

## **Year of Miracles\_Energy Body**

Good morning everyone and welcome to Year of Miracles and today we're going to be doing the Energy Body. I want to welcome all the new students who are coming in. This is a luscious and wonderful time spent together. We will be doing a clearing chart. For those of you who are familiar with the pumps, you can get started on chopping. Otherwise, we're going to just do our beginning and then we're going to go into the church and teaching you how to do chopping. But if you want to start on the chart before you see it, you can start with chopping. Okay, we're going to get started.

Mother, Father, God, we ask for your presence in this call and in this healing session and activation of the energy body. We ask for help from the angels, the golden legions, the guides, the gods and goddesses, the saints and sages, and all those who stand with us to get this work out into the world. We ask for an expansion of light, an expansion of love, an expansion of our student base and that our community grow a hundred fold next year. We ask for blessings to be showered on each student in this call and that their energy bodies may be fully active and activated in the most comfortable and beautiful way by the end of this session.

We thank you so much for your presence and for all the help that you give us. We thank you for all the miracles that you shine on to us. We thank you for our beautiful homes, our families, our friends, our careers, and the wealth that we already have. We thank you for the fully functioning energy that we already have and the information from spirit to body that we already receive. We thank you for all the blessings, amen.

'I am free to live a life of spiritual freedom and full self-expression; liberated in love, gratitude and mastery, in this body here and now. My spirit is limitless. I am responsible for any limits I experience in this body and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence.'

And together we'll sing the opening mantra which removes obstacles.

*(Sings in Sanskrit from 00:03:31 to 00:04:47)*

Okay! We're going to go into the movements next or the quantum hand movements that we'll be using for today. I've got the chart here. First of all I'm going to show new things and then I'm going to show you the chart. The basic quantum pump works because we're setting an intention in the mind and we're using our hands to get into the field of transformation or the field of pleasure. The elbow is down at the side and the hand is pumping forward. This is the basic quantum pump. The shift in the quantum field happens on the up. It's down and up. This is the basic quantum pump with the fingers loose and

relaxed. The actual rocking motion happens more from the elbow than anywhere else. It's not actually generated up here. It's generated from a gentle rocking.

Excuse me. We got a little dust from the heater blowing. We had so many warm days but the last couple of days have been chilly, so we've got a little dust coming in. Okay! So next we're going to do the double pump just so you'd get used to double pump and then we're going to go into chopping. The double pump looks like this. It's both hands. You can do this with the double pump. I prefer doing this one but it works both ways equally well. The hands again are loose. The movement is coming from here and this is rocking the hand forward. It's coming from the elbow and on the up, when you're going up, that's when the shift is happening in the field.

Now, we are using chopping for the clearing that we're going into. So in chopping, your fingers are going to be held firm. Now you can hold them firm apart or you can hold them firm together, either way. This is chopping. Chopping I think for me, it makes sense to do it alternately. If you're an artist, like you're chopping on marble or something and you're chopping away or you're chipping away at something and you can have them equal and even with your shoulders. I tend to go in a little bit and that's alright too. Whatever's going to be comfortable for you. The movement again is coming from the elbow and not the wrist.

And then we have one other movement that I want to teach you and that's the chakra hand movement. The elbow is coming out like this and my hand is moving like this. This is the movement. You can go reverse. You can do either direction. So if you're able to muscle test on which way the chakra is going, you can do clockwise or counter-clockwise. This is clockwise. This is my right hand and it's going like it's going down around. Like midnight, and 3, and 6, and 9, and midnight. Clockwise, that's the way that I teach. Clockwise works to get the chakra going counter-clockwise or clockwise. Counter-clockwise only works counter-clockwise. So if you're going the opposite direction, you're going to be having that chakra going the opposite direction.

I made the decision as I was preparing for class this morning to put in your member's site with your information today, so then like the slides and charts and things, and you'll be also getting the chapters from Your Divine Human Blueprint on the chakras, the human spirit access portal, the halo, and the aura. So, you're going to get some nice reading material. If you're one of my apprentices, I want you to definitely dig into that. If you're a new student, you might really find that fascinating. It's certainly not required for all people but for all the apprentices, it is required reading. And you might, if you haven't picked up Your Divine Human Blueprint, it is the guide that I wrote 7 to 5 years ago. I wrote it over a couple of years. Most of it was written in an 11-week period. But that is our foundational guide and then since then, we've learned some things and we've added some things. Everything in the book is accurate; there's just new ways that we do some of the things

and we have a lot more details than we did back then. But it's about a 600-page book with a lot of wonderful information for you.

Now, we're going to go look at the quantum pump chart before we move into the clearing chart. That's the next thing we're doing to do is just look at the quantum pump chart. I've got a bigger chart here obviously but this one is for the movements that we're going to be using today so that you're going to be able to really look at these a little more carefully. The basic quantum pump is typically done with the right hand. We've reviewed this. It's about 6 to 10 inches out in front of your shoulder, with the thumb facing up. It's this movement. Gentle rocking forward and back. It can be used for regeneration or all types of clearing but it does not replace the side slide or the chakra activation. For this case, we want to do the chakra activation the way I've shown you. Other than that, everything else, it works for double pump, and it works for doorknob, and it works for platter. It works for everything. It just goes a little bit slower if we're not using the one that's specific.

The double pump I showed you using the same technique as the single. Lift both hands facing in towards each other, about shoulder height or 8 to 10 inches away from the shoulder and I like to alternate but it works also equally well if you do the hand pump at the same time. Remember to keep your fingers loose. Chopping is what we're doing for the clearing that we're doing right now. It's much like the double pump; however the fingers are held straight or firm and extended or held together alternating hand while the other one is up. Imagine being a sculptor chopping at marble. It's used for clearing spiritual interferences and big guns. We have a nice and big chart that we're clearing.

And then the chakra activation is the elbow bent and the hand is even with the elbow and the arm facing up. We haven't really identified that but the thumb is facing up and move the fingers in a clockwise direction. If you know what direction the chakra is spinning, you can also counter-clockwise. The information that I'm giving you, if you're tuning up your chakras, the written information goes into great detail in your divine human blueprint about each one and which direction it's going. It's used for chakras and Nadis, both for repair and to replace, and also to get them working at 100%.

This is going into your member's site, this particular chart. I'm just teaching you about these. We're going to take this off the screen now and we're going to put the clearing chart up next. There we go. I'll make that bigger for everyone so you can see it better. We'll also put it in the chat box. Just give me a second and I'll get that all done.

Okay! The right, permission, and ability to have 100% healthy and fully functioning chakras. 7 are related to the body, 21 chakras in total. Nadis, 278 in total. Those are mini chakras. In Your Divine Human Blueprint I go into a lot about where those little mini chakras are. They're all over the body. They're fuelling the organs, the glands, and they're working with the systems. Meridians, 8 in total. Pristine, beautiful, healthy aura - 7 layers,

fully clear. And an open human spirit access portal and full access to the quantum field through my golden rings; removing amalgamated, controlling, damaging, delusion, disgust, evil, intertwined, intolerant, parasitical, and suppressing. And then I'm going to put this in the chat box. I know some of you are waiting for that to happen, so here it comes and then we'll continue.

Areas of the blueprint are perception, essence, energy, quantum, and amplification. We'll be doing be doing chopping with this one or you can shift to double pump, if that's a little bit easier. It's a little bit less effective, like about 4% but really is also a good choice. And then the chakra hand movement, later we'll be using. The programs we're clearing are evil spirit curse, undeserving, cycles, avaricious, life cycle covenant, bloodline, physical timeline, agreements, oppression, miasm, Atheist thought form, adrift, destiny, this is your future, black magic, isolation, and undignified. Emotional and mental anchors that we're removing from the energy body are glee, neutrality, revulsion, anxiety, distress, self-indulgence, dread, grief, lonely, possessive, envy, embarrassed, deception, frazzled, greed, sick, gluttony, melancholy, and scorned. And we have a list of anchors and spiritual interferences 1 through 8 - you can see a bunch of them and spiritual interferences 9 through 40. C22 is a block to permanence and C28 is past life covenant. Those are a couple of the letter numbered ones that I actually had mapped out.

So, those are things that we're going to be clearing right now. You can settle in here as we work on the clearing and then I'm going to say good morning to everybody. You've been chopping hopefully since the beginning of class. Diane from Texas, and Laurel from California, and Dale from Georgia, and Beck. Yay! And Christine from New Zealand, and Jane from Indiana, and Marion from Montana. "Much love from Quebec" from Petra Sophia. Margo from California and Kathy from Monterey. Yay! Jenna and Trevor is now in Paris. You've been moving around, Trevor. Katie from Michigan, Lemee from Estonia, Robin from Virginia, and Emilia from Germany. Yay! Sean from London and Marie, "I'm on board this morning." Yay! And Luisa from Alberta Canada. Yay! Paula from Israel. Nice to see you, honey. Dianne, "Good morning from Wisconsin." Hi, Diane! It's nice to see you and Sue Lorraine who are a couple of our recent graduates. There's Petra Sophia, and Sue Lorraine, and Diane who are all recent Diamond graduated. "You look so pretty." Oh, thank you. We have a playdate right after. I'm ready for you guys and I'm ready to go on to look simply marvelous with the other mommies. Irina, Therese, and Maryann, and Julie, and Robin, and Philippe from Munich, and Severina from Slovenia. And there's Trinity! We've missed you, Trinity. There she is from Woodlands. And Severina from Slovenia. Lots of love coming our way from Severina. I can feel it. Nicole from Switzerland. Hello, Nicole! Arcadee is another recent graduate. We have a lot of recent graduates here. Philippe is a graduate also of the Diamond. So, we've got some apprentices and some Diamond graduates. Anne Marie from Finland, "Happy to see so many joining." Thank you, Anne Marie. Us too.

Sean, "In the beginning I used to find that I had to do the chakra movement individually for each chakra but as time has progressed, I've released that. If I made the intention, I could effectively bring them all at once to 100%. I'm guessing that when I've done this for awhile that we can clear them like this? I always recommend that you look at the front and the back of each one and test them. Perhaps? What we do with the chart, maybe it feels like that to you that it goes faster because we go through the clearing statement first and that's what we clear first and then we go through the first, and then we go through the second, and then we go through the third, and the fourth column, and the fifth, and the sixth column; even though you're not consciously doing it on purpose and I think that might be also the way that the chakras clear for you, Sean. In this case though, in the clearing, we're going to work on all 21 but in the activation, we're just going to work on the 7 related to the body ones. If you want more details than what we can give you in a 3-hour class, I'd like to recommend that you get into the apprentice level because we'll be doing 100% energy and that will have even more details than what we can do in 3 hours because I think we have 6 hours in that training, so we can even go into more detail. So maybe Sean, its going 7, 6, 5, 4, 3, 2, 1 or the opposite. You might be going through them that way.

The birds are singing and that's very nice. We had a little butterfly. Adelia has been getting up at 4:35 in the morning for about almost a week so she's taking her 9:30 to 10 o'clock nap now. She was too tired to stay awake. Mommy is adjusting to this crazy schedule right now. But she's trying to skip her afternoon nap and so she's going down too early, so I need to try to keep her awake a little longer at night but she gets like, "I need to go to sleep." Anyway, that's where Adelia is.

I thought we would add some fun to the beginning of the class by doing a little bit of singing. No, I answered the question though, Sean. I did answer your question on that you're probably starting from chakra 1 or chakra 7 and you're going through them even though it feels they're doing it all at once. You're probably much faster because you have done it before. So, I did answer that question but I don't think you understood that I answered it. You probably are just going chakra 1, chakra 2, chakra 3, chakra 4 even though you're not conscious of it; you're just doing the chakra movement and they're all coming up. That all I'm saying.

I didn't, Luisa. I said that I would explain that in the energy class. They're not related to the body, okay? I'm not going to map out the 21 chakras. We're going to clear those and in the Energy Class, I will map that out. That's not something that I promised or wanted to talk about too much in this class, other than to get started on it because in the past, we haven't looked at numbers and today, we're looking at really being able to clear the right, permission, and ability to have everything functioning fully. And what I really wanted was to get this started for all of us and just really being more aware and as we progress through the year and we look at the Essence Class, and the Energy Class, and the Blueprint

Class, and we'll probably do a Perception Class, what I want to look at with you guys is the real details and not just a vague 100% fully functioning chakra or 100% fully functioning Nadis but I actually want to have a number assigned to it. That's what I'm looking at so that we start really including things that maybe aren't in our consciousness to include. I will be in all of our training and with Year of Miracles looking at the details as much as I can get them, okay? We're going to have a beautiful, rapid fire energy clearing today. It's going to be really fun.

There are a couple things that I would like to do. Let me just check and see what we should do first. I'd like some singing happening and I am going to do a blueprint activation also for the golden rings. Should I do that now? Let me think about that. Okay, I'm going to do it in about 5 minutes. Why don't we sing one song while we're clearing and then I'll do a blueprint activation and we'll put a little bit of music on. It gets quiet in here when I do blueprint activations because I don't talk when I do them. Let's do 'A Call to Lighten.' That will be a fun one to do. I've got a bunch of songs up for us today. We can sing and keep the energy really nice and high as we are really improving dramatically our energy system.

Oh Sean, what I'd like to recommend is to go on the phone line and then Rebecca will send you the charts. Just go on the phone line and get the charts and the slides from Rebecca, okay? If you've got a bad connection, go on the phone line. Alright, we're going to sing a little bit. But Sean, I did get charts to our support team already and the details may already be up. They might be.

*[Singing]*

*Soft the night and sweet the spirit*

*Gentle voices call our song*

*We are magic, we are wonder*

*When we live beyond the veil*

*Humankind, please raise your thoughts*

*Bring a plain of peace and love*

*We the guardians of the pilgrims*

*We the authors of the play*

*Soft the night and sweet the spirit*

*Gentle voices call our song*

*We are magic, we are wonder*

*When we live beyond the veil*

*Humankind, please raise your thoughts*

*Bring a plain of peace and love*

*We the guardians of the pilgrims*

*We the authors of the play*

Beautiful! Let us go back to the chart and actually, we're going to go to the page on the blueprint clearing for a minute because I want you to keep doing the clearing while I go into the blueprint clearing. Yes Luisa, you're right. There are 12. I counted 8 when I was doing this in a hurry this morning. You're fine. It's fine. We aren't doing meridians today. I just wanted to clear them. We're not addressing meridians at all today other than in the chart, which we hadn't done meridians before.

Okay! The instructions for blueprint activation: do not follow me into the blueprint, which means you keep your eyes the open and you can keep pumping. If you're a visionary, meaning you can see in your mind's eye, if you can sit in the center of the head and you know that you're not leaving, you can observe me from a safe distance but I do not want you to close your eyes and kind of float out of your body. What we've had are people who get really sick when they followed me into the blueprint and had been sick for about a week. It's not meant for people to go into. It is an exhausting experience, so I don't want you to do into it. It's more than exhausting; you won't feel good. So, don't follow me into the blueprint, keep your eyes open with your feet on the floor, keep pumping and you're going to be working on the clearing chart. You're going to just keep working on the clearing chart and we're going to do that chart for about 26 more minutes. So, just about at the end of the hour. Just keep chopping. Everybody's going to keep chopping. Just keep chopping and we'll carry on.

Okay and I am going to go into the blueprint. I'm not going to talk. I'll put some music on so you know that the sound hasn't gone out. I know sometimes people, when I get really

quiet for awhile and I'm investigating or looking, they assume that I'm not here or that the sound went out rather.

What I'm going to be doing is working on 5 issues related to the golden rings and your access to the quantum field. That's what I'm working on as you guys continue to chop on the chart.

*(Music playing in background 00:31:25 to 00:39:24)*

Okay, wow! Wow, wow, wow, wow, wow! That was a lot of clearing. Let me come on the screen and talk to you for a minute. Everybody keep chopping. Okay I was in the blueprint and I know some of you would like to know a little bit about what it looks like in there. What I could see is today, I was really looking at a color that was kind of a deep green/teal and I could see some other colors in there. I could see some thready stuff. And then, I noticed there was like a remnant of something that indicated to me that the problems that we cleared today related to your halo and then some other things I wanted to talk to you about are related to the type 6 alien which is a snake. I cleared the 5 issues that were interrupting the flow between your halo and the quantum field. But then, I saw because we're up here and we're working on all these things today, I saw that the same type 6 snake/alien had also put 3 problems into the human spirit access portal. So, I cleared that. And then, I also noticed as I was looking at the chakras, I looked at the whole body chakra system that there was an issue with the back of the 6th chakra and that also I cleared. All of that were problems in the blueprint from an alien type 6. It might be a really good clearing to really for me, maybe with you guys as support to clear everything that alien type 6 has been able to mess with in the blueprint. That would be a really great clearing on another day. I'm not testing that we do it today but that was a big mess in there.

If you are a visionary and you were watching, I always love to hear what people see. So, please do let me know. Yawning would make sense especially with what I was working on. All of it is up around the head; everything that I worked on in the blueprint which you might feel because you're right here with me. Everybody, take a deep breath and make sure that you're really grounded in your body. Pull your spirit back in your body, if you're mildly tempted to float away with me. Everybody pull yourself back in. Surprisingly, not so bad. A lot of times when I come from the blueprint, I'm not able to talk for awhile because I'm so disconnected from my body for awhile but I got in pretty good this time. I bet I'm more than 30% connected already. It takes about 10 minutes for me to get all the way back after being in the blueprint.

Oh you're welcome, Dale. Okay, so we had that done. Fantastic! That should make everything that we do today related to the human spirit access portal to chakra 6 and to getting those golden rings on and lit up. That would be great. The golden rings by the



way, they serve a function of access to the quantum field and how they're set up is to come on when your frequency is over 700. Now, I train people and I help them turn their golden rings on. Once they've been turned on and cleaned up, we like dust them off because they've been -- You always have golden rings there but they aren't just visible or useable because you haven't necessarily reached 700 yet. So once they've been turned on -- In this class, they'll be turned on and then you can more readily turn them on. Just know that that's not a kind of a function that you can do on your own the first time but if you have a master like me who helps you turn them on the first time, then you can get them up and running again once they've been on. That's one of the blessings of being in a class like this.

Gosh, we're doing so fantastic! Let's see... We're about 82% clear on the chart. And for Susan, we're doing chopping on the chart. Let me show you the chart that we're working on. Definitely watch the replay. I just did a blueprint activation, so you'd want to know all about that. Here's the chart again for you. Susan, "Can you tell me how many rings I have?" Everybody has 10 invisible rings. Everybody does. And usually, we can see 1 to 3 rings. We're not working on the rings yet, so let's save that for when we're working on the rings. "Thank you for doing that for us even if it's not easy for your body to help us clear things." You're welcome, Petra Sophia.

You know I could say what I could see but I can promise you that we all come equipped with 10 dormant rings. Some of them are so invisible that you just don't see them at all. And if I were to test, you might show up with 2, or 3, or 1 that isn't on but is there. But, there's more than that. There's more than meets the eye or even the muscle testing. Chopping is the only thing we're doing on this chart. Good for confirming. It's the first thing and it's the thing we're doing on the chart. And then the other two things that we'll be doing later in the day are the double pump and chakra movement, but not until we get the chart done. We're at 82% on the chart. We're still working on the chart. I'm doing blasting for all of you.

If anybody is a visionary, if anybody saw anything when I was in the field, I love it when you make your comments but if not, that's okay too. Usually, there's at least a couple of people in the class who saw something. I think we're going to be going for about 10 more minutes on this chart.

Emilia, "Julie Renee, thank you very much. I am more on the feelings side. I could feel above my head and across the portal some circular movements lifting up in a way like a three-some as if there were 3 different energies." I was working on 3 different things, Emilia. That makes sense. I was working on the golden rings, the 6th chakra, and the human spirit access portal. I was working on all 3 things, so you responded by feeling 3 things.. That's wonderful! I love hearing that.

Okay, let's do some singing. Singing always helps move the clearings along faster. We like moving the clearings along. Let's go back down here. And I don't know if you caught the Sunday newsletter a couple weeks ago on angels but you might want to go back through your emails and read it. I went through great detail on all the different angels who are standing with our community and helping us to shift. There are a lot of angels, like thousands of angel. The golden legion, there's almost 7000 in the golden legion helping us. They show up to class, and they show up with the students, and they really stand to help us. And you know the golden legion, it's so interesting, they're warriors and I was so intrigued to learn more about them. We really came to know more about angels in our Angels Class in December and it was really fun for me. I was feeling like my students really want this so I'll give it to them and then I ended up teaching a class that I loved because it was such new information for me and it was really a joy to discover more about angels and how they're here helping us. So go back; if you haven't read that newsletter which was probably two and a half weeks ago or three weeks ago, all the details of the angels that are helping our community are in that newsletter. I think that would really be super fun for you guys. Alright, let's sing 'Angels Call.'

*[Singing]*

*Angels call while we are sleeping*

*Riding through the waves of dreams*

*Keeping safe our mortal bodies*

*While we play in Astral Scenes*

*Beams of light flow from their bodies*

*Showing us a glimmering mirror*

*Waking to the world of wonder*

*Leaves behind all doubt and fear*

*Angels call while we are sleeping*

*Riding through the waves of dreams*

*Keeping safe our mortal bodies*

*While we play in Astral Scenes*

*Beams of light flow from their bodies*

*Showing us a glimmering mirror*

*Waking to the world of wonder*

*Leaves behind all doubt and fear*

Oh, wonderful! Margo read it and it really helped her to understand. That's fantastic! And here's one more on angels. It's just a fun little prancy kind of a song.

*[Singing]*

*Angels and innocence, time racing by*

*Babies and mothers, hope in their eyes*

*Honest and open, hearts flowing free*

*Find me a spirit, floating in glee*

*Life is a mystery, passion's a chance*

*Not all are meant to be, part of this dance*

We need to change that 'glee' don't we? Let's see, what can we put instead of glee that rhymes with free? Gaiety, oh I like that one too. Oh Jenna, you saw yourself wearing that color, beautiful! I like gaiety but I just don't know what the words would be before that. And so we're not using glee anymore because glee we discovered -- I wrote this many years ago like about 15 years ago and glee to me then was happiness. Glee is happiness but it's happiness at the expense of another, so we always are clearing that now. At the expense of another, we don't want that. In sweet gaiety? Oh, I like that. That's nice. I'd have to change that on the main page. Okay, let's try it again.

*[Singing]*

*Angels and innocence, time racing by*

*Babies and mothers, hope in their eyes*

*Honest and open, hearts flowing free*

*Find me a spirit, in sweet gaiety*

*Life is a mystery, passion's a chance*

*Not all are meant to be, part of this dance*

I think we'll leave it this way for now. It's still not quite but we can make it work. It feels like it's gone one extra something. But we can do it. I like it. Thank you all for helping. That was wonderful. We should be coming up to close to done on the chart.

"Of meaning essentially and is rather than in which feels temporary." Oh, I see because they're in gaiety and or of gaiety. I get what you're saying, Trinity. I'm starting to get it. It's semantics now. We're working on what the connector is. I was actually working on what felt easier. And of sweet gaiety means that that's who they are as a spirit rather than they're in the playfulness at the moment, but they're not always in the playfulness. Okay, thank you. "Texts are sometimes lacking." No, I got it. I like the idea of it being permanent as opposed to somebody who's just kind of there.

Alright, we are at 98% on this chart and we're going to take a short 5-minute break so you can get up and stretch and get a glass of water or use the bathroom and then we're going to be starting in on the chakras when we come back. We'll come back at 5 after the hour. Let's take a little break for 5 minutes now. I'll just put it up here too. Just get up and stretch and move around. We'll be back shortly.

*(Break. Music playing in background from 00:59:17 to 01:06:13)*

Welcome back everyone and we're going to begin to work on our chakras next. We've got a lot to do. The goal would be to get through the chakras in the next hour and then we're going to do 20 minutes on the aura, 20 minutes on the human spirit access portal, and 20 minutes on the halo. We can organize it that way. We're going to really plough through this but the big clearing that we did should really help and since we've already done the blueprint activation, that should also help. So, we should be able to do it.

We're going to start from the bottom and work up. So basically, we're going to start with the perineum. It looks like a pointed ice cream cone pointing down towards your knees from the perineum. There's a little bone in your sitting area and the chakra is pointing down. Chakra 1 is a single chakra. We're going to go ahead and start working on that. We're doing the chakra movement for Chakra 1. Everybody is doing the chakra movement for Chakra 1. Let me come on the screen to remind you what that is and then I may do a little bit of reading which I usually do from the blueprint book so we can remind you about chakra 1 and its importance.

Let's see, we have 36. Rebecca, can you let me know how many people we have on the phone lines and then I can look at everybody who is participating live. We'll just make sure with every person. I think we have about 40 live people it looks like. In this case, even though they're going to go through the replay, why don't we do all 55 students? Okay, perfect! There's 36 and there's 4 on the phone line. I'm going to do all 55. So for those of you who are watching the replay, you'll get this too at the same time. Alright, so I got that.

We're going to be looking at how many people's 1st chakra are at 100% right now. 4 and I'm one of them. There are 3 others. We're going to work on getting the chakra up to 100%. The chakra movement is this hand movement. That's what that is. I'm so excited! I know you guys who have been with me a long time, we get a little bit more personal in this class and we talk about things and something that Adelia and I are really looking forward to is our movie star friend, Barbara Niven is coming for a visit and we're just so happy that she's coming. So, we have a little vacation in the next couple weeks and Barbara is going to come for a few days to hang out with next. And really, she has gotten starring roles on Hallmark. She was in Cedar Cove and now she's in another one where she's the lead actress. I'm so, so excited for her. She has done a lot of movies. She has done over 200 movies. We talk on the phone but she hasn't had time to come for a visit, so we're so excited to have our Hollywood girlfriend coming. She made me promise no makeup and we're going to be in sweatpants and we're going to be relaxed and just hang around the house and be girlfriends. I'm thrilled. We have that to look forward to next week. Yes, lots of good things.

You know, as we're working on this and we're looking at the 1st chakra, the 1st chakra is really about your foundation. It's about your space of survival and how well you're doing in the world. So like the basic needs being met, a house and a roof over your head, food in your belly, water, air to breathe, and that kind of stuff. A lot of survival issues happen down in the 1st chakra. That's what we're working on tuning up and then just permission to be in your body and permission for that spirit to be there. One of the things that I was noticing is, the new age people say, "Oh well, our spirit is really from the 4th chakra..." So 4th chakra for me is up here, so like up here and that's where the spirit should be. But

actually, our spirit should live in our whole body. Maybe not to 100% below but certainly the whole spirit should be equally or wonderfully in the legs too.

Oh and other people have asked -- I got this question recently and it seems to make sense to talk about it right now. Why do we in meditation clear our legs with earth energy and then cosmic energy in the human spirit access portal into the back and then we don't go down into the legs but we just come right back up. We go through the pelvic cradle and come back up. So, that's mostly in the meditation, isn't it? The reason that we do the earth energy in the legs is that we really need to connect with the earth and so we need to be grounded and that's one of the ways that we get grounded and in harmony with earth. We want to be harmonizing with earth. Earth energy is beautiful for clearing your legs.

Now your legs are your ability to move forward in life. They're very powerful. They help you be grounded. If you've ever had walking problems which I have, you don't feel grounded. You feel wobbly and you have to balance on something and that affects your character, your personality, and the way that everything shows up in life if you're ungrounded. So, we want you to feel grounded with that earth energy. Can you bring earth energy up all the way through the body? Absolutely! And it feels wonderful, by the way. It feels very connected to the mother or the earthy resonance that we choose to live here; we choose to live on planet earth.

Now cosmic energy, we pull from somewhere in the universe that's in harmony with us. We're bringing it into the human spirit access portal right here, but once inch above where the spine meets the skull and bringing it down into our neck and shoulders and out our arms, elbows, forearms, wrists, hands and fingertips. These are our creative channels, so you want to clear out your creative channels. These brings in responsibilities. And then down your back, the things that are behind you. Your whole life story actually goes down your spine; as we found out when we did the spine class that the spine is really a timeline of your life. Love and relationship are at the heart level. Your early childhood is up in your neck. Feeling supported, that's down lower in the spine. And so we're bringing it all the way down into the hips and then we're looping it up through the belly. And at that point, you also could be bringing some of that earth energy like maybe 10% of that earth energy up into the belly, and the chest, and the neck, and the head, and fountaining out the top of the head, and then clearing the aura.

What we're doing with cosmic energy is we're looking at something that matches you. We have earth energy that's grounding and then we have something where it was a place where you were really like, "This is my place." Or it could be because sometimes I tell people there was the middle star and Orion's belt and I was like imagining that I have protectors in the heavenly realms. And so Orion is like a warrior carrying his bow and arrow and he has a belt, so that middle star which might be Pleiades -- By the way, we

clear one of the Pleidian races but I understand there are 4 that I test. The one that we clear is the low race but there are also beautiful Pleidians. So, just know that we have help.

Another place that I bring cosmic energy in is from a temple in Nepal. In one of my incarnations, I was a goddess in Nepal. There was a temple where there was a statue of me. So, I bring that cosmic energy in from a temple in Nepal. I was in Nepal for just 4 days. I was in Kathmandu and it was ecstasy to me. I was so happy. The energy was so good. It feels to me that the energy in Nepal and India, people seem to know me from my past incarnations. I've also been a queen in India, like a guru kind of queen and it just felt to me like people knew me. They were so happy to see me and I was so happy to see them that it was like a homecoming. I plan to bring my children to India and Nepal when they're just a little bit older to have that experience with me. There was such a warm and wonderful greeting both times I was in India. That felt really good. It felt really, really sweet to be in Europe but not the same as India. India was like better. That felt wonderful. I'm here because this is where my work is. That's why I'm here.

Okay! 43 people are now at 100% with Chakra 1. We're just going to go another couple of minutes. About 7 minutes, we have to get through a chakra so hopefully we can do that. I'd like to get the chakras done in 1 hour today. We will do our very best.

I think the folks who are going to do this because we have to move on, I think the people who aren't going up are the people who haven't been in the live class. Do we have everybody in the live class at 100%? There's 1 person left and she/he is at 98%. So, we're going to move to Chakra 2 and I'll make sure that the one person in the live class, because if they're running around and doing things, we can't work on their chakras. So, if you're doing the replay, you're going to get it but we're not going to reach out to you while we're doing the class. It's going to take too long. It isn't working really well, which I was hoping it would but it isn't.

Let's go to Chakra 2. Chakra 2 is right here. It's kind of the top of the bone right here and it comes out like a cone. It's right here also. It's at the bottom or the base of the tailbone right here, coming out. It definitely is the chakra for creativity on the physical level. For women, it's just your chakra of sexuality and for men, usually the chakra for sexuality for men is the 1st chakra. But for sensuality, it's for both men and women. But for sexuality for men, it's the 1st and for women, it's the 2nd. Sexuality, it's that chakra and then for everyone, it's creativity on a physical level. Creativity on more of an intellectual, spiritual or emotional level, that would be 5th chakra. This would be creativity on that higher level and in the body here. Creativity is creating new life but also could be dancing and things that you do with the body that are creative and that would come from the 2nd chakra. And then what you do maybe with your mind or your voice or even art, like the creative channels coming through the arms, that's art, or writing or painting, that's from this area.

And so we're doing the front and the back of the 2nd chakra now. And the last person did move up to 100%. Beautiful!

For all of you, not just for apprentices but for everyone, you'll have all the details from Your Divine Human Blueprint. I mapped out chakras and as a matter of fact, we might turn the chakra chapter because it's so complex and detailed into a little book on chakras and maybe just add a little bit more like some clearing charts and things and turn that into a chakra book or an energy book. We might just put all the pieces together and just tweak it some and put that on the market because no one talks about chakras like I do. So, I think it's really helpful to look at it from that point of view. We look at the colors in the chakra which we're not going to necessarily do today; we're going to trust that your chakras are going to move to the color that's going to be working for you.

No comments for many, many minuets now. Oh, here comes a comment. Yes, we're doing the 2nd chakra. We're on the 2nd chakra. I'll put the picture on the 2nd chakra up. Oh and I hear little peanut so I'm going to go get Adelia Rose.

"Love the book idea!" Oh, it looks like lots of people like the book idea. "Wow, she's beautiful and growing so fast." Yes, she is. She's such a big girl. We've been so blessed; Adelia has never gotten a cold. It might have something to do with her being at home with mommy rather than in a daycare or preschool. Adelia is going to have a little brother or sister some time. We're going to file for adoption again in June and then we wait about a year or sometimes it can go faster or a little slower but if all goes well, we'll have a little brother or sister for Adelia. She has been telling everybody about the baby and that mommy is now pregnant. She's been telling people but she does it with sign language so it's not too confusing for people.

Thank you, Mary Ellen. Let's see where we are... We're about 60%. We're doing the front and the back so it's kind of like we're doing two instead of one. We're doing front and back and we're about 60% on getting them to 100%. Everybody's doing the chakra movement. Katie says hi, Adelia Rose. "The older you get, the more beautiful you are." Thank you. We're working on the 2nd chakra, everyone. Trinity says hi to Adelia. And Luisa says, "Hi, Adelia. She's so pretty in pink." Adelia is pretty in pink. Pink is good for her.

Okay, we're at 95% on Chakra 2. Only one person is not coming up to 100%. There's one person that's in the 90's that I'm working with but everybody else is coming right up. So the back of the chakra, that looks like that's pretty much done. Let's see, we've got about 2 more minutes. Luisa, "Is it me? I forgot to work on the back of the chart. Oops!" Oh, it was you, Luisa. "Good idea for a chakra book." Oh, thank you. That's good to put that back in my mind because we're publishing all of my (*Inaudible 01:37:22*) That would be a fun thing to be working on.



The 2nd chakra is done. We're going to the 3rd chakra. Chakra 3 is your will. It's about an inch up from the belly button and out the back about waist level. Everybody is working again on Chakra 3 front, just above the belly button. It is your will and it's your power center. You want to clear the back and the front. A lot of times when people have problems with momentum, they need to clear their 3rd chakra, front and back. Thank you, Diane. Diane says you look very beautiful today.

We're just continuing to work on the 3rd chakra. Okay, so we were talking about the 3rd chakra being the will chakra. A lot of times when people feel stuck, I'd say one of the things that you want to clear when you have problems with will and the 3rd chakra is entitlements where somebody else is in control of your will. So like you're not in charge of it or your will is suppressed or oppressed. Those are other things that you might be thinking about as well. Bow between the 2nd and 3rd chakra, also in the body is our intuitive. Between the belly and the pubic bone is where we find the intuition. Our inner knowing comes in our belly; both the 2nd and 3rd. Okay, so that also is where that happens.

Alright, let's see... We're not moving fast enough on the chakras. Darn it. Let me see if I can do anything to speed this up. I do get if we sing, it will go faster. Let's set the intention that we're going from 3 all the way up to 7 and let's do some singing. I think we're going to start with the Tryambakam Mantra. Let's do the Tryambakam Mantra first. Let's do this for awhile like for at least 5 minutes.

*[Singing]*

*Om Tryambakam Yajamahe*

*Sugandhim Pushtivardhanam*

*Urvarukamiva Bandhanan*

*Mrityor Mukshiya Maamritat*

*[18X]*

Okay, let's see if that helped. That should have helped. Yes, it did. Front and back are at 100%. Let's just keep that up. We're going to go keep doing the Tryambakam Mantra. I'm going to stand up because I can do a little bit more energy extended with that.

*[Singing]*

*Om Tryambakam Yajamahe*

*Sugandhim Pushtivardhanam*

*Urvarukamiva Bandhanan*

*Mrityor Mukshiya Maamritat*

*[13X]*

Okay, let's see... We are on 7. We're 98% on 7. We popped up. Let's go ahead and look at what we've cleared and what we've fine-tuned. We did talk about will and then we went through the 4th chakra which is mainly the heart chakra - love, wisdom, caring, nurturing, cherishing, honoring, and respect. And then the 5th chakra which we talked about some also on communication, support, and tranquility. The 6th chakra which is the thing I cleared when I was in the blueprint like in the back I removed the problems in the snake or the type of 6. It's the seat of spirit, insight, and divine wisdom. And then the 7th is the crown, top of the head and the main purpose is divine connection.

"I'm stuck in my 3rd chakra." Not anymore, Luisa. We blasted that out. Okay, so there we go. We're going to take a break. Let me just check and make sure that we got all the way through the chakras. Yes and the 7th is now at 100%. We're going to take a 5-minute break. Everybody, rest of your hand. I was blasting to the point where my arm actually hurts but we did it, didn't we? We're going to take a 5-minute break and then we're going to do the aura next. And then from the aura, we'll do the human spirit access portal and then we'll do the halo last. We'll just do 20 minutes on each area. This should be wonderful and if you want even more, then do the 100% Energy Class which has 6 hours. It's double the time so we get to do more in different ways. But this is wonderful and you will definitely be fine-tuned when we complete today. Let me put some music on first. There we go, we got some music on.

*(Break. Music playing in background from 01:59:22 to [02:06:10] )*

Alright! We're going to start on the aura next. Everybody, we're going to be working on the 7 layers of the aura. That's a field around you. Everybody can just start double pumping for the aura. We're going to be working on clearing the aura next.

"Do you recommend that we clear the chakras with this every day or via a daily chakra meditation?" No, I don't think so. You could fine-tune your chakras a few times. Let me just see because I reset mine quite a bit so that they stayed at 100% and you might need to do that too. Let me just think of a protocol that might work for you. I don't think you need to do it for a lifetime but maybe for a few days. Let's see... It would be a little time intensive but you could do this for 3 weeks and if you start it right away, meaning that you start it when they were set at 100%, so if they dropped a little tomorrow, you could just reset them up again and that would probably be good and then just daily for 3 weeks. We have some nice chakra tune-up meditations on the Website. You might be able to find some and we might have included in this program. I'm not sure. I do know that I've given you all the written material.

Everybody is doing the double pump now and clearing the aura. We're going to start with layer 7 and that's the external area of the aura. That's the farthest one out. And if you were here with me, I would show you that most people don't realize it but their auras are extended about 15 feet and we'd really like them to be somewhere between 2 and 3 feet from the body. I keep mine up right against my body because I'm way sensitive and it makes it much easier for me to be out in life if my aura isn't out in other people's fields because I just pick out too much stuff, so I keep mine really close. So, double pump Not chopping. Your fingers are loose.

So, if you wanted to work on your chakras for the next 3 weeks or 21 days -- Actually, I get that 23 days would be the ideal number of days. You should be able to get them to stay pretty permanently unless there's something traumatic like a shock or something that was really startling to the system like a car accident or something, you should be able to keep them there like that just on a daily basis. You can check every 2 months at that point or every 3 months.

"Just by listening to the chakra tune-up meditation or we do more?" Just the tune-up meditation is fine, Petra Sophia. Definitely optional, Robin. This is a tune-up on to itself. This is for people who really want to go further. And for me, I did do some extra work on myself so that it stayed permanent, but you don't have to. Obviously, we always love it when it stays permanent.

We're working on the outer edge of the aura and then we're going to go from the outer edge on in. We'll do 7, 6, 5, 4, 3, 2, 1. We'll do it that way. And while we're working on the 7th layer and just cleaning it up, we want to also look at family and couple auras. Now this actually could represent couples or it could also represent the chakras in communication because of the way that they have the colors. It could be that too, which is really nice if you're in a partnership to have your chakras aligned and in-tune with your partner. That's another way to make things easier in relationship, if it's comfortable for

both of you because sometimes the color line up isn't as comfortable because sometimes, you have different things that you're working on. Btu I just want to point out that there are couple auras and family auras.

I've done tune-ups where it just came to me to match the couples' chakras up. And this one couple, she has been trying to get pregnant for 3 years and she was a midwife and we lined up their chakras and she was pregnant 6 hours later. Well, they obviously also slept together. So, that is a possibility for those of you who are learning in the apprentice program and the trailblazer program and you're wanting to learn how to work with people, that's certainly something that you can do with people who are attempting to get pregnant. That's one of the many things that I do is to help people get pregnant.

"Could you make sure that we have a chakra tune-up meditation with this class in the back office please?" I don't think I can right at the moment. Rebecca, do you want to send a text to Kim and ask if we're sending a chakra meditation? I think that we do in this month. It wouldn't come with the class. It would have been one of your class supports. I'm pretty sure we send out a chakra meditation with this class. So, that would be the way that it would come, Petra Sophia. Rebecca, if I'd give you instructions because Adelia is using the cell phone, just send a text or email to Kim and ask her are we giving the Year of Miracles students a chakra meditation and if not, we will. Where she would find it is in the weekly send outs. We can check. We can see. If we don't have it in there, we can give you one, Petra Sophia.

You know, I'd have to say the Beautiful from the Inside Out Program has the best ever chakra tune-up in the prep and clear. If some of you have taken the Beautiful from the Inside Out Program... How many of you have taken the Beautiful from the Inside Our Program? Whether it was Simply Beautiful of the Lighten Up class because in there, the prep and clear really goes and there's an amazing and very long chakra tune-up in that one. "I have." "I did." Yay! Petra Sophia, and Severina, and Robin, and Paula. So for those of you who have taken that class -- Oh my gosh, many people! Okay, so those of you who have taken that class, I'd love for you to just use that prep and clear meditation, okay? That would be a perfect one to use. Look at all those people who did Beautiful from the Inside Our Program. Yay! Fantastic! Okay, Petra Sophia. Emilia, "I did too." Beautiful!

Yes, there's a series of meditations in there and there's one that prepares you to go into the beauty program and it's such a full tune-up. It has been life-saving for people. Last year, Trinity took the class and Emilia did. It's definitely a class to take. It's a wonderful class. "In 100% Energy, there was a quantum chakra synergy meditation." That's a good one. Yes, that's the 5-minute one. That would be good. And Jackie loved it. Yay!

Let's see... We're done with 7. Let's go to 6. Goodness, we have to do this faster too. Beautiful from the Inside Out, we have the Simply Beautiful scheduled in the summer. We had one scheduled that we didn't get any students for - The Lighten Up Class this year. I'm not quite sure why that happened but we had one scheduled in January that didn't happen. We usually have about 30 students in that class and for some reason, there weren't any sign-ups, so we didn't do it.

Chakra hand movement, Luisa. Oh I'm sorry, not the chakra hand movement but the double pump. We're doing double pump. Adelia's doing double pump. She heard me say double pump and she's pumping her hands. That's funny. Double pump on the aura and we're going to do 3 minutes on each of these layers. We're just going to go through had clear, and clean, and blast away, and just really clean that up but we need to make sure that we have time to do the human spirit access portal. We need about 14 minutes for that and we need about 23 minutes for the halo. Let's see, 14 and 2 is 37. We've got a few minutes here. Well, we'll do the best we can. We're doing great. I mean we're squeezing what we do in 6 hours into 3 hours and we're doing a wonderful job. I think we can get this done by 11:30.

Okay, layer 6 is good. We're going to move on to layer 5. Again, layer 5 would be closer to your body. It's almost in the middle. Layer 4 is the middle of the aura. YEs, we're definitely planning to do the Simply Beautiful with the focus on being younger like really physically being younger and it's a women's program so the meditations are on tightening and toning your face, and your cheeks, and your neck, and your breasts, and your arms, and your legs, and increasing collagen, and improving your overall internal and external appearance, as well as your vitality and joy.

The program Beautiful from the Inside Out was created for people who wanted to look beautiful, and youthful, and didn't necessarily want to go through a face lift and a tummy tuck and all that stuff. So, I created this beautiful program and it took me about a year like I was in and out of the recording studio and we threw away like 7 meditations that really didn't make me happy and that wasn't what we really wanted. So, there's 15 basic meditations in that program that are anywhere from about 25 minutes to an hour long. That's the main gist of the program and then we do 8 hours of clearing charts. We get together for 8 hours during a 60-day period and we do clearing charts. It's a good program. It's a really, really good program. It's one of our premier. We've got a couple premiere programs that really took time to develop and that's one of them.

Yes Robin, you will. What I would recommend is that you contact us and we'll put you in. If you want the weight loss, you'll get the clearings from the weight loss and if you want the Simply Beautiful from last summer, you'll get the clearings from that class. Let us

know and we'll put you in the right one and not just the straight home study one. We want to get you the one that will give you really the effect that you want.

Oh yes, I understand that Luisa. Yes, we offered a couple of things. There always people who want to jump-start their wealth and people who want to slim, and trim, and make their New Year's goals and their New Year's resolutions. We try to be kind of Johnny on the spot with offerings in both of those areas because those are places where people want to make improvements. Robin, you're already on the home version? Okay, well just let us know. We'll plus you into one of the two; either the slimming one or the youthing one and you can get the 8 weeks or the 8 hours of clearing. It's not a problem, Robin. Same cost. You just let us know which one and we'll get you those.

Oh you're welcome, Robin. I'm happy to do that. I'm glad that you asked because we really want you to be in the right program for you. There's 3 choices and you're a little confused and you picked the home study one because that's what you see and we want you in the right one.

Okay, let's see... 5 is done. Let's go to 4 please. Everybody on 4. So now we're in the center of the aura. Sean, are you still there? I hope you're still there. I haven't seen Seville today. Seville, are you in the class? I guess we've got about 15 people that are going to do it on the replay. I don't think Flora is here either. Seville, there she is! Good girl. I was just missing seeing you, that's all. Hello! I love what Seville is doing which is she has done several VIP rounds and I think it has made a nice and beautiful difference in her life. So, that's another thing that you can be doing along with; whether you're a trailblazer and you're in here or you're a Year of Miracles student, if you want to really get some fine-tuning and some personal attention, do the VIP Program, which is still at 2017 tuition. We're going to raise that in April to 2018 tuition but we're still at a lower rate with the one to one work. And believe me, that is very, very deep and profound. "This is fantastic! Yay, Susan! I'm so happy you're feeling it. That feels good.

I had this funny experience. I went into clean Adelia up and it's like I was just so puzzled; she had a pretty pink ribbon on her hair this morning and she had the little rabbit fur pink thing in her hair but the pink ribbon was gone and I was like where is it? I loved the bed a little bit and she has a spot that I can't see that she has thrown missing socks and there were like 8 ribbons. It's like her hiding spot that mommy can't find. It was hysterical. I thought it was so funny. I had been so puzzled about this really, really pretty sock that we bought to match her rose dress. It's a dress with beautiful roses on a white background and they're socks that go with the dress that had roses and a little red top edging, like a little lace edging on a white colored socks so it was like a perfect match and I could find it for like 4 weeks and now I found it in her hiding place under the bed. She so funny. She

cracks me up. Oh my goodness! So, all those missing things were there like everything where I was wondering, "Where did that go?"

Okay, another 15 seconds or so on the 4th and then we're going to go down to the 3rd layer. Maybe Sean might be still on the phone line. I'm hoping you're still on the phone line if you're not in the live stream anymore, Sean.

I once saw an aura picture of a lady who had a purple aura and it was so beautiful and I thought, "I want a purple aura." But my aura was like primary colors like red, and green, and pink, and yellow, and blue. It was like so pretty and it was really nice and I thought I'm just going to experiment and I'm going to work on making my aura purple. And so for a month, I worked on making my aura purple and Berkeley Psychic Institute used to have an auric camera which took pictures of aura. I went back and I had a picture taken and it had turned cobalt blue which because I was an indigo child, that probably was what I first started with was indigo or the blue. So, the problem with that is that when I was in that blue, no one could physically see me anymore. It was like I had changed dimensionally. So, I would be standing in the grocery store or in the Walgreen's line and they'd start talking to the person behind me. Literally, I had to move around and say, "Hey, I'm here..." for them to actually see me. So I thought, okay that was a good experiment and I got a picture of it and now, I've got to change back to bright colors again.

Okay, we're going to sing through the last layers - layer 3, 4, and 5. Let's do 'The Stones.' We'll sing it and we'll just double pump. We'll clear those last 3, 2, and 1 layers of the aura through The Stones and then we should be able to move on from there to the human spirit access portal.

*[Singing]*

*The stones they are calling me.*

*Echoing through an eternity*

*Calling out to set us free,*

*The power of the stones.*

*At dawn I walked in a circle of stones,*

*A solar temple to me yet unknown*

*'Till by the strength of first morning's light,  
Shone the power of the Stonehenge stones.*

*They grounded the energy of this place  
And held us together in loving embrace  
While beings of light danced above the space  
Bestowing on us their wisdom and grace*

*The stones they are calling me.  
Echoing through an eternity  
Calling out to set us free,  
The power of the stones.*

*The Avebury stones were laughing at me  
Taunting me, tempting me, dancing in glee  
Playful stones make love to me  
In the circle of the stones*

*The stones they are calling me.  
Echoing through an eternity  
Calling out to set us free,  
The power of the stones.*



*The heavenly chambers from days of old  
Newgrange stones were a circle to behold  
I knelt in prayerful reverence  
For the power of the basin stone*

*I touched my forehead to the rock  
It filled me with bright light and talk  
Of the ancient people and their ways  
And the spirals of the stones*

*The stones they are calling me.  
Echoing through an eternity  
Calling out to set us free,  
The power of the stones.*

*The stones are everywhere we look  
Medicine wheels and monolithic books  
The wisdom of the circle flows  
In the temple of the stones*

*The stones they are calling me*

*Echoing through an eternity*

*Calling out to set us free*

*The power of the stones*

Okay, so we've got a little bit of layer 2 but layer 1 and 3 are cleared. Let's do a little bit more of something. Let's do this one and it should do layer 2.

*[Singing]*

*Soft the night and sweet the spirit*

*Gentle voices call our song*

*We are magic, we are wonder*

*When we live beyond the veil*

*Humankind, please raise your thoughts*

*Bring a plain of peace and love*

*We the guardians of the pilgrims*

*We the authors of the play*

*Soft the night and sweet the spirit*

*Gentle voices call our song*

*We are magic, we are wonder*

*When we live beyond the veil*

*Humankind, please raise your thoughts*

*Bring a plain of peace and love*

*We the guardians of the pilgrims*

*We the authors of the play*

2 is clear. Okay, good! Alright! And 1 is 99% clear. We're going to now move on to the human spirit access portal and we're going to save the halo for last. And that's located in the back of the head, one inch above where the spine meets the skull. It's in the shape of an old skeleton keyhole, the opening is larger at the top and smaller at the bottom. It's the area where human spirit can move in and out of the body in relationship to how spirit connected at birth and the first breath. It's the doorway in and out and is used for exiting the body during sleep. This one can get kind of funky.

Alright, so we're going to do the quantum pump which is the basic pump and I'd like you to be pumping purple. Sometimes it's violet and sometimes it's purple but today, it's purple. I'd like you to pump just the hand movement by pumping purple and that erases gunk that has built up on the human spirit access portal. And for all of the 55 students, the average person has the portal open between 40 and 50%. How many people have it completely open? 3 people have it completely open. What's the worst situation in this group? 12% open. Okay, we're going to do the quantum pump and you're going to imagine pumping purple into your human spirit access portal. We're just going to get to the point where we cleared the 40 live students who are here although all of you who are watching the live stream, you're going to just pump along and it's going to work perfectly. There's no time and no space in the quantum field.

It's a portal. It's not a connection per se. Just so you know, it's the opening. A lot of people go through the silver cord in the belly and there are all kinds of different places that people access out the top of the head and out the frontal lobe. There are different places that people access and partly, they access it because the human spirit access portal gets funky and so they start going different directions. This is the energy body part that was made for this process. The other places weren't made for you to pop in and out. This is the part that you were gifted and given. The hand movement is the basic quantum pump and we're imagining purple.

Luisa, you're at 30% right at the moment. We're pumping purple. Everybody's pumping purple. I'm going to put this up here so you'd remember. It's the quantum pump and then you imagine purple. It's just the basic quantum pump. And then the rest of the details is right here. It's the basic quantum pump, imagining purple into the back of the head, one inch above where the spine meets the skull.

And while we're doing that, let's sing a song. I think we could sing 'Gather You Children.' I think that might be good. That's kind of a fun one. It's got a little bit of an Irish feel to it. Some of you know that I'm 9% Irish. My great grandmother Katherine Kennedy came from Ireland and actually, we discovered through the DNA that we're about 30% from the British isles, even though we think we're German-Russian and my family, Portuguese-Polish-Irish from my mother's side, but German-Russian from my father's side, but there was no Russian blood that I could see in the DNA. So, it was interesting that maybe people migrated and we assumed something that maybe wasn't so true. Anyway, I've got some Irish and some British isles in me. Anyway, let's do it. We can do it with an Irish lilt.

*[Singing]*

*Gather your children oh mommies today*

*And bind them close to you and love them I pray*

*And give them your heart, your time, and your ways*

*Singing oh bonnie mommies, I love you this way*

*Singing oh bonnie mommies, I love you this way*

*Give them the confidence, the care, and the play*

*Talk to them daily about their new world*

*And share with them light from the mystical plains*

*Singing oh bonnie mommy, I love you this way*

*Singing oh bonnie mommies, I love you this way*

Okay, let's see where we're at. We're at 60%. Let's see if we can find one more to sing. We'll use some of the sings in the song book. We're 60% and we need to finish this and go on to our halo. So, we're just going to sing and we're going to belt out. We're going to sing and we're going to move us through a little faster.

*[Singing]*

*Your sacred path leads to the womb of the mother*

*And walking with reverence, my soul path to discover*

*On days when I worry, my heart encumbered*

*I look to the labyrinth to revive and uncover*

*Oh sacred path the journey for life*

*Let my steps with the spirit be one*

*The love is brilliant on the path to the mother*

*And when we're restored, we bring forth the light*

*Peace and center are calm and surrender*

Beautiful! Okay, so we are trying to get this cleared and we're going to stay with the high energy. We're not going to answer some questions right now and make sure that we get through everything. When I can, I will but I want to keep us in that zone of much, much

faster because we're doing like 6 hours in a very short 3 hours. We're really trying to go faster and that means I need to stay in that zone. Let's see, we're at 90% on the human spirit access portal and we do want to get to the halo. So, let's go ahead and we'll sing this song.

*[Singing]*

*I am the altar, I am the lamb*

*I am receptive, I am, I am*

*I am Sophia, I am dark night*

*I am the low ghost, I am delight*

*I am communion, body and blood*

*I am forgiveness, I am the love*

*I am the mother, I am the son*

*I am the father, I am as one*

*I am the incense, fragrant desire*

*I am the ashes, burnt by the fire*

*I am the innocent, I am the wrong*

*I am the delicate, I am the strong*

Okay, let's see... Yes, 100%. Alright, we're going on to the halo now. Right now, I don't see any halos on. Let's see what we're going to have for you to do here. While I'm doing blasting, what our goal would be in the next 10 minutes is to turn on 3 of your halos or your golden rings. You're going to do the platter which clears being stuck or stagnation. So, you're going to do platter and I'm going to blast. Let's see if we can get all of you with 3 beautiful and brilliant -- Some of you have had this lit up before and it just doesn't stay lit up until you're at 700. Just know that it will probably come on real easy for those of you who have already lit up and for those of you who haven't, we're all going to do the platter. Everybody's going to do the platter and I'm going to do blasting. My hand is down here

and I'm doing another movement but it's not about the movement for me or it is for me but it's also about my energy frequency so I can affect for sure a lot faster. So, that would be our next step. Our final step for the day is to get all of you with at least 3 golden rings on. Some of you, if this is the first time, maybe 1 or 2 are going to come on but it's going to feel really good and my goal would be to have all of you get 3 on. That's what we're doing next. Everybody is doing the platter. The golden rings are up here and they go up. The human body, the blueprint for the body has 10. I get that there's actually even dormant up to 20 and then with special request and if you've really raised your energy vibration really high, I know that I have way more than I thought I did. I just counted 193 golden rings for me. But I made a request that my rings be expanded so that I could work better with people across the whole globe because it's your direct access to the quantum field, so I become a field myself. In and of myself, I become a quantum field. Am I saying it right? That's about 86% accurate. The rings become the field and my will becomes the shifter. Is that 100% accurate? It's 99.9% accurate. Okay, so let's see what we can do...

I'm turning everybody's on once and then you can pump with the intention and get your energy in a really high space and chanting always helps. I think like the Tryambakam mantra with the intention. You can pump and chant the Tryambakam mantra and bring them on line. They'll stay on for probably 8 or 9 hours. I want you to have a feel of what it's like but also because I'm an avatar and I'm turning them on for you, you'll have access to be able to turn them on for yourself in the future. The first time turned on, you generally wouldn't be able to do it for yourself the first time but once they've been on, you should be able to do it for yourself.

Luisa, it's where I've said it is. You think it's higher up but I don't think so. Is yours higher up? Not really. Not really but yours is open at 100% right now. It's all cleaned up and it's all better. So, that looks good. Okay, we're getting about half of a ring on at this point and we've got 3 more minutes. We can stay a few more minutes extra; I think if we can convince Adelia to stay on a few more minutes.

"Do we later on do the general quantum pump or the platter again to activate the golden rings?" Oh, good question. I would recommend since we're doing platter now, just let's stay with that for this group because your body is adjusting to the platter, meaning it's turning something on that's stagnant and that's what the platter does is it gets movement where there's stagnation. Yes, it's one inch above where the spine meets the skull. Yes, occipital ridge is in there but it's a little bit above that. It's not at the base. That's the bottom part and then it goes up. I think it's about an inch and a quarter that it goes up. It's kind of like a large skeleton key hole. It depends on the size of your head. I have a really small head. It's so funny that if you put Adelia and my head together, we look like we have almost the same size of a head. I have a very small head. Big brain, small head. I can't

wear grown up hats and it's the hardest thing. I do occasionally wear hats but they always come all the way down.

Mommy is trying to get everybody to have 3 golden rings on. It might take another couple of minutes, okay? Can you be patient for another couple minutes? Everybody has got 1 ring on. And 7 of you have 2 rings on. 2 gave 3 rings on. Alright, so we're making progress. Why don't we stay together another 5 minutes? I know it's a long 3 hours and I know all of you will really benefit from having this on. What I would recommend if you can and if it makes sense is to do some clearings for yourself today with the rings on and really notice how that feels.

That's correct, Petra Sophia. If some of you are starting to feel a shift above your head or in the energy system itself, why don't you make some comments now? I'd love to hear some feedback. Since we're staying on a little bit extra, that will actually give me some encouragement to keep going too. If you're feeling some shifts in the body from the chakra, the aura, the human spirit access portal, the halo coming on, so any shifts or changes and anything that you're feeling differently or anything moving for you or anything feeling lighter, I would love some comments right now. That would spur me on to keep doing blasting.

"Absolutely. I feel pressure in my head." Okay and that is from Arianne. Arianne, I think you're new aren't you? Welcome! Petra Sophia, "I had felt a shift with chakras, and the aura, and the halo." Beautiful! Yippee! Irina, "I just had a shift around my heart." Beautiful, Irina. "I feel much clearer and lighter." Wonderful, wonderful, wonderful! Robin. "I feel an opening in my back." I love hearing that. Yay!

That's a lot of blasting. I don't usually blast for 3 hours. I actually literally have blasted the whole time. A lot of times I'm kind of fiddling with the chart and I'm doing other things but I have blasted for 3 hours straight. I want you to guys to get an amazing result. I want you to feel so good in your skin.

"I feel a warm sensation at my back and in my skull, like the bones are moving and is warm with pressure. I felt something when we did the first chakra." Beautiful! Let's see, with Anne Marie and Luisa. Laurel, "I felt a shift above my head with the golden rings. It felt great." Beautiful! And Margo, "I feel cleaner and I can see a lot of gold." Beautiful! Trinity, "I felt increasing, expanded, and inspired. There's a glow around my head and my human spirit access portal feels very clear with energy movement." Yay, thank you. Awesome! "I feel on fire..." from Emilia. Yay!

Let's see, because we have 27 people with 3 golden rings on. Everybody has at least 2 golden rings on, but most of you have 3 golden rings on. We're going to stop now. My



arm needs to stop. But we have some videos for you and if you'd like to stay on and do the platter a little bit longer, you might be able to get more going. Now that I've started your golden rings, you might be able to get some more going in the next 10 minutes as the videos are playing.

Let's see... Yes, 8 of you are going to make some progress. Just keep going and you're going to keep shifting up and turning on. The concept that I imagine is that there are golden rings like this more and not in this way they do the halo. It's not like that but more like this, like a circle. I imagine them up above. You're going to get the chapter on it so you can read about it. And I imagine that they need to be dusted off and then turned on kind of like one of those glow lights or neon lights. They need to come on like that. They need to be turned on. We dust them off because they've been sitting there stagnant for lifetimes and then I imagine them coming on. So if you want to use imagery, that would be a good imagery for you.

I love you. God bless you. Let's end with the chant.

*[Singing]*

*May the long time sun shine upon you, all love surround you.*

May the pure light within you, guide your way on.

We love you. God bless you. Have an amazing day. I look forward to seeing some of you in class next week. We'll see you all really soon in the chat box. Bye-bye for now.

**[END OF RECORDING 03:06:00]**