

Wise Elder Love Wisdom ~ Project 2

Getting a Handle on Cords & Control Energy

There are 2 big no no's in creating a relationship based on mutual respect honor and full self-expression. The first one is cording your partner and the second one is sending control energy into their body and field. These are both invasive and surprisingly create the opposite effect from what you would expect. They send your partner running the opposite direction away from intimacy and love. The main reason for this is it begins to feel like you are the same person, and that they know every thing, especially your complaints already, and they would love a new experience ~ away from you.

They don't stop loving you but they feel invaded, and can appear to be short or uninterested in what you have to say. There is a simple cure for this in the process I've laid out below. It works both ways, so if your partner has corded you or has control energy in you it will clear by doing this process too!

Stop The Invasion Process

Step One Removing Cords

1. Allow your eye's to close and imagine where cords have gone from your bodies to your partner's body and vice versa. Where do you feel it? Often felt in the head, heart, belly and low back.
2. Imagine unplugging each cord from your body, as if you were unplugging an electric cord from a socket.
3. Make sure the cord is removed to the outside of your aura (the energy field surrounding your body) and imagine filling in the hole in the aura if there is one with magic aura filler.
4. Imagine anything left of the cord dissolving away.
5. If you are good at muscle testing you can test to see how many cords and when you are entirely successful in removing them.

Cords are sent innocently enough when there is a desire to have more information and know where your partner is and what they are thinking and feeling. The mechanism that allows us to send these cords is there from birth when it is important to have mother and baby connected, for baby's survival. If you have sent cords into your partner you may want to clear insecurity in relationship, infidelity things like this may be causing you to send cords.

Step Two Removing Control Energy

Control energy is sent to a partner when you feel a need to over rule their actions or thinking. It lands in their body or field and just sits there until you remove it. Very similar to this is medical control energy that sits in the body say after a surgery and is often why folks are slow to recover.

1. Imagine a pink and blue magnetic rose in front of you at eye level with a stem grounded to the center of the earth.
2. Select the pink one for you and the blue one for your partner.
3. Imagine your partner out 4 feet in front of you.
4. Turn the magnets on, see all the control energy you've left in your partner's body and aura magnetized into your pink rose. See all their control energy leave your body and be magnetized into their blue rose.
5. You can muscle test for completion or feel into it as all the energy has left it will feel lighter and stress or tension feelings will leave.
6. Reach out with your imaginary hands and take your pink rose into your heart, and return your energy to your body.
7. Reach out for the blue rose and imagine giving the rose filled with your partner's energy to them. Say in your mind: he is your energy back, thanks for sharing; I no longer need it and am returning it to you. And see them take their rose and energy back.

Ladies can unfortunately put control energy into men's testicles and the expression she got me by the balls be comes a literal fact. This exercise helps us to be emotionally and spiritual respectful to our partners and gives freedom back where constraint and control used to live.