

Style of pump How it is done	What is it typically used for	Parts of the blueprint Most effective on these anchors
Basic Quantum Pump Typically using the right hand (this is one handed) bend the elbow and bring the hand in front of the right shoulder about 6-10 inches out in front. Thumb facing up to the sky, pinky finger facing down to the ground, allow the hand and fingers to be loose, with a gentle rock forward and back.	Regeneration and can be used for almost everything: all types of clearings and restorations. Will not replace the side slide or chakra activation	Essence Matter Energy Genesis Embodiment Amplification Cords wormholes tubes implants
Double Pump Using the same technique as the single pump lift both hands facing in towards each other to shoulder height 8-10 inches away from shoulder, I like to alternate pump, however it is also effective to do both hands pumping at the same time. Remember loose fingers.	Used for clearings	Essence Matter Energy Embodiment Amplification Embedding seeds Wormholes Tubes Nano technology auditory scions implants

<p>Chopping Much like the double pump, this however is down with fingers firm straight either extended or held together alternating one hand down while the other is up. Imagine being a sculpture chopping away at a piece of marble</p>	<p>Used for clearings and spiritual interferences The 'big guns'</p>	<p>Perception Matter Energy Genesis Embodiment Quantum Amplification</p> <p>Embedding seeds wormholes rays Nano quad Alter ego implants</p>
<p>Chakra activation Elbow bent hand even with elbow, thumb facing up move fingers I a clockwise direction. If you know what direction the chakra is spinning you can also use counterclockwise when needed, however clock wise works for both directions</p>	<p>Chakras and nadis, both for repair replace also to get the working at 100%</p>	<p>Matter Energy Genesis</p> <p>Cords Rays Nano quad Alter ego DNA splicing Nano novem Implants</p>