Current Pump Description	Uses - Clears	Affects Specific Parts of Body/BP/Fields
Drop	Spiritual Interferences	Perception
Right hand	foreign energy from transplants &transfusions	Essence
Starting at the position of quantum pump	emotions	Matter
hand up 6-8 inches in front of the right	anchors	Embodiment
shoulder, moving down with a fluttering	frequency's	Amplification
movement thumb pointing up		
Starting at shoulder level ending at waist level,	(DNA, chakra)	
fluttering down, and returning to shoulder		
level without a flutter		
Thumb tip pointing up pinkie finger parallel to		
the floor		
Change in the field of partials vibrating in a		
new way happens both on the down and up		
part of the motion		
Half Moon	Spiritual interferences	Perception
Right hand facing forward and scooping across	foreign energy from transplants &transfusions	Essence
your body like a half circle looping down at	anchors	Matter
your mid-point and up on the left side of the	angel as interference	Amplification
body the return follows the same path change	waves	
Starting like plater at the top of the right	frequencies	
shoulder scooping across the body ending at		
about the left elbow	can be used for regeneration, does activate	
Transformation in the Quantum field happens	light of cell (not mitochondria)	
on the path back		
Reverse Half Moon	replicant not yours, in your space	Matter - narrow band telepathy
Left hand facing forward, scooping across your	parallel devil not yours, in your space	Energy - DNA
body like a half-circle looping down at your	controller human spirit	Genesis - imagination
mid-point right side of the body at right elbow	Spiritual interferences	Embodiment- <i>God light throughout</i>
the return move follows the same path	Artificial Intelligence	incarnation
Starting like platter at the top of the left	frequencies	Amplification -Attraction
shoulder scooping across the body ending at		
the right elbow	(DNA Chakra)	
Transformation in the quantum field happens		
on the path back		

Current Pump Description	Uses - Clears	Affects Specific Parts of Body/BP/Fields
Platter	Brands	Essence
Right Hand Always only one hand best choice	Entitlements & Ancient Entitlements	Matter
is right hand. you can use the left hand 40%	Timelines	Energy
effective in comparison to the right hand	Prophecy	Genesis
Never use both hands at the same time	Control/suppression projection energy	Embodiment
Hand about even with right shoulder palm	transference	Quantum
facing out than palm facing in towards your	Anchors	Amplification
body.	Angel as interference	
Transformation in the quantum field is on the	Miasms field	
out part of the movement	Domination. field	
	Interfering colors	
	Spiritual interferences	
	Frequencies	
	Used in Regeneration all aspects	
Ascend	Anchors	Essence
Right hand thumb tip point up pinkie finger	Human as interference	Matter
parallel to the earth from waist level going up	Spiritual interferences	Energy
to right shoulder on the way down making a	Frequencies	Quantum
slight crescent as if you were making a D (no		Amplification
flutter)	Can be used in regeneration light of cell and	
this can only be right hand	mitochondria activated	
Transformation happens while forming the		
crescent on the way down		
Spin	Emotions	Perception
most used in a clockwise motion circle motion	Realms	Essence
of hand going out as if to follow a clock face	Prophecy	Energy
counterclockwise used rarely circle going in	Suppression projection energy transference	Genesis - creation
Elbow bent at a right angle with forearm	Artificial intelligence	Quantum
parallel to thigh, thumb facing up move right	Replicant not yours, in your space	Amplification
hand in a clockwise direction making a circular	Parallel devil not yours, in your space	
movement in the air.	Frequencies	
The shift happens in the entire movement		
	(chakras)	

Current Pump Description	Uses - Clears	Affects Specific Parts of Body/BP/Fields
Side slide	Ancient entitlements	Perception
Start with right palm facing out as if you are	Realms	Matter
going to start platter, shoulder height, then	Anchors	Quantum
turn palm facing up to the sky and slide across	Interfering colors	Amplification
the front of the body with a gentle flutter, as if	Spiritual interferences	
to sweep off dust on a line, returning back	Frequencies	
smoothly to start position with no flutter		
Transformation happens in the soft chopping	(DNA, Chakras)	
movement		
Flutter	Brands	Essence
One or both hands at your sides fingertips	Prophecy	Energy
facing the ground, palms facing into the body	Anchors	Genesis
have the fingers flutter gently	Angel as interference	Quantum
Shift happens on the out movement of the	Interfering colors	Amplification
down facing fingertips flutter movement	Spiritual interferences	
	Frequencies	
	Regeneration both mitochondria and light of	
Chamina	cell	Devention
Chopping	Artificial intelligence	Perception
Hands facing toward each other 4 inches apart	Anchors	Essence
similar to prayer position fingers on both	Spiritual interferences	Energy
hands are held firm - straight digits can be	Waves	
extended or held together. The movement	Frequencies	
begins with one hand going down, the other	(DNA Chakras)	
hand begins going down as the first hand	(DNA Chakras)	
ascends so you are alternating one hand down		
while the other is up about 8 inches of		
movement. Imagine being a sculpture		
chopping away at a piece of marble  Transformation in the quantum field is on the		
upswing of each hand		
upswing of each fidily		

Current Backup Pump description	Uses - Clears	Affects Specific Parts of Body/BP/Fields
ITP Pump/flutter (inner thigh pump)	Artificial intelligence	Essence
This is a mild version of the quantum pump	Anchors	Matter
with arm up. The inner thigh pump has either	Frequencies	Energy
hand expanding and contracting in towards		Genesis
the knee, between the two legs while the fore	(chakras)	Quantum
arm is resting on the thigh		
Back of the hand is facing up to the sky		
or		
if you are using the inner thigh flutter forearm		
resting on thigh while hand on inside of leg is		
fluttering		
Quantum Shift for the Pump is created with		
the movement of the up part of the fingers		
moving, like when they are more contracted in		
Foot pump	Brands	Essence
One or both feet can do this while sitting.	Realms	Energy
Gently lift one foot and with the ankle	Prophecy	Genesis
contracted toes up then extend the foot down	Artificial intelligence	Amplification
return lifting the foot back towards the shin	Anchors	
Use one or both feet. Heal should be off the	Human as interference	
floor a crossed leg makes this easier to	Interfering colors	
accomplish	Spiritual interference	
Quantum Transformation happens on the up -	Transmissions	
lifting of the toes towards the sky	Frequencies	
	(Chakras, DNA)	

Old Pumps Rarely Used Description	Uses - Clears	Affects SpecificPparts of Body/BP/Fields
Doorknob	Spiritual interferences	Matter
Always only one handed, best choice right	Artificial intelligence	Quantum
hand. Hand up about shoulder level palm	Domination field	Amplification
facing out to the world fingers curled in as if to		
wrap around a doorknob than turn hand in	(DNA)	
with palm facing towards your body continue		
to have fingers curled in		
Remember NEVER 2 hands it cancels out what		
you are doing.		
Shift is on the out part of the movement		
Basic Quantum Pump	Regeneration	Essence
Typically using the right hand (this is one		Energy
handed) bend the elbow and bring the hand in		Genesis
front of the right shoulder about 6-10 inches		Quantum
out in front. Thumb facing up to the sky, pinky		Amplification
finger facing parallel down to the ground,		
allow the hand and fingers to be loose, with a		
gentle rock forward and back. Movement		
caused from the elbow.		
Shift in the field is on the up swing		
Double Pump	Regeneration	Essence
Using the same technique as the single pump		Energy
lift both hands facing in towards each other to		Genesis
shoulder height 8-10 inches away from		Amplification
shoulder I like to alternate pump, however it is		
also effective to do both hands pumping at the		
same time. Remember loose fingers.		
Movement is from the elbow.		
Shift is on the upswing		