difficulties with his vision, so he came to a healing weekend really unable to open his droopy lids and unable to see clearly. Richard's doctor had reported a number of problems including macular degeneration.

In one simple healing session, using the Golden energy from the halo in a number of ways, I was able to improve his vision and his lids held a new strength allowing for his eyes to open.

When giving a healing of this type, the healer begins by

- Activating his or her own Golden Rings
- Ask the healing recipient's body what it needs through the questions provided in the Miraculous Healing protocols

In his case, his body told me it needed a physical healing. With focused intention, Gold Energy cleared his eyeballs, optic nerve, visual cortex and lids, which had formerly all presented grey and black energy.

When I see black and grey energies, I know that this area has failed significantly; I refer to this condition as death energy, not because it portends the death of the person being healed, but rather because of the black or grey area's inability to improve or heal.

When I clear the dark colors saturating the physical body, I restore the natural healthy colors, and once hidden health begins to resurface, meaning when dark energy is cleared, healthy energy appears in its place.

After the first three clearings, my next step was to ask if Cellular Neo-Genesis (cell regeneration) would be appropriate for his body now. Please understand you are asking, through muscle testing the persons body to communicate to you.



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His body gave me the important information I needed to complete a successful healing of his eyes: A significant alteration in the visual programming of the eyes, stored in the DNA, needed attention before he would be able to grow new cells. (See Chapter 2: DNA Obliterations for specific details to this procedure.)

I removed many difficult programs around healthy eyes and clear vision in his DNA. These programs were replaced with programs for excellent eye health and vision.

It is important also to look at the family DNA group bubble to see if an already existing, healthy program can be reset into his cellular body from a pre-existing familial programming. Before moving to another procedure, reset the individual's DNA program. This reset will prevent return of the old program.

*Note:* The DNA has a reset system that is very uncomplicated and easy to use. Essentially there is a reboot program wired into the human body that will reset a person to the former *status quo*. This is a fail-safe mechanism preventing loss of important information to the body. Only a very tiny amount of the DNA should ever be altered, as your DNA is an amazing and complex gift. When the human spirit leaves the body during sleep, the body is at rest/sleeping. Upon waking in the morning, the old pre-altered programs will reboot, very much like a computer after the battery has been removed and later replaced. It basically restores the old programs. Simply pumping Gold Energy into the reset of the DNA will inform the body of its new set position; the individual will wake up maintaining the healing instead of reverting to the former status quo.

As Richard's healing progressed prior to his generating new cells, I was led to the emotional body where some painful family pictures were preventing a full visual recovery. To accomplish this healing, using Gold Energy, I cleared the blockages from the emotional body.

Finally, though muscle testing the thumbs-up for the Cellular Neo-Genesis was given. I stimulated new cell growth as laid out in the Cellular Neo-Genesis protocols given in Chapter 3.

You should complete a Miraculous Healing by filling the person receiving the healing with Gold Energy. Do this by pumping Gold Energy towards them and by assisting their human spirit to reenter their physical body.

A nice visual to assist in this process is to put a Golden sun on the top of the healed individual's head and set them as a spirit in the Golden sun. Then bring the person's spirit into his or her body to fill in every cell all the way to the

outer edge of the skin. This visual paired with the pumping action of Gold Energy will aid the healing subject's spirit to get fully into his or her body after the healing.

### **Golden Ring Activation**

The Miraculous Healing System, with all its power to shift and improve life, relies entirely on the Golden Rings. The human halo for Christians is part of Christ consciousness. However you define them, these Golden Rings are warm, potent, healing, and powerful. Golden Rings for humans, as a species, make us extraordinary and give us a unique position on our planet. Golden Rings can transform humankind and the rest of the planet, as we awaken to the new era, the Age of Aquarius.

When new to the experience of accessing the energy of the Golden Rings, activating and drawing energy from your own Golden Rings may not be consistent. It is perfectly appropriate to access the universal source Gold Energy if you are unable to access your own Golden Rings even better is to access the quantum field. With practice, this step will become unnecessary.

You may be one of the few who had their Golden Rings active in another life. If so, in this life, you may have chosen to experience growth, setting up a lack of access to the rings until you have experienced the steps you designed for yourself to grow in wisdom and understanding. This is my circumstance now.

I have, throughout my life, been able to access great power for no apparent reason. During the “death watches” regarding my own life, when I was so sick, my friends and partners were told there was no way I would survive a week. To their surprise by some miracle, I strengthened and came through every health crisis point. Also, when healing others, I would “pull a rabbit out of a hat” to save lives. These miracles came from my accessing my activated (during a previous lifetime) Golden Rings without my awareness during this lifetime.

### **Super-Human Feats**

Many, many years ago while I was studying herbal medicine with Adam Seller and studying at the Pacific School of Herbal Medicine, one incident occurred in which I was allowed to call upon strength from my Golden Rings activated during a previous lifetime. While out collecting live specimens for drying and creating tinctures, my herbal medicine class as a group came across a large patch of evening primrose in a ditch off a seldom-traveled highway. While we stopped to collect the primrose for use in female health and balancing formulas, two young women in our group, aged twenty-three and twenty-seven, slowed to wave at us from their car, then pulled out onto

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the freeway. They apparently didn't notice a large truck barreling down the road.

The truck hit their car squarely, dragging it down the freeway a third of a mile before it finally came to a stop. I ran towards the car and found the driver-side door was bent well into the driver's seat. Amy, the driver, was in shock with four fractured ribs, a punctured kidney, and other internal damage. The passenger, Adriana, had a broken nose that was spurting blood; she also suffered internal bruising.

I yelled to passers-by to bring ice to cover their wounds; at the same time, I started running Gold Energy and my own life-force into the girls, as both moved quickly into shock. I began using my voice as a soothing balm to keep them calm and serene as sensation began slowly returning to their bodies.

Finally, after what seemed like hours, the jaws-of-life cut the driver out of the car and I joined the injured girls in the ambulance. Once we arrived at the hospital, the doctor who examined them said it was highly unusual that they would still be alive after such a severe accident and thanked me for helping them.

Because I did not know anything about what I was doing, I found I had used a great deal of my own energy to assist them. Therefore, once everyone was safely tucked into their hospital beds, I went into shock, myself, and required a few weeks to recover my own energy and feel strong once again.

Regardless of where I was at with my own spiritual awakening, I still had a clear understanding of the force available to me in an emergency. So, even if I was in a stage of learning and challenge and had not yet stepped into my spiritually awakened state, I could still draw on power from my Golden Rings activated during a past life.

### **Golden Rings Can Appear**

My Golden Rings became visible to one of the ministers at the Lake Harriet church on Ash Wednesday, twenty-five years ago. This occurred as I felt myself slip into spiritual ecstasy; I lit up the room. The Pastor spoke to me after the service. She said, "I watched you from the pulpit as we read the scripture of the Last Supper. As I observed you, you seemed to emanate a heavenly glow and were radiantly transported into another realm with the angels surrounding you. I am sure you participated in the First Communion."

A few months later, when I was traveling to the Mirabai Temple in India, Guruji mentioned a similar appearance of a glow around me and her awareness of my past incarnation related to Mirabai and Krishna.

In extraordinary blessed moments, Golden Rings activate and blend into present life. At these times, the Golden Rings become visible to exalt the bearer and those who witness the spiritual manifestation.

Our Lady of Guadalupe, The image of Jesus's Sacred Heart, St Francis, and other saints are always painted with a full Golden halo. We somehow sense it in the enlightened ones. Seers throughout the ages have reported this phenomenon in their recounted descriptions.

### **Doctoral Level Golden Rings**

There are times when more is provided for those committed to doing the work of healing and love with communities and groups of seekers needing profound healing. As I had largely been a one-to-one healer for many years, I learned much more about the Golden Rings as I delved into the next part of my journey; healing larger groups both in person at my events and on teleconferences from a distance.

What I discovered was that my ability to use Golden energy to heal was, and continues to be, fueled by skill as well as by supply and demand. About four months ago we started doing a monthly free teleclass called, Your Health Can't Wait. In the call, twelve to sixty people would receive a healing on the three glands that help with improving energy and sleep. These glands were the pineal gland, the adrenals, and the pancreas. While I was vacationing down on the island of Cozumel, I led one of these calls. We had many sick people on that particular call with life-threatening conditions. Each were hearing my voice and receiving their first Miraculous Healing.

When I completed the call and for a day or so later I noticed I was experiencing extreme fatigue. I had drawn on my own energy for the volume and depth of illness, and consequently my own physical body was depleted.

Since I know that healing is my calling, I realized there was something I still needed to learn about administering this Golden balm to the masses. I took my questions into prayer and rapidly received the answer. I would need to shift the one-to-one style of healing to a mass style.

Two significant changes I would need to make to assist large groups were as follows:

1. I would not run the Gold Energy into my own human spirit access portal or through my right shoulder, arm and hand
2. I would need to access more Golden Rings

With the addition of more Golden Rings, I could easily handle large groups.

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The rings appear for me only when I am working with large groups and provide a fervent strength. One of my participants mentioned that it felt like a blast furnace coming out of my hand.

Now that you have been excited and awakened to the possibility of using Creator God force energy for healing, you are likely wondering how JulieRenee turns her rings on? It is important to raise your energy vibration to that of unconditional love. As I mentioned earlier in the chapter, prayer and contemplation, raising your voice in devotion and chant, communion, and spiritual ritual are the top-notch ways of getting elevated.

I always help my Miraculous Healing apprentices over the course of a year to consistently access their rings until accessing their Golden Rings becomes effortless. Once they can raise their vibration to love, their Golden Rings will turn on dependably as needed.

I invite all readers to come into our community and receive the support needed for the consistent creation of a Miraculous Healing.

If you are unable at this point to access your Golden Rings, use the universal Gold Energy for your healing fuel until you are able to take your next step up along the vibrational scale!

Illumination and the sound of truth provide an extremely high energy match. These are spiritual programs we have provided for students to explore the vibratory rates from 500 to 1000, as the prayers and mantras provided here resonate at those vibrations. As you speak the words and feel the feeling of pure truth, your energy matches the energy of those prayers and mantras for a time.

*In the Beginning was the Word, and the Word was with God and the Word was GOD. John 1:1*

During the afterglow is a fabulous time to embark on your healing projects.

In the immortal sentiments of St. Francis (as interpreted by the singer Donovan):

*If you want your dreams to become reality,  
Take your time and go slowly.  
Do a few things, but do them well;  
Heart-felt work grows purely.*

*If you want to live life free,  
Take your time go slowly.  
Do a few things, but do them well;  
Heart felt work grows truly.*

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*Day-by-day, stone-by-stone  
Build your secret slowly.  
Day-by-day,  
You'll know, too;  
You'll know heaven's door-way!*

In this chapter you have been gifted a treasured secret. Now that you understand the power you wield, how will your life change? What will you do with this information? What good could you do accessing the secret of your Golden Rings?