

Year of Miracles - Cardio, Circulation & Lymph

Good morning, everyone. And welcome to year of miracles. We've got a wonderful day planned for you today. So, let's get started right away. Cardiovascular circulation and lymph.

Mother, father, god, angels, golden legions, guides, gods, goddesses, saints and sages of the greater and lesser traditions, Jesus and Mary, and all those who stand with us to get this work in the world and to really integrate it fully and completely in our bodies.

We thank you so much for your presence in our life, for the beautiful light and love and energy that we find ourselves in every single day. We thank you for the energy, the increased and intense energy of the solar storm and Mercury retrograde. Knowing that these are energies that help support us in working the past. In working things that are old and need reflecting on.

We thank you for your guidance and for helping us to understand these unique energies that may be slowing us a little bit down. Have us reflect and look on what has already been. Help us understand and integrate even better and really heal those parts of ourselves, correct parts of our life, so that we can have a firm foundation as we move into our futures.

We thank you for healing our hearts, our lymphatic system, our circulatory system. We thank you for all the love that you shower onto us and help us to receive through our beautiful blood and that incredible blood line, and blood experience that we have. We thank you for our rich oxygenated blood and validate that our bodies are fueled beautifully with this circulation and cardiovascular system.

We thank you for helping our circulatory and lymphatic system as well as our digestive system from really clearing and eliminating any toxic waste from our body so that we can fully live in this bright light; not in some funky muck and mire. We thank you for brightening us.

And as the day progresses today that we clear on the deepest level and then regenerate to the fullest extent possible. We thank you for the air we drink-- breathe, the water we drink, the food we eat, the people who love us and who we love. We thank you for all goodness and we thank you for our challenges. Amen.

And then together. "I am free to live a life of spiritual freedom and full self expression liberated in love, gratitude and mastery in my body here and now. My spirit is limitless. I'm responsible for any limits I experience in this body, and have complete access to the divine through prayer and contemplation to release myself from any human bonds I have worn as spiritual clothing that no longer resonate with my essence."

And I'd like everybody to go ahead and be doing the door knob. We've got two charts we're going to be doing today. So, go ahead and just get started. If you know how to do the door knob, go ahead and get started with that while we're doing our opening.

And then a call to lighten. Let's sing this together. "Soft the night and sweet the spirit, gentle voices call our song, We are magic we are wonder, when we live beyond the veil. Human kind please raise your thoughts, Bring a plane of peace and love, We the guardians of the pilgrims, We the authors of the play."

And we're going to go ahead and take a look at our first chart. Okay. And this-- let's just double check here. Yep. It's on. Okay. Right, permission, and ability to fully disappear all negative health issues, disease, conditions, affecting, all parts of my cardiovascular circulation and lymph system.

To fully regenerate all aspects of my cardiovascular system on all levels of my blueprint and that would also be for the lymph and the circulatory system. Bringing balance and grace to form and function as well as removing dark energies, emotions, cords, control energy.

Entitlements of all kinds, overriding the joy of my heart center, restoring the peace ecstasy of God to my heart, and cardiac system and all systems that were dealing with today. Fully removing altering, apathetic, compulsive, cruel, deceptive, demonic, dominating, harmful, illusion, and parasitical. And so we're going to be doing doorknob. Okay.

So, we're going to take a look at this. So all aspects of the blueprint. We asked really specifically just to make sure we're not missing anything in one of the areas because a lot of times will-- when I muscle test, I only get three or four aspects of the blueprint. But we want to make sure that we touch on everything.

So, if there's some way that it doesn't show up when we when we test. But there is some part of the blueprint that is affected or negatively informing lymphatic cardio or circulatory. We're going to get it. So we're going to just leave all of them there.

The emotions: glee, revulsion, anxiety, panic, distress, self-indulgence, humiliation, dread, grief, lonely, possessive, resentment, edgy, annihilated, stressed, impoverished, frazzled, instability, hurt, hedonistic, misery, worried, stoic, projection of isolation, unfit, and self punishment.

And then coming up from the bottom of the second column; controlled projection energy transference-- this was all of the new ones that we had in this category. So it's a projected control energy transference from another person so somebody in a body projecting an energy into your body.

Hate attachment, jealousy, desire, high-minded, judgment, and battle of will. It could also be if you're projecting your energy into another an energy projection transference. So, that you're living partially in another and that's a kind of an interesting conversation to have right now.

So, let's take a little look at that and welcome everybody who's getting into the call. I see we've got fifty four people so far. We've got over a hundred and fifty people in this class, so I know a lot of you are going to be watching on the replay. This is very, very important class to have.

So let's talk about what that would look like if you were doing the energy projection into another or if someone were doing that to you. But I think it's particularly interesting to also look at what can happen when we project our energy into another. And so I see fifty. Let's see here. Sorry. This is really bright. Fifty. I see fifty five. Fifty five students on the line right now.

So, we're looking at the fifty five students who are enough on the line. How many of those students have hate energy projected into another? Eight. Eight of you do. How many have attachment energy into another? Three. How many have jealousy? Twelve.

How many have desire? Eight. How many have high-minded energy, so they're high-minded thinking I'm better than? Nine. How many have judgment energy in another ? Eleven. And how many are doing a battle of wills with another so that your energy is battling the will of another and your energies in their body? Twenty two.

Okay. And then so this is interesting because we're not always the victims, sometimes we're also putting the energy into another. So, when we put energy of ourselves into another, we're living partially in our body and partially in another's body. So, from there, Let's take a look now at how many people have hate energy in their body from another? Eight.

How many have attachment energy from another in their body? Twenty five. How many have jealousy so from another to you? Nine. And how many have desire from another to you? Seven. And how many have the high-minded energy? Nine. And how many have the judgment energy? Seven. And how many have battle of wills? Fifty three out of fifty five have battle of wills. Interesting.

So it's a really interesting thing to start looking at and then also with entitlements. Because sometimes people are doing a lot of clearing of entitlements. And wondering well why does it not clear and it might be that the entitlement is going from you to another as opposed to another-- from another to you.

So, let's look at that too. So, we have spousal past life teachers, legal, and financial on this chart. We're going to be doing two charts but you want to be thinking about am I putting energy?

Am I leaving control energy of some kind so this either this projection transference or entitlements which is another kind of energy. Both of those are typically from body to body from a person who's in an incarnation to another person who's in an incarnation.

Prophecy is similar in that it's spoken. And we know that thoughts are things. And so let me just put the chart up. I'm looking at the chart; you're not looking at that part. So, when we're looking at-- so here's the control projection energy right here that we were talking about. Here's some of the entitlements we're working on for today.

Prophecy. So, these are energies that are transference energies. When it's controlled projection energies, they're usually fueled with emotion. So, there's feeling involved with that. And with entitlements. Entitlements are more in the mental realm so more related to thoughts.

And then prophecy is spoken. It's in part of the language. It's spoken into the universe. And so it will have both mental emotional fuel to it. And you can see that there's a lot, a lot of prophecy here. So, something is spoken into the universe that will have a tremendous amount of fuel because it'll have both behind it the spoken word. Thoughts are things. Speaking words become something. When you speak something words become something and then filled with emotion.

So, I just wanted to point these out a lot because the cardiovascular system and circulatory system all have to do a lot with our ability to give and receive love. And so when we're looking at this weren't clearing this, we want to be thinking about both, if we're a mother or father, we're a grandparent, we're a child. We've done-- you know, we've-- child from a past life. We could also be someone's past life child, right?

And so we can be both putting this energy in to something else or we can be receiving it. And so when we're clearing this chart, I want you to be thinking about clearing both ways. So, that you're not just thinking I'm the victim or somebody's put this on to me.

Well, let's think about both ways. Let's think about what I've put unto others and what I can remove from them as well as what I can remove from myself. And that's where you're going to get some big, big traction.

Okay. So, I want you to be really thinking about it in both ways. You don't have to over think things but it's going to be food for thought for all of you to start really focusing in on some interesting ideas that we haven't really talked about before or touched on. And

then when you look at this, you can also look into we can be looking at entitlements, group interferences .

So, these are groups, Now, obviously, we're not servants. So, we're not doing that but human will controller; this is a group. And human essence soul agreement; this is a group.

So, do I belong to that group, have I put any frequencies, transmissions, or waves into the universe? Am I participating? I know we have one that isn't on here right now; science of mind. It's a group that's putting a wave or a transmission into the universe. It's sending something out.

So, where does it come from? It comes from people. All of these are coming from people or beings. Could be aliens but a lot of this stuff is coming from people-- the waves, transmissions, and frequencies are coming from people.

And we can think about that also. We do have memes and miasms that don't show up that often on our chart now because we're so well defined that we've got them defined much better in waves, transmissions, frequencies, and some of the other things that we've been looking at down here-- prophecy, entitlement, control projection, energy transference, group interferences.

But you want to think about group mind and group mind virus. So, we're looking at that as we're looking at the cardiovascular circulatory and lymphatic systems. We definitely see and I'm going to say that this going to show up quite a bit-- the the deep demonic stuff is always going to show up with physical things especially heart related, love related things. You're going to see a lot of that.

So, you're looking at-- and we'll come back to the anchors because the anchors are huge in this chart . So, let's look at the demons though. Let's see. Devil dwarf, access master, risen demon, judge. So, the judge of course because the heart, you know, the being judged. I'm not good enough. You know like that guy. He's controlling how well your heart is working.

The dominating chief feeling dominated and suppressed. The family controller. All that has to do with the heart. Morality enforcer, of course, that has to do with the heart. Did you have a family that was very moralistic or did you have a family that was more hedonistic and crazy. And so you've got all this like guilt running and shame running and you're going for the crazies or you've deviated from the crazies from your family.

Will destroyer. Here's will destroyer. Separator-- separatist controller. Keeping you separate. Broken heart, that kind of thing, you know, I've learned my lesson. I've been broken once. This is interesting. I was talking to the adoption counselor yesterday and

you know, we were going into another opportunity. And it's you know, she-- you don't know.

The gal didn't call me yesterday and it didn't feel good and I said you know is she sure that she wants to give up her baby because I'm not really feeling of the little girl-- the baby girl. And the adoption counselor says, "I know you said you're going to do this three times. I wouldn't have the courage to do it. I couldn't be--."

She said, "I'm not as strong as you. That it's too much to go through that emotional rollercoaster of three times around. I could never do what you're doing."

And so that kind of that separatist controller of I can't do that, I can't risk my heart anymore. The bonding controller. Not going to get to bond with the people you want to bond with, punishment enforcer, feeling-- So, all of this stuff feeling like this is waded into your cardiovascular system into your circulation and lymph.

We think about, first of all, the cardiovascular system is what keeps us alive-- our heart. The heart isn't pumping, we're not alive. And that happens very quickly because we need rich oxygenated blood to circulate in our circulation. Circulate through the body to get to the brain. Yeah. Everybody, always the first column is going to tell you where-- what we're pumping.

So, if you're coming in late; you always look in the first column, it's highlighted in red. So, so we need the heart pumping. We need this is our lifeline, right? And so it feeds the body even before because there are people who live without food, right?

There's people who are eratarrians who live on air and they don't eat or drink. They probably have water infrequently, occasionally, but they live off the air. But they still need their heart pumping.

Their heart delivers rich oxygenated blood to the brain and body so that the muscles, the the nerves, the brain, all parts of the body, the organs are fueled with oxygenated blood. And that allows for the distribution also of the chemistry. The chemistry moves through the body. Much of the chemistry moves through the body, through the circulation, through the circulatory system.

And so you've got to be thinking, you know, this is the kind of the lifeline for us. The life or death but really the lifeline. The cardiovascular system, circulatory system and then cardio and cardio systems, circulatory, and lymph are also the cleaning system. So, it cleans out the body. It takes the toxins from your hands and your limbs and from your head and it cleans it out.

Delivers it down to the liver, the kidneys, and pumps it out so it pushes it out of the body. So we have both the delivery of fuel and food. And then we have the cleansing of

the body. So, these are very, very, very important systems. Okay. So, we've seen the demonic stuff which is very interesting to look at quite a bit in the way of angelic interferences.

And I was surprised at how many biblical passages say neither demons or angels can stand in your way between you and God. And realizing because we love to think about our angels and we have so many beautiful angels. Thank you, angels, for being with us. We love to think about angels is all being good.

And there are also angels that are not good. And so that you know where we have family controller and death angel, you know. And these other ones; we don't have names for yet but we will eventually have names.

By the way, I would highly recommend for all of you to get into the angels and demons class. If you haven't signed up for it already, I want to just really refer you right into that angels and demons class.

We're going to be going one by one through the demons and angels and removing them one hundred percent from all aspects of your blueprint. So, that's coming up really immediately. And we've never done this before where we just go through one by one by one. And actually the first three classes are demons and the third classes angels.

So, there's a whole heck of a lot of demons that we're going to be removing and learning about and removing all their anchors. So, we remove these as they're related to the cardiovascular circulatory and lymph system today. So, where you want to permanently remove them from the system, you want to go into that class.

Angels and demons that's coming up or demons and angels. I don't know. It might be the other-- how is it called? What is it called? It's called demons and angels. And that's because there's way more demons and angels that are interfering.

But we're going to go through and clear them all out and I would highly, highly recommend especially you committed students who are in the year of miracles get into that class. It's going to be a really good class.

And you'll have-- these won't show up on your chart. They just won't show up. Okay. And then I did want to-- I didn't-- I had kind of skipped over but let's look at these anchors.

So, we've got more than a page of anchors here. We've got a very big amount of anchors. The heart, the cardio, the vascular system, the circulatory system, the lymph system, most of the anchors effect these systems. And you have to think about the many, many tasks that these systems are doing.

And then in these systems related to like the heart intelligence, the brain, the heart is-- a brain is considered the sixth brain that the nerves function through the-- and inhale-- and the muscular system supports.

And actually one of the strongest muscles, obviously, is the heart. So, you have to look at all of the different anchors that we're having to be working with to really restore the circulation cardio and lymph.

So, it's a big project today. It's an exciting project. I'm glad that you made it. I'm glad that you made it live. I know it's harder to show it. Looks like we have sixty people now. It's harder to show up when Mercury's in retrograde, so congratulations to all of you who did show up.

And I'm just really praying for all the people who aren't here that they get this. I think it's going to be really an important and really pivotal class-- this particular class. It's going to be very, very important for making a nice big of transformation in the health of your body.

Okay. Let's look down here. We have some group interferences we've already talked about. And then frequencies. So, disruption frequency; people in this group have created disruption frequency, disturbance frequency, craving, blame, and heritage shunning meme. So, those are frequencies that I can test energetically that we have at least some, if not all of participants, have participated in those-- creating those frequencies.

Let's just look up here and see on the creation of transmissions and waves. Deception. Deception wave. Excuse me. Deception, transmission, hopeless, past life covenant, scapegoat segregation, and pain.

So, those are ones that people in the group or maybe the whole group have participated in creating just so you're aware. I'm helping create these problems. I'm clearing them out and I'm going to unplug myself from creating these problems in the future.

And then we look at labels. Labels, I think, is the next thing we're going to look at. So, that's over here, please. Everybody over here. Atheists thought forms, feebleness, and collapse. And collapse is something that we do. And that's a mental collapse of a kind. It's blending two things that don't necessarily belong together. We're putting them together.

So, when I was coaching somebody in a session of the peace session a while back, they were saying that they couldn't go-- they couldn't take another job until it removed some portals from the store that they were working on, but they'd been working on it for over a year.

And I said, Why is that?" She goes, "Well, I just have to do it. I don't-- I can't leave until I--until I master clearing portals." And I said, "No, you could actually leave that those portals are just causing you problems and you don't own the store . You don't own the land. Nobody's hired you to clear the portal. You don't have to clear the portals." But she had collapsed them together.

But sometimes, it can be something very simple like it could be-- maybe I'm going to look at something that's a little bit off subject but kind of sexy. So, you can-- you could have great sex. You can have great orgasms without having intense like a bond. Like sex could potentially be, "Wow. That was amazing. We have really great chemistry, but we're not in love with each other. We don't know each other."

Like I am thinking about like complexities birth mothers who you know just are more motivated from chemistry. And so love and sex don't necessarily go hand in hand. They can, and when it does work that way that's the best, obviously, version of it but they don't necessarily. So, you don't collapse one on top of the other.

There's other things like, for example, let's not collapse. So for another example of collapsing and then this will be the last one is Adelia's use potty training. And Adelia is getting to the potty like ninety percent of the day. So, she had a day yesterday with no accidents until we were driving in the car. And it wasn't really an accident . She's said, "Mommy, potty." But we were on the freeway and it took me seven minutes to pull over.

And she said, "Mommy, peepee. Mommy, peepee. Mommy, peepee." And so she did the right thing. She told me what she had to do and then she had this look like. And I was wondering what is going on. And I got to the place where we could pull over. And she had gone peepee because she told mommy she had to go peepee. And I said, "Hold it." And she didn't understand what hold it meant.

And I couldn't-- I just couldn't deal with. It rush hour traffic. It was five-thirty and traffic, so we couldn't stop on a freeway for peepee. And she peed. She's made a mess. But that's-- but that doesn't mean that she wasn't a good girl or that she didn't get it right or that she shouldn't be praised or that she should even be school. She did it all right. But you could collapse it and she could get scolded for not knowing about holding it. But she's got to learn that, right?

So, I'm not going to collapse that because I'm her mommy and I'm thinking she did everything right. And next time, the only thing I can think is put the potty chair in the car and pull off at an exit, and use the potty chair at an exit. Rather than we were looking for a bathroom.

So, you know but, I think you can't collapse that you can't say you're a naughty girl for doing this or this is a naughty behavior. You can't collapse that with the accident

because she was-- she did everything she was supposed to do. She did her end. So, collapses when you put two things together and you say when this happens, that's what this means.

And a lot of times we do that for bigger things too or for more complex things. And so you want to unravel the idea of collapse. You want to take the idea of collapsing things together apart. So, this doesn't mean that. We add a lot of things together and say, "Well, this happens then this means this and it doesn't always."

Okay. I think, we've covered quite a bit of territory. Let me say good morning to people. And everybody is doing-- oops. I didn't show. Let me just demonstrate the doorknob. I don't think we have any brand, brand new people to our community in year miracles.

But doorknob is hand facing forward, elbow down at the side, fingers curled, hand turning in and out, in and out. We have pump-- mastering the quantum pump class coming up. I think, it's next week.

I want all of you in that class too. And we're giving you a discount. And the reason for that is that when we have the whole group going through these classes, the mastering that quantum pump, we go faster. So, I can do a third. I could do a third chart for us to clear if you guys-- your pump abilities are at a hundred percent.

The other thing is I demonstrate in class. When I teach you something and-- but we're-- but our focus is on the cardiovascular circulatory and lymph system in the mastering pump class. We're entirely focused on exactly how all the muscles work, how the hand works. I'm surprised at how many people actually get the doorknob incorrect.

And you want to-- you want to do the best that you can. Obviously, with what I'm showing you but when you take a class like mastering the quantum pump, you're going to-- you're going to increase your power, your skill, and your effectiveness.

If doorknob-- because we're going to be doing doorknob quite a bit of the day-- is going to get a little tiring for you can do either cross your legs and do this inner thigh pump or you can open the legs up like this and do the inner thigh pump.

And it's just an extension of the hand like that. Very good. So, everybody. If you can. Also, I am going to-- we've done mastering the pump once before, so I'm going to give to you, if you take the class that's coming up, I'm also to give you the pass class. Because each time I do a different chart and I teach it a little differently.

This time, we're adding a couple new DNA moves so we'll be spending a little bit more time on the different kinds of slides that we have in the DNA moves and probably be doing something DNA activations as we go through and clear each of the pumps.

Because we're adding some new stuff. And so I'm happy to gift you the last quantum pump class if you hadn't already taken it and the last chart because it'll be a completely different chart this time around. I'm not completely different because we're clearing each of them but it'll be different.

Yeah. Shantelle, I felt so sorry for her because I really couldn't. I understood what she wanted and there was no way to help her that I could come up with. I had clean clothes for her. I had wipes. I had every thin. If we did have a boo-boo. She's been doing so good and I mean she's all-- she also is a little bit stubborn. She's like, "No, I don't have to go. "

So, she won't try to go before we get in the car. So, that one she's going to have to learn about maybe it's good to go. Because anywhere we go is going to be about 30 minutes or more driving and so she just even tries to let peepee go.

She doesn't feel pressure. And that she doesn't understand yet. So, maybe a month from now, she'll be understanding that. Okay. Oh. I did want to say good morning to everybody. I know I've been just chatting away. Today is a very, very exciting class for all of us. I think it's going to be a big shift for everybody.

Good morning to Dale, and Susan, and Anne Beam. It's so good to see you in class every today. "May all good go for all of us wonderful." And Pam, and Annette. Hi, Annette. And Anne Marie. Yay. Valentina. Hi there, Valentina, from Toronto. And there's dear Joyti. Hi, Joyti. Nice to see you. And Shirley. Shirley. You know when I say Shirley, I think surely goodness and mercy shall follow us all the days of our life. I love that. So, welcome to Shirley. Shirley goodness.

And Ilumi from Estonia. Hi, dear Ilumi. I feel you all the time. You're sending so much love and prayers to us. I can really feel it. Thank you. Kelly, "I'm really looking forward to improving these areas especially the circulation and the lower limbs to free myself of--"

I'm wondering, viscose but maybe varicose veins. "Got to leave early but glad to be here and can return to replace. Wishing you and everyone wonderful miracles." That's from Kelly. Kelly nice to see you again today.

And there's our dear Arcadie. One of our hero men who we love so much. Arcadie is I think second year apprentice if not longer. And it was so wonderful to have you in my home Arcadia. And there's Jenna, and Marianne, and Anneli. Hi, Anneli. And from Estonia. And Marianne from Canada. And Barbara. "I'm so excited to be here. This is my first live class." Oh my goodness, Barbara. Well, welcome to the live class. That's wonderful.

And you know, I've been chatting with my dear girl friend Barbara, who's a Hollywood actress. She's been busy making movies. We had a nice conversation yesterday. Barbara Niven. You see her on our website. She's one of the people who's used me for some of her challenges when she's on a-- she's on a show and she's got a vocal infection or something. I can clear it up, so she can speak.

Carmen. Good morning to Carmen. And there Felisa. "She's sending hiver hugs to you at Julie Renee and hi and all here." So hugs from Felisa. And Irene. "Good morning and happy to be here." And Karen, "God morning, afternoon, evening to everyone." From Karen.

Marianne, "Hi to everyone." And Shantelle, "Morning to everybody, so grateful to be here in class." It's nice to have you here, Shantelle. Elena, "And I am, I am. Yes, yes, yes." Mineka. "Hi, everyone. So, happy to be here." And Elena is continuing to say yes. Anne Beam. "High-minded. Yes, yes, yes." That's probably-- I probably asked how many. There's lots of yeses here. Wow.

"Hi, everyone." from Susan Kay. "Doesn't karma clearing correct the projected energies?" It should for most of them, Julie Sy. But we say shared energy of karma clearing. So, let's-- we can take a look and see.

This is so new. I've just really added it. Let's see, so shared energy, getting cleared in the Karma clearing. Hate, jealousy, high-minded, and battle of wills gets cleared in the energy projection when we do karma clearing.

So, we're just developing this, Julie Sy. I'm just really, you know, starting to understand it. Haven't really mapped it out well yet on the control projected energy transference. "Is self directed sabotage part of projections or and judgments?" Self directed sabotage.

Judgments, yes. I don't know about projection. Projections is something going out to another. Prophecy-- so we're looking at what-- with most of these it's going out to another. Black magic is going to our self. Felisa, "Very interesting." Kelly, "Amazing." Nettie says, "Good morning. Is there a good way to clear the past things I have said to others that were less than charitable?"

Well, there's a physical saying you know I apologize for anything I've said that may have caused you pain or harm. And then there's also just energetically cleaning house. I think karma clearing does most of that.

Yeah. Karma clearing does most of that. But I think that there is something where you release it, you can release it. You know, if they're alive and you can speak to them, I think that that's helpful. Yeah.

It's interesting to look at clean up the past because I think we could will our will to be a blessing on our environment and that could be really, really amazing to have our will, our spoken word and thoughts be a blessing to our environment at all times. But you know, we are imperfect beings learning and growing as we go. Yeah.

Julie, I think, that you know, you could potentially do one more-- maybe one more step in karma clearing where you know, anything I've said or done were thought to put a harm a pain or harm intentionally or unintentionally. With this person, I remove right-- you know, and then do a clearing on it or I disappear.

On the other hand, I think I'm looking at this thinking; we learn from that too, don't we? We learn from when there's a pain caused. Whether we caused the pain or another causes of pain. That it's how we develop ourselves and how we, eventually and ultimately, gain wise elder wisdom.

Lisa. I wonder how you got to platter, Lisa. because we almost never do platter. But for Lisa, you always want to look for pump style in the first column. But we rarely do platter.

That's not-- that would typically not be a clearing chart. Clearings are normally doorknob or chopping but you always look in this first column in red and you're going to see what we're doing. Okay, Lisa. And for anybody else who might be a little confused.

Felisa says, "Oy vey. I'm sure that was when I was chatting about all the different interactions and complexities. How about black and similar mineral deposits in our veins and arteries that some of us need EDTA therapy." I don't know what that EDTA therapy is.

"Sluggish block cell clumping. I've seen blood cells on slides such clumping in my blood at times." Well, we-- I think you could do chopping for that when there's clumping or any build up chopping is what helps. Clear that. "I feel hungry. I feel like I need to put something in my stomach. Is that good to have a bite or no?" That doesn't matter. You can, if you want to.

Oops. "One of those minor indignities." Oh that's Shantelle. We did that one. Kathryn Dee, "Good morning, Shantelle. And yes." And Dale, "Chart in chat box." Sure. We can have the chart in the chat box. I have also sent it to trainings, so if you can't see it, that's another option as to write to trainings. Did that go in? Yeah. Okay.

Susan, "Do the new DNA hand movements have names? I think there are two new ones that you realized in previous classes." Yes, they do have names. For Aura, "Good evening." Marlene, good morning. And Korra, "Hi, everyone. Happy to be here and lots of crazy, crazy miracles after the karma class. Much love from Korra." Fantastic, Korra. Love to hear about that.

Thank you from Barbara. "Love to all from Colorado. Good to be here." That's from Karen Q. Nice to see you. Barbara, yes. And Arcadie, "Thank you." You're welcome. And Lisa, "Thanks. I was thinking of the wrong one but doing the platter anyway." Platter anyway. Okay. But it's doorknob; not platter. Lisa, so doorknob. Okay. So, doorknob. We're doing doorknob not platter. Doorknob. Doorknob. There it is.

Okay. I'm going to put on some music. Just for a minute to give my voice a break. I've got a little something. Adelia started in new school so we get all kinds of new things to be exposed to. So, I'm going to put a little music on for a moment and let my voice rest. You'll have three hours of me with the voice.

We are about ninety two percent done on this one. We should finish up. Let's see. We should finish this chart up before the hour. And then we have a second chart. I did one. We always are asked. I'm always asked about blood pressure and cholesterol, so I made a chart for everyone on blood pressure and cholesterol.

And it could be that you have higher low blood pressure and build up in cholesterol. So, if you have something else building up for example like plaque, you could intend that the clearing affected the plaque also.

So, that will be our second clearing. And then we will be going on to our regeneration probably closer to the third hour. And we're doing three full systems today. Then very exciting, two weeks from now, we're going to be doing or in tune up and touching some of them like the gallbladder and the appendix, and spleen which we don't really touch on.

We're also going to be doing the bladder or kidney, I think, liver might include it and there. I have to look. But we're going to be doing some of the ones that are considered kind of archaic and unnecessary. We're going to be fine-tuning those.

If you've had some of that removed, we're going to clean up all the reasons for why it had to be removed. So, in any future life, you wouldn't have to have a repeat of that. So, that's in two weeks, we're going to be doing that.

Doorknob faster or slower. You can do either pace, Shantelle. For you, if you do it a little bit faster, it seems to make it a little more effective for you. For Susan, the DNA half moon and the DNA drop are what I've called them so far.

But I might name them something else. You know, we're going to be kind of premiering, introducing them and their properties in the next quantum pump movement class or mastering the quantum pump class.

For the most part, Arcadie, it's the lymph that does that. Susan's asking for an explanation of physical location and prophecies. It's where you live. So, the common

kind of the telling of where you live. So, I live in Carmel Valley. And Carmel Valley is largely-- its ranchers and vintners. The population is definitely older people who are in their 60s, 70s, 80s, and 90s is the majority of people.

And so there might be like a group mind around aging or appearance or clothing or some kind of permission. I notice it shows up a lot. Physical location in prophecy shows up a lot. So, you might be looking at what the group mind is about any topic. There's probably-- there's probably a group agreement about many things.

There are probably more in this area. They're probably more Republican and old-fashioned thinking. Maybe more prejudiced, you know, that kind of thing. And so you'd be affected by that because that would be kind of the physical location. This is what the physical location draws to it.

Well, each location, I think, has its own prophecy. Its own kind of this is what's done here or this is what's allowed here. This is not that class though. Susan, we will do a prophecy class. We will do a control projection energy transference class.

We haven't done a prophecy class yet and we haven't done the other one. We haven't-- even explored the control protection energies. So, we're just including them so that there we're aware of them, we know that they exist.

Oh. You're welcome, Martha. Oh, good, Penny Mae. Glad you're here. Alright. Let's see here. I think. Okay. This chart is done. I'm going to switch out and put the next chart up so we have the next chart that we can start on and then that's blood pressure and cholesterol.

Like I said if you had a buildup of something else, you could use that. I know every single class that we've done the heart where we've addressed the heart. People have asked about blood pressure and cholesterol, so I made a chart this morning for that on top of the one we just did.

You'll be doing doorknob again. And we'll make sure that we have enough time to do all the regenerations too. So, we're going to take a five-minute break and then I'll return to answering questions at when the break is over. So, everybody get up and stretch. Maybe get a breath of fresh air.

And you are welcome to keep pumping though. I would love that. We're going to be doing-- oops. There we go. We're gonna be doing five minutes on-- excuse me. Five minute break and then forty minutes doorknob. To be enough. There we go.

[Break time starts on 00:59:16 and ends at 01:06:07]

Okay. Okay. We're back. Might close the curtain. So much bright sun coming through. Making everything look so white. Okay. That's better. You're welcome, Nettie. "I have to move to sleep. I have to move. I'm so sleepy." Good. Well, good we're going to take a break every hour, Marianne.

Shantelle, "How do we clear permanently limiting beliefs which might impede our progress with this chart-- these charts. I can hear my monkey mind telling me things such as get real it does not work that way. You can-- you cannot do that, etc."

Those actually probably are not your own thoughts, Shantelle. Those probably spirit. So, just see here. Aliens. That one looks like aliens see. Reptoids. So, it's in the Reptoid category in any case.

So, I would-- for you, I would try to do; I would participate in the two classes coming up. There's one of demons and angels, and there's one from freedom from spiritual interferences, aliens. I think, we're doing aliens and humanoids but it's all aliens that were doing.

So, that might be really good. I think that that's it. And you can just start saying that's not me. I don't believe the words that are coming are actually my belief system. You can say that's not me when you hear it. I don't know, Susan H, about hemophilia. I

do know-- Yeah. I don't know, Susan, but I do know that this-- when we're removing and disappearing all disease and illness related to the cardiovascular system that would-- the circulatory system that would help, that should help.

By the way, all of you can certainly do an hour with me on a special project if you need to, So, that we have a VIP link for fifteen hundred instead of twenty five hundred for you guys.

So, if you ever want to do one hour on something that's very specific to your specific needs and you're already a year of miracles student, you always have that privilege of coming in at a, you know, big discount for the hour.

Okay. And I'm just, as of, I think, Monday I'm back to doing one to one appointment, so there are, I think, a couple spots. A couple one-hour spots open in March. So, if you had wanted to get in. I know April is quite a bit more full because we popped. Excuse me. I go a tickle. There we go.

We popped a lot of our VIPs right away from April first in thinking that would be around the time I'd be coming back from my break with our little fellow. So, there's a little bit of wiggle room right now if somebody needs. Good. Okay. Good, Marianne. So, reach-- you can reach out to support or Todd at julierennee.com and Todd can set that up for you.

Oh, Cristina, yeah. We have a spring forward and so, yes, it does change and that happened-- did that happen about a week ago. That happened, anyway, in about the last week, it happened. It happened on a Sunday. I'm not sure was this Sunday or last Sunday. Last Sunday, I think. I don't know. It did change. So good that you'll make up that hour.

By the way, you all have also the privilege if you want to do three hour of three our VIP session with me. Because we've done-- for the most of you, you've done the brain already and that we typically are doing in the first two hours.

And so the next three hours are special projects and that's at forty five hundred discounted from-- let's see-- so that would normally be seventy five hundred. If you were doing it, you know, paying for the hours, it's only forty five hundred. So, you get three thousand off.

If you wanted to do a mini VIP session without the brain focus which is what we do for the first two hours in the VIP program. So, that's also always a choice for year of miracles people at this point. I don't know if it'll forever be but certainly, right now, it is. Thank you, Lisa. Thank you.

"I want a VIP with you in March." Wonderful, Elena. Just reach out to Todd at julierenee.com. He'll set that up for you. That the maiden name resonated with money and heart problems. Will this clearing also clear the name? Thank you." And that's from Andrea.

Thank you, Andrea, for asking a question. I don't-- we're not specifically working on name so I'm not getting that it's going to clear. But let me just see, do you have heart problems related to your name? Two percent. And do you have money problems related to your name? Four percent.

Doorknob-- you would do doorknob for two hours, so why don't you take that on is some extra homework, Andrea. So, do doorknob for two hours for that issue because we're not doing anything related to name related like the surname. And you know, that's interesting.

We do do the entitlement stuff. Bloodline. There's a lot of things that we do do. We haven't ever done a names class where we've cleared names. That might be an interesting class. So, support, could you also put in there the short-- the three hour-- oh. You've got that in there with three one-hour sessions. Thank you. I'm sorry. I didn't read that right. You did it. Thank you.

And then I'm going to come on the screen for just a minute talk personally. So, I've been having good days and hard days. We had a couple hard days this week. I needed to-- I had put Virgil into my will. I jumped the gun and put him in a week before he was born.

And then of course week after he was born, we lost custody. Physical custody of our sweetie pie.

So, this week, I had to go into the lawyer's office and deal with that and take him out of the will which was really hard. But it's done and we had a couple hard days. They seemed to be much more in solid footing today. And I just wanted to let you guys know that we have an adoption opportunity-- not sure yet. That I mean, we've got an agreement.

So, that we've got-- there's a little girl potentially coming to us the end of June. And her name would be Arianna Ruth if all works out. And I'm so cautious for the next one but that does-- the opportunity sounds really good. The woman's never used drugs or alcohol or cigarette. She's Islamic. And she practices her religion and so that would mean a very healthy baby, potentially. So, that would be really good.

But we appreciate your prayers for our family if you feel like doing that. We always love your prayers for us. And little Arianna-- the birth mother family is from Jamaica. So, she is gorgeous. She is really, really beautiful.

And it would potentially--- I don't know. Looked her -- her little boy that she had looked kind of similar to Adelia. So, he might be that Adelia and her little sister would look similar but we'll see. You just never know until till they arrive.

Okay. Then I'm going to put the chart back up and we're going to keep working on the chart. Let's see. So, beautiful, Andrea. Very good. So, I think that's Monica. I think that the ode must have dropped out. "Is it possible to do a VIP with you for someone else?" As long as they've said that they want it.

We have a few students who do VIP sessions for their friends, and their friends don't speak any English or their parents. And typically the parents or friends are there when we do the first ten minutes. And they're at least, in awareness. So, if there were like a permission given and you were working on behalf of them but they had said yes I really want it, then yes, Monica.

"Beautiful name." Oh good. You like it. Arianna Ruth. Ruth is biblical and also my grandfather Herbert's sister was Ruth. So, my great-aunt Ruth. "Gosh. You light up when you speak about her." Oh, thank you, Lisa. Okay. I answered that one. So, that your next daughter comes into your life happily. Thank you, Shantelle. Really appreciate that.

"If I take a VIP class should I reboot my brain as well or if I'm in year of miracle should I skip this part?" The VIP is one to one, Elena. And reboot your brain-- you could have

me do that and I typically do do that for everybody but it's very short if you've already done the year of miracles in the summer.

If you are newer and you haven't year of miracles, you haven't done the-- excuse me-- the brain regeneration from year miracles, then we can touch on that too. And for Elena, I mean it always is nice to refresh your brain.

By the way, for all of you who did the summer brain regeneration, you could now do a review and do another regeneration on the brain. So, you're welcome to do that now. We're at the seventh month, so that would be the time to go back in and do a refresh.

Johanna likes the name. Yay. And Felisa likes a name. Okay. "Plaque also." Anne Marie, you might not have heard this. I've said it a couple times. I put in cholesterol but if you have plaque or some other buildup in your veins, you can intend that this chart cover that issue too. Okay.

"Cancer for husband." Okay. Yeah. As long as he's saying yes then yes do it. So, Monica, yes. Just go ahead and contact Todd and get that set up. Anelie likes her name. "Love the name too." Oh good. You know, I was debating about-- there were two names that came to me but I think that she likes Arianna the best.

I was thinking of Luciana or Arianna. And Luciana because my favorite great-grandmother Elizabeth. Elizabeth Becker Doering. She went by Lucy and everybody loved her and she was amazing lady. And I live in the Santa Lucia mountain ranges, so I was thinking Luciana.

And then-- or Arianna. And Anna being mother to mother Mary and I like the name Arry as a nickname Arry. Arry as nickname. And Anna, I love that name. And then Ruth, as I said, my grandfather, so Adelia's. Adelia grandmother's husband sister. So, sister-in-law to Adelia grandma.

So, but then when I woke up in the morning when I was debating about Lucianna or Arianna, the baby spirit told me she wanted Arianna. She really liked it-- Arianna. And it sounded very kind of angelic and then Ruth grounded it. So, it sounded angelic and grounded. And then also that it was grounded in, so it's Arianna Ruth Doering which has kind of a nice way that it falls off the tongue, you know.

So, it feels like it gets grounded in the Ruth part. So, light and gentle and loving to me. And I-- you know, Julie I feel like this little spirit is a very happy spirit. That where Adelia had a lot of struggles when she came in and she was doing fantastic.

But she does feel this little spirit feels very light and she feels like my little cuddle girl that I've been longing for a cuddle bunny and I feels like that. So, we'll see. Okay. So,

let's go back to the chart here. Right, permission, and ability to fully disappear all driving forces towards blood pressure and cholesterol problems.

And like I said any buildup in the blood system will have included in that to stabilize and normalize both to perfected levels. Removing all information directing my body to have anything but the best pressure and levels and naturally selecting foods that stabilize both in all aspects of my blueprint.

Removing altering, apathetic, controlling, cruel, delusion, disgust, harmful, intolerant, and satanic. There were more spiritual interferences in this one. And you know, a lot-- not quite as much projection energy transference but a lot of prophecy. Almost all of the prophecy. I think, I only took one out. So, there was-- there's quite a bit in here.

Not as many anchors. Yeah. And on the name. And I'll have to really identify the meaning of the name. I looked up Arianna from its background and I saw that it was a good natured. Excuse me.

Something about being good-natured but also could hold her own and put people in place if she need-- people in their place if she needed to something like that. So, there was-- there was a good nature and strength.

So, I'm going to-- I'll have to look up the meaning but I do think they also at Adelia and Arianna. Adelia Rose and Arianna Ruth they also sound like sisters. "Beautiful friend." Oh I love that, Johanna. Yeah. Ruth was daughter to Elizabeth Lucy as well as Herbert, my grandfather. Yeah. ARD. AR. That'll be easy for school clothes, right? I'll just put initials in there instead of their names. And so we can have hand me downs.

"Hi, Julie and all. I just got in from work and made myself some soup. Are we doing door knob?" And you can always look in the first column here and you're always going to see that what we're doing. So, we are doing a door knob and it's always in the first column. You're coming in at a time that isn't the start of class. You can always see if the chart is up. You can see with what we're doing right away.

I'm going to give it a try. Let's do our song. Just some-- I put a bunch of songs in this PowerPoint. We'll see. We'll see how I do. "In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am. In the stillness, In the quiet, In the open heart, There I am. I am essence, I am breath, I am light of God, I am I am."

"Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen. All that I am and all that I can be is expanding from this mystery."

"Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen. All that I want and all I'll ever be is flowing from this loving seed. Surely goodness and mercy shall follow me all the days of my life, And I shall dwell in the house of the lord forever and ever. Amen."

That's wonderful, Cath. Good to hear. Cathy got the song book on Amazon. Yipee. We've done this one already. I'm going to play a little bit of music and then we'll do the stones and go back to the chart.

I was just having fun. I just looked up the names of the meaning-- meaning of the names. Arianna means chaste and very holy, and Ruth means companion, friend, and vision of beauty. She's going to be having quite a powerful name. Our last name, Doering, means to dare to take chances, take risks.

"I feel a lot of anger. What it will be helpful to remove?" Just keep moving through it, Elena. I think because we're working in the heart area, it's probably something that was suppressed in the heart that just needs to come out, so just keep pumping.

Keep doing the doorknob. "Glad you're not stressing you're stressing-- straining your voice in those three hours. The harp music is just fine." Thank you, Martha.

I feel like-- thank you. I just appreciate your support. I'm not overly ill and I want to just get well.. And it's been a hard week so I think little Adelia had some. She did alright last night.

But the night before, she was up a lot of the night screaming which was perfect timing for me also be getting a little illness that's moving out of my body quickly. But I didn't have very much sleep two nights ago. Okay, so back to music.

Let's see. So, we had just a little bit here. If everybody could do the flutter for two minutes and then we'll finish up on this and we'll get started. So, the flutter is the next thing. George can see too. Doing the flutter for two minutes. Flutter for two minutes. And then we'll be moving on to starting on cellular neogenesis for the entire cardiovascular system, circulatory system, and lymphatic system.

So, everybody doing forward and in. The change happens on the out. You have to come in before you can go out, right? So the change happens on the out. Yeah. Compassionate friend. Platter. What did I say? I don't know what he said. I'm sorry, Anne Marie, but-- Oh flutter. Flutter. No. it is platter. I did mean platter. And I've got it typed up here on your chart as flutter but it's platter. Sorry.

Yeah. These-- so if somebody else. Lisa was having problems with dreams are. Oh my goodness. There we go. We're doing a platter. Okay. Another thirty seconds or so and

then we're going to go on to double pump. And we're going to start with the regeneration.

Hi to Carol. Okay. So, we're just finishing up now. I'm going to be moving on to cellular neogenesis now. For those of you who have come in late, I think we've had three or four people come in late, just want to make sure that you watch the replay and do the beginning clearings. You need to catch up especially if you're just coming in but it'll go quickly once you get on the replay. Okay. So, we're doing cellular neogenesis next.

So, again, we're going to do the master and stem cells for cardiovascular system, circulatory system, and lymphatic system. We've done the pre-work. We've done the clearing. And we've done the prayer. We're doing double pump, everyone. Double pump. Here's double pump. The second one; not the single.

The second chart is finished, Anne Marie. Yes. We finished the second chart. Oh good. Good, Johanna. That's great. You're welcome, Carol. Double pump coming out from the shoulders. Let me come on just to remind you. If you're newer-- double pump comes from the shoulders. We do either single pump which is the elbow at the side and the hand pumping. Looks like that. Or double pump.

I do it alternating. It seems to work better for me when I'm harpist. You can also do it this way. This is the way that I feel it internally. Come off from the shoulders, eight or ten inches off the shoulders. Thumbs are pointing up, fingers and ultimately pinky fingers end up parallel with the ground. Hands are loose.

As we work on this, I wanted to actually go over some ideas with you and then we'll come back to the music. Excuse me. Okay. So, we've-- I wanted to talk to you a little bit about the energy some of you were in class yesterday. And we have both the solar storm going on and we have mercury in retrograde. And that can end up being kind of a tough time for people.

So, if you've been having some challenges just feeling overwhelmed or exhausted or feeling like there's people kind of defying your will. You're feeling like you're being taxed. I'm going to just take a deep breath and relax, come back to yourself. And if you're having trouble kind of moving ahead on projects. Your wanted like move into your future, what I'd recommend during this time is something a little bit the opposite of that but not really.

So, working with retrograde energies which we've talked about in other classes. There's three things that you can do. My dad always says when the-- when the going gets tough, the tough get going. My dad was a military man. He was in the army. As was my grandpa. On both sides, both grandpa's were in military. And my birth son also was in the military for eight years.

So, that tough-- when the going gets tough, the tough get going meaning that we find a reserve and ourselves to pull through and strengthen or fortify yourself. So, when you're in a retrograde mercury or Saturn retrograde especially mercury but anything in the retrograde where a plan is that affecting you, it's in your chart. Some retrogrades don't affect us because not much of planetary action in our chart of that planet.

Sometimes, there's a Venus retrograde and that can be like just everything seems to go backwards in love. If you can deal with the past because the retrograde energy is for looking at and clearing the past. You can easily prepare yourself for a firm foundation by clearing heartbreak or that it's a perfect time to take like karma clearing if Venus was in retrograde.

Looks like that where you're working on something from the past. Past projects. You could also pull out like a book. Like for example, I was working on seven stages of love for about five years and I just haven't had a moment with the adoptions and toddlers and preschool and all the things that I've been doing.

But it would be an ideal time to take a book from the past. I've got two. I've got a brain book and the seven stages of love that need completion. And if I pulled either of those books out and worked on those, the energy that's in the universe is going to support me to completing a project that's from the past. That's just sitting there. I thought I had worked on it and I put it to rest.

Also like there's a painting in a drawer. That's probably eight years old. I started painting the Taj Mahal and then I just stopped abruptly, so it's like partially painted and it's a big painting and then I just stopped and I didn't paint anywhere and I just left it. And if I were to pull that out, it would flow together really quickly. It would be easy to do that.

So, projects from the past. Anything where you set an intention that I'm really-- this is what I want to work on. The cycle of retrograde will support it. You could also do a clearing statement. How many of you have taken the clearing statement class? Raise your hand or say I have. I have. That would be good. I have in the chat box.

The clearing statement class. If you made a clearing statement on right, permission, and ability to finish the Tahoe or the Tahoe-- the Taj Mahal. Tahoe. The Taj Mahal painting. Or right, permission, and ability to finish the book. And then you could do the removing whatever. You could do right, permission, and ability, and domination, suppression, and control if you don't know about the how to select the nature of.

You could just do domination, suppression, and control. And then you could do a clearing on that and then work on your past project. So, how many of you have press projects that have been sitting kind of staring you in the face or hiding in a drawer that have just laid undone for a long time that would be really wonderful to get done now.

Because so that would be, again, me. I want to put me on this one so I know the difference. So, if you have a past project that's been waiting to get done, this is the time to do it. So, working on past projects. I also wanted to encourage you to enroll in things that are in resolution to problems.

So, we have lots of different trainings and some amazing trainers coming up. And we look at solving problem. Problems are past energies. They might be current too but they started somewhere in the past.

Actually, all of our clearing charts are from past problems. So, when you enroll in a class that helps you resolve a past problem which is something you might be experiencing in present time, you're going to be fully supported during a retrograde in clearing past problems.

And then we do right, permission, and ability. We already are doing that. We're doing that by clearing the statement in a chart. So, that would be another way to really get the most out of this period of time. Not feeling like you're struggling. You could end, you can approach your trainings that way like, "Okay. I'm going to be working on."

Because anything that has happened in your cardiovascular circulation and lymph. Anything that's happened up till now, we're clearing. That's what's on the chart, right?

So, those are old problems so if we don't look at it as we're, you know, we're doing this whole new thing but we're actually doing a big deep clearing on all the old problems and we're refreshing to where we were as a younger person where we had full function and form and you know things worked really well.

So, we're restoring it to where it was in the past. And we approach it with that mindset, it's going to be much more effective in a retrograde. And then the other thing is to-- this is a perfect time to take on learning about ancient knowledge. It's old, old past.

So, when we teach things like the blueprint realm or essence. Where we were teaching about how the spirit is designed and we're looking back hundreds and hundreds of thousands of years. Millennia. To the original design.

And we're looking at angels and demons and all the problem energy of humanity. You have to be-- yeah. I want you to be thinking about this is addressing the ancient and the old. And in a retrograde, it's a perfect time to be doing that. We have the retrograde energy for another couple weeks in this month.

So, the more you can get into live classes. I'm just encouraging you. The bigger a push will be. The replays are great too but just understand you're going to be feeling a push of energy because it's the class is newly presented. So, this is the one little obstacle you're going to have. It's a new presentation of clearing old stuff.

So, just understand you might feel like I'm just struggling a little bit to get online or to get into my classes. So, if you couldn't ground. This is what I'm doing. I'm showing up to clear old stuff. It's going to really help you and it's going to skyrocket your results. It's going to make the results so much better if you have that mindset and you approach it that way.

So, I just wanted to help you to understand this. And then the solar storms have been going on for over a week. And I know that, I, for one, have definitely felt that I felt like fainting a few times. I felt like woah I've got some like intense Kundalini energy like that life and death kind of feeling from the base of my Kundalini. I'm like what the heck is going on.

So just understand that if you're a sensitive, you may be feeling some of those feelings. And then you can say, "God, help me to unplug from the solar storm effects so that I can enjoy my life."

And I did that and I stopped feeling like I was going to faint and I stopped having that intense like heat rushing up from the base of the spine. It just stopped by just a little prayer of, "God, let's not have this. This is not something I want to participate in."

So, you can know that you're very sensitive. You can know that things can-- you can be plugged into those kind of energies because you're of a higher frequency but you're not going to ride on. This one this one is not fun. I don't enjoy it. I've got a toddler I need to show up for and I don't I don't need those feelings.

So, I want you to be thinking about that and you can make that prayer or you could say this is not me and you can stop it that way too. This is not me. Remember that this is not me works all the time and it takes about five minutes of this is not me I feel great in my body all the time. And even if you don't understand what's happening, you can just say no.

I was doing exercise one day a few years ago, it was when it wasn't, probably five or six years ago, and I was throwing light weights, they were five-pound weights up in the air. And I could hear a snap like I tore a ligament in me. It was a loud snap. And I brought my arm down and I said, "This is not me. This is not me."

So, it was a snap like something tore in my ligament and I brought my arm down. I said that, "This is not me. I feel wonderful. My shoulder feels wonderful. I feel good in my skin."

And I left my arm but I did that affirmation all day long. I feel great in my skin. I feel normal. I feel perfect. I feel happy. And I left my arm. I didn't do weights for five or six days. Six maybe even seven days.

And I never had the arm-- the shoulder didn't go out. I didn't get any diagnosis that I had torn anything. It went back to normal. And where we actually have that miraculous system that can repair something that snaps or cracks or tears as long as we believe that it is repairing it instantly. So, I can just go back to I don't believe what I just heard. I believe that I am perfect-- perfected state.

And that's where we're working with that miraculous energy and not working with the Atheist thought form. So, we're completely in, I believe in, my miraculous self . I believe that I am fully healed, that I am well, that I am the perfected self. You can even do that. I've started doing that this morning with the-- whatever. Whatever little flu cold thing is visiting.

I've been saying this is not me. I feel normal. By the end of the day, I'm going to feel perfectly normal. This is just not me. I'm not. Don't want this. I'm not interested in this visitor. It could go right now. So, just some food for thought on-- great. And I do see some of the projects.

So, if you-- especially, now, we're working on the heart circulation and lymphatic, so things that expand your feeling of love, you're feeling of being connected. Things that can, you know, and we're healing the heart maybe. A broken heart things like you could heal that the clearing statement. Doing the Karma clearing. Seven stages of love is going on right now. It's amazing. It's been really, really amazing.

Okay. So, I just wanted to give you a little bit of guidance on all this between the combination. We've been a little bit ganged up between the solar storms and the retrograde and I think our community has been kind of quiet.

So, when I'm teaching the class, there's been very little going on in the chat box. Even I think what is that and then I've been tapping into the retro-- between the retrograde and the solar storms, our group is pretty sensitive.

So, in any case, there are some things that you can do to approach the next couple weeks and have feel more empowered and feel more successful. Okay. Anne says hi. So, maybe Anne just got here. Excuse me. Anita.

And then Elena, "Need palms to complete and a new novel wanting to emerge." Beautiful . New novel. So, you could say, "I've had ideas on a novel for four months or years so something that I've been thinking about for years."

If you say new, it's going to be a little bit harder. And if you say something I've been developing for years in my mind I want to get on paper. And Jenna, "Have this great advice. I have sudden symptoms since Sunday and have been pumping successfully so far. Great advice." That's what from Korra.

"Can you-- can the solar flares affect our electric system? Our body electric system?" Yes. "Heart arrhythmia the last few days." Yes. But also, Martha, what I was feeling is chemistry changes a little and then spiritual interferences can-- get in you can just say, "I'm not having those visitors. You got to go." So, that's-- you could say this is not me.

"I had the exact thing to me when my rib popped. Felt it move and immediately said this is not me and no pain or anything. Was fabulous. I had x-ray to be sure." Beautiful. "I had similar feelings. Thank you for sharing. I'll use this is not me frequently. It works. Beautiful, Johanna.

"I have two books to finish writing." Okay, Shirley. "I have one big project that I will begin now ." Okay. Big projects. And so how I would approach it, Julie, I'd say, "I've got this project that I've been working out in my mind forever that I'm going to start putting some real energy into." "I have an article in my mind that just needs to be written." Good. So, something I've been working on. In my mind, needs to be put on paper.

"It's nice to hear about the positive way to work with retrograde energy to help yourself. Instead of thinking it's all as negative." Yeah. I think every energy has a positive side to it. "How long is the retrograde and solar flares going for?" I think the retrograde is over on the 28th or 29th. Solar flares, I don't know. It's solar-- it's a solar storm that's going on. I'm not sure how long that will go on.

"Cleaning and decluttering." for George. Wonderful. "Thank you for taking the time to share tools and recommend what can be helpful to focus on during Mercury retrograde and what has been solar storm energy this past week. Grateful." That's from Kathleen Lu. "I was wondering what was going on lately. Feeling all kinds of things but the dynamism meditation has really helped." Good.

By the way, the dynamism study is going on. You can join at any point. We're putting together a study for people who want to do the dynamism meditation. it will help us to prove the validity of the quantum work using virtual reality because we're doing a guided imagery meditation.

We have about fifty people going through the dynamism program right now but you can start today because we've changed the-- changed it over in the last week, so rather than getting like, I think, it's the fifth week, you'd be getting the first week today. So, you could start today if you wanted to.

"Is this true your body does not recognize no or not when you think or say things such as this is not me? Instead, your body hears this is me." Not in that case, Karen. This is not me does work. It does recognize it. "Thanks, Julie. Guess it was developing years ago. The universe gave me more recent input on paper." Perfect.

And anything even that's an hour oldest from the past, right? Oh sorry. Okay. We're going to take our five-minute break and we'll come back and keep going . Eight minutes and we'll be back.

[Break time starts on 02:03:49 to 02:10:17]

Okay. Welcome back, everyone. We are continuing on with our cellular neogenesis. Cellular neogenesis. And I discovered this but while ago. So, eleven years ago I think, so we've been at it for quite a while. While doing this, let me this thing here. And we still have at least twenty minutes on this part.

So, I was thinking would you guys like to see the interview with Carolyn Stephens? That's kind of a fun interview. It's very inspiring. "They called me. She never does this. Normally, people just do a girl and so I was really skeptic." Here. We're going to do-- first of all for a little bit, we'll have some inspiration here.

This woman was dying. She had a few days to live. She had had-- she had had surgery at Stanford. They have removed her colon. They given her a colostomy bag and she was dying and the Stanford doctors had told her to just prepare for her and that she was dying. That they couldn't do anything else for her.

And so she--actually, her husband reached out to me and they-- there-- she was a nun and very traditional people. They didn't really have any kind of understanding about this kind of stuff. So, you'll hear her talking about her experience. It's an interview. I'm not on it but she's talking about that what it was like to work with me.

And this is just after I took her out of that death where the life force was just at a couple percentages and brought her back to life. So, she had been having visions. She had been seeing angels. She knew that she was dying and then she came back into life. And within a year and a half, we grew back her colon for her.

So, this is-- this interview is actually only about two months. Maybe into working with her and I worked with her for a while and prepared her and she had her colostomy bag removed and has had lived a normal life. Has normal bowel movements . Has had no issues with the new colon we grew back for her. Actually works really, really well.

So, here. Enjoy this video on Caroline Stevens. "Okay. I'm alive. I just I'm just very happy that I had my life back. Carolyn Stevens, please tell us briefly what your health condition was when you started your work with Julie Renee?"

"Okay. I had a disability of my colon at Stanford University. I had my colon taken out and I had three fluid collections. I had two drains put in, and the third drain was not put in and it was a very extensive infection."

"I was dying. I had about three weeks to live and I just thought that I should be preparing for my end. I had no realization that something as powerful as Julie Renee was going to come into my life and literally raised me from the dead. I felt like Lazarus. And my family had family members coming out of town to do the eulogy."

"My family was planning to go to the local mortuary and it was very traumatic. This has been going on for a year and a half. My wife was getting increasingly more sick all the time."

"You can see it each day it was getting to the point where it was been dramatically worse and just about the point where I, you know, we were, really, she was talking to me about how we were going to how I was going to be raising Crissy alone and giving me advice on dating and it was just it was really sad."

"And a friend of mine called me up on the phone and said Jacque you for talking about your wife being sick and I was at a party and I ran into this lady that says that she has some ability to heal and I was very skeptical. And she actually called me she never does this, normally, to people just do girls."

"And so I was really skeptical because we had been to two other well-known that my brother given me the names of. One was just a diagnostician and the other did also healing and neither one had been able to really help us. And so I-- she on the phone, she said well let me just do-- I'll just give you my freebie on the phone here and on your wife. Give me her name and she did."

"And she said you might notice a difference when you go home. So, I was very skeptical of this. We tried everything. We've been to something like you know fifteen doctors. Sixty-five, seventy trips to the emergency room and so on. And Western medicine it fails completely in spite of a Cadillac plan." |

"And so when I got home-- my wife had been bedridden at this point. And when I got home, she was up and still very sick, but she was actually up. And I thought this is a good time. And so we began to see Renee, we had several sessions with her and she worked on their cells to rejuvenate the nucleus was dead in some cases."

"We began to see that she was getting better dramatically. She's getting better much faster than she was getting sick. She was getting sicker pretty fast, so that was-- now, look at her. She's smiling. She were planning her life. We're not talking about funerals. Kristi's happier now and then you know it's a whole different world for us right now."

"I, to this day, do not quite fathom what happened to me. I can always say that as I read the Bible stories the healings of Jesus that that's what I experienced with Julie Renee. She is on that level of healing. What improvements have you experienced? I

immediately started to feel like I had a lot of energy and this was quite phenomenal because I was bedridden."

"I couldn't move my legs. I had gained thirty pounds in less than you know three weeks and twenty of them in less than ten days which was quite a dramatic. I had difficulty breathing. I was not able to dress myself. I was not able to shower and now I'm able to, not only dress and shower and move around, but I'd be going to the gym, and swimming in the pool for thirty minutes."

"And so the changes were not only physical but they were also emotional and psychological. I feel the healing actually gave me hope and inspired me to continue strengthening my body. And what happened with the pain level that she was experiencing at the time?"

"Well, we were you know, we had been like I said, about a year and a half, we've been going to doctors and all they could do was just increase the dosage of the painkiller she was on several different kinds of painkillers and so many medications that-- was a full-time nurse practically. My job had almost disintegrated."

"And I'd go to the counter there with all the medicines and I couldn't find this when I couldn't find that one. It was so many they have to deal with and I thought how is she ever going to get off this stuff. It's so hard to get off of it. And this was about the point where now she's able to reduce the medication. She's almost off the painkillers now."

"I went from one fifty mgs of Oxycontin; now, down to twenty, and next week, I'll be off of it completely. I went down from three one and a half syringes of morphine down to one. And I no longer taking America lexapro or any other pain medications like that."

"So, by next week I'll be completely off of all narcotics which is miraculous. It's incredible. Yeah. April seven. And figured by mid-April from the time I met Julie Renee and end of February to mid-April; gone. And the pain went almost instantaneously when I started with her. That's what I forgot to mention it's just a phenomenal drop in the pain and swelling."

"My stomach puts out to here and it's just completely gone down. The conventional doctors can't see what Renee can see. What they do is they give you a CAT scans and so at MRIs, CAT scans one after. She must've hit seven or eight CAT scans. Those aren't good for you. Radiation involved and so on."

"And so and doctors won't do anything unless they can see it on the CAT scan. And she wound up-- even the two other mediums-- or not mediums, but the healers, we went to both saw infections that none of the doctors could see. If they can't see, it they will not go in. They'll let you die."

"And then Renee was able to see five infections started healing that way. I do believe it. It is her hands on healing that has made me lose about, you know, right now about fifteen pounds just almost automatically and has given me the energy and the vitality that I need to continue you know, regenerating my cells. I feel like a new woman actually like at the cellular level."

"She has done something very profound that I know there's a lot of healers out there but I'm wondering just how many people do specifically what she does which is cellular regeneration which is at the forefront of, you know, I call the new wave of medicine. It even goes beyond my body. It's level three. It's a quantum physics. And I think she's really going to be somebody that we should keep our eyes out for in the next five to ten years."

"I see her becoming very well known . So, I'm happy to be at the genesis of her professional career in this respect. How long have you worked with Julie Renee? Well, this is the phenomenal part about

it Brandi. I have only known Julie Renee since the end of February of 2010 and I'm sitting here now and it's April seventh and it's just like a time travel. It's like I had gone in the capsule and went into the future. And that's the only way to describe it. It's surreal from not only my standpoint but from the standpoint of friends and family who can absolutely not believe what has happened to me"

"And I feel that part of it is I am a woman of faith and I do believe that I had something to do with it, but I do believe that she does work with people that don't have the faith and she is able to transform them into a new person. And that's why I know every seven years, we are new. You know, we are regenerated into new people."

"But I really feel that something profound this happens. Just to let you know what happened, I was in a wheelchair, you know, and I'm walking around. I'm not only walking around, I went to the gym the other day and I did something like I did six miles on the bikes and I did forty five minutes on the elliptical. And it's just amazing."

"I had people standing up, getting these standing ovations at my club for what I had done and that's pretty, you know, transforming. It's transforming other people's lives because she may heal the person involved but the people around that person, their friends, their colleagues or families, they are being transformed by her and in a very effective way even on an unconscious level, if not consciously."

"And I think that when people are healed, what needs to happen is not just the physical healing but the emotional, spiritual, and psychological. And that's what sets her apart from other healers. I had been to two other people that I had seen. Well, not see.

Excuse me. I had spoken to over the phone and they were doing some work over the phone and they're quite well-known in this country."

"One works with John Hopkins and UCLA Medical Center and these people work with these major medical centers over the United States for hard to diagnose cases and she outdid these people. And that's why I am so impressed with her and I feel that each day is a new day. Every day is a day to go beyond what you did, you know, last week."

"I feel that so many great things are for me. Right now, she's going to be ready for reconnective surgery. They said I would never be able to be reconnected. She's given me new hope. I'm not planning my funeral. I'm planning my daughter's college plans. I'm celebrating her 11th birthday this week. I'm planning a new career. I plan to rancher the legal field. I don't know if I'll go back to teaching. I was a university professor but I'm sort of semi-retired from that."

"But I just know that she's given me something to look forward to and to inspire the people. And I would like to be part of her story because her story is all of our stories you know. It's something beyond healing. It's what the human condition is meant to experience where it's were meant to experience joy, hope, faith, and love. That is our calling and I think that's what she gives people."

"Carolyn, did you feel an immediate improvement? I did. And I felt tingling in my legs. I had another miraculous healing in my neck long time ago. I had spinal cord surgery and I-- it was done in a Catholic Church."

"And it was about same sort of healing. It was a feeling all over my legs. Remember, I wasn't able to move my legs. And I didn't even recognize them when and I looked at them and yet the tingling in my legs sort of spurred me on to try to move around."

"Because see without the movement of my legs, my lymphatic system shut down, my kidneys almost stopped working, my pancreatic system was affected as well as my liver. My liver was really affected."

"And I started to feel inside like my internal organs were starting to work again because right before somebody passes away, a lot of people don't know this, but your organ structure slowly shut down and that's what happened to me."

"And so there was a rejuvenation. It was like they were sleeping and all of a sudden, with her healing power, they went something's happening here. I'm alive. You know and they had to go into reverse."

"And so I felt this happening in my body and it even affected my brain because it's like I was and I deep sleep. I was preparing to die and I was startled. I remember I was in

prayer one day and I was closing my eyes and I could see an angel. I could see the white light and I knew that I was going for that white light."

"And then all of a sudden as I was healing with Julie Renee, I didn't see the angels anymore. I didn't have all the premonitions of dying. I felt like you know, I should be praying to God for healing instead of passing over into the next life. And that I think was the biggest healing was my psychological state."

"Because long before we pass away, we start to think about things and what we're going to be doing in the next life and there's an element of sadness and that was radiant joy. She gave me radiant joy because I was not passing. I was coming back full force and getting my family hope and my ten year old really needed that and things started to change in the house."

"We live in a two-story building and I was sequestered up on the second floor. I couldn't move and I started going up and down the stairs without assistance. You know, playing the trip, you know, to Mexico and I didn't even think that I would ever get to travel that long go to Mexico in a couple of weeks."

"And I can't believe that I'm planning this trip but it's just another part of the miracle, you know. It's another part of what's happened to us. It's our story. It's an unending, never ending story because each week that I'm with her, and I see her twice a week, I am on a different plane of existence. I feel like a completely different person."

"And so does Chuck. Chuck's-- Chuck have a benefit up some of her healings too. And e's had some emotional healing because he was so distraught. He was ready to lose me and he didn't know how he was going to raise her daughter alone-- a ten year old. So, I would say that he's being reborn in a sense, you know."

"And we still have a lot of a long way to go. I think, I started out I wanted to mention I was at two percent life force when I met Julie Renee. And just yesterday or the day before I was at seventy six percent. She bought me up from two percent to seventy six percent-- percent and by the time I travel to Mexico in a couple of weeks, I suspect I'll be in my eighties maybe low 80s."

"But I mean that to go from seeing the tunnel of life and the ancient angel to this in an on-camera interview. It's phenomenal. Your experience has really been amazing. Is there anything else that you would like to add? Well, I do believe that what helps the healing process is a person's attitude."

"I have to say that I am devoutly Catholic. At one point in my life, I had a religious vocation. I am actually lived in a convent and I do believe that had an element. We work in tandem. We work together."

"I'm not saying she can't help people that don't have that religiously but you know whether you're Catholic, Jewish, Buddhist, whatever your religious belief is I think it's important to have a core connection with the divine you yourself as an individual."

"And then working with Julie Renee becomes a partnership. It's like our partnership with God, you know. God, sometimes, heals even when we're not asking. That's kind of how Julie Renee is but if you open up the dialogue with God and you truly believe that what she's doing is she's a vehicle for this divine communication which is what it is divine communication on the cellular level then it becomes very powerful."

"And you see results rapidly. I think a lot more rapidly than you would if you had that communication. Yes. So, what can I say I'm alive and it's Easter. And I think that this was a particularly poignant moment in our lives to have this Easter blessing."

"Sorry. I'm just happy to be alive. Sorry. What are you sorry about? Can't believe but I here. The doctors of Stanford informed me I was dying. The surgeon did the work on me. Okay. Let me put it this way, sometimes getting better."

Okay. We are back. Thank you. Tommy Atkins filmed that. So, that was 2010. So, nine years ago, Tommy was one of my first students and that was at one of our retreats at Santa Sabina. Was a former convent and we would do one day retreats there. That was really lovely or two days. I think we did a couple.

So, that was someone who was-- yeah. Heartwarming. Yes. Exactly. Someone who had serious issues with her digestive system. And like I said we were able to, over a period of time, grow back her colon and she has a normal life. I heard from them recently. I heard from them about a month ago they called me from Canada. They just moved up to Canada and their daughter-- their youngest is in college now . It's nice to see.

So, yeah. Like and share that. If you if you are on social media and you want to share that I think that can give a lot of inspiration and hope to a lot of people. Okay. Well, let's look at where we're at with our cellular neogenesis. Let's take this off.

Okay. We actually that got us out of this. So, we are now into the mirroring process. Here. Let's get this back up. There we go. Platter, everybody. Doing platter. We're doing the mirroring process right now for all of the cardio vascular system, all of the circulatory, and all of the lymphatic system. So, we have finished the stem and master cells. Stem cells and master cells. And we're doing a platter for everybody. Platter.

I'm sorry. My voice is a little bit gone. I don't know. We just have some music, I think. Okay. Good. No. Anne Marie, no. Anne Marie, the funniest thing I was trying to talk to him about what we were doing with stem cells a few years back maybe six or seven

years ago and he wouldn't listen to me. So, I think he thought I was a little kooky. So, no. He definitely did not tell me about stem cells.

I got this stem cell information from the divine. I saw it in my mind's eye. Let me come on. And no one told me about the stem cells. I saw the master cells in my mind's eye when my body began to regenerate and understood what it was to the extent that I could understand it. I could see the stem cells and the master cells. Yeah.

And the fellow who, Anne Marie, is asking if I dated a stem cell researcher and I dated one of the top five genetic scientists in the world. But you know, they're so steeped in what they know to be true that in the old patriarchal science field. They're not looking for someone to come out of left field and show them something and that was the case with this fellow.

So, where I was trying to share what I was learning, he's just smiling, "Alright. Sure." So, actually little, at some point, a little disrespectful saying you can come sleep with me. So, I guess that was why he met with me not to talk about stem cells but whatever. So, I walked away from that going okay there's no collaboration here. Okay. So, we're back to the stem cell. So, we're doing flatter, everyone.

About ten years ago, I was having people come to me physically and I lived in the Bay Area and pretty much kind of non-stop people coming in and out of my door. We live out in the country in on the Monterey Peninsula, the Central Coast now.

And the only time we've had people come once or twice. We've had a few students come maybe twice, maybe three times because they really wanted to see the house and we've had people come for workshops here.

I had opened up my home before Virgil was coming to do some five hours if people wanted to come and do a five hour VIP private retreat day. I had opened up the house.

And that's still open if somebody wants to come for a five hour VIP to my house. Fly in and enjoy the area also. That's still open when the new baby comes. I probably won't be doing that. But before the baby comes, Adelia's in school all day so that works.

Okay. We're almost done with this. We're ninety percent. We might actually finish up a little bit early today. That would be amazing. We knocked it out of the ballpark. For all the times we've gone ten, fifteen minutes over, we might have one day that we're actually finishing up early.

So, let's go over some of the things that I'd like you to remember. So, the first thing all of you who are willing to do either dynamism or if you've already done the beautiful program you can do prep and clear. If you're willing to do that for ninety days to help us with our study and both of them are different.

So, the dynamism-- you're actually doing some pumping during the meditation and prep and clear is guided visualization entirely. So, either one of those for the study.

The study is going to go to showing the transformation that happens with guided visualization for virtual reality as a potential for virtual reality. So, that's what it's very specifically set up to do to help us to get some traction on possibly getting quantum activations into virtual reality.

Maybe helping with pain. Definitely helping with people who have fatigue and lack of energy. Okay. So, that's one thing. So, you're going to do the study and thank you for the forty nine or fifty people who are actively doing the study. It's about a minute, maybe two minutes of filling in the blanks once a week and but it does-- it is a regular meditation every day. That's what you need to do.

It's a fun time if you are doing it add exercise and improve your diet and things like that. You can see yourself transforming right before your very eyes with the meditations because they're improving your dynamic energy.

So, you might want to do that. Next, the brain study is completed. So, that's good. Thank you so much for participating all of you who did.

If you would like to do a tune-up on your brain. We're at the point where you could go in and get your brain class and you could go through the three-hour in class and do it too enough on your brain.

So, if you want to get more traction in improving your brain, that would be perfect timing right now because we'll be doing the brain again in the summer. And so you'd have had the amount of time you need from-- it's about every six month, you can do a brain tune-up. So, that would be another thing that you could do.

And then I had recommended that all of you enroll in the mastering the quantum pump class. We're giving it to you for, I believe, it's half off. Pretty sure it's half off for you guys. And the mastering the quantum pump will increase your skill and your results. So, when you're doing it alone and when you're doing with me, it's going to go a lot faster. You're going to be more effective.

If you're coming into mastering the quantum pump, I'm going to also give you the last one that we did. And so you'll have the chart which will be different than the new chart. And we are doing several at least two new pumps if any others emerge before the class, I'll add them too. But at least two new pumps.

So, just recommending whether you've taken the class before. You're going to get it for half price if you're a miracle student which you all are, you're going to get that for half

price. Then a few of you were interested in one hour or three hours of VIP at a discount and you get that because you are a year of miracles students.

So, if you would like fifteen hundred dollars for one hour or three hours forty five hundred dollars, you are welcome to come in and I have a couple openings on my schedule. A couple hours of open time in March and there are some times in April and May also. So, this is a really good time to do that and work out of something specific especially since you've already worked on the brain.

So, I think those are things I just want to give you as reminders. We are in the process with every magnetism which is amazing. Seven stages of love which is beautiful, beautiful. We've just finished a couple weeks ago karma clearing. All of those are really helpful for you, so if you're able to jump into some of those classes that support the work you're doing here.

The reason I'm saying these classes is that they help with the heart. And so the seven stages of them up and karma clearing definitely help with the heart. We have angels and demons coming up. And demons and angels-- demons are largely responsible.

You could see a lot of demons on the chart. Not so much angels, but demons are for physical pain and problems with the heart and circulation, blood pressure, a hundred percent if you have or erratic heartbeat.

That's typically not always. Typically, a demon once in a while it's a reptoid alien. So, those classes that are clearing classes where we clear down to the bottom so that they aren't in any part of your field. Those are classes I would really, really recommend. The demons and angels classes just getting ready to start I think in a week or two. So, I highly recommend those classes too. Okay.

Let's see where we are. Two more minutes. And I think we have to shift hand movements. We're going to be doing a double pump again. Okay. So, done mirroring and we've got a couple more minutes and what we're doing right now is pumping for a couple minutes on cascade of new cell growth and then we'll be probably finished five or six minutes early.

And I want to remind you we do have-- let me come back on the screen so everybody could see me. The spring renewal class is coming up and I did not make a video on it.

So, you're not going to see it on the videos afterwards. But it's free and it's coming up the end of the month. We changed it out to the end of the month because we wanted to have it closer to the equinox.

So, that's what I was doing there. Just have it closer to the equinox so that's-- just one second, I'll just take me a minute. I'm not sure what you see-- oh, you're seeing me.

Okay. Hang one. Hold on. There we go. So, here's the page and Todd has just put up the spring renewal. So, this is what we're doing for the spring.

Actually, that's out in our front yard. We've got flowers blooming all over the place. And you're getting the fatigue to fabulous program if you haven't gotten it already. Just need to sign up and please to share it.

When you sign up would you just drop down and share it on Facebook or Twitter or send an email to a friend and just share it with people. it's free and it's going to give them a nice introduction to the work.

We'll be focused on balance, restoration, being clear, standing enjoy, having a refreshed and clean heart, so a beautiful, beautiful class coming up a free gift to you and to your friends and family. Anne say kooky is good. "Scientists follow certain rules and outsiders are ignored." Yeah, that was exactly what I had. Yeah.

I understand, George. Yeah. I did see the stem cells myself. Definitely not my soul mate. No blueprint work today. No, Susan. Not today. Thank you. And then my last little pitch as we're finishing up-- and we are done. We've finished the cascade of new cell growth. So, we've got everything started is please, please share this work with your friends and family. This is the time to reach out to people who you love from your past.

It's all from your past and say you know this is a little gift my mentor has given me that I'd love to give to you. Give them fatigue to fabulous. Give them the spring renewal. Just tell them that you love them and reach out to them and share this with people. The way that we expand this work in the world is by sharing it.

So, there's one thing that mastering the work yourself and I love that you're doing that. And also this is a beautiful time as our hearts are open, I promise I'll take very good care of whoever you send our way.

And also to know, if you send people, you can say hey-- and by the way you can control how much you get emails. It's at the bottom of the email. You can go in and just get once a week or you want everything that she sends and you can just control it for all of you.

You can just go to the bottom of the email-- any email. And it'll say control my subscription or whatever and you can just change if you wanted. Every time we send something, you can get an email if you want it once a week. You can get it. So, you can you can slow it down if you're getting too many.

We have been sending more special little lists and you guys are on the specialists where you can deal so we don't send to other people. So, you get a little more emails than most people do because we've been giving you discounts on things. I love you.

Have a wonderful day and I will see you very soon. God bless. Bye bye. I'll see you in two weeks for sure but probably most you'll see beforehand. Buh-bye.

[End of Transcription on 02:54:01]